

W UNITED TRIBES TECHNICAL COLLEGE WEEKLY NEWSLETTE R

VOL. 8 NO. 6

October 5, 1998

Weekly Menu

Oct. 5 - Oct. 9

DINNER



LeRoi

- Mon.- Chuckwagon Stew, Baking Powder Biscuit, Salad Bar, Fresh Fruit, Relish Tray, 2% or Skim Milk
- Tue.- Ham Sandwich, Soup, Salad Bar, Dessert, 2% or Skim Milk
- Wed.- Chicken-Stir-Fry w/Oriental Noodles, Rice, Cranberry Sauce, Salad Bar, Pumpkin Bar, 2% or Skim Milk
- Thu.- Bar-B-Que Beef on a Bun, Soup, Salad Bar, Assorted Fresh Fruit, 2% or Skim Milk
- Fri.- Tuna Salad Sandwich, Soup, Salad Bar, Lemon Bars, 2% or Skim Milk

Oct. 12

- Mon.- Goulash, Vegetable, Dinner Bun, Salad Bar, 2% or Skim Milk



Rita

SUPPER



Dennis

- Mon.- Bar-B-Que Ribs, Baked Potato, Vegetable, Salad, Dessert, 2% or Skim Milk
- Tue.- New England Dinner, Boiled Potatoes, Boiled Vegetables, Salad Bar, Dessert, 2% or Skim Milk
- Wed.- Pepper Steak, Rice Pilaf, Salad Bar, Dessert, 2% or Skim Milk
- Thu.- Chicken Breasts, Rice, Tossed Salad, Garlic Toast, 2% or Skim Milk
- Fri.- Roast Pork, Mashed Potatoes & Gravy, Vegetable, Salad Bar, Dessert, 2% or Skim Milk



Jeff

- Mon.- Hamburger on a Bun, French Fries or Potato Chips, Soup, Salad Bar, Brownies, 2% or Skim Milk

Student Health Center Notes:

- Student Health Center staff will transport students in need of medical care to Fort Yates one time per week. The day of transport varies according to the student's medical needs. Arrangements for transport must be made by the Student Health Center nursing staff. Sack lunches will be provided. Students who are transported must make prior arrangements with their instructors for class time that is missed. Only students who have medical appointments will be transported.

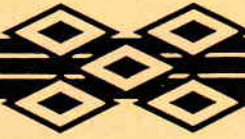
- Students who have received letters asking them to fill out or return medical forms should do so as soon as possible.

- Elementary dental & vision screenings are complete. Letters have been sent to parents recommending either vision and/or dental referrals. Please make these appointments as soon as possible. If the student is on Medical Assistance we would ask that you inform the Student Health Center for record keeping purposes. DEADLINE for Children who have no other sources of payment other than the Student Health Center is October 16. Please see Student Health to schedule appointments before this date. Adult students are waiting to make eye appointments.

- Students who have not submitted social security numbers, medical assistance numbers and enrollments numbers, please do so immediately.

- Congratulations to United Tribes Technical College! United Tribes Technical College has been selected to receive a **Prevention Through Education** award through the Mental Health Association in North Dakota. The award is presented to facilities within the Bismarck-Mandan who utilize the Mental Health Association for services such as suicide prevention, gambling addiction, alcoholism, self-esteem programs and other mental health issues.

Continued on Page 2



Continued from Front Page.

• **SHC Upcoming Activities:**

Flu Shots: UTTC Native American Students ONLY - October 12-16 from 1:00 pm to 4:00 pm at SHC; UTTC Staff (if vaccine available) - October 22 & 23 from 1:00 pm to 4:00 pm at SHC.

Immunization Clinics: (tentatively scheduled) October 6-8, Dates will be posted and letters sent out.

Monthly Head Checks: October 14 & 15

Scoliosis Screenings: October 7, **If parents do not want their child screened they must notify the Student Health Center.**

NEWS FROM THE COUNSELING DEPARTMENT:

Val Finley will be substituting for Rosie Jacobson from October 5 thru November 13, 1998. Students and Faculty may reach Val in the Counseling Department or at Ext. 372

The High Cost of Driving While INTOXICATED

The actual cost of DWI is very expensive. The best way to avoid a DWI is to not drive when you are intoxicated. But if you do and are caught, let's look at the immediate costs. When you are pulled over and fail to pass the Breathalyzer Test you are put in jail until someone can put up your bail, which usually runs about \$300. When you are guilty of DWI, the fine in the Mandan Courts for first time is \$350 and 10 days in jail. The jail time and \$100 are suspended for one year. When you are found guilty of DWI you must submit to an alcohol evaluation. The cost of the evaluation will be about \$100. The classes or treatment will run from \$180 to \$1,200 depending on results of the evaluation. You have the right to hire an attorney to defend you. The fees charged will vary but can be in the \$2000 to \$2500 range. You will lose your drivers license for 91 days. In order to get your license back, you will need to file an SR-22 with your insurance carrier. The cost of liability insurance for a 21 year old male with a DUI is about \$62 per month.

Chemical Health Center Really want to help an Alcoholic?

If you really want to help an alcoholic in your family, try the following constructive suggestions:

1. Start learning the facts about alcoholism. Begin attending Al-Anon at once if alcoholism is the problem. If it is, give up and accept it.
2. You no longer have to blame the alcoholic. Concentrate on your own actions.
3. You no longer have to control the alcoholic's drinking. Let him drink as much and as often as he pleases -- s/he is going to anyway. Any of your attempts to stop him/her or to control him/her will fail-- and provide the justification s/he's looking for to continue drinking.

Each time s/he drinks to excess and causes suffering to himself or others, suggest treatment when s/he has sobered up enough to listen. But do not offer treatment when he has himself put together again. That's too late. If s/he agrees to treatment, get him there at once before s/he talks himself and you out of it.

4. You no longer have to rescue the alcoholic. Start letting him suffer and assume responsibility for each and every consequence of his/her drinking. Whenever you bail him out of jail or call the boss with an excuse for his/her absence, make good bad checks or tell lies to cover, or in any other way protect him/her from the consequence of his drinking, you are prolonging the problem.
5. You no longer have to be concerned with the alcoholic's reasons for drinking. There aren't any. Reasons are only excuses for an alcoholic to keep drinking.
6. You no longer have to reject outside persons. Renew old friendships and begin new ones. Rejoining the world will force the alcoholic to compare his sick behavior with the more normal behavior of others.
7. You no longer have to threaten. Say what you mean and do what you say.
8. You no longer have to accept or extract promises. It isn't fair to ask for promises because the alcoholic can't keep them. Broken promises heighten his sense of inadequacy and cause him to feel unworthy.

Continued on page

Continued from Page 2.

9. You no longer have to nag, preach, coax and lecture. Start reporting the facts of his/her inappropriate action each next day when s/he's sober and then drop the subject for the balance of the day to avoid nagging.

10. You no longer have to be a puppet. Your alcoholic is an expert at getting you to lose your cool and thus provide him with justification for drinking. The alcoholic is forced to respond to your healthy changes with changes of his own -- maybe even sobriety and health for him/herself.

Injury Prevention Program Seat Belt Survey - Oct. 1, 1998

The UTTC-IP seat belt survey was done on October 1, conducted by the Injury Prevention Students and below are the following results:

154 Vehicles were surveyed
74% Were cars
15% Were pickups
11% Were vans

Drivers:

| Males | Females |
|---------------------|---------------------|
| 38% Were belted | 56% Were belted |
| 62% Were not belted | 44% Were not belted |

Passengers

| Males | Females |
|---------------------|---------------------|
| 62% Were belted | 57% Were belted |
| 38% Were not belted | 43% Were not belted |

The Injury Prevention Program (students) wish to THANK all the drivers for their courtesy during this survey. Remember seat belts can save lives and prevent injuries. Also, its the North Dakota state law that you wear you seat belt. A special THANK YOU to UTTC Security Officer, Cornell Poitra.

The Crystal Apple Award

The Crystal Apple Award is presented annually by the Higher Education Committee and the Chamber of Commerce. This award is granted to college instructors who are dynamic achievers and active with the community.

In this form you will be asked to name your nominee and to write a short paragraph on why he or she should be chosen as Crystal Apple Recipient of the year. Nominees must have been employed in the Bismarck/Mandan higher education institutions for the past three years.

The selection process will take place at the beginning of November, and the award will be presented on the eleventh of November.

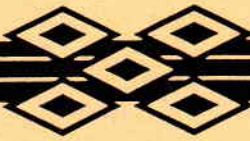
The Recipient of the Crystal Apple Award will make an appearance at the Higher Education Awareness Week Luncheon held at Bismarck Municipal Country Club, November 11, 1998.

Show your support for a UTTC faculty member by filling out a nomination form. You are eligible to fill out a nomination form if you are a student, supervisor or peer. You can obtain these forms at the placement office from either Shirley or myself. All nomination forms are due in the Chamber of Commerce Office **NO LATER THEN OCTOBER 15, 1998.**

If you have any question about the Crystal Apple Award fill free to visit or call me.

Thank you,
Vince Schanandore,
Placement Counselor

**Information for the
Next Newsletter must be
submitted to Arrow Graphics
No later then Oct. 9
Attn: Wanda Swagger**



For a Quick Recovery

"Presently a patient at
St. Alexius Medical Center"
from Sister Kathryn Zimmer, Faculty and
Students of UTTC Nursing Department

John Running Hawk
Delshey Webster
Robert Webster
Lonny White Eyes
Chev Hackett
Chris Blackbird
Troy Blout
Mel Four Bear
Darren Covington

Women's Basketball Conditioning

Tuesday, October 6: 6:45 - 7:45 pm
Wednesday, October 7: 4:15 - 5:15 pm
Thursday, October 8: 6:45 - 7:45 pm
Dress for running outside

Basketball Practice starts:
Monday, October 12, 4:15 - 6:00 pm

RECREATION STUFF:

The United Tribes Flag Football team traveled to Fort Yates to play the Sitting Bull "Suns" on Friday and came home with a hard fought 12 to 6 victory.

Without having one official practice the United Tribes boy's controlled the game on the defensive side, allowing only two first down for the "Suns". UTTC was led on offense by Sophomore running back Lonny White Eyes who scored both touchdowns one on a ten yard run and the other on an 80 yard pass from quarterback Robert "my arm hurts" Webster who played an excellent game.

The defense was led by Chev Hackett's 2 interceptions and Eli Feather Earrings had 10 tackles.

Standing Rock will travel to United Tribes on October 23 to play us in our Homecoming game.

Team Members:

Rich Smoekel
Eli Feather Earring
Tilmer Everette
Lee Logg
Sonny Garreau

1998 Fall Basketball League

Team 1: The Bombers - True Clowns
Team 2: Dakota Redmen - Chris Blackbird
Team 3: Urban Warriors - Waylon Goodleft
Team 4: Hoosiers - Robert Webster
Team 5: Sitting Bull "Suns" - Bill Reiter or Brent Kary
Team 6: CJ "Boys"

| | | | |
|-------|--------|--------|--------|
| | 9-28 | 10-5 | 10-12 |
| 6:30: | 2 vs 4 | 1 vs 2 | 2 vs 3 |
| 7:30: | 1 vs 5 | 3 vs 5 | 1 vs 4 |
| 8:30: | 3 vs 6 | 4 vs 6 | 5 vs 6 |
| | 10-19 | 10-26 | 11-2 |
| 6:30: | 4 vs 3 | 1 vs 3 | 2 vs 4 |
| 7:30: | 2 vs 5 | 4 vs 5 | 1 vs 5 |
| 8:30: | 1 vs 6 | 2 vs 6 | 3 vs 3 |
| | 11-19 | | |
| 6:30: | 1 vs 2 | | |
| 7:30: | 3 vs 5 | | |
| 8:30: | 4 vs 6 | | |

Cultural Appreciation Night
Every Wednesday at
7:00 pm - Small Gym
Students, Staff & Faculty are
ALL INVITED!

THE DAVID AND LUCILE PACKARD FOUNDATION

Kenneth Ford
Director of Science Programs
phone 650-917-7294
fax 650-917-6180
e-mail k.ford@packfound.org

September 17, 1998

Mr. David Gipp
President
United Tribes Technical College
3315 University Drive
Bismarck, ND 58501

Dear Mr. Gipp:

I am writing to invite you and members of your staff to nominate one or more students from your institution for the Packard Foundation's Tribal Scholars Program. As detailed in the attached brochure, the Foundation will be awarding ten scholarships of \$20,000 each (payable over two years) to graduates of tribal colleges who plan to continue their studies in any U.S. college or university. A student whom you nominate should be on the way to earning an associate's degree (or equivalent) at your institution by next June with a more than satisfactory record, and should have excellent prospects of completing work for a bachelor's degree in a field of science, mathematics, computer science, or engineering.

The purpose of the Tribal Scholars Program is to increase the number of American Indians who pursue careers in science or engineering, or become leaders in the technical and economic development of their tribes.

In addition to the program brochure, one nomination packet is attached. You may make as many copies of this packet as you wish. A full packet should be returned for each nominee to reach the Foundation by November 30, 1998. Awards will be announced by March 31, 1999, and will become effective after the student submits a satisfactory final transcript from your college and presents proof of admission to a four-year U.S. college or university.

Please publicize this program on your campus. We look forward to receiving one or more nominations from you. Since only ten Tribal Scholars will be selected nationwide, the competition will be keen and not all qualified nominees will receive awards. Any suggestions that you might have for a more effective Tribal Scholars Program would also be welcome.

Sincerely yours,



P.S. I am taking the liberty of sending copies of the attached materials to the heads of your mathematics and science programs so that they might assist in identifying and nominating students for the Tribal Scholarships.

300 Second Street, Suite 200
Los Altos, California 94022
(650) 948-7658



UNITED TRIBES TECHNICAL COLLEGE
3315 UNIVERSITY DRIVE
BISMARCK, NORTH DAKOTA 58504 • PHONE 701-255-3285 • FAX 701-255-1844



October 1, 1998

TO: Geri Whiteman, President - UTTC Student Senate
Shawn King, Vice-President - UTTC Student Senate
Dean Gillis, Secretary - UTTC Student Senate
Ladeana Roberts, Treasurer - UTTC Student Senate
Norma Two Bulls, Parliamentarian - UTTC Student Senate

FROM: Dr. David M. Gipp, President

CERTIFICATION OF ELECTED STUDENT SENATE REPRESENTATIVES

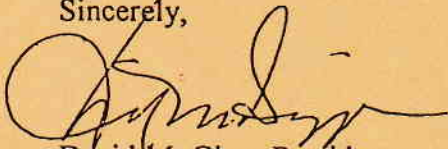
This certifies that the students identified herein, were duly elected by the student body of United Tribes Technical College at an election of officers held on September 30, 1998.

These students have been verified as being in good academic standing and have met all requirements necessary to effectively fulfill the role and responsibilities of the Executive Board of the Student Body for the 1998-1999 Academic Year.

These Student Senate officers constitute the Student Body Executive Committee and officers of the Student Senate. They are responsible to the Dean of Academic and Vocational Programs to carry out the duties set forth in the Student Handbook.

On behalf of the United Tribes Board of Directors, students, staff and faculty, we commend you for your willingness to serve as the voice of the student body and wish you the best in all your endeavors.

Sincerely,



David M. Gipp, President

Student Health Center will be offering flu shots to Native American UTTC students on the following dates:
October 12-16 from 1-4 p.m. at the Student Health Center.

UTTC staff (Native American) will be offering flu shots (if vaccine is available) on October 22 & 23 from 1-4 p.m.
Call SHC prior to Oct. 22 to see if vaccine will be available.

Non-Indian Staff & Students who wish to obtain a flu shot can call Burleigh City Nursing to schedule an appointment
or inquire about walk-in clinic. CALL 222-6525 FEE is \$8.00.

INFLUENZA VACCINE

WHAT YOU NEED TO KNOW

1998-99

1 Why get vaccinated?

Influenza is a serious disease.

It is caused by a virus that spreads from infected persons in the nose or throat of others. The "influenza season" in the U.S. is from November to March or April each year.

- influenza can cause:
 - fever
 - sore throat
 - headache
 - cough
 - chills
 - muscle aches

People of any age can get influenza. Most people are ill with influenza for only a few days, but some get much sicker and may need to be hospitalized. Influenza causes thousands of deaths each year, mostly among the elderly. Influenza vaccine can prevent influenza.

2 Influenza vaccine

The viruses that cause influenza change often. Because of this, influenza vaccine is updated each year by replacing at least one of the vaccine viruses with a newer one. This is done to make sure that influenza vaccine is as up-to-date as possible.

Protection develops 1 to 2 weeks after the shot and may last up to a year.

3 Who should get influenza vaccine?

- People at risk for getting a serious case of influenza or complications - or people in close contact with them - should get the vaccine. These include:
 - Everyone 65 years of age or older
 - Residents of long term care facilities housing persons with chronic medical conditions

* Anyone who has a serious long-term health problem with:

- heart disease
- lung disease
- asthma
- kidney disease
- metabolic disease, such as diabetes
- anemia, and other blood disorders

* Anyone whose immune system is weakened because of:

- HIV/AIDS or other diseases that affect the immune system
- treatment with drugs such as long-term steroids
- current treatment with cancer therapies

* Anyone 6 months to 18 years of age on long-term aspirin treatment (aspirin could develop Reye Syndrome if they catch influenza)

* Women who will be more than 3 months pregnant during the influenza season

* Physicians, nurses, or anyone else coming in close contact with people at risk of serious influenza

(Others who should consider getting influenza vaccine include:

- People who provide essential community services
- Travelers to the Southern Hemisphere between April and September, or those traveling to the tropics any time
- Students and staff at schools and colleges, to prevent outbreaks

* Anyone who wants to reduce their chance of catching influenza

4 When should I get influenza vaccine?

The best time to get influenza vaccine is between September and December. A new shot is needed each year.

- People 9 years of age and older need *one shot*
- Children less than 9 years old may need *two shots*, given one month apart

Influenza vaccine can be given at the same time as other vaccines, including pneumococcal vaccine.

5 Can I get influenza even though I got the vaccine this year?

Yes. Influenza viruses change often, and they might not always be covered by the vaccine. But people who *do* get influenza despite being vaccinated often have a milder case than those who did not get the shot.

Also, in many people "the flu" is any illness with fever and cold symptoms. They may expect influenza vaccine to prevent these illnesses. But influenza vaccine is effective only against illness caused by influenza viruses, and not against other causes of fever and colds.

6 Some people should consult with a doctor before getting influenza vaccine.

Consult with a doctor before getting an influenza vaccine if you:

- 1) ever had a serious allergic reaction to eggs or a previous dose of influenza vaccine or
- 2) have a history of Guillain-Barré Syndrome (GBS).

If you are moderately or severely ill at the time the shot is scheduled you should usually wait until you recover before getting influenza vaccine. Talk to your doctor or nurse about rescheduling the vaccination.

7 What are the risks from influenza vaccine?

A vaccine, like any medicine, is capable of causing serious problems, such as severe allergic reactions. The risk of a vaccine causing serious harm, or death, is extremely small. Almost all people who get influenza vaccine have no serious problems from it. The viruses in the vaccine are killed, so you cannot get influenza from the vaccine.

Mild problems:

- soreness, redness, or swelling where the shot was given
- fever
- aches

If these problems occur, they usually begin soon after the shot and last 1-2 days.

Severe problems:

- Life-threatening allergic reactions are very rare. If they do occur, it is within a few minutes to a few hours after the shot.

• In 1976, swine flu vaccine was associated with a severe paralytic illness called Guillain-Barré Syndrome (GBS). Influenza vaccines since then have not been clearly linked to GBS. However, if there is a risk of GBS from current influenza vaccines it is estimated at 1 or 2 cases per million persons vaccinated - much less than the risk of severe influenza, which can be prevented by vaccination.

8 What if there is a moderate or severe reaction?

What should I look for?

- Any unusual condition, such as a high fever or behavior changes. Signs of a serious allergic reaction can include difficulty breathing, lightheadedness or wheezing, hives, paleness, weakness, a fast heart beat or dizziness.

What should I do?

- Call a doctor, or get the person to a doctor right away.
- Tell your doctor what happened, the date and time it happened, and when the vaccination was given.
- Ask your doctor, nurse, or health department to file a Vaccine Adverse Event Reporting System (VAERS) form, or call VAERS yourself at 1-800-822-7967.

9 How can I learn more?

- Ask your doctor or nurse. They can give you the vaccine package insert or suggest other sources of information.
- Call your local or state health department
- Contact the Centers for Disease Control and Prevention (CDC):
 - Call 1-800-232-2522 (English)
 - Call 1-800-232-0233 (Spanish)
 - Visit the National Immunization Program's website at <http://www.cdc.gov/nip>



U.S. DEPARTMENT OF HEALTH & HUMAN SERVICES
Centers for Disease Control and Prevention
National Immunization Program

Influenza - 2/98
Vaccine Information Statement



by Elizabeth Pantley, author of *Kid Cooperation* and *Perfect Parenting* pantley.com/elizabeth

They never listen to me!

If you read the title of this article and assumed it was a parent's statement. Guess again.

Our local newspaper asked 100 kids, aged 7 to 17, the question, "What do you wish your parents did differently?" The most common answer? No, if it was not more junk food, later curfews or unlimited TV. The most common answer was, "I wish they would listen to me."



What do they mean?

When kids want parents to listen to them, they don't mean listen and judge, or listen and nag or even listen and solve. What they mean is they would like their attention and interest. What they want is a parent who will put down the remote control, the newspaper or the dishtowel and give them a few minutes of eyeball-to-eyeball listening.



Be an available parent.

Being available when your children want you or need you is a powerful expression of love. Too many times parents tell children that they'll talk "later" or "in a minute" and "later" never comes. Typically, when your child wants your attention, and you respond immediately and totally, your child's needs will be met rather quickly. If, however, your child must wait endlessly for your attention, the problem will grow as he waits, or even worse, he'll take his thoughts to someone else, and you'll never know what you've missed.



Listen for the real meaning.

Children aren't always accurate and articulate when they talk. Often, parents need to "read between the lines". Even as teenagers our children sometimes deliver words that are very different from their intended meaning. It's an astute parent who can get past the words being said to the intended meaning. We sometimes find it hard to do this because we get caught up in our child's tone of voice or manner of speaking. Or we make up our minds quickly as we assume the conversation will be a copy of past experiences. It's a smart parent who will try to get beyond simply listening and move toward understanding.



What's the end result?

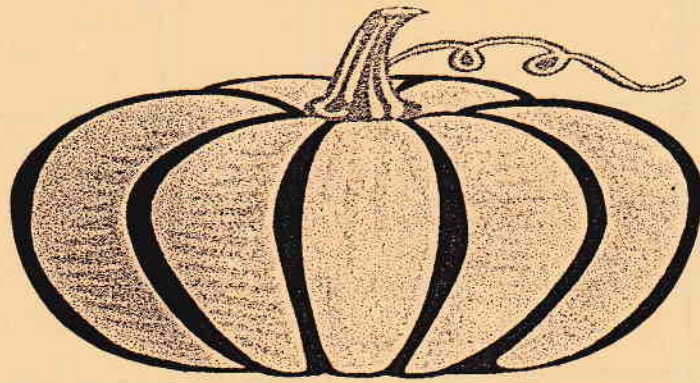
Several things happen when a parent is doing more listening and understanding. One clear benefit is that your children begin to talk to you about the important things in their lives without fear of judgement or criticism. They become much more honest and open, giving you an opportunity to share your thoughts and values in a non-threatening environment. In addition, when you begin to see your child with new eyes you'll like what you see, you'll feel more love for your child, and you'll be a happier parent.

The Listening Quiz

At the end of each day, can you answer "YES" to these questions?

1. Today my child told me something I didn't know.
2. Today I looked into my child's eyes as I listened.
3. Today I asked my child a question and then listened to the entire answer without interrupting.
4. Today I put down whatever was in my hands to show my child my full attention.
5. Today I was available to my child when he/she wanted to talk to me.
6. Today, as I listened to my child, I held back at least one unproductive comment.
7. Today I asked my child at least one helpful question.
8. Today I laughed at something my child said.





**PICK A PUMPKIN FOR
HALLOWEEN AT THE
PUMPKIN PATCH!**

Thursday, October 8th

If you need Transportation, a van will leave from the
UTTC Cafeteria at 5 pm. You can also meet us there!

Family Club will pay for \$1.00 per child to go towards
the purchase of a pumpkin.

The Pumpkin Patch is located on N. River Road, 4
miles North of Pioneer Park.

A Family Club "Just Say No" Activity

MONTH October / Recreation YEAR 1998

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|-------------------------------|--|--|---|---|--|
| 4 Gym Closed | 5 B-Ball League 6:00pm | 6 Tai-Kwon-Do 7:00pm Horsehoe singles 6:30pm | 7 Women's V-Ball 8:15pm pioneer gym 8:45pm TJES VS Little Eagle 5:00pm (H) YMC A-Swimming | 8 CO-ED V-Ball 8:00pm Horsehoe Doubles 6:30pm | 9 Gym 7:00pm Movie 7:00pm YMC A-Swimming | 10 Gym Closed Movie |
| 11 Gym Closed | 12 B-Ball League 6:00pm | 13 Tai-Kwon-Do 7:00pm Horsehoe Singles 6:30pm | 14 Women's V-Ball 7:15pm YMC A-Swimming | 15 CO-ED V-Ball 7:15pm TJES VS Midgets 5:00pm (H) Horsehoe Doubles 6:30pm | 16 Gym 8:00pm Tournament 6:30pm YMC A-Swimming | 17 Gym YMC A-Swimming |
| 18 Open Gym | 19 B-Ball League 6:00pm | 20 Tai-Kwon-Do 7:00pm TJES VS First Steps 5:00pm (H) Horsehoe Singles 6:30pm | 21 Women's V-Ball 8:00pm YMC A-Swimming | 22 CO-ED V-Ball 6:30pm TJES B-Ball 5:00pm (H) Horsehoe Doubles 6:30pm | 23 Gym 7:00pm Movie 7:00pm Homecoming Activities 1:00pm | 24 Gym Closed Independent B-Ball Tournament TJES B-Ball game 1:00pm |
| 25 Independent B-Ball Tournament | 26 B-Ball League 6:00pm | 27 Tai-Kwon-Do 7:00pm Horsehoe Singles 6:30pm | 28 Women's V-Ball 8:00pm YMC A-Swimming | 29 CO-ED V-Ball 9:30pm Final night of Horsehoe 6:30pm | 30 Gym 7:00pm Movie 7:00pm YMC A-Swimming | 31 Gym Closed Movie 7:00pm YMC A-Swimming |
| Open Closed | Open Gym 1-5 | Open Gym | Open Gym | Open Gym | Open Gym | Open Gym |