

# W UNITED TRIBES TECHNICAL COLLEGE WEEKLY NEWSLETTE R

VOL. 7 NO. 3

September 29, 1997

## Weekly Menu

Sept. 29th to Oct. 3rd

### DINNER



LeRol

- Mon.- Goulash, Vegetable, Dinner Roll, Salad Bar, 2% or Skim Milk
- Tue.- Bean Soup, Chicken Salad Sandwich, Salad Bar, Assorted Fresh Fruit, 2% or Skim Milk
- Wed.- Turkey Club Sandwich, Soup, Salad Bar, Assorted Fresh Fruit, 2% or Skim Milk
- Thu.- Variety Pizzas, Salad Bar, Dessert, 2% or Skim Milk
- Fri.- Tuna Salad Sandwich, Soup, Salad Bar, Dessert, 2% or Skim Milk



Rita

- Mon.- Honey Roasted Turkey Sandwich, Soup, Salad Bar, 2% or Skim Milk



Dennis

### SUPPER



Bugs

- Mon.- Hasmburger On A Bun, Baked Potato Wedges, Salad Bar, Brownies, 2% or Skim Milk
- Tue.- Pork Chops, Rice, Vegetable, Salad Bar, Dessert, 2% or Skim Milk
- Wed.- Meatballs over Noodles, Vegetable, Salad Bar, Dessert, 2% or Skim Milk
- Thu.- Grilled Steak, Baked Potato, Garlic Toast, Tossed Salad, Lowfat Sour Cream, Fresh Fruit, 2% or Skim Milk
- Fri.- Lasagna, Garlic Toast, Vegetable, Salad Bar, Dessert, 2% or Skim Milk
- Mon.- Baked Ham, Baked Potato Wedges, Vegetable, Salad Bar, 2% or Skim Milk

## North Dakota Advisory Committee to the United States Commission on Civil Rights Testimony of David M. Gipp President United Tribes Technical College

Hearing Held in Fargo, North Dakota  
September 24, 1997

Thank you for the opportunity to present my views concerning an issue about which I have a lifelong commitment, civil rights enforcement in North Dakota.

First, I would like to give you a brief description of United Tribes Technical College "United Tribes." United Tribes was founded in 1969 by the North Dakota Indian tribes as the United Tribes of North Dakota Development Corporation. Soon, United Tribes was operating a vocational training center on the grounds of Fort Lincoln, an army base constructed in the early years of this century to replace the old Fort Lincoln which was the base for Custer's wars against the Indians. The old buildings of the fort became our classrooms, dormitories and administrative buildings which have now become United Tribes Technical College, serving more than 300 Indian students per year from more than 45 tribes and providing vocational training and two year degrees in a broad variety of disciplines.

Our students are mostly housed on our campus, in dormitories, apartments and single family dwellings. We have a number of facilities and services for our students on campus, including child care, cafeteria, gymnasium, a chemical health center, counselors, both academic and personal, a financial aids office, an arts and cultural center and a bookstore. United Tribes also seeks to provide placement services for our students as they graduate and seek employment.

Nevertheless, our students are often off campus seeking many services in the local city of Bismarck. It is in this vein that I want

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## ND Advisory Committee (cont.) .....

to discuss the issues for which you seek information.

Bismarck has long been a very typical near reservation community viewed by most Indian persons who have lived there as discriminatory. Just a little more than twenty years ago, when we were using VISTA volunteers at our facility, they observed, among other things, that Bismarck's Patterson Hotel, now an apartment complex for senior citizens, had a notice under the glass that said, "We do not rent to Indians." Our local city judge had different bail schedules for Indians and non-Indians, with the Indian persons more likely to spend the night in jail rather than being released on their own recognizance. The gift shop at the airport sold a shot glass that depicted an Indian person in various stages of drunkenness on the side of the glass. Our local clerk of county court had a different system for providing identification cards for Indians and non-Indians, with the Indian being required to provide more references before such a card was issued.

While these more egregious examples of racist behavior have largely been eliminated, problems remain. Although we have not conducted a formal survey of our students about adverse discriminatory experiences they have had in Bismarck, we are aware generally of several problems locally. One has already brought to the attention of the Justice Department in the past several years involving discriminatory placement of Indian children special education classes in local schools. Although this situation did not involve our students, and to my knowledge has now been largely corrected, it was indicative to me of larger problems within our community that do affect our students.

For example, our students frequent the malls and various stores in Bismarck. Consistently for a number of years, students have complained that they are followed and occasionally harassed by security forces at such establishments.

Like many other Indian people, our students, and sometimes the Indian members of our faculty and administration are unable to cash checks locally. At least one lawsuit has been filed about such practices, with mixed results. Credit opportunities can also be limited.

Each year our college sponsors a four-day powwow which is now popularly associated with United Tribes and the end of summer. Despite our best efforts, and despite the fact that the United Tribes International Powwow brings in several million dollars to the City of Bismarck each year, incidents of discrimination occur almost every year against some of our out-of-town guests. For example, last year a guest of our powwow was eating with his spouse at a local restaurant. When he paid with a fifty dollar bill, he was returned only a few dollars in change. When he went to complain, in an unthreatening fashion, the waitress comments with words to the effect, "This is always the way you people act." The racial reference was completely uncalled for and certainly sullied our visitor's stay in Bismarck.

More serious have been problems with housing discrimination. One of our faculty members, from Sri Lanka, was discriminated against several times in his efforts to find housing for himself and his family. The stories are many of landlords who vow not to rent to Indian persons because of one unfortunate incident with an Indian tenant. While we are thankful for the presence of the North Dakota Fair Housing Council, we know that its efforts are limited by lack of resources. In the past, some lawsuits have been filed but with little result. To be sure, realtor's associations do help. Discrimination in housing is not uniformly present among all rental units in Bismarck.

Perhaps most troubling in the capital of North Dakota is the lack of Indian employees in state government. Except for positions that relate directly to Indians and tribal issues, there are almost no Indian employees at major state agencies headquartered in Bismarck. While one can, to some degree, say that few Indian people apply for positions at the state capitol building, that does not entirely explain the lack of Indian employees there. Is this a case of systemic discrimination? Without a human rights commission to investigate, it is very hard to prove one way or the other, but the lack of Indian employees suggest the answer.

Because we are constantly seeking to place our graduates in productive jobs, employment opportunities are critical for us. Complaining to the State Labor Department about employment discrimination in state government does not seem likely to produce adequate results.

I am certain that many acts of discrimination against our students and faculty go unreported and no effort is made to seek a remedy, primarily because of the remoteness of the agencies charged with handling these cases. What I would welcome is the assistance of the U.S. Civil Rights Commission in conducting a survey of discriminatory acts against our students. I believe such a study would begin to determine the extent of discrimination generally in Bismarck. These are the types of studies necessary to allow a real determination of the extent of discrimination in North Dakota.

Given the history of treatment of Indian people by our government, it has been difficult for me to understand why our state legislators do not believe a state human rights commission is necessary, in a state where Indian people are the only significant racial minority. It is especially difficult to understand because a state human rights commission would essentially be locally controlled, appointed, presumably, by our governor or some other combination of political and community leaders. The advantage for United Tribes and its students would be immediate access to an agency that could produce relatively quick results.

Now, the options are to go to Denver for housing and employment discrimination cases, and other places for discriminations involving credit and public services, even though our North Dakota Human Rights laws prohibit such discriminatory actions. It

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## ND Advisory Committee (cont.) .....

is my hope, as also expressed by Chairman Mason, that your Advisory Committee can begin to provide the information and rationale for the establishment of a Human Rights Commission in North Dakota.

## News and Notes From the REGISTRAR

All "INCOMPLETES" from last summer and/or spring semester have now been changed to a letter grade as of the 15th of September. If you would like a new printout showing your new and improved grade, stop by my office or give me a call at Ext. 216.

The line has been drawn ... no more adding of classes. I hear this alot, "well this student has been attending class all the time and they are doing real well." Will someone explain this to me, how can you attend a class when you have never registered for it in the first place, some days I could pull someone's hair out. Not to be sounding off, but people – please use a little common sense. For some unknown reason, some students seem to think that just by showing up for a class, means they will get credit for it - but no, it does not work that way. The flip side of the coin are those students who do not know they are supposed to be in a class and never find out until midterm grades come out!!! Isn't that awful? In order to help alleviate some of the miscommunication that arises, because we have such a complicated system here, each student should request to see their time and attendance reports. This report lists all the classes in which they have missed 1 hour or more. If you haven't missed a class you will not have a report, and there are a few gems who haven't missed a class. **PLEASE SEE YOUR VOCATIONAL ADVISOR, COUNSELOR, OR VIVIAN FROM STUDENT SUPPORT SERVICES FOR THIS REPORT**, plus this report is being forwarded to your funding agencies. I (try to) send them out once a week.

Early **CONGRATULATIONS** go out to the following students who will be graduating this December:

- Chastity Clausen - OT
- Marshall Demarce - OT
- Gwen Holding Eagle - OT
- Joy Remero - OT
- Valirie Serawop - OT
- Molly McDonald - CJ
- Gilma Stands - CJ
- Richard Vivier - CJ
- Eric Watson - W

No one will be graduating from the Nursing or Early Childhood programs. If you are graduating and your name is not listed, please see your advisor.

## Second Year Nursing Students Learning, Learning ...

*submitted by Sister Kathryn Zimmer, Director AASPN Program*

Second year Nursing students are busy learners these days. Each one is mastering the technique of giving intravenous medications. Mastery entitles them to become IV certified – a great accomplishment.

A number of students assisted with Powwow events – even working in a concession stand and earning \$100 for their student association treasury.

Last week Sister Kathryn, program director, served as a site visitor for the National League of Nursing. She and a nurse partner from St. Cloud, Minnesota evaluated the practical nurse program at the Western Iowa Tech Community College in Sioux City, Iowa. Further review of the data collected will determine the school's eligibility for on-going accreditation, and all schools want to be accredited! The UTTC Nursing Program is accredited until the year 2000.

## TJES Family Club "Just Say No" Trip to Pumpkin Patch

This is family fun to the max! Each child may wander the Pumpkin Patch and pick out their very own pumpkin to take home. The area is decorated. You will have a chance to see the fall colors along the river. You may drive your own car and make the time fit your schedule, or ride the van. The van will leave the Cafeteria at 4:50 and 5:20 pm.

Location is north of Bismarck on River Road. The cost for Family Club activities is covered by our Drug Free Program. So come along – Thursday, October 2nd, from 4 to 7 pm, for a great family outing!

## Parent School Community PSC Meeting

Reminder: PSC is open to any and all UTTC/TJES staff, students, or parents. TJES is our community school. We are all responsible for our children. Come out and help build a positive, safe, healthy community for our children. PSC purpose is to "sponsor fun and educational activities for the benefit of children and families, working with TJES staff, school board, and other UTTC groups."

**Meeting Date: TUESDAY, September 30th, 12:00 -1:00 Russell Hawkins Conference Room (Northeast Corner of Campus) Planning for Taco & Bake Sale - Lunch Will Be Served.**

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**PSC TACO SALE**  
**THURSDAY, OCT. 2ND**  
**NOON**  
**SKILL CENTER**

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**PSC BAKE SALE**  
**MONDAY, OCT. 6TH**  
**NOON-5 PM**  
**SKILL CENTER**

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**~PSC COMING EVENTS ~**

A gathering of TJES Parents to:

- Meet Other Parents
  - Share Concerns
  - Seek Ideas for Solutions
  - Select Projects, and
  - Form Action Committees
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**Presentation on "Gangs"**

The time and place TBA.

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**Youth Power Meeting**

**Wednesday, October 1st**

**6:00-8:00 PM**

**SMALL GYM**

Open to all students Grades 5-8. Look for lots of action from our youth. They've got the power!

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**Children's Support Group**

**MONDAY'S - 3:50-4:30 pm**

**Building 51**

Open to all Students Grades 1-4.

**CHEMICAL HEALTH CENTER**  
**SAYS "THANKS"**

The Chemical Health Center would like to thank all the people who stopped by the Chemical Health Center this past Wednesday for our Open House. It was fun and great success.

We would also like to thank the Cafeteria for the delicious rolls and coffee. A special thanks to Kathleen Two Horses for making and donating the beaded barrettes and earrings for our door prizes and also to Harriet Schneider for the wreath. The lucky winners of the door prizes were as follows: Amelia Knife - barrettes, Shareen Wissiup - earrings, Brandy Knife - flower hang ups, Eric Engavo - pin box, Michelle Brewer -wreath, and Jamie BeGay - pot holders.

**INDIAN BROTHERHOOD**

**The Twelve Steps**  
**Toward Sobriety**

1. I admit that because of my dependence to alcohol that I have been unable to care for myself and family.
2. I believe now that a greater spirit can help me regain my responsibilities and model the life of my forefathers.
3. I rely totally on the ability of the Great Spirit to watch over me.
4. I strive everyday to get to know myself and my position within the nature of things.
5. I admit to the Great Spirit and to my Indian brothers and sisters the weaknesses of my life.
6. I pray daily to the Great Spirit to help me.
7. I pray daily to the Great Spirit to help me correct my weaknesses.
8. I make an effort to remember all those that I have caused harm to and with the help of the Great Spirit achieve the strength to try and make amends.
9. I do make amends to all those Indian brothers and sisters that I have caused harm whenever possible through the guidance of the Great Spirit.
10. I do admit when I have done wrong to myself, those around me and the Great Spirit.
11. I seek through Purification, Prayer, and Meditation to communicate with the Great Spirit as a child to the father in the Indian Way.
12. Having addressed these steps, I carry this Brotherhood and Sisterhood and Steps of Sobriety to all of my Indian brothers and sisters with alcohol problems and together we share all these principles in all of our daily lives.

## Student Health Center Notes

**Hours: M-F: 8 am-4 pm**

**Sat & Sun: 8 am-Noon**

Students who have not filled out medical forms for the Student Health Center should do so as soon as possible.

Scoliosis (curvature of the spine) screenings for children grades 5-8 will be held on Tuesday, September 30th beginning at 9:00 am. Letters have been sent to parents. If you do not want your child screened, please notify the Student Health Center.

Letters have been sent home for those children who are in need of dental or vision examinations. Please see the Student Health Center to set up an appointment. If your child is on Medical Assistance, please notify the Student Health Center of the appointment date for input into your child's medical chart.

Blood Pressure, Cholesterol and Blood Sugar Screening will be held at the Skill Center on October 7th from 9:00 am to 12 noon. Students are FREE! Staff will be charged \$5.00. A snack will be served.

Chronic medical problems will be seen at the Student Health Center on the following days: (1:00 - 4:00 pm)

Monday - Hypertension (High Blood Pressure)

Tuesday - Diabetes

Wednesday - Prenatal

Thursday - Immunizations

### Cavities begin with plaque



Plaque is a sticky, invisible film which contains bacteria that is constantly forming on everybody's teeth. The bacteria in plaque work on the sugar in sweet foods to form decay acids that attack teeth. Plaque is also a major cause of gum disease. You can prevent most cavities and gum problems by brushing carefully (and by flossing—if your dentist tells you to) to remove plaque.

### Brush right to remove plaque

Hold the toothbrush at a 45° angle to your gum line. Brush gently, back and forth with short strokes, covering just one or two teeth at a time.

Make sure to brush thoroughly the backs, fronts and chewing surfaces—of ALL your teeth.

Brush carefully to get all the plaque out of your mouth at least once a day...and try to brush after eating, if possible.

Give plaque the brush-off by using a toothbrush with soft, rounded bristles. (A worn-out brush can't do a good job, so get a new brush often.)

## FOR SALE

**Two Entertainment Stands**

**(1) - \$40.00 (1) - \$25.00**

**Call Doris - Ext. 248**

## FOR SALE

**MENS AND WOMEN'S WATCHES  
WITH UTTC LOGO**

**\$35.00 each**

**Call Elsie at Switchboard - Ext. 0 or  
217 or 218**

*Hi!*

**I'd love to offer you AVON'S  
personalized service.**

**I AM A STUDENT HERE AT UTTC AND  
CAN GIVE YOU QUICK AND  
COURTEOUS SERVICE. I STILL HAVE  
AVON'S NEW FRAGRANCE "STAR-  
RING" AT THE LOW PRICE OF \$19.95  
FOR IMMEDIATE DELIVERY.**

**CALL SOON -**

**K. CHRISTOPHERSON**

**250-9804 - Leave a Message**

*Thank You!*

**Information for the  
Next Newsletter must be  
submitted to Arrow Graphics  
before 5:00 pm - October 3rd.  
Attn: Wanda Swagger**



## "THUNDERBIRD" SEASON TICKETS

Season tickets are still on sale for the upcoming UTTC "Thunderbirds" mens basketball season. The cost is \$20.00. Come out and support your team as they make another championship run. Contact Ext. 361 for your season tickets.

## YMCA CARDS

The Athletic Department has YMCA cards available for student use. These cards will get students into the pool, sauna, jacuzzi, the indoor walking track, both gyms, and the weight room. To check these cards out you must have a student I.D. card. YMCA cards may be checked out from the Recreation Department for a 24 hour time limit. Failure to check cards in on time will result in loss of card privileges. Starting October 1, 1997, a new check out policy will be enforced. All students will have to present a valid drivers license to check out YMCA cards.

**POWWOW JACKETS  
STILL AVAILABLE  
FOR THOSE OF YOU  
WHO HAVEN'T  
PURCHASED YOURS  
YET!**

**Great Gift Idea for  
Christmas!  
\$60.00**

**Sizes XL & XXL Left.**

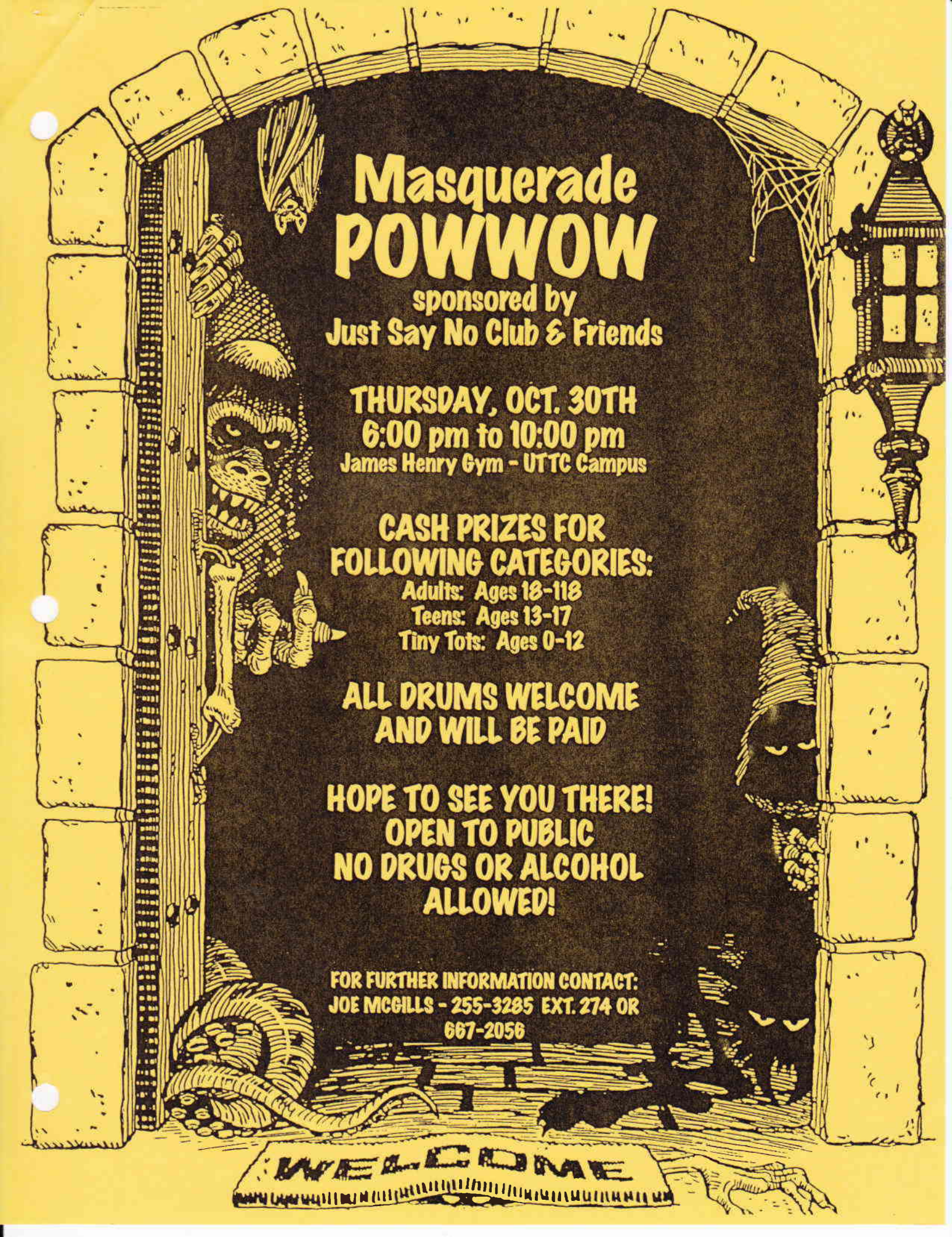
*Inquire about other Powwow Souvenirs.*

**Stop By Arrow Graphics  
Building 51.**

## RECREATION SCHEDULE

~ SEPTEMBER ~

- 1-5 OPEN GYM (1-5 amd 6-10)
- 1 YMCA Swimming - 6:30 pm
- 2 Tae-Kwon-do
- 3 YMCA Swimming - 6:30 pm
- 4 Horseshoes
- 5-6-7 UTTC Softball Tourney
- 8-13 OPEN GYM
- 8 YMCA Swimming - 6:30 pm
- 9 Horseshoes
- 10 YMCA Swimming - 6:30 pm
- 11 Horseshoes
- 12 Movies - 7:00 pm
- 13 Gym Closed
- 12-13 High School BB
- 15-19 OPEN GYM
- 15 YMCA Swimming - 6:30 pm
- 16 Tae-Kwon-do / Horseshoes
- 17 YMCA Swimming
- 18 Horseshoes
- 19 Movie - 7:00 pm Student Union
- 20 Elementary Girls Game (5th & 6th) - 11:00 am / Movies
- 22-26 OPEN GYM
- 22 3 on 3 League Womens / YMCA Swimming
- 23 3 on 3 League Mens
- 24 YMCA Swimming
- 25 Horseshoes
- 26 Movies
- 27 GYM CLOSED
- 29-Oct 4 OPEN GYM
- 29 YMCA Swimming
- 30 Flag Football Practice / Horseshoes
- 2-4 Women's Volleyball / Coed Volleyball / Men's YMCA  
4 on 4 League
- 4 Movies



# Masquerade POWWOW

sponsored by  
**Just Say No Club & Friends**

**THURSDAY, OCT. 30TH**  
**6:00 pm to 10:00 pm**  
James Henry Gym - UTTC Campus

**CASH PRIZES FOR  
FOLLOWING CATEGORIES:**

Adults: Ages 18-118

Teens: Ages 13-17

Tiny Tots: Ages 0-12

**ALL DRUMS WELCOME  
AND WILL BE PAID**

**HOPE TO SEE YOU THERE!  
OPEN TO PUBLIC  
NO DRUGS OR ALCOHOL  
ALLOWED!**

**FOR FURTHER INFORMATION CONTACT:  
JOE MCGILLS - 255-3285 EXT. 274 OR  
667-2056**

**WELCOME**