



W UNITED TRIBES TECHNICAL COLLEGE WEEKLY NEWSLETTER R

VOL. 8 NO. 22

February 8, 1999

Who's Who Among Students in American Junior Colleges

The 1999 edition of Who's Who Among Students in American Junior Colleges will include the names of 18 students from United Tribes Technical College who have been selected as national outstanding campus leaders.

Campus nominating committees and editors of the annual directory have included the names of these students based on their academic achievement, service to the community, leadership in extracurricular activities and potential for continued success.

They join an elite group of students from more than 1,800 institutions of higher learning in all 50 states, the District of Columbia and several foreign nations.

Outstanding students have been honored in the annual directory since it was first published in 1966.

Students named this year from United Tribes Technical College are: Mr. Erik Abbey, Ms. Kathryn Beheler, Ms. Yvette Belgarde, Mr. Troy Blount, Mr. Alvin Bullbear, Mr. Douglas Busch, Ms. Cissandra Christopherson, Mr. Chad Isaak, Mr. George McDonald, Ms. Janet McHugh, Ms. Monica Nagel, Ms. Norma Rajme, Ms. Darla Red Hail, Ms. Jessica Rhodes, Ms. LaDonna Roberts, Mr. Richard Schmockel, Ms. Isabelle Taylor, Mr. Lonny White Eyes.

**Nothing is better than A.
A is better than B.
B is better than C.
C is better than D.
D is better than nothing.
Therefore, . . .**

Thanks from Sister Kathryn

Thanks to all who helped in any way to get Sister Barbara Ann (Nursing Department Assistant) to the hospital on Thursday, January 28. For some reason she was becoming increasingly disoriented and finally had to be taken to St. Alexius Hospital by ambulance.

At first she was believed to have had a mild stroke but further tests revealed a bad kidney infection.

Sister is showing rapid improvement and should be back at work within a few days. She is appreciative for the lovely bouquet of flowers sent to her by UTTC staff and students.

Submitted by Sister Kathryn Zimmer,
Director, AASPN Program

Yearbook

The Yearbook Committee has decided to distribute disposable cameras and take the scrapbook approach in producing the yearbook.

There will be a memo sent out to Directors and Instructors to take pictures of their students in their own classroom environment.

Sherry Messmer will take pictures of her nursing students when they are doing their clinical lab hours in health assessments.

We hope to get the yearbook completed sooner than before.

Thank you.

Deloris Diegel, Editor
Health Information
Technical Students



Weekly Menu

DINNER

February 8 - 12

- Mon.- Goulash, Vegetable, Dinner Bun, Salad Bar, 2% or Skim Milk
- Tue.- Bean Soup, Fry Bread, Salad Bar, Assorted Fresh Fruit, 2% or Skim Milk
- Wed.- Turkey Club Sandwich, Soup, Salad Bar, Assorted Fresh Fruit, 2% or Skim Milk
- Thu.- Variety Pizzas, Salad Bar, Dessert, 2% or Skim Milk
- Fri.- Tuna Salad Sandwich, Soup, Salad Bar, Dessert, 2% or Skim Milk

February 15

- Mon.- Honey Roasted Turkey Sandwich, Soup, Salad Bar, 2% or Skim Milk

SUPPER

- Mon.- Hamburger on a Bun, French Fries or Potato Chips, Soup, Salad Bar, Brownies, 2% or Skim Milk
- Tue.- Pork Chops, Rice, Vegetable, Salad Bar, Dessert, 2% or Skim Milk
- Wed.- Meatballs over Noodles, Vegetable, Salad Bar, Dessert, 2% or Skim Milk
- Thu.- Grilled Steak, Baked Potato, Garlic Toast, Tossed Salad, Fresh Fruit, 2% or Skim Milk
- Fri.- Lasagna, Garlic Toast, Vegetable, Salad Bar, Dessert, 2% or Skim Milk
- Mon.- Baked Ham, Baked Potato Wedges, Vegetable, Salad Bar, 2% or Skim Milk

Financial Aid Office

- American Indian College Fund (AICF) Scholarship Applications are OUT. You can pick one up at the Bookstore, Library, or Financial Aid Office. Application Deadline is February 26, 1999. If you submitted your application last semester (Fall 1998) you need to check with the Financial Aid Office to see if we still have it on file. You may have to reapply.

- If you plan on attending college next year 1999-2000 you can begin application for Federal Student Aid (PELL). Early application increases your chances for other state and campus based programs.

- New Students need to set up an appointment with the Financial Aid Administration (ASAP) Today!

Thank You

Thank you to everyone who made my 25th Anniversary at UTTC a special and joyous occasion. Thank you for the flowers, cards and gifts - especially the gift of your friendship.

Wishing you all many blessings in your life.

Ann Kraft

**United Tribes Bingo at
Midtowner Cafe
Collins Ave., Mandan
Mon. - Fri.: 5:30 & 7:30
Sat: 1:30, 2:30, 3:30, 5:30
\$1,000 Blackout**



Student Support Service *Once in a Blue Moon*

The phase "*once in a blue moon*" is usually used to describe a rare event. But to astronomers, a *blue moon* is the name given to the second full moon which occurs in a single calendar month. And, in a way, this is a rare event for it occurs only every 2 1/2 to 3 years. An even rarer event will take place in 1999 when there will be two blue moons. Double blue moon years take place only every 19 years.

Blue moons occur because of the irregularity of the calendar. Our calendar months vary from 28 to 31 days, while a lunar month is, on the average, approximately 29.53 earth days long.

Simple arithmetic tells us that there will be at least 12, and at most 13, full moons a year. And when there are 13 full moons, the pigeon hole principle tells us that two of those full moons must occur in the same month, thus proving the existence of blue moons.

Clearly, February can never have a blue moon, not even in a leap year. And in double blue moon years, such as 1999, poor February will have no full moon at all!

A blue moon occurs in a non-leap year only if the first full moon of the year occurs *before* the 10.64 day (Jan. 11 at 3:21:36 pm). Add one day for a leap year.

In a non-leap year there will be two blue moons only if the first full moon of the year occurs before the 1.46 day. If the first full moon occurs by the 1.40 day, then the blue moons will be in January and March. Otherwise, they will be in January and April.

ATTENTION:

Health Information Technology (HIT) Students

Please mark your calendar and come to students' planning meeting. Your participation is really important to the success of our club and its activities. Hope to see you there – come for cookies, if nothing else, OK?

WHEN: Tuesday, February 16

TIME: 3:00 pm

PLACE: Education Building, Room B-3 (under the library)

UTTC Needs Student Support

The Department of Health and Human Services (DHHS) would like to give UTTC some money over the next three years! First, we need to show them we need it. DHHS is taking grant applications from colleges with allied health programs. We offer allied health programs (Injury Prevention, LPN Nursing Program, Health Information Technology, and Nutrition/Dietetic Technician Programs). A team of allied health program instructors is working together on an application to receive a portion of this DHHS grant money. This team needs your help! We need information that only can give us. We have designed a survey that will help us collect necessary information about our current students. We have two purposes for gathering this information. First, UTTC needs to develop a better understanding of our student population, so we may improve our services. Second, the allied health team needs student information that will support our statement of need for DHHS grant monies.

We plan on delivering this survey beginning Monday, February 8. You can expect an instructor to ask you to complete the survey during class time. We ask that every student complete one survey. You may be asked to complete a survey in more than one class, but you should only complete one survey. Please respond to the questions on this survey with thought and honesty. We plan on using the results to improve our services, so it is in your best interest to give us helpful information. Also, the survey allows room for your comments. Please know that we welcome your comments, in fact, we invite you to give us additional information.

Your response to this survey is anonymous. We don't ask for your name or any identifying information other than some personal, demographic information. Your response to this survey will be compiled by the allied health group and statistically interpreted before the information is shared with the DHHS or UTTC. Please also know that the compiled information will be included in the DHHS grant application. However, no identifying information will be shared with DHHS or UTTC.

We sincerely appreciate your support, participation, and response to this survey.



Dr. John Derby



Born: March 14, 1943
Birthplace: Sisseton, SD

Education: Washington High School, 1960, Sioux Falls, SD; B.S., University of South Dakota, 1964 Major: Physical Education; MA, University of South Dakota, 1971 Major: Guidance & Counseling; Ed.D, University of North Dakota, 1980 Major: Administration

Career: Teacher from 1965-70; Administrator in Higher Education from 1971-73; School Administrator from 1974-76; 77-79; 80-90; Director of Indian Fellowship Program from 1990-96; President of SWCC from 1996-97; and administrator at United Tribes Technical College 1998-present.

Awards: Professional baseball offers, 1960; EPDA Fellowship Awards, 1970, 1973; AIS Scholarship Award, 1977, 1984; Bush Summer Fellowship Award, 1977; Phi Delta Kappa Research Award, 1980; State of Arizona Recognition Award, 1981; BIA Outstanding Rating, 1981-85; U.S. Department of Education Special Acts Award, 1995; Senior Leadership Program Award, U.S. Department of Education, 1996; AIHEC National Conference Award, 1997

Personal: Married, 5 children ranging 30 to 16 years of age, 4 grandchildren, and a member of Sisseton Wahpeton Sioux Tribe.

Hobbies: Loves sports, outdoor activities, and learning more about ancient history.

Favorite TV Show: "Coach" "Wonder Years"

Favorite Movie: "Dances With Wolves"

Kind of Music: Popular, Native American, Andrea Bocelli

Favorite Foods: Walleye Pike, Broasted Chicken, and Steak.



Karla Baxter



Born: November 3, 1959
Birthplace: Enumclaw, Washington

Education: Grade School - Enumclaw; Junior & Senior (1/2) High - Charlo, Montana (Mission Mountains) High School Graduation - Anderson Village, Alaska - 1978; Carroll College, 1995 graduate, Helena, Montana; BA in Health Information Administration; BA in Business Administration (emphasis in Management); Registered Record Administrator (RRA) credentials earned 1994.

Career: State of Montana, 1981 to 1993 - Responsible for the State's adoption program database, preparing legal documents to facilitate adoption proceedings, and forwarding correspondence between birth and adoptive families. Acted as the State's liaison for children in the State's care and custody who received federal monies, managed their trust accounts. Coordinated reporting activities for all interstate compact agreements; St. Peter's Community Hospital, 1993-1995, Helena, Montana - Performed a variety of health information management functions while attending college; St. Alexius Medical Center, 1995-1998, Bismarck, ND - Supervised the clerical unit and all medical record processing functions; United Tribes Technical College, 1998 to present - Program director and instructor for the Health Information Technology Department.

Awards: National Omicron-Psi Honor Society Membership, April 1994; Leadership Development Higher Standard Recognition, March 1996.

Personal: Fairly "normal" stuff. Member of the "weird club" because I don't own a television or microwave. Friend of Bill W. (Did you know that the only tangible evidence of "normal" is a cycle on the washing machine? Watch it some time!)

Hobbies: Working hard and playing hard. Enjoy skiing, skating, camping, horses, gardening, canning, swim.

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Continued from page 4.

ming, reading, fishing, sun-sets and sun-rises, driving long distances, mountains, panning for gold and gemstones, hunting for deer and elk, and anything else that sound fun and healthy.

Favorite TV Show: "No-Clue"

Favorite Movie: "The Color Purple" and "Story of Bill W" and "Tommy"

Kind of Music: Jazz, Rock-N-Roll (late 60's-mid 70's), Rhythm & Blues, Instrumental (piano, flute, guitar)

Favorite Foods: munchies, spicy, and ethnic

Awards: Various awards in baseball and basketball in high school and college; Various awards for outstanding job performance with IHS & BIA; Various awards for community service, i.e; YMCA; Charles Hall Youth Home; US DOT Child Transportation Safety Award, Washington, DC - 1997; National Indian Health Board, Achievement Award, Anchorage, AL - 1998.

Personal: Married 28 years, wife Cheryl is a Nurse, Enrolled member of Sisseton-Wahpeton Sioux Tribe.

Hobbies: Still enjoy sports, especially football, basketball, baseball and softball. Collect Native American Art.

Favorite TV Show: Friends and Fraiser

Favorite Movie: Titanic, Saving Private Ryan, and Dances with Wolves

Favorite Kind of Music: 50's and 60' and Country

Favorite Foods: Steak, pizza, salmon and ribs



Dennis R. Renville



Born: July 30, 1946

Birthplace:
Breckenridge, MN

Education: Wahpeton High School, 1964, Wahpeton, ND; A.S., North Dakota State School of Science, 1966, Pre-Education; B.S. Valley City State University, 1968, Major: Health & Physical Education; M.A. University of South Dakota, 1972, Major: Guidance & Counseling; Injury Prevention Training, Level I, Level II, & Level III, IHS Injury Prevention Fellowship 1999-2000.

Career: Teacher and Coach from 1968-1971; Personnel Specialist from 1972-1977; Housing Specialist from 1977-1981; Personnel Specialist from 1981-1983; Executive Management Intern 1984-1986; Early Retirement from IHS on 5/3/96; Executive Director, Native American Injury Prevention Coalition, 1996-1998; Department Head/Instructor, Injury Prevention, UTTC 1998-present.

**First Communion Classes:
will only be on
Thursday nights
at 7:00 to 8:00 pm**

**Information for the
Next Newsletter must be
submitted to
Arrow Graphics
No later then Feb. 12
Attn: Wanda Swagger**



Student Support Service

I know this is a little bit late on the results of the Standing Rock 6th Annual Tournament at Midway Lanes on January 15, 16, 17, 1999. The UTTC bowling team would like to give a special thanks to Mr. Russell Swagger for sponsoring us for the tournament. If it wasn't for Mr. Swagger, we would not have been able to participate. For more information on the upcoming All Indian Bowling Tournaments, you can contact Joey McLeod or Vivian Gillette during the working hours. Here are the results of the Standing Rock Tournament. Once again Thanks Mr. Swagger.

TEAM: 23 entries 6 places

Pin Pals	2507
KWYR	2503
Iron Cloud Construction	2485
Rosebud Casino	2584
Taco John's	2460
TJ's	2450

DOUBLES: Men - 31 entries pay 8 places

Bill Keoke - Flash White Light	1420
Duane Foote - Eric Antoine	1348
Jay Antoine - Eric Antoine	1314
Jared Thompson - Loren White Temple	1277
John Mousseau - Pat Iron Cloud	1260
Terry Condon - Dana Carry Moccasin	1256
Al McLeod - John Young	1253
Ken McLaughlin - Mike Faith	1246

DOUBLES: Women - 18 entries pay 5 places

Anna Brings Him Back - Karen Joseph	1301
Deb Bald Eagle - Tami Reiter	1280
Joey McLeod - Vivian Gillette	1266
Melissa Greybear - Marie Mudgett	1245
Etheleen Jewett - Janie Ducheneaux	1233

SINGLES: Men - 31 Entries pay 8 places

Richie Claymore	721
John Mousseau	716
Gordy Elk	705
Frank Joseph	690
Pat Iron Cloud	634

Flash White Light	627
Terry Condon	621
Bill Pulliam	620

SINGLES: Women - 28 entries pay 7 places

Renee Vermillion	667
Vivian Gillette	658
Verbena McMath	642
Rhonda White	634
Tessie Brown	631
Betsy Mitchell	629
Patty Keoke	618

ALL EVENTS: Men - 32 entries pay 3 places

Ken McLaughlin	2051
John Mousseau	2047
Gordy Elk	2010

ALL EVENTS: Women - 26 entries pay 3 places

Vivian Gillette	1873
Verbena McMath	1850
Deb Jensen	1848

KING OF THE HILL: ?

QUEEN OF THE HILL: Vivian Gillette



Happy Valentines

How to Build Personal Trust

A report issued by the Forum Corp. and reported in *Across the Board* shows that humility helps build trust with colleagues.

By admitting doubt or error and acknowledging mistakes, managers were felt to be competent. Co-workers thought, "I can trust you. You won't try to bluff me."

Other findings: Colleagues rated highly trustworthy were also rated highly competent. *Also:* To build trust, you must be seen as a collaborator, not as a competitor.

Source: *Leaders*, Allstate Insurance Company, Allstate Plaza F4, Northbrook, IL 60062.

Try Some Short Reports

Here's a plan for good short reports:

- **Prepare** a single statement telling what the report is about.
- **Identify two** or three main points.
- **Highlight each** main point; use statistics, brief examples or a one-sentence explanation.

Source: Denys J. Gary, 944 Campbell St., Williamsport, PA 17701.

Pet Peeve Of the Month

You're in your work area handling a business call. An employee steps into your area, sees that you're on the phone and stands there staring at you, waiting for you to end your call. Or worse, the person tries to ask you questions while you're in the middle of the call.

This is distracting and rude. Each time it happens to me, I lose my train of thought with the person on the phone.

Tip: Keep a notepad in plain view on your desk so visitors can leave you a message when you're on the phone. That way, you can concentrate on their information or request—after your call.

Source: Mary Lynn Bachman, executive assistant, CNR Health Inc., 2514 S. 102 St., Milwaukee, WI 53227.

Editors' note: Please send your pet peeve—and your solution—to: Pet Peeve, *Communication Briefings*, 1101 King St., Ste. 110, Alexandria, VA 22314; Or fax us at (703) 684-2137, E-mail: ibrudersmith@briefings.com.

Customer Service

How to Satisfy Customers

Research International, a company that continually builds a body of knowledge about market research, shares these thoughts and directions on customer satisfaction.

- **Service accounts** for almost 40% of a customer's decision to buy from a specific home electronics retailer. Stores with managers who work at pleasing customers show a solid increase in profitability each year.

- **Customer service** has to be improved by starting with the CEO's office. Commitment from the top must be communicated to all employees.

- **Carefully estimate** training time

and make sure your people get it.

- **Make sure** employees know what you're trying to improve and know how to go about helping.

- **If you've** improved your customer service, make sure customers know it. If a survey shows that people think it takes a week to get materials delivered, and you're delivering them in two days, make sure you get credit for your new accomplishment. Run an awareness campaign.

Source: *Marketing News*, Publishing Group of the American Marketing Association, 250 S. Wacker Drive, Ste. 200, Chicago, IL 60606.

Getting Ahead

Getting Along With Your Boss

Whether you're working with a new boss or one you've been reporting to for quite a few years, the following suggestions might be helpful:

- **Stop trying** to change your boss. Change your own behavior to get along with the boss.

- **Don't assume** that you know your boss's goals. Make sure you're fully aware of what the boss is trying to accomplish. If necessary, ask clarifying questions and point out inconsistencies when tasks seem out of line with stated goals.

- **Make sure** your priorities are in line with the boss's priorities.

- **Don't indulge** in petty resentments. Go more than halfway to make the relationship work.

- **Study your** boss's personality style and preferences. Know the best time and the best way to present information to the boss and to get approval for something you want to try.

- **If the boss** doesn't accept one of your suggestions, try to look at the decision from the boss's point of view.

Source: ODT Associates, management consultants, P.O. Box 134, Amherst, MA 01004, cited in *enRoute magazine*, Spafax Canada Inc., 355 St. Katherine St. W., Ste. 400, Montreal, Quebec H3B 1A5.

Writing

When Editing Your Own Copy

Whenever you write something, you should know how to edit and polish your own copy. Here are some guidelines to follow when editing for:

- **Brevity.** Cut every word that adds nothing to meaning. *Examples:* Change "during the course of" to "during" and "few in number" to "few."

- **Clarity.** Don't use vague adjectives when specific ones are called for. Don't write "We received numerous inquiries." Instead write "We received 14 inquiries."

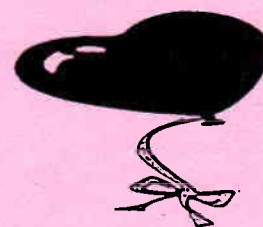
- **Tone and style.** Make sure your words sound as if they come from a human being—and not an institution. *Example:* Instead of writing "Further

notification will follow," write "I'll keep you informed."

- **Variety.** Avoid starting each sentence with the same part of speech, such as a noun or pronoun. *Caution:* Don't try to start each sentence with a different part of speech. Just strive for some variety.

- **Content.** Make your purpose immediately clear. Don't force your reader to wade through several paragraphs before understanding why you wrote the piece.

- **Paragraph strength.** See to it that each paragraph deals with only one topic. Including too many will make your reader work too hard.



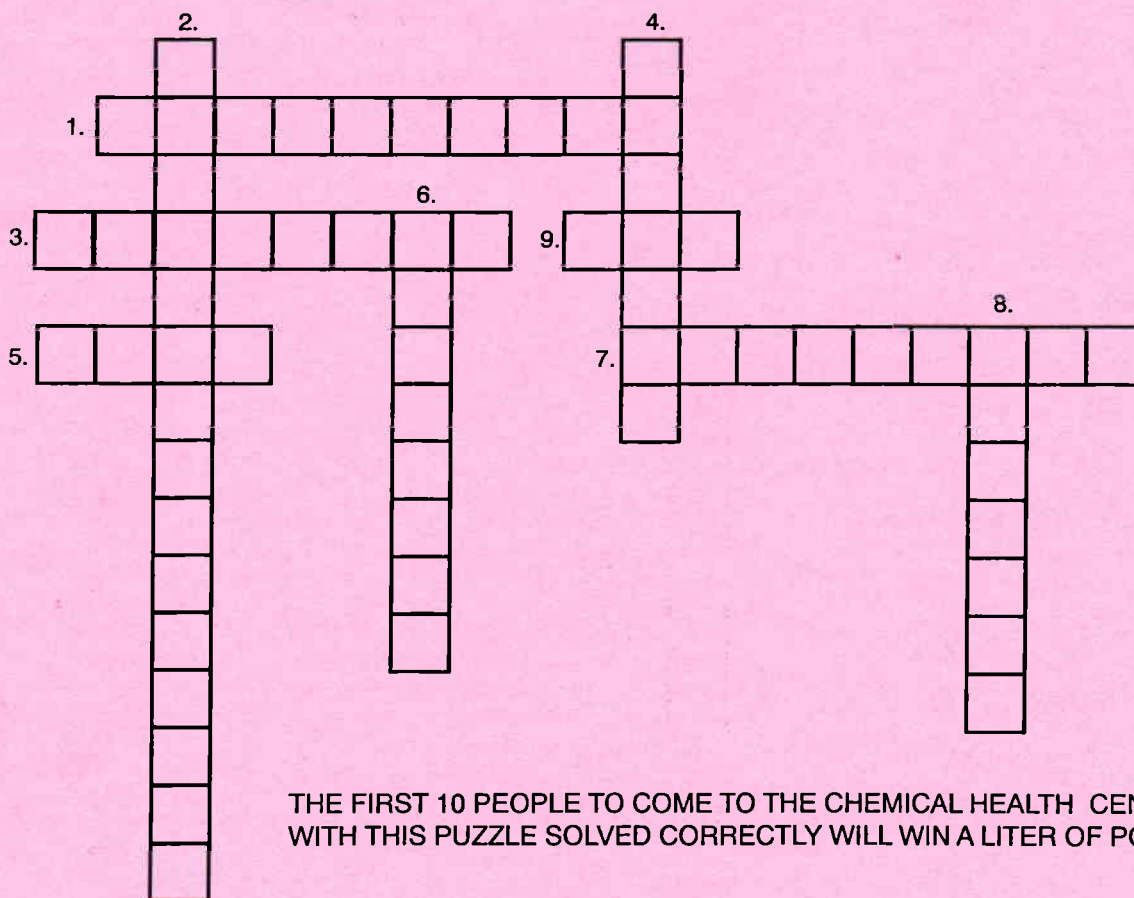
CHEMICAL HEALTH CENTER

ACROSS

1. Addiction to a drug or alcohol.
3. That inhales or draws into the lungs.
5. A state of deep unconsciousness.
7. A drug that quickens the activity of some physiological process.
9. Is among the leading causes of mental retardation and birth defects in the U.S.

DOWN

2. A drug used in the form of its hydrochloride as a stimulant for the C.N.C.
4. To return to drug abusing habits after partial recovery.
6. A poisonous substance found in tobacco and used as an insecticide.
8. A depressant that can kill.



THE FIRST 10 PEOPLE TO COME TO THE CHEMICAL HEALTH CENTER WITH THIS PUZZLE SOLVED CORRECTLY WILL WIN A LITER OF POP.

HAPPY VALENTINE'S DAY!!!!!!!!!!!!!!