UNITED TRIBES ON CAMPUS NEWS

Vol. 13 No. 10

UNITED TRIBES TECHNICAL COLLEGE * BISMARCK, ND

May 10, 2004

Week of the Young Child at UTTC

by Kathy Schneider

United Tribes Technical College participated in the national celebration of the Week of the Young

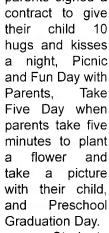
Child, April 19 – 23. The event helped to focus public attention on the importance of the needs of young

ildren and their ramilies.

Throughout the week college staff members wore purple ribbons and hand or feet paintings made by children in the college's Infant Toddler Center and Childhood Development Center. The paintings represented shared responsibility members of the campus

community have in making sure young children get the most out of their childhood.

Fechnical Activities during the week national included: Pastries for Parents, Hugs and Kisses Contract Day where parents signed a contract to give their child 10 hugs and kisses a night, Picnic



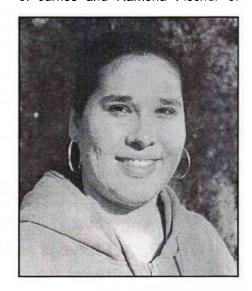
Students from Theodore
Jamerson
Elementary
School came into the centers and worked with clay with the children.
Each child also received a T-Shirt

T h a n k you to everyone involved for making the UTTC observance of Week of the

Young Child a success.

Fischer named UTTC Student of the Year

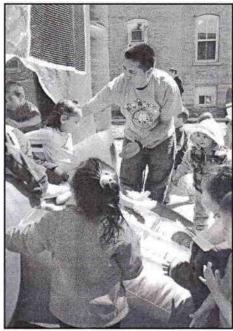
BISMARCK, ND – Geri D. Fischer, a graduate in Office Technology, is Student of the Year at United Tribes Technical College. The daughter of James and Ramona Fischer of



Bismarck, she is an enrolled member of the Cheyenne River Sioux Tribe, Eagle Butte, SD.

Fischer graduates from UTTC on May 7 with a perfect record

continued on page 11



Joe Strong Heart Jr. was one of the students from the Early Childhood Education Vocational Club who assisted the Child Development Center during Week of the Young Child events on the college campus.

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UTTC COMMENCEMENT CEREMONY

Friday, May 7, 1 p.m. Program Agenda p.13

: 6 1 : 6



Dennis Lucier's UTTC Diner

Includes 2% or Skim Milk, Coffee or Tea and Salad Bar, Fresh Fruit, Vegetables. Menu subject to change.

May 10 - 14

May 17 - 21

	DINNER		SUPPER		DINNER	SUPPER		
内	Spaghetti, Garlic Toast	L!	Baked Ham, Au-Gratin Potates	Ä	Chili. Garlic Toast	1	Roast Beef. Mashed Potaotes 🖔	
垃	Steak Sandwich, Potatoes	垃	New England Dinner	7	Taco Salad	垃	Bar-B-Que Chicken, Potato 👣	
\$	Oven Baked Chicken	0	Salisbury Steak, Potatoes	77	Swedish Meatballs, Noodles	7	7 Individual Pizza 🗬	
垃	Buffalo Burger, Baked Fries	垃	Braised Beef, Egg Noodles	þ	French Dip w/ Au-Jus	垃	Chicken Breast, Wild Rice 💠	
建	Grilled Chesse, Tomato Soup	क्	Fish Fillet, Potato Wedges [7	Knoophle Soup	Į.	Burritos, Spanish Rice	



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justinlebeaux@yahoo.com

Justin LeBeaux

Submit your article

- Published Bi-weekly on a Monday.
- COPY should be about UTTC, the campus family, or related to the college.
- COPY and photo deadline is 5 p.m. on the Monday listed below.
- Send articles through e-mail to campusnews@uttc.edu
- Submitted copy in MS WORD. Must be sent as an attachment as TEXT (txt) only format.
- Submit photos either on disk or zip or e-mail as a JPEG, TIFF, OR EPS. Do not send PDF or DOC files. All photos should be 300 resolution.
- PLEASE EDIT AND PROOF your own copy before sending.
- "HARD COPY" submissions may not get published.
- Posters/ads or announcements will run at half-page 8 1/2" x 5 1/2" or quarter page 3 3/4"x 5".
- List a contact person and phone number with your article.
- Attach photos with captions to articles
- Newsletter is sent nationwide. Show your UTTC spirit with great news articles.

Deadline for next issue: 5 pm - May 17, 2004

KODA THE WARRIOR Introduces: "The Wellness Hangover" CREATED BY MARK L. MINDT SPIRIT LAKE NATION Wellness is You don't need MINT Koda, I think practiced everyday, to be a superhero not just one week I have a real to be well. in April! Wellness Hangover!' But being well makes you FEEL like a "Special-Hero"! Captain Wellness The UTTC Wellness Week Tired Me out Have a great summer UTTC, Something Rugged! See you next fall!!!

Land Grant status helps UTTC in many ways

y Kathy Johnson

Land Grant status for United Tribes Technical College is very important. This status means that the United States Department

of Agriculture (USDA) makes funds available to support US-DA's mission to ensure adequate, quality and safe food available. After the Civil War the food systems for all people in part this the world was near collapse. At that point in 1862, President Lincoln initiated the Land Grant College system. That system provided land and money for college one in each State research agriculture. provide educational courses

in agriculture and food, and extend that education into the communities served by the college. In 1889 when North Dakota became a State, the Land Grant College was located in Fargo and is known as North Dakota State University.

The Land Grant System was expanded to include the "Traditional Black Colleges" in 1890. The Tribal Colleges received the Land Grant status in 1994. It is somewhat ironic that the people who originally lived on and procetted the land in the North American hemisphere received the land grant status at such a late date. Dr. Gipp. UTTC President, was

instrumental in gaining Land Grant status of Tribal Colleges. The Land Grant status does allow Tribal Colleges to do many things that support

UNITED TRIBES
TECHNICAL COLLEGE
BISMARCK, NORTH DAKOTA

AMAMA

AM

UTTC's Recruitment Task Force, back row from left Dennis Neumann, Vince Shanendore, Harriet Schneider, Bob Parisien, and Mark Mindt. Front row Shirley Iron Road, Vivian Gillette, and Kathy Johnson, Not Pictured: Carol Anderson, Jesi Silbernagel, Verna Koch, Kevin Finley

the USDA efforts in the agriculture sciences, including human nutrition. UTTC currently manages seven USDA grants and submitted nine proposals to support these projects in the upcoming year.

Although States received land when they were given Land Grant status, the Tribal Colleges receive a small Endowment of money each year to continue their Land Grant Program strategic plans. This annual Endowment is about \$50,000 and must be budgeted to meet the legislated USDA focus areas. The budget must relate to food and agricultural programs specific to curricula design, instructional material development, faculty development, instructional de-

livery systems, student experiential learning programs, equipment and instrumentation for teaching, and student recruitment and retention.

UTTC administration and Land Grant program staff make a strong effort to use the funds in ways to impact the greatest number of UTTC programs and students.

A large portion of the Endowments funds for 2004 were dedicated developing and implementing the Wopila Shop Coffee and Deli, an experiential student learning project. The second largest portion, \$20,000 was budgeted to improve and institutional-UTTC's ize recruitment ef-

forts. Because of these permanent recruitment materials, marketing campaigns, and strategic plans potential students will see UTTC as a positive, professional learning environment from their initial contact and throughout their college career.

The United Tribes Recruitment Task Force would like to take this opportuinty to thank Wanda Agnew for making it possible for us to purchase new and updated recruitment matetial. This will help potential students see UTTC as a positive, professional learning environment from their initial contact!

Youth-Elder group attends poverty meeting in Rapid City

by Tracie Packineau and Jayme Davis

RAPID CITY, SD – A group from the Bismarck-Mandan Youth Elder Coalition attended a two-day meeting here April 23 – 24 hosted by the Northwest Area Foundation (NWAF). Groups from five cities involved in a project to fight poverty among American Indians attended the meeting: "Gathering of Native Youth and Elder Coalition to Reduce Poverty."

There were many enlightening and informative speakers, including Ben Sherman, Donald Fixaco, Harvey White Woman, Jared King and Danielle Ladezma.

Participants from **the** Bismarck Youth-Elder Coalition were Steven P. Walker, Tracie Packineau, Fawn Packineau, Jen Snider, Tom Red Bird, Jayme Davis, Red Koch, Adrian Eagle, Gordon Eagle, Vanessa McDaniel and Josh Swagger. Other similar groups attended from Seattle, Portland, Rapid City and Billings.

The groups are in the early planning stages with NWAF to develop long-term strategies for reducing poverty in Indian communities.

Meetings of the Bismarck-Mandan group are scheduled for each Tuesday at 6 pm in the lower level of the Jack Barden Center on the UTTC campus.



The Bismarck-Mandan Youth Elder Coalition made a group presentation using PowerPoint during the Rapid City NWAF meeting.

Walk raises money for Cystic Fibrosis

by Jesi Silbernagel

United Tribes and the Wellness Circle made a contribution to the Cystic Fibrosis Foundation's annual fund drive by participating in the nationwide walk on Monday, April 19. About two-dozen people on campus participated in the event known as GREAT STRIDES: Taking Steps to Cure Cystic Fibrosis. The walk started at the UTTC Skill Center.

The total raised at UTTC was \$200. It wasn't as much as planned

but still helpful in supporting vital cystic fibrosis (CF) research and care programs.

CF is a life-threatening genetic disease that affects the respiratory and digestive systems of tens of thousands of children and young adults in the United States. People with CF suffer from chronic and life-threatening lung infections and have difficulty digesting food. Ten million Americans are symptom less carriers of the defective gene that causes CF.

Harvard offering free tuition for low-income students

CAMBRIDGE, MASS - Harvard University has announced that now on undergraduate students from low-income families will pay not tuition. In making the announcement, Harvard's president Lawrence H. Summers said, "When only 10 percent of the students in elite higher education come from families in lower half the income distribution, we are not doing enough. We are not doing enough in bringing elite higher education to the lower half of the income distribution."

The initiative puts severe pressure on other well-endowed

colleges and universities to adopt similar measures. Some commentators believe that Harva announcement was made in response to Princeton University's decision six years ago to eliminate all tuition charges for families earning less than \$40,000 and its subsequent decision three years later to substitute all student loans with outright grants.

More information about the Harvard decision can be obtained at the following website: www.news.harvard.edu/gazette/ daily/0402/28-finaid.html.

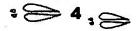
Contemporary Native American art exhibit scheduled for Washburn

The City of Washburn will host a visit from Artrain USA, a national art exhibit. The exhibition is described as five railcars containing contemporary Native American art. It's scheduled for August 5 – 8. Washburn is the only stop the exhibit will make in North Dakota.

According to the local

planners, nationally recognized artists will attend the exhibit; there's room for local artists to display and demonstrate.

The Artrain USA web is www.arttrainusa.org. For more information or to partner or volunteer for the Artrain USA visit, contact Cori Otto, 701-462-3801.



Red Cross needs volunteers for summer disaster exercise

Kevin D. Stewart,
Red Cross Service & Training Director

The Burleigh-Morton Red Cross Chapter is seeking volunteers to participate as victims in an aviation/bioterrorism exercise on Friday, August 20 at the Bismarck airport. The exercise involves 75 live victims who will simulate symptoms of injuries.

Staging and make up takes place from 7 a.m. to 9 a.m. The actual exercise is from 9 a.m. to 1 p.m. Coffee, juice, and breakfast

sandwiches will be provided.

This is a large-scale exercise involving 400 victims and responders. The Red Cross appreciates your help. This will be a good event to learn about what to do in an emergency. Please pass this invitation on to others

For more information or to volunteer, contact Mary at mtp@ndredcross.org or call 223-6700.





savethedate

2004 Minority Women's Health Summit

August 12 - 15, 2004

8/12 - Afternoon Plenary Session/Registration 8/13 & 8/14 - Plenary Session and Workshops 8/15 - Morning Plenary Session

JW Marriott Hotel 1331 Pennsylvania Avenue, NW Washington, DC

The following will be available soon on www.4woman.gov/mwhs:

- · Call for Abstracts
- · Registration Information & Materials
- · Scholarship Application
- · Exhibit Package

Office on Women's Health/U.S. Department of Health and Human Services

Objectives for the 2004 Minority Women's Health Summit

- Explore current prevention strategies that work in various communities, both urban and rural.
- Promote dialogue among policy makers, service providers, community women, academia and other stakeholders to address current health care issues for women of color.
- Recommend action-oriented strategies to increase positive health outcomes for women of color across the lifespan, from rural and urban communities.
- Foster community partnerships to identify and implement best practices that target prevention, diagnosis and treatment of diseases that disproportionately affect women of color.
- Promote strategies to diversify leadership in health sciences, education, research and policy.
- Ensure health issues of women of color remain at the forefront of national, state and local health policy agendas.

For more information please contact Elizabeth David at (202) 205-0571, Adrienne Smith at (202) 690-5884 or Frances Ashe-Goins at (202) 690-6373.



B-I-A regional economic development summit set for May 11 – 13 at Prairie Knights

The Great Plains Region of the Bureau of Indian Affairs will host its 6th Annual Tribal/Federal Economic Development Summit meeting Tuesday, May 11 to Thursday, May 13 at Prairie Knights Casino and Lodge near Fort Yates, ND.

Titled "Furthering Entrepreneurial Partnerships for Continued Economic Growth in Indian Country," the meeting will provide assistance to Tribal and individual Indian business enterprises.

Tribal leaders, federal agencies, private industry, and individual Indian and non-Indian entrepreneurs will share their knowledge and experiences. Networking will be encouraged throughout the summit. A networking session will be held May 11.

Scheduled speakers include Tex Hall, Chairman, Three Affiliated Tribes of North Dakota. David W. Anderson, Assistant Secretary for Indian Affairs, has been invited as keynote speaker for the banquet on Wednesday, May 12.

Faces in the crowd



Name:

Wanda Fasthorse

Tribe:

Standing Rock Sioux

Curriculum:

Health Information Technology

Goal:

Get a AAS and to go on for a Bachelor's degree

Interests:

Sports, reading, learning

Likes:

Movies, sports especially softball

Best Advice Heard:

Go to class everyday.

Employee Service Awards for the year 2004

by Wes Longfeather

The following employees were recognized at an awards banquet April 30 for their dedicated service to United Tribes Technical Over 250 employees College. attended to recognize and honor these individuals for service that ranged from five to 30 years.

The goal of the Employee program is to Service Award acknowledge employees who attain yearly milestones in service to the college.

Continuous Years of Service 5 Years

Marlene Archambault Marcel Gierszewski Rondeena Hamilton Kimberly Hinnenkamp Helen Joshua Helen Lindgren Joseph Many Bears Karen Siegfried Gail Silovoy Bernard Strikes Enemy Sheryl Toman **Dennis Trusty**

Phil Baird 10 Years

Lisa Azure

Vivian Gillette Margo Krabbenhoft

Louis Laundreaux Marjorie Palaniuk Brenda Rhone

Ted Tiegen

15 Years

Carol Nichols Jessica Stewart

20 Years

Russell Gillette

Penny Keator

25 Years

Brenda Jechort

30 Years

Ronald Newman Anna Kraft

Special Awards

Albert Ekroth, UTTC's retired "green thumb" and Phil Baird, Dean of Academic and Vocational Programs, Land Grant Leadership Award.



UTTC President David M. Gipp, recognized for 30 cumulative years of service, receives congratulations from Dean of Child Education Sam Asure.

Cumulative Years of Service

6 Years - Shirley Bordeaux 10 Years - Barbara E. Schmitt 12 Years - Debbie A. Grassrope 13 Years - Wanda E. Soza 14 Years - Andrew Rendon 15 Years - Roland Young 16 Years - Jackie C. Snider 17 Years - Joetta McLeod 18 Years - Wanda Swagger 23 Years - Sandy Erickson 30 Years - David M. Gipp

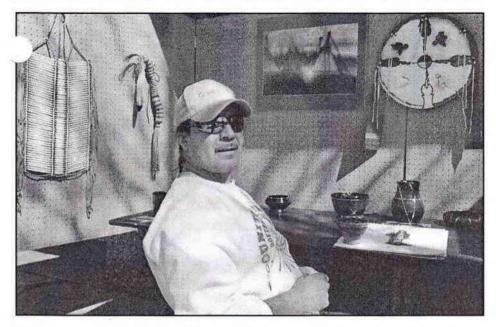


With their awards for 30 continuous years of service are Academic Services Secretary Anna Kraft and Carpenter Ron Newman.





An artist with the look of cool



Every artist has a persona. The shaded look of Todd Trottier (Turtle Mountain) is just right for an art show on a sunny day. Todd was among a group of 17 Art/Art Marketing students at the 6th Annual United Tribes Technical College Art Show April 30 and May 1. The show featured contemporary and traditional works along with graphic designs displayed by students outside Impact Gallery and Gifts in downtown Bismarck.

6th Annual Native American Lifesavers Conference

"Implementing Effective Interventions for Injury Prevention in Indian Country"

July 13 - 14, 2004 United Tribes Technical College Jack Barden Center Bismarck, North Dakota Keynote Speaker: Wendy Hamilton, National President Mothers Against Drunk Drivers (MADD) Sponsored by: Indian Health Service Federal Emergency Management Agency South Dakota Emergency Medical Services for Children Colorado State University **UTTC Injury Prevention**

Conference fee waived for UTTC students who register prior to June 30.

More Tips for Cutting Back 100 Calories a Day and Still Lose Weight

by Kim Hinnenkamp

Did you know that it takes eating an extra 3,500 calories to gain a pound? Break that down into smaller bites, and 100 extra calories a day can put on about 10 pounds a year. But the good news is losing 10 pounds can be as easy as eating 100 calories less each day for a year. Remember if you eat less calories than your body needs you can lose weight.

Here are five more tips on how to eat 100 less calories per day.

1. Watch Your Bread and Spread: Limit the amount of bread (or rolls) and spread eaten before the main course to one serving when dining out. You always can eat more later if ou're still hungry!

Count Your Cookies: A single medium-sized cookie easily can have about 100 calories. Often we pop two or more into our mouths before we even realize it.

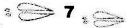
- 3. Top Your Potato with Fewer Calories: It's easy to put on a couple of tablespoons of butter or margarine (200 calories/2 tablespoons) on a baked potato. Try switching to sour cream; you can have as much as a fourth cup for 100 calories. For even fewer calories, use one of the light or fat-free sour creams.
- 4. Be Size-wise with Fast Food: Try one or more of these strategies the next time you visit your favorite fast food restaurant, and you easily can save 100 or more calories.
- a. Skip the mayonnaise when ordering your favorite fast food burger. If you're not very hungry, perhaps a "small", "regular", or "junior" burger may be enough for you.
- b. Order the smallest size of fries or split them with a friend.
- c. Instead of fries, consider a side sal ad with a fat-free or reduced calorie
 dressing. It's still important to check

the calories on the

salad dressing. Many salad dressing come in packets; a reduced calorie dressing still may contain around 100 or more calories per packet.

- d. Order a diet soft drink or plain
- 5. Practice Portion Control with Popcorn: It's easy to eat half a bag or more at a sitting. While even two cups of the more buttery popcorns may be 100 calories or less, the entire package might be 10 or more cups with over 500 calories! To gauge how many cups of popcorn you're consuming, figure one cup is about equal in size to a baseball or to your fist.

Adapted from: "The Power of One Dietary Change in Losing Weight.", Alice Henneman, MS, RD, Extension Educator, University of Nebraska Lincoln, April 2004.



Activities help promote UTTC

wellness vision

by Mark L. Mindt, UTTC Physical Activities Coordinator

Can you imagine people walking, families eating nutritious meals, friends gathering in healthy fellowship? That's the vision of the UTTC Wellness Circle as it planned for Wellness Week, April 19 – 23 using the theme: United Tribes "Living in Balance."

The week featured morning and noon walks each day to promote physical activity exercise on campus. The campus was honored. once again, to welcome Jean Katus to offer Tai Chi classes. A new event during the week was an Extreme Makeover and Pampered Chef Party titled "Women Feeling Good About Themselves."

Dr. Linda Gourneau, UTTC consultant on holistic medicine, spoke to the Wellness Circle about the benefits of natural healing. She built an awareness of our role in making this community a stronger working unit with health as the backbone.

The kevnote speaker at a public talk was Regina Aguilera (Yaqui), who shared her knowledge and experience about acupuncture and holistic and natural medicine. Her talk during the Wellness Speaker's Forum an excellent way for the community to view UTTC's wellness initiatives.

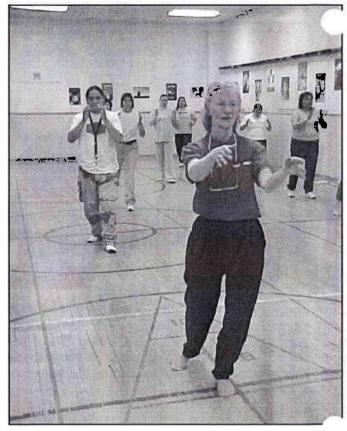
A large number of students from Theodore Jamerson Elementary School and staff participated in a campus

walk on Thursday from the Medicine Wheel to the gymnasium. A National Guard Helicopter flew overhead to snap a picture of the occasion.

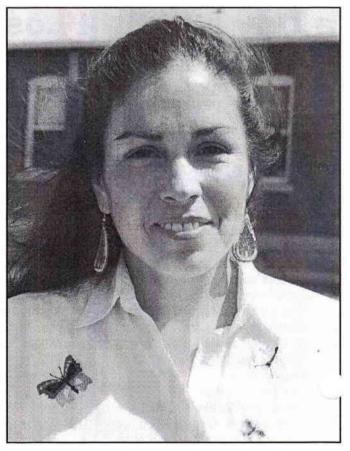
UTTC's third annual Wellness Gathering took place with over two-dozen booths in the Large Gym. Booths displaying health fitness connected curious minds to beautiful smiles. Three Tipis outside offered private space for participants to experience personal conversations about the four aspects of humanity: Jesse Taken Alive hosted the tipi of spiritual health: Taken Alive served in the tipi of emotional health: Dr. Linda Gourneau served the intellect with the tipi of mental health; Mark Mindt hosted those interested in physical health.

Wellness Week concluded with a large picnic hosted by Dennis Lucier and the Cafeteria staff.

The UTTC Wellness Circle expresses its appreciation to the entire campus family for participating in Wellness Week. The amount of support and participation is evidence that United Tribes Technical College is leading the way to Wellness for Native People.

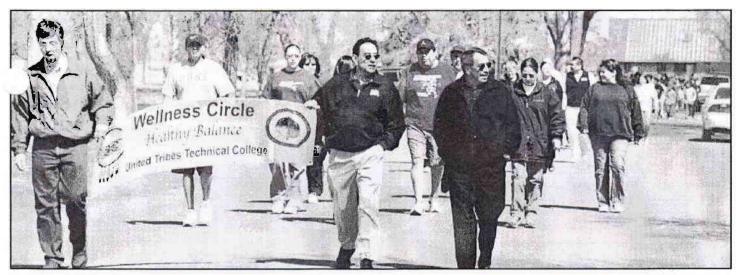


Jean Katus, Fort Yates, led classes in Tai Chi.

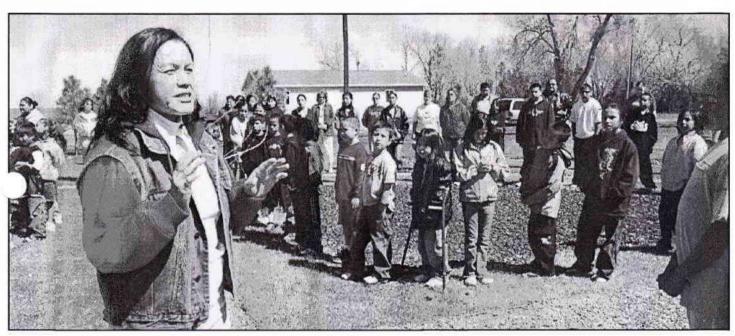


Wellness Week keynote speaker Regina Aguilera, Julian, CA.

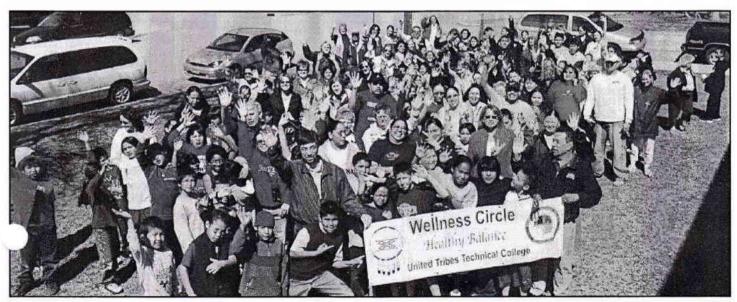




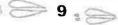
College administrators, from left, Russell Swagger, David M. Gipp and Sam Asure, led the largest group walk of Wellness Week from the Medicine Wheel to the gymnasium.



Juanita Maxon described the Medicine Wheel to students from Theodore Jamerson Elementary School.



Participants in the group walk from the Medicine Wheel posed for a photo when they arrived at the gymnasium.



Campus cleaned-up for spring

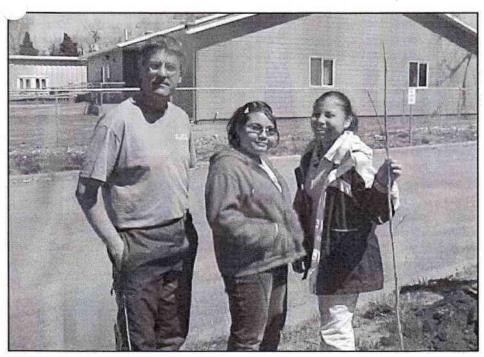
The annual campus clean up day, Friday, April 23, concluded the activities of Wellness Week. All campus departments to place. Photos clockwise from top right. Office Technology students, from left, Dani Cooke (Yankton Dakota), Wilma Yei. Hammer (Fort Peck), Gabe Smith Jr. (Fort Totten) and Erica Rivers (Cheyenne River) worked outside Sakakawea Hall.

Instructors, from left, Lynn Ketterling, Charlene Weis, Kathy Aller and Sheri Baker, strike an American Gothic pose near the education building. Cafeteria staff members, from left, Dennis Lucier, Royal Eagle, Helene Joshua, and Marilyn Eagle orchestrated the first cookout of the season.





TJES instructor to describe school tree planting projects



UTTC's "Man Who Planted Trees," Hank LaBore, is scheduled to present a talk about tree planting June 5 during a Project Learning Tree (PLT) conference in Bismarck. The international conference will provide him with an opportunity to describe ceremonial tree plantings he organized and conducted and around Arbor Day with his Gifted and Talented and PE students at Theodore Jamerson mentary School. At this year's planting with LaBore were TJES 8th grade students Louisa Sosa and Elizabeth Linderman.

Fischer, student of the year, continued from page 1

of attendance and a 4.0 grade point average. She is a single mother of two beautiful daughters Dakotah and Breanna.

"I'm blessed to have supportive parents," said Fischer. "And my two daughters have kept me reaching for my goals."

Fischer's awards and accomplishments at United Tribes include being elected Student Senate representative for the Office Technology vocation; named Student of the Week and Student of the Month: named to the UTTC President's List and the National Dean's List: raceived the All American Scholar's /ard; and was named to Who's Who Among Students in American Junior Colleges.

Fischer was named the first recipient of the Celebrate 2000

Legacy Scholarship sponsored by Bismarck businesses, the Bismarck Tribune, Medcenter One, KFYR-TV, Dan's Supermarket, United Printing and Bank Center First.

While attending classes. Fischer tutored other students 10 hours per week in the Office Technology vocation, and in general math and accounting. She also Office volunteered weekly for Technology instructors by correcting papers, typing letters and answering telephones.

"I recommend United Tribes because of the great instructors for Office Technology," she said. "Not only are they good teachers but they became friends as well."

After graduation Fischer plans to remain in Bismarck.

Narrative descriptions sought for ND Quarter design

by David M. Gipp

The ideas of Native Americans are being sought for a symbol of North Dakota. I serve on the North Dakota Quarter Design Selection Commission, which has been charged with developing design concepts for a quarter dollar with a North Dakota theme.

As you know, the reverse side of the quarter dollar is being redesigned with images emblematic of each of the 50 states as part of a law passed in 1997.

Governor John Hoeven established a commission to guide the process and develop a narrative concept to be presented to the U. S. Mint. The group will make recommendations to the Governor regarding the final design.

That's where your ideas come in.

In 50 words or fewer, you're asked to submit your idea for what the design should look like. Anyone can participate.

Your narrative should address the question of how you think North Dakota should be seen on the national level. After all, the new North Dakota quarter will be circulated around the country when it comes out in 2006.

The state will have the opportunity to submit at least three, but no more than five, narrative design concepts.

We have good ideas in Indian Country and every reason to express our views about how the state should be portrayed on a national level. I hope to see more than just a few ideas come from tribal people.

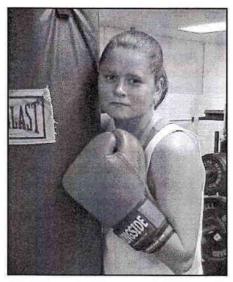
Submit your idea to the Governor's Office via surface mail, e-mail or fax: Coin Project, c/o Governors Office, 600 E. Boulevard Ave., Bismarck, ND 58505, FAX 701.328.2205, e-mail ndquarter@state.nd.us.

Female boxer trains at college, aims for respect

BISMARCK, ND – If an altercation occurs in the women's dormitory at United Tribes Technical College it's a good bet that it'll end quickly and professionally if Shannon Gunville is on duty.

The newly hired resident assistant (RA) has some experience with mixing it up. She's a professional boxer – probably the first female proboxer in North Dakota.

Shannon Rose Gunville, 23, is an enrolled member of the Turtle Mountain Band of Chippewa. She started boxing at Turtle Mountain High



Pro boxer Shannon "Wild Child" Gunville might get a match with Tanya Harding at the Sturgis, SD bike rally this summer.

School and learned the sport from her father, noted artist and former boxer Wayne Gunville, who serves as her trainer.

"Ours is one of the few father and daughter relationships of its kind in the sport," she said.

Gunville turned professional because she couldn't get any more fights as an amateur. Her record was nine and one.

"I beat the Minnesota and Canadian champions," she said. "I had to take it easy during some of the fights so they wouldn't get discouraged."

Since leaving the amateur ranks in September 2003 she won the only fight she's had as a pro.

"It felt so good the first time, winning at Four Bears," said Gunville. "The crowd was over 1,500 and mostly Native. I signed so many autographs I couldn't keep track. I love fighting in front of Native American casino crowds."

Gunville's nickname "Wild Child," may have something to do with her boxing style.

"I really don't know if I have one yet," she said. "I'm quick footed and I zigzag around. If anything it's an all out, open style. Whatever comes, I just let it all go."

Her athleticism and conditioning was sharpened by two years of basketball at Bismarck State College, where she led the conference in scoring. Now, as an employee of UTTC, her situation is ideal for pursuing her career.

"I'm more comfortable here around Native Americans. I really like being on campus. I like working out here. I just want my chance to get out there and prove myself and make Native Americans proud."

Her daily workouts at the UTTC gymnasium include practicing for the four, two-minute rounds that constitute a fight in the women's pro ranks.

To attract fights with opponents who are closer to her 5 foot 3 inch size, she recently dropped from 134 pounds to 126. Most of her opponents have been taller with longer arms.

"There's good competition out there," said Gunville. "Some are better prepared mentally than others. I push myself by thinking that my opponent is going to kick my ass. So I get prepared."

Thus far she's never been hurt in a fight, never cut or knocked down. Her father taught her how to protect herself, she said.

Two fights are being planned for the summer – a June 19 bout at the Sky Dancer Casino in her hometown Belcourt, ND, and one in August that could be her most difficult challenge yet. Gunville says she might be matched for a rumble with the notorious Tanya Harding (the former ice skater) at Sturgis, SD during the annual motorcycle rally.

"I don't know yet what to say about that one. When the time comes

I'll just let my hands do the talking."

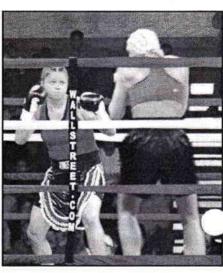
Her next fight is scheduled for May 15 during an event knowi "Destructive Zone II" at Four Bears Casino and Resort near Newtown, ND



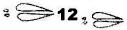
Ring announcer Michael Buffer proclaimed Gunville the winner in her first pro fight.



Gunville's trainer is her father, Wayne Gunville, at left, making there's one of the few father and daughter combinations in the sport.



Most of Gunville's opponents have been taller with longer arms.



COMMENCEMENT CEREMONY

Friday, May 7, 2004 • 1:00 p.m.

Processional • Battle Creek Drum - Bismarck
Flag Song • Battle Creek Drum - Bismarck
Honor Guard • Myron B. Johnson American Legion Post #271 Fort Berthold
Invocation • Jesse "Jay" Taken Alive, Standing Rock Sioux Tribe
Welcome • Dr. David M. Gipp, President, UTTC

Remarks

Charles W. Murphy, Chairman, UTTC & Standing Rock Sioux Tribe Cody Harjo, Miss Indian Nations XIII Tex G. Hall, Chairman, Mandan, Hidatsa, Arikara Nation Leon Morin, Chairman, Turtle Mountain Band of Chippewa Valentino White, Chairman, Spirit Lake Tribe James C. Crawford III, Chairman, Sisseton-Wahpeton Oyate

Scholarship Awards

Don Cadotte Scholarship • Kevin Finley, Athletic Coordinator Ray Dwelle Scholarship • Carla Fleury, Student Senate President Sherman Brunelle Scholarship • Ghandi Peace Network & Terry Brunelle

Keynote Speaker

Honorable David W. Anderson, Assistant Secretary for Indian Affairs

Presentation of Graduation

Degrees and Certificates
Dr. David M. Gipp, President, UTTC
Charles W. Murphy, Chairman, UTTC & SRST
Phil Baird, Dean of Vocational and Academic Programs
Russell Swagger, Dean of Student and Campus Services

Closing Remarks • Dr. David M. Gipp, President, UTTC

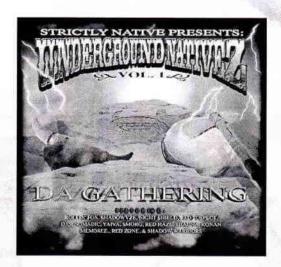
Benediction • Jesse "Jay" Taken Alive, Standing Rock Sioux Tribe

Honor Song & Recessional • Battle Creek Drum - Bismarck

otto stoents Release Music co

BISMARCK, ND - UTC Art/Art
Marketing Student John Pepion
(Blackfeet), aka Nomadic, and Injury
Prevention student Memoree LeCompte
(Sioux), announce the release of a
compilation CD titled, "Underground
Nativez - Da Gathering, Vol. 1."

The 12 track CD contains native hip-hop tunes recorded by John and Memoree at the Higgins Family Production studio in Mandan, ND. It also features artists from Arizona, California, Florida and New Mexico. Btaka Brown of Strictly



Native Entertainment of Phoenix, Arizona produced the disc.

CDs will be available on the UTTC campus and surrounding area on or about May $5^{\rm th}$.

Distribution begins in the southwest starting May 18 in independent music distribution stores, along with Sam Goody and Hastings.

To obtain a copy online, for only \$9.99, go to the website www.strictlynative.com.

John signed with the Strictly Native label in October 2003 and went to Phoenix and completed studio recordings in three days for his first album, "Da Natural." That album will be available by mid summer. Also coming this summer, John will be on tour with Strictly Native Entertainment. For more information regarding the album and tour, visit either the Strictly Native website or John's website, www.nonadic.cjb.net.

Memoreo LeCompte's website is www.singingsioux.cjb.net.

United Tribes Technical College



Registration/Classes Begin Monday, May 17

			854		
	ART190-A	SPECIAL TOPICS: FINE ARTS	GFO108-A	SUCCESS SRATEGIES FOR ONLINE LEARNERS-OL	
	ART190-B	SPECIAL TOPICS: FINE ARTS	HIT208-A	HEALTH CARE STATS & DATA PRESENTATION	
	ART190-C	SPECIAL TOPICS: FINE ARTS	HIT208-B	HEALTH CARE STATS & DATA OL	
	ART210-A	INTRO TO EDITING	HIT209-A	DIRECTED CLINICAL PRACTICE I	
	ART211-A	GRAPHIC DESIGN FUNDAMENTALS	HIT209-B	DIRECTED CLINICAL PRACTICE I	
	ART212-A	ANIMATION/SEQUENTIAL ART	HIT217-A	DIRECTED CLINICAL PRACTICE II	
	ART213-A	ART INTERNSHIP	HIT220-A	HIT APPLICATIONS	
	AST200-A	ADVANCED AUTOMOTIVE SYSTEMS	HUM101-A	HUMANITIES (IVN)	
	B10221-B	ANATOMY & PHYSIOLOGY II/LAB OL	IPH251-A	PRACTICUM IN INJURY PREVENTION	
	CJU106-A	WEAPONS & FITNESS	MTH101-A	GENERAL MATH	
	CJU215-A	COMMUNITY POLICING	MTH101-C	GENERAL MATH OL	
	COM106-A	SPEECH	MTH103-A	COLLEGE ALGEBRA	
	CS101-A	INTRO TO COMPUTERS	NF 110-A	DIABETES & MOTHER EARTH	
	CST119-A	FUNDAMENTALS OF WEB DESIGN	NF 110-B	DIABETES & MOTHER EARTH OL	
*	CST210-A	MASTERING VISUAL BASICS 6.0	NF 260-A	COMMUNITY NUTRITION	
	CST213-A	COMP TIA A+	NF 297-A	PRACTICUM I	
	CTE130-A	CARPENTRY III	NF 298-A	PRACTICUM II	
	ECE240-A	CHILD, FAMILY & COMMUNITY RELATIONS	NUR204-A	BASIC CONCEPTS IN NURSING	
	ECE261-A	METHODS & MATERIALS FOR INFANTS/TODDLER	NUR206-A	PHARMACOLOGY FOR NURSES	
	ECO102-A	MACROECONOMICS (INV)	OTC206-A	DATABASE APPLICATIONS	
	ED205-A	INTRO TO EXCEPTIONAL EDUC.	OTC215-A	SPREADSHEET APPLICATIONS	
	ED339-A	INDIAN EDUCATION	TM202-A	INTERNSHIP	
	ENG110-A	COMPOSITION (INV)	TT204-A	INTERNSHIP	
	ENG110-B	COMPOSITION	100		

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Pendleton blanket to raise funds for diabetes

Marilyn Youngbird (Three Affiliated Tribes) at right, has created a Lewis and Clark legacy item that will help in the fight against diabetes. Youngbird photographed Fort Berthold Community College student Jessica Grinnell, at left, along with her nephew, in a "Sakakawea and her baby" pose last summer near Sanish, ND. Pendleton Woolen Mills has issued a limited edition Pendleton blanket bearing Youngbird's contemporary photograph in the likeness of the famous guide and



her baby, Jean Baptiste.

The blanket will be included in Pendleton's August 2004 catalog. A limited number, 500, were made for the Lewis and Clark Bicentennial.

Youngbird, who lives in Colorado, says the blanket is one item she made to raise funds to help relatives at Fort Berthold who suffer with diabetes. The courageous fight of her Aunt Melvine Everett, and other relatives and friends, who suffered with the disease, inspired her. UTTC photo by Kyle Patterson Cross.



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