

Vol. 17, No. 14

UNITED TRIBES TECHNICAL COLLEGE • BISMARCK, ND

Feb.18. - Mar. 1, 2002

Senator Dorgan requests reconsideration of UTTC funding cut decision

by Phil Baird



Senator Byron Dorgan. (UTTC Photo - Dr. David M. Gipp)

U.S. Senator Byron Dorgan met with Tribal college representatives on the UTTC campus on Monday, February 18th to seek restoration of \$3.0 million in basic operational funds cut from President Bush's FY 2003 proposed budget.

The President's Day meeting was called by Dorgan to rally the state's Congressional representatives, state and Tribal government leadership to urge the White House to restore UTTC's line item funding in the U.S. Department of Interior budget.

Senator Dorgan said the news about the budget cut came as a "shock." He told the large

gathering of students, staff, and administrators that the budget cut was "plain wrong" and that the Bush Administration doesn't understand the important roles UTTC serves for Native American Tribes and communities.

"The faculty, students, and school officials deserve the opportunity to demonstrate the school's strengths and make a



David M. Gipp standing by Senator Bryon Dorgan, who made remarks about the funding cuts of UTTC.

(UTTC Photo - David M. Gipp)

case for restoring the funding that's needed for the school to survive," Dorgan said.

Attending the President's Day meeting were North Dakota's Tribal leaders including Charles W. Murphy, UTTC board chair and president of



Standing Rock Tribal Chairman Charles Murphy. Senator Dorgan, and Philip "Skip" Longie remarking on budget cuts. (UTTC Photo - David M. Gipp)

Standing Rock Sioux Tribe, Andrew Grey, UTTC board vice chair and president of the Sisseton-Wahpeton Sioux Tribe, and Philip "Skip" Longie, UTTC board member and president of the Spirit Lake Dakota Nation.

Chairman Murphy remarked that the budget cut has implications not only for the college but also for the surrounding community. "The proposed cut will have a major economic impact on the Bismarck-Mandan community as well."

"Our college serves native students from some of the poorest communities in the nation,"

Continued on Page 3.

Newsletter Guidelines

Below are a few guidelines for submitting articles for the newsletter. We would appreciate it if you could follow these guidelines as it makes the newletter more interesting and more timely for all concerned.

1. ALL COPY SUBMITTED should relate to UTTC, its students, faculty or staff - or be directly beneficial to the functions/daily operations of UTTC.

2. PLEASE, EDIT YOUR COPY before sending it over for publications. This is a "Newsletter" not a newspaper. Limit your article to what is necessary and informative. Also, limit all POSTERS to 8 1/2" X 5 1/2". It is not necessary to use the full sheet. Post- | ers or advertisements can be just as I effective when half the size.

3. If contact persons are required with your article, please make sure you list that person's name and where thay can be reached.

4. If submitting photos, please submit them either on disk or zip or email directly to the newsletter e-mail site as a JPEG, TIFF, OR EPS or SUBMIT THE ACTUAL PHOTO. Do not send over photos that have been preprinted on your computer printer. They are not | clear and do not reproduce well. Also, if submitting an article needing photos make sure these are attached.

ALL ARTICLES SHOULD BE SUB-MITTED ONE WEEK IN ADVANCE. All articles submitted for the newsletter should be in Arrow Graphics the preceding Monday before the next newsletter is due (1 week in advance). Any late article will be included in the following newsletter.

We receive a lot of articles and it takes 2-3 days to type all of the articles. I PLEASE adhere to the deadline and policy. The newsletter is distributed by Monday.

If you are sending your articles through e-mail, please send them to nduttcnews@hotmail.com.

SEND ARTICLES AS "TEXT FILES" AND PHOTOS AS EPS, TIFF, OR JPEG, TO ABOVE EMAIL ADRESS.

Our newsletter is sent all over the nation so other colleges and organizations can see how we are progressing. Let's show our UTTC spirit with great news articles.

Dennis Lucier's ~UTTC Diner~ Bi-Weekly Menu

(Each meal served includes 2% or Skim Milk, Coffee or Tea and Salad Bar or Assorted Fresh Fruit/Vegetables)

Dinner

	Feb. 18 - Feb. 22		reb. 25 - Mar. 1
M	Spaghetti w/Meat Sauce, Garlic Toast	M T	Chili, Garlic Toast Taco Salad
Т	Steak Sandwich, Macaroni	W	Swedish Meatballs w/ Gravy Over Noodles
W	Oven Baked Chicken, Dressing	T F	French Dip, Au-Jus Knoephle Soup, Baked
Т	Buffalo Burger On A Bun, Oven Baked Fries		Chicken
F	Grilled Cheese Sand- wich, Tomato Soup		
M	Chili, Garlic Toast	M	Chicken Fried Steak, Mashed Potatoes

Supper

Feb. 25 - Mar. 1

M	Braised Beef w/ Gravy, Noodles	M T	Meat Loaf, Baked Potato Buffalo Sausage, Fried
T	Bar-B-Que Chicken,		Potatoes
	Baked Potato	W	Bar-B-Que Ribs, Potato
W	Pizza - Individual		Salad
		T	Swiss Steak, Buttered
T	Sweet & Sour Chicken,		Noodles
	Rice	F	Shrimp, Wild Rice,
F	Burrito, Spanish Rice		Buttered Squash
M	Meat Loaf, Baked	M	Chili, Dinner Roll
	Potato		

Feb. 18 - Feb. 22

Senator Dorgan requests

Continued from page 1.



Walter Runs Above, UTTC student gave an impression speech to Dr. David Gipp, Senator Dorgan and Tribal Chairman Murphy, about quality education for American Indian people. (UTTC Photo-David M. Gipp)

said UTTC President David M. Gipp. "To cut back on educational opportunities during a national recession and increased unemployment trends does not make sense."

Two UTTC students, Anita Green and Walter Runs Above, offered powerful testimonies about how the funding cutbacks will hurt the college and its capacity to provide a quality education for American Indian people.

"This is home for my family and for so many others," said Green, who serves as vice president of the UTTC Student Senate. "For many of us, this is maybe our last chance at college and trying to make something of ourselves."

Runs Above, a freshman injury prevention major and member of the UTTC Thunderbird men's basketball team, told the audience he appreciated how the college reaches out to all kinds of students. "If the college is closed because of funding cuts, a lot of hearts will be lost."

As the only inter-Tribally con-

trolled postsecondary vocation education institution in the country, UTTC presently offers two-year degree and certificate programs in 14 academic areas for nearly 500 students representing 25-40 Indian Tribes. UTTC's early childhood, day care, and elementary school programs serve an additional 250 children.

"The college has established and continued to refine a unique model for over thirty years to combat high unemployment rates and welfare dependency in Tribal communities," said SWST chairman Andrew Grey. "The college must be allowed to continue its work."

Senator Dorgan along with state and Tribal leaders were expected to submit letters to the White House this week, emphasizing the need to keep the college's programs funded. At minimum, four academic programs and all academic support services such as counseling, transportation, and the library would be eliminated with the proposed budget cut.

"As we've already indicated, not having these funds will impose a critical financial impact on the college's operations next year," said UTTC President Gipp. "The situation makes like a house of cards — one thing tumbles, and then the next thing goes."

UTTC student Anita Green perhaps said it is best when talking about the college's future. "Maybe this cut won't affect us that are graduating in May, but I want this college to still be here to help the many people in our situations," she said.

"We're not asking for a free ride.... just a fair shake."

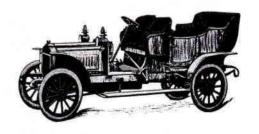


Marcel Gierszewski, Automotive instructor and students showing new jackets they earned in the Automotive Service Technology Club.

Automotive Service Technology Club receives jackets

by Marcel Gierszewski

Two students who will be graduating in May received jackets from the Automotive Service Technology Club at United Tribes Technical College. John Lincoln of the Sisseton Sioux Tribe, is a member of the Thunderbird Basketball squad. Frank Lohnes Jr. Spirit Lake Sioux, who is the Student Senate Representative for the Automotive Service Technology program.



Transportation Department

Fia Tamali

Transportation is provided for students with clinic and medical appointments. For scheduled pickup for appointments, we ask that requests be made (2-3) hours before appointment time. If you are still at a clinic after 4:30 pm, call 701-255-3285, ext. 300, Security, or ext. 301, Transportation.

As a reminder about the rules, profanity or disorderly conduct will be grounds for removal from the bus. Liquor is not allowed on the bus. If you have any questions, contact the Transportation at ext. 301. Your cooperation will be greatly appreciated.

Housing Department

Wenelle Veit

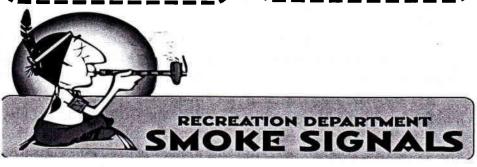
Greetings from the Housing Department. Congratulations to the following residents for an excellent housing inspection:

Roxanne & Ivory Bunting Belynda Calder

Stop by my office for your awards.

Good Job!!!!

Helpful Hints: Removing ink stains, ballpoint pen stains can be removed by using hairspray. Let the hair spray dry and wash. Rubbing alcohol can also be used to remove ink stains.



Students wanting to go bowling on February 16, 2002 should sign up at the Recreation Office. We will bowl from 2:00 pm to 4:00 pm.

Tickets will be given out from Friday, February 8, 2002 until February 22, 2002 to those students that have signed up for them. There is no longer a sign up list.

Girls that have signed up for the 3 - on - 3 women's basketball league have to start showing up for your scheduled games or the league will be canceled. Players that have signed up for Men's basketball have to start showing up for their scheduled games or their teams will be taken out of the League and the League will be down-sized.

Recreation is still taking names for students and staff that want to play co-ed volleyball.

Pool Tournaments are still being held on Wednesday at 7:00 pm.

K - 6th grade swimming is held on Wednesday at 6:30 pm.

Name that building contest

United Tribes Technical College needs your help!

As you know, we are nearing the completion of the new Student Life/Technology Center. Completion is scheduled for March 22, 2002.

We are asking all students, staff and faculty to submit their suggestion for a building name. The person submitting the winning entry will receive \$100 cash.

Please submit your entries to Russell Swagger by 5:00 pm., Friday, February 15, 2002. Entries submitted after this deadline will not be accepted.

Rules:

-Entries must be typewritten on a sheet of paper.

-Entries must contain your name and contact number.

-In the event a name is not selected from the entries submitted, the President will appoint a panel to select an appropriate name.

GOOD LUCK!!!!

Winner will be announced by February 21, 2002.

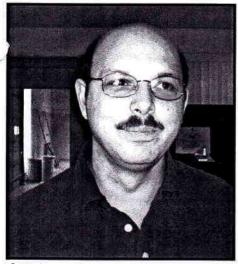
United Tribes Technical College Wellness Circle

Have you been feeling the energy around campus? The excitement you have been experiencing is from the newly-established Wellness Circle. Its mission is to spread Wellness throughout the United Tribes' campus community. Statistically speaking, the Native American population has suffered strong losses from diabetes, heart disease, alcoholism, drugs, and other forms of injury to the body and spirit. With a population from the very young to the elderly, the UTTC Wellness Circle is moving in the right direction.

The Wellness Circle is working to collaborate efforts that would identify student/staff wellness needs and develop strategies in an effort to promote healthier lifestyles in the UTTC community. The group also sees the exchange of information regarding current wellness-related activities as an important process.

The Wellness Circle is made up of the many varied departments on campus. The departments involved are the following: Student & Campus Services, Nutrition & Dietary Management Program, Counseling, Chemical Health, Recreation, Student Health, Injury Prevention, Student Support Services, TJ Elementary School, Nursing, and the Extension Program. Look for our "Wellness Tips" to be featured twice a month in the Campus News. Also, keep an eye out for upcoming Wellness Circle activities.

Newest Criminal Justice Instructor



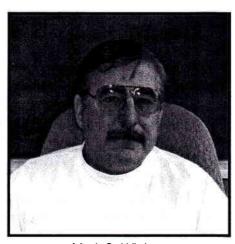
Gary Will, Criminal Justice Instructor

Gary Will started as our newest Criminal Justice instructor this semester. Gary has a Bachelors degree from Eastern Oregon University in La Grande, Oregon and an Associate degree from Clackamas Community College, which is located in Oregon City, Oregon. Gary has had a long career in law enforcement starting as a police cadet eventually ending up as a chief of police. Gary is currently licensed as a full-time officer in Minnesota, holds an Advanced Police certificate from Alaska and an Executive Police certificate. Gary was a volunteer firefighter/EMT and also served as a volunteer ambulance attendant. Gary is married with four children.

While here at United Tribes, Gary's main duties are instructing criminal justice courses, handling the administrative duties for the criminal justice department and working with the BIA in establishing a training academy here on campus for both in-service tribal police officers as well as newly-hired tribal police officers from throughout the region.



Criminal Justice Instructor



Mark S. Wininger

Hi, my name is Mark S. Wininger. I am one of the Criminal Justice Instructors here at UTTC. To give you an idea of my background, in 1968 Uncle Sam called me and said, "Welcome." From there I went to an Intelligence agency, in 1990 I left Government service. Having traveled this planet for many years, I decided it was time to see some of

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Criminal Justice

Continued from page 5.

this country, the United States. So this little country boy got a job in Chicago, IL., where he could see the big city and what it had to offer. The city of Chicago hired me to patrol/defend O'Hare International Airport; I was in the city for 11 years. But having been working since I was 10 years of age, I decided 40 years of work was enough. So I resigned from Chicago and came to N.D. to retire. But it gets old with nothing to do, so here I am at United Tribes Technical College. See you around campus.

HIT Department congratulates

Deb Suland for passing her AHIMA exam! Deb is now a RHIT (Registered Health Information Technologist). We are so very proud of her!

HIT department nominated Clarice Fox and Jamie Pecore for student of the month! Both have shown exceptional Student Spirit! Good luck to you both.

Can you use the AHIMA logo on this site to add to the first announcement?

Thank you.



It is always good to see "Alumni"

by Sheri Baker, Office Technology Instructor

From time to time, alumni come back to UTTC to pay visits to old acquaintances and reminisce about their experiences when the were students. On January 30 and 31, Cathy Ute, a graduate from the Office Technology department, stopped by to chat with faculty and staff members. Ms. Ute was in town attending a workshop on "automated filing systems". You might say, lifelong learning will be a part of your life if you expect to keep up with the "technology" industry.

Cathy has offered the following insights: "My name is Cathy Ute. I come from the Wind River Reservation, which is located at Ft. Washakie, Wyoming. I received my A.A.S. Degree in Office Technology in 1998. I am currently an Audit Technician for the Wind River Tax Commission and for the Oil and Gas Commission office.

Every time I come to Bismarck, I like to drop in and say hello to faculty, staff, and visit the elementary school. I am glad to see Sheri Baker and would like to thank Marilyn Eagle for feeding me breakfast at the cafeteria. United Tribes Technical College was my home for two years, and I continue to call United Tribes my second home.

"I would like to say to the current students, Hang in there. There are times that will get you down, but you have to brush yourself off and get back up. You can do it!" Thanks to Sheri, Lynn, Kathy, Bev, Barb Danks, Dorvin, and T. Maverick.



Cathy Ute, former student and Vince Schanandore, placement officer.



Sheri Baker, Office Technology Instructor with former student Cathy Ute, who comes to see the Office Technology Class when she possibly can.



Carl Perkins Technology Grant Update

by Liz Miller, General Education

With the help of our Carl Perkins technology grant, UTTC faculty & staff now have the opportunity to enhance their computer skills. With a faculty development survey of needs tallied, a decision to offer Power-Point 2000 was made. With an overwhelming response to the flyers and an article in the newsletter, 2 classes were filled with eager participants in less than 2 hours! Two additional classes have been scheduled to accommodate all individuals who responded.

The workshops for UTTC faculty & staff who could not attend the first 2 sessions will be scheduled shortly; if you talked with Jeff McDowell, your name is on the list! You will be contacted by mid-February with your workshop schedule.

Official Microsoft® curriculum is presented to groups of ten participants in the computer lab in the Skills Center. All students receive a Shelly Cashman textbook and the use of computers during the "hands on" presentation. An additional benefit to the participants is a stipend for attending the classes after normal working hours. The first class began January 23rd, instructed by Jeff McDowell of the Computer Support Technology department. Microsoft® Excel and Word workshops are being planned for the end of the spring semester. Watch for announcements in the upcoming UTTC newsletter. If you are interested in information regarding these classes, please call Liz Miller at Ext. # 316.



Administrative assistant (temporary) State Parks and Recreation Department North Dakota

Position No:750-9001 Category:Park Tech 111 Salary Range: \$6.25 to \$8.00/hr Closing Date: April 1, 2002 Status: Temporary Seasonal Recruitment: Internal/External Location: State Parks of North Dakota

Minimum Qualifications:

- Able to clearly communicate and dispense information to park visitors in person or by telephone.
- Able to use cash register, copier, and various office equipment
- Able to operate computer with working knowledge of Microsoft Word and Excel.

- Able to clearly communicate instructions, directions, and information to staff and general public
- Able to train, supervise, and evaluate subordinate staff.
- Able to work with vendors in organizing events/activities.
- Able to order necessary inventories.
- Requires adequate math knowledge to accurately perform routine daily functions to include balancing and recording daily sales receipts
- Requires valid drivers license with ability to operate motor vehicles.

Application Procedures:

Please include a brief summary work experience and submit with state application from #10950. Please indicate on your application if interested in being considered for more than one position. Applicants claiming veteran preference must submit Form DD214 with the completed application and those applicants needing accommodation with the application and/or interview process should call ND Parks & Recreation Department for specific addresses (701) 328-5357 or visit our web site at www.ndparks.com.

Summary of Work:

Responsible to the park manager for coordination and / or administration of the operations of park entrance, park concessions and visitor centers. May be required to work evenings, weekends, and holidays.

Continued on page 8.

Placement Continued from page 7.

May supervise other temporary employees.

*Responsible for the daily inventory of passes and permits, and for the daily park accounting of cash receipts and deposits including verifications and required revenue reports.

- * May supervise and/or participate in responsibilities related to visitor information, reservations, pass and permit sales, park rental contracts, and park concession operations. Maintains parks concessions inventories for the park.
- * Communicate with the park manager on visitor concerns, suggestions and comments of park visitor services.

Park Attendent (temporary) State parks and Recreation department

Position No.: 750-9002

Category: Park Technician I

Salary Range:

\$6.00 TO \$7.00 per hour
Closing Date: April 1, 2002
Status: Temporary Seasonal
Recruitment: Internal/External
Location: State Parks in North
Dakota

Minimum Qualifications:

- Able to use cash register.
- Able to clearly communicate and dispense information to park visitors in person or by tele-

phone.

- Able to meet and assist visitor vehicles in permit sales.
- Requires adequate math knowledge to accurately perform routine daily functions to include balancing and recording daily sales receipts.
- Require valid drivers license with ability to operate motor vehicles.

Application Procedures:

Please include a brief summary of work experience and submit with state application form #10950. Please indicate on your application if interested in being considered for more than one position. Applicants claiming veteran preference must submit Form DD214 with the completed application and those applicants needing accommodation with the application and/or interview process should call ND Parks & Recreation at (701) 328-5357 or the North Dakota Job Service TDD 1-800-438-2513.

An application must be sent to each park in which you are requesting consideration for employment. Please call the State Parks and Recreation Department for specific addresses (701) 328-5357 or visit our web site at www.ndparks.com.

Summary of Work:

Responsible to the park manager, the classified park ranger, or a supervisory temporary employee for the operation of a park entrance station and/or a park concession operation in a state park. May be required to work evenings, weekends, and holi-

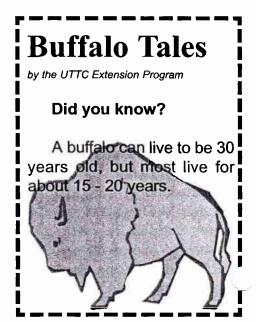
days.

- Greet park visitors and dispense visitor information on park fees, rules, regulations and activities.
- Collect and account for park permits and fees.
- Perform retail sales at park concession operations.
- Complete administration reports and forms.
- Perform routine maintenance duties.

Northern Great Plains Research Laboratory

Northern Great Plains Research Laboratory in Manda has a job opening for the summer. They need someone with Agricultural Skills.

\$6.00 to \$9.42/hr. depending on experience. Contact Bruce Rittel at 663-6448, PO Box 459, Mandan, ND 58554.



American Diabetes Association Tip of the Day

by UTTC Extension Program

Question: What can I take for a cold since it seems that all cold medicines at the drugstore are labeled "not for people with diabetes"?

Answer: Probably the best thing to do about a cold is to take acetaminophen (Tylenol) for the aches, pains, or fever, get plenty of rest, and drink lots of fluids. Be sure to check your blood sugar often and be ready to respond to a rise in your blood sugar. You and your health-care team need to set up a sick-day plan. Then you'll know better what to eat or drink, when to test your blood glucose and ketones, and when to call them for help. Drugs that help reduce the symptoms of a cold are cough medicines, antihistamines (block allergic reaction), and decongestants (reduce swelling in the nose). The cough medicines and antihistamines tend to make you very sleepy. Chemicals in decongestants work in your swollen sinus tissues by making the blood vessels narrower and thus reducing blood flow. This may help your runny nose, but if you have heart disease or very poor circulation, they can cause serious problems. These medications may be perfectly OK for you if your heart is healthy and you have good circulation. However, if you have diabetes, the label warns you to talk to your doctor before taking this medicine.



Kids Korner



Kids say the cutest things, here are a few examples:

A little child, in church for the first time watched as the ushers passed the offering plate. When they neared the pew where he sat, the youngster piped up so that everyone could hear: "Don't pay for me Daddy, I'm under five."

A little boy was attending his first wedding. After the service, his cousin asked him, "How many women can a man marry?" "Sixteen," the boy responded. His cousin was amazed that he had an answer so quickly. "How do you know that?" "Easy," the little boy said. "All you have to do is add it up, like the Bishop said: 4 better, 4 worse, 4 richer, 4 poorer."

After the christening of his baby brother in church, little Johnny sobbed all the way home in the back seat of the car. His father asked him three times what was wrong. Finally, the boy replied, "That priest said he wanted us brought up in a Christian home, and I want to stay with you guys!"

The Sunday School Teacher asks, "Now, Johnny, tell me frankly do you say prayers before eating?" "No sir," little Johnny replies, "I don't have to. My mom is a good cook."

Tidbits

"A real friend is one who walks in when the rest of the world walks out."

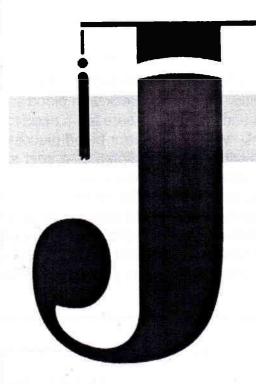
"Strangers are just friends waiting to happen."

"Friends are God's way of taking care of us."

"If you should die before me, ask if you could bring a friend."

Health tips

Whole - Grain Bread
It's higher in fiber and about a
dozen vitamins and minerals
than enriched white bread or
"Wheat" bread And look for
whole-grain cracker, like
Nabisco Triscuits.



From A to Z, if you are looking for a job, come to

Job Fair 2002

Wednesday, April 17 ~ Radisson Inn 800 South Third Street, Bismarck, ND

10 A.M. to 12 Noon College Students
12 Noon to 3 P.M. General Public Welcome

ADMISSION IS FREE

Full-time, part-time, and summer jobs
Bring your resume and be prepared for an interview!

To learn more contact: University of Mary Career and Testing Services, 255-7500, ext. 414; Bismarck State College, 224-5666; MedCenter One College of Nursing, 323-6833; United Tribes Technical College, 255-3285, ext. 208; or Job Service at 328-5026 On the web: www.umary.edu/caresery



by Sharlene Gjermundson

Nicotine is found naturally in tobacco leaves. The nicotine in tobacco causes users to become dependent as regular users of tobacco products. Nicotine is absorbed directly into the bloodstream through the walls of the mouth and gums and travels directly to the brain.

Immediate effects on your body include: increased blood pressure & heart rate, thickening of blood, narrowing of arteries, decrease in skin temperature, increased breathing rate and stimulation of the central nervous system. Long-term effects on your body include: high blood pressure, blockage of blood vessels, depletion of Vitamin C, reduction

in effectiveness of immune system, cancer of the mouth, throat, and lungs, cancer of the respiratory tract, bronchitis, emphysema, stomach ulcers, weight loss, dryness and wrinkling of the skin, and production of abnormal sperm in males.

Effects on the body during pregnancy include: low birth weight, premature birth, greater occurrence of miscarriage and stillbirth, impairment of mental and physical development, increases the likelihood of Sudden Infant Death Syndrome, and the child has a greater likelihood of being hyperactive.

If you are interested in stopping smoking, classes are available. Please call the Student Health Center at Ext. 247 or 286 to sign up.

UTTC Injury Prevention Interns- Injury Prevention Program

by Tamara Moore

Reports directly to: Program Mentor of IPP

Status: Educational Stipend

Salary: \$ 7.00 per hour

Dept: Injury Prevention
Date: February 12, 2002

Closing Date: Open Until Filled

Job Summary

The United Tribes Technical College Injury Prevention Internship Program Offers a variety of internships for 10 weeks, 10 hours a week earning \$7.00 per hour. This will allow the Interns 10 weeks of research, work experience on a professional level and introduce them to many aspects of the field of transportation and other professional agencies, with prior work experience the student's degree becomes more valuable when competing for jobs after graduation. The Injury Prevention Program is providing opportunities to five Internships with professional agencies, including:

- Federal Emergency Management Agency (FEMA)
- Federal Aviation Administration (FAA)
- North Dakota State Health Department, Injury Prevention Program
- Tribal Technical Assistance Program (TTAP)
- North Dakota Division of Emergency Management (NDDEM)

Applications available at the Injury Prevention Program. If you have any questions, please feel free to come in and see me, or call me at Ext. 350 or 374.

Preference will be given to Injury Prevention Students.

Saturday Literacy Club

by Barbara Juhala Frey

"Saturday Literacy Club" was held for the families of Theodore Jamerson Elementary School on Saturday, February 2, 2002. It was a wonderful gathering of parents and children. Eight families attended and had pictures taken. Door prizes were drawn and given. Please check the family bulletin board in the hallway at Theodore Jamerson Elementary School to view pictures of the "Saturday Literacy Club" in action.

American Indian College Fund Scholarship

The American Indian College Fund (A*CF) and the Ford Motor Company are pleased to announce the second year of the Ford/American Indian College Fund Corporate Scholars Program. This program will award scholarships to deserving American Indian students pursuing selected fields of study while attending one of the participating colleges and universities.

Applications can be picked up at the Financial Aid Office.

Quotes for the day

"Immense power is acquired by assuring yourself in your secret reveries that you were born to control affairs."

--Andrew Carnegie

"Hope is a risk that must be run." --George Bernanos

"When thinking won't cure fear, action will."

--W. Clement Stone

Don't be afraid to make a mistake -- go ahead and goof. Truth will sooner come out of error than from confusion." --Francis Bacon

2002 AIHEC Student Congress outstanding student of the year award criteria

by Bob Parisien

The American Indian College Fund and the Castle Rock Foundation are sponsoring the AIHEC Student Congress Outstanding Student of the Year Awards.

Purpose

- * To recognize and award ONE outstanding student from each of the 33 tribal colleges. (In the event of a tribal college submitting two students, the American Indian College Fund will choose the Outstanding Student of the Year Award from those names submitted.)
 - * To create an initiative for student excellence.

Use of the award

Money from the awards may be used to pay for tuition, fees, room and board, books or any other educational needs. The award check will be made co-payable to the college and the student.

Criteria for the award

- * Each institution shall determine for itself how many credits a student must carry in order to be eligible for the award.
 - Community service and volunteer work.
 - Minimum 3.0 GPA.
- * At two-year colleges, students must not have received a associate's degree. At four-year colleges, students must not have received a bachelor's degree.

Qualifications

- 1. Student must complete the attached application.
- 2. Student must write a 250-word biography.
- 3. Two letters of recommendation must accompany the application.
- 4. Volunteer work and community service must include estimated hours per week, in addition to a brief description of the services.
 - 5. Close relatives of those serving on the selection committees are ineligible for the award.

If you have any questions regarding this application, please contact your college scholarship committee or Linda Sinclair, Assistant Director of Scholarships, at the American Indian College Fund, 303/426-8900, ext.338.

Applications can be picked up at the Financial Aid Office.

Fiscal Year 2002 Indian Health Service Scholarship Programs

Competive applications are now being accepted for academic year 2002-2003 Indian Health Service (IHS) Scholarship Programs. The following IHS Scholarship Programs are authorized under Title 1, The Indian Health Care Improvement Act, Public Law 94-437, as amended (1) Health Professions Preparatory Scholarship Program, (2) Health Professions Pregraduate Scholarshop Program, and (3) Health Professions Scholarshop Program.

Application have two enrolled options: (1) full time, or (2) part time. The enrollment option designated must be maintained the entire academic year. No one may enroll part-time one semester or quarter and full-time the other semester or quarter.

This application kit contains for sections: (1) FY 2002 IHS Scholarship Program Announcement, (2) Application Instructions and Forms, (3) Scholarship Application Checklist, and (4) Application Receipt Card PHS 3038-1 (rev.5/90).

Applications must be developed and submitted in accordance with the instructions identified in this booklet. Complete applications, including all required documentation, must be received in the appropriate IHS Area Scholarship Coordinator's office BY CLOSE OF BUSINESS ON MONDAY, APRIL 1, 2002.

PLEASE PICK UP APPLICATION BOOKLET IN THE CAREER DEVELOPMENT OFFICE.





Animal Behavior

Summer 2002

Research Experiences for Undergraduates

Indiana University

http://www.indiana.edu/-animal/academics/reu.html
A REU Program Sponsored by the National Science Foundation

Injury Prevention Program welcomes new instructors

by Dennis Renville



Michelle Signalness

Michelle Signalness is the new fulltime classroom instructor the Injury Prevention Program. She grew up near Keene, ND and is a recent graduate of Montana State University - Billings. Michelle graduated in May of 2001 with a Bachelor of Science degree in Human Services and an Associate of Arts degree in Gerontological Psychology.

Michelle's background in completing a year-long internship at the parent center for the state of Montana had turned her passion for helping others into a specific field of interest in helping others in the educational setting. This newly discovered area of interest led to her recent move to Bismarck in search of a career opportunity in her field of study.

Michelle was hired at the United Tribes Technnical College at the beginning of the spring semester of 2002. She commented that she completely enjoys working with her students and co-workers. Michelle stated, "I alone cannot make a huge difference in this world, but by educating others we can face the world together hand in hand and make a difference."





Larry Carlson is the new online Injury Prevention course designer. After graduating from BHS, he majored in music at BSC while teaching piano at the Belle Mehus conservatory. After that he completed a B.A. degree in English/Psychology at UND and went on to receive his teaching certificate at Dickinson State University. Since retiring from Australia where he taught high school for 25 years, he has worked for various companies in Bismarck as a computer technician.

As online instructor he has had the chance to combine teaching and computer skills. Working in tandem with Michelle Signalness,

he claims, has given him the chance to fine tune lesson plans before they are put on the internet. Having created a number of web sites for local churches and fraternal organizations, he welcomes the challenge of keeping the Injury Prevention web site up-to-date. This is particularly interesting for him because it gives him a chance to get out and about in order to take photos of relevant events such as basketball games.

All in all, Larry is enjoying his stay at UTTC. He noted, "People are friendly and supportive and the campus has a great atmosphere. I think the college is making a great effort to keep up with the lates' developments in education. All in all, UTTC provides a great opportunity for Native Americans to carveout a future for themselves and to further develop an appreciation of their unique culture."

Theodore Jamerson Elementary science fair winners

by Mark Anderson



4th grade winners: Gabriella Dubois, Andrea Grassrope, along with teacher Mrs. Steiner.

The Theodore Jamerson Elementary School located at United Tribes Technical College held its local Science Fair on February 12. First grade had a group project on Germs, Second grade studied Dinosaurs and Third grade students did a project on the Water Cycle. Students in grades 4 thru 8 had individual projects on topics of interest to them.

The Fourth grade winners was Andrea Grass Rope first place for Carbon Dioxice Production.

Second place winner was Gabriella Dubois for Kaleidoscope. The winners in the fifth grade were: First place, Teyaune Clairmont Light. Amanda Otter Robe Flourescent or Incandescent Light and Gina White Magnets and Motors tied for second place. Third place winner was Rachel Crazy Thunder Cutanius Anthrax. Grade six first place winner was Alex Cadotte with the Greenhouse Effect, second place, Dina



5th grade winners: Teyaune Clairmont, Amanda Otter Robe, Gina White and Rachel Crazy Thunder

Delgado Red Sky at Night, third place Alyssa Mallard, Stand Up. Grade seven winners were Amber Beston, first place with Solar Energy, second place Larissa Left Bear, Freezing Temperatures, and third place Cassandra McDonald, Making Clouds. Eighth grade winners were Molly Strait, first place, Splitting Water, second place Sandra White Eagle, Making Crystals, and third place winner



Alex Cadotte, Dina Delgado, Allysa Mallard, Jaime Siers, all 6th grade first winners

LaToya White Tail, Preserving Cut Flowers.

Alternate winners were Grade 6 Jamie Siers Invisible Ink, Grade 7 Gordon Eagle, Dancing Doll, and Grade 8 Jerrold Mesteth, Paper Airplanes. The first second and third place winners will attend the State Science Fair at the Raddison on President's Day. Congratulations all of you budding Scientists!

Alex Cadotte, Dina Delgado, Allysa Mallard, Jaime Siers Amber Beston, Larissa Left Bear, Cassandra McDonald and Gordon Eagle.

Mrs. Steiner, Gabriella Dubois, Andrea Grassrope Teyaune Clairmont, Amanda Otter Robe, Gina White, Rachel Crazy Thunder.

Sandra White Eagle, Molly Strait, LaToya White Tail and Jerrol Mesteth.



All eighth grade winners: Sandra White Eagle, Molly Strait, LaToya White Tail and Jerrol Mesteth.



Amber Beston, Larissa Left Bear, Cassandra McDonal and Gordon Eagle.



CDC NEWS

A Newsletter for Families

February 19, 2002

For You Information:

Free Car Seat Check: March 13, from 3:00pm to 6:00pm at Stan Puklich Chevrolet which is located on Hwy 83 N. and Calgary Ave, Bismarck For more information, contact: Lacey Aman, 258-2240.

Let Me Introduce Myself:

Hi!

My name is Pam. I am the supervisor at the Preschool Center. I have worked at United Tribes for a number of years.

I am originally from Bismarck, married with two children and one grandson that turns one year old on the 16th of February.

If you have any questions or concerns feel free to stop in and talk with me. Pam



Quotes from Connie
"You Can Never
Do Kindness Too
Soon,
Because You Never
Know How Soon
It Will Be Too
Late."



"All Plants Are Our Brothers And Sisters. They Talk To Us And If We Listen, We Can Hear Them." (Arapaho)



CDC NEWS

PRESCHOOL CENTER

5 Year Old Group

The five year old area has been busy making all kinds of hearts. We made chalk hearts, heart crowns, heart necklaces, Valentine bags, foil hearts and ad puzzle hearts.

We had our Valentines party on the 13th of February and have been going to the park because it has been so nice out.

Happy February! Linda and Lexi

3 Year Old Group

This past week we were busy with making our Valentines boxes and cards for the children's parents. On Valentines Day we had our party. It was a lot of fun. We would like to thank Crystal Black Cloud who painted the children's faces. The children enjoyed that. We hope everyone else had a great Valentines Day.

We thank you for sharing your children with us. If any of the parents have any questions feel free to ask us. Thank you,
Vivian and Jada



4 Year Old Area

During the week of February 11-15 the four year old group participated in a number of activities. We practiced proper manners throughout the day and we were also making Valentine projects in which the children expressed themselves through the art they made. Each individual used their own creative mind to express what the meaning of love meant to them. They also learned the true meaning of what Valentines Day is all about.

Everyone enjoyed themselves at our Valentines Party as well as the all the goodies that were brought. We are all looking forward to celebrating St. Patrick's Day in March.

We would like to welcome Wendelin Dubois and Celeste Nelson They are new staff members working in the four year old area.

We would like to wish everyone safe journeys throughout their travels.

Virgil, Miriam, Clancie, Wendelin and Celeste

2 Year Old Area

Hello Again,!

Thanks to all the parents that came to our Valentines Party. Wow!

The school year is flying by. Next month we'll be focusing on family and relatives.

We would also invite our parents to always stop in and visit. Thanks, Jackie and Lynette





CDC NEWS

Infant Toddler Center

18-24 Month Group

Hello, from the 2 year old area at the Infant Toddler Center.

A great big, "thank you," to all the parents who attended our Valentines Day Social. Your participation is greatly appreciated.

We sometimes go to the gym so please bring cap and gloves everyday.

You are always welcome to visit your child's area anytime.

Till next newsletter!
Jean and Juanita

12-15 Month Group:

Hello!

Thanks to all parents who came and brought treats to our Valentines Social.

Last week we colored Valentines pictures, made handprints for the parents, andplayed with blocks and play dough. This week we will be making and eating our activity

making and eating our activity. Should be interesting.

Parents are always welcome to come in and visit our area when we are doing our lessons Thank you,

Leaha and Lisa

15-18 Month Group

We would like to say Pilamaya/Thank you to the parents and children for a great Valentines Day Social. We hope all the parents and children enjoyed themselves.

We are finishing up the month of February with Friendship.

We would like to remind all parents to

please bring in an extra set of clothes for your children. Thanks for sharing your children with us.

Brenda and JoAnn.

6-12 Month Group We are noticing some great changes in the children in our room. Jaren, Ambruelia, and Kadence are all starting to stand on their own. Soon they will be taking their first steps. Phlisia, Kiane, Cody, Drayden and Ja'ni'ya' are starting to move around a lot more and are recognizing the other children. Parents feel free to stop in and visit anytime. Thank you for all the Valentines. It was very thoughtful. Gypsy and Sis

0-6 Month Group We would like to welcome our newcomer, Jasmyn La-Fontaine. We would also like to thank all the parents who participated in our Valentines Social. All the babies are doing great and it's been a pleasure working with your little ones. It also has been a pleasure working with the parents. Your understanding is greatly appreciated Kim and Dutchess

Minority Access, Inc.

5214 Baltimore Avenue, Suite 200, Hyattsville, MD 20781 Tel: (301) 779-7100 • Fax: (301) 779-9812

Dear Student:

Minority Access, Inc. invites you to participate in its nationally acclaimed internship program for academically talented college students. We accept applications from undergraduate and graduate students for full-time internships for summer sessions and full-time and part-time internships for spring and fall sessions. All internships are paid positions.

The Minority Access Internship Program provides students with the opportunity to merge academic theory with practical application in the work place. The program allows college students to experience the full scope and diversity of career opportunities available in the management, professional and technical domains of the Federal Government and other participating entities.

We encourage qualified students of all majors to apply. We have placed students of many different academic disciplines in intern positions through the Minority Access Internship Program. The skills required for some positions are those that many college students have gained by their second or third year. Positions are located in the Washington, D.C. metropolitan area and other locations throughout the United States. Students have been assigned to sites in California, Colorado, Florida, Illinois, Kentucky, Louisiana, Massachusetts, Nebraska, Nevada, Oklahoma, Pennsylvania, Texas, Utah and other states.

To be considered for internships, students must adhere to the procedures outlined on the application. Applications must be completed and returned by the published deadline to Minority Access, Inc., 5214 Baltimore Avenue, Hyattsville, MD 20781.

If you would like additional information or assistance in completing the application, please make contact with us. You may reach Mrs. Melvyn Goldsborough, the Internship Program Coordinator, or me at (301) 779-7100. Our Email addresses are mgoldsborough@minorityaccess.org. and amickle@minorityaccess.org.

We thank you for your interest in the Minority Access Internship Program. We encourage you to return your completed application as soon as possible.

Cordially,

Andrea D. Mickle

President and

Director of Internship Program



Student Bulletin

A benefit of your school's membership in FastWeb

Feb./Mar. 2002 College Edition

Scholarship Guide

Keeping Your Scholarship

While not all scholarships can be renewed each year, the ones that can be sometimes have ongoing eligibility requirements. Some of these requirements include:

Submission of renewal application. Your scholarship may require you to submit a new application each academic year.

GPA. You may need to maintain a minimum GPA in order to remain eligible (often the same GPA that won you the scholarship).

Satisfactory academic progress. You may also be required to fulfill certain academic requirements, such as completing a certain number of credits or specific courses.

Designated field of study. Will you lose the award if you change majors?

Full-time status. Scholarships frequently require a minimum level of enrollment. If you fall below the minimum or fail to enroll, you may lose the award.

If there is any doubt whether your scholarship has provisions or must be renewed, talk to your school or scholarship sponsor.

5 Scholarship Letter Tips

Below are some essential tips for letters associated with scholarships, including cover letter, recommendation letter and application request letter and thank-you letter.

- **1.** Be brief you'll have the chance to sell yourself in your application.
- **2.** Request the application early to leave enough time to prepare a strong application packet.
- **3.** If you need a recommendation, clearly state when the deadline is. Give no less than three weeks' notice, leaving ample time for the recommender to write the letter. Your recommender should be someone who knows you well (but not a family member).
- **4.** Provide your correct address and other contact information where you know you can be reached.
- **5.** If you win a scholarship, be sure to thank the provider for selecting you as a recipient.

Hunting for Scholarships: How to Start

Where should I look?

Do some online research. Take advantage of free online scholarship searches, such as

www.fastweb.com. Also, look up the home pages of the colleges you want to attend because they may have information on scholarships.

Search your community. Ask the organizations in your community or city if they offer awards for college. Don't forget about cultural organizations that provide awards based on ethnic background.

Talk to your school's counselor. They should have access to your academic record. Ask them about private and corporate sponsorships for which you might qualify.

What can I do to prepare?

Make a list. Focus on deadlines. List the scholars 's with the earliest deadlines and give them first priority. Test scores. Take the ACT and/or SAT well in advance of the deadlines. If you need to improve your score, you'll have time to take the tests again before the scholarship deadline.

Financial information. Most need-based scholarships require family income and tax forms to document financial need. Prepare these forms ahead of time to qualify for scholarships.

How should I prepare the essay?

Make an outline. Depending on the essay question, pick one main theme and select three ideas that support your theme. Make sure your essay falls within the length requirements.

Show, don't tell. Use specifics instead of generalities. It will help your reader visualize what you're trying to say and can make your essay more memorable.

Check spelling and grammar. Many selection committees will automatically reject applications with misspelled words and grammatical errors. Have a teacher, parent or counselor read over your essay and provide feedback.

Find free college scholarships! www.fastweb.com

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Find free college scholarships! www.fastweb.com



Student Bulletin

Feb./Mar. 2002 College Edition

A benefit of your school's membership in FastWeb

Job Search Guide

Top 10 Tips for Landing a Good Job or Internship

Get a head start on preparing to enter the work world.

- **1. Plan ahead.** Research your options, prepare your application and interview for the position.
- **2. Hunt online.** Browse Internet job listings and post your resume at www.monster.com and ask your career center if MonsterTrak is available at your school. Also, check industry-specific sites.
- 3. Build experience through volunteering.
 Volunteer opportunities can provide you with marketable skills and demonstrate your initiative.
- **4. Make the most of your experience.** Be professional and maintain a positive attitude. Explore your interests by volunteering for projects that seem intriguing to you and challenge your abilities.
- 5. Build the perfect resume. Most employers will end less than five minutes initially reviewing your resume. Limit it to one page and use strong action words. Leave time to proofread your resume.
- 6. Craft dynamite cover letters. Keep it brief: introductory paragraph, brief summary of your qualifications and then your conclusion. Talk about your unique experiences and qualifications.
- **7. Network.** Capitalize on any connections you have. Start with your family, friends and teachers. Join a professional organization. Check www.fastweb.com for tips on networking and developing your professional connections.
- **8. Give a good interview.** Learn about the employer and the position by checking out their Web site. Think about what you want to say and rehearse with a friend. Dress appropriately and be punctual.
- **9. Send a thank-you note.** Follow up your interview with a letter thanking the interviewer for speaking with you and reconfirming your interest in the position.
- 10. Carefully assess your job offer. Ask for some time to make your decision. Consider quality of life issues such as job schedule, location and job style as well as salary, opportunities for growth and benefit packages.

Find free college scholarships! www.fastweb.com

Put Together a Winning Resume

Avoid problems with your resume that could jeopardize your chances of landing an interview.

Keep it brief. Limit your resume to one page. Instead of paragraphs, use bullet-pointed lists.

Provide meaningful descriptions of your experiences. When detailing your job history, use short sentences or phrases to demonstrate your relevant experience.

Use strong action words. Good action verbs include "implement," "create" and "develop."

Proofread. Use spell-check, double-check your contact information and make sure your formatting is consistent. Ask a friend or family member to proofread your resume.

Appearance. Is it confusing and text-heavy? Is it easy to find the information you need? Do whatever is needed to make your resume "reader-friendly."

Work the Job Fair

College job fairs are a great place to learn about available careers and to lay the groundwork for a future position.

- Have a plan. Target companies that interest you and prepare questions for each. Learn about the company by checking out its Web site.
- Bring lots of resumes. Give your resume out whenever possible, even if you're not interested in that particular company. Spreading the word can lead to future contacts.
- Use body language. A firm handshake, ready smile and steady eye contact make a better impression than nervously approaching a recruiter.
- Keep it short. On average, students spend five to 10 minutes with each recruiter. The less you stumble through your introduction the better. Get a business card so you can follow up later.
- Supply contact information. List a permanent address in your follow-up message in case an employer decides to contact you a year or two down the road.

March 2002

(TJES school calendar 2/14/02 /01)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10	atch for notices o ave any questions o			rson Elementary	Author- 1 Ben Michaelson Presenter will be at TJES. WATCH for further details.	2
3	Homework Center Science Club 4 3:20-4:20	Homework Center Computer Club 3:20-4:20 5	Parent Teacher Breakfast at UTTC6 Cafeteria 7:45-8:15	Homework Center 7 Computer Club 3:20-4:20	END of 3rd/9 weeks 130 days of school	Family Club Music & Game Night 6-8 pm 5.Gym
		Terra Nova Testing Please watch for no		ay February 26 throug	h Thursday, March 7	
10	11 TJES School Board Meeting	12	13	14	15	16
6		— SPRING BREAK	No school at TJES f	rom March 11 - 15 —		B
17	Homework Center 18 Science Club 3:20-4:20	Homework Center Computer Club 3:20-4:20	TJES Staff Meeting 3:30	***TJES Parent 21 Teacher Conferences 3:30-7:00	22	23 Family Club Kids Movie 1-3 pm S.Gym
24	Homework Center 25 Science Club 3:20-4:20	***TJES Parent 26 Teacher Conferences 3:30-7:00	27	28 Homework Center Computer Club 3:20-4:20	NO SCHOO Good Frida no school M	30 pL // Easter Break londay, April 1 esday, April 2!
31						

CAMPUS HAPPENINGS



February 2002

Sun	Mon	Tue	Wed	Thu	Fri	Sat
*All AA, Ala-teen and Ala-non Meetings are held at CHC *All CPR & First Aid classes			×.		1	2
for <u>STAFF ONLY</u>						
3	4 Smoking Awareness 3-5pm Skills Center; Rm 111B	5	6 Smoking Awareness 3-5pm Skills Center; Rm 111B 9-3pmBlood pressure, Glucose & Hemaglobin Screening; Student Health Center - FREE	7 3:00pm Ala-non Mtg. 4:00pm Ala-teen Mtg. 7:00pm AA Mtg.	8	9
		7:00pm AA Mtg.	to Staff & Students 7:00pm Sweat:			
10	11 6-8pm Common Sense Parenting Bldg, 36: Grade 7 Classroom	12 Adult CPR; 2-5pm Ed. Blg. Rm 111	13 Custer Family Planning Clinic 1-4pm Student Health Center	OPEN HOUSE: Counseling 12-4pm Hot Hearts Chili Feed 3:00pm Alo-non Mig.	15	16
	Topic: (Parents as Teachers) 6-8:30pm Pottery Classes-Art Marketing Bldg. CONTACT: Joann 663-6634	7:00pm AA Mtg.	7:00pm Sweat	4.00pm Ala-teen Mig. 7.00pm AA Mig. 2-5pm-Infant & Child CPR Ed. Bldg.—Rm. 111 (Must have Adult CPR prior)		
17	18 HOLIDAY NO CLASSES	19	20	21 Monthly head lice screening; 9am-Child Development Center 3:00pm Ala-non Mtg. 4:00pm Ala-teen Mtg. 7:00pm AA Mtg. 2:30-5pm First Aid	22 9am-Monthly head lice screening; TJES	23
**		7:00pm AA Mtg.	7:00pm Sweat	Ed. Bldg.—Rm 111		
24	25	26	27	28 2-5pm-Infant & Child CPR (Must have Adult CPR prior)	(1)	
	6-8pm Common Sense Parenting Bldg. 36: Grade 7 Classroom Topic: (Effective Praise)	2-5pm -Adult CPR Ed. Bldg.—Rm 111		3:00pm Ala-non Mtg. 4:00pm Ala-teen Mtg. 7:00pm AA Mtg.		
	6-8:30pm Pottery Classes-Art Marketing Bldg. CONTACT: Joann 663-6654	7:00pm AA Mtg.	7:00pm Sweat	Andrew Carees		

