



UNITED TRIBES

On-Campus News

Vol. 11 No. 14

UNITED TRIBES TECHNICAL COLLEGE * BISMARCK, ND

March 31, 2003

Higher Ed Board Visits UTTC

by Dennis J. Neumann

Bismarck, ND - Members of the North Dakota Board of Higher Education have expressed interest in pursuing collaborations with the state's tribal colleges. The interest surfaced during a visit by board members to the campus of United Tribes Technical College Bismarck.

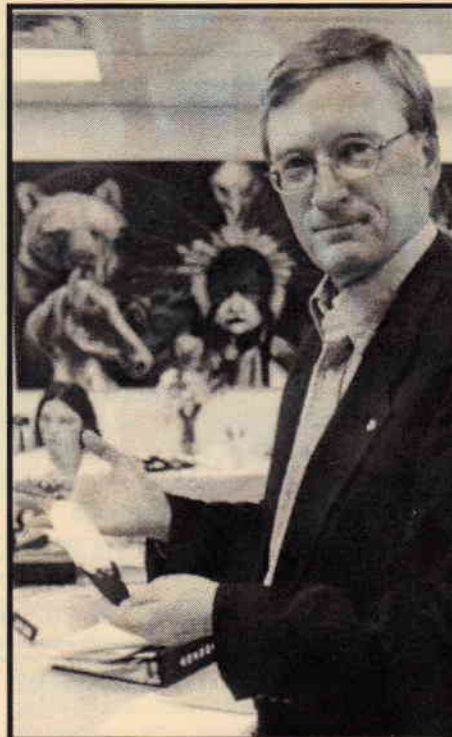
"It's clear that these have been very productive sessions for the board," said Chuck Stroup, Chair of the State Board of Higher Education.

The March 21 gathering was the first time the higher ed board and staff members of the North Dakota University System (NDUS) had convened a meeting at UTTC and the second visit in two years to one of six tribally controlled schools of higher learning in North Dakota.

Stroup praised UTTC for a "refreshing and informative" session exploring how to pursue an accord between tribal colleges and the North Dakota University System. Stroup characterized the five-hour, informal session as a "conversation" to learn more about UTTC and tribal colleges in general. The meeting was planned and facilitated by senior UTTC staff members, including UTTC President David M. Gipp.

"We're interested in exploring the methods for setting up the framework of an accord," said Gipp. "Although tribal colleges are not under

continued on page 3



Following their visit to UTTC, members of the North Dakota Board of Higher Education received the gift of a facsimile eagle feather rendered in Buffalo hide, like the one displayed by board chair Chuck Stroup. The honor was explained by UTTC's Phil Baird as "a significant gesture of the desire to widen the circle of friendship in higher education."

April 1 - April Fools day is right around the corner, Don't let yourself get fooled.

April 6 - Daylight Saving Time. Don't forget to turn clock ahead.

April 18-21, Good Friday, Easter Sunday and Monday.

"Healthy Balance" is theme for Wellness Week



Bismarck, ND - "Healthy Balance" is the theme for the second annual Wellness Week scheduled for April 7 through 11 at United Tribes Technical College. The theme is reflected in a new wellness logo to be unveiled during the week on T-shirts and other promotional items.

"Our committee is very excited about the new logo and everything planned," said Wellness Circle Chair Lonnie Delorme. "We talked a lot about a symbol that unifies our wellness effort."

UTTC artist Mark Mindt, physical activity coordinator with the UTTC Extension Program, designed the new logo. It uses the colors and circular pattern of an American Indian medicine wheel and promotes the value in achieving and maintaining a healthy balance in four cardinal aspects of life - physical, mental, emotional and spiritual.

The wellness week builds on a campus-wide health and wellness initiative launched by UTTC President David M. Gipp last fall.

continued on page 3.

Inside:

Higher Education visits UTTC.	Page 1
UTTC Bookstore News	Page 4
TJES Elementary Calendar	Page 5
Wellness Week	Page 6
Scholarship List	Page 7



Dennis Lucier's UTTC Diner

Includes 2% or Skim Milk, Coffee or Tea and Salad Bar , Fresh Fruit, Vegetables. Menu subject to change

March 31 - April 4

April 7 - 11

DINNER

- M Goulash
- T Bean Soup, Ham Sandwich
- W Roast Beef, Mashed Potatoes, Gravy
- T German Style Sausage, Boiled Potatoes
- F Fishwich, Potato Salad

SUPPER

- M Hamburger Steak, Mashed Potatoes, Gravy
- T Pork Chops, Rice
- W Lasagna Square, Garlic Toast
- T Grilled Steak, Baked Potato
- F Hotdogs On A Bun, Baked Beans

DINNER

- M Spaghetti w/Meat Sauce,
- T Steak Sandwich, Oven Browned Potato
- W Oven Baked Chicken,
- T Buffalo Burger On A Bun, Baked Fries
- F Grilled Cheese Sandwich, Tomato Soup

SUPPER

- M Baked Ham, Au-Gratin Potatoes
- T New England Dinner, Baking Powder Biscuit
- W Salisbury Steak, Boiled Potatoes
- T Braised Beef, Egg Noodles
- F Fish Fillet, Oven Baked Potato Wedges



Submit your article

- ◆ Published Bi-weekly on a Monday.
- ◆ COPY should be about UTTC, the campus family, or related to the college.
- ◆ COPY and photo deadline is 5 p.m. on the Monday listed below.
- ◆ Send articles through e-mail to campusnews@uttc.edu
- ◆ Submitted copy in **MS WORD**, Must be sent as an attachment as **TEXT (txt) only format**.
- ◆ Submit photos either on disk or zip or e-mail as a JPEG, TIFF, OR EPS. Do not send PDF or DOC files. All photos should be 300 resolution.
- ◆ PLEASE EDIT AND PROOF your own copy before sending.
- ◆ "HARD COPY" submissions may not get published.
- ◆ Posters/ads or announcements will run at half-page 8 1/2" x 5 1/2" or quarter page 3 3/4" x 5".
- ◆ List a contact person and phone number with your article.
- ◆ Attach photos with captions to articles
- ◆ Newsletter is sent nationwide. Show your UTTC spirit with great news articles.

UTTC Newsletter is published by United Tribes Technical College
3315 University Drive
Bismarck, ND 58504
(701) 255-3285, #296
campusnews@uttc.edu
Jan Whiteman

Deadline for next issue: 5:00 pm - April 7, 2003

Following the Money – Scholarships and Student Financial Information

by Bob Parisien, Student Financial Aid Director



The deadlines are just ahead for several important funding opportunities that could mean support for your education. Check out these and see if you qualify. Find more information by using the phone numbers or web site addresses listed, or contact my office at extension 209. All student should

be filing their FAFSA or renewal FAFSA for the 2003-2004 school year. Apply for a (PIN) Personal Identification Number because it makes applying so much easier for you in regards to your financial aid application.

NAME: The Morgan Stanley/American Indian College Fund Scholars Program, will award ten scholarships of \$2500 annually to outstanding American Indian students currently enrolled at an accredited tribal college or university.

D-LINE: Postmarked April 15, 2003

ELIGIBILITY: Open to all majors, but students interested in business and related fields, information technology and computer science are highly encouraged to apply.

CONTACT: American Indian College Fund at 1-800-776-3863 or visit www.collegefund.org for applications.

NAME: Women's Opportunity Scholarship Fund
D-LINE: June 16, 2003

ELIGIBILITY: North Dakota resident, Complete essay, and financial page

AWARD: Varies

CONTACT: Linda Judd, Administrative Assistant, 701-255-6240, or visit ndcaws@ndcaws.org also visit the UTTC Financial Aid Office for applications

NAME: Native American Health Education Fund
D-LINE: June 15, 2003.

ELIGIBILITY: American Indian students who are interested in seeking a career in health related fields.

AWARD: \$ 500.00
CONTACT: 919-782-7698, or visit

NAHEFSCHOLARSHIP@aol.com also visit the UTTC Financial Aid Office for applications

Higher Ed. Board visit UTTC

Continued from front page

authority of the state board and do not receive state appropriations, we do have common goals and objectives as institutions of higher learning."

Among items discussed were how to improve partnerships on research grants, collaborate more closely in the delivery of math, science and technology teaching, strengthen agricultural and land grant research capabilities and explore equitable

ways of funding for non-Indian students who attend Tribal College. State board members expressed support for hosting a discussion session involving the presidents of all the state's colleges and universities, including the tribal college presidents.

"There's a firm expectation that a meeting of college presidents will happen this summer," said Stroup. According to Stroup, the need had been recognized earlier for collaborative effort in higher education between the state

system and tribal colleges. Until recently the view has been that these were separate systems.

Attending the meeting was Elizabeth Yellow Bird Demary, President of Fort Berthold Community College and Thalia Esser, acting president of Little Hoop Community College. Following the meeting, members of the state board toured the UTTC campus.



Dr. David M. Gipp formed the discussion points and facilitated the "conversation" about UTTC and tribal colleges with members of the State Board of Higher Education on March 21.



Some collaborations between tribal colleges and state colleges and universities have been troubled by lack of consultation. Partnerships mean that "everyone participates and everyone benefits," said Dr. Gipp. A valuable goal would be to identify a "blueprint" for collaborations, he said.

Wellness week

continued from front page.

A focal point of the week is a Wellness Fair on Thursday, April 10 in the Gymnasium of the James Henry Community Building from 12 noon to 4 p.m. The fair includes exhibit booths and displays on a variety of topics such as Native American wellness practices, gardening, stress management, body vital signs monitoring, cholesterol and blood sugar screening, dental health maintenance, smoking cessation, food safety, 5 A Day, and Injury Prevention.

Two guest speakers will present motivational talks during the week in the Jack Barden Center. Terry Fleck, a Bismarck broadcast executive and public speaker, will speak about "Attitude Virus," on Tuesday, April 8 at 11 a.m. Monte Larson (Northern Chey-

enne), a Bismarck motivational speaker, will present a lighthearted talk based on his experience as an outstanding American Indian athlete on Thursday, April 10 at 10:30 a.m.

Physical wellness will be addressed daily with T'ai Chi Chih - Joy Through Movement - sessions, conducted by T'ai Chi Chih teacher Jean Katus of Fort Yates, ND.

Daily wellness walks are scheduled from 7:45 to 8:15 a.m. and 12 noon to 12:30 p.m. starting at the UTTC Education Building. Participants walk UTTC's historic intertribal circle and receive healthy snacks and prizes. Aerobics classes are offered Monday, Tuesday and Thursday at 4:30 p.m. in the campus small gym.

Movie night is scheduled for Wednesday, April 9 at 7 p.m. in the small gym. A "healthy lunch" is

planned for Friday, April 11 in the cafeteria.

Essay and poster contests are planned for students at Theodore Jamerson Elementary School using the theme, "What is Wellness?" Prizes will be awarded for essays done by students in grades three through eight and posters by kindergarten through eighth grade.

Wellness Week planners active in the UTTC Wellness Circle are Lonnie Delorme, Mark Mindt, Kim Hinnenkamp, Wanda Agnew, Kevin Finley, Larry Carlson, Katy Churchill, Julie Creed, Jesi Silbernagel, Sharlene Gjermundson, Evelyn Orth, and Brad Hawk.

More information contact Lonnie Delorme, 701-255-3285 ext. 372 or Mark Mindt, 701-255-3285 ext. 239.

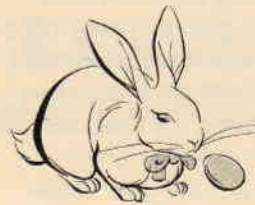
NEW BOOKS at the UTTC Library

by Charlene Weis

Alzheimer's Disease by Linda Jacobs Altman
 Ancient Rome by Sean Sheehan
 The Assessment Debate by Valerie J. Janesick
 Biological and Chemical Weapons
 Careers in Web Design by Walter Oleksy
 Computers and the Internet by Judith Galas
 A Greek Theater by Peter Chrisp
 The U.S. Secret Service by Schlesinger, Arthur

NEW REFERENCE BOOKS

Encyclopaedia of Occupational Health and Safety- 4 Volumes
 The Gale Encyclopedia of Nursing & Allied Health - 5 Volumes
 Major Authors and Illustrators for Children and Young Adults - 8 Volumes
 Notable Native Americans
 Write More, Learn More Writing Across the Curriculum (V. 1 and V.2)



CHEMICAL HEALTH CENTER

(BUILDING 68)

OPEN HOUSE

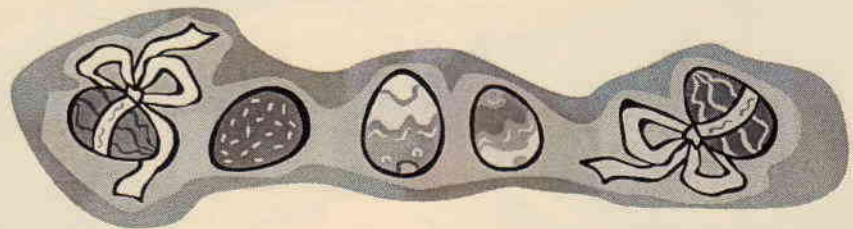
APRIL 11, 2003

9:00 A.M. TO 4:00 P.M.

ALL STUDENTS AND STAFF

COME JOIN THE

FUN!!!!!!!



UTTC BOOKSTORE NEWS

by Cathy Mastrud and Leah Fox

NEW ITEMS HAVE ARRIVED!

Come check out our new spring/summer sportswear:

- ◆ T-shirts
- ◆ Shorts
- ◆ Visors

Attention all graduates and faculty:
 Your caps and gowns are in!
 You may pick them up at any time during our business hours.

Coming Soon:

- ◆ More new T-shirts
- ◆ New sleeveless T-shirts

- ◆ New windshirts
- ◆ New pull-over jackets
- ◆ New style pants
- ◆ More hooded sweatshirts

Watch for Mark Mindt's new comic book "KODA The Warrior" to be sold at the Bookstore soon. There will be a special book signing taking place at the Bookstore. Look for time and date in upcoming issues of the Newsletter.

Customers clip out the coupon for extra savings on any Leanin' Tree item.

Reminder to all students and staff: You can easily charge any/all items to your stipend or payroll, excluding money orders.

The Bookstore is located in the lower level of Jack Barden Center. Bookstore hours are: 8:00-12:00 & 1:00-5:00, Monday through Friday. You can reach us at ext. 460.

15%

15%

COUPON

Any leanin' tree item

Redeem at uttc bookstore
 Limit One Per Customer
 Expiration date: 4/11/03

15%

15%

April 2003

TJES Calendar 01/10/03

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 HomeworkCenter Computer Club 3:20-4:20	2 TJES Staff Meeting 3:30 Drum Group 3:30-4:30	3 HomeworkCenter Computer Club 3:20-4:20	4	5
6 HomeworkCenter Computer Club 3:20-4:20	7 HomeworkCenter Computer Club 3:20-4:20	8 HomeworkCenter Computer Club 3:20-4:20	9 TJES Parent Teacher Breakfast UTTC Cafeteria 7:45-8:15am Drum Group 3:30-4:30 TJES School Board Meeting	10	11	12 Saturday Literacy Club 10:30-12:30 at TJES Parent+ Child
13 HomeworkCenter Computer Club/Math Club 3:20-4:20	14 HomeworkCenter Computer Club 3:20-4:20	15 HomeworkCenter Computer Club 3:20-4:20	16 TJES Staff Meeting 3:30 Drum Group 3:30-4:30	17 HomeworkCenter Computer Club 3:20-4:20	18 Easter Weekend Watch for notices regarding EARLY DISMISSAL or NO SCHOOL	19
20	21 HomeworkCenter Computer Club 3:20-4:20	22 HomeworkCenter Computer Club 3:20-4:20	23	24 HomeworkCenter Computer Club 3:20-4:20	25	26
27 HomeworkCenter Computer Club/Math Club 3:20-4:20	28 HomeworkCenter Computer Club 3:20-4:20	29 HomeworkCenter Computer Club 3:20-4:20	30			

If you have any questions or concerns please phone TJES (255-3285 #304-305).
PLEASE watch for notes or notices concerning your child.



United Tribes Technical College

2nd Annual Wellness Week

April 7-11, 2003

Come and enjoy a week full
of fun wellness activities!

Monday, April 7

Wellness Walks: Starts in front of the Education Building, 7:45 - 8:15 am and 12 - 12:30 pm
T'ai Chi Chih® Joy thru Movement: 4 - 5 pm, Jack Barden Center, Instructor: Jean Katus
Aerobics: 4:30 - 5:30 pm, Small Gym, Instructors: Katy Churchill and Julie Creed

Tuesday, April 8

Wellness Walks: Starts in front of the Education Building, 7:45 - 8:15 am and 12 - 12:30 pm
Wellness Speaker, Terry Fleck: 11 am - 12 noon, Jack Barden Center
T'ai Chi Chih® Joy thru Movement: 4 - 5 pm, Jack Barden Center, Instructor: Jean Katus
Aerobics: 4:30 - 5:30 pm, Small Gym, Instructors: Katy Churchill and Julie Creed

Wednesday, April 9

Wellness Walks: Education Building, 7:45 - 8:15 am and 12 - 12:30 pm, Lead by Student Senate
T'ai Chi Chih® Joy thru Movement: 4 - 5 pm, Jack Barden Center, Instructor: Jean Katus
Movie Night: 7 pm, Jack Barden Center and Small Gym

Thursday, April 10

Wellness Walks: Starts in front of the Education Building, 7:45 - 8:15 am and 12 - 12:30 pm
Wellness Speaker, Monte Larson: 10:30 am - 12 noon, Jack Barden Center
WELLNESS FAIR: 12-4 pm, Gym
T'ai Chi Chih® Joy thru Movement: 4 - 5 pm, Jack Barden Center, Instructor: Jean Katus
Aerobics: 4:30 - 5:30 pm, Small Gym, Instructors: Katy Churchill and Julie Creed

Friday, April 11

Wellness Walks: Starts in front of the Education Building, 7:45 - 8:15 am and 12 - 12:30 pm
Healthy Lunch: 12 noon - 1 pm, Cafeteria
Free to all UTTC students, staff, and faculty!
Recognition for Walkers: 12:45 pm, Cafeteria

Contact Lonnie Delorme at Ext. 372 or Mark Mindt at Ext. 239 for more information.

United Tribes Technical College American Indian College Fund Spring 2003 Disbursement

Exxon Mobile Foundation

Geri Fisher

Merrill Lynch & Co.

Ina Good Shield
Ashley Flynn
Leighton Eagle
Lindsay Tuske
Barbara Abrams
Clifford Metcalf
Geri Stewart
Emmett Whiteman
Teata Decorah
Caroline Hankinson

The Gimprich Family Foundation, Inc.

Vincent Greyhorn Jr.
Clara Fluery
Deann Driver
Glen Delorme
Dawn Decoteau
Chance Halsey
Jason Hamilton
Melissa Lafountain
Michael Linklater
Karina Merrick

The Peierls Foundation, Inc.

Joaquin Andrews
Kelly Archambault
Shyanne Bernic
Sara Gutierrez
Kristen Stewart
Willard Chaske
Heather Decoteau
Jamie Ducheneaux
Pete Ducheneaux
Shelly Halsey
Chris Harrison
Verleen Holds
Barten Lafountain
Narcisse Olson
Ivanda Olson
Estella Perry
Clarice Reed
Helen Reed
Wyleen Roubideaux

USA Funds

Brandon Yellow Bird Stevens
Robert Miller
Tanya Mendoza
Jamie Pecore
Tracy Shell Track
Bunni Shoyo
Leah Walker
Tabor White Buffalo

Bequest

Jake Silk
Philamine Smith
Nathan Webster
Nikole Webster
Hope White Bear
Shari Wolf
Ralph Walking Bull
Marco Salinas
Greg Feather
Andrea Condon
Billie Brisbo
Wanda Mckean
Dawn Moves Camp
Jamie Green
Keri Bass
Tramaine Compton
Amanda Quinn
John Pepion
Larson Fast Horse
Autumn Gertz
Donald Luxon
Eugene Martin
Jackie Red Bird
Paulette Holy Bear
Jessie White Clay

Lynne Irons Etchison

Sonja Cain

Dorothy Bird Nyswander & Margaret Bird Manson Native American Education Fund

Stephanie Vasquez

Helen J. & Thomas Urban Charitable Foundation Scholarship Fund

Tona Oliver

AICF General

Margaret Two Bears
Crystal Thomas
Martina Moves Camp
Raime Iron Lightning
Antoine Iron Lightning
Emmett Whiteman
Teata Decorah
Caroline Hankinson
Tona Oliver
Jesse White Clay
Stephanie Vasquez
Crystal Horse Looking
Joann Roasting Stick
Warren Horse Looking

Thoughts for the day

"Relationships are hard. It's like a full time job, and we should treat it like one. If your boyfriend or girlfriend want to leave you, they should give you two weeks' notice. There should be severance pay, and before they leave you, they should have to find you a temp."

--Bob Ettinger--

"My mom said she learned how to swim when someone took her to a lake and threw her off the boat. I said, "Mom, they weren't trying to teach you how to swim."

--Paula Poundstone--

"A study in the Washington Post says that women have better verbal skills than men, I just want to say to the authors of the study: Duh."

--Conan O'Brien--

Native Astronaut Once a Drop Out

by David M. Gipp

Houston, TX - It's a bit of a surprise but the nation's only American Indian astronaut once dropped out of school. It's no secret; it's part of the story he tells visitors, like the group of tribal college educators who met him at the Johnson Space Center recently.

Navy Commander and NASA Astronaut John B. Herrington (Chickasaw) was born in Oklahoma and grew up in Colorado, Wyoming and Texas. His story is similar to that of other young people who get off to a slow start in college.

Herrington told a group of tribal college educators in February that he began college with a disappointing 1.7 GPA. "I learned with that kind of performance they don't want you back," he said. So, he left college, took a job working in a restaurant and "found out what life was all about."

His path eventually led back to school and he pursued a dream to fly, like his father who piloted small planes. Herrington earned a bachelor's degree in



Members of the advisory council of the Alliance for Minority Programs met Herrington at the Johnson Space Center in February 2003. From left, David M. Gipp, president United Tribes Technical College, Ron McNeil, president Sitting Bull College, Fort Yates, ND, Karen Gayton Swisher, president Haskell Indian Nations University, Lawrence, KS, Astronaut John Herrington, Liz Yellow Bird Demary, president Fort Berthold Community College, Newtown, ND, Jim Tutt, Crownpoint Institute of Technology, Crownpoint, NM, and Verna Fowler, president College of Menominee Nation, Menominee, WI. NASA Astronaut John Herrington was honored and pleased to receive a Pendleton blanket from the advisory council of the Alliance for Minority Programs.

mathematics, and later, a graduate degree in aeronautical engineering. The personable 41-year-old is the kind of role model who epitomizes the student who finds his way after a detour. Herrington became a naval aviator, joined NASA seven years ago, and late last year logged his first trip in space aboard Space Shuttle Endeavour.



NASA Astronaut John Herrington was honored and pleased to receive a Pendleton blanket from the advisory council of the Alliance for Minority Programs.



United Tribes Technical College Office of Administration

3315 University Drive
Bismarck, North Dakota 58504