

W UNITED TRIBES TECHNICAL COLLEGE WEEKLY NEWSLETTER R

VOL. 6 NO. 10

March 10, 1997

Weekly Menu

Mar. 10 to Mar. 14

DINNER

- Mon.- Spaghetti with Meat Sauce, Garlic Toast, Salad Bar, Assorted Fresh Fruit, Assorted Vegetable Tray, 2% Milk
- Tue.- Steak Sandwich, Oven Browned Potatoes, Garlic Toast, Tossed Salad, Assorted Fresh Fruit, 2% Milk
- Wed.- Oven Baked Chicken, Rice, Vegetable, Salad Bar, Assorted Fresh Fruit, 2% Milk
- Thu.- Hamburger on a Bun, French Fries, Salad Bar/Fresh Fruit, 2% Milk
- Fri.- Old Fashioned Tomato Soup, Grilled Cheese, Salad Bar, Assorted Fresh Fruit, Assorted Vegetable Tray, 2% Milk

March 17

- Mon.- Poor Boy Sandwich with Turkey and Ham, Potato Chips, Potato Salad, Assorted Fresh Fruit, 2% Milk

SUPPER

- Mon.- Baked Ham, Au-Gratin Potatoes, Vegetable, Salad Bar, 2% Milk
- Tues.- New England Dinner, Boiled Potatoes, Boiled Vegetable, Salad Bar, Dessert, 2% Milk
- Wed.- Salisbury Steak, Hashbrowns, Salad Bar, Dessert, 2% Milk
- Thu.- Shish-ka-Bob Casserole, Wild Rice, Salad Bar, Dessert, 2% Milk
- Fri. Fish Platter, Oven Baked Potato Wedges, Salad Bar, Dessert, 2% Milk
- Mon.- Braised Beef over Noodles, Vegetable, Salad, Fresh Fruit, 2% Milk

Nursing Department

Nursing Students Reaching Out

Second year nursing students are currently making presentations in selected elementary schools and pre-school day care centers throughout the city are also in the Theodore Jamerson Elementary school on UTTC campus. Students discuss topics relating to preventive health, desirable health care practices, and encourage related positive behaviors. Alert: Nursing students are conducting an all-campus HEALTH FAIR in April. Watch for dates and planned activities.

submitted by Sister Kathryn Zimmer,
Director, AASPN Program

Financial Aid News

The Financial Aid Office would like to thank the following departments and individuals for their support and assistance during the recent AVT meeting.

Cafeteria - for the rolls & coffee
Maintenance - delivery & setup
Don Cadotte - setup and materials
Ann Kraft - Skills Center
Security
Counseling
Admissions
Registrar
Placement
Chemical Health

THANKS AGAIN!!!



Kevin Finley & Outstanding Effort for Thunderbirds

On behalf of the College, the rest of the staff, the students and the board, I want to commend you and thank you for your hard work this past basketball season.

As a past United Tribes graduate, one of the first Thunderbirds players, and, now, as coach and teacher, you can be sure we are proud of your efforts.

You have brought a new standard to UTTC and to tribal colleges by insisting on the high academic and behavioral performance for players.

Likewise, assistant coach Robert Mendoza and each of the players have set a new record for this standard. The College appreciates the new standard of behavior, academics and role modeling of the team. New players--likewise the student body and staff--have this standard to rely on as everyone participates in Thunderbird activities.

So, in the end, be thankful and proud of the good things that have happened. The players and the school have learned some good things to carry with them into the future.

Pilamayelo--Thank You for this.
David M. Gipp, President

Thunderbirds Individual Awards

Tanner Albers
2nd team All-Conference, 1st Team All-State,
1st Team All-Region

Terry Lee
Honorable Mention All-Conference,
1st Team All State, 1st Team All-Region,
Co-Captain

Jason Logg
Honorable Mention All Conference,
5th in Region 13 - scoring at 20 ppg and
4th in rebounding at 9 rpg.
Leader in 3pt shooting 54%

Travis Albers
Honorable Mention All-Conference,
4th in NDJC in rebounding at 7 rpg.,
Co-Captain

Dusty Traversie
5th in Region 13 - 3 pt shooting at 48%

1995-96 - Joe Sazue
Honorable Mentiion All-Conference,
3rd in the NJCAA
Region 13, Division 1 - 3 pt shooting 51%



Counseling

I would like to welcome our new counselor Daryl Bearstail to UTTC. For your information here is a list of vocations that each counselor is assigned to for the spring semester of 1997.

Daryl Bearstail - Ext 291

Art/Art Marketing
Health Information (Medical Secretary)
Building Trades
Auto Mechanics
Licensed Practical Nurse

Wanda Walker - Ext 277

Office Technology
Criminal Justice
Small Business Management
General Studies
Early Childhood Development
Hospitality Management
Welding Technology

Housing Inspections

March 21, 1997

April 4, 1997

April 18, 1997

May 2, 1997

**OPEN MEETING
PARENTS,
UTTC STAFF AND STUDENTS
BI-LINGUAL PROJECT
WEDNESDAY, MARCH 12TH
7:45 A.M.
CAFETERIA**

Attention UTTC Students!

DID YOU KNOW...

...the Learning Center will be open on Monday, March 10 and Tuesday, March 11 from 8:00 am until 4:30 pm? It will not be open on Tuesday evening due to Spring Break which begin Wednesday, March 12.

...the week of March 17-21 we will be back to our regular schedule, which is open Tuesday, Wednesday and Thursday evenings from 4:00 until 8:00 pm?

...if after receiving your midterm grades you find you need tutoring help, there are peer tutors and staff available those evenings to assist you?

...you should sign in and out whenever you use the Learning Center?

...there are only seven weeks of school until FINAL TEST WEEK?

\$20,000 in scholarships for Native American journalism students

NAJA program is North American's largest; supported by major media companies

Native American journalism students in the United States and Canada are encouraged to apply before March 31 for more than \$20,000 in college scholarships to be awarded by the Native American Journalists Association (NAJA) this year.

The NAJA Scholarship is North America's largest program for college-bound, undergraduate and graduate Native American journalism students. Supporters include The New York Times, Newhouse News Service, Cox Enterprises, Anheuser-Busch, Newspaper Association of America and Time, Inc. Awards for the 1997-98 school year will be announced at the NAJA annual conference, June 18-21, in Minneapolis.

The NAJA Scholarship Program has awarded more than \$60,000 in scholarships to more than 40 students over the past five years.

Scholarship recipients will:

- Be enrolled members of a state- or Federally-recognized tribe
- Intend to pursue journalism or mass communication studies in college
- Maintain satisfactory academic standing
- Apply before the deadline of March 31, 1997

Native American Journalists Association
1433 E. Franklin Ave., Suite 11
Minneapolis, MN 55404
Phone: 612/874-8833
Fax: 612/874-9007
E-mail: NAJANUT@aol.com

Energy Saved, Dollars Earned

Cut your energy use and help control living costs by making your home energy efficient. The Department of Energy's FREE publication, Tips for Energy Savers (SD107), offers information on how to save energy throughout your house. It provides you with advice for buying cars, major appliances, and insulation. To obtain your free copy, contact the Energy Efficiency and Renewable Energy Clearinghouse (EREC) at (800) 363-3732, or write to EREC at P.O. Box 3048, Merrifield, VA 22116. You can also order this or other free publications from our computer bulletin board system at (((**))) 273-2995. To find other online energy efficiency information, visit <http://www.eren.doe.gov> on the Internet

ATTENTION

THE CHEMICAL HEALTH CENTER WILL BE OPEN ON SATURDAY DURING PAYDAY WEEKENDS IN BUILDING # 68.

SERVICES AVAILABLE WILL BE CHEMICAL AWARENESS CLASSES AND PERSONAL COUNSELING.

LISTED BELOW ARE THE DATES, HOURS AND TOPICS:

MARCH 8, 1997 1:00-5:00 PM
DISEASE CONCEPT OF ALCOHOLISM

MARCH 22, 1997 1:00-5:00 PM
DENIAL & DEFENSES THAT HURT RECOVERY

APRIL 5, 1997 1:00-5:00 PM
HOW CHEMICAL ABUSE EFFECT THE FAMILY

APRIL 19, 1997 1:00-5:00 PM
HOW CHEMICAL ADDICTION DEVELOP

MAY 3, 1997 1:00-5:00 PM
RELAPSE PREVENTION

UTTC Softball

Each year UTTC sponsors a Women's Softball Team who play during the summer months in the Bismarck Women's Slowpitch Softball League. We would like to recruit some new players, either students or staff, so...if you can do the following: *live in Bismarck (includes campus) the whole summer from May 5 - August 10, 1997 (a must) and *like to have fun in the (hot) sun !! You are eligible to sign up for a spot on the team, it is not a requirement that you know how to play...although it would be nice.

To sign up just give Wenelle (ext. 314) or Amanda (ext. 216) a call and they'll put your name down. Please let them know if you have previous experience in handling a ball or not. Further information will be furnished as they receive it. *Sign up now before all the slots are filled if you are serious*



**Information for the
Next Newsletter
no later than March 14
to Arrow Graphics
Attn: Wanda Swagger**

THUNDERBIRDS
JACKETS (\$85.00) AND
SWEATERS (\$24.00) WILL
BE ORDERED MARCH
18, 1997, AT 3:00 PM,
THIS WILL BE THE
LAST ORDER OF THE
YEAR AND CAN BE
PAYROLL DEDUCTED,
IF YOU PLAN TO
ORDER DO SO ASAP!
PLEASE CALL KEVIN
AT EXT. 361

March 1997

S	M	T	W	T	F	S
						1 Women's BB Tourney
2 Women's BB Tourney UTTC vs Mid-State Tech	3 UTTC vs BSC Swimming 6-8	4 3-3 Women's BB Tourney Karate 7-8	5 Swimming 6-8	6 3-3 Women's BB Tourney	7 Swimming 6-8	8 Men's BB Tourney (Open)
9 Men's BB Tourney (Open)	10 Swimming 6-8	11 Karate 7-8	12 SPRING BREAK Swimming 6-8	13 SPRING BREAK	14 SPRING BREAK Youth BB Tourney KF Swimming 6-8	15 SPRING BREAK Youth BB Tourney KF
16 SPRING BREAK Youth BB Tourney KF	17 Swimming 6-8	18 Student BB Tourney (Men's) Vocations Karate 7-8	19 National NJCAA BB Tourney Swimming 6-8	20 Student BB Tourney (Men's) Vocations National NJCAA BB National AIHEC BB	21 Youth BB Tourn GP National NJCAA BB National AIHEC BB Swimming 6-8	22 Youth BB Tourn GP National NJCAA BB National AIHEC BB
23 Youth BB Tourney GP	24 Swimming 6-8	25 Co-Ed Volley Ball Karate 7-8	26 Swimming 6-8	27 Co-Ed Volley Ball	28 EASTER BREAK Swimming 6-8	29 EASTER BREAK 6 ft. & Under BB Tourney
30 EASTER BREAK 6ft. & Under BB Tourney	31 EASTER BREAK Swimming 6-8					