



W UNITED TRIBES TECHNICAL COLLEGE WEEKLY NEWSLETTER R

VOL. 8 NO. 24

February 22, 1999

From the Academic Dean's Office

I am reminding all UTTC students of some important dates coming up, they are as followed:

- March 3-5 Mid-term exams
- March 4 Graduation applications due
- March 12 Last day to drop a class
- March 22-26 Spring break (no classes)
- April 2-5 Easter vacation (no classes)
- April 6 Summer school pre-registration
- April 19 Fall semester pre-registration
- May 7 Graduation day
- May 17 Summer school registration
- May 18 Summer school classes begin

Please post these important dates on your personal calendar and work closely with your vocational advisor and/or counselor to make sure that you meet the deadlines.

Thank you for your consideration.

John Derby
Academic Dean

Sister Kathryn Zimmer A Site Visitor

On February 10-12, Sister Kathryn Zimmer, UTTC Nursing Department Director, served as a site-visitor for the National League for Nursing at Trident Technical College in Charleston, South Carolina. Dr. Linda Parrish from Dothan, Ala. served with her. Such a visit includes assessing a program against criteria established by the league, visiting with various college personnel, talking to students, going to health care settings where

students receive clinical experiences, reviewing course syllabi, school policies and various other documents in addition to the self study prepared by school faculty.

The UTTC nursing department is scheduled for this kind of review, spring 2000.

Submitted by
Sister Kathryn Zimmer, Director,
AASPN Program

University of North Dakota

Greetings for Grand Forks and the University of North Dakota! What a busy semester we're having over here. I'll bet it's the same for you. This is just a quick note to confirm that I will be on campus Wednesday, March 3, 1999. I will be available to any of your students who have questions about UND from 10:30 am until 2:00 pm. I'll be able to answer questions about transferring credits, admission policies, housing, financial aid or the local area. I'm looking forward to meeting you.

Philip Parnell
Transfer Specialist

Parents

Parents of Children in the Infant/Toddler and Preschool Centers: the CDC Centers will be conducting a full staff meeting Wednesday, February 24. The CDC Centers will be closed from 3:15 to 4:45 that day. The CDC Centers will resume their extended care services at 4:45 pm.

Parents, if you have any questions please contact Barbara Archambault.



Weekly Menu

DINNER

February 22-26

- Mon.- Croissant Sandwich with Turkey or Ham, Potato Salad, Salad Bar, 2% or Skim Milk
- Tue.- Taco Salad, Baked Chips, Assorted Fresh Fruit, 2% or Skim Milk
- Wed.- Spaghetti with Meat Sauce, Vegetable, Salad Bar, Dessert, 2% or Skim Milk
- Thu.- French Dip with Au-Jus, Salad Bar, Assorted Fresh Fruit, 2% or Skim Milk
- Fri.- Knoephle Soup, Chicken Salad Sandwich on Whole Wheat, Salad Bar, 2% or Skim Milk

March 1

- Mon.- Chuckwagon Stew, Baking Powder Biscuit, Salad Bar, Fresh Fruit, Relish Tray, 2% or Skim Milk

SUPPER

- Mon.- Braised Beef over Noodles, Vegetable, Salad, Fresh Fruit, 2% or Skim Milk
- Tue.- Bar-B-Que Chicken, Baked Potato, Vegetable, Dinner Roll, Salad Bar, Dessert, 2% or Skim Milk
- Wed.- Hamburger Hotdish, Salad Bar, Dessert, 2% or Skim Milk
- Thu.- Swiss Steak, Baked Potato, Vegetable, Salad Bar, Dessert, 2% or Skim Milk
- Fri.- Meatballs over Noodles, Vegetable, Salad, Dessert, 2% or Skim Milk

- Mon.- Bar-B-Que Ribs, Baked Potato, Vegetable, Salad, Dessert, 2% or Skim Milk

US Department of Education Announcement

Federal Funding Opportunities in Educational Technology: Technical Assistance, FREE - Live Teleconference, Monday, February 22, 1999.

On Monday, February 22, 1999 from 3:00 pm - 4:30 pm Eastern Time, the US Department of Education will sponsor a free, live teleconference on federal funding opportunities to support teaching and learning with technology. The teleconference will focus on available federal funding opportunities and provide technical assistance on issues, such as the grant process, completing the application package, evaluation and other relevant issues.

Panelists from each program will describe application requirements and the intended impact that the program is expected to make across the nation. The viewing audience will be able to interact with the panelists via telephone and fax.

Moderator: Cheryl Garnette, Director, Learning Technologies Division, OERI.

Panelists: Joe Wilkes, Program Manager, Schools Program; Jenelle Leonard, Program Manager, Technology Innovation Challenge Grant Program; Thomas G. Carroll, Ph.D., Director, Preparing Tomorrow's Teachers To Use Technology; Brian Lekander, Director, Learning Anytime Anywhere Partnership.

Downlink Satellite Coordinates: To participate, you need to locate a facility with satellite downlink capabilities. Or, call your local cable access station or school board channel and give them the satellite coordinates: Galaxy 3-C-Band, Transponder 21, Channel 21, Downlink Frequency-4120mhz, Polarity-Horizontal, Audio-6.8 mhz.

Ask the panelists your questions by phone or fax: Phone: 1-800-672-0067 Fax: 1-800-267-3718, 804-371-2827 (in Richmond, VA).

If you would like to be a part of our studio audience, please contact: Tiawana Pierce, 202-2119-1617, email: tiawana_pierce@ed.gov.

Eva M. Kubinski, MS, Training and Research Specialist, Comprehensive Center for Region VI, Wisconsin Center for Education Research, University of Wisconsin-Madison, 1025 West Johnson Street, Madison, WI 53706. Phone: 888-862-7763 or 608-263-4223; Fax:

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<italic><color><param>0000,8080,8080</
<param>kubinski@facstaff.wisc.edu; </color></
<italic>Visit our website at <http://www.wcer.wisc.edu/ccvi>

Chemical Health Center DEFENSES

Each person has faults, liabilities, weaknesses and behaviors from their past that are embarrassing. This embarrassment also may lead to a distorted belief about oneself that he/she is "different" or "defective" in some way. When this belief exists, self worth will be low if not nonexistent. Because of this, there is great fear that if others are allowed to know the person as he/she sees himself/herself, and they will react in some negative way (rejection, ridicule, etc.). In order to protect oneself from others, people develop defenses and behaviors that keep others away or give them a false impression that everything is good.

Every chemically dependent and co-dependent person has issues and characteristics that they want to keep hidden from other. To do this, they have developed very strong defenses that are often difficult to break down. If you are to fully recover, at some point you must eliminate those defenses so that you can allow others to help you solve problems and get a clearer sense of yourself.

Some defenses are:

1. Hostility/turning anger outward
2. Explaining/providing unnecessary information
3. Justifying/blaming others
4. Analyzing/explaining why
5. Humor/avoiding anything serious
6. Silence/refusing to discuss issues
7. Isolation/avoiding confrontation
8. Minimizing/I'm not that bad
9. Compliance/going along to keep others happy
10. Superiority/I'm better than you

It is important that you learn to recognize the behaviors you use and let **"THE WALLS DOWN."** If you want to know more come to the Chemical Health Center, coffee is on.

Bismarck Police Department 1999 Selection Process

The following is provided to give the police applicant a better understanding of the elements involved in the selection process utilized by the Bismarck Police Department. The Department's goal is to develop a hiring list of qualified applicants for the year 1999. The hiring list will be utilized to fill openings as they occur during the rest of 1999 and the first quarter of 2000 or until the applicant list is closed by the Chief of Police.

Minimum qualifications for the position of Police Officer are: applicant must be 18 years of age, possess a valid drivers license, have an Associate Degree in Police Science or have successfully completed two years (60 semester/90 quarter hours) of higher education in a related field from an accredited college or successfully completed 1 year (30 semester/45 quarter hours) of higher education in a related field from an accredited college and two years experience as a sworn officer in a city, county, state, or federal agency.

An additional requirement is that you must be willing to perform hazardous and potentially dangerous work. Applicants must have good written and verbal communications skills and must be willing to work irregular shifts. The applicant must achieve a minimum of 75% on a Police Officer Entrance Level Exam conducted by the Bismarck Police Department and successfully completed a physical ability and fitness test, oral interview, and background investigation. Applicants may be offered employment but hiring will be contingent upon passing a medical/hearing/vision exam and personality inventory. The 1999 entrance level salary for Police Officers is \$26,061 per year.

If you feel that you meet the above qualifications and requirements, and are interested in being a Police Officer for the City of Bismarck, you must submit a completed City of Bismarck application (attached, make copies as needed), resume, and credentials to include college transcripts, licenses, and certificates, to Job Service North Dakota. The application can be submitted from February 15, 1999 through March 15, 1999. Job Service North Dakota will complete the initial screening of applicants and may conduct a general aptitude test battery on each qualified applicant. Job Service will forward the resumes and credentials of the qualified applicants to the Bismarck Police Department. The Department will notify the successful applicants of the time and location of the Police Department written, physical ability and fitness tests. These tests are tentatively scheduled for Monday April 5, 1999 at the Bismarck Civic Center Exhibition Hall.

III. Future Dates and Upcoming Events

<u>Date</u>	<u>Event</u>	<u>Location</u>	<u>Time</u>
February			
2/1	Humanities Committee Meeting	State Capitol Bismarck	11 A.M. - 2 P.M.
2/2	Faculty & staff meeting	Bldg 61, Conf. Rm.	3:30 P.M.
2/3-5	Gambler's Addiction Conference	Skills Center	8:30 A.M.- 4:30 P.M.
2/6-11	AIHEC Winter Meetings	Holiday Inn Washington, D.C.	8:00 A.M.- 5:00 P.M.
2/12	Faculty Recognition Night	UTTC Gym	7:30 P.M.
2/15	President's Day (Holiday)		
2/17	Explore Net Meeting	UTTC Campus	9:00 A.M.- Noon
2/25	Department Chair Meeting	Bldg 61, Conf. Rm.	3:30 P.M.
March			
3/2	Faculty & staff meeting	Bldg. 61, Conf. Rm.	3:30 P.M.
3/3-5	Mid-term Exams	UTTC Campus	8:00-5:00
3/4	Graduation applications due	Registrar's Office	8:00-5:00
3/12	Last Day to Drop a Class		
3/15	ND Humanities Meeting	State Capitol	11:00-2:00
3/18	Department Chair Mtg	Bldg 61, Conf Rm	3:30 P.M.
3/22-26	Spring Break (No classes)		
3/20-24	AIHEC Spring Conference	Billings, MT	
3/25-27	AIHEC Basketball Tournament	Bismarck, ND	
3/28-30	VICA Leadership Conference	Wahpeton, ND	
April			
2-5	Easter Vacation (No classes)		
6	Summer School Pre-registration	UTTC Advisors	All Day
6	Faculty All Hands Meeting	Bldg 61, Conf Rm	3:30 P.M.
15-16	ND Voc-Tech Meeting	UTTC Campus	9:00-4:00
19	Fall 1999 Pre-registration	UTTC Campus	9:00-4:00
29	Department Chair Mtg	Bldg 61, Conf Rm	3:30 P.M.
May			
4	All Hands Meeting	Bldg 61, Conf Rm	3:30 P.M.
7	Graduation Day	UTTC Gym	1:30 P.M.
17	Summer School Registration	UTTC Advisors	9:00-4:00
18	Summer classes begin		
31	Memorial Day (No classes)		

Do We have a Need for a 2-Year Degree Program in Computer Technology? You Tell Me Why;

This is me, Bala and I am working on a proposal to develop a 2-year degree program in computer technology. This proposal is due on March 5, 1999. I am seeking student, faculties, staff and administration to fill out the following survey which will help me to identify the need for such a program at UTTC. Students will be prepared to work in a variety of business and institutional settings, performing computer installation, working with network operations, troubleshooting, web page creation and providing employee assistance. The main focus of this program is to help meet the computer needs of American Indian communities.

What is your Tribal Affiliation? _____

Please Circle the One that Applies to You the Best.

I am a:

Student Faculty Staff Administration

1. I am interested in working with computers:

Disagree Agree Strongly Agree

2. I am interested in installing computer software:

Disagree Agree Strongly Agree

3. I am interested in working with computer Hardware:

Disagree Agree Strongly Agree

4. I am interested developing World Wide Web Page:

Disagree Agree Strongly Agree

5. I am interested in Using internet and WWW to develop my own business:

Disagree Agree Strongly Agree

Nanri (Thank you in my mother tongue)

Comments and Suggestions:

Please send your respond to BALA. Your prompt response will be appreciated.



Native American Health Organization
Four Directions Summer Research Program
Harvard Medical School

The Native American Health Organization/Four Directions Summer Research Program is seeking applicants for the summer 1999 program. This is an opportunity for undergraduate/graduate Native Americans interested in medicine or biomedical research to conduct full-time research at Harvard Medical School (H.M.S.).

Participants will perform research with investigators whose interests range from neurobiology and neuropathology to cell biology and molecular genetics. No previous research experience or science background is required. Researchers will provide all necessary equipment and training; although a basic understanding of life sciences and chemistry is recommended. In addition, the investigators will also serve as mentors for the participants. Mentor selection is based not only on a desire to teach, but also on the ability to express sensitivity to Native American issues and ensure a positive experience for each participant.

Additionally, the participants have the option to attend outpatient clinical sessions with physicians, observe surgery, work with pathologists, spend a shift in the emergency ward, attend seminars and meet Native American medical students. The participants will also have free time to explore Boston.

At the core of the program are the close relationships fostered among Native American medical students at H.M.S. with the participants: future healers within our urban and rural communities. The participants are encouraged to make the most of the 8 weeks by developing ties with the H.M.S. Native medical students. This close network allows the program to approach the participants on a one-to-one basis to meet the unique needs of Native Americans. This is a student-initiated program and is supported by the H.M.S./Native American Health Organization, H.M.S./Division of Medical Sciences, Harvard Native American Program, and individual researchers.

There are no fees for participants. Transportation and lodging will be covered through H.M.S. and National Institutes of Health grants. Each participant will receive a stipend to supplement costs for food and

miscellaneous expenditures. The tentative program dates are 25 June through 21 August, 1999.

Selection criteria for this program are not so dependent on high grades and test scores, but are instead focused on a student's motivation, maturity, and willingness to succeed in a given environment. We especially encourage motivated students from rural state colleges, tribal colleges, and community colleges to apply. Last year's participants came from a broad range of nations and attended a variety of schools including University of New Mexico, Northeastern University in Talequah, OK, McGill University in Montreal, University of Arizona, and Montana State University. Some had prior research experience. Others had minimal experience in basic chemistry labs. Adult American Indians with, preferably, some college experience and a commitment to education are encouraged to apply.

The NAHO/Four Directions Summer Research Program is an opportunity. It is not a credit course, MCAT-prep course, or hyper-intense research program. Unfortunately, the program's required activities do not allow time to prepare for the August MCAT. Lastly, there are no grades, but students will be informally evaluated at the program's end. The Program's major principle is this: If given the chance, could a given participant be motivated to pursue a career in medicine and/or medical research that would benefit themselves and their Native community?

For questions write to:
Four Directions Summer Research Program
Harvard Medical School
Division of Medical Sciences/MEC 335
260 Longwood Avenue
Boston, MA 02115

If you need an application, please call or FAX Rob Pickard at the H.M.S./Division of Medical Sciences- (800) 367-9019; FAX: (617) 432-2644. If you have any questions about the program please email us or call us at our homes during the hours of 10AM-10PM, EST. If you do not receive a call back within 3 days, call again. Because we are students, emailing is sometimes a better way to contact us.:

Ashleigh Guadagnolo	617-541-5890	bguadagn@student.med.harvard.edu
Walter Lech	617-388-8333	wlech@student.med.harvard.edu
Robert Ruelaz	617-522-9087	rruelaz@student.med.harvard.edu
Dan Calac		dcalac@student.med.harvard.edu
Tom Sequist		tsequist@student.med.harvard.edu



Native American Health Organization
Four Directions Summer Research Program
Harvard Medical School

Application

(You can use ink or typewriter)

SS #: _____

Name: _____

Mailing Address and Phone #: _____

Permanent Address and Phone #: _____

Date of Birth: _____

Male/Female: _____

Nation/Tribe: _____

Do You plan to take the Aug1999 MCAT _____

US Citizen? (if not, then tell us your visa status, if applicable, and your country of citizenship): _____

Schools Attended:

	School	Dates of Attendance	Degree
1.	_____	_____	_____
2.	_____	_____	_____
3.	_____	_____	_____
4.	_____	_____	_____

4. We would like the names and phone numbers of two people we may contact as references, or you may send two letters of reference. Although either or both are equally acceptable, letters sent with the application allow us to more easily get a sense of you as a person. One person may be a community elder or leader, or any person familiar with you, your activities and your relationship within the community. The second reference should be someone familiar with your academic performance: a former teacher, tutor, principal, dean or school counselor/advisor.

Signature: _____ Date: _____

Once you have completed this application, please send it to:

Four Directions Summer Research Program
Harvard Medical School
Division of Medical Sciences/MEC 335
260 Longwood Avenue
Boston, MA 02115

Or FAX this application to: Four Directions Summer Research Program,
H.M.S./Division of Medical Sciences
(617) 432-2644

Applications need to be postmarked by 14 March 1999

Mailed applications and supplemental materials must be received with the above US Post Office postmark and within the office of Division of Medical Sciences by March 28 to be considered complete. No Faxes received after 14 March 1999 will be considered

Tentative Notification of Acceptance by early April 1999

Applications become the property of the Native American Health Organization upon receipt.

Please feel free to copy this application.

OPEN HOUSE

SKILL CENTER
STUDENT SUPPORT
SERVICE



FEB. 25, 1999
9:00 - 4:00 P.M.
EVERYONE IS
WELCOME



DOOR PRIZES!



WE ARE AN EQUAL OPPORTUNITY-AFFIRMATIVE ACTION EMPLOYER

POLICE DEPARTMENT NORTH DAKOTA BISMARCK,



WHY NOT LOOK AT
THE OPPORTUNITIES
AVAILABLE WITH THE

INTEREST YOU?

**DOES A CAREER IN
LAW ENFORCEMENT**



STOP, POLICE

