

VOL. 4 NO. 20

#### February 20, 1996

# Weekly Menu

#### Feb. 19 to Feb. 23

#### <u>DINNER</u>

- Tue.- Bean Soup, Ham Sandwich on a Bun, Salad Bar, Assorted Fresh Fruit, Assorted Vegetable Tray, 2% Milk
- Wed.- Roast Beef and Mashed Potatoes, Natural Gravy, Vegetable, Salad Bar, Dinner Roll, Assorted Fresh Fruit, 2% Milk
- Thu.- German Style Sausage and Beans or Kraut, Salad Bar, Dinner Bun, Dessert, 2% Milk
- Fri.- Fishwich and Chips, Dessert, 2% Milk

#### Feb. 26

Mon.- Spaghetti with Meat Sauce, Garlic Toast, Salad Bar, Assorted Fresh Fruit, Assorted Vegetable Tray, 2% Milk

#### **SUPPER**

- Tue.- Pork Chops, Rice, Vegetable, Salad Bar, Dessert, 2% Milk
- Wed.- Swedish Meatballs over Noodles, Vegetables, Salad Bar, Dessert, 2% Milk
- Thu.- Grilled Steak, Baked Potato, Garlic Toast, Tossed Salad, Fresh Fruit, 2% Milk
- Fri.- Lasagna, Garlic Toast, Vegetable, Salad Bar, Dessert, 2% Milk
- Mon.- Baked Ham, Au-Gratin Potatoes, Vegetable, Salad Bar, 2% Milk

# Valley City State University

Valley City State University will have representatives on campus for your visitation.

They will be here on Tuesday, February 20, 1996 from 10 a.m. to 2:00 p.m. at the Skills Center.

Clayton and Ardell Blue Shield will be here to represent Valley City State University. Clayton and Ardell are graduates of the Office Technology Department here at UTTC. They graduated last Spring term, 1995 and are currently enrolled as full-time students at VCSU.

### **Thanks from NSA**

Thanks to all who purchased Valentine Balloons from the Nursing Student Association. It was fun observing the joy the balloons brought to so many people -- maybe this points to the child in each of us.

Sorry we could not accommodate all your requests. Suggestion: next year place your order early.

Money from the sale will be used for various projects that are being sponsored by the NSA.

Again, Thanks.

Submitted by Sister Kathryn Zimmer, Director, AASPN

### Student Health Center Notes:

The Student Health Center would like to thank the Student Senate for allowing us time to do our presentation on Sexually Transmitted Diseases. We would also like to thank Tami Georgeson, Maintenance, Counseling, Faculty, Administration and the UTTC Student Body for coming to the meeting and assisting with the preparations. We appreciate your help and your time. We hope you learned something from the presentation. Thanks Again!

Students who have been referred to local clinic MUST return the clinic authorization form so the SHC is able to complete your chart. continued on page 2

# STD Update<sup>®</sup>

The facts about AIDS and other STD's are scary, but when your health and life are at stake, it's better to be scared and informed than happy and ignorant. Every year three million American teenagers are infected with an STD. These are the facts:

- STD's can destroy your reproductive organs. If you're sexually active, you must have a pelvic exam every year or before that if you have symptoms or suspect your partner is infected. Early diagnosis and treatment are crucial to getting cured.

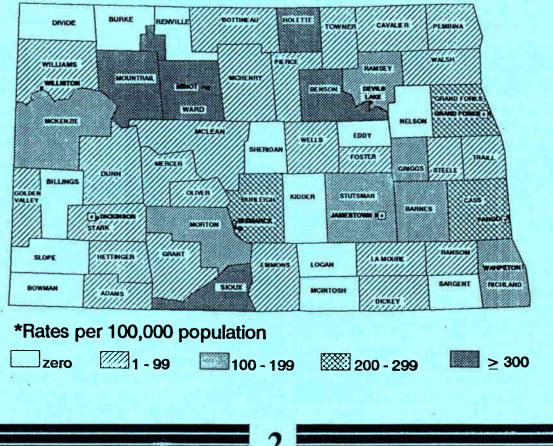
- Chlamydia is the most common STD in the country, infecting about four million people every year. Even worse, teenagers have the highest rate of chlamydial infection and the complications that go along with it, including pelvic inflammatory disease (PID), infertility, chronic pelvic pain, and ectopic pregnancy.

Chlamydia is especially threatening because it has no symptoms in its early stages. Seventy-five percent of women don't realize they are infected until serious complications have set in. If you are sexually active, ask your doctor to test for chlamydia regularly. - The more sexual partners you have, the higher the risk of getting PID (which affects about two hundred thousand teenagers a year). Among sexually active women, teenagers face a one in eight chance of developing PID, compared with a one in eighty chance among twenty-four year old women: ten times the risk.

- Every year there are nearly one million cases of human papillomavirus (HPV), which causes genital warts. This is a highly contagious disease, and though treatment is possible, it can never be cured.

- Women who start having sex at an early age, which puts them at increase risk for STD's face the greatest risk of getting cervical cancer.

# Chlamydia Rates\* by County North Dakota, 1994





# **Theodore Jamerson Elementary School**

February is National Reading Month and TJES has been doing many activities to celebrate this event. Students all decorated their own quilt square with their favorite book and it was sewn into a quilt that is being displayed in TJES hallway. On February 9, 78 students had ice cream sundaes after reading to earn a spoon, a cup, ice cream, and toppings. Tuesday, February 13 was "Invite a President to Read" day and we had many fantastic readers.

- Letitia Stewart, President of P.T.O. and AIHEC Student Congress, read to the 7/8 Graders and the 4th Grade.
- Red Koch, President of TJES School Board, read to Grades 5 and 6.
- True Clown, TJES BB Coach and Val Finley, V.P. of Student Affairs, read to 1st and 3rd Grade.
- Dave Gipp, President of UTTC, read to Grade 4.
- Joyce Hinman, Chairperson of the Regional Reading Conference, read to the Kindergarten.
- Peggy Hogue, President of South Central Reading Council, read to the 2nd Grade.

We also had some wonderful musical entertainment with Ed Johnson on the fiddle and Bob Fiest on the guitar! Thank you so much to all the presenters.

TJES students also have an opportunity to win a bike at the end of February by putting their name in for a chance drawing each time they read a specified number of pages or books. They can also guess at the number of conversation hearts in a jar and there are several days to dress up in different ways and colors, such as Blue Day, Crazy Day, etc... We will be making posters and bookmarks too. Stop over at TJES at anytime to check out what's happening with Reading Month.

TJES will be starting up the Sing and Dance Club again for all the elementary students. Julie Cain and Sandy Poitra will be the leaders. Wednesday, February 21, will be our first day. The Sing and Dance Club will meet every Monday and Wednesday at 3:45-4:45 in the small gym.



<u>News for the next weekly</u> <u>Newsletter should be turned in</u> <u>no later than</u> <u>February 23, 1996</u> <u>to Arrow Graphics</u> <u>Wanda Swagger</u>

\* LEARNING CENTER EVENING HOURS\* for the week of February 19 - 23 Tuesday, February 20: 7 - 9 p.m. Wednesday, February 21: 6 - 9 p.m. Thursday, February 22: 6 - 9 p.m.



UNITED TRIBES TECHNICAL COLLEGE INSTITUTIONAL RESEARCH & DEVELOPMENT SURVEY February 1996

The Research and Development sent out a survey last week, and here are the results of the Questionnaire, in order of priority.

- How would you prioritize the primary responsibilities of the UTTC R&D office? (Please mark the top priorities with #1,2...).
  - <u>44</u> Grant-Writing
  - <u>31</u> Student Data Collection
  - <u>25</u> Student Data Analysis
  - <u>25</u> Grant Proposal Clearinghouse
  - 23 Institutional Needs
  - 15 Annual Reports Clearinghouse
  - <u>15</u> Program Evaluation
  - 13 Special Projects Coordination
  - 13 Technical Assistance
  - <u>11</u> Campus Training
  - \_5 Other: Committee for grant/proposals.
- 2. What type of data do you think the UTTC R&D office should be collecting?
  - 33 Facility Needs
  - 29 Student Enrollment
  - 25 Student Retention
  - 22 Academic Prog. Eval.
  - 21 Quality of Campus Life
  - 20 Graduate Placement
  - 19 Faculty Needs
  - <u>14</u> Personnel Development Needs
  - 14 Quality of Support Services
- 3. What are the best three (3) methods for the UTTC R&D office to use in the collection and analysis of data for the College?
  - 27 Campus Surveys
  - 24 Personal Interviews
  - 22 Questionnaires
  - <u>19</u> Staff/Dept. Meetings
  - 19 Review of Program Evaluation Reports
  - <u>15</u> Data Forms
  - <u>14</u> Monthly/Quarterly Reports
  - 9 Telephone Interviews

- 4. What UTTC departments should be represented on a proposed UTTC Development Committee? (Identify up to six, key depts.).
  - <u>20</u> Administration
  - 15 Faculty
  - 15 Vocational Instructors
  - <u>14</u> Support Services
  - <u>8</u> General Education
  - <u>8</u> Security
  - 7 Financial Aid
  - <u>6</u> Vice President's
  - <u>6</u> Admissions
  - <u>5</u> Personnel
  - 5 Housing

<u>5</u> Maintenance

- <u>5</u> Chemical Health
- <u>4</u> Transportation
- <u>4</u> Students
- <u>3</u> Student Senate
- <u>3</u> Research & Development
- <u>3</u> Placement
- <u>3</u> Counseling
- <u>3</u> Cafeteria
- <u>3</u> Student Health
- <u>2</u> TJES Elementary

Others receiving votes were: Cultural Center, Recreation Dept., ITAC., Child Development, Business Development, and JTPA.

- 5. What roles or functions could be served by a proposed UTTC Development Committee:
  - 32 Institutional Needs Assessment
  - 24 Grant Writing
  - 24 Information Sharing
  - 17 Resource Networking
  - 17 Prioritizing Institutional Development Needs
  - <u>14</u> Data Analysis
  - 12 Review of Program Reports
  - <u>9</u> Development of Surveys
  - 9 Proposal Clearinghouse
- 6. What types of services in the future do you think the, UTTC R&D office should provide?

Data analysis, grant writing, proposal clearing house, inservice training for staff/faculty, future finance needs, review of programs, stats of completion and incompletion of all surveys and needs, list of grants so that the vocations could apply for them, secure monies for the future, help find monies for the student/school.

7. Which campus building is the UTTC R&D office located?#51\_.

I would also like to extend a thank you to everyone who completed the survey. Again, Thank You. Joey