# UNITED TRIBES TECHNICAL COLLEGE EKLY NEWSLETTE.

VOL. 7 NO. 15

January 19, 1998

# Weekly Menu

Jan. 19 - Jan. 23

### DINNER

Mon.- Croissant Sandwich with Turkey or Ham, Potato Salad, Salad Bar, 2% or Skim Milk

Tue.- Taco Salad, Baked Chips, Assorted Fresh Fruit, 2% or Skim Milk

Wed.- Spaghetti with Meat Sauce, Vegetable, Salad Bar, Dessert, 2% or Skim Milk

Thu.- French Dip with Au-Jus, Salad Bar, Assorted Fresh Fruit, 2% or Skim Milk

Fri. - Knoephle Soup, Chicken Salad Sandwich on Whole Wheat, Salad Bar, 2% or Skim Milk

Mon.- Chuckwagon Stew, Baking Powder Biscuit, Salad Bar, Fresh Fruit, Relish Tray, 2% or Skim Milk

Fresh Fruit, 2% or Skim Milk

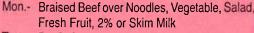
Tue.- Bar-B-Que Chicken, Baked Potato, Vegetable. Dinner Roll, Salad Bar, Dessert, 2% or Skim

Swiss Steak, Baked Potato, Vegetable, Salad Bar, Dessert, 2% or Skim Milk

Meatballs over Noodles, Vegetable, Salad,

lon.- Bar-B-Que Ribs, Baked Potato, Vegetable, Salad, Dessert, 2% or Skim Milk





### Wed.- Hamburger Hotdish, Salad Bar, Dessert, 2% or Skim Milk

# Dessert, 2% or Skim Milk

# The STARLAB Planetarium is Coming!

The STARLAB Planetarium is coming to TJES. All the students will participate in activities and finding the constellations throughout this week.

Evening sessions will be held on Tuesday, January 20; Wednesday, January 21; and Thursday, January 22.

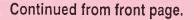
> 6:00 - 6:30 6:30 - 7:00 7:00 - 7:30 7:30 - 8:00

The door will be closed and locked as soon as the session is full (16 people). People may wait outside of the small gym until the next session begins.

# UTTC Sacred Child Staff on Board

United Tribes' newest project, the Sacred Child Project, recently hired all of their Bismarck staff. The Project Director of Susan Paulson, MPH, who also heads the ND Native American Children and Family Services Training Institute located at Sitting Bull College. Other staff include Deborah A. Painte, MPA, former director of the ND Indian Affairs Commission, who has assumed the Management Information Specialist/Project Evaluation position; Jan Two Shields, who comes with extension experience in communitybased models and was the former National CHR training offers for IHS and most recently was the All Nations clinic manager for Rapid City Indian Health Board, and Linda Fool Bear, who recently left her position with the Department of Public Instruction School Health Program.

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The mission of the Sacred Child Project is to assist the four tribes in North Dakota. Including the Trenton Indian School Area to develop a strategic mental health plan for adolescents on the reservations in North Dakota as well as to develop a financial package to sustain the system after the life of the grant. It will also implement the wrap-around process for families and children on the Standing Rock, Spirit Lake, Three Affiliated Tribe, Turtle Mountain reservation and the Trenton Indian services area. The wrap-around process is a cutting edge concept that is currently being used when working with families and children with multiple and complex needs. Unconditional care is given to the child utilizing both formal and informal supports in an effort to keep the family intact. This philosophy is very similar to the Native American concept of the extended family, clanships, tiospaye and other familial structure whereby the community serves as a support to families.

Currently, staff are being hired for each of the reservations. Future articles will continue to provide updates on the project. For more information, please call 255-3285, ext. 385.

### FINANCIAL AID NEWS

WELCOME! ALL NEW AND RETURNING STUDENTS

The Financial Aid Office will now start setting up appointments for the new and returning students to complete their financial aid file. PLEASE CALL AND COMFIRM A TIME. Returning students will be scheduled in on the weeks of February 9th, and 16th, 1998. New students will be scheduled for the weeks of February 23rd, and March 2nd, 1998. All students are required to complete their financial aid file, YOU can be held liable for all the cost of your education if you don't. PLEASE SET UP A SCHEDULED TIME.

# AMERICAN INDIAN COLLEGE FUND (AICF) SCHOLARSHIPS

AICF scholarships applications have been put in student mailboxes. If you have not received one, you can pick one up at the mailroom, library, or the financial aid office. All Native American students are encouraged to apply, these scholarships are awarded based on a number of different criteria: financial needs, emergency need, community involvement, volunteer work, course of study, academic achievement, etc.

#### ALL YOU HAVE TO DO IS:

- 1) Fill out the application.
- 2) Write your Biography (Info from page 1 of application).
- 3) Get 3 letters of recommendations from your instructors.
- 4) Turn in a picture of yourself (We can take one).
- 5) Sign Release Of Information Form (Last page of applic).
- 6) Turn it in at the UTTC Financial Aid Office by deadline.

REMEMBER! STUDENT FINANCIAL AID (SFA) AND SATISFACTORY ACADEMIC PROGRESS (SAP) GO HAND IN HAND. YOU NEED TO MAINTAIN SAP TO RECEIVE SFA.

GOOD LUCK THIS SEMESTER! AND STOP BY ANYTIME IF YOU HAVE QUESTIONS, OR JUST WANT TO VISIT.

# Student Health Center • NOTES •

Weekday Office Hours - 8:00 am - 4:00 pm Weekend Office Hours - 8:00 am - 12:00 Noon

- \* New students must submit Social Security numbers, Medicaid numbers and Immunization record to the Student Health Center as soon as possible.
- \* Elementary Screening for the month of January: Thursday, January 22 - Scoliosis screening grades 5-8 - new students only
- \* Immunization Clinics will be held at the Student Health Center on the following days. Parents or guardians must have a copy of the child's immunization record before any shot will be given. Parents must also accompany the child. The areas are as follows:

Nursery - Tuesday - February 3rd Preschool - Wednesday - February 4th Elementary - Thursday - February 5th



- \* Student Health Center will transport students to Fort Yates for medical appointments that are not covered by the Student Health Center. Wednesdays will be the day of travel. If you are in need of transportation or have questions, call or see the Student Health Center staff.
- \* Caps & mittens are available at the Student Health Center at your request. FREE! FREE! FREE! FREE! FREE!
- \* Suicide Prevention Training will be held January 27 from 2-4 pm. The training will be held in the Ed. Bldg. Room 111. Mark LoMurray from Outreach Services will be the presenter. Staff and Students are Welcome. RSVP to Wanda Walker at Ext. 277 if you are planning to attend.

#### How to Avoid Problems when Taking Antibiotics

- If you have ever had an allergic reaction to a medication, tell your health care provider! Know the specific name of the medication you are allergic to and the reaction that occurred.
- If you are taking other medications, tell your health care provider. This includes contraceptives and over-the-counter medicines.
- Tell your health care provider if you are on alcohol or other drugs.
- Ask about side effects, diet restrictions, or interactions with other medicines. Ask your pharmacist for a free information sheet with your prescription.

#### Warning Signs when Taking Antibiotics

- If wheezing, difficulty breathing or swelling in the throat, mouth or face occur, stop the medicine and seek medical advice immediately.
- If the symptoms seem life-threatening (significant difficulty breathing or swallowing), call 9-1-1.
- If you develop a skin rash or severe itching, stop taking the medicine and call your health provider.
- If you have severe persistent diarrhea or nausea, or worsening fever, call your health care provider for advice about stopping or changing antibiotics.

Information for the Next Newsletter must be submitted to Arrow Graphics No later then January 23 Attn: Wanda Swagger



# **Recreation Staff**

### Intramural Basketball Results 1-12-97

Game 1- Southside "Bombers" defeated "Urban Warriors" 78-63. The Bombers were led in scoring by Delmar Clowns' 24 pts. and True Clown added 12. The "Warriors" were led Bennett Yellowbird Jr. 20.

Game 2 - Standing Rock "Suns" defeated Inner City "Bobcats" 75-42. Claire Fox scored 26 pts. for the "Suns". Lyle Uses Arrow had 17 pts. to lead the "Bobcats".

Game 3 - SD "Tipi Creepers" defeated the "Hoosiers" 105-70. Eli Feather Earring and Todd Thomas led the "Tipi Creepers" 36 and 19 pts. Travis Fox led the Hoosiers with 25 pts.

 January 30th is College night at the Wizards game. Show your ID and you will receive a general Admission Ticket for \$2.00. Game time at 7:15 pm. Bismarck "Wizards"

VS

Black Hills "Posse"

Attention: The Gym will be closed on payday weekends.

• Results from Volleyball Leagues: Co-ed Volleyball 1-13-97 United Tribes defeated 15-, 15-, 15-.

Women's Volleyball 1-14-97 United Tribes defeated Thompson Inc.: 15-8, 15-12, 15-8.

 Recreation has 5 passes for students who want to attend a Wizards Basketball game. Call John at Recreation ext. 261 for details.

# 1998 INTRAHURAL SCHEDULE

TEAM 1 URBAN WARRIORS	TEAM 2 SOUTHSIDE B		TEAM 3 INNERCITY BORGATS
TEAM 4 STAFF- HOOSTERS	S.D. TIPI-C	RESPERS	TEAM 6 STANDING ROCK
1-19-98	1-26-98	2-2-9	2-9-98
7/00pm3 VS 4	6 Vs 4	4 VS 1	5 V8 6
8.00/m6 VS 1	2 VS 3	5 VS.	1 VS 3
910cpm2 V8 5	1 V8 5	6 VS 2	4 VS 2

\*EACH TEAM SHOULD HAVE NUMBERED JERSEYS

Recreation Schedule  Bopen Gm1-10 9 TUES BB 10 Gym Closed  1 JUTE TRB.  13 CD-EDV-Brill  B. US pur Trace known TO  Swimming -7-8  B. Open Gym 1-10  Summing T-8  League  Tace known TO  Rack Creek  Sico an Dom Gym 1-10  Rack Creek  Sico an Dom Gym 1-10  Rack Creek  Sico an Dom Gym 1-10  Summing -7-8  Open Gym  VS  VS  Som Closed >  Open Gym  The device through  VS  Nose United Trives  Trace was 12 led Tree was 500 pm  VS  Trace was 200 pm  VS  VS  Open Gym  The device of the difference of the di	SUI AY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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1/2 day classes United Tribes Therewon-Do Tober Gym League 7-9 Doen Gym 1-10 Swimming-7-8 Doen Gym - 1-10  Broall league Tober Bible Trinity Bible	18	19 Martin Luther	20 CO-EDV-Ball	21 Women's V-Ball	22	23 mens B-ball	24
B-ball league VS  7-9  Trinity Bible  7:30 pm  Hughus  4:15 pm  4:15 pm	-> Open Gym	1/2 day classes United Tribes Intramura 1 B-bal League 7-9	8:00 pm 7-8- ruon-Do 7-8 00en Gym 1-10	Bloopin Swimming-7-8		NOSCS Wahpeton 7:30pm (H)	Gym Closed ->
Gpen Gym -1-10	-> Gym (losed	B-ball lengue	Trinity Bible 7:30 pm (17) CO-EU V-Ball	6130pm	7th & Bthgrade VS B-ball Hughes	UND-Willisten	Open Gym -1-10

# SUPPORTING SUCCESS FOR LIMITED ENGLISH PROFICIENT STUDENTS: The Role of a Paraprofessional in a Multicultural School

January 23, 1998 • 8:30 am - 12:00 pm Doublewood Inn • Bismarck, ND

Paraprofessionals in schools provide a powerful opportunity for limited English proficient students to receive the boost they need to succeed. Whether they are teacher aides, computer lab aides, home visitors or parent coordinators, these support staff members are integral to a successful bilingual or language development program. What is the role of a paraprofessional? What are some basic concepts they need to know about bilingual students? What are some strategies they can use successfully?

#### WHO SHOULD ATTEND:

Paraprofessionals who work with bilingual and multicultural students

#### PRESENTER:

Eva Kubinski, Comprehensive Regional Assistance Center, Madison, Wisconsin

#### REGISTRATION:

The registration fee is \$10.00 for an individual or \$30.00 for a group of five or more. Please send payment or FAX Purchase Order along with registration form by January 21, 1998 to: DEPT OF PUBLIC INSTRUCTION, CKEN-11, 600 EAST BOULEVARD AVENUE, BISMARCK, ND 58505-0440. Make checks payable to the <u>Department of Public Instruction</u>. FAX: (701) 328-4770.

#### SPONSORED BY:

Comprehensive Regional Assistance Center – Region VI; North Dakota Department of Public Instruction

#### SPECIAL NEEDS:

If you plan to attend this workshop and will need s	pecial facilities or assistance relating to a
disability, please contact Charlotte Kaseman, (701)	328-2720, at least two (2) weeks prior to
the event.	

# REGISTRATION FORM

SUPPORTING SUCCESS FOR LIMITED ENGLISH PROFICIENT STUDENTS: The Role of a Paraprofessional in a Multicultural School

January 23, 1998 • 8:30 am - 12:00 pm

Doublewood Inn • Bismarck, ND

Name(s):		
School:		
City:	State:	Zip:

Send payment or P. O. (\$10) or (\$30) along with registration form by January 21 to: Dept. of Public Instruction, CKEN-11, 600 East Boulevard Avenue, Bismarck, ND 58505-0440