

W UNITED TRIBES TECHNICAL COLLEGE R WEEKLY NEWSLETTE

VOL. 7 NO. 4

October 6, 1997

Weekly Menu

Oct. 6 to Oct. 11

DINNER



LeRoi

- Mon.- Honey Roasted Turkey Sandwich, Soup, Salad Bar, 2% or Skim Milk
- Tue.- Mexican Rollup, Spanish Rice, Salad Bar, Assorted Fresh Fruit, 2% or Skim Milk
- Wed.- Oven Baked Chicken, Rice, Vegetable, Salad Bar, Assorted Fresh Fruit, 2% or Skim Milk
- Thu.- Hamburger on a Bun, Baked Fries, Assorted Fresh Fruit, 2% or Skim Milk
- Fri.- Old Fashioned Tomato Soup, Egg Salad Sandwich on Whole Wheat, Salad Bar, Assorted Fresh Fruit, 2% or Skim Milk



Rita

- Mon.- Croissant Sandwich with Turkey or Ham, Potato Salad, Salad Bar, 2% or Skim Milk



Dennis

SUPPER



Bugs

- Mon.- Baked Ham, Baked Potato Wedges, Vegetable, Salad Bar, 2% or Skim Milk
- Tue.- New England Dinner, Boiled Potatoes, Boiled Vegetable, Salad Bar, Dessert, 2% or Skim Milk
- Wed.- Salisbury Steak, Rice Pilaf, Salad Bar, Dessert, 2% or Skim Milk
- Thu.- Shish-ka-Bob Casserole, Wild Rice, Salad Bar, Dessert, 2% or Skim Milk
- Fri.- Fish Platter, Oven Baked Potato Wedges, Salad Bar, Dessert, 2% or Skim Milk
- Mon.- Braised Beef over Noodles, Vegetable, Salad, Fresh Fruit, 2% or Skim Milk

Three Affiliated Tribes host visit by the closest living descendant of famed explorer and early ecologist,

New Town, ND, September 25, 1997: On Friday, October 3, Prince Wilhelm of Neu Wied, Germany, will arrive in Bismarck on the first leg of a 10-day trip that retraces the travels of his great-grand uncle, Prince Maximilian, who wintered with the Mandan-Hidatsa tribes in 1883-84.

- The event is sponsored by the Three Affiliated Tribes and by All Nations Lifeways Village, an Indian-operated non-profit community development entity being organized in Mandan with a satellite office in Mandaree. The Prince will participate in ribbon cutting ceremonies at the new community center in Mandaree.

- German Prince Maximilian and Swiss artist Karl Bodmer observed and recorded the lifeways of the Missouri River tribes and the native ecological balance of the region. Prince Friedrich Wilhelm is the closest living descendant of Prince Maximilian and lives in the family castle along the Rhein River in Bonn, Germany.

- The Prince's itinerary will include several regional historical sites in the Bismarck area including: Fort Union, Knife River Villages, Fort Lincoln/Slant Village, Heritage Center, United Tribes Technical College (UTTC), the Three Tribes Museum in Four Bears and several schools on the Fort Berthold reservation. He will meet with the Tribal Council, with tribal elders, and with groups of school children. The school meeting will mark the beginning of an interactive cultural exchange, using distance learning technologies, between the Mandan, Hidatsa and Arikara Tribal Nation and the Nation of Germany.

- The week long event will conclude with a traditional powwow and feast. Planning for this event began about two years ago when Tex Hall, then Superintendent of the Mandaree School, and Sandy Poitra, Cultural Director of UTTC were invited to Germany to highlight a trade show in Bonn to talk about "American Indian Visioning and Valuing".

- Hall, who is now the Three Affiliated Council Representative for the Mandaree area said, "What a leap forward for our tribe to host International guests of this stature and to begin renewing our history as a trading center for Native Peoples in this country and with the Euro-Americans in Nation to Nation dialogue. This event is the first step to new opportunities."

- Other hosted guests from Germany include a marketing representative and technology consultant to assist in mutual planning and future events.

To All Interested People
Masquerade

Powwow Meeting

October 6th at 6:00 p.m.
Chemical Health Building 68
Hope to see you there

Financial Aid News

The Following Students are Required to come to the Financial Aid office on Thursday, October 9, 1997:

Tanner Albers	Travis Albers
Lori Bucholtz	Delmar Clown
Shawn Demarrias	Deloris Diegel
Tasha Husebye	William Krein
Skyla Marks	Albert Mason
Natosha No Heart	Lisa Olheiser
Joyce Pechtel	Lanelle Rising Sun
Martie Schaff	Melissa Schauer
Nicole Skjod	Deb Steffen
Cornelia Thomas	Norma Tiokasin
Rheida Whiteshield	Ginger Grueneich

Also: Any other students not on this list, and who has not visited the Financial Aid Office need to set an appointment date with Sue Big Eagle at Ext. 354.

Important Notice

**To Students with Children in
UTTC Preschool or Nursery:**

**Please notify the Student Health Center if you
will not be in class as per your schedule. Your
child may become ill and we will need to
contact you in case of an emergency.**

***** NOTICE *****

Nominations will be open again to any and all interested students for the following Student Senate positions:

SECRETARY
TREASURER
PARLIMENTARIAN

On Tuesday, October 7, 1997
3:00 - 5:00 pm in the Education Building
See Letitia Stewart, Student Senate Advisor,
For further information at the
Academic Dean's Office.

**The following Students have been
nominated for Student Senate President:**

**MICHELLE THOMAS
RAMONA JOHNSON
ELTON SPOTTED HORSE**

**Student Senate Vice-President:
GERI WHITEMAN**

A Leadership training will be offered for the students who are running for any student senate office. The training will cover the general duties and functions of the offices of the student senate. Date, Time and Place will be Posted.

Nursing Students chosen to Serve...

This week Sister Kathryn explained to 2nd year nursing students the importance of having students serve with the Nursing Department Faculty, and the Nursing Advisory Board at their meetings. Students can provide input useful during deliberations concerning events, curriculum, department planning.

Stephanie Johnson and Mary Rohrich were elected by their classmates to serve at the nurse faculty meetings; Arnold Douglas as Marty Schaaf will serve with the Advisory Board.

Faculty meet weekly. The Advisory Board meets once each semester. The fall semester meeting of the Advisory Board is scheduled for Monday, October 6 and will be 5:15 pm dinner meeting at the Radisson Inn.

Congratulations to those elected to serve in the role of student representatives! And Thank You!

submitted by Sister Kathryn Zimmer, AASPN Director

**"Little Albert"
Learns the Hard Way**

by Bev Huber

Questions: What do slobbering dogs, "Little Albert", Erik Erikson, the Kiowa, birth stories, hungry pigeons, Thelma and Louise, Wendy Pank, autonomy, the Oedipus Complex, and Devil's Tower have in common?

Answer: Integrated Studies/Psychology 101 & Composition 101

- 1) slobbering dogs--the Classical Conditioning theory of Pavlov
- 2) "Little Albert"--again, Pavlov, the human connection
- 3) Erik Erikson--stages of human psychosocial development theory
- 4) the Kiowa--N. Scott Momaday's The Way to Rainy Mountain
- 5) birth stories--included in students' "Journey" essays
- 6) hungry pigeons--B.F. Skinner's Operant Conditioning theory
- 7) Thelma and Louise--the ultimate "psychology" movie
- 8) Wendy Pank--the "new kid on the block"--WELCOME!
- 9) autonomy--when do we really achieve this stage?
- 10) the Oedipus Complex--male attraction to their mothers
- 11) Devil's Tower--the legend/the origin of Momaday's name

A definition of learning: **A relatively durable change in behavior or knowledge that is due to experience.**

Another definition of learning: **The 90+ students enrolled in Integrated Studies and their teachers experiencing all kinds of "good stuff" together.**

**Catholic Mass
every Sunday
at 10:00 a.m.
UTTC Chapel**

**Next Youth Power Meeting is
Wednesday October 8
6:30 - 8:30 in small gym
Open to students Gr. 5-8**

Children's Support Group

Monday's

3:50 to 4:30

Open to students Gr. 1-4

TJES Counseling Office Bldg. 51



Parent School Community

PSC Meeting

Thursday, Oct. 9, 12 to 1

at Russell Hawkins

Conference Room

(Northeast Corner of Campus)

Lunch is Served

Reminder: PSC is open to any and all UTTC/TJES staff, students, parents. TJES is our community school.

We all are responsible for our children.

Come out and help build a positive safe, healthy community for our children.

PSC purpose is to "sponsor fun and educational activities for the benefit of children and their families, working with TJES, staff, school board and other UTTC groups.

Just Say No - Family Club

Thursday, Oct. 9

Pizza Party

7:00 pm at the Cafeteria

For all TJES Parents & their children!

Families are invited to a Pizza Party where you make your own pizza. While it bakes you have a chance to visit other TJES Parents. You will also have a chance to discuss the purpose of the Family Club and ideas for future Family Club Activities. There will also be a brief presentation.

WANTED:

Planning Meeting 4:00 Tuesday Oct. 7 at Bldg. 61

Parents interested in helping:

1. Red Ribbon Week Activities

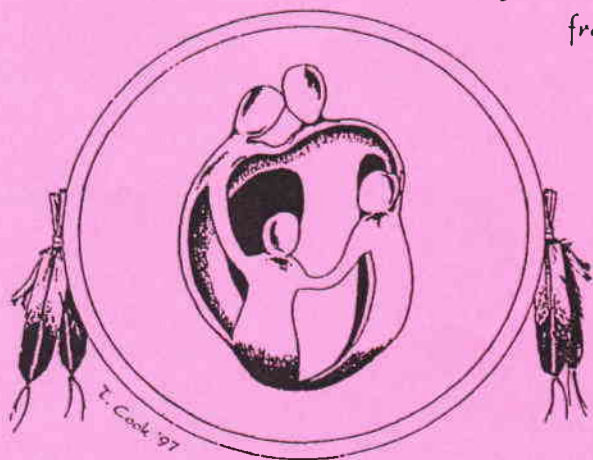
Sobriety Walk Run & other Drug Abuse Prevention Activities

2. TJES Social Skills/Citizenship Committee

(behavior, curriculum and incentives)

3. Attendance Standards & Awards Committee

Contact: Mr. Azure or TJES Office if interested.



"Your mother, my daughter, bore you and cut from your middle the navel string. The house that you were born in was but a nest. As you marry this day you will sprout and grow and build. Care for this woman as I have cared for your mother and she has cared for you. Raise not your hand against her or your children or there will be no more lucky days for you."

Advice of an Indian Grandfather to his grandson on his wedding day

STUDENT HEALTH CENTER NOTES:

New & returning students must see STUDENT HEALTH CENTER to update medical forms or complete medical forms. A new computer system is in the process of getting implemented. All students are required to update forms if you have not already.

Parents who were sent letters regarding vision or dental referrals for your children must see Student Health to schedule an appointment.

Students who are referred to the clinic for a medical problem must return white (1/2 slip) authorization form. Failure to return the authorization form may result in an unpaid medical bill.

A Blood Pressure, Cholesterol & Glucose screening for staff & students will be held Tuesday, October 7 at the Skill Center beginning at 9 am. Students are free!!! Staff will be charged \$5.00 at the time of the screening. A snack will be served.

October 10 is nationally recognized as "Turn Off the Violence Day". The following is an excerpt from the AIDS Newslink newsletter dated Spring 1997.

Every year in the U.S., three to four million women are battered or abused. Many women are the victims of violence attributed to childhood sexual abuse, rape or physical and emotional domestic abuse. One in three girls is sexually abused by the age of 18, often by someone in her intimate circle of family and friends. Nearly one-third of women killed annually die as a result of violent acts by current or former partners or spouses.

Violence against women has reached near epidemic proportions in the United States of the same time that HIV infection is increasing most rapidly among women, especially women of color. This dual epidemic requires that health care providers understand how violence can underlie behaviors that put women at risk for HIV infection and how it can impact a woman's decision about disclosing her HIV status. Many HIV care providers are unaware of the violent episodes that affect or have affected the lives of the women they serve. The importance of assessing and intervening is highlighted by a recent large perspective study that suggested the higher mortality rate among HIV-infected women participants might be related to "lower socioeconomic status, homelessness, domestic abuse, substance abuse, and the lack of social support."

ABUSE ASSESSMENT SCREEN

1. Have you ever been emotionally or physically abused by your partner or someone important to you? _____ Yes _____ No
 2. Within the last year, have you been hit, slapped, kicked or otherwise physically hurt by someone that you know? _____ Yes _____ No
- If yes, by whom _____ Number of times _____

continued on page 5



Continued from page 4.

- 3. Since you've been pregnant, have you been slapped, hit, kicked, or otherwise physically hurt by someone? _____ Yes _____ No.
- 5. Are you afraid of your partner or anyone listed above? _____ Yes _____ No.

*** RECREATION ***

ATTENTION ALL VOCATIONS: The Float Contest will be held at 1:00 pm October 17th. Immediately after the Parade. The UTTC Flag Football team will battle the Standing Rock College "SUNS".

STUDENTS: If you bring your children to the Gym please make sure they are supervised at all times. THANK YOU.

RESULTS: Results of Wednesday YMCA Night 4 - on - 4 league UTTC defeated team Budweiser. Team Members: Todd Thomas, Rich Schmoehel, Archie, Sonny White Eyes, Tyson Davis, Car Davis, Amos American Horse, Chris McLaughlin, Eli Feather Earring.

TAE-KWON-DO CLASSES: Students & their children can still join Tae-Kwon-Do classes. Classes are held every Tuesday evening from 7:00 pm to 8:00 pm in the Small Gym.

CO-ED VOLLEYBALL LEAGUE: Will begin Tuesday, October 7, 1997. UTTC will play at 6:30 pm. Students needing a ride should be at the gym at 6:00 pm. We will not wait for anyone or come back to the school for anyone that is late. Games will be held at Will-Moore Elementary.

WOMEN'S VOLLEYBALL LEAGUE: The Women's Volleyball League will begin on Wednesday, October 8, 1997. Game time is 8:00 pm. The bus will leave at 7:30 pm. The games will be played at Simle Middle School II.

POLICY: Anyone who checks out equipment from Recreation must have an ID. It will be returned when the equipment is returned.

3-ON-3 LEAGUE: The 3-on-3 league will begin the 29th of Sept. Please sign up at the Rec. Office. \$5.00 per team., 4 Player Roster limit. Please sign up so we will know how many team will be participating.

HOMECOMING: The United Tribes Flag Football Team will travel to Fort Yates on October the 10th to battle the Standing Rock "Suns". This will be Standing Rocks Homecoming Game. The following week UTTC will play our Homecoming game Friday the 17th at 2:00 pm.

MEN'S 4-ON-4 LEAGUE: The Men's 4-on-4 League at the YMCA will begin Oct. 1st (exact time not known yet). Our roster is not quite full, If you are interested the player fee is \$10.00 to be paid before the league begins.

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 : **Information for the** :
 : **Next Newsletter must be** :
 : **submitted to Arrow Graphics** :
 : **before 5:00 pm - October 10th.** :
 : **Attn: Wanda Swagger** :
 :

MONTH October Recreation Schedule YEAR 97

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 YmCA, Swimming Men's Y-league 7:30 pm Men's Basketball practice Open Gym	2 Football practice 6:30 Volleyball 6-8	3 High School Girls game Mandaree V.S. Fort Yates public 6:00 pm	4 Elementary girls game 3:00 pm Gym Closed
5 Gym Closed	6 YmCA, Swimming Flag Football practice 6:30 pm Men's B-Ball practice 3:30 pm Open Gym 6-10	7 Horseshoes Flag Football practice 6:30 pm City League Co-ED Volleyball 8:00 pm	8 YmCA, Swimming Men's Y-league 6:30 pm Women's Volleyball 8:00 pm	9 Flag Football practice 6:30 pm Volleyball 6-8	10 Standing Rock Homecoming -V.S. UTTC 2:00 pm at Fort Yates	11 Gym Open
12 Gym Open	13 YmCA, Swimming Flag Football practice 6:30 pm Men's B-Ball practice 3:30 Open Gym 6-10	14 Flag Football practice Co-ED Volleyball 6:30 (Will-Moore High School)	15 Men's Y-league 8:30 pm Women's Volleyball 7:15 pm YmCA, Swimming	16 Flag Football practice 6:30 pm Volleyball 6-8	17 UTTC Homecoming V.S. Standing Rock 2:00 pm	18 Gym Closed →
19 Gym Closed	20 YmCA, Swimming Men's B-Ball practice Open Gym 6-10	21 Co-ED Volleyball 8:45 pm	22 Men's Y-league 6:30 pm Women's Volleyball 6:30 pm YmCA, Swimming	23 Volleyball 6-8	24 Independent	25 Basketball Gym Closed
26 Tournament Gym Closed	27 Men's B-Ball practice 3:30 Open Gym 6-10	28 Co-ED Volleyball 6:30 pm	29 Men's Y-league 7:30 pm Women's Volleyball League 8:45 pm YmCA, Swimming	30 Volleyball 6-8	31 Gym Closed	

UTTC TEAM #13 Meas 4-09-4 Y-League

SCHEDULE

ALL GAMES TO BE PLAYED IN THE MCDOWELL GYM

Time	McDowell Gym	Oct 1	Oct 8	Oct 15	Oct 22	Oct 29
6:30	East	12 V 5	1 V 14	8 V 5	7 V 4	4 V 5
6:30	West	14 V 3	13 V 2	12 V 14	11 V 13	6 V 3
7:30	East	13 V 4	12 V 3	11 V 2	10 V 14	9 V 13
7:30	West	1 V 2	11 V 4	7 V 6	9 V 2	8 V 14
8:30	East	9 V 8	10 V 5	1 V 13	8 V 3	7 V 2
8:30	West	10 V 7	9 V 6	10 V 3	1 V 12	1 V 11
9:30	East	11 V 6	8 V 7	9 V 4	6 V 5	10 V 12
Time	McDowell Gym	Nov 5	Nov 12	Nov 19	Dec 3	Dec 10
6:30	East	1 V 10	3 V 2	4 V 12	1 V 7	1 V 6
6:30	West	9 V 11	4 V 14	7 V 9	6 V 8	13 V 12
7:30	East	8 V 12	7 V 11	6 V 10	5 V 9	4 V 8
7:30	West	7 V 13	6 V 12	5 V 11	4 V 10	3 V 9
8:30	East	6 V 14	5 V 13	1 V 8	3 V 11	2 V 10
8:30	West	5 V 2	8 V 10	3 V 13	2 V 12	14 V 11
9:30	East	4 V 3	1 V 9	2 V 14	14 V 13	5 V 7

November 27 - Off For Thanksgiving

Please See Other Side For Captain List





BISMARCK PARKS AND RECREATION WEDNESDAY WOMEN'S VOLLEYBALL 1997-98 SEASON SIMLE MIDDLE SCHOOL II

<u>TIME</u>	<u>October 8</u>	<u>October 15</u>	<u>October 22</u>	<u>October 29</u>
6:30pm.	1 Vs 2	5 Vs 7	2 Vs 8	3 Vs 7
7:15pm.	3 Vs 4	<u>6 Vs 8</u>	<u>1 Vs 5</u>	1 Vs 4
8:00pm.	<u>7 Vs 8</u>	<u>2 Vs 4</u>	3 Vs 6	2 Vs 6
8:45pm.	5 Vs 6	1 Vs 3	4 Vs 7	<u>5 Vs 8</u>
	<u>November 5</u>	<u>November 12</u>	<u>November 19</u>	
6:30pm.	4 Vs 5	<u>3 Vs 8</u>	1 Vs 6	
7:15pm.	6 Vs 7	<u>2 Vs 5</u>	<u>4 Vs 8</u>	
8:00pm.	<u>1 Vs 8</u>	1 Vs 7	3 Vs 5	
8:45pm.	<u>2 Vs 3</u>	4 Vs 6	2 Vs 7	

A non-playing adult must supervise all children that are at playing venues. Players may be removed from games to supervise their children.

Game schedules for the remainder of the season will be mailed to all team managers by Wednesday, November 26. No volleyball will be played the week of November 24. Play will resume the week of December 1.

If an official does not arrive, teams should begin play & officiate their own match.

<u>TEAM NAME</u>	<u>MANAGER</u>	<u>PHONE (H)</u>	<u>WORK (W)</u>
1. Paradiso	Brenda Fix	667-2944	328-5918
2. Farmers Livestock Exchange	Beth Leintz	222-4274	258-6360
3. American Family Ins./Terry Kraft Agency	Deb Jochim	224-9169	663-0293
4. Lonesome Dove Diggers	Lynette Dunbar	224-8305	
5. Capital Trophy	Sue Lachenmeier	222-3627	223-5670
6. Medicine Shoppe	Lynn Gustafson	222-1830	663-1151
7. MDU	Darlene Kinnischtzke	258-3377	224-5876
8. <u>United Tribes</u>	John Thunderhawk		255-3285



BISMARCK PARKS AND RECREATION TUESDAY COED VOLLEYBALL 1997-98 SEASON WILL-MOORE SCHOOL

<u>TIME</u>	<u>October 7</u>	<u>October 14</u>	<u>October 21</u>	<u>October 28</u>
6:30pm.	1 Vs 2	<u>5 Vs 7</u>	2 Vs 8	<u>3 Vs 7</u>
7:15pm.	3 Vs 4	6 Vs 8	1 Vs 5	1 Vs 4
8:00pm.	<u>7 Vs 8</u>	2 Vs 4	3 Vs 6	2 Vs 6
8:45pm.	5 Vs 6	1 Vs 3	<u>4 Vs 7</u>	5 Vs 8
	<u>November 4</u>	<u>November 11</u>	<u>November 18</u>	
6:30pm.	4 Vs 5	3 Vs 8	1 Vs 6	
7:15pm.	6 Vs 7	2 Vs 5	4 Vs 8	
8:00pm.	<u>1 Vs 8</u>	<u>1 Vs 7</u>	3 Vs 5	
8:45pm.	2 Vs 3	4 Vs 6	<u>2 Vs 7</u>	

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<u>TEAM NAME</u>	<u>MANAGER</u>	<u>PHONE (H)</u>	<u>WORK (W)</u>
1. All Pets Veterinary Clinic	Sonja Morlanen	224-0546	255-7387
2. Broken Oar II	Candace Prigge	258-1248	328-2595
3. Eyewear Designs II	Kyle Mund	663-9887	663-9886
4. Jerry's Kids	Jerry Heiser	223-6610	250-4242
5. Country Barn	Kari Leier	255-6842	224-9879
6. O'Brian's II	Diane Gunsch	258-5598	328-4424
7. <u>United Tribes</u>	John Thunderhawk		255-3285
8. <u>Super Slide</u>	Lori Laschkewitsch	258-9872	328-2811

CHEMICAL HEALTH CENTER
ALCOHOL/DRUG ASSESSMENT INSTRUMENT

This surveying instrument focuses on Alcohol and other Drug use.

Answer Yes or No to the following questions:

1. Do you drink alcohol or use drugs to relax, feel better about yourself, or to fit into a peer group? _____
2. Do you ever drink alcohol or use drugs when you are (by yourself or alone)? _____
3. Do you associate with friends who use alcohol or drugs? _____
4. Is there a history of alcohol/drug use in your family, relatives or friends?

5. Have you ever gotten into trouble when drinking alcohol or using other drugs?

* Any positive answer to any of the following questions is an indication that there maybe an alcohol/drug abuse problem.

* The staff at the Chemical Health Center would like to invite you to come to the Chemical Health Center if you have any questions.



16th Annual Native Language Institute

International Native Language Conference

October 10-12, 1997

Radisson Inn • Bismarck, ND

***FOCUSING ON IMMERSION FOR OUR NATIVE LANGUAGES
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BECOME EXTINCT.***

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~ Canadians ~ Hawaiians ~ New Zealander's Moari ~
~ Lakota ~ Hidatsa ~ Cochiti ~

SAVE YOUR LANGUAGE!

FOR MORE INFORMATION CONTACT:

Cynthia at 1-800-437-8054

*Comprehensive Regional Assistance Center Consortium - Region VI
United Tribes Technical College • 3315 University Drive • Bismarck, ND 58504
701-258-0437 • Fax: 701-258-0454*