

W UNITED TRIBES TECHNICAL COLLEGE WEEKLY NEWSLETTE R

VOL. 7 NO. 15

January 19, 1998

Weekly Menu

Jan. 19 - Jan. 23

DINNER



LeRoi

- Mon.- Croissant Sandwich with Turkey or Ham, Potato Salad, Salad Bar, 2% or Skim Milk
- Tue.- Taco Salad, Baked Chips, Assorted Fresh Fruit, 2% or Skim Milk
- Wed.- Spaghetti with Meat Sauce, Vegetable, Salad Bar, Dessert, 2% or Skim Milk
- Thu.- French Dip with Au-Jus, Salad Bar, Assorted Fresh Fruit, 2% or Skim Milk
- Fri. - Knoephle Soup, Chicken Salad Sandwich on Whole Wheat, Salad Bar, 2% or Skim Milk



Rita

- Mon.- Chuckwagon Stew, Baking Powder Biscuit, Salad Bar, Fresh Fruit, Relish Tray, 2% or Skim Milk



Dennis

SUPPER

- Mon.- Braised Beef over Noodles, Vegetable, Salad, Fresh Fruit, 2% or Skim Milk
- Tue.- Bar-B-Que Chicken, Baked Potato, Vegetable, Dinner Roll, Salad Bar, Dessert, 2% or Skim Milk
- Wed.- Hamburger Hotdish, Salad Bar, Dessert, 2% or Skim Milk
- Thu.- Swiss Steak, Baked Potato, Vegetable, Salad Bar, Dessert, 2% or Skim Milk
- Fri.- Meatballs over Noodles, Vegetable, Salad, Dessert, 2% or Skim Milk
- Mon.- Bar-B-Que Ribs, Baked Potato, Vegetable, Salad, Dessert, 2% or Skim Milk



Bugs

The STARLAB Planetarium is Coming!

The STARLAB Planetarium is coming to TJES. All the students will participate in activities and finding the constellations throughout this week.

Evening sessions will be held on Tuesday, January 20; Wednesday, January 21; and Thursday, January 22.

6:00 - 6:30

6:30 - 7:00

7:00 - 7:30

7:30 - 8:00

The door will be closed and locked as soon as the session is full (16 people). People may wait outside of the small gym until the next session begins.

UTTC Sacred Child Staff on Board

United Tribes' newest project, the Sacred Child Project, recently hired all of their Bismarck staff. The Project Director of Susan Paulson, MPH, who also heads the ND Native American Children and Family Services Training Institute located at Sitting Bull College. Other staff include Deborah A. Painte, MPA, former director of the ND Indian Affairs Commission, who has assumed the Management Information Specialist/Project Evaluation position; Jan Two Shields, who comes with extension experience in community-based models and was the former National CHR training offers for IHS and most recently was the All Nations clinic manager for Rapid City Indian Health Board, and Linda Fool Bear, who recently left her position with the Department of Public Instruction School Health Program.

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The mission of the Sacred Child Project is to assist the four tribes in North Dakota. Including the Trenton Indian School Area to develop a strategic mental health plan for adolescents on the reservations in North Dakota as well as to develop a financial package to sustain the system after the life of the grant. It will also implement the wrap-around process for families and children on the Standing Rock, Spirit Lake, Three Affiliated Tribe, Turtle Mountain reservation and the Trenton Indian services area. The wrap-around process is a cutting edge concept that is currently being used when working with families and children with multiple and complex needs. Unconditional care is given to the child utilizing both formal and informal supports in an effort to keep the family intact. This philosophy is very similar to the Native American concept of the extended family, clanships, tiospaye and other familial structure whereby the community serves as a support to families.

Currently, staff are being hired for each of the reservations. Future articles will continue to provide updates on the project. For more information, please call 255-3285, ext. 385.

FINANCIAL AID NEWS

WELCOME! ALL NEW AND RETURNING STUDENTS

The Financial Aid Office will now start setting up appointments for the new and returning students to complete their financial aid file. **PLEASE CALL AND CONFIRM A TIME.** Returning students will be scheduled in on the weeks of February 9th, and 16th, 1998. New students will be scheduled for the weeks of February 23rd, and March 2nd, 1998. All students are required to complete their financial aid file, **YOU** can be held liable for all the cost of your education if you don't. **PLEASE SET UP A SCHEDULED TIME.**

AMERICAN INDIAN COLLEGE FUND (AICF) SCHOLARSHIPS

AICF scholarships applications have been put in student mailboxes. If you have not received one, you can pick one up at the mailroom, library, or the financial

aid office. All Native American students are encouraged to apply, these scholarships are awarded based on a number of different criteria: financial needs, emergency need, community involvement, volunteer work, course of study, academic achievement, etc.

ALL YOU HAVE TO DO IS:

- 1) Fill out the application.
- 2) Write your Biography (Info from page 1 of application).
- 3) Get 3 letters of recommendations from your instructors.
- 4) Turn in a picture of yourself (We can take one).
- 5) Sign Release Of Information Form (Last page of applic).
- 6) Turn it in at the UTTC Financial Aid Office by deadline.

REMEMBER! STUDENT FINANCIAL AID (SFA) AND SATISFACTORY ACADEMIC PROGRESS (SAP) GO HAND IN HAND. YOU NEED TO MAINTAIN SAP TO RECEIVE SFA.

GOOD LUCK THIS SEMESTER! AND STOP BY ANYTIME IF YOU HAVE QUESTIONS, OR JUST WANT TO VISIT.

Student Health Center

• NOTES •

Weekday Office Hours - 8:00 am - 4:00 pm
Weekend Office Hours - 8:00 am - 12:00 Noon

* New students must submit Social Security numbers, Medicaid numbers and Immunization record to the Student Health Center as soon as possible.

* Elementary Screening for the month of January:
Thursday, January 22 - Scoliosis screening grades 5-8 - new students only

* Immunization Clinics will be held at the Student Health Center on the following days. Parents or guardians must have a copy of the child's immunization record before any shot will be given. Parents must also accompany the child. The areas are as follows:

Nursery - Tuesday - February 3rd
Preschool - Wednesday - February 4th
Elementary - Thursday - February 5th

* Student Health Center will transport students to Fort Yates for medical appointments that are not covered by the Student Health Center. Wednesdays will be the day of travel. If you are in need of transportation or have questions, call or see the Student Health Center staff.

* Caps & mittens are available at the Student Health Center at your request. FREE! FREE! FREE! FREE! FREE!

* Suicide Prevention Training will be held January 27 from 2-4 pm. The training will be held in the Ed. Bldg. Room 111. Mark LoMurray from Outreach Services will be the presenter. Staff and Students are Welcome. RSVP to Wanda Walker at Ext. 277 if you are planning to attend.

How to Avoid Problems when Taking Antibiotics

- If you have ever had an allergic reaction to a medication, tell your health care provider! Know the specific name of the medication you are allergic to and the reaction that occurred.
- If you are taking other medications, tell your health care provider. This includes contraceptives and over-the-counter medicines.
- Tell your health care provider if you are on alcohol or other drugs.
- Ask about side effects, diet restrictions, or interactions with other medicines. Ask your pharmacist for a free information sheet with your prescription.

Warning Signs when Taking Antibiotics

- If wheezing, difficulty breathing or swelling in the throat, mouth or face occur, stop the medicine and seek medical advice immediately.
- If the symptoms seem life-threatening (significant difficulty breathing or swallowing), call 9-1-1.
- If you develop a skin rash or severe itching, stop taking the medicine and call your health provider.
- If you have severe persistent diarrhea or nausea, or worsening fever, call your health care provider for advice about stopping or changing antibiotics.

**Information for the
Next Newsletter must be
submitted to Arrow Graphics
No later than January 23
Attn: Wanda Swagger**



Recreation Staff

Intramural Basketball Results 1-12-97

Game 1- Southside "Bombers" defeated "Urban Warriors" 78-63. The Bombers were led in scoring by Delmar Clowns' 24 pts. and True Clown added 12. The "Warriors" were led Bennett Yellowbird Jr. 20.

Game 2 - Standing Rock "Suns" defeated Inner City "Bobcats" 75-42. Claire Fox scored 26 pts. for the "Suns". Lyle Uses Arrow had 17 pts. to lead the "Bobcats".

Game 3 - SD "Tipi Creepers" defeated the "Hoosiers" 105-70. Eli Feather Earring and Todd Thomas led the "Tipi Creepers" 36 and 19 pts. Travis Fox led the Hoosiers with 25 pts.

- January 30th is College night at the Wizards game. Show your ID and you will receive a general Admission Ticket for \$2.00. Game time at 7:15 pm.

Bismarck "Wizards"

vs

Black Hills "Posse"

Attention: The Gym will be closed on payday weekends.

- Results from Volleyball Leagues:
Co-ed Volleyball 1-13-97 United Tribes defeated 15-, 15-, 15-.
Women's Volleyball 1-14-97 United Tribes defeated Thompson Inc.: 15-8, 15-12, 15-8.

- Recreation has 5 passes for students who want to attend a Wizards Basketball game. Call John at Recreation ext. 261 for details.

1998 INTRAMURAL SCHEDULE

TEAM 1
URBAN WARRIORS

TEAM 2
SOUTHSIDE BOMBERS

TEAM 3
INNERCITY BOBCATS

TEAM 4
STAFF- HOOSIERS

TEAM 5
S.D. TIPI-CREEPERS

TEAM 6
STANDING ROCK

<u>1-19-98</u>	<u>1-26-98</u>	<u>2-2-98</u>	<u>2-9-98</u>
7:00pm 3 VS 4	6 VS 4	4 VS 1	5 VS 6
8:00pm 6 VS 1	2 VS 3	5 VS 3	1 VS 3
9:00pm 2 VS 5	1 VS 5	6 VS 2	4 VS 2

*EACH TEAM SHOULD HAVE NUMBERED JERSEYS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		Recreation Schedule				
4	5	6	7	8	9	10
	Swimming-- 7-8	TAE-KWON-DO 7-8	Swimming-7-8	Open Gym-10	TUES B.B Practice- 5:00-6:00	Gym Closed
11	12	13	14	15	16	17
Gym closed	JTC B.B. LEAGUE	CO-ED V-Ball 7:15pm	Women's V-Ball 8:45 pm Theodore Jamerson 3 rd grade B-ball vs. Rock Creek 5:00 am	Open Gym 1-10	Men's B-ball providence Canada Tournament → TUES B.B. PRAC. 5:00-6:00	→ open Gym
18	19	20	21	22	23	24
→ Open Gym	Martin Luther King day 1/2 day classes United Tribes Intramural B-ball League 7-9	CO-ED V-Ball 8:00 pm TAE-KWON-DO 7-8 Open Gym 1-10	Women's V-Ball 8:00 pm Swimming-7-8	Open Gym-1-10	Men's B-ball vs. NOSCS Walipon 7:30pm (H)	Gym Closed →
25	26	27	28	29	30	31
→ Gym closed	Intramural B-ball league 7-9 Swimming-7-8	Men's B-ball vs Trinity Bible 7:30 pm (H) CO-ED V-Ball 8:45 pm	Women's V-Ball 6:30 pm Swimming-7-8	Theodore Jamerson 7 th & 8 th grade vs B-ball Hughes 4:15 pm	Men's B-ball vs UND-williston (H) 7:30 pm	Open Gym-1-10

**SUPPORTING SUCCESS FOR LIMITED ENGLISH
PROFICIENT STUDENTS: *The Role of a Paraprofessional in
a Multicultural School***

**January 23, 1998 • 8:30 am - 12:00 pm
Doublewood Inn • Bismarck, ND**

Paraprofessionals in schools provide a powerful opportunity for limited English proficient students to receive the boost they need to succeed. Whether they are teacher aides, computer lab aides, home visitors or parent coordinators, these support staff members are integral to a successful bilingual or language development program. What is the role of a paraprofessional? What are some basic concepts they need to know about bilingual students? What are some strategies they can use successfully?

WHO SHOULD ATTEND:

Paraprofessionals who work with bilingual and multicultural students

PRESENTER:

Eva Kubinski, Comprehensive Regional Assistance Center, Madison, Wisconsin

REGISTRATION:

The registration fee is \$10.00 for an individual or \$30.00 for a group of five or more. Please send payment or FAX Purchase Order along with registration form by **January 21, 1998** to: DEPT OF PUBLIC INSTRUCTION, CKEN-11, 600 EAST BOULEVARD AVENUE, BISMARCK, ND 58505-0440. Make checks payable to the Department of Public Instruction.
FAX: (701) 328-4770.

SPONSORED BY:

Comprehensive Regional Assistance Center – Region VI; North Dakota Department of Public Instruction

SPECIAL NEEDS:

If you plan to attend this workshop and will need special facilities or assistance relating to a disability, please contact Charlotte Kaseman, (701) 328-2720, at least two (2) weeks prior to the event.

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REGISTRATION FORM

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Name(s): _____

School: _____

City: _____ State: _____ Zip: _____

Send payment or P. O. (\$10) or (\$30) along with registration form by **January 21** to:
Dept. of Public Instruction, CKEN-11, 600 East Boulevard Avenue, Bismarck, ND 58505-0440