

BIA officials visits UTTC campus

by Steve Van Dyke
Taken from Bismarck Tribune
Friday, April 12, 2002

College president asks for restoration of funds, plus additional \$1 million.

The national education director for the Bureau of Indian Affairs was at United Tribes Technical College on Thursday, and UTTC President David Gipp asked him to not only restore \$3 million in BIA funding, but to add a million to expand the college.

William Mehojah of the BIA visited the college at the request of U.S. Sen. Byron Dorgan. The hope was to convince the agency of the need to restore funding that was eliminated from President Bush's proposed budget. The \$3 million is about half of the college's operating budget, and it's loss could force UTTC to cut programs and faculty or close.

Gipp asked Mehojah for another million dollars to assist UTTC with it's long-range plan to double the size of its campus and in the next five to eight years, double the number of students.

Gipp said the money would be used to implement new programs and study ways to develop 132 acres of land the college recently acquired south of the campus.

United Tribes has about 400 enrolled adults, and 300 children who attend either its elementary school or its two early childhood development centers.

Mehojah talked to students, faculty and administrators, and toured the campus.

Gipp said Mehojah will submit a report about his visit to Assistant Secretary of Interior for Indian Affairs Neal McCaleb on Monday. That report might include the transfer to UTTC funding from one part of the BIA budget to another.

Gipp said UTTC's funding is not in the education portion of the BIA budget, but Mehojah suggested it should be moved there.

Both Gipp and Charles Murphy, president of UTTC's board of directors and chairman of the Standing Rock Sioux Tribe, said the meeting with Mehojah went well, but the proof will be in the report.

Gipp said the college wanted two things from Thursday meeting: restoration of BIA funding for the fiscal year that begins in October and assurance of BIA support for the college in the future.

BIA funding cuts are not new to UTTC or its president. Since Gipp became the college's leader in 1977, BIA funding cuts have been threatened four times. Three times Congress stored the funds.

In the spring of 1982, BIA funding was cut by 30 percent and the college went to a four-day work week. In the fall of 1982, United Tribes laid off half of its staff due to a 47 percent cut in BIA funding. However, North Dakota senators— Quentin Burdick and Mark Andrews — led the fight to restore funding and by December of that year the college began to rehire staff.

Besides BIA funding, the college receives \$3 million from the federal Carl Perkins fund, which can be used for renovations, maintenance and supplies, but not operational things such as energy costs.

Gipp said the college also receives tuition money from the students, but it is used to provide students services and stipends. The core operational funding sources are the BIA and the Perkins fund.

While it's unclear when Congress might vote on restoring the funds. Gipp and Murphy hope that a vote comes before Memorial Day.

Newsletter Guidelines

Below are a few guidelines for submitting articles for the newsletter. We would appreciate it if you could follow these guidelines as it makes the newsletter more interesting and more timely for all concerned.

1. ALL COPY SUBMITTED should relate to UTTC, its students, faculty or staff - or be directly beneficial to the functions/daily operations of UTTC.

2. PLEASE, EDIT YOUR COPY before sending it over for publications. This is a "Newsletter" not a newspaper. Limit your article to what is necessary and informative. Also, limit all POSTERS to 8 1/2" X 5 1/2". It is not necessary to use the full sheet. Posters or advertisements can be just as effective when half the size.

3. If contact persons are required with your article, please make sure you list that person's name and where they can be reached.

4. If submitting photos, please submit them either on disk or zip or email directly to the newsletter e-mail site as a JPEG, TIFF, OR EPS or SUBMIT THE ACTUAL PHOTO. Do not send over photos that have been preprinted on your computer printer. They are not clear and do not reproduce well. Also, if submitting an article needing photos make sure these are attached.

5. ALL ARTICLES SHOULD BE SUBMITTED ONE WEEK IN ADVANCE. All articles submitted for the newsletter should be in Arrow Graphics the preceding Monday before the next newsletter is due (1 week in advance). Any late article will be included in the following newsletter.

We receive a lot of articles and it takes 2-3 days to type all of the articles. PLEASE adhere to the deadline and policy. The newsletter is distributed by Monday.

6. If you are sending your articles through e-mail, please send them to nduttnews@hotmail.com.

SEND ARTICLES AS "TEXT FILES" AND PHOTOS AS EPS, TIFF, OR JPEG, TO ABOVE EMAIL ADDRESS.

Our newsletter is sent all over the nation so other colleges and organizations can see how we are progressing. Let's show our UTTC spirit with great news articles.



Dennis Lucier's ~UTTC Diner~ Bi-Weekly Menu

(Each meal served includes 2% or Skim Milk, Coffee or Tea and Salad Bar or Assorted Fresh Fruit/Vegetables)

Dinner

Apr. 15 - 19

- M** Chicken Fried Steak, Mashed Potatoes, Gravy
- T** Oriental Chicken Stir Fry, Rice
- W** Baked Chicken, Mashed Potatoes
- T** Sloppy Joe On A Bun, Tater Tots
- F** Chicken Nuggets, Macaroni & Cheese

Apr. 22 - 26

- M** Beef Stroganoff Over Noodles
- T** Indian Taco, Wojapi
- W** Hamburger On A Bun, Baked Beans
- T** House Special Pizza,
- F** Pork Chow Mien, Rice, Chow Mien Noodles

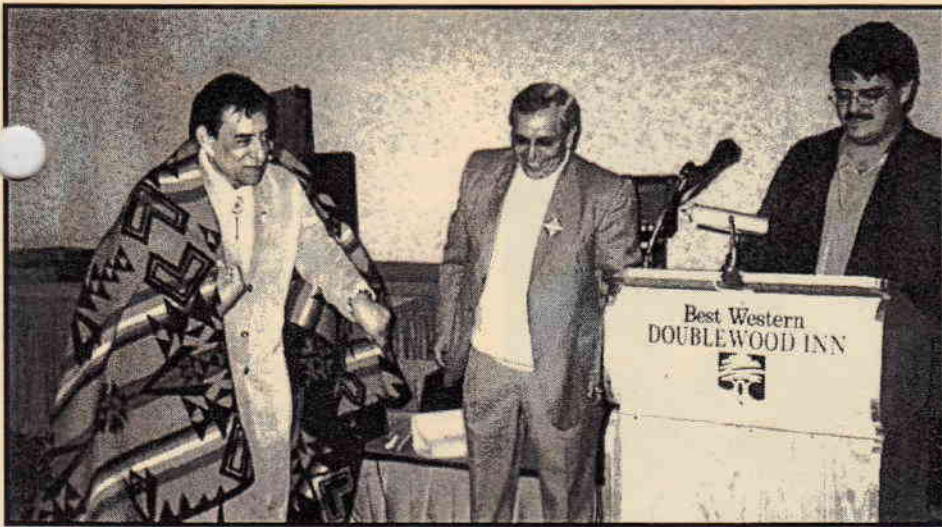
Supper

Apr. 15 - 19

- M** Meat Loaf, Baked Potatoe
- T** Buffalo Sausage, Fried Potatoes
- W** Bar-B-Que Ribs, Potato Salad
- T** Swiss Steak, Buttered Noodles
- F** 6 piece Shrimp. Wild Rice, Buttered Squash

Apr. 22 - 26

- M** Chili
- T** Bar-B-Que Chicken, Baked Potato
- W** Chicken Burger, Chicken Noodle Soup
- T** Sub Sandwich, Bean Salad
- F** Tater Tot Hot Dish



UTTC President David Gipp and UTTC Board Chairman Charles W. Murphy are introduced by banquet MC John Beheler.

FOURTH ANNUAL UTTC STAFF AWARDS DINNER

By Phil Baird

One of the strengths of any organization is employee loyalty. On Friday, April 19th, United Tribes Technical College took time out to recognize its faculty and program staff at the 4th annual UTTC awards banquet at the Bismarck Doublewood.

Two individuals – college worker Shirley Iron Road and elementary school teacher Glenna Mueller – were honored as the longest tenured employees with thirty years of continuous service to the UTTC community.

Another highlight of the awards event was recognizing

UTTC President Dr. David M. Gipp on his silver anniversary (25 years) at the leadership helm of the college. He was presented with a Pendleton blanket by UTTC Chairman Charles W. Murphy, who also serves as chairman of the Standing Rock Sioux Tribe.

Special recognition was extended to 25 year college veteran Sherman Brunelle, director of the Workforce Investment Act (WIA) program. Due to diabetes and heart-related problems, Sherman is hospitalized at this time. His wife, Terri, accepted his employee award in an emotion-packed presentation.

The large college gathering was treated to a great buffet meal with John Beheler and Karen Paetz-Fox doing an outstanding job as MCs for the evening.

The following UTTC employees were recognized for 5, 10, 15, 20, 25 and 30 years of continuous service to the college.

4th Annual Staff Award's

In recognition of
dedicated
continuous years
of service:

30 Years:

Shirley Iron Road
Glenna Mueller

25 Years:

David Mr. Gipp
Robert Feist
Sherman Brunelle'

20 Years

Warren Koch
Margaret Redshirt

15 Years

Vernon D. Anderson'
Verna Koch
Brian Palacek

10 Years

Brek Maxon
Wenelle Veit
Charles Wentz
Suzanne Cadotte
Barbara Danks

5 Years

Leland Hall
Malcolm Peek
Deborah Painte
Ronald Wilkie
Julia Wise
Carl Hohenstein
Kenneth One Feather
James Madison
Christa Cutler
Joetta McLeod
John Beheler
Barbara Archambault
Leah Woodke
Terry Anderson
Mark Anderson
Rhonda Brinkman



TJES Staff and Students Attend Tribal Colleges and NASA Awareness Days

by : Jen Maier, UTRSI Technology Support Specialist

A group of students and staff attended the first ever ND Tribal Colleges and NASA Awareness Days at the Spirit Lake Nation Resort on April 2-4. The participants were able to meet representatives from the NASA Headquarters as well as the various enterprises within the NASA family. On Wednesday morning, the students and staff were welcomed by Mr. George Reese, Assistant Director for Equal Opportunity Programs and John Lohness, Interim President of Cankdeska Cikana Community College.

They heard from Native American employees of NASA. One speaker was Robbie Hood,

member of the Cherokee Nation, who is an Atmospheric Scientist at the NASA Marshall Space Flight Center. She shared her "path" in seeking employment to NASA as well as her heritage and history with the audience. At noon, the conference hosted students from the representative schools in a panel discussion. Larissa Left Bear represented the TJES students in the panel discussion. She did a super job representing TJES and UTTC on stage.

The students and staff participated in the Mobile Aeronautics Educational Laboratory on Wednesday afternoon. In this portable classroom, the students were able to design a plane that flew a cross-country mission. They also participated in landing the shuttle in a simulator.

That evening, they attended the reception that featured the Grey Dog Drum group who along with dancers shared the various dances with the audience. The dancers and drum group were sponsored by the Spirit Lake Nation Powwow Committee. Also featured at the reception were the Ojibway Day School

and Dunseith Day School Dancers and Drum groups.

On Thursday Morning, the students and staff attended the honor ceremony for Phyllis Howard and heard from the various NASA Enterprises before heading back to Bismarck. In addition to all of the sessions they attended, they were also able to squeeze in some quality swimming, game playing, and pizza eating time!

Staff and students attending were Jamie Higlin, Darcie Blue Earth, Victor Meza, Frank Eagle, Alex Cadotte, Dina Delgado, Brandon DuBois, Tylen Fox, Alyssa Mallard, Kyler Morris, Whitney Pretty On Top, Sundae Red Bird, Jaime Siers, AJ WalkingEagle, Johnathan Fox, Wesley Gunhammer, Larissa Left Bear, and Cassie McDonald.

In a final note, the students did a fantastic job of representing Theodore Jamerson Elementary School and United Tribes Technical College. The whole NASA family in attendance made a special point to let the staff, students and myself know what young ladies and gentlemen we brought to the event. WAY TO GO!

Live art in motion

Dakota West Arts Council would like to invite artists (performing, visual & cultural) in the **Region** to participate **Live Art In Motion**

This is an event geared to bring all arts groups of all kind together for a one day festival for the community. Artists are asked to contact Dakota West Arts Council at 222-6640, or send inquires to P.O. Box 606, Bismarck, ND 58502.

This day long event will be open

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UTTC Nursing Students attend local nursing conference

by Sue Weigum

On March 19, fourteen of UTTC's Nursing students attended the 12th annual "All Nursing Conference" sponsored by St. Alexius Primecare of Bismarck. The "All Nursing Conference" gave the students an opportunity to experience the process of life-long learning in Nursing and focus not only on holistic care of patients, but also on the psycho-social and physical needs that nurses experience themselves. Guest speakers discussed a wide range of topics including positive work environments, adapting to change, communication skills, exploring the art of Chinese Medicine, congestive heart failure, and understanding child and adolescent mental health issues. The students had the opportunity to meet and visit with nursing professionals from across the state of North Dakota and locally here in the Bismarck-Mandan area. They also were able to view booths promoting new health products and medications, and become more familiar with local health care facilities. The conference provided an opportunity for UTTC's nursing students to stay informed regarding their potential nursing career, and participate in an alternative educational forum. The conference helps nurses develop their leadership potential, creativity, and vision.

Computer Support Technology triples classroom areas

by Jeff McDowell

During the first week in April, the Computer Support Technology students experienced a move from a single classroom on the north side of the Skills Center to three classrooms on the south side of the Skills Center. This vocational expansion will allow UTTC to increase new student enrollment in the CST program as well as offer current students additional computer lab hours.

With the new classrooms, students will notice new computers, new desks, and new chairs in the classrooms. Each classroom also contains an interactive white board that not only allows an instructor board space to write on or a screen for power point presentations, but the boards also work as a computer desktop responding to a finger touch just as a mouse pointer responds to a click. From the board, instructors and students will be able to open programs or surf the web in front of the entire class.

CST students Andrea Condon, Carmen James, David

Charley, and Curtis Cadotte held work-study positions and ran the network cable for all of the computers. They used networking and hardware skills acquired in their CST courses to successfully setup and connect all the computers in the classrooms to the UTTC network and the Internet.

The change of location will also benefit other UTTC students when the third classroom is complete. Computers will be available for students to work on assignments or improve their computer skills. A CST work-study student will monitor the new computer lab and be available to assist students that need help.

Look for our official grand opening associated with the new Student Life Center Grand Opening on Wednesday, May 15th. Until then, feel free to stop in and look around Room 110 at the Skills Center to check out the growing potential of the Computer Support Technology vocation.

**Spring Carnival
has been changed to a later date.
It will now be on
April 26th, 2002
from
1:00 pm to 4:00 pm**

Congratulations

by Lisa Azure and Leah Hamann, ECE

Mr. Dorvin Froseth, Office Technology faculty, was a guest speaker for the second year Early Childhood students in Methods and Materials for ECE. His topic was teaching math and science concepts. Mr. Froseth has an extensive background in both math and science and a wealth of information to share. Thank you Dorvin!

The Early Childhood Department would like to publicly congratulate Mechelle Crazy Thunder (Pine Ridge) on her accomplishments at the AIHEC conference. Mechelle has been an outstanding representative for both the Early Childhood vocation and UTTC. We applaud her efforts!

American Indian Higher Education Consortium- great learning and fun!

by: Rondeena Hamilton, RHIT
Health Information Technology Department

Last month, the AIHEC conference was in full force in Rapid City, S.D. As one of the coaches who attended the event, I had a wonderful experience with the other coaches, staff, and the students who participated at AIHEC. The students' enthusi-

Who's Who Among America's Teachers selects faculty members

by Lynn Ketterling

Sheri BearKing-Baker and Lynn Ketterling from the Office Technology Department and Carol Anderson from the Small Business Management Department



were recently notified on their inclusion in the Who's Who Among America's Teachers, for the year 2002.

Who's Who selects and recognizes the top 5% of outstanding teachers from throughout the country. The most gratifying aspect of this award is that former students recommended and nominated the above faculty members. Geri Stewart a graduate of Injury Prevention/Office Technology, Amanda Gunn a

graduate of Office Technology, and Joseph Espinosa Jr. a graduate of Small Business Management were the nominators.

When faculty and students make a commitment to academics, a successful educational experience will ensure UTTC's mission. "It is UTTC's mission to provide an environment in which students and staff can discover, examine, preserve, and transmit the technical knowledge, cultural values, and wisdom that will ensure the survival of Indian people in the present and future generations, while increasing individual opportunities to improve the quality of life."

asm, caring, and general fun spirit were contagious! I had never met most of them prior to AIHEC, but found out how many great students there are in all the vocations on our campus. The students took home their share of ribbons, but the friendships that were developed or strengthened were the real prizes. The staff were also a big part of how well the week went. Everyone pitched in to make sure that things went as smoothly as possible. Having attended AIHEC

in the past, I know how things can take a turn for the worse. But with the staff and students working together, there was no need for worry. Everything fell into place and, I believe, everyone had a good time. I was proud to be a part of such a well-rounded group of people. I would like to express my thanks to all who attended and the staff back here who helped in getting us there. It truly was a great experience

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and something that every student should try and get the opportunity to attend! By the way, this was the first time I had ever seen the "Wave" done at a hand game tournament! I think our students may have started something!



RECREATION DEPARTMENT
SMOKE SIGNALS

Lady "T-Birds" announce recruits

by Kevin Finley

Women's basketball coach Kevin Finley has announced his recruiting class of 2002 - 03 Expected on campus this fall are:

Jamie Stead, Rapid City, SD,
Talana White Woman, Pine Ridge, SD.

Jennifer Morrissette, Pine Ridge, SD.

Kalsey Bird in Ground, Lodge Grass MT.

Philisha Four Star, Frazer, MT.

Colette Renville, Sisseton, SD.

Fancee Hollow Horn, Takini, SD.

Kristen Finley, Ft. Yates, ND
Alberta Wright, Rapid City, SD.

"This is a real good group. We had most of them come in for workouts and gave them a tour of our campus. They are all good in the classroom and come from successful programs so I

4th Annual Standing Rock Community School Spring Wacipi

May 3-5, 2002

Standing Rock High School Gymnasium
Fort Yates, ND

Grand Entries
Friday: 7:00 p.m.
Saturday: 1:00 & 7:00 p.m.
Sunday: 1:00 & 7:00 p.m.

Weekend Pass
Adults - \$5
Students - \$3
60 and over free
5 and under free

Registration Closes at 11:00 a.m. - Saturday

Singing Contest
\$1000 • \$700 • \$500 • \$300
Singing Contest Starts Saturday

Contests start Friday

Adult Categories
Men's Traditional, Grass, Fancy
Women's Fancy Show, Jingle, Traditional
\$400 • \$300 • \$200 • \$100

Teen Categories 13-17
Boy's Traditional, Grass, Fancy
Girl's Fancy Show, Jingle, Traditional
\$300 • \$200 • \$100 • \$75

Junior Categories 7-12
Boy's Traditional, Grass, Fancy
Girl's Fancy Show, Jingle, Traditional
\$200 • \$100 • \$75 • \$50

Chicken Dance
Must have five dancers
\$300 • \$200 • \$100

Iron Man Fancy Dance
Winner Take All

Drum Split

School Competitions

**TINY TOTS PAID DAILY*

Host Drum
Lakota Thunder - Standing Rock

Invited Northern Drum
Eyabay - Red Lake, MN

Invited Southern Drum
Cozad - Anadarko, OK

Announcers
Jesse "Jay" Taken Alive
Virgil Taken Alive

Arena Directors
Kenny Bull Head
Frank Bull Head

Drum Keepers
Cedric Good House
Louis Snider

Color Guard
American Legion Post #173
Standing Rock Vietnam Veterans Association
All Visiting Color Guard Welcome

Head Man Dancer
Mikee Dees Arrow

Head Woman Dancer
Toni Lee Fool Bear

Head Boy Dancer
Stephen Claymore
Kendell Lester

Head Girl Dancer
Nicole Albire

Royalty
Iglia Dwarf - Miss
Samantha Long Feather - Jr. Miss
Lalynn Antell - 1st Miss

For More Information
Call 701-854-3461
ask for Courtney Yellow Foot or Don Two Bears

*Security provided. No Alcohol or Drugs Allowed.
Not Responsible for Accidents*

Buffalo tales

by UTTC Extension Program

Did you know?

Buffalo meat is lean, which means it is low in fat and would make a healthy meat choice in everyone's meal pattern.

Graduation corner

by Wanda Agnew

Class of 2002 motto – “*What lies behind us and what lies before us are tiny matters compared to what lies within us.*”

- Graduation is scheduled for Friday, May 10 – 1:00 pm.

- Graduation rehearsal is scheduled for May 6 – 11 am. Questions: call Marcel 243 or Wanda Agnew Ext. 420.

- Graduation photos: April 15, noon to 2 pm, if you miss it, call Terry Anderson or Wanda Agnew Ext. 420 as a retake day will be scheduled.

- Graduation announcements order forms were distributed to Vocation Advisors. Use the form to order your announcements. Questions call Gary Will 434 or Wanda Agnew Ext. 420.

- Graduation gowns are at the bookstore – stop by and pick yours up.

- Graduation Reminder: Iron your gown before graduation day. Plan to wear neat shoes and clothing under your gown, as your appearance reflects on yourself, fellow graduates, and UTTC.

- Graduation decorations and reception are planned to make the day special. Reception plans include a substantial afternoon buffet at the cafeteria.

Mark your calendars, invite your friends, and study hard in the next few weeks so you will be proud as you cross the stage.

Orlando Morrison NJCAA All- American

by Kevin Finley

For only the fourth time in school history, the United Tribes men's basketball program has another All-American. Orlando Morrison from the Cheyenne River Sioux Tribe was named to the NJCAA 2001-2002 All American team. “To even be mentioned in the same breath as some of the guys on this team is quite an accomplishment,” says assistant coach Kevin Finley. “Only ten guys in the United States make this team and the good thing about it is, Orlando is not anywhere near his potential as far as a basketball player is concerned. This was his first year of basketball at our level and he responded very well.” Along with this award he was named to the All-Region 13 team. When asked by the coaches if he ever expected something like this, he said “I never even imagined it.” He joins Geno Levaldo, Alan Spoonhunter (2 time recipient), and Tanner Albers as the only “T-Birds” ever to receive such an award. “So many times when these awards are handed out, many people get lost in the shuffle. I want to say a very heartfelt ‘Thank you’ to my teammates as well as all of UTTC faculty, staff and administration, and to you the fans. Without all of your support, we would not have had such a great run there at the end. Thank you,” concluded coach Finley.

American Diabetes Association tip of the day

by UTTC Extension Program

Question: Why am I taking two different medications to treat my diabetes?

Answer: Two medications (this is called combination therapy) are used to treat Type 2 diabetes when the highest dose of a single medication no longer keeps blood glucose values within the desired range. Using two medications that work in different ways to lower your blood glucose often means you can take lower doses of each medication and possibly avoid side effects. Combination therapy can also delay the need for insulin injections for some people.

Live art in motion

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to the public and will be held at Sleep Hollow Arts Park from 10am - 5pm, Saturday, August 17th

“This is a community event and a way for all artists to come together as a whole to show Bismarck and the surrounding area what the arts have to offer, as well as providing a day of entertainment for families and visitors”, said Cindy Haider, Executive Director for the Arts Council.

Artists will be performing, sketching and selling art, there will be an auction to sell artists' quickdraws of performing groups two times throughout the day. Art groups may display their wares, promote themselves through promotional materials, or fund raise their groups by having concessions.

This is a FREE event for the public and artists. Call 222-6640 for more information.

Child Development Center news

The Child Development Centers thank all the parents who came and supported "The Week of the Young Child." We had a very good turn out and we thank all the visitors who attended the successful Open House on Thursday, April 11, 2002.

Thank you also goes out to the UTTC Cafeteria for the delicious food and Standing Rock Tracking Program for their donations to the door prizes.



nell Bull Bear and daughter Dionna with Cricket Peyron Mc Darment Poyomi Ooh-shook.



Eagle Hunter presenter discussed "Respect." He is an elder from the Cheyenne River Sioux.



Staff and Preschool children enjoying the parachute.

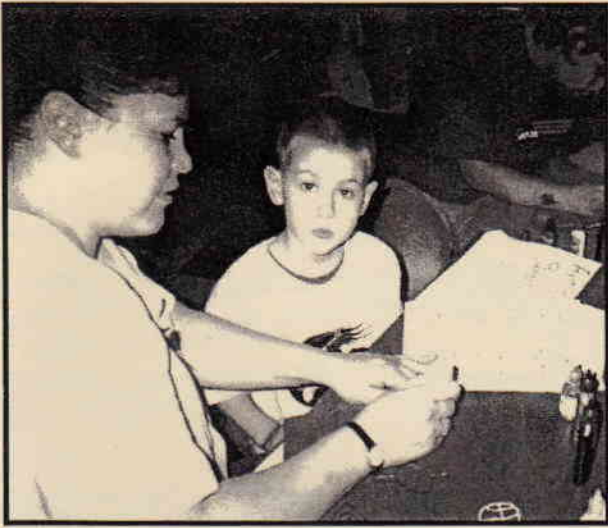


Annissa Stump, parent assisting her children.



Food & Nutrition Program presentation with two year olds, doing a food presentation.





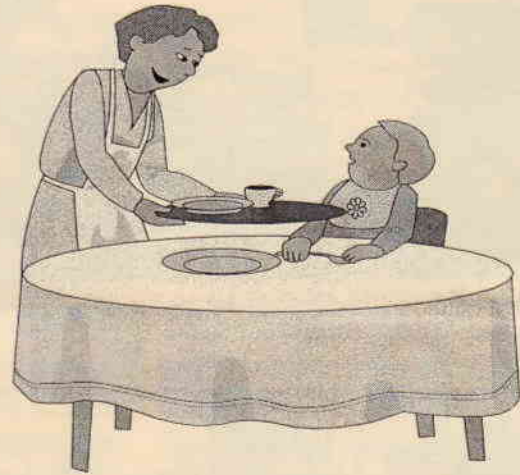
Katherine and Allan Reiter



Lisa Azure, Stephanie Northbird, Allan Reiter, Katherine Reiter, Skye Foote, Jackie Foote.



LuAnne Poitra, Gabrielle Young Bird.



Transportation News

Transportation is provided for students with clinic and medical appointments. Scheduling for these appointments are made through the Student Health Department. Transportation is also provided for other services, but you must call the Transportation Department 2-3 hours before you need to be there. If you call 10 - 15 minutes before your scheduled appointment, and the driver is on a bus run or busy, you might be asked to wait for the next scheduled bus run.

Please refer to the brochure that was provided to all students earlier in the year. It has the scheduled times for the regular bus service. The regular bus stop is at the west side of the Security Building. If you are still at the clinic after 4:30 pm, call 701-255-3285 ext. 300, which is Security or ext. 301, which is Transportation.

Thoughts for the day

"If you would love and be loved, be ready to give your all: "Love has nothing to do with what you're expecting to get -- only with what you are expecting to give -- which is everything."

-- Katharine Hepburn

"If you give your life as a wholehearted response to love then love will wholeheartedly respond to you."

--Marianne Williamson

NEWSLETTER ARTICLES

(These short, informative articles are designed to be placed in school, agency, or business newsletters as well as in church bulletins or mailings.)

Stop using words that hurt.

Emotional neglect is the least reported form of child maltreatment. If you are a parent, pay attention to your child and become aware of what emotional maltreatment is. If you work with children, learn the warning signs of emotional neglect. We must all remember that every child deserves to be loved and respected.

Warning Signs of Emotional Maltreatment in Infants and Toddlers:

- has not developed a loving, secure, and intimate relationship with the parents or caretakers
- sad or withdrawn
- angers easily
- refuses to follow directions
- gives up easily
- shows little joy or happiness

The first and most important step to preventing emotional maltreatment is to pay loving attention to the infant or toddler. They need to be read to, sung to, given many smiles and kisses, comforted when upset, and cuddled lovingly. All these activities and expressions help make infants and toddlers feel safe.

Warning Signs of Emotional Maltreatment in School Aged Children:

- has a hard time making friends
- angry and exhibits hostility
- aggressive or passive-aggressive and fights frequently with other children
- extremely dependent on others
- low self-esteem
- unable to pay attention in class
- does poorly academically
- negative about the world around them

There are ways to prevent emotional maltreatment of school aged children by both parents and caretakers. School aged children need to be recognized and talked to respectfully. They also need to spend frequent time with their parents and other positive role models; all of which will ultimately make them feel loved and special.

* * * * *

WHY ARE CHILDREN EMOTIONALLY NEGLECTED?

Most people who emotionally neglect their children are perfectly "normal." They may be rich or poor, from any race, single or married, mothers or fathers. They may have good jobs and nice homes and be very smart about most things.

But they may be having a hard time with their children. They may assume that because they are not hitting their children that they are doing okay as parents. They do not realize that love and positive attention are just as important for growing children as food, shelter and clothing.

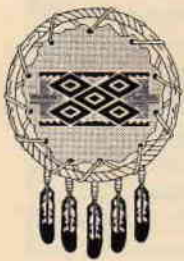
Children need to Feel Safe. They need to Feel Loved and Lovable. They need to Feel Worthwhile.

If children get the same message again and again – that they're no good, stupid, worthless – they will be Hurt. **Emotional abuse lasts a lifetime.** The children who have been hurt may get poor grades, may have problems making and keeping friends, may have eating and speech disorders. They don't like themselves. They hurt themselves and others. And often they are depressed and unhappy.

Ways to make your children feel safe, loved and worthwhile include:

1. Spend time with each child.
2. Be someone children can count on.
3. Protect children from violence.
4. Praise children's abilities.
5. Teach children how to cope with failure.
6. Help children think about and solve their own problems.
7. Respect children's feelings and thoughts.

And...**Stop using words that hurt. Start using words that help.**



United Tribes Technical College
OFFICE OF ADMINISTRATION
3315 University Drive
Bismarck, North Dakota 58504