

UNITED TRIBES TECHNICAL COLLEGE WEEKLY NEWSLETTER

VOL. 6 NO. 4
1997

February 7, 1997

Weekly Menu

Feb. 10th thru 14th

DINNER

- Mon.- Spaghetti w/Meat Sauce, Garlic Toast, Salad Bar, Assorted Fresh Fruit, Assorted Fresh Fruit, 2% Milk
- Tue.- Steak Sandwich, Oven Browned Potatoes, Garlic Toast, Tossed Salad, Assorted Fresh Fruit, 2% Milk
- Wed.- Oven Baked Chicken, Rice, Vegetable, Salad Bar, Assorted Fresh Fruit, 2% Milk
- Thu.- Hamburger On a Bun, French Fries, Salad Bar, Fresh Fruit, Lettuce, Tomato, Onion, Pickles,
- Fri.- Cheese, 2% Milk
Old Fashioned Tomato Soup, Grilled Cheese, Potato Chips, Salad Bar, 2% Milk

February 17th

- Mon.- Poor Boy Sandwich with Turkey and Ham, Potato Chips, Potato Salad, Assorted Fresh Fruit, 2% Milk

SUPPER

Feb. 10th thru 14th

- Mon.- Baked Ham, Au-Gratin Potatoes, Vegetable, Salad Bar, 2% Milk
- Tue.- New England Dinner, Boiled Potatoes, Boiled Vegetables, Salad Bar, Dessert, 2% Milk
- Wed.- Salisbury Steak, Hashbrowns, Salad Bar, Dessert, 2% Milk
- Thu.- Shish-ka-Bob Casserole, Wild Rice, Salad Bar, Dessert, 2% Milk
- Fri.- Fish Platter, Oven Baked Potato Wedge, Salad Bar, Dessert, 2% Milk

Feb. 17th

- Mon.- Braised Beef over Noodles, Vegetable, Salad, Fresh Fruit, 2% Milk

R.S.I.

NEXT WEEK'S TRIVIA:

Which animal has the longest tail?
A. Monkey B. Elephante C. Giraffe

FEBRUARY 7TH WINNERS:

Staff: Gilbert Peltier, Security
Vivian Gillette, Student Support Services
Terry Lewis, Printing

Student: Valerie Serawop
TJES Student: Bareil Thompson - 6th Grade

The correct answer was **B. Creosote Plant** which was discovered 80 miles northeast of Los Angeles. It is estimated to be 11,700 years old. That seventy-foot by twenty-five foot plant is nicknamed "King Clone" and is the oldest living thing found on earth so far.

For this week entries, have your answers written on a sheet of paper. Deliver it to the R.S.I. Office by Friday, February 14, before 10:00 am. Winners will be posted on the RSI door on Friday, February 7, after 1:00 pm and in next week's Weekly Newsletter. So ... make sure to check our door on Friday to see if you are a winner!

Student Support Services

Attention All 1997 Graduates!

LAST MANDATORY MEETING

WE WILL MEET

FEBRUARY 18, 1997

AT 3:00 P.M.

BUILDING 61

WE WILL BE VOTING ON WHAT WAS

DISCUSSED AT THE EARLIER

MEETING.

ALL GRADUATES BE THERE!!!



WIC PROGRAM

Standing Rock WIC Program will be on campus Monday, February 10th and Thursday, February 13th beginning approximately 10:00 a.m. at UTTC Building 61.

TJES Science Fair

Wednesday, February 12th - 12 Noon
Small Gym

Projects are
OPEN TO THE PUBLIC
for Viewing
1:00 PM to 2:30 PM

All staff and students are invited
AWARDS CEREMONY 2:30 PM
Please join us at this exciting event!
Any questions please call TJES - Ext. 304

COUNSELING

Student Messages Will
Posted Be Posted On the
Bulletin Board Outside of
the Counseling
Department.

Quote

"Blessed are they who can laugh at themselves, for they shall never cease to be amused."

LEARNING CENTER

Learning Center
Evening Hours
for the week of
February 10-14

Tuesday, Feb. 11th: 4 to 8 pm
Wednesday, Feb., 12th: 4 to 8 pm
Thursday, Feb. 13th: 4 to 8 pm

Quote

"The world is filled with willing people, some willing to work, the rest willing to let them."
Robert Frost

*Remember those
you love on
Valentines Day
February 14th*

FINANCIAL AID

Attention!

Just a few reminders to write on your calendar . . .

FEDERAL STUDENT AID for 1997-98 - January 1, 1997 to June 30, 1998. You should apply as early as possible but not before January 1, 1997. Mailing in your form is only the first step in applying for Student Aid.

STATE STUDENT AID: The deadline for State Student Aid is April 15, 1997. This means your Pell Application needs have been processed by the U.S. Department of Education before April 15, 1997.

COLLEGE AID: United Tribes Financial Aid Office offers a few different institutional scholarships, and has information on others. These scholarships all have different deadlines, contact the Financial Aids Office at Ext. 209, or 211 for more information.

SCHOLARSHIP INFORMATION:

- Scholarships are available to students of all backgrounds, abilities and levels. They are not limited to freshman entering college, students with high academic averages, or those who can demonstrate financial need.
- The time to start researching scholarships is now! Check the World Wide Web, our campus library, the local public library, counselor offices, civic organizations and the United Tribes Financial Aid Office. There are all kinds of resources. Get started now!

CHEMICAL HEALTH CENTER

ALCOHOLISM

- We drank for happiness and became unhappy.
- We drank for joy and became miserable.
- We drank for sociability and became argumentative.
- We drank for sophistication and became obnoxious.
- We drank for friendship and made enemies.
- We drank for sleep and awakened without rest.
- We drank for strength and felt weak.
- We drank "medicinally" and acquired health problems.
- We drank for relaxation and got the shakes.
- We drank for bravery and became afraid.
- We drank for confidence and became doubtful.
- We drank to make conversation easier and slurred our speech.
- We drank to feel heavenly and ended up feeling like hell.
- We drank to forget and were forever haunted.
- We drank for freedom and became slaves.
- We drank to erase problems and saw them multiply.
- We drank to cope with life and invited death.

The choice is yours.

**Information for the
Next Newsletter
no later than February 14th
to Arrow Graphics
Attn: Sandy Erickson**



ACADEMIC DEAN'S OFFICE

We at the Academic Dean's Office challenge ** all faculty, staff, and college students to attend the last home game of the "UTTC THUNDERBIRDS" on February 23, 1997 at 7:30 p.m.

The "THUNDERBIRDS" have done an outstanding job this season on the court as well as in the classroom. They have represented UTTC in a positive manner in which their fellow classmates along with faculty and staff can be proud.

The site for the playoffs on March 2 & 3, 1997 will be determined upon conclusion of this game, which means the possibility of UTTC hosting a home game, which means the possibility of UTTC hosting a game in the first round.

Therefore, STUDENTS, FACULTY AND STAFF, LET'S GET OUT THERE AND SHOW THE THUNDERBIRDS OUR SUP-

PORT AND APPRECIATION OF THE EXCELLENT JOB THEY ARE DOING!

Show some school SPIRIT, let's see who has the larger number of participants and remember there is limited seating and you will not be counted if you are not in the gym by gametime. BSC will have a crowd to cheer them on but let's blow em' back to their hill.

**Faculty and staff will set up tables for students and serve them cake, ice cream and punch-IF THEY OUT NUMBER THE FACULTY, STAFF AT THE GAME.

**Students will set up tables for faculty and staff and serve them cake, ice cream and punch at the Cafeteria IF THEY OUTNUMBER THE STUDENTS AT THE GAME.

Watch for details in the next weekly newsletter.

PRACTICAL NURSING

CANCER PREVENTION -- WHAT ARE WE DOING?

Sister Kathryn Zimmer, Director of the UTTC Nursing Program, has been invited to serve on two different Cancer Prevention Programs – one at St. Alexius Medical Center and the other at the North Dakota Cancer and Control Program.

Both programs are working hard to decrease the incidence of cancer in the state – in particular through the breast and cervical cancer early detection program. This is a program funded by the center for Disease Control and Prevention.

In the past five years, over 600 North Dakota women have died from breast and cervical cancer – most of these due to breast cancer.

Research shows that as many as one-third of breast cancer deaths can be prevented through the regular use of mammograms. Nearly all cervical cancer deaths can be avoided by regular use of Pap tests.

Funds are being made available to women who are low income and under insured for taking these tests.

Women ages 40 and above, are eligible for Pap smears, pelvic exams and clinical breast exams.

Women age 50 and above also are eligible for mammograms.

In his inaugural address, President Clinton proposed that funding be made available for all women over age 50 to have a free mammogram.

Please check with UTTC Student Health, Ext. 247, for making arrangements in Bismarck for these tests – or with Sister Kathryn Zimmer, UTTC Nursing Department, Ext. 265 or with Bismarck-Burleigh Nursing Service at 222-6525.



ENGLISH DEPARTMENT

November 22, 1996 The Council of College Faculty--State of the
Faculty Conference--UND Campus

General Education in the University System
Dr. Vito Perrone

General Education is geared toward the heart, soul, and civic ends.

It is common learning and should be 35 percent of the total academic program.

GE should engage the students on a personal level so that they value reading, writing, and thinking over a lifetime and will create a library of timeless books, not texts, to which they will return again and again.


What are our largest hopes for students:? How will we change their dispositions? hopes? skills? values? What outcomes? How is communication supported throughout all subjects in general education?

Do we teach students multiple approaches to problem solving? Do students see fully what they're learning? Do we teach them about environmental issues and the beauty of patterns in nature? Do they understand the value of their lives? Do they experience the examination of critical issues in their world? Do they participate in politics?

Do students get experience in applying the theory to the practice? For example, Thomas Paine's theory of Civil Disobedience to Rosa Parks' actions. If assessment is not tied to meaningful learning, then it is not necessary.

Students need:

- 1) deep engagement in their learning
- 2) a share of the responsibility in choosing topics and questions
- 3) time to wander and to wonder
- 4) time to explore before commitment
- 5) ownership of their learning so they may say, "I am an artist, a historian, a mathematician, etc."



Teachers need:

- 1) new passions and directions
- 2) to accept that engaging students may lead to unpredictable results
- 3) to be open to learning new things (processes, etc.) from student engagement in learning
- 4) to allow students to evaluate their own work
- 5) to prepare elaborate syllabi for students with resources and where to find the resources
- 6) to teach the connectedness of all living things
- 7) to see the greater complexity and make it simple for students
- 8) to grow as reader and writer

****Silence still pervades issues of race and diversity. Do we as educators contribute to the silence?**

FOR YOUR INFORMATION from Bev

STUDENT SENATE MEETING MINUTES - February 3, 1997

Present: Lisa Wallowing Bull (V.P.), Molly Tendore (Sak. Hall Rep.), Barbara West (ECE Rep.) (Chapel Fund Raiser), Anne Kuyper (Co-Advisor), A.V. Fire Thunder (Auto Tech Rep.), Ty Garreaux (Rep.), Lisa Condon (OT/SB Pres./Parliamentarian), Colleen American Horse (Treas.), Sandy Flye (Secretary).

A Student Senate Meeting was held at the Russell Hawkins Conference Center on February 3, 1997 at 4:00 p.m.

The meeting was called to order by Vice President Lisa Wallowing Bull at 4:10 p.m.

We thank Anne Kuyper for the delicious cookies.

A.V. Fire Thunder (Auto Tech Rep.) presented a memo for an Indian Taco Sale on Friday, February 7, 1997 but the All Tribes Assembly of God Church already put in their request for that same day. Lisa W.B. approved Indian Taco Sale for the church. Auto Tech will have their sale on Monday, February 10, 1997.

Molly, (Sak. Hall Rep.) wanted to know why they didn't receive any money. She was advised about the situation. Tabled until next meeting.

Lisa Condon brought up an issue concerning Student Senate Union concessions. Tabled until next meeting.

Issue on Security was discussed and Student Senate proposed to take care of it.

Issue on Transportation was discussed. Student Senate will deal with this issue.

Meeting adjourned at 4:40 p.m.

Sandy Flye, Secretary



VALENTINE'S POWWOW

**Thursday Evening • February 13, 1997
6:00 pm to 9:00 pm
UTTC Small Gym**

**Host Drum:
Cannonball Singers**

**All Dancers Are Welcome
Intertribals, Kahmoni's, Round Dancing,
and Other Specials**

**RAFFLES • DOOR PRIZES • AND
FUN! FUN! FUN!**

**THIS POWWOW IS FOR OUR FAMILIES, FACULTY AND
STAFF OF UTTC. WE INVITE EACH AND EVERYONE
OF YOU TO COME AND JOIN US FOR A FUN FILLED
EVENING. YOU WILL ALSO BE SUPPORTING OUR
CHILDREN IN THIS DANCE. THANK YOU!**

Staff of Just Say No Club

10th ANNUAL POW WOW • MARCH 1, 1997

Bison Sports Arena • 16th Avenue & University Drive N. (South of FargoDome) Fargo, ND (Parking available)

First Nations of the Woodlands and High Plains

NORTH DAKOTA STATE UNIVERSITY • CONCORDIA COLLEGE • MOORHEAD STATE UNIVERSITY



MASTER OF CEREMONY Kenny Merrick
ARENA DIRECTOR Bob St. John
HONOR GUARD White Earth
HOST DRUM Red River Singers
INVITED DRUMS Eyabe Singers
Old Scouts

HEAD DANCERS Monte Yellow Bird (Black Pinto Horse)
Ardene Hosie (White Eagle Woman)
DANCER REGISTRATION 11 a.m. to 3 p.m.
CRAFT VENDORS set up at 10 a.m.
GRAND ENTRY 1 and 7 p.m.
MEAL served between 4 and 6 p.m.
SPIRITUAL LEADER Ambrose Little Ghost

SPECIAL EVENTS held throughout the day
SPECIALS/GIVE-AWAYS notice by Feb. 18
ADMISSION \$2.00 per person:
• Children 6 and under - FREE
• NDSU, CC and MSC Students
- FREE with student ID

Jackpot Singing Contest • WINNER TAKE ALL - \$10 per drum - added money
Women's Traditional Dance Contest • sponsored by Ardene Hosie Family
Team Dance Competition • maximum of four per team

NO ALCOHOL
DRUGS PERMITTED
No hardship money available

For more information, call Joy Stinnett (218) 299-4171
or Gus Claymore (218) 236-3572
or Dorreen Yellow Bird (701) 231-7314

Day money for all registered dancers
Drum payout for first 20 drums
Drums must be present at both Grand Entries

For more information concerning vendors, please contact Anna Shepherd (218) 299-4171
Thanks to NDSU, MSU, Concordia, Bison Sports Arena, NDSU Dining Services,
Concordia Student Senate for their generous contributions to the pow wow.
NDSU, Concordia and MSU are not responsible for lost or stolen items or accidents.

1ST ANNUAL AMERICAN INDIAN STUDENT ORGANIZATIONS
OPEN BASKETBALL TOURNEY • March 1 & 2, 1997

For more information contact: Dave Archambault II - 701-231-4143 or Howard Cavanaugh - 701-231-1029



OPEN HOUSE

AT

THE CHEMICAL HEALTH CENTER

ON

FEBRUARY 12, 1997

FROM

9:00 A.M. --- 4:00 P.M.

**REFRESHMENTS AND DOOR PRIZES
WILL BE SERVED**

COME JOIN THE FUN!!!!!!!!!!!!

