

# W UNITED TRIBES TECHNICAL COLLEGE WEEKLY NEWSLETTE R

VOL. 6 NO. 8

February 24, 1997

## Weekly Menu

*Feb. 24th thru 28th*

### DINNER

- Mon.- Chuckwagon Stew, Baking Powder Biscuit, Salad Bar, Fresh Fruit, Relish Tray, 2% Milk  
Tue.- Baked Ham, Mashed Potatoes, Salad Bar, Vegetable Relish Tray, Dessert, 2% Milk  
Wed.- Turkey-Ala-King, Baking Powder Biscuit, Rice, Cranberry Sauce, Salad Bar, Pumpkin Bars, 2% Milk  
Thu.- Bar-B-Que Beef On a Bun, Fries, Salad Bar, Green Beans, Assorted Fresh Fruit, 2% Milk  
Fri.- Chicken Nuggets/Fish Platter, Wild Rice, California Blend Vegetables, Salad Bar, Lemon Wedge, Tartar Sauce, Lemon Bars, 2% Milk

*March 3rd*

- Mon.- Goulash, Vegetable, Dinner Bun, Salad Bar, Assorted Fruit, Assorted Vegetable Tray, 2% Milk

*Feb. 24th thru Feb. 28th*

### SUPPER

- Mon.- Bar-B-Que Ribs, Baked Potato, Vegetable, Salad, Dessert, 2% Milk  
Tue.- New England Dinner, Boiled Potatoes, Boiled Vegetables, Salad Bar, Dessert, 2% Milk  
Wed.- Chicken Breast on Rice, Au Gratin Potatoes, Salad Bar, Dessert, 2% Milk  
Thu.- Pepper Steak, Spanish Rice, Tossed Salad, Garlic Toast, 2% Milk  
Fri.- Roast Pork, Mashed Potatoes and Gravy, Vegetable, Salad Bar, Dessert, 25 Milk

*March 3rd*

- Mon.- Hamburger On a Bun, French Fries or Potato Chips, Soup, Salad Bar, Brownies, 2% Milk

## R.S.I.

### THIS WEEK'S TRIVIA:

*Which of the following is the world's largest Mountain System?*

*A. Himalayas B. Mid-Ocean Ridge C. Rocky Mountains*

### FEBRUARY 21st WINNERS:

*Question: What is the largest organ on the human body?*


Staff: Julie Cain, CHC  
Vivian Gillette, SSS  
Charlene Weis - Library

Students: Donna Hollow Horn Bear  
Emmett Redday  
Barb West  
Valerie Serawop

TJES: Bareil Thompson

The correct answer was – **SKIN**  
**Congratulations to ALL Winners!**

For this week entries, have your answers written on a sheet of paper. Deliver it to the R.S.I. Office by Friday, February 28, before 10:00 am. Winners will be posted on the RSI door on Friday, February 28 after 1:00 pm and in next week's Weekly Newsletter. So ... make sure to check our door on Friday to see if you are a winner!



## HPRSI Advisory Board Meeting a Success

The United Tribes Technical College High Plains Rural Systematic Initiative's Advisory Board held its first meeting on February 20, 1997 at the Hotel Bismarck. The following persons were in attendance:

Ric Glaser - Amoco, Sheri Oakland - T.J.E.S., Mary Red Bird - Spiritual Advisor, Bala - Science/Math Instructor, UTTC, Don Cadotte - TJES School Board, Linda Heck - Teacher, TJES, Lisa Azure - Teacher, TJES, Dorvin Froseth - Science/Math Instructor, UTTC, Warren Koch - TJES School Board, Joan Estes - ND Department of Public Instruction, Dominick Sillitti - Comprehensive Center VI, Jackie Bearstail - Bismarck Public Schools, Scott Jones - ND Association of Tribal Colleges, Bennett Yellowbird - Vice President of Academic Affairs, UTTC, Glenna Mueller - Teacher, TJES, Jerry Gourneau - HPRSII Project Coordinator, David Gipp - President, UTTC, Vida Claymore - HPRSII Secretary, Russell Swagger - HPRSII Site Coordinator.

The main issue of concern expressed by the participants was the need for the community of UTTC to work together to ensure the success of the program. All elementary teachers, college instructors, administrators, staff, students, and children will need to embrace HPRSII and realize that this is a perfect opportunity for all to communicate, learn from one another and form a close-knit community, which will eventually lead to success in all other program areas also. One participant expressed herself by saying, "this is a perfect chance for the elementary staff and the college staff to collaborate and open the lines of communication."

If you are interested in finding out more about the meeting results or how HPRSII can benefit our community, please do not hesitate to call Russell Swagger or Vida Claymore at Ext. 327 or 349.

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### Greetings From an Alum

Pierre Berger, nursing grad of 1996, called on Valentine's Day to wish us a happy day. He is continuing his education (Montana) toward a baccalaureate degree in nursing and finds that the program he pursued at UTTC is deserving of high praise. How nice to hear!

Pierre is also working in a large nursing home. He and LeAnne are anticipating an increase to their family. I promised a prayer.

NOTE: Nursing students extend a thanks to all who helped make the balloon sales such a success.

Submitted by Sister Kathryn Zimmer,  
Director, AASPN Program

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### NOTICE

## Special School Board Election Theodore Jamerson Elementary

Theodore Jamerson is an elementary School located within the United Tribes Technical College. The primary reason for the school is to provide educational services to children of students that are attending United Tribes Technical College. Theodore Jamerson is governed by an elected school board. The Board consists of six (6) members in the following categories:

Category A = 2, Category B = 2, Category C = 2, and Category D = 1. Must be an enrolled member of a federally recognized tribe. Board members must meet the following qualifications:

Category A: A parent of a child or children enrolled in K-8; two or more quarters of school to complete or A2 three or more quarters of school to complete.

Category B: A parent of a child or children enrolled in K-8; an employee of UTTC (but not at the elementary school)

Category C: A UTTC employee.

Category D: Member of the UTTC Board of Directors.

If you are interested in serving on the Theodore Jamerson School Board, and meet the above criteria please submit a **LETTER WHICH MUST BE HAND DELIVERED TO THE ELEMENTARY PRINCIPAL BY 5:00 P.M. ON MARCH 5th**. Please state your reason(s) why you want to be on the Board.

One (1) Board vacancy to be elected.

One (1) from Category C.

Term of Office: Complete vacant 2 1/2 years.

#### VOTING INFORMATION:

Date: Thursday, March 6, 1997

Location: Cafeteria

Time: From 11:00 a.m. to 12:45 p.m.

**ALL UTTC STUDENTS AND STAFF MAY VOTE!!**

## Student Senate

THERE WILL BE A POOL/FOOS BALL TOURNAMENT ON FEBRUARY 28, 1997 at the Student Union starting at 7:00 p.m.

\$2.00 Entry Fee.

Cash Prize Awarded.

President - Lisa Wallowing Bull

Vice President - John Robertson

Secretary - Sandy Flye

Treasurer - Colleen American Horse

Parliamentarian - Lisa Condon

## ATTENTION:

### Potential Women Softball Players

Each year UTTC sponsors a Women's Softball team who play during the summer months in the Bismarck Women's Slowpitch Softball League. We would like to recruit some new players, either students or staff, so if you can do the following:

- Live in the Bismarck (includes campus) the whole summer from May 5 to August 10, 1997 (A MUST) and;
- Like to have fun in the (HOT) sun!!!!

You are eligible to sign up for a spot on the team, it is not a requirement that you know how to play ... although it would be nice.

To sign up, just give Wenelle (ext. 314) or Amanda (Ext. 269) a call and they will put your name down. Please let them know if you have previous experience in handling a ball or not. Further information will be furnished as they receive it.

•• Sign up now before all the slots are filled if you are serious.

## ATTENTION

### GRADUATING STUDENTS

If you are graduating and have NOT been over to the Skill Center for your cap and gown measurements, exit surveys and invitations, you better do so as soon as possible.

TIME IS RUNNING OUT FOR THE CAPS AND GOWNS. I WILL BE SENDING THE ORDERS IN ON MARCH 10, 1997.

If any student DOES NOT have their order in, well ..... SORRY!

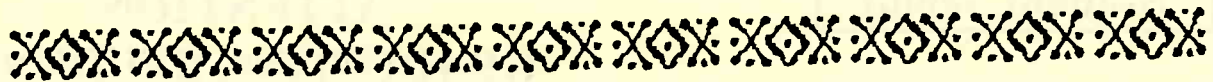
If you know that you are graduating, you also need to get your Graduation Application filled out with Amanda at the Registrar's Office as soon as possible.

REMINDER ....

PICTURES WILL BE TAKEN AT ROBERT KNUTSON'S STUDIO ON FEBRUARY 26, 1997 STARTING AT 4:30 PM UNTIL 5:00 PM.

CAP AND GOWNS WILL BE AT THE STUDIO FOR YOUR CONVENIENCE.

*Information for the  
Next Newsletter  
no later than February 28th  
to Arrow Graphics  
Attn: Sandy Erickson*



# NATIVE AMERICAN INDIAN TRADITIONAL CODE OF ETHICS

1. EACH MORNING UP ON RISING, AND EACH EVENING BEFORE SLEEPING, GIVE THANKS FOR THE LIFE WITHIN YOU AND FOR ALL LIFE, FOR GOOD THINGS THE CREATOR HAS GIVEN YOU AND OTHERS FOR THE OPPORTUNITY TO GROW A LITTLE MORE EACH DAY. CONSIDER YOUR THOUGHTS AND ACTIONS OF THE PAST DAY AND SEEK FOR THE COURAGE AND STRENGTH TO BE A BETTER PERSON. SEEK FOR THE THINGS THAT WILL BENEFIT EVERYONE.
2. RESPECT: RESPECT MEANS "TO FEEL OR SHOW HONOR OR ESTEEM FOR SOMEONE OR SOMETHING; TO CONSIDER THE WELL-BEING OF, OR TO TREAT SOMEONE OR SOMETHING WITH DEFERENCE OR COURTESY." SHOWING RESPECT IS A BASIC LAW OF LIFE.
  - A. TREAT EVERY PERSON, FROM THE TINIEST CHILD TO THE OLDEST ELDER WITH RESPECT AT ALL TIMES.
  - B. SPECIAL RESPECT SHOULD BE GIVEN TO ELDERS, PARENTS, TEACHERS AND COMMUNITY LEADERS.
  - C. NO PERSON SHOULD BE MADE TO FEEL "PUT DOWN" BY YOU; AVOID HURTING OTHER HEARS AS YOU WOULD AVOID A DEADLY POISON.
  - D. TOUCH NOTHING THAT BELONGS TO SOMEONE ELSE (ESPECIALLY SACRED OBJECT) WITHOUT PERMISSION OR AN UNDERSTANDING BETWEEN YOU.
  - E. RESPECT THE PRIVACY OF EVERY PERSON. NEVER INTRUDE ON A PERSON'S QUIET MOMENTS OR PERSONAL SPACE.
  - F. NEVER WALK BETWEEN PEOPLE THAT ARE CONVERSING.
  - G. NEVER INTERRUPT PEOPLE WHO ARE CONVERSING.
  - H. SPEAK IN A SOFT VOICE, ESPECIALLY WHEN YOU ARE IN THE PRESENCE OF ELDERS, STRANGERS OR OTHERS TO WHOM SPECIAL RESPECT IS DUE.
  - I. DO NOT SPEAK UNLESS INVITED TO DO SO AT GATHERINGS WHERE ELDERS ARE PRESENT (EXCEPT TO ASK WHAT IS EXPECTED OF YOU, SHOULD YOU BE IN DOUBT.)
  - J. NEVER SPEAK ABOUT OTHERS IN A NEGATIVE WAY, WHETHER THEY ARE PRESENT OR NOT.
  - K. TREAT THE EARTH AND ALL HER ASPECTS AS YOUR MOTHER. SHOW DEEP RESPECT FOR THE MINERAL WORLD, THE PLANT WORLD, AND THE ANIMAL WORLD. DO NOTHING TO POLLUTE OUR MOTHER, RISE UP WITH WISDOM TO DEFEND HER.
  - L. SHOW DEEP RESPECT FOR THE BELIEFS AND RELIGIONS OF OTHERS.
  - M. LISTEN WITH COURTESY TO WHAT OTHERS SAY, EVEN IF YOU FEEL THAT WHAT THEY ARE SAYING IS WORTHLESS. LISTEN WITH YOUR HEART.
3. RESPECT THE WISDOM OF THE PEOPLE IN THE COUNCIL. ONCE YOU GIVE AN IDEA TO A COUNCIL OR A MEETING IT NO LONGER BELONGS TO YOU. IT BELONGS TO THE PEOPLE. RESPECT DEMANDS THAT YOU LISTEN INTENTLY TO THE IDEAS OF OTHERS IN COUNCIL AND THAT YOU DO NOT INSIST THAT YOUR IDEA PREVAILS. INDEED YOU SHOULD

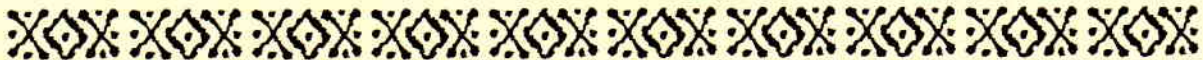


## **NATIVE AMERICAN INDIAN TRADITIONAL CODE OF ETHICS (CONTINUED) ...**

FREELY SUPPORT THE IDEAS OF OTHERS IF THEY ARE TRUE AND GOOD, EVEN IF THOSE IDEAS ARE DIFFERENT FROM THE ONES YOU HAVE CONTRIBUTED. THE CLASH OF IDEAS BRINGS FORTH THE SPARK OF TRUTH.

4. ONCE A COUNCIL HAS DECIDED SOMETHING IN UNITY, RESPECT DEMANDS THAT NO SPEAKS SECRETLY AGAINST WHAT HAS BEEN DECIDED. IF THE COUNCIL HAS MADE AN ERROR, IT WILL BECOME APPARENT TO EVERYONE IN ITS OWN TIME.
5. BE THRUTHFUL AT ALL TIMES, AND UNDER ALL CIRCUMSTANCES.
6. ALWAYS TREAT YOU GUESTS WITH HONOR AND CONSIDERATION. GIVE IF YOUR BEST FOOD, YOUR BEST BLANKETS, THE BEST PART OF YOUR HOUSE, AND YOUR BEST SERVICE TO YOUR GUESTS.
7. THE HURT OF ONE IS THE HURT OF ALL, THE HONOR OF ONE IS THE HONOR OF ALL.
8. RECEIVE STRANGERS AND OUTSIDERS WITH A LOVING HEART AND AS MEMBERS OF THE HUMAN FAMILY.
9. ALL THE RACES AND TRIBES IN THE WORLD ARE LIKE THE DIFFERENT COLORED FLOWERS OF ONE MEADOW. ALL ARE BEAUTIFUL. AS CHILDREN OF THE CREATOR, THEY MUST ALL BE RESPECTED.
10. TO SERVE OTHERS, TO BE OF SOME USE TO FAMILY, COMMUNITY, NATION OR THE WORLD - IS ONE OF THE MAIN PURPOSES FOR WHICH HUMAN BEINGS HAVE BEEN CREATED. DO NOT FILL YOURSELF WITH YOUR OWN AFFAIRS AND FORGET YOUR MOST IMPORTANT TASK. TRUE HAPPINESS COMES ONLY TO THOSE WHO DEDICATE THEIR LIVES TO THE SERVICE OF OTHERS.
11. OBSERVE MODERATION AND BALANCE IN ALL THINGS.
12. KNOW THOSE THINGS THAT LEAD TO YOUR WELL-BEING AND THOSE THINGS THAT LEAD TO YOUR DESTRUCTION.
13. LISTEN TO AND FOLLOW THE GUIDANCE GIVEN TO YOUR HEART. EXPECT GUIDANCE TO COME IN MANY FORMS - IN PRAYER, IN DREAMS, IN TIMES OF QUIET SOLITUDE AND IN THE WORDS AND DEEDS OF WISE ELDERS AND FRIENDS.

*SUBMITTED BY CHEMICAL HEALTH*



**\*LEARNING CENTER EVENING HOURS\***

for the week of

**FEBRUARY 24 - 28**

**Tuesday, February 25th 4 - 8 P.M.**

**Wednesday, February 26th 4 - 8 P.M.**

**Thursday, February 27th 4 - 8 P.M.**

**TUTORS JOHN ROBERTSON, ELTON SPOTTED HORSE  
& MARSHALL DEMARCE AVAILABLE AS SCHEDULED**

Challenge by Academic Dean's staff:  
Cake, ice cream and punch for college students, faculty and staff  
will be on February 27, 1997 at 3:30 p.m. at the cafeteria.

"GOOD LUCK TO THE THUNDERBIRDS" at the NJCAA Region 13 National  
Playoffs on March 2 & 3, 1997 from the Academic Dean Val Finley and  
assistant Letitia Stewart.

applications can  
be picked up at  
Academic Dean's office  
in the Education Bldg.  
or Library. / Complete app.  
can be returned to

Val Finley or  
Letitia Stewart at  
Academic Dean's office in  
Education Bldg.

American Indian Higher Education Consortium  
16th Annual Conference on Indian Education  
March 23-26, 1997  
Howard Johnson - Rapid City, SD

### 1997 AIHEC MAN & WOMAN OF THE YEAR CONTESTANT RULES

*The AIHEC Man and Woman of the Year will represent students from all tribal colleges and will serve as goodwill ambassadors to all people in Indian Country. The AIHEC Man and Woman of the Year will be announced at the Student Awards Breakfast to be held during the AIHEC conference. Please send all applications (with essay and letters of recommendation attached) by February 26, 1997, to:*

*Sitting Bull College  
Office of Student Affairs  
Attn: Thomas Condon  
HC1 Box 4  
Fort Yates, ND 58538*

*For more information, contact Thomas Condon at 701-854-3861 (Ext. 243).*

#### Qualifications:

1. No age limit.
2. Must be enrolled (6 or more credits) in a tribally-controlled community college.
3. Must be maintaining a grade point average of 2.0 (C) or better.
4. Must possess knowledge of tribal traditions.

#### Criteria:

1. Student must be nominated by a college employee (employee must submit a nomination form along with proof of college enrollment).
2. Student must submit an essay answering the question "How has attending a tribal college changed your life?" (200-500 words).
3. Student must submit two (2) letters of recommendation from sources who are familiar with his or her tribal knowledge/contributions. These letters should be from someone other than the college president.
4. Student must submit a personal profile.
5. Student must be available for a private interview during the AIHEC conference.