Vol. 11 No. 8

UNITED TRIBES TECHNICAL COLLEGE \* BISMARCK, ND

January 6, 2003

### UTTC Honors 13 at Fall 2002 Program



Jacqueline Foote received congratulations upon receiving her certificate from guest speaker Dr. Zane Rising Sun.



Guest speaker for the Fall 2002 Honoring was Dr. Zane Rising Sun, who practices at the I-H-S Clinic and Hospital at Fort Yates, ND.

#### by Dennis J. Neumann

Thirteen UTTC graduates were honored during the Fall 2002 Honoring program on Friday, December 20 at United Tribes Technical College in Bismarck, ND.

Guest speaker, Dr. Zane Rising Sun, an enrolled member of the Fort Peck Sioux Tribe, said, "when one does well we all rejoice."

Dr. Rising Sun is an enrolled member of the Fort Peck Sioux Tribe and a physician with the Standing Rock I-H-S Hospital in Fort Yates, ND. He graduated from the INMED Program of the University of North Dakota.

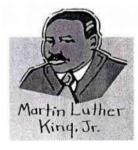
Dr. Rising Sun said that graduation or a beginning, not an end. "It's important to keep working on ourselves. Schooling and a degree are important but it's the person who goes with it that

makes it great," he said. "It's who we are, the people we become, that makes education blossom and grow."

Dr. Rising Sun also reminded the graduates that responsibility comes with education. He encouraged them to take confidence from their graduation and use it as a stepping-stone for more success in their lives.

The graduates were honored with Associate in Applied Science Degrees in eight fields of study. Criminal Justice: Billy Bell, Paiute, NV, Randi Hart, Three Affiliated Tribes, ND, and Marcus Provincial, Rosebud Sioux Tribe, SD. Construction Technology: Lawrence Respects Nothing, Rosebud, SD, and Cricket Peyron, Tule River Yokuts, CA. Computer Support: LuAnn Poitra, Standing Rock Sioux

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#### **HOLIDAY:**

Martin Luther King Jr. Day Holiday - 1/2 day vacation 1 p.m. to 5 p.m.

No classes, No work in the afternoon

#### INSIDE:

Spring 2003 Schedule: Page 3 con T-Birds January Basketball Schedule: Page 3.



## **Dennis Lucier's UTTC Diner**

Includes 2% or Skim Milk, Coffee or Tea and Salad Bar , Fresh Fruit, Vegetables. Menu subject to change

Jan. 6 -10

#### Jan. 13 - 17

М

#### DINNER

- M Chicken Fried Steak, Mashed Potatoes/Gravy
- T Oriental Chicken Stir Fry, Rice
- W Baked Chicken, Mashed Potatoes/Gravy
- T Sloppy Joe On A Bun, Baked Tater Tots
- F Chicken Nuggets, Macaroni & Cheese

#### **SUPPER**

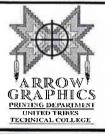
- M Meat Loaf, Baked Potato
- T Buffalo Sausage, Fried Potatoes
- W Swiss Steak, Buttered Noodles
- T Roast Pork, Mashed Potatoes/ Gravy
- F Shrimp, Wild Rice

#### DINNER

- M Beef Stroganoff, Noodles
- T Indian Tacos
- W Hamburger On A Bun, Baked Beans
- T House Special Pizza
- F Roast Pork/Gravy, Mashed Potatoes

#### **SUPPER**

- Chili
- T Bar-b-Que Chicken, Baked
- W Chicken Burger, Chicken Noodle Soup
- T Sub Sandwich, Bean Salad
- F Tater Tot Hot Dish



UTTC Newsletter is published by United Tribes Technical College 3315 University Drive Bismarck, ND 58504 (701) 255-3285, #296 campusnews@uttc.edu Jan Whiteman

# **Submit your article**

- Published Bi-weekly on a Monday.
- COPY should be about UTTC, the campus family, or related to the college.
- ♦ COPY and photo deadline is 5 p.m. on the Monday below.
- Send articles through e-mail to <a href="mailto:campusnews@uttc.edu">campusnews@uttc.edu</a>
- ◆ Submitted copy in MS WORD, TEXT (txt) only format.
- Submit photos either on disk or zip or e-mail as a JPEG, TIFF, OR EPS. Do not send PDF files. All photos should be 300 resolution.
- ♦ PLEASE EDIT AND PROOF your own copy.
- ◆ "HARD COPY" submissions may not get published
- Posters/ads or announcements will run at half-page 8 1/2" x 5 1/2" or quarter page 3 3/4"x 5".
- List a contact person and phone number with your article.
- Attached photos to articles
- Newsletter is sent nationwide. Show your UTTC spirit with great news articles.

Deadline for next issue: 5:00 pm - December 16, 2002

# Native American health and nutrition guides published tive American population is at Education Coordinator with school if effered a

Staying with a healthy diet may be more than just a matter of will power. For people in certain health isk populations, there's a need for meaningful education about nutrition and diet.

The Extension Program of United Tribes Technical College in Bismarck, ND, developed two educational esource guides that focus on health and nutrition for Native Americans. The Na-

tive American population is at risk for many nutrition related illnesses and diseases. The guides are for community health educators or others who are concerned about improving the health of American Indians through nutrition education.

The two guides are titled, Buffalo and Native American Wellness and Gifts from the Earth: Fruits and Vegetables. "The guides were designed so community members could easily follow them and offer classes and workshops," said Kimberly Hinnenkamp, LRD,

Education Coordinator with UTTC's Extension Program. "This basic nutrition information would not necessarily need to be presented by a health care professional."

A survey among tribal college students in North Dakota showed that few had ever participated in classes, programs or demonstrations that focused on nutrition and health. The survey indicated that a majority would participate in health education outside of

school if offered, according to Hinnenkamp.Numerous studies place Native Americans in higher risk categories for nutrition related illnesses and diseases such as heart disease and diabetes. Diabetes is four to eight times more common in Native Americans compared to the general U.S. population.

Both resource guides contain culturally specific nutrition education mate.
Buffalo and Native American

continued on page 3

# Native American health and nutrition guides published

Continued from page 2.

Wellness covers the historical significance of the buffalo and how ancestral lifestyles can influence healthier lifestyles today. The guide also contains modern-day cooking methods, recipes, nutritional value of buffalo meat, and food safety tips.

#### Guides Published

Gifts from the Earth: Fruits and Vegetables provides a basic understanding of the importance of eating fruits and vegetables, including the goal to eat five servings per day. It contains information about gardening and the fruits and vegetables traditionally grown and eaten by Native Americans. The emphasis on tribal culture in both guides expected to enhance receptivity among tribal audiences, said Hinnenkamp.

In terms of usability, each guide contains a complete workshop plan including presenter's notes, group activities and overheads. Both guides contain copy-ready handouts, a list of additional resources, and recipes for cultural foods.

The Buffalo guide also contains a video. Possible uses include community gatherings, diabetes education classes or support groups, and teacher in-service training.

For information about obtaining copies of the two resource guides contact Kimberly Hinnenkamp, Extension Program Coordinator, United Tribes Technical College, Bismarck, ND, 701-255-3285 ext. 397.

More Information: Kimberly Hinnenkamp, 701-255-3285 ext. 397

### **2003 Spring Class Schedule**

#### January 6th, 2003 - Monday

- ♦ Students arriving on campus may pick up housing/dormitory assignments at the Housing Department which is located in the Safety/Security Building. (For more info, call Wenelle at Ext. 415.)
- ♦ Students with children should enroll their children in the daycare or elementary school and make the appropriate contacts with Burleigh County Social Services/WIC as needed. (Center for Student Success, Ed. Bldg. Ext. 264, may assist with this.)
- ♦ 7:00 p.m. Free Movie Night in the gym. Popcorn free, soda extra! (For more info, call Lonnie at Ext. 372.)
- ♦ Students should bring a pen to take notes.

#### January 7th, 2003 - Tuesday

9:00 a.m. Welcome Address, Orientation Overview, Ice Breaker Activity (Jack Barden Center-JBC, 1st floor, for more info call Karen at Ext. 291.)

10:00 a.m. Financial Aid - All of the numbers will be explained. (JBC, for more info call Bob at Ext. 209.)

10:45 a.m. Vocational and Campus Services Fair - Meet your academic advisor and get any questions answered. Register to win prizes! (Large gym, for more info, call Karen

at Ext. 291.)

**12:00 noon** Lunch (UTTC Diner)

1:00 p.m. <u>Test of Adult Basic Education (TABE)</u>
Testing- Required of all new students. This is a timed test so it is important to be on time! (JBC, 2nd floor, for more info, call Julie at Ext. 467.)

**5:00 p.m.** Pizza and bowling at Capital Lanes. Bus leaves at 5:00 p.m. from the gym. New students and their families only. Returning by 9:00 p.m. (Call Lonnie at Ext. 372 for more info.)

January 8th, 2003 - Wednesday

9:00 a.m. Meet with academic advisor of your vocational choice, select courses, register for courses, and pick up texts at the Bookstore. (All advisors will be located in the large gym for your registration. Receive your TABE results. For more info, call Karen at Ext. 291 or Julie at Ext. 467.)

**12:00 noon** Lunch for all new students at the UTTC Diner.

1:00 p.m. Continued registration. BINGO in Education Building, Rm. 111 for those that are finished!

January 9th, 2003 - Thursday

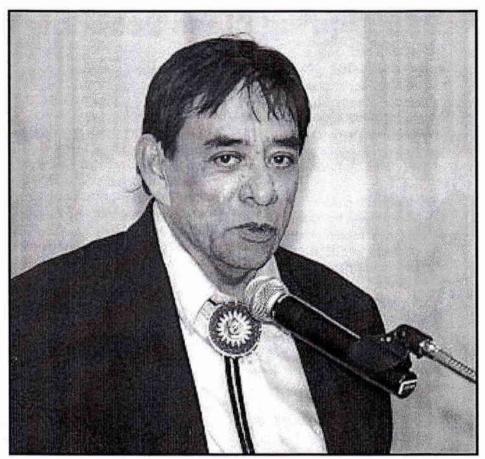
**CLASSES BEGIN!** 

#### Thunderbirds January Basketball Schedule

Jan. 4 Miles Community College,
Miles City, MT
M&W 2:00 - 4:00.
Jan. 5 Dawson Community College,
Glendive, MT
M&W 2:00 - 4:00.
Jan. 8 Lake Region State College, Devils Lake, ND
M&W 6:30 - 8:30

Jan. 10 Concordia College JV W 7:00 Jan. 14 University of Mary JV M&W 5:30 - 7:30 Jan. 17 Lake Region State College M&W 5:30 - 7:30 Jan. 19 Miles Community College M&W 2:00 - 4:00 Jan. 21 Jamestown State University JV W 6:00 Jan. 24 Williston State College M&W 5:30 - 7:30 Jan. 26 NDSCS - Wahpeton M&W 2:00 - 4:00

\*\*\*Home Games in Bold



UTTC President Dr. David M. Gipp welcomed family and friends to the fall honoring program in the lower level of the Barden Center; the room was filled.



Honored graduates in the front row, from left, are Randi Hart, Jacqueline Foote, Martin Gipp, Lawrence Respects Nothing, LuAnn Poitra, and Billy Bell.



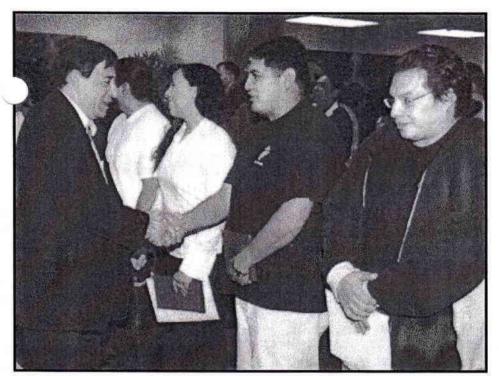
To the left is: Dennis Renville, Associate Academic Dean, called the names during the presentation of certificates and diplomas to the honored graduates.



Karen Paetz, director of the Tribal Tourism Partnership Initiative, served as Master of Ceremonies for the UTTC Fall Honoring.



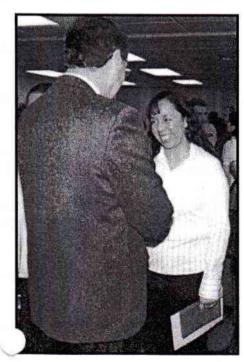
Nadine Vasquez represented the UTTC Student Senate at the honoring ceremony.



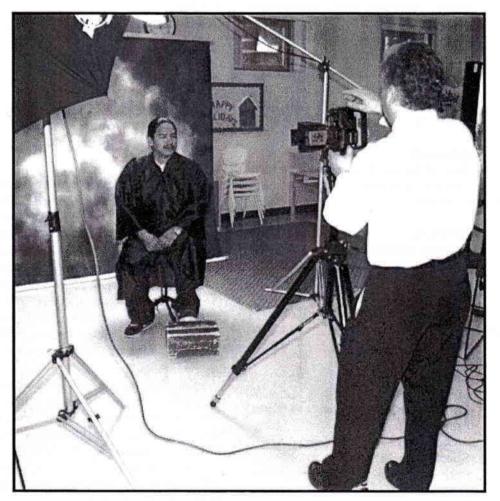
Billy Bell, Criminal Justice graduate, receives a handshake from UTTC President Dr. David M. Gipp. Marcus Provincial at right.



UTTC's Financial Aid Director Bob Parisien presented appreciaiton and recognition awards for the Fall 2002 term.



Congratulations from Associate Academic Dean Dennis Renville prompted a broad smile from LuAnn Poitra.



Following the honoring ceremony, some students, like Lawrence Respects Nothing, posed for a formal graduation photograph by Bismarck photographer Robert Knutson.

Photos by Dennis J. Neumann

# Annual Report Card SY 2001-2002

# Theodore Jamerson Elementary School Bismarck, ND 58504

Agency: Standing Rock
of School: Grant Day School
Enrollment: 133 (58)
Grades: K-8
Accreditation: State/Regional

Goals: Average Daily Attendance Rate: 91%

Rate: 91% Special Needs Students: 91.3%

Language Arts Achievement: 32.31% Partially

Proficient 66.15% Proficient 1.54%

Advanced
Special Needs Students 58.62%
Partially Proficient 41.38%
Proficient 0%

Advanced
Reading Achievement: 36.92%
Partially Proficient 60.00%
Proficient 3.08%
Advanced

Special Needs Students 68.97%
Partially Proficient 31.03%
Proficient 0%

Advanced
Math Achievement: 36.92%
Partially Proficient 60.00%
Proficient 3.08%
Advanced
Special Needs Students 65.52%

Partially Proficient 34.48%
Proficient 0%
Advanced

Staff Development:

Number of Teachers in Core

Areas: 10 Skilled in the Use of Technology: 10%

Partially Proficient 50% Proficient 40%

Advanced

Skilled in the Use of New Assessments: 30%
Partially Proficient 40%
Proficient 30%

We would like to inform the UTTC community that Theodore Jamerson Elementary School has highly qualified teachers teaching in all classrooms. Under this law, there are new state qualifications for paraprofessionals serving our school and we are pleased to report that all paraprofessionals at TJES

meet and exceed the established guidelines. If you wish further information on this issue, please see Mr. Azure at the elementary school or call him at Ext. 305.

Contact Person Sam Azure ext 305.

#### **UTTC Honors 13 Graduates**

Continued from front page.

Tribe, ND. Early Childhood: Karen Tjaden, Pukwana, SD, Kathleen Weiss, Bismarck, ND, and Denise Zenker, Bismarck, ND. Health Information: Marina Torralba, Crow Tribe, MT. Office Technology: Francis Azure, Turtle Mountain Chippewa, ND. Small Business: Martin Gipp, Standing Rock Sioux Tribe, ND. Tribal Management: Jacqueline Foote, Three Affiliated Tribes, ND. Seven of the graduates were on hand for the honoring.

The drum group Red Plains provided opening and closing songs. Karen Paetz, director, UTTC Tribal Tourism Partnership Initiative, was Master of Ceremonies.

Attendance by relatives, friends, UTTC faculty, and staff filled the lower level of the Barden Center. The event was followed by a reception and meal in the UTTC cafeteria.

# Student Health Center Calendar January to May 2003

January 7 – Orientation Booth at Jack Barden Center – New Student Orientation

January 16 & 17 – 9 a.m. daily – Monthly Headlice Screening at TJES & CDC

January 29 – Vision & Dental Screenings at Student Health– New Students at TJES

February 6 & 7 - Immunization Clinics at Student Health- Daily from 1-4 p.m.

February 12 – Custer Family Plan at Student Health - 1-5 p.m.

**February 20 & 21** – 9 a.m. daily – Monthly Headlice Screening at TJES & CDC

**March 5** – Custer Family Planning at Student Health – 1-5 p.m.

March 6 & 7 – Immunization Clinics at Student Health – Daily from 1-4 p.m.

March 20 & 21 – 9 a.m. daily - Monthly Headlice Screenings at TJES & CDC

April 3 & 4 – Immunization Clinics at Student Health Center – Daily from 1-4 p.m.

**April 7-11** – Wellness Week – Activities to be announced.

**April 9** – Custer Family Planning at Student Health Center – 1-5 p.m.

**April 24 & 25** – Daily 9 a.m. - Monthly Headlice Screenings at TJES & CDC

# United Tribes of North Dakota tribal leaders oppose Interior trust plan, call for congressional hearings at Bismarck

Bismarck, N. D. - Tribal chairmen and council delegates who sit on the United Tribes of North Dakota intertribal board met on the proposed Department of Interior/ Bureau of Indian Affairs reorganization plan on trust services and called for a congressional hearing to be held at United Tribes Technical College, Bismarck, N. D. They met December 21, 2002.

Tribal leaders remain unanimously opposed to the BIA plan saying there has been inadequate consultation with Indian tribes. According to tribal leaders, the plan also separates services and government authority belonging to local BIA and tribal agencies, as well as undermines tribal rights.

Chairman Charles W. Murphy, Standing Rock Sioux Tribe, who chairs the United Tribes of North Dakota called for a resolution introduced by Tex Hall, chairman of the Mandan, Hidatsa and Arikara Nation and president of the National Congress of American Indians, urging a special congressional oversight hearing to review the objections and comments. UTND calls for hearings by Indian tribes about the BIA, Department of Interior plan.

Chairmen Andrew Grey, Sisseton Mahpeton Sioux Tribe of Lake
Traverse, Phillip Longie, Spirit Lake
Dakota Sioux, and Richard Monette,
Turtle Mountain Band of Chippewa
and tribal delegates voted for the
resolution. It was also recommended
that each tribe pass similar
resolutions and send them to
members of congress.

The plan was submitted by the Department of Interior without tribal blessings by outgoing assistant secretary of Indian Affairs Neal

McCaleb following a year long consultation task force which could not agree with Interior/BIA plans. The Department of Interior has requested \$5.0 million to implement the plan which was submitted to the U. S. District Court in the District of Columbia as a result of court orders in the case of Cobell, et al, v. Secretary of Interior. Over \$3.0 billion of trust income for the past 80 years remains unaccounted for by the BIA, and belongs to individual Indian account holders and tribes across the nation.

The plan, submitted in November by the government agency, reorganizes federal trust services but also impacts on other government services provided by the BIA.

For further information, contact (701) 255-3285, extension 208.

# United Tribes Of North Dakota Board seeks restoration of North Dakota Indian education

Bismarck, N. D. - Tribal leaders recently convened as the United Tribes of North Dakota, an intertribal board, at the United Tribes Technical College and passed a unanimous resolution urging that North Dakota State Superintendent of Public Instruction, Wayne Sanstead, restore the state Indian education director position, immediately.

The tribal leaders cited the paramount need of tribal children and a growing population throughout the state along with the acute need to address high drop out rates, and academic achievement in schools serving Indian children.

Chairman Tex Hall noted the critical need for schools serving tribal children to effectively address President ush's new "No Child Left Behind" legislation, which demands greater attainment of standards and accountability by schools.

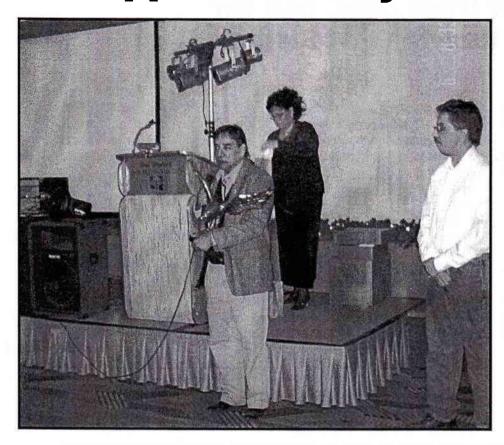
Chairmen from each of the primary four of five tribes located in North Dakota were concerned about the possible loss of funds under the new law, particularly if student counts were not fully credited or that standards were not being met as set out by the government, states or local education boards. Tribal leaders noted the need to maintain a strong relationship with the Department of Public Instruction, particularly as changes from the December 27, 2002, United Tribes Board Seeks Restoration of N. D. Indian Education Post national level begin to impact on states, local school districts and tribes.

Murphy noted that since Dr. Sanstead's office is an agency independent of the governor's day to day administration, it needs to maintain and honor the tribal-state, government-to-government relationship through a state Indian education office and director.

Sanstead eliminated the post in 2001 saying that budget constraints were the cause. He has said duties of this post were picked up by other offices. The United Tribes of North Dakota is comprised of the tribal chairs and another tribal council delegate from the five tribes including: The Sisseton Wahpeton Sioux Tribe of Lake Traverse, The Spirit Lake Dakota Tribe, The Standing Rock Sioux Tribe, and The Turtle Mountain Band of Chippewa.

The tribes first unified in the early and mid-1960's to protect their criminal and civil jurisdictions from state encroachment, and in 1968 created what is now the United Tribes Technical College. The tribal leaders serve as the board for both the College and the intertribal organization. For further information contact (701) 255-3285, extension 208.

# Dr. Gipp honored by staff and faculty





The UTTC staff and faculty took the opportunity during the annual Christmas party in early December to surprise Dr. David M. Gipp, UTTC President, with a special gift. In honor of his 25th year of service to the college, he was presented with an eagle sculpted in copper. Dr. Gipp was touched by the gesture and almost rendered speechless. The affection and admiration that the staff holds for their leader was expressed by Dean of Student and Campus Services, Russell Swagger, who made the presentation.



**United Tribes Technical College**Office of Administration
3315 University Drive
Bismarck, North Dakota 58504