

UNITED TRIBES TECHNICAL COLLEGE
WEEKLY NEWSLETTE**R**

VOL. 8 NO. 16

December 14, 1998

Chemical Health Center: Christmas Caroling



We would like to take this time to thank the students/staff and families who participated in our Christmas Caroling night. It was a fun and a successful event. We would like to thank these special people who were so giving of their time and talent.

LeRoi Laundreaux and staff for all the great food.
Vince Schanadore for being the little drummer boy.
Al Stockert for the beautiful music on the accordion.
Carl Hohenstein for the sound system.
All Students and Staff for the joyful singing.

To all students and staff, the Chemical Health Center Staff would like to wish you a Merry Christmas and a safe and happy New Year to come:

May you have
The Spirit of Christmas which is Peace.
The Gladness of Christmas which is Hope.
The Heart of Christmas which is Love.



Weekly Menu

Dec. 14-18

DINNER



- Mon.- Honey Roasted Turkey Sandwich, Soup, Salad Bar, 2% or Skim Milk
- Tue.- Mexican Rollup, Spanish Rice, Salad Bar, Assorted Fresh Fruit, 2% or Skim Milk
- Wed.- Oven Baked Chicken, Rice, Vegetable, Salad Bar, Assorted Fresh Fruit, 2% or Skim Milk
- Thu.- Hamburger on a Bun, Baked Fries, Salad Bar, Assorted Fresh Fruit, 2% or Skim Milk
- Fri.- Old Fashioned Tomato Soup, Egg Salad Sandwich on Whole Wheat, Salad Bar, Assorted Fresh Fruit, 2% or Skim Milk

Dec. 21



- Mon.- Croissant Sandwich with Turkey or Ham, Potato Salad, Salad Bar, 2% or Skim Milk



SUPPER

- Mon.- Baked Ham, Baked Potato Wedges, Vegetable, Salad Bar, 2% or Skim Milk
- Tue.- New England Dinner, Boiled Potatoes, Boiled Vegetable, Salad Bar, Dessert, 2% or Skim Milk
- Wed.- Salisbury Steak, Rice Pilaf, Salad Bar, Dessert, 2% or Skim Milk
- Thu.- Shish-ka-bob Casserole, Wild Rice, Salad Bar, Dessert, 2% or Skim Milk
- Fri.- Fish Platter, Oven Baked Potato Wedges, Salad Bar, Dessert, 2% or Skim Milk
- Mon.- Braised Beef over Noodles, Vegetable, Salad, Fresh Fruit, 2% or Skim Milk



Christmas Bingo!

Some 200 parents and children attended the Annual United Tribes Christmas Bingo and Santa's gifts to the children, December 10, 1998, from 6:30 to 10:30 pm.

Special thanks to Support Services Departments: Housing, Security, Transportation, Arrow Graphics. And also to all the volunteers and donors for sponsoring a successful Christmas Bingo and Gifts to all the children.

Gifts to the children were made possible by the United Tribes Gaming.





Bismarck Police Department

Effective January 1, 1999, the City of Bismarck will increase bond schedule fines for various traffic offenses. The new bond schedule replaces the old fine schedule that has not changed for many years.

Fines were increased by the City Commission to ensure they serve as a greater deterrent to unsafe, illegal behavior. The theory is, if it costs more when you are caught breaking the law, you will be less likely to break the law. The goal of the increased fines is to reduce the number of property and injury crashes. It is important to remember these are crashes, not accidents. Crashes almost always occur because someone is not using safe driving procedures or is breaking the law. A reduction in crashes will make Bismarck a safe place to live and drive. The Bismarck Police Department would be ecstatic if everyone followed the laws and there were no tickets to write. Until that happens, they will continue vigorously enforcing traffic laws in Bismarck.

A comparison of old and new traffic bond schedule is included with this release. Some common violations now carry significantly increased fines. Violating the seat belt ordinance will cost \$40 instead of \$20. If you are caught running a red light or a stop sign, you will be fined \$50 rather than \$20. Should you fail to use child restraints for your children 10 and under, the fine will increase from \$20 to \$60. Careless driving will increase from \$30 to \$100. Speeding fines will go up from their current range of \$6-\$100 to a range of \$24-\$255!

The fines for Criminal Traffic violations are not increased. The complete traffic bond schedule is available on the Bismarck web site www.bismarck.org.

GRADUATION

FALL, 1998 GRADUATION WILL BE HELD DECEMBER 18, 1998 AT 10:00 A.M. A RECEPTION AND PROGRAM TO HONOR THE GRADUATES IS PLANNED. EVERYONE IS WELCOME!

Student Service Committee
Wanda Walker, Chair

Christmas Catholic Mass

There will be Christmas Catholic Mass, at the UTTC Chapel on December 24th at 8:00 p.m. We will be having a little pot-luck after mass for those who want to stay after. There will be no mass Christmas Day.

North Dakota Safety Council Donates Smoke Detectors

United Tribes Technical College received a donation of 50 smoke detectors from the North Dakota Safety Council and North Dakota SAFE KIDS Coalition. The smoke detector project focuses on educating families with children about the importance of working smoke detectors and home escape plans.

Households receiving a smoke detector also receive fire safety educational materials and are informed about proper placement as well as maintenance of smoke detectors. Members of the United Tribes Maintenance Department will determine which households are eligible and install smoke detectors in those homes.

United Tribes Technical College Injury Prevention students contact the North Dakota Safety Council because homes were not equipped with smoke detectors. The college students reside in United Tribes student housing and have children of their own.

The North Dakota Safety Council and North Dakota SAFE KIDS Coalition's goal is to reduce childhood injury and disability from unintentional injury. The North Dakota Safety Council is the lead organization for the coalition.

If you would like more information about the North Dakota Safety Council or the North Dakota SAFE KIDS Coalition, please contact Tammy Wagner in Bismarck at (701) 223-6372 or 1-800-932-8890 statewide.



Looking for a Christmas Present...

Stop by the UTTC Museum/Gallery and look at the beaded items we have as well as the leather billfolds and checkbooks covers. Prices are reasonable. Call Merry Brunelle at 378 or 0 for a showing.

Injury Prevention Program Always Buckle Up Never Drink and Drive Prevening a trip to "The Quietest Room in Town"

They have been expecting you. They knew that eventually you'd show up. It won't be possible for you to know what is happening, so I'm going to take the liberty of filling you in. The beginning for you will be when you stagger to your car. The beginning for them will be when a bulletin goes out on the police radio reporting the location of a serious accident with instructions to "proceed at once." You won't hear the sirens. The ambulance and police car will arrive together. They will check you over and pronounce you dead. A few curious motorists who heard the crash will stop their cars and walk back to look at your broken, bloody body. Some of them will get sick. The ambulance driver will roll out a leather-covered stretcher. The attendant will stuff your hands under your belt and grab you under the arms. The driver will take hold of your legs. You will be placed on the stretcher and covered with a blanket. They will drive you to the coroner's office, where a deputy coroner will wheel you over to a big scale. He will remove the blanket, shake his head and say, "Another one." Your clothes will be cut off with scissors. You will be weighed and measured. The deputy coroner will make a record of your injuries, cover you up again and wheel you to a small room with white tile walls. There are hoses in that room. Traffic victims are almost always

a bloody mess. You will be cleaned up (as much as possible) and moved to a long hall with several stretchers lined up against its pale green walls. In that hall are 41 crypts. If it has been a slow evening you will have a stretcher and a crypt all to yourself. But if it's Christmas, New Year's or Memorial Day weekend, you may have lots of company. They will go away and leave you there in the quietest room in town. In an hour or so, they will come back and move you again. You will be placed behind a large glass window so your wife or your husband or your parents or a friend can identify you. You won't see the agony and pain in their eyes, and it's just as well. Nor will you hear the screams and sobbing when they lower the sheet and ask, "is this your husband...wife...son...daughter...brother...sister...friend?" As I was saying, they are waiting for you-the police, the ambulance crews, the coroners at the morgue and morticians. They are expecting you. Remember this tonight, when you toss down that last drink and climb behind the steering wheel.

Nursing Faculty Enriched

Sherry Messmer, Nursing Faculty attended a conference November 19-22, 1998 at Washington, D.C. The conference was sponsored by the Federation of Families for Children's Mental Health. The networking involved with the individual workshop sessions was empowering for family members. The approach was focused on families, schools, and social services, to improve and advocate their needs in Children's Health Insurance, Education (IEP's), Case Management, and Amendments to the Individuals Disabilities Education Act (IDEA).

This was an expense paid conference sponsored by North Dakota Partnership Project.

Submitted by
Sherry Messmer, RN, MSN



"One more chance, please God, I'm only 17"

Agony claws my mind. I am a statistic. When I first got here, I felt very much alone. I was overwhelmed by grief, and I expected to find sympathy. I found no sympathy. I say only thousands of others whose bodies were as badly mangled as mine. I was given a number and placed in a category. The category was called "Traffic Fatalities." The day I died was an ordinary school day. How I was I had taken the bus! But I was too cool for the bus. I remember how I wheeled the car out of Mom. "Special favor," I pleaded. "All the kids drive." When the 2:50 p.m. bell rang, I threw my books in the locker...free until tomorrow morning! I ran to the parking lot, excited at the thought of driving a car and being my own boss. It doesn't matter how the accident happened. I was goofing off-going too fast, taking crazy chances. But I was enjoying by fun. The last thing I remember was passing an old lady who seemed to be going awfully slow. I head a crash and felt a terrific jolt. Glass and steel flew everywhere. My whole body seemed to be turning inside out. I heard myself scream. Suddenly, I awakened. It was very quiet. A police officer was standing over me. I saw a doctor. My body was mangled. I was saturated with blood. Pieces of jagged glass were sticking out all over. Strange that I couldn't feel anything. Hey, don't pull that sheet over my head. I can't be dead. I'm only 17. I've got a date tonight. I'm supposed to have a wonderful life ahead of me. I haven't lived yet. I can't be dead. Later, I was placed in a drawer. My folks came to identify me. Why did they have to see me like this? Why did I have to look at Mom's eyes when she faced the most terrible ordeal of her life? Dad suddenly looked very old. He told the man in charge, "Yes, he's our son." The funeral was weird. I saw all my relatives and friends walk toward the casket. They looked at me with the saddest eyes I've ever seen. Some of my buddies were crying. A few of the girls touched my hand and sobbed as they walked by. Please, somebody--wake me up! Get me out of here. I can't bear to see Mom and Dad in such pain. My grandparents are so weak from grief they can barely walk. My brother and sister are like zombies. They move like robots. In a daze. Everybody. No one can believe this. I can't believe it, either. Please, don't bury me! I'm not dead! I have a lot of living to do! I want to laugh and run again. I want to sing and dance. Please don't put me in the ground! I promise if you give me just one more chance, God, I'll be the most careful driver in the whole world. All I want is one more chance. Please, God, I'm only 17.

CHRISTMAS CARDS



Christmas Cards for all departments to send out to all vendors or people you work with are available Now in Arrow Graphics.

Individuals may purchase these for your own personal use at 50¢ each.

Dept's: Please call Arrow Graphics with quantity if you want mail delivery or please stop by and pick them up. We will bill your department - no need for purchase orders.

We are proud of this year's artwork by John Beheler! Buy an "original" Christmas Card with traditional art. (See Above)

*Beautiful Victorian Angels
for Sale in Arrow Graphics*

Not many left!

Must See To Appreciate!

Make great holiday gifts for that hard-to-buy-for relative.

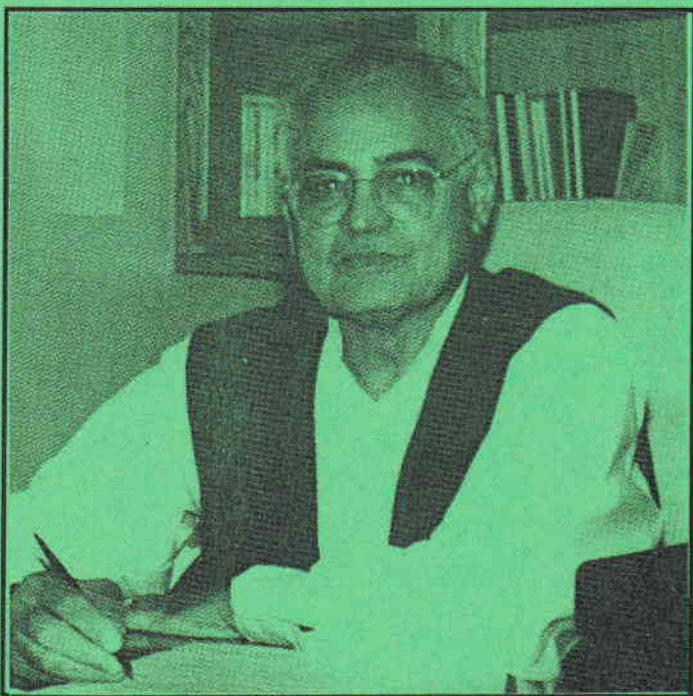
**December Graduates
stop at the Library
before Graduation**

Charlene, Librarian

Dr. Jasjit Minhas leaves legacy at LCOOCC

Dr. Jasjit Minhas, retires this year after 12 years as president of Lac Courte Oreilles Ojibwa Community College (LCOOCC) in Hayward, Wis. Under his leadership the college grew from a single donated building to its current size of 60,000 square feet. The campus now includes the James "Pipe" Mustache Auditorium, two distance learning rooms, three computer labs, a public library, a student center, a vocational education wing, an agriculture and natural resources wing, a building for Student Support Services, and numerous offices and classrooms. When the college acquired land-grant status in 1994 along with the other members of the American Indian Higher Education Consortium, the LCO tribe donated a 220-acre farm to the school for research and food production projects.

Under Minhas' leadership, LCOOCC was granted candidacy status by the North Central Association of Colleges and Schools (NCA) in 1987 and accredited in 1993. This past spring, LCOOCC received continued



accreditation and graduated its largest class of more than 80 students. During recent years, the college has established six articulated 2 + 2 programs with University of Wisconsin Schools, making it possible for LCOOCC graduates to continue their education smoothly by being able to transfer directly into a baccalaureate program after finishing a two-year degree at LCOOCC. The college has also increased its investments in technology, the number of courses taught off-campus, and the size of its staff.

Dana Gretz of the faculty attributes that steady growth of the college to Minhas' ability to communicate openly with the college's constituents and the Tribal Governing Board. More recently, he assisted in writing the Restated Articles of Incorporation, which were adopted last summer by the Board of Regents and the Tribal Governing Board to strengthen the working relationship of checks and balances.

Dr. Minhas was a former employee at United Trib Technical College.

Taken from Tribal College Journal, Winter, 1998-99.

**Information for the
Next Newsletter must be
submitted to
Arrow Graphics
No later than Jan. 4
12:00 noon
Attn: Wanda Swagger**

This week in "T-BIRDS" HOOPS.....

*UTTC UND-LAKE REGION
106 90*

*UTTC HURON UNIV. JV
116 88*

11 wins and 2 losses.

We are currently ranked no. 12 in the latest NJCAA national poll, this is the first time UTTC has ever broken into the Nations top 15. We currently lead the nation in scoring at 99.8 points per game!!!! Thank you to all of the loyal fans who come out and support your "Thunderbirds."

*May you and your families have a joyous and wonderful Christmas, we'll see you next year and remember, he is the reason for the season,
God Bless You All!!!!*

*Coach
Finley*



1st Aid/CPR Students.....

***YOU NEED TO COMPLETE
YOUR HANDS ON PORTION
OF THE COURSE, IT WILL
CONSIST OF ALL OF THE
COLORED PAGES IN YOUR
BOOK PERTAINING TO
CHOKING, RESCUE
BREATHING, AND CPR
INVOLVING
INFANTS, CHILDREN, AND
ADULTS. CALL MY EXT.(361)
WHEN YOU ARE READY TO
TAKE THE TEST. IT CAN BE
TAKEN ANYTIME ON M. T.
W. R. 9:00 AM TO 3:00 PM***

Kevin

ALL NATIONS EDUCATIONAL CONFERENCE

Pre-Registration Form

December 27-28-29 1998

Radisson Hotel

Bismarck, ND

PLEASE PRINT THE FOLLOWING INFORMATION:

REGISTRATION FEE: \$50. PER PERSON

(Team Players are included in their Team Registration, plus 2 coaches)

CHECK PAYMENT METHOD:

- () Checks # _____ Amount _____
() Money Order # _____ Amount _____
() Purchase Order # _____ Amount _____

BOOTHS: \$100. per booth

Note: \$100 fee only for arts or crafts for for-profit enterprise. No fee for Educational/Informational/Non-Profits booths.

Signature: _____ Date: _____

SEND PAYMENT AND REGISTRATION FORM TO:

Kevin Finley, Educational Co-Coordinator
ALL NATIONS EDUCATIONAL CONFERENCE
3315 University Dr, United Tribes Tech College
Bismarck ND 58504

For additional information, call, fax, or e-mail at the numbers below:

FAX (701) 530-0611 Val Finley GAMES Co-Manager
(701) 255-4523 All Nations Leadership Lab
(701) 530-0620 I-GAMES/Sports Management
E-mail 73064.3455@compuserve.com

Dear Participating School:

The seventh annual All Nations Basketball Conference is scheduled for December 26-27-28-29 with the sports tournament at St. Mary's High School gymnasium and the educational and cultural programs at the Radisson Hotel

This year's event has broadened its horizon in three ways –

1. A Canadian team is added in the six team competition,
2. The educational program includes well-known speakers via multi-media technology, and
3. This year's games link to next year's millennium celebration and to try-outs for the World Indigenous Games at EXPO 2000 in Germany.

The games involve about 75 team players and staff, plus community representatives for the educational and cultural programs. About 3000 fans are anticipated daily at the tournament.

Five students from the United Tribes Technical College play an active role in organizing the All Nations Conference under mentorship of leaders in the field. These athletes are participating in a paid internship that promotes hands-on sports-management experience for students enrolled in this "leadership lab."

In-kind contributions in products and services support the "lab" program and help contain costs in event management. All Nations Lifeways Village, EIN 45-0447703, has been approved by IRS as a tax-exempt 501(c)(3) organization.

An Educational Registration Form is attached, which should be returned with a \$50 fee for each participant (Team Registration includes mandatory attendance for players and two coaching staff at the Educational Conference). School Board members, Tribal staff and the public or fans need to register for the educational conference. Banquet tickets for each person costs \$10. Pow Wow admission is \$3, payable at the door, and the Teen Dance is free.

Sincerely,

Val Finley, GAMES Co-Manager

Kevin Finley, Educational Co-
Coordinator

Tex Hall, Co-Manager

(701) 255-4523 All Nations Leadership Lab
(701) 530-0620 I-GAMES/Sports Management
E-mail 73064.3455@compuserve.com
3315 University Dr, United Tribes Tech College
Bismarck ND 58504

PLANNING WORKSHEET

EVENT: 7th ANNUAL ALL NATIONS BASKETBALL CONFERENCE

VENUE: BISMARCK, ND

DATE: DECEMBER 26-27-28-29, 1998

DESIRED OUTCOME:

A 3-day sports tournament and conference for All Nations that link basketball teamwork with cultural activities and learning workshops.

A target goal of 6-teams in a round-robin tournament that draws 1200 Indian and non-Indian fans from Bismarck and surroundings regions.

The over-arching purpose is to provide opportunity for high school teams to interact in sports competition, mutual learning and cross-cultural awareness.

PROGRAM GOALS:

Sports Program: Creating a high quality tournament-environment that promotes sportsmanship and team performance among participating high school basketball teams

Educational Program: Stimulating workshops that focus on successful youth programs in enterprise and teamwork, on the values of the game and new approaches for coaches, and on parent involvement in being supportive of community improvements and cultural strength.

Cultural Program: Involving elders and spiritual leaders in cultural activities that instill pride in Indian youth and a heightened sense of awareness in non-Indian teammates.

CORE STAFF:

Co-managers

Sports Programs

Educational Program

Cultural Program

Administration

Chairs + Committees

Tex Hall and Val Finley

Kevin Finley and Ken Hall

Cynthia Mala, Kevin Finley, Larrie Wanberg

Sandra Poitra, Randy Phelan, & Ron Smith

Thunderbird Web-Warriors

Educational Program

Saturday, December 26

5-6:30 Banquet at Radisson
Program: Panel of Up-coming Regional "Stars"
Conference call with NBA Celebrity
Authors and Heroes

Sunday, December 27

HIGH PERFORMANCE ATHLETES

9:00- 9:30 WARRIOR FELLOWSHIP: WHOLENESS: Mind-Body-Spirit

Spirit – Prayer by a tribal spiritual leader
Body -- Chaplain for the Wizards
Mind – Elder speaking on the wisdom of the generations

9:45-10:00 PRE-GAME WARM-UP: Host Kevin Finley
Panel of Coaches, Team Captains, Sports
Announcer
(Based on CNN "Talk Back Live" model with local announcer)

10:00-10:30 THEME TODAY'S HIGH PERFORMANCE ATHLETES
Video, Visuals and Panel

10:30-11:00 APPLICATION Conference Call with Olympic Medalist

11:00-11:30 DISCUSSION Sports Medicine Doctor
Trainer: Muscle Strength
Conditioner/Nutrition Specialist
Visualization

11:30-12:00 LOCKER ROOM Post-game Interviews with youth by sports
announcer

AFTERNOON COMMUNITY LEADERSHIP SESSION

1:00 – 3:00 THEME: HIGH PERFORMANCE TEAMS IN THE COMMUNITY

1:00-1:30 Dr. Joe Martin introduces subject of teamwork
1:30-2:00 Conference Call with NBA Coach, General Manager, Trainer
2:00-2:30 Discussion Leader: Coach Sports Medicine, Sports Mgmt
2:30-3:00 Panel of Community leaders, Elders
3:00 & on Media Interviews, Clusters Groups, Roundtables & reports
1. Innovative Community Sports Programs
2. Tribal Teamwork & Governance
3. Open Fields of Sports Opportunities –
Regional, National, and International

Monday, December 28

CAREERS IN SPORTS

9-9:30 Warrior Fellowship

9:45-10:00 Warm-up: Host Kevin Finley

1000-10:30 THEME

CAREERS IN THE WORLD OF SPORTS

Video, Visuals and Panel

Coach of the Wizards

10:30-11:00 APPLICATION

NBA Player on Live Conference Call

24-minute conference call

11:00-11:30 DISCUSSION

Discussion Leader:

Panel of Coaches

Career Planning in sports-related work

11:30-12:00 LOCKER ROOM

Post-game Interviews by sports announcer

LUNCH

AFTERNOON COMMUNITY LEADERSHIP SESSION

1:00 – 3:00 THEME: **SPORTS AND ECONOMIC GROWTH**

1:00-1:30 Chairman Tex Hall introduces subject

1:30-2:00 Conference Call with Native American Sport Council

2:00-2:30 Discussion Leader:

Community Economic Development & Planners

2:30-3:00 Panel on High Performance Team Management

3:00 & on Media Interviews, Clusters Groups, Roundtables & summaries

1. Parents' Role as Fan, Agent, and Adviser (NDHSAA)
2. "Raising the Bar" – Sports' Standards for Parents, Schools, Communities
3. New Tools for Coaches

Tuesday, December 29

9:00- 9:30 WARRIOR FELLOWSHIP

9:45-10:00 PRE-GAME WARM-UP Host: Keven Finley
Coaches, Announcers, Captains, Parents

10:00-10:30 THEME: INTERNATIONAL SPORTS OPPORTUNITIES
Pam Am Games Winnipeg representative
15 minute Conference Call
Tex Hall: Upcoming Tryouts for World Festival Games
Prof. Dr. Palm, Director Hannover Indigenous Games
Hannover Germany, World EXPO 2000 (tent)
Uli Goetzen, Nation-Building Consultant, Germany

10:30-11:00 Discussion Leader: Dr Larrie Wanberg

11:00-11:30 LOCKER ROOM
LUNCH

1:00-1:30 THEME: TRIBAL COMMUNITY OF THE NEW MILLENNIUM
Planning the Millennium Conference

1:30-2:00 APPLICATION "Vision, Wellness and Leadership"
ND State Government Leader participates in
open planning for next year's millenium
conference with four tribal leaders from North
Dakota.

2:00-2:30 DISCUSSION ND Indian Affairs Commission leads discussion in
pooling ideas from Tribal, State, and Federal
representatives and possibly a guest or two with
a UN or International perspective. Internet
information sources are for opportunities in on-
going discussion are highlighted..

2:30-3:00 PANEL

3:00 & on Media Interviews, Clusters Groups, Roundtables

1. "Enterprise Park" – Building Youth Leadership in a Virtual Lab
2. Partnering a "Game Plan" in attacking the triple-threat in communities through diabetes, alcoholism, and serious injury
3. Pathways to participating in the wide world of sports – Canada, Europe, Australia. and a wide-network Games.