

Weekly Menu

Oct. 7 to Oct. 11

DINNER

- Mon.- Spaghetti with Meat Sauce, Garlic Toast, Salad Bar, Assorted Fresh Fruit, Assorted Vegetable Tray, 2% Milk
- Tue.- Steak Sandwich, Oven Baked Potatoes, Garlic Toast, Assorted Fresh Fruit, 2% Milk

Oven Baked Chicken, Rice, Vegetable, Salad Bar, Wed.-Assorted Fresh Fruit, 2% Milk

- Hamburger on a Bun, French Fries, Salad Bar/Fresh Fruit, 2% Milk
- Thu.- Old Fashioned Tomato Soup, Grilled Cheese, Potato Chips, Salad Bar, Assorted Fresh Fruit, As-
- Fri.- sorted Vegetable Tray 2% Milk

Oct. 7

Mon.- Poor Boy Sandwich with Turkey and Ham, Potato Chips, Potato Salad, Assorted Fresh Fruit, 2% Milk

<u>SUPPER</u>

- Mon.- Baked Ham, Au-Gratin Potatoes, Vegetable, Salad Bar, 2% Milk
- Tue.- New England Dinner, Boiled Potatoes, Boiled Vegetable, Salad Bar, Dessert, 2% Milk
- Wed.- Salisbury Steak, Hashbrowns, Salad Bar, Dessert, 2% Milk
- Thu.- Shish-ka-Bob Casserole, Wild Rice, Salad Bar, Dessert, 2% Milk
- Fri.- Fish Platter, Oven Baked Potato Wedges, Salad Bar, Dessert, 2% Milk
- Mon.- Braised Beef over Noodles, Vegetable, Salad, Fresh Fruit, 2% Milk

Nelda Schrupp Wins at Art Show

Northern Plains Tribal Art Show and Market was held in Sioux Falls, SD on Sept. 26 to Sept. 30, 1996. Nelda Schrupp, Art/Art Marketing Director/Instructor at United Tribes Technical College in Bismarck ND, won first in Division VII Jewelry and Decorative Metals category. Nelda has won numerous ribbons from Governors Award of North Dakota to First, Second, Third and Honorable Mention over the last four years.

She graduated from the University of North Dakota in 1993 with a Masters of Fine Arts degree with an emphasis in metalwork. The Forde Gallery at Bismarck State College will host one of Nelda's solo shows, which will be called "Tribalescent" and will begin Dec. 10, 1996 and run to Jan. 17, 1997.

The North Dakota State University at Minot will also host another solo show that will run from April 1, 1997 to the end of April. In between the two solo shows Nelda will be attending The Heard Museum Indian Art Show and Market in Phoenix, Arizona at the end of February and the first weekend in March 1997.

The 1996 Heard Show was the first time Nelda entered and she was honored to receive two Judges Choice Awards for her two entries. The jewelry and hand held rattles consists of mix of organic material (horse hair and deer antler), different types metals (gold, sterling silver, copper and brass) and semi-precious stones (black onyx, carnelian, freshwater pearls and jasper) thus creating one of a kind art objects called "Amuletic Forms with Audio Esthetics". The amulets are focused around the rattle a sacred object used in a variety of sacred ceremonies thus the name. Audio esthetics is the sound that emanates from each piece, the sound is unique to each art object because of its size and shape. Nelda mixes traditional influences with modern geometric designs creating abstract futuristic art with ascents of tribalism. The juxtaposition of raw hardegded shapes with soft pillowlike forms thus creating art with a futuristic appeal.

AASPN Advisory Board Holds Fall Meeting

The Nursing Advisory Board held its annual fall meeting at a dinner gathering on Tuesday, October 1. A second meeting is held each spring.

In accord with UTTC policy the nursing department has an Advisory Board, made up of nine members. These include one each from St. Alexius Medical Center, University of Mary, Med-Center One College of Nursing, Dickinson State University, United Tribes Technical College, a nursing long-term care center, an Alumna of the nursing program and two nursing students. Nurse faculty members likewise attend the Advisory Board meeting.

Agenda items included program updates, current enrollments, faculty development activities, problem areas, student concerns, developing trends in health care and education, NCLEX results.

These meetings are helpful because of experiences shared regarding both education and practice.

> Submitted by Sister Kathryn Zimmer, Director, AASPN Program.

STUDENT SUPPORT SERVICES

The Student Support Services office at U.T.T.C. has been extremely busy this year with the colleges record freshman class. The new students all had to go through a week of Orientation, which included testing, registering, and getting to know their way around the campus. More of the new students are under 21 than we have ever had before and since they are a young energenic group they have kept us on our toes right from the get go.

The other reason we are busy is that we moved our offices to the North end of the Skills Center where there is a whole lot more student traffic. This is attested to by the fact that we used to go through 60 cups of coffee a day whereas now we go through 150 cups for more.

The two Math Instructors are loaded with six sections of the Foundational Math classes and two Vocational Math classes. However they are very pleased with the process that the students have been making so far. Now that we are getting close to mid-terms that intensity will pick up for both the Teacher and the students.

The Counselor has been so busy working with the students that they are usually waiting in line in the hallway to see her. So we are going to make a waiting area with chairs and tables where we will move our BIG coffee pot so they can keep drinking their "stay awake" juice. Everyone's effort has paid off so far because our dropout rate is only 20% of what it was this time last year. So I applaud all our staff for a job well done.

As for myself, the Director of all this exciting happenings, I have been busy with teaching two sections of the College Success class at 8:00 and 9:00 in the morning. I am really

enjoying the students that I have in class and we are learning many things from each other. However this is the last year of our four year grant so I am also in the process of writing the proposal for another four year grant that will take us into the year 2000. We are hopeful that funding will allow us to expand our services so that we can work with more students.

The S.S.S. program invites everyone who comes up the U.T.T.C. campus to stop by the Skills Center and have a cup of Java and if there is room have a chat with one of our staff.

Student Health Center Notes:

New Office Hours for the Student Health Center are as follows: Monday - Friday: 8:00 am - 4:00 pm Saturday: 9:00 am - Noon Sunday: 10:00 am - Noon

* Please use back door on weekends.

Those NEW students and/or dependents who have not completed medical forms, please see the Student Health Center.

Letters have been sent to Parents/Guardians for those children who are in need of dental and vision referrals. The Student Health Center can assist you in scheduling those appointments.

Parents who have not submitted Medical Assistance numbers, Social Security numbers or immunizations should submit the the Student Health Center as soon as possible. It is the parent's responsibility to obtain a copy (immunization record) from the medical facility in which your child's immunizations were given.

REMINDER: New campaign to encourage Native American <u>Don't Drink and Drive</u> on October 10 at 11:00 a.m. held at the billboard on South University Drive and 12th Street in Bismarck

Information for the <u>Next Newsletter</u> no later than October 11 to Arrow Graphics Attn: Wanda Swagger

NBA Players big hits Mandaree



Three members of the NBA's Atlanta Hawks, including newly acquired center Dikembe Mutombo, recently visited Mandaree as part of a cultural exchange.

Mutombo and fellow Hawks Steve Smith and Alan Henderson, accompanied by Atlanta general manager Pete Babcock, spent two days as featured headliners, invited to the Fort Berthold Reservation to be a part of Drug Elimination seminars.

"They drew more than 1,000 people," said Kevin Finley, who is in his second year as head coach of the United Tribes men's basketball team. "The gym at Mandaree only holds about 170, so people were waiting outside the doors just to see them."

The NBA stars, as one might expect, were big hits. "And they were really generous," Finley said. "They took the shoes off their own feet ... their jackets ... and gave them to the kids."

Finley said Mutombo plans on extending his generosity to United Tribes players, who start practice next week in preparation for the 1996-97 season.

"Mutombo asked me to get all the shoe sizes and Fax them to him," Finley said. "He said he'd send a pair to each player and coach."

Finley's Thunderbirds, who represent five different tribes, and hundreds of other youngsters, enjoyed being around the players. "They talked about motivation and following your goals," Finely said.

"To meet these guys is a chance of the lifetime," said United Tribes guard Tanner Albers.

Mutombo stands 7-2 and was asked if Alonzo Mourning of the Miami Heat was just as tall.

"No, he's a little guy, just 6-10," Mutombo said of Morning, is former teammate at Georgetown.

Dear Editor:

Recently, out Men's Basketball Team went around campus attempting to sell season passes to all our home games at half price, out of the 170 plus UTTC employees we were able to sell a grand total of four. I tried to ignore the outcome but after some thought I wondered, why only four? Oh there were some real good reasons that were given for why, for example, "I'm staff, I get in free, or "I live so far out of town I don't come to games" or just flat out "no!" But the best one was "we don't want any" which was yelled to one player who didn't even reach the group he was assigned to ask. True, it is not our responsibility to support the basketball program financially but the team is under such a financial strain (as is most of our programs here) that we are really trying to raise some extra money to help pay for some of our equipment, last year I gave the passes out free but how many were actually used? I don't remember there ever being a packed house.

Many time I received calls about my "ball players" struggling academically, yet never have I made any phone calls identifying student struggling in my classes as a "nursing student" or a "office tech." student or a "carpentry" student, as far as I'm concerned they are all students and are here for one thing only and that's to get an education! I agree, last year's team made it very difficult for alot of you, but does holding that against this year's team serve any justice? In my first year of recruiting I looked for the best possible "students" before I looked at athletes, and I took a gamble on a couple and lost, needless to say those students are no longer part of the team. I push these guys every day and hound them about getting to class and staying out of trouble until they are sick of it! Yet when they look for help in return they literally get laughed at, that is very humbling to them to say the least.

Last this past summer I received a very interesting phone call, it was a high school superintendent calling to offer me a job, the offer was very attractive, \$32,000.00 on a 9 month contract plus a two bedroom house and free day care for my daughter, yet my heart was here at UTTC, how stupid can I be right? Well despite not having this luxurious income I myself purchased 2 season tickets and in turn gave them to an elderly lady and her son who have been die hard T-Bird fans for quite some time. I sincerely believe that when you have a drive or a desire to meet a challenge noting can stand in your way, commitment and dedication lead to excellence, and in order to achieve these three things it takes a high degree of support from you "supporting cast," judging from our failure at this endeavor we are in for some very quite home games!

Kevin Finley, UTTC

A.D./Men's Basketball Coach

Comments made in this letter to the editor are only the views of the writer and are not directed at any specific person or group.

> Seasonal Passes for T-Birds Home Games \$20.00



All Interested Persons Red Ribbon Week Activities (Oct. 20-26)

A Planning meeting was held in Bldg. 51 on Oct. 1, 1996. People in attendance were Waylon Goodleft, Lisa Wallowing Bull, Royce Irwin, Russell Gillette, Harriet Schneider, Joe McGillis, Bennett Yellow Bird and Barb Danks. Ideas were discussed and the following is our plan.

Sobrlety Walk/Run - Monday, Oct. 21 at 3:00 pm (Royce Irwin and Joe McGillis will coordinate)

"Drugs are Scary" Poster Contest for the Elementary Students (Barb Danks will coordinate)

Open House at Chemical Health Center - Tuesday, Oct. 22

Harvest Festival Carnival in the small gym - Friday, Oct. 25 (Sponsored by Waylon Goodleft, Youth Minister for Assembly of God, and Volunteer. If you are a group would like to help, contact Waylon G. or Barb D.) Sobrlety Dance in the big Gym - Friday, Oct. 25

(Waylon G. and Bennett Yellow Bird will coordinate the band, Student Senate and UTTC will/may help with the cost.) (The Chemical Health Center will sponsor the refreshment at 9:30.)

A Security Person is covered by Barb D.

A Person to handle Door Prizes is needed.

A Clean-up Committee is needed.

Any person or persons wishing to help out with any of the above Contact Barb Danks or other person noted above. Next Planning Meeting is Monday, Oct. 14, 1996 at 4:00 pm in Bldg. 51, North Door - Elem. Counsel Office.

Red Ribbon Week Ideas

- Cut red plastic tabledoths in strips and tie around trees on campus.

- Children circle the school, locking hands to signify we are banding together to keep our school drug-free.

- For art class, make "Drugs are Garbage" signs for the trash cans at school or around campus.

- Put a red page in the newsletter with a Red Ribbon Drug-Free Message.

- Make red friendship bracelets for younger students in the school.
- Place handiwipes on cars around campus with a note "wipe out drugs."

- Make a banner, "Take a Stand on Drugs" putting teachers and students footprints on it.

- Sponsor a "slam dunk" contest "Put the Slam on Drugs".

- "Paint the Campus Red" decoration contest for residence halls.

- Do a suggestion box for red ribbon ideas.

- Have a red head day. (Wear red on your head)

- Have children wear red ribbons on their Halloween Costumes, saying "BOO to Drugs."

- Have a Drug Free Family Poster Contest.

- Hand out Red suckers (Blow Pops) to people still wearing their red ribbons the end of red ribbon week. " Lick the Drug and Alcohol Problem, Don't Blow it"

- Students give their favorite teachers red apples.

- Have each class design their own drug free motto.

- Red Ribbon Kickoff: Invite Law Enforcement, Police, Fire Engine, Ambulance with red lights flashing - "Lights on for Red Ribbon Week".

- Create a large spider web in the hallway, hang signed spiders with drug free messages on them.

- Have a red all over day.

Help spread the word - Recovery is a good way to live.

GYM SCHEDULE, JAMES HENRY COMMUNITY BUILDING
MONTH OCTOBER YEAR 1996

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1.

____ YEAR ______

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Volleyball 6:00-10:00	2_ ≸wimming K-6 7-8	3 BINGO	4 Open Gym 6-10	5 Open.Gym 1:00 10:00 PM
		Football Prac. 6:30(Organize) Karate 7:00-8:00	BB Meeting(League Football Prac. 6:30	n's Basketball	BINGO	
		Men's Basketball Practice 4-6 pm	r me	Open Gym 6-10	Movies	Men's Basketball Pract. 9-11 am
6 Open Gym 1:00 10:00 PM		8 Volleyball 6-10	9 Swimming K-6 7-8	10	11 Sitting Bull College Homecomin	12 Elementary BB
	Football Prac. 6:30	Football Prac. 6:30 Karate/7-8	Football Prac. 6:30		UTTC will play at Fort Yates.	
	Men's Basketball Practice 4-6 pm		Women's V/B League Begins w	ens Basketball	2:00 P.M. gametim	Men's Basketball
13 Elementary BB		15 Volleyball	6 Swimming K-6	Open Gym 6-10 7	BINGO	Pract. 9-11 am 19 Open Gym 1:00
Tournament	7-8 Football Prac. 6:30	6:00-10:00 P.M. Football Prac. 6:30	7-8 Football Prac. 6:30		Parade at 1:00 Football Game at	10:00 PM
	Men's Basketball Practice 4-6 pm		Women's V/B League Mer	5 Basetball	Bull College of	Men's Basketball Pract. 9-11 am
20 Open Gym 1:00-		22 Volleyball	23: Swimming K-6,	Open Gym 6-10 24	Eort-Yates 25 Open Gym 6-10	-
10:00 PM	7-8	6:00-10:00 P.M.	7-8			TOURNAMENT
	6:30 Men's Basketball	Football Prac. 6:30	Football Prac. 6:30 Women's V/B	euis Baseetball	BINGO	Men's Basketball
	Practice 4-6 pm	Rarate/7-8	League	Open Gym 6-10	Movies	Pract. 9-11 am
27 OLD-PRO BB TOURNAMENT	7-8	29 Volleyball 6:00-10:00 P.M.	30 Halloween Masquerade Dance	31		
	6:30	Football Prac. 6:30	w's Basket	en ()		1. 2.
	Men's Basketball Pract. 4-6 pm	Karate/7-8		Open Gym 6-10		