



W UNITED TRIBES TECHNICAL COLLEGE WEEKLY NEWSLETTE R

VOL. 8, NO. 32

April 19, 1999

ATTENTION!!!!!!!!!!!!

Note From Mark Anderson:

- COMPUTER VIRUS -

If you receive E-mail titled, "Happy 99"
**DO NOT OPEN THIS - DELETE IT
IMMEDIATELY - the attachment to this
mail contains a virus. If you receive an
attachment from anyone you do not know,
DO NOT OPEN IT!**

GRADUATES

Graduate Picture Proofs will be ready for viewing and selection in Room 112 in the Skill Center beginning Thursday, April 22 at 1:00 p.m. and will end on Friday at 3:00 p.m. Please stop by and make your selection ASAP so photos may be ready in time for graduation.

GRADUATES . . . TABE TESTING

EXIT TABE TESTING will be held on April 22, 1999 from 1:30 pm to 6:30 pm in the Skill Center - Room #109.

Heid Presents at Nursing Conference

UTTC Nursing Instructor Ann Heid was a featured speaker at the Seventh Annual Research Conference held in Bismarck on March 31. The conference was cosponsored by the University of Mary Kappa Upsilon and the Medcenter One College of Nursing Epsilon Sigma Kappa Rho chapters of Sigma Theta Tau, an international nursing honor society. The title of the workshop was "Focus on North Dakota: A Research Perspective." Heid presented the results of her master's thesis to research to an audience of nursing students, nursing faculty, and nurses from around the state.

The subject of Heid's presentation was confidence of women expecting a second baby who experienced medical interventions during their first birth. Other presenter discussed results of research on effects of the flood in Grand Forks in 1998, pharmaceutical drug traits of nurses, organ donation, and use of local anesthesia for intravenous insertion.

A graduate of the United Tribes Technical College LPN program of 1998, Stephanie Johnson, attended the conference. Heid and Johnson had an opportunity to visit over noon luncheon at the conference. Johnson is currently a student in the Medcenter One LPN to RN bridge program and reported that she anticipates graduating from that program in December of 1999.

Anne, along with Carol Manifold also of the Nursing Department, will be among the more than 500 graduates at the University of Mary on May 1st. Anne and Carol are earning Masters degrees.

Submitted by Anne Heid, AASPN Instructor



Weekly Menu

DINNER

April 19-23

- Mon.- Croissant Sandwich with Turkey or Ham, Potato Salad, Salad Bar, 2% or Skim Milk
- Tue.- Taco Salad, Baked Chips, Assorted Fresh Fruit, 2% or Skim Milk
- Wed.- Spaghetti with Meat Sauce, Vegetable, Salad Bar, Dessert, 2% or Skim Milk
- Thu.- French Dip with Au-Jus, Salad Bar, Assorted Fresh Fruit, 2% or Skim Milk
- Fri.- Chicken Salad Sandwich on Whole Wheat Bun, Knoephle Soup, Salad Bar, 2 % or Skim Milk

April 26

- Mon.- Chuckwagon Stew, Baking Powder Biscuit, Salad Bar, Fresh Fruit, Relish Tray, 2% or Skim Milk

SUPPER

April 19-23

- Mon.- Braised Beef over Noodles, Vegetable, Salad, Fresh Fruit, 2% or Skim Milk
- Tue.- Bar-B-Que Chicken, Baked Potato, Vegetable, Dinner Roll, Salad Bar, Dessert, 2% or Skim Milk
- Wed.- Hamburger Hotdish, Salad Bar, Dessert, 2% or Skim Milk
- Thu.- Swiss Steak, Baked Potato, Vegetable, Salad Bar, Dessert, 2% or Skim Milk
- Fri.- Meatballs over Noodles, Vegetable, Salad Bar, Dessert, 2% or Skim Milk

April 26

- Mon.- Bar-B-Qued Ribs, Baked Potato, Vegetable, Salad, Fresh Fruit, 2% or Skim Milk

Spirit Display and Celebration

Humanities students will display their "Spirit" projects at a Spirit Celebration, Tuesday, April 20, 10:00 a.m. to 11:00 a.m. in the Skill Center Exhibit Hall. Students were assigned the project in February and asked to create artistic representations of their Spirits. Mediums to be used included sculpture, music, dance, theater, literary, pictorial/visual, and small scale architecture. Students were also required to write an outline of their work, a timeline for completion, and a narrative connecting object to Spirit. Between 70 and 80 projects will be on display. Please join UTTC's Humanities students and faculty at the celebration.

**TUESDAY,
APRIL 20, 1999**

The UTTC Community is invited to the
**FLAG POLE MEMORIAL
IN MEMORY of
MR. DON CADOTTE**

at 2:30 PM

Theodore Jamerson

(Front Lawn)

followed by a

WALK / RUN at 3:00 PM

(Starts and Ends at TJES)

- *To remember those who have died*
- *For sobriety*
- *For the end of abuse and neglect*
- *For Wellness in our Families and Community*

Refreshments will be Served.

For Details, Contact:

VINCE SCHANANDORE AT
EXTENSION 280
SHIRLEY IRON ROAD
EXTENSION 226

PLACEMENT OFFICE
UNITED TRIBES TECHNICAL
COLLEGE
3315 UNIVERSITY DR
BISMARCK ND 58504

UNITED TRIBES TECHNICAL COLLEGE WEEKLY NEWSLETTER

A notice to all Spring, 99 Graduates, your 30 day interview should be scheduled for between now and graduation. The purpose of this interview is to confirm that your Resume and Federal Application forms 612 and 171 are filed in the placement office. Also to fill out a final closure form and to make your file active by scheduling job interviews with prospective employers or higher education officials.

Graduates who do not submit their required paperwork to us before graduation **will not Graduate**. Please schedule your 30 day interview with Shirley Iron Road or myself soon.

Cooperative Education Students remember to get your time-sheets in at the end of each month. Co-op Students will be required to get working hours in by the **May 5, 1999** or **lose hours** not reported.

Remember that the Bismarck Tribune Employment Ads are posted on my door once a week. Jobs highlighted in the Tribune are related to all vocations offered at United Tribes. The National Job Announcements a few feet away, are in colored binders by room 120. If colored binders are not updated Shirley Iron Road will have them in her office.

Careerware is on computers in my office for students seeking Higher Education or Career development. You are welcome to use it, but if you are using it for the first time, I would like to give you a lesson on how to run the program. You can then explore the Career development program yourself. Please make an appointment with me on this matter.

more

AH'jo'gun - MARC, sponsored by the University of North Dakota (UND) through a research grant, will be funding cooperative education internships this summer in the areas of Biology, Chemistry and Engineering. There are five slots open to students who meet Cooperative Education eligibility requirements. All eligibility standard of the Cooperative Education's Hand Book apply (exception of "related fields").

If you are eligible and make it into the program, you will be attending classes throughout the week; (10 hours a week, for 8 weeks). One day out of the week will be spent doing research at a industrial facility or state Lab in the Bismarck/Mandan Metro Area. You will receive (1) one Cooperative Education Credit and be paid a weekly stipends. We have setup a tentative time-line of 8 weeks, (May 12 through July 7, 1999).

Our first meeting with potential students will be April 22, 1999, 1:30 PM in room 112 at the Skill Center. If you are interested and feel you are eligible please come to our meeting. If you are not sure of eligibility please come see me at the placement office Rm 122 in the Education Building, or call at Extension 280.

Note: (I will be "on travel" April 19th and 20th but will be back the 21st and the 22nd).

Thank you.

Vince Schanandore,

Placement Counselor

This is a late article cause I just recieved the results. I would like to put this in the paper to Thank Mr. Swagger for making the event possible. The United Tribes bowling team made a trip to Aberdeen South Dakota to particate in their 36th Annual Aberdeen BIA bowling tournament on March 12 & 13, 1999.

Here are the results:

36TH ANNUAL ABERDEEN BIA BOWLING TOURNAMENT PRIZE LISTS

WOMEN'S SINGLES

1.	GWEN SITTING BEAR	473-258-731
2.	CLARISSA LARVIE	541-150-691
3.	CARRIE THOMPSON	569-105-674
4.	JANET BICE	549-117-666
5.	PAT MILLER	605- 60-665
6.	LAVINA MILK	517-147-664
7.	TERI KVIDERVA	588- 75-663
8.	DARRELYN STEELE	524-138-662
9.	JANELLE LAROCHE	491-168-659
	RHONDA WHITE	542-117-659
11.	REBECCA HOULE	552-105-657
12.	KAREN JOSEPH	547-108-655
	AUDREY LOCKE	517-138-655
14.	DEB JENSEN	506-147-653
15.	TAMI REITER	535-114-649
16.	JACKIE OLSON	468-180-648
17.	TIFFANY ERCINK	452-192-644
18.	YVONNE LINDGREN	463-180-643
19.	LINDSEY ONE BEAR	407-234-641
20.	CAROL HUNT	534-105-639
	DIANA CACAS	537-102-639
22.	APRIL EASTMAN	441-192-633
23.	LYNETTE BARSE	512-120-632
24.	BONNIE ANDERSON	532- 99-631
	MICHELLE GERMAN	517-114-631
26.	MARGARET LITTLE DOG	507-123-630
27.	LORI HARLAN	530- 99-629
	SCARLET DECOTEAU	473-156-629
29.	SHEILA MORIN	478-150-628
	EDITH SMITH	517-111-628
31.	COLLEEN LABELLE	501-126-627
32.	JUDY DELONAI	469-156-625
33.	JACKIE GRANT	517-105-622
34.	LORI ANDERSON	566- 54-620
35.	LUCY BETTELYOUN	511-108-619
	VAL CHRISTIANS	550- 69-619
	LYNETTE DUMARCE	541- 78-619
	CAROL SNOW	526- 93-619

188 ENTRIES

36TH ANNUAL ABERDEEN BIA BOWLING TOURNAMENT PRIZE LISTS

MEN'S SINGLES

1.	LAMOINE LAFLOE.	599-153-752
2.	RON OWEN	662- 42-704
3.	JASON ARMSTRONG	594-108-702
4.	DAVID HOULE	625- 72-697
5.	MONTE LEBEAU	639- 45-684
6.	TONY HUNT	545-138-683
7.	DENNIS MAHTO	554-123-677
8.	FRANCIS ARCHAMBEAU	571-105-676
9.	VINE T. MARKS	619- 48-667
10.	DAVID BARSE	582- 78-660
11.	JESS LARSEN	593- 66-659
12.	TODD CHRISTIANS	640- 18-658
13.	JARED THOMPSON	597- 60-657
14.	JOHN MOUSSEAU	586- 69-655
15.	STEVE BELLANGER	558- 96-654
16.	AL MCLEOD	568- 84-652
17.	TOM BUCCARO	567- 81-648
18.	CLAYTON HAGEL	587- 60-647
	MERLE RED BEAR	536-111-647
	SHAWN BAKER	503-144-647
	LEWIS MARTIN	563- 84-647
22.	RON PELTIER	549- 96-645
23.	SID KINGBIRD	608- 36-644
24.	TONY WELLS	552- 87-639
25.	RODERICK POITRA	533-105-638
26.	GENE PARISIEN	579- 57-636
	JARVIS BONN	537- 99-636
28.	JERLAD HEMINGER	542- 93-635
	WILLIAM WHITE LIGHT	575- 60-635
30.	BILL KEOKE	597- 36-633
31.	SCOTT ALDRICH	614- 18-632
32.	RICHARD ALLEN	553- 78-631
33.	WILL SMITH	630- 0-630
	TERRY POITRA	516-114-630
35.	CALVIN MAX	544- 84-628
36.	JOHN YOUNG	549- 78-627
	RIDER DIRTSELLER	546- 81-627
38.	SEAN E. ADAMS	530- 96-626
39.	RUSSELL BARSE	553- 72-625
40.	GARRY OWEN	534- 90-624
	CHAD TCHIDA	480-144-624

202 ENTRIES

36TH ANNUAL ABERDEEN BIA BOWLING TOURNAMENT PRIZE LISTS

MEN'S ALL EVENTS

1.	JARVIS BONN	1686-297-1983
2.	DAVID HOULE	1764-216-1980
3.	JIM RICHTER	1749-207-1956
4.	JOHN MOUSSEAU	1743-207-1950
5.	GENE PARISIEN	1775-171-1946
6.	VINE T. MARKS	1798-144-1942
7.	LAMOINE LAFLOE	1458-459-1917
8.	DAVID BARSE	1680-234-1914
9.	PAT IRON CLOUD	1441-468-1909
10.	JERALD HEMINGER	1622-279-1901
11.	LEWIS MARTIN	1645-252-1897
12.	TODD CHRISTIANS	1829- 54-1883
	BILL KEOKE	1775-108-1883
14.	JESS LARSEN	1684-198-1882
15.	WAYNE DELORME, JR.	1588-288-1876
16.	JARED THOMPSON	1686-180-1866
17.	TOM BUCCARO	1622-243-1865

173 ENTRIES

36TH ANNUAL ABERDEEN BIA BOWLING TOURNAMENT PRIZE LISTS

WOMEN'S ALL EVENTS

1.	LINDSEY ONE BEAR	1274-702-1976
2.	DARRELYN STEELE	1558-414-1972
3.	JANET BICE	1601-351-1952
4.	KIVA HARDEN	1479-432-1911
5.	LUCY BETTELYOUN	1585-324-1909
6.	AUDREY LOCKE	1486-414-1900
7.	JANEEN RICHTER	1312-585-1897
8.	MICHELLE GERMAN	1546-342-1888
9.	TRACY HANGGI	1512-369-1881
10.	DIANA CACAS	1573-306-1879
11.	CLARISSA LARVIE	1421-450-1871
12.	STEPHANIE WILLIAMS	1310-558-1868
13.	VERBENA MCMATH	1567-288-1855
14.	KAREN JOSEPH	1529-324-1853
15.	EDITH SMITH	1519-333-1852
16.	REBECCA HOULE	1535-315-1850
	LYNETTE BARSE	1490-360-1850

161 ENTRIES

MASTER'S TOURNAMENT

MASTER'S A - MEN 170 & OVER

1. CLIFF KUCKELBURG
2. BILL KEOKE
3. JEFF BONEY
4. JOHN MOUSSEAU
5. TODD CHRISTIANS

47 ENTRIES

MASTER'S B - MEN 169 & UNDER

1. FRANK JOSEPH
2. K.K. DRAPEAU
3. DUANE FOOTE
4. DAVIS LONG KNIFE
5. JOE BREWER

28 ENTRIES

MASTER'S C - WOMEN 160 & OVER

1. FLOY VENEGAS
2. ESTELLE STUART
3. VAL KEOKE
4. MIKELE FINN
5. PAT MILLER

16 ENTRIES

MASTER'S D - 159 & UNDER

1. BARB JOSEPH
- 2.. DIANE CACAS
3. VIVIAN GILLETTE
4. ARLENE KOSHATA
- 5.. NANCY HEBEREN

19 ENTRIES

36TH ANNUAL ABERDEEN BIA BOWLING TOURNAMENT PRIZE LISTS

MEN'S SPECIAL SCRATCH

1.	VINE T. MARKS	896
2.	SCOTT ALDRICH	894
3.	DON BAD MOCCASIN	889
4.	TODD CHRISTIANS	859
5.	GENE PARISIEN	857
6.	DAVID HOULE	854
7.	BILL KEOKE	843
8.	SID KINGBIRD	841
9.	PATRICK DECOTEAU	830
10.	JOHN MOUSSEAU	826
11.	JEFF BONEY	823

111 ENTRIES

WOMEN'S SPECIAL SCRATCH

1.	TERRI KVIDERVA	793
2.	PAT MILLER	785
3.	ESTELLE STUART	766
4.	JACKIE GRANT	758
5.	CAROL ENNO	754
6.	VAL CHRISTIANS	754
7.	JANET BICE	753
8.	LORI ANDERSON	742
9.	EDITH SMITH	739

91 ENTRIES

36TH ANNUAL ABERDEEN BIA BOWLING TOURNAMENT PRIZE LIST

MEN'S DOUBLES

1.	PAT IRON CLOUD & JOHN MOUSSEAU	1316
2.	WAYNE DELORME, JR. & WAYNE DELORME	1310
3.	GENE PARI SIEN & MIKE SMITH	1299
4.	JESS LARSON & BILL KEOKE	1290
5.	ERNEST ENNO & PATRICK DECOTEAU	1287
6.	RIDER DIRTS ELLER & VINE T. MARKS	1286
7.	ALLEN BROWN & DANEN ST. JOHN	1264
8.	FRANK BARSE & LES BARSE	1263
9.	VERN ANDERSON & TED MILLAGE	1255
10.	GENE HEMINGER & MICK RENVILLE	1247
11.	BILL BLANSFIELD & RON DUKE	1243
12.	CLIFF KUCKELBURG & TODD CHRISTIANS	1237
13.	JERALD HEMINGER & JUSTIN GERMAN	1231
	JEREMY BEARHEART & BILL REITER	1231
15.	GREG FOGARTY & CALVIN MAX	1226
	JIM RICHTER & MARV BINGHAM	1226
	CLAYTON HAGEL & FRANK JOSEPH	1226
18.	EARL VERMILLION & JARED THOMPSON	1220
19.	TIM FAIRBANKS & ED MILLER, JR.	1216
20.	LOUIS JANIS & G. BRINGS HIM BACK	1213

101 ENTRIES

36TH ANNUAL ABERDEEN BIA BOWLING TOURNAMENT PRIZE LIST

WOMEN'S DOUBLES

1.	KIVA HARDEN & PATRICIA FREE	1338
2.	ROSE GREEN & JANET BICE	1289
3.	BRIDGET DUBOIS & LINDSEY ONE BEAR	1273
4.	GWEN SITTING BEAR & ELOISE DRAPEAU	1270
	DARRELYN STEELE & LUCY BETTELYOUN	1270
6.	KAREN JOSEPH & BARB JOSEPH	1256
7.	BONNIE LARODUE & JEANETTE BRIEN	1250
8.	BETRICE BIDDELL & DEBBY JENSEN	1246
9.	TERESA FELICIA & JANELLE LAROCHE	1241
10.	CINDY GILLIS & JUDY DELONAI S	1237
11.	APRIL EASTMAN & PATTY KEOKE	1229
12.	BARB IYARPEYA & AUDREY LOCKE	1227
	STACIE WARREN & BONNIE ANDERSON	1227
14.	TONI EAGLE ELK & DANA KECKLER	1226
15.	NANCY MAHTO & CLARISSA LARVIE	1220
16.	CAROL CLOUD EAGLE & VERBENA MCMATH	1216
17.	COLLEEN LAVERDURE & JOLLEEN LAVERDURE	1214
18.	DORENE DECOTEAU & CAROL ENNO	1213
19.	YVONNE LINDGREN & JOANNE DECOTEAU	1212

94 ENTRIES

PARENTING ADOLESCENTS

HELPING YOUNG PEOPLE BRANCH OUT, WHILE KEEPING THEIR ROOTS

Parenting adolescents can be a challenging task. Adolescents are experiencing great physical, emotional, and intellectual growth. It's a wonderful time, yet it also can be a disruptive time. Teenagers are moving from childhood to adulthood and reaching out for independence with skills that haven't been proven. Parents can help ease the transition and insure a positive future relationship with their teens by keeping the following information in mind.

Maintain a positive outlook. Remember, adolescence is temporary, and your attitude can help your teens develop and maintain a good self image, confidence, and competence. It's normal for teens to suddenly become critical of their family. They are trying to break away and need an excuse. Enjoy helping them discover their talents and interests.

Establish clear, simple rules. Your teens are experimenting, and just as you had to protect them from danger when they were young children, you need to protect them now. Part of what your adolescents need to know is that they have a responsibility to their family and community. Continue enforcing family rules, although it may be a good time to review your rules to see if they are still practical.

Keep the lines of communication open. This is one of the most important tasks you have. Most teens don't know how to communicate. Really listen to them and avoid judgmental responses. Seek outside help to solve problems instead of risking the loss of your relationship with your teens.

Be patient. Your teens may not be comfortable with themselves. Their bodies and emotions suddenly seem strange, and their new skills are not perfected. They may be very critical of themselves and need your support and love.

Praise good behavior. Remind them that you think they are wonderful. Help them remember they are valuable people.

Evaluate your own attitude. Your teens' push for independence may trigger an equal but opposite response from you. Their independent behavior may make you aware that there isn't much time left for you to teach them everything they need to learn from you. Don't begin to lecture or become too controlling. It will only add stress to the situation.

Get professional help if your teens' behavior has gotten out of control. A good counselor often is the key to helping parents and their teens get over rough spots.

Remember, you are the most important influence in your adolescents' lives.



A PRAYER FOR CHILDREN

We pray for children who put chocolate fingers everywhere, who like to be tickled, who stomp in puddles and ruin their new pants, who sneak popsicles before supper, who erase holes in math workbooks, who can never find their shoes.

And we pray for those who stare at photographers from behind barbed wire, who can't bound in the street in a new pair of sneakers, who never go to the circus, who live in an X-rated world.

We pray for children who bring us sticky kisses and fistfuls of dandelions, who sleep with the dog and bury the goldfish, who hug us in a hurry and forget their lunch money, who cover themselves with Band-Aids and sing off-key, who squeeze toothpaste all over the sink, who slurp their soup.

And we pray for those who never get dessert, who have no safe blanket to drag behind them, who watch their parents watch them die, who can't find any bread to steal, who don't have any rooms to clean up, whose pictures aren't on anybody's dresser, whose monsters are real.

We pray for children who spend all their allowance before Tuesday, who throw tantrums in the grocery store and pick at their food, who like ghost stories, who shove dirty clothes under the bed and never rinse the tub, who get visits from the tooth fairy, who don't like to be kissed in front of the carpool, who squirm in church and scream in the phone, whose tears we sometimes laugh at, and whose smiles can make us cry.

We pray for those whose nightmares come in the daytime, who will eat anything, who aren't spoiled by anybody, who go to bed hungry and cry themselves to sleep, and who live and move, but have no being.

We pray for children who want to be carried and for those who must, for those we never give up on and for those who don't get a second chance. For those we smother
...and for those who will grab the hand of anybody kind enough to offer it.

Ina J. Hughes

APRIL IS CHILD ABUSE PREVENTION MONTH

PREVENT CHILD ABUSE NORTH DAKOTA (PCAND)
PO BOX 1213
BISMARCK, ND 58502-1213
701-223-9052

CHEMICAL HEALTH CENTER

WHAT PARENTS NEED TO KNOW TO PREVENT THE USE OF ALCOHOL AND OTHER DRUGS BY THEIR CHILDREN

1. Parents learn to have open communication with your children.
2. Be open to change.
3. Know that each child is different.
4. Realize each child has different expectations than parents.
5. Learn disciplinary strategy (differs with each child).
6. Have a weekly or daily time to talk about "family situations."
7. Talk openly about sex education, peer pressure, drug education.
8. Each parent should be able to express their own opinions.
9. Understand emotional side of children.
10. Accept mistakes, allow kids to learn from their own mistakes.
11. Know when to be a friend, also know when to be a parent.
12. Know that there is a change now compared to when you were growing up (I used to walk 20 miles through snow to school...").
13. Help to build self esteem.
14. As far as setting rules: agreements should be made, expectations set.
15. Know your kids aren't always going to react the way you want them to.
16. Learn the different developmental stages kids go through.
17. Get involved with their extra-curricular activities.
18. Let kids know that the parents will always support them, even if the parents get angry or disagree with something the kids do. The children need to know that their parents will always try to help them or will always be there for them.

Zip to Zap
30th Reunion
May 8, 1999

Dear Editor in Chief:

The Zip to Zap Committee is planning a 30th reunion of the Zip to Zap. We would like to ask for your help in promoting our reunion.

Enclosed is a poster with the plans we have made. Would you please post it for us so the students on campus can see it?

This should be a fun day and we are working very hard so that everyone coming will have a good time.

If you need any other information concerning anything there are two phone numbers on the poster. Included also on the poster is the city's e-mail address and our website.

I am including my address, my home phone number, and my e-mail address. I will be happy to answer any questions you or anyone else may have.

Your help with our plans will be greatly appreciated. We hope you can join us for this fun time.

Sincerely,

Rita Olszewski

Rita Olszewski
Box 73
Zap, North Dakota 58580
701-948-2560
olsz@westriv.com

**BEEN THERE
DONE THAT
GOIN' AGAIN
ZIP TO ZAP
MAY 8, 1999**

ADMISSION: 69-99 BUTTON \$5.00 ADVANCE/\$7.00 GA

**FIVE JACKETS WILL BE GIVEN AWAY WITH
NUMBERED BUTTON (must be present)**

PRAIRIE ROSE CAR SHOW: 12PM-2PM

AFTER DARK DJ: 2PM-4PM/5PM-8PM

NIGHTLIFE & THE WAY

HOT HORNS: 8PM - 12AM

FOOD - MUSIC - BEER - T-SHIRTS

SWEATSHIRTS - CAPS - ETC.

**WILL BE HELD INDOORS IF INCLEMENT WEATHE
NO COOLERS ALLOWED, ID REQUIRED FOR
ALCOHOL**

**TO PURCHASE BUTTONS, OTHER ITEMS OR FOR MORE
INFORMATION CONTACT:**

ZIP TO ZAP

PO BOX 37

ZAP, NORTH DAKOTA 58580-0037

701-948-2223 OR 701-948-2800

zapnd@westriv.com

VISIT OUR WEBSITE AT:

WWW.angelfire.com/nd/ziptozap

~ A Special Thank You ~

**A special Thank You goes out to the
Cafeteria Staff, especially Dennis Lucier and Julia Wise
for helping out with the First Holy Communion
students, parents and guests this past weekend.**

Thank You!

~ Joey ~

ATTENTION ALL STAFF:

**ANY STAFF MEMBER INTERESTED IN ATTENDING SUMMER SESSION 1999
MUST GET THEIR TUITION WAIVER FORMS TO BOB PARISIEN AS SOON AS
POSSIBLE.**

**THESE FORMS MAY BE OBTAINED AT THE FINANCIAL AID OFFICE. THE FORMS
MUST BE SUBMITTED TO THE FINANCIAL AID OFFICE AND THEY MUST HAVE ALL
THE NECESSARY SIGNATURES.**

THANK YOU FOR YOUR COOPERATION IN THIS MATTER.