Vol. 11 No. 12

UNITED TRIBES TECHNICAL COLLEGE \* BISMARCK, ND

March 3, 2003

## AIHEC conference set for Fargo, North Dakota

Bismarck, ND -The annual conference of the American Indian Higher Education Consortium is scheduled for '4arch 27 to April 1 in Fargo, North akota. Two thousand American Indian educators and students from the nation's 33 tribal colleges and universities are expected to attend. The theme of the conference is "E=TCU 30th," Education equals Tribal Colleges and Universities to the 30th power, a reference to the 30th anniversary of tribal colleges.

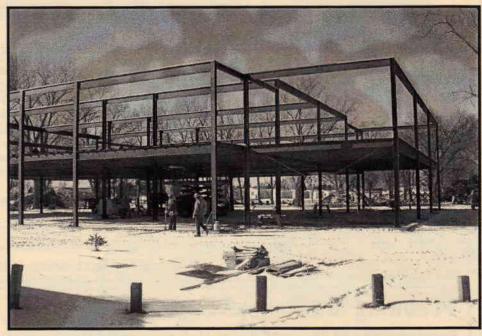
The conference opens on Thursday, March 27 with an evening reception at 5 p.m. at the NDSU Alumni Center hosted by NDSU President Joseph A. Chapman.(See AlHEC Schedule on page 9.)

Most of the conference activities are divided between two hotels and meeting centers in the southwest part of Fargo. Workshops, booths, and the conference powwow are planned for the Ramada Plaza Suites and Conference Center, 1635 42nd Street Southwest. Early conference registration is available there all day Friday, March 28.

Student competitions and award nners take place at the Holiday Inn Convention and Resort Center, 3803 13th Avenue South. Competitions are scheduled in business, speech, art, web

Continued on page 3

## **Dorm Construction Ahead of Schedule**



You won't be seeing the steel skeleton of the new dormitory building much longer. Construction contractors are about to begin installing concrete panels and the roof assembly. The project is ahead of schedule.

Bismarck, ND - Construction is about one to two weeks ahead of schedule on the new, single student dormitory building, according to UTTC's building project coordinator.

"Steel work is at completion and the contractor is about to begin installing concrete panels and the roof assembly," said Russell Swagger, Dean of Student and Campus Services. "We're very satisfied with what's happening."

All signs are good for completion of the \$2.6 million project by late summer, prior to start of the fall term. At 28,000 square feet, the new building will contain living and study space for 86 students, thereby helping to alleviate a

campus housing shortage. A second, similar dormitory building is on the drawing board.

Within a short time the building will be enclosed and workers will focus on "the remaining package," said Swagger, including contracts for the building's interior features and furnishings.

Continued on page 3.

#### Inside:

Following the Money page 2.
On-line communication page 4.
Tutor Schedule page 6.
Dream Catcher yearbook page 6.



## **Dennis Lucier's UTTC Diner**

Includes 2% or Skim Milk, Coffee or Tea and Salad Bar, Fresh Fruit, Vegetables. Menu subject to change

#### March 3-7

#### .....

## DINNER Spaghetti w/Meat Sauce

- T Steak Sandwich, Oven Baked Potato
- W Oven Baked Chicken
- T Buffalo Burger On A Bun, Baked Fries
- F Grilled Cheese Sandwich, Tomato Soup

#### SUPPER

- M Baked Ham
- T New England Dinner
- W Salisbury Steak, Boiled Potatoes
- T Braised Beef, Egg Noodles
- F 4oz. Fish Fillet, Oven Baked Potato Wedges

#### DINNER

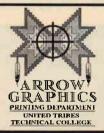
- M Chili, Garlic Toast
- Taco Salad Bowl, Baked Chips
- W Swedish Meatballs, Gravy over Noodles
- T French Dip w/Aus-Jus, Chips
- F Knoephle Soup, Chicken Salad Sandwich

#### SUPPER

- M Roast Beef, Mashed Potatoes
- Bar-b-Que Chicken, Baked Potatoes
- W Pizza

March 10-14

- T Chicken Breast, Wild Rice
- F Burritos, Spanish Rice



UTTC Newsletter is published by United Tribes Technical College 3315 University Drive Bismarck, ND 58504 (701) 255-3285, #296 campusnews@uttc.edu Jan Whiteman

## **Submit your article**

- Published Bi-weekly on a Monday.
- ♦ COPY should be about UTTC, the campus family, or related to the college.
- ♦ COPY and photo deadline is 5 p.m. on the Monday listed below.
- ♦ Send articles through e-mail to <a href="mailto:campusnews@uttc.edu">campusnews@uttc.edu</a>
- ♦ Submitted copy in MS WORD, Must be sent as an attachment as TEXT (txt) only format.
- Submit photos either on disk or zip or e-mail as a JPEG, TIFF, OR EPS. Do not send PDF or DOC files. All photos should be 300 resolution.
- ♦ PLEASE EDIT AND PROOF your own copy before sending.
- "HARD COPY" submissions may not get published.
- Posters/ads or announcements will run at half-page 8 1/2" x 5 1/2" or quarter page 3 3/4"x 5".
- List a contact person and phone number with your article.
- Attach photos with captions to articles
- Newsletter is sent nationwide. Show your UTTC spirit with great news articles.

Deadline for next issue: 5:00 pm - March 10, 2003

## **Following the Money**

Scholarships and Student Financial Information by Bob Parisien, Student Financial Aid Director

The deadlines are just ahead for several important funding opportunities that could mean support for your education. Check out these and see if you qualify. Find more information by using the phone numbers or web site addresses listed, or contact my office at extension 209. These opportunities are meant for UTTC students!

**NAME**: Talbots Women's Scholarship Fund



**D-LINE:** Postmarked March 3, 2003 or until 1,000 apps received

**ELIGIBILITY:** 

Women enrolled or planning

to enroll, full or part time, undergrad in an accredited 2 or 4 year college, university or vocational-technical school; Attending the fall 2003 academic year and receiving a degree no earlier than May 2004.

CONTACT:

Deb Johnson, 507-931-1682, www.talbots.com

NAME: National D-A-R American Indian Scholarship

D-LINE: July 1 for fall 2003, November 1 for spring 2004 ELIGIBILITY: Native American with financial need; GPA minimum 2.75

AWARD: \$500 one time CONTACT: Charlotte F.

Eggler, Natl, Vice-Chair, 2 0 8 - 3 7 5 - 1 0 8 6, ceggmsncom@msn.com

NAME: USA Funds - Access to Education Scholarship

D-LINE: March 15

ELIGIBILITY: Full or half time undergrads, accredited 2 or 4 year college or vocational-technical school, adjusted gross family income less than \$35,000 annually, ethnic minority students are targeted applicants

**AWARD:** \$1,500 full time \$750 half time annually

CONTACT: 800-537-4180, www.usafunds.org

#### **AIHEC Conference**

Continued from front page

site technology and the tribal knowledge bowl. Winners will be recognized a student awards dinner at 6:30 p.m. on Tuesday, April 1st, followed by a student dance, the concluding event of the conference.

Other highlights of the conference are a "Meet the Author" student luncheon on Monday, March 31 at 12 noon in the Holiday Inn with Bea Medicine, Ph.D., author and university educator who lives on Standing Rock. A film festival is scheduled Sunday, March 30 at 7:30 p.m. at the Fargo Theater, 314 Broadway in downtown Fargo.

Other meetings associated with the conference include the AIHEC spring board of directors meeting March 25 to 28 at the Ramada Plaza, a coaches meeting at the Ramada Plaza on Saturday, March 29 at 3 p.m., a national symposium on facilitating research opportunities for Native Americans on Friday, March 28 at the Ramada Plaza Suites, and a meeting the same day for tribal college information technology personnel.

More information about the conference and registration forms are available on the website of the North Dakota Association of Tribal Colleges, www.ndatc.org

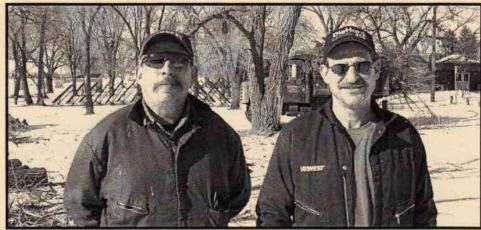
The conference is hosted by the NDATC, which includes Cankdeska Cikina Community College, Fort Berthold Community College, Sitting Bull College, Sisseton Wahpeton College, Turtle Mountain Community College, and United Tribes Technical College.

## Dorm construction ahead of schedule

continued from front page.

Construction is taking place on an accelerated timetable that calls for periodic bid lettings. A pre-bid conference was held on February 18 to describe

the remaining bid projects. We want to attract the interest of minority contractors who may be interested in the remaining work, said Swagger.



Tackling the tree removal task were UTTC employees Joseph Many Bears at left, and Mike Stockert.



The building project necessitated removal of a small number of trees to locate the building's heating system, which relies on a series of ground source heat pump wells. Wood from the trees will be saved and used for cultural ceremonies, including sweats.

## **Turtle Mountain hosting AIHEC hoops tourney**

Turtle Mountain Community College at Belcourt, ND is hosting the annual AIHEC basketball tournament March 21 to 23. The tournament is double elimination and the rules are similar to previous years.

"This will be a great tournament," aid Steve DeCoteau, tournament organizer. "If you're interested please call me as soon as you can to make arrangements."

DeCoteau says that Belcourt has "more than adequate facilities" to hold the tournament, with access to five gymnasiums.

- 1. TMCC gym has a wood floor and seats 600 people.
- 2. High School gym has a wood floor and seats 400 people.
- 3. Middle School gym has a wood floor and seats 300 people.
  - 4. Ojibwa gym has a tile floor and

seats 200 people.

5. Fitness Center gym has a wood floor and seats 100 people.

DeCoteau says that lodging is available in Belcourt, Rolla, Dunseith, Bottineau, and Rolette. Contact him for more information about team registration and hotel accommodations at 701-477-7841 or 701-477-7862, or e-mail sdecoteau2000@yahoo.com.

# Communication Online

by Leah Woodke, Director of Distance and Continuing Education

"Speaking" on the Internet is different than speaking to others in person. A new vernacular has developed with its own rules and expressions. Emotion and intent can be difficult to express in written form, but people generally like to include these when communicating. Here are some expressions, called emoticons, used in online communication:

- LOL means "laugh out loud" or "lots of luck"
- :-) means a smile or happy
- :-)) means really happy
- ;-) means a playful wink
- HTH means "hopes this helps"
- <J> means "joking"

You can find information about emoticons all over the Internet, but here are a few sites that might interest you:

http://www.pb.org/emoticon.html or http://www.muller-godschalk.com
(click on the "smileys" link). You can have fun with this, but it is important that those with whom you communicate online have a common understanding of the emoticons you use.

Email is the most efficient ways for an online instructor to communicate with the online learner. Sometimes that is difficult when using a free email provider like Hotmail, Yahoo, or Excite. These free email addresses seem to attract "spam mail". Spam mail is the equivalent to the junk mail we receive through the postal service. Free email accounts have limited space. That means that once the email inbox is full, you cannot receive any more mail. If you are an online learner, be sure to empty your email box frequently. Some people can receive 100 or more junk emails per day. This can fill an account quickly. It helps to use the filter function, but the junk mail still counts toward your maximum account size. Make sure you keep enough open space to receive email from your instructor.

If you would like more information about online education at United Tribes Technical College, contact:

#### Leah Woodke

Director of Distance & Continuing Education

Telephone: 701-255-3285 ext. 339

Email: <a href="mailto:lwoodke@uttc.edu">lwoodke@uttc.edu</a>

Barbara Archambault, Online Learner

**Support Coordinator** 

Telephone: 701-255-3285 ext. 431 Email: barchambault@uttc.edu

Check the United Tribes Technical College website <a href="www.unitedtribestech.com">www.unitedtribestech.com</a>
The UTTC Online Education website <a href="www.uttc.edu">www.uttc.edu</a>
Request Brochures: Distance & Continuing Ed. Dept. Building 35 3315 University Drive Bismarck, ND 58504

## Heart Healthy Seminar, was splendid..

by Eileen Ereth, RHIT HIT department

Eileen attended the "heart healthy" seminar last week. Eileen wanted to **thank** all the departments who, "did a splendid job!" The seminar was excellently organized and presented. Eileen stated she learned valuable information on how to keep her "heart healthy."

She would like us all to remember some keys points she picked up from the seminar. 1) proper diet and 2) exercise **are** the keys to a healthy heart.

A warm thank you again to the departments that took time out to present this important information to us.

## Grant Aid Scholarship Workshops Student Support Services

(For all students enrolled in the following classes at the Jack Barden Center)

Prep Math Prep English Prep Reading

Wednesday, March 19, 2003 6:00-7:00 Tuesday, March 25, 2003 6:00-7:00 Thursday, March 27, 2003 6:00-7:00

\*Scholarship amount depends on participation\*

No Children - Please make necessary arrangements (Infant Toddler Center open Monday-Thursday 6-9 for children up to 10 years of age)

## **H.I.T. Student Club a Success!**

Their Future's So Bright, They Have To Wear Shades!

To show our deep appreciation for the H.I.T. student Club, the H.I.T. instructors would like to celebrate their hard work by publishing this news article.

This years H.I.T. student club has been a **working machine!** The group has single-handedly produced quality and **tasty** fund raising products. They have doubled their funds. All this has been done with very little instructors assistance. We are very proud of the group.

Thank you to all the students, from the instructors; Karla, Eileen, Rondeena and Shawna. Keep up the excellent work!

## **ARE YOU IN NEED OF A TUTOR? HERE THEY ARE!**

You will find tutors in the Jack arden Center,

Education Building and the Skill Center

Check the newsletter for the Tutor Schedule.

REMEMBER MIDTERMS ARE IN THREE WEEKS!!!

FOR MORE INFORMATION CALL MONICA AT EXT. 466

This is a full view of all UTTC Tutors. We missed a couple in the last issue, sorry

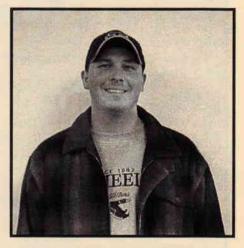
Peer Tutor Schedule on Page 6.



Chris Harrison, Office Technology



Geri Fischer, Office Technology



Glen Delorme, Criminal Justice



Karina Merrick, Health Information Technology and Math



Kelly Archambault, Food & Nutrition, Algebra, Chemistry, and General Education



Pete Bass, Business Management



Pete Ducheneaux, Nursing and Math



Rhonda Yankton, Office Technology and Math



Tracy Shelltrack, Automotive Technology

#### **Peer Tutor Schedule** Monday Tuesday Wednesday Thursday Friday 8:00 Tracy Tracy Tracy Тгасу Tracy (AutoDept) (AutoDept) (AutoDept) (Auto Dept) (AutoDept) Tracy 9:00 Tracy Tracy Tracy Tracy (AutoDept) (AutoDept) (AutoDept) (AutoDept) (AutoDept) Pete D (JBC) Mechelle Mechelle Mechelle (EdB) (EdB) Mechelle (EdB) (EdB) Kristin (SC) Kelly (SC) Pete B (JBC) 10:00 Kristin (SC) Geri (EdB) Karina (EdB) Kelly (SC) Geri (EdB) Karina(EdB) Geri (EdB) Mechelle(EdB) Karina (EdB) Pete D (JBC) Mechelle(EdB) Chris (EdB) Rhonda(JBC) Mechelle Karina (EdB) (EdB) Mechelle(EdB) Pete B (JBC) Kelly (SC) 11:00 Kristin (SC) Kristin (SC) Kelly (SC) Pete D (JBC) Chris (EdB) Rhonda(JBC) Glen (SC) Glen (SC) Glen (SC) NOON Glen (SC) Glen (SC) Mechelle (Ed Mechelle (Ed) Kelly (JBC) Kelly (JBC) Kelly (SC) Kelly (SC) Rhonda Glen (SC) Pete B (JBC) Glen (SC) Pete B (JBC) (JBC) 1:00 Glen (SC) Glen (SC) Glen (SC) Pete D (JBC) Karina (EdB) Pete B (JBC) Kelly (JBC) Pete B (JBC) Rhonda(JBC) 2:00 Kelly (JBC) Karina (EdB) Karina (EdB) Karina (EdB) Karina (EdB) Geri(EdB) Geri (EdB) Geri (EdB) Geri (EdB) 2:30 Pete B (JBC) Pete B (JBC) Geri (EdB) 3:00 Geri (EdB) Chris (EdB) Pete D (EdB) Chris (EdB) Chris (EdB) Rhonda (JBC) Geri (EdB) Chris (EdB) Pete B(JBC) 4:00 Chris (EdB) Pete B (JBC) Chris (EdB)

SC = Skills Center - JBC = Jack Barden Center -EdB = Education Building

Terrance

(JBC)

Kristin

Geri (EdB)

Pete D (EdB)

Pete D

Geri (EdB)

## Tips from the Walking Circle

by Mark L. Mindt

Here is an article I borrowed from Stephanie Oakes, USA Weekend. It was in the Feb. 21-23, 2003 edition.

Optimize your cardio training

How long do I need to cardio-train before I see results? I've been at it for two weeks now.

A:

The results you'll see from your cardio efforts (fat burning and weight loss) depend on the time, intensity, frequency and type of training you do. The improvement to your heart and lungs, however, is almost immediate.

For the fastest results, increase the difficulty level of your workout by increasing any of the above, and you'll see rapid progress. Also, set goals for yourself based on increasing your endurance, losing weight/fat/inches, lowering your resting heart rate or perfecting a specific sport or activity. Be aware that as you increase your cardio work, you'll be burning more calories, which will increase your hunger in the beginning. You can keer the pangs away by eating healthfulow-cal snacks throughout the day.

For more information of Physical Fitness or Wellness, contact UTTC's Physical Fitness Specialist, Mark L. Mindt at ext 239. "With the right attitude...anything is possible!"

## **UTTC Dream Catcher Yearbooks now on sale!**

Chris (EdB)

The UTTC Yearbook staff has been hard at work getting ready to produce the first edition of the Dream Catcher. Approximately eight students have been diligently working to catch the year in pictures. Verleen Holds, first year Criminal Justice student from Crow Agency, was selected in September to be the editor. Assistant editors are Tracy Shelltrack, a second year Standing Rock Automotive student, and Geri Stewart, a second year Crow Agency Office Technology student. Nicole Gagnon, first year Turtle Mountains Small Business Management student has been in charge of advertisement and yearbook sales.

Rhonda (JBC)

Geri (EdB)

Rhonda

Kristin

Rhonda

4:30

5:00

**JBC** 

Evening

**JBC** 

6-9PM

Many students had their individual pictures taken prior to getting their text-



Nicole Gagnon, first year small business student holding up the UTTC yearbook, Dream Catcher.

books this semester, but regretfully many were missed. If you are one of those students that did not get their picture taken, please stop by Advisor Karen Siegfried's office in the Education Building by March 21 so that we can put your friendly face in the year-book!

Each hard covered yearbook sells for the low price of \$15.00. The Dream Catcher staff is now taking orders, as a limited number will be sold. The yearbooks will be printed by Jostens and will be ready for distribution in September. You may contact Verleen Holds, Nicogagnon, or Karen Siegfried if you wish to purchase a yearbook. Stipend/workstudy/payroll deductions are available.

## **February is American Heart Month!**

by Kim Hinnenkamp, LRD

## Leart Healthy Eating: Aking Sensible Fat Choices

Choosing the right types and amounts of fat for good health can seem confusing. All those numbers can be difficult to understand, and sometimes the experts seem to flip-flop their advice on a daily basis.

The good news is that sensible fat choices are easier and better tasting than most people imagine. Healthy adults and kids do not have to follow a restrictive, fat-free diet or give up their favorite foods.

As you make food and menu choices for your family, moderation and balance are two words to keep in mind. All foods, even high-fat foods, can be enjoyed in moderation. Just don't overdo it!

Experts do agree that your best bet is to balance higher fat foods with lower fat choices. It is also important to balance the different types of fat you cat

NOTE: If you have heart disease or a family history of heart problems, talk with your health care provider or a registered dietitian (RD) to choose the right eating plan for you.

#### Ten easy ways to eat less fat.

#### 1. Choose LEAN MEATS.

It's easy to cut back on fat and still enjoy the ZIP (zinc, iron and pro-

tein) found in beef and pork. Choose cuts from the round and loin, like sirloin or top round, and use low-fat cooking methods like grilling or roasting.

#### 2. Choose SKINLESS POULTRY.

Trimming the skin and fat - before or after cooking - from chicken and turkey removes most of the saturated fat. Choosing white meat rather than dark meat will reduce your fat intake even farther.

#### 3. Choose FATTY FISH.

The omega-3 fats in fish help protect against heart disease, arthritis and other problems. For a rich source, choose fattier fish (herring, salmon, mackerel and bluefish). Even canned tuna is a reasonably good source.

#### 4. Choose EGGS OCCASIONALLY.

Moderation is one of the keys to sensible choices. Go easy on high-cholesterol foods like egg yolks, liver and other organ meats. A daily egg yolk probably has little effect on the heart disease risk of healthy people.

## 5. Choose LOW or FAT-FREE MILK PRODUCTS.

Your dairy case is packed with reduced-fat, nutrient-dense options. To maximize calcium and protein and minimize saturated fat, choose fat-free or low-fat milk, yogurt, cottage cheese, "half and half" and ice cream.

## 6. Choose REDUCED-FAT or SHARP CHEESE.

Look for natural part-skim

cheeses like mozzarella and low-fat types, like 2% cheddar. When you use full-fat cheese, choose sharp (for more flavor with smaller amounts) and shredded (small amounts go farther).

## 7. Choose COOKING SPRAYS for frying and baking.

Today's cooking sprays are more versatile than ever - with olive oil, garlic and lemon-flavored varieties. Use them to coat frying and baking pans - and to keep meats and veggies from sticking to the grill.

## 8. Choose SOFT SPREADS and MARGARINES.

If you use very small servings, it's probably ok to use any spread, even butter. To minimize saturated and trans fats, choose tub, liquid or spray instead of stick spreads. Look for margarines labeled as "trans-free."

#### 9. Choose LIGHT DRESSINGS.

Choosing salad dressings sensibly means going light on the amount you use and finding a light variety that you enjoy. To cut back on dressing even more, sprinkle on a spoonful of flavorful cheese, nuts or seeds.

#### 10. Choose LOW-FAT TOPPINGS.

The saturated fat in whipped cream, sour cream and cream cheese can add up quickly. However, there's no need to give up flavor, taste or pleasure. Choose a low-fat variety and enjoy in sensible portion sizes.

Source: Eat Right Montana Packet, February 2001

### **BOOKSTORE NEWS**

The Bookstore now sells Money Orders. The fee is .50 cents per money order. All orders are cash only and all sales are final.

New Items:

\*Toddler "Handprint" T-shirts-

7

Coming Soon:

\*New Design T-shirts with matching Shorts- 3 styles/colors to

choose from.

\*New Visor Hats- comes in 4 different styles/colors.

#### Old Faves:

- \*Feather T-shirts
- \*Polos
- \*Crew Sweatshirts
- \*Phone cards- \$5, \$10, \$20
- \*Greeting cards
- \*Posters

#### \*Journals

Just a little reminder to all students and staff: You can easily charge any/all items to your stipend or payroll, excluding money orders.

The Bookstore is located in the lower level of Jack Barden Center.

Bookstore hours are; 8:00-12:00 & 1:00-5:00, Monday through Friday. You can reach us at ext. 460.





January 31, 2003

Dr. David Gipp, President United Tribes Technical College 3315 University Drive Bismarck, ND 58504

Dear Dr. Gipp:

On behalf of Dan Jordan, President, of the Thomas Jefferson Foundation and its trustees and staff, I am writing to thank you for your participation in the commemoration of the Lewis and Clark expedition at Monticello. Butch Thunder Hawk and Wayne Pruse were instrumental in making our exhibition "Framing the West at Monticello" a tremendous success. We could not be more pleased with the transformation of Monticello's Entrance Hall into Jefferson's "Indian Hall."

The Monticello-Peabody-United Tribes Technical Collection project not only recreated the lost works of art but also forged new friendships. The works of art by Butch and his students have taken on a powerful meaning for us. We regard them, as Jefferson thought of them, as "tokens of friendship."

I am very sorry that we didn't have an opportunity to meet but I much enjoyed getting to know Karen and Sherry, who were both great representatives of the College. I will always treasure the Sioux Star blanket that was presented to me.

We look forward to your return to Monticello.

With best wishes,

Susan R Stein

Cc: Ms. Chew

Mr. Jordan

Mr. Pruse

Mr. Thunder Hawk

THOMAS JEFFERSON FOUNDATION, INC.
POST OFFICE BOX 217
CHARLOTTESVILLE, VIRGINIA 22902
PHONE 434 984.9822 FAX 434 977.6140
WWW.monticello.org

#### AMERICAN INDIAN HIGHER EDUCATION CONSORTIUM CONFERENCE

March 27 - April 1, 2003

Ramada Plaza Suites and Conference Center

Fargo, North Dakota THEME: E=TCU 30th

AIHEC Spring Board of Directors Meeting & Committee Meetings-March 25-28

Ramada Plaza

March 27 (Thursday) Presidents Reception-Hosted by NDSU President Chapman-NDSU Alumni Centel

5:00-8:00 p.m.

Early Registration - Ramada Plaza - 8:00 a.m.-5:00 p.m. March 28 (Friday)

National Symposium on Facilitating Research Opportunities for Native American

Land Grant TCU'S & Colleges/Universities-Ramada Plaza -

9:00 a.m.- 5:00 p.m.

STEM Pre-Conference Workshop for TCU Information Technology Personnel (By

Invitation) - Ramada Plaza - 8:30 a.m. -5:00 p.m.

March 29 (Saturday) Registration - Ramada Plaza - 8:00 a.m.-5:00 p.m.

E-Portfolio Workshop -Faculty-Ramada Plaza - 8:30 a.m.-12 Noon

STEM Pre-Conference Workshop for Presidents, Deans & Finance (By Invitation)

Ramada Plaza - 8:30 a.m.-5:00 p.m. Coach's Meeting - Ramada Plaza - 3:00 p.m.

Powwow - Ramada Plaza - 7:00 p.m.

March 30th (Sunday) Students Competitions - Holiday Inn - 9:00 a.m.- 4:30 p.m.

Booths - Ramada Plaza & Holiday Inn - 8:00 a.m.-5:00 p.m.

President's Reception (For the Conferees)- Ramada Plaza - 5:30 p.m.

Film Festival - Fargo Theatre - 7:30 p.m.

March 31st (Monday) Opening Session - Ramada Plaza - 8:45 a.m.

> Workshops - Ramada Plaza - 10:00 a.m.-5:00 p.m. Students Competitions - Holiday Inn - 10:00 a.m.-5:00 p.m.

"Meet the Author" Student Luncheon. Bea Medicine, Ph.D., Author - Holiday Inn

12 Noon

Faculty Luncheon - Ramada Plaza - 12 Noon

E-Portfolio Workshop-Faculty - Ramada Plaza - 1:00 p.m.-5:00 p.m.

Booths - Ramada Plaza & Holiday Inn - 8:00 a.m.-5:00 p.m.

Banquet - Ramada Plaza - 6:00 p.m.

April 1st (Tuesday) Opening Session - Ramada Plaza - 8:45 a.m.

> Workshops - Ramada Plaza - 10:00 a.m. - 5:00 p.m. Students Competitions - Holiday Inn - 10:00 a.m.-5:00 p.m. Booths - Ramada Plaza & Holiday Inn - 8:00 a.m.-5:00 p.m.

Student Awards Dinner - Holiday Inn - 6:30 p.m. Student Dance - Holiday Inn - 9:00 p.m.

niThe Theme E=TCU embodies the idea that Education equals Tribal Colleges and Universities to the 30th Powe 30th Anniversary.

(Updated 01/14/03)

## **Student Finds National Web Based** Test Mistake....

by Shawna Z. RHIT

One of the Health Information Students (who is too modest to be mentioned by name) was not sure how this question on a web based test was incorrect. She was puzzled and asked the instructor.

Together, they reviewed and found the answer to be in error.

So what is so exciting about this? This web based exam is written by H.I.T. professionals and doctorates. This student took the time to question an authority figure! So whenever in doubt, ask guestions.

The end result was the student was correct and the web based learning company had to take time to evaluate and then correct the test.

We are so proud of students that take the time to question. Questions lead to life long learning

## **ADNET** Systems, Inc.

Now Accepting Application for Summer 2003 Internship. Program Description: ADNET contracted government agencies to recruit, hire, and support student interns

NASA Visiting Student Enrichment Program (VSEP)

Department of Transportation Minority Serving -Institutions and Educational Partnerships(MSI)

NASA High Performance Computional Earth and Space Sciences Summer School (HPC-ESS)

Location:

NASA, MSI, and HPC ESS Goddard Space Flight in Greenbelt MD(Near Washington D.C.)

Department of Transportation Washington DC as well as field locations.

Enrollment Status/Requirements: High School through Graduate School.

Students must be enrolled in school and maintain a 3.0 GPA.

continued on page 11.

# AIHEC - E=TCU30 TWENTY SECOND ANNUAL CONFERENCE ON INDIAN EDUCATION MARCH 28 - APRIL 1, 2003 RAMADA PLAZA SUITES AND HOLIDAY INN, FARGO, NORTH DAKOTA

#### **STUDENT REGISTRATION FORM - AIHEC 2003**

Deadline date for pre-rec	istration: Marc	h 1, 2003		
College Name:		Pre-Paid	Late/On-Site	Daily
Contact Name:		Registration	Registration	Registration
Box # -or- Address:		Postmarked	Postmarked	
City, State Zip code:		by 03-01-03	after 03-01-03	
Telephone Number:	Student Fee:	\$100.00	\$125.00	\$ 50.00
E-mail Address:	Bowling Fee:	\$ 50.00	\$ 50.00	
* Competition #			with Registrati	ion Form to:
1 Art 2 Business	Sisseton Wahpe	ton College - All	HEC Conference	
3 Critical Inquiry/Problem Solving 4 Handgames 5 Knowledge Bowl	P.O. Box 689			
4 Handgames 5 Knowledge Bowl 6 Mr/Mrs AIHEC	Sisseton, SD 572 Telephone num		066	
7 Science/Traditional Edible Plants	relephone num	List student	Does student	Competition:
8 Speech 9 Technology/Web Site Design		enrollment:	have eligible	Fill in the # of
10 Billiards 11 Volleyball 12 Bowling	Registration	F=Full H=Half	2 OU CDV 3	each comp.
13 Bowling (Faculty/Staff/Board ONLY)	Fee	B=Below Half	Y=Yes N=No	participating.
Name			103 11-110	
EXAMPLE: DOE, John	\$ 100.00	Н	Υ	3,11
EX IIII EE. DOLJOIII	3 100.00			3, 11
1	\$			
2	\$ .			
3	\$ .			
4	\$			
5	\$			
6	\$			
7	\$			
8	\$ .			
9	\$			
10	\$ .			
* COMPETITION NOTE:			FOR SWC U	ISE ONLY:
	Students who are permanent, full-time employees are NOT eligible to compete in			
competitions #1-through-12, but they may participate in competition #13.  Check #:  Registration Fee write 0.00 (zero).  Check #:  Amount:  Receipt #:				
			\$	
Registrar Eligibility Certification Statement:  By my signature below, I hereby certify that the student(s) listed above meet the eligibility requirements for participation in the competition at the 2003 AIHEC Conference.				
Signature:	Date:			
Print your Name and Title:				

# All American Scholars

<b>Q</b> )		
	Sem	Cum
Barbara Abrams	3.76	3.76
Kelly Archambault	3.63	3.22
Toni Arcoren	3.83	3.58
Nancy BigCrow	3.81	3.64
Merry Brunelle	3.15	3.09
Dennisia Campbell	3.93	3.93
Luann Carry Moccasi	n3.69	3.69
Cheryl CircleBear	4.00	4.00
Delmar Clown Jr.	3.50	3.50
Valarie Davis	3.50	3.50
Teata Decorah	4.00	4.00
Dawn Decoteau	3.89	3.89
Deann Driver	3.71	3.71
Leighton Eagle	4.00	3.74
Geri Fischer	4.00	4.00
Ashley Flynn	3.56	3.56
Andrea Gladson	4.00	4.00
Shelly Halsey	2.60	3.07
Elizabeth Hamilton	4.00	4.00
Akson Hamilton	3.66	3.71
Jessica Hamilton	4.00	4.00
Caroline Hankinson	4.00	4.00
Allison Hertel	3.58	3.58
Ellen KillsSmall	3.50	3.50
Aimee Kurle	4.00	3.86
Jessica Lee	3.82	3.82
Michael Linklater	3.71	3.71
Chad Marks	3.62	3.62
Clifford Metcalf	3.83	3.82
Robert Miller	4.00	4.00
Natasha Old Elk	3.64	3.64
Shannon Pease	3.85	3.92
John Pepion	3.52	3.52
Celeste Phelps	4.00	4.00
Jean Ponga	3.50	3.50
Misty Provancial	3.27	3.52
Katherine Reiter	3.50	3.64
Rebecca Riedinger	3.80	3.80
Leonard Roberts	3.82	3.82
Monica Smith	3.56	3.56
rargaret Stevens	3.57	3.57
Geri Stewart	3.60	3.84
Lindsey Tuske	3.65	3.65
Peter TwoBulls	2.79	3.20

Nadine Vasquez	2.83	3.28
Emmett Whiteman	4.00	4.00
Brandon Stevens	4.00	4.00
Debra Zaste	4.00	3.88
Bree Zitman	4.00	4.00

# National Dean's List

Dean's L	ist	
	Q.,,,,	C
Jonquin Androws	Sem 3.33	Cum 3.33
Joaquin Andrews Adelaide Baker	3.25	3.45
Keri Bass	3.00	3.43
Amy Belgarde	2.83	3.21
Shyanne Bernie	3.14	3.14
Flora BigHair	3.28	3.14
Carla BigHead	3.28	3.28
Tacinca Birrenkott	3.00	3.00
Wayne Campbell	3.00	3.00
Willard Chaske	3.20	3.14
Antoine Chevalier	3.29	3.29
Tramine Compton	3.00	3.00
Andrea Condon	2.96	3.55
Jessica DeCoteau	3.10	3.10
Glen Delorme	3.29	3.51
Jamie Ducheneaux	3.22	3.22
Pete Ducheneaux	3.00	3.47
Carla Fleury	4.00	3.92
Ina GoodShield	4.00	3.83
Anita Green	3.83	3.96
Vincent GreyHorn	3.21	3.51
George Guina	3.78	3.82
Sara Gutierrez	3.47	3.47
Chance Halsey	3.64	3.79
Chris Harrison	2.66	3.22
Josiah Himes	3.35	3.35
Verleen Holds	3.00	3.00
Wendy Kuntz	3.76	3.70
Barten LaFontaine	3.35	3.24
Melissa LaFontaine	3.57	3.71
Laurie Lindteigen	3.40	3.82
Nicole ManyHorses	3.47	3.47
Thomas McCarty	3.11	3.11
Dina McClusick	3.67	3.71
Karina Merrick	3.80	3.83
Danielle Murphy	3.41	3.41
Tona Oliver	4.00	3.90
Narcisse Olsen	3.52	3.27
Jamie Pecore	4.00	3.84

Estelle Perry	3.34	3.42
Lonnie Pickner	3.07	3.07
Amanda Quinn	3.35	3.35
Clarice Reed	3.40	3.40
Helen Reed	3.37	3.37
BenniLee Roberts	3.81	3.90
Wyleen Roubideaux	3.46	3.27
Tracy ShellTrack	4.00	3.90
Bunni Shoyo	3.81	3.69
Phillamine Smith	4.00	3.28
Jamie Stead	3.05	3.05
Kristin Stewart	3.47	3.40
Catherine StillDay	2.80	3.03
Avery Thompson	3.38	3.38
Leah Walker	4.00	3.94
Nathan Webster	3.00	3.48
Nicole Webster	3.15	3.32
Luke Wells	3.44	3.44
Hope WhiteBear	2.50	3.08
Jessica Wiest	3.25	3.25
Shari Wolf	3.76	3.08

#### ADNET Systems, Inc. Summer Program

continued from page 9.

Students must submit all application requirements (application, resume, letters of reference, etc.)

#### Sessions:

NASA VSEP	June 9- Au-
gust 15, 2003 10 wee	eks
DOT MSI	June - August,
2003 10 weeks	
NASA HPC-ESS	July 7-July 20,
2003. 3 weeks	

#### Deadlines:

DOT MSI Submit all applications materials to ADNET by March 8, 2003

NASA HPC-ESS Submit all applications materials to ADNET by February 24, 2003.

#### Fields of Study/ Major

ADNET is seeking qualified students from a variety of majors ranging from computer science, engineering, math.

For more information about any of these programs. please consult the ADNET website or send email to education.programs@adnet-sys.com www.adnet-sys.com

## **Listen to the Drum**

#### by Cora Jones

Listen to the Drum, the heartbeat of the Nation.

The drumming sends our songs, prayers, hopes and dreams to our Creator.

The eagles carry these songs of praise, prayers, hopes and dreams.

The smoke from our Pipes carries our songs of praise, prayers, hopes and dreams all to our Creator.

We are proud people, we hold our heads high, we keep a prayer on our lips.

We follow the American flag and the Eagle staff to show respect, loyalty and unity to our country.

The American flag is held high to show respect to the might

The Eagle staff represents the goodness and spirituality of our Tribes.

Creator.



The Eagle feathers are sacred as they carry our pleas to our A drum group from Standing Rock during an honoring at the 2002 United Tribes International Powwow.

We are a proud people, we hold our heads high, we keep a prayer on our lips.

We follow the American flag and the Eagle staff to show our loyalty and honor for our Country and our Nations.

The American flag is held high, our warriors fought and died to protect what this flag represents so we must honor and

The Eagle staff is the flag of the Tribal Nations. We follow it to honor and respect our Tribal Nations and the many Tribal Warriors who fought and died for our Tribe and our Country, the USA.

We are a proud people, we hold our heads high, we keep a prayer on our lips.

Listen to the Drum, the heartbeat of the Nation.

(Cora Jones, Santee Sioux Tribe of Nebraska, has been the area/regional director of the BIA Great Plains Region.)



#### **United Tribes Technical College** Office of Administration

3315 University Drive Bismarck, North Dakota 58504