

Computer Lab (MSIP Computer Lab) welcomes students, faculty and tutors to take advantage of math and science educational software available in the lab. This lab is equipped with a projection system which will allow instructors to project anything from their computer monitor onto the screen. Currently, we have basic mathematics through calculus software, chemistry software, some CD-ROM for Anatomy and Physiology. Instructors are welcome to use their own software and CD-ROM in the projection system if they wish. Please let me know if I can help you to incorporate technology into your mathematics and science curriculum. Please visit with me if you want to use the MSIP LAB.

> Dr. Balakrishman, Director MSIP Program

Nursing Students, Faculty Participate...

Personal and workplace wellness was the theme for the keynote speakers, Dr. Joann Cannon, during the day long program, EXPLORE, held on October 23 at the Radisson Inn.

The UTTC nursing department was nicely represented at this well attended event. Students included Stephanie Johnson, Arnold Douglas and Mary Rohrich; Anne Heid, Sherry Messmer and Sister Kathryn Zimmer were faculty members in attendance.

Dr. Cannon led the audience in a fun-type presentation as she "explored contributing factors of high-level wellness". Her informational talk was based on her research. She reminded listeners that it is unfortunate that we tend to focus on what's wrong with us rather then on the many things that can advance us to higher levels of well-being.

UTTC faculty member Brian Palecek, led one of the break-out sessions; "Spirituality/Life of Joy", a well-attended and highly received session.

Another participation newsnote: Anne Heid was invited to describe the UTTC nursing program at the St. Alexius Hospital Preceptor's workshop held on October 24.

Contributed by Sister Kathryn Zimmer, Director, AASPN Program

Bar, Assorted Fresh Fruit, 2% or Skim Milk
Wed.- Turkey Club Sandwich, Soup, Salad Bar, Assorted Fresh Fruit, 2% or Skim Milk
Thu.- Variety Pizzas, Salad Bar, Dessert, 2% or Skim Milk
Fri.- Tuna Salad Sandwich, Soup, Salad Bar, Dessert, 2% or Skim Milk
Mon.- Honey Roasted Turkey Sandwich, Soup, Salad Sandwich, Sandwich,

Oct. 27 to Oct. 31

DINNER

Ion.- Goulash, Vegetable, Dinner Bun,

Salad Bar, 2% or Skim Milk

Tue.- Bean Soup, Chicken Salad Sandwich, Salad

Soup, Salad Bar, 2% or Skim Milk

SUPPER

Mon. - Hamburger on a Bun, French Fries or Potato Chips, Soup, Salad Bar, Brownies, 2% or Skim Milk

Dennis

- Tue.- Pork Chops, Rice, Vegetable, Salad Bar, Dessert, 2% or Skim Milk
- Wed.- Meatballs over Noodles, Vegetable, Salad Bar, Dessert, 2% or Skim Milk
- Thu.- Grilled Steak, Baked Potato, Garlic Toast, Tossed Salad, Fresh Fruit, 2% or Skim Milk Fri.- Lasagna, Garlic Toast, Vegetable, Salad Bar, Dessert, 2% or Skim Milk
- Mon.- Baked Ham, Baked Potato Wedges, Vegetable, Salad Bar, 2% or Skim Milk

Bugs

Rita



WEDNESDAY, OCTOBER 15, 1997

Sustaining Spiritual Connections

Eagle Repository Helps Tribes Keep Traditions By Tom Kenworthy, Washington Post Staff Writer

COMMERCE CITY, Colo. - Dennis Wiist may not have the most unusual job in the federal government, but he's probably in the running.

Wiist is a "wildlife repository specialist" with the U.S. Fish and Wildlife Service, and he spends his days among frozen carcasses of bald and golden eagles at his office in a converted warehouse on the grounds of the Rocky Mountain Arsenal National Wildlife Refuge outside Denver.

Actually, though Wiist does spend a fair amount of time handling dead eagles while dressed in protective suit and gloves in his lab at the Fish and Wildlife Service's National Eagle Repository, what he really does for a living is attend to the spiritual and ceremonial needs of thousands of Native Americans for whom the federally protected eagles play a hugely important traditional role.

For a little more than two decades, the eagle repository has served as a kind of dead eagle broker-taking in birds killed by power lines, collisions with autos, lead poisoning and natural causes, and distributing them to Native Americans who use the feathers and other parts in traditional regalia and religious ceremonies.

Because the birds are protected by the Bald Eagle Protection Act, the repository here is the only place that Native Americans can legally obtain them once they receive a federal permit and demonstrate they are enrolled in a federally recognized tribe and will use the eagle for religious purposes. There is no fee for the eagles.

John Hornbrook, a member of the Choctaw nation of Oklahoma who works as an elementary school principal in Evansville, Ind., said receiving an eagle earlier this year represented "the completion of a process" that allows him to connect with his spiritual heritage.

"The eagle is the spirit messenger," said Hornbrook. "It flies completely out of sight with all the majesty and grace that it has. Our ancestors believed for eons that it carries our prayers all the way to heaven."

Hornbrook said he frequently used the feathers and other parts from the mature bald eagle he received from the repository in traditional ceremonies. The head and one foot are mounted on his prayer stick. The feathers are mounted on his prayer pipe and a ceremonial staff that dates from the massacre of Wounded Knee.



Dennis Wiist of U.S. Fish and Wildlife Service holds eagle feather, in high demand for Native American religious ceremonies.

When he smokes his prayer pipe, says Hornbrook, "the eagle carries my prayer to the creator and I am connecting with the eagle who is the spirit messenger."

Though the repository has been providing eagles since the 1970's, it has never caught up with demand. If a member of the federally recognized Indian tribe requests an eagle today, he is likely to have to wait as long as four years before receiving one, even though Wiist is getting eagle carcasses at the rate of about 1,000 a year now.

Wiist concedes that the long waiting list occasionally breeds frustration, but he is the rare government bureaucrat with a happy customer base.

"It does take a long time because there are far more people who want an eagle than eagles that we receive." says Wiist, who likes nothing better than calling up a Native American who has been on the waiting list for several years but whose eagle has finally come in. "We make some of them mad, but plenty of them happy, too."

Recently, for example, Wiist received an emergency request forwarded from the family of a Cayuga Indian in Georgia who was dying of cancer and whose last wish was to receive some eagle feathers so his soul could, according to Cayuga religious belief, be released and soar in heaven. A half-dozen feathers were express-mailed and arrived in Georgia the day before the man died.

"I feel like I'm doing something really important," says Wiist, "By helping to protect the religious freedom rights of Native Americans, I'm helping to protect the religious freedom rights of everyone."

Trained in college as a business major, Wiist has no formal background in wildlife biology but has extensive on-the-job training. Pulling several plastic bags containing bald and golden eagle carcasses from his walk-in freezer, Wiist shows a visitor the telltale signs of lead poisoning on one raptor, and the explosive effects of a high-tension wire on another.



Continued from page 2.

"It's discouraging to see how many badly damaged eagles come through here," says Wiist, who will carefully salvage even a few intact feathers from a ravaged carcass so he has a ready supply of spares to send along with whole eagles that may be missing a few tail or primary wing feathers. Or to send to those Indian schools that have a tradition of giving one eagle feather to each graduate.

Wiist and his supervisor, Bernadette Hilbourn, are engaged in a continual campaign to educate their colleagues in the Fish and Wildlife Service, state wildlife agencies and bird rehabilitation centers about their colleagues in the Fish and Wildlife Service, state wildlife agencies and bird rehabilitation centers about their program so dead eagles don't go to waste. They're making progress, but they are still a long way from matching supply and demand.

"They're becoming more and more knowledgeable about the program," says Hilbourn, "but it's a never-ending cycle."

Contact America is Here

Contact America is hiring both full-time and parttime telephone sales representatives.

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Call 221-9000 or stop by 216 North 23rd Street, Bismarck, ND and fill out an application. Contact America

"It's a Great Place to Be!"

FOR SALE: Hurricane Wood Burning Stove can also burn coal in it 27" High x 29" Long x 20 " Deep \$200.00 O.B.O. Call: Joe McGillis, Ext. 274 or 667-2056

Information for the Next Newsletter must be submitted to Arrow Graphics before 5:00 pm - October 31st. Attn: Wanda Swagger

To the Editor:

The treatment of traditional Indian people on and off the reservations is unbelievable, yet exists. I have patiently read through articles that have been published by "Indian Country Today" and I am appalled by the firework display regarding who is traditional Indian and who's selling out! The August editorial pages might have been worth the papers inflated news stand price alone I have been subject to a list published on American On-line Network service several months ago along with 250 people as well. Titled "Bad Medicine Men and Women".

A group of people supposedly published this list in a sorry attempt to divide the people. I am speaking on behalf of my family only. My grandfather Mathew King from Kyle So. Dakota and his traditional way of life raised me. I have never once accepted money for giving advice or for running a sweat lodge or participating in our Sundance started by my grandfather's Mathew King, Frank FoolsCrow and Sidney Keith. I have never in my life heard my grandfathers explain to me that it will be the Lakota people who will be responsible for destroying the people never! It was told to me our prayers would save the people.

As I sit here and write this letter I do remember them telling me there will be a day when the people will be held accountable for their actions and the day is coming soon.

Last year I sent a letter for my vision to "Indian Country Today" I guess to hear this news of what was coming in the future was not important enough for the editor to have it published. But Aka, (again) I will explain. This vision I received was for everyone all races of man. What "Grandfather" shown me is starting to happen now and the people are so blinded by daily activities they have no time to listen or change their ways.

My family has participated either dancing or being support for dancers at the International Sundance held in Greengrass South Dakota for over 27 years. Last year in the summer of August 1996 on the third day of the Sundance a vision was given to me from the spirit world or Grandfather.

They showed me something I will never forget for as long as I live, as I am writing I feel and see that day relived in my memory. Here it is:

I was on my way to pray for a young girl on the south side of the Sundance grounds when all of a sudden I felt my body start to cramp all over not just in one area but all over. As I felt myself start to fall I looked at the ground and it was breathing. I felt myself falling backwards but as I was falling I was stopped and held up (by spirits). As I looked in front of me I seen everything go black, then my eyesight open up again to a red background. Were a lot of malnourished children and older people were looking at me. Reaching towards me in attempt for help. As I looked at the people I seen all the races of men and women and I could feel their emotional pain of emptiness and see the salt lines of tears of many days of crying.

Where they were standing there was no grass or trees. The wind blew from side to side frantically. I looked out of the corner of my eyes on my right and then left stood people beside my healthy and looking at the malnourished people in front of me. The healthy people were motioning to the people in front of me to come over to us. As I turned to look at the people in front of me everything went black again.

Continued on Page 4.



Continued from page 3.

When I became conscious I was lying on the ground, our buffalo dancers were trying to get me un-cramped. One said to role over on my stomach. Then it went black again and in front of me was a medicine wheel with our alter of our Sundance with the four direction colors and our tree in the center and our pipes in between the south and west doors. Then I was back in the present again.

I went into the sweat and prayed with the helpers, when we finished I told all the dancers what was shown to me and asked them to pray for this gift. I went to my grandfather Sidney Keith. (Who is no longer with us.) He asked where I was hurting and I responded all over. He said no where do you really hurt, I said in my stomach. He said yes, you had a vision, now tell the people what they shown you.

I have been sharing my vision with anyone, who will listen, which has been very difficult to reach people. My message is so important that is why I am asking you to consider printing this vision for the people not for my family or me. For the people!

The interpretation of this vision is this:

For many years now the people of Mother Earth have been divided and conquered. It is time for us to come together for the good of the people and future generations. Today there is a market to be Native American religious and or traditional. For many years our ways were preserved through secrecy. It was a way of life. Now there are no secrets people need to know there are some things that can be shared and some things that can not! Our Pipe is a gift from Grandfather, for the people. Every race received a gift to pray to god with for the people. The pipe was given to us to pray with. It represents our families honor and respect. WHAT WAS SHOWN TO ME CAN ONLY BE CHANGED BY PRAYER, RESPECT AND UNDERSTANDING!

It is not going to be a common man to make people see what is in our future. It will be an act of "Grandfather" and only then will the people understand this. I'm asking you in a good way to help me spread this message from our Grandfather.

> Thank you, all my relatives Mathew King Richfield, MN

To All Departments:

Again this year, the Art/Art Marketing department will be painting logos. So if you need one, let me know as soon as possible and get on our list. First come first serve. Please put it in writing. Address it to: Nelda Schrupp, Art/Art Marketing Dept.

Student Health Center Notes:

• Interested Students & Staff are invited to attend a World AIDS Day planning meeting on Wednesday, October 29 - 3:00 pm at Building 61.

• Transportation to Fort Yates PHS for Flu Shots will be available on October 31. The bus/van will leave from the Student Health Center at 9:45. If interested, please sign up at the Student Health Center as soon as possible.

• The Student Health Center is sponsoring a "Drug Awareness Week" poster contest. All entries must be submitted by 4:00 pm Wednesday, October 29th to the Student Health Center. All entries will be displayed at the Cafeteria. Prizes will be as follows:

> 1st - Children's Theater Tickets at the Belle Mehus Auditorium for a family of (5)2nd - AM/FM Cassette Player

3rd - Clock Radio

* Winners will be announced at the powwow on October 30th.

HALLOWEEN SAFETY TIPS:

1. Go out for tricks and treats between the hours of 5 pm and 7 pm.

- 2. Travel in groups, never alone.
- 3. Wear bright-colored clothing.
- 4. Use reflectors and flashlights.
- 5. Go only to the house using porch lights or pumpkin lanterns.
- 6. Give a Halloween party.

7. Check with community center, YMCA, Mall merchants, etc. about Halloween parties.

8. Do not eat any of your treats until they have been inspected by an adult.

- 9. Do not eat open candy.
- 10. Dress for the weather.
- 11. Use crosswalks and corners for crossing streets.
- 12. Do not cut across yards, use sidewalks.
- 13. Read signs posted on gates, i.e.: Beware of Dogs.
- 14. Keep noise levels down.
- 15. When you return home, let someone know.



Recreation STUFF

The United Tribes flag football team traveled to Fort Yates on Friday the 10th to battle the "Suns" from Sitting Bull College and come away with a 24-6 victory.

Tribes was led by Lonny White Eyes who ran for over 200 yards and two touchdowns, Lonny also threw a touchdown pass to Lee Logg. Sonny Ganeau scored the last touchdown on a 5 yard run. The defense was led by Jason Logg two interceptions and Chris Fallis also had 15 tackles.

Results of City Leagues Oct-14 thru Oct-22 October 14: Co-ed Volleyball Country Barn defeated UTTC 15-6, 15-9, 15-6

> October 15: Women's Volleyball Medicine Shop defeated UTTC 15-8, 15-9, 15-6

> October 15: 4 on 4 Y-League UTTC defeated the SBC "Suns"

October 21: Jerry's Kids defeated UTTC 10-15, 15-114, 15-13

October 22: UTTC defeated Farmer's Livestock Exchange

October 22: 4 on 4 League UTTC defeated the "Mystics"

RESULTS of Homecoming Float Contest 1st place - Building Trades 2nd place - Welding 3rd & 4th (tie) - EC & Criminal Justice

Sitting Bull defeated UTTC in the Homecoming Game 26-14

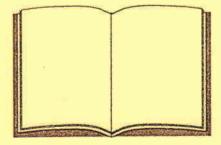
The Men's Basketball Alumni Game is Friday, November 7th at 7:30 pm

NEW GYM HOURS: 6:00 pm - 7:000 pm TJES Students

7:00 - 8:30 Women

8:30 - 10:00 Men

No Street Shoes on Floor due to muddy conditions outside.



TJES BOOK FAIR

The Fair will run from

8 AM to 7 PM

on

Tuesday, November 4, 1997

in the RMC building/Ext 306.

This is a buy one book, get the 2nd of equal or less value for free.

Everyone welcome. Great chance for Christmas gifts!!

Festival of Trees

sponsored by the **Bismarck Arts and Galleries Association**

> Bismarck Radisson Inn November 15, 1997

Social Hour: 6:00 p.m. Dinner: 7:30 p.m. Auction of Trees: 9:00 p.m. Dance: 10:00 p.m.

Tickets: \$50.00 per Person

November 16, 1997 **Festival of Trees Open to the Public** 12:00 Noon to 3:00

United Tribes is a member of the Bismarck Arts and Galleries Association, (BAGA). BAGA is asking for donations from UTTC staff and students in making Native American designed Christmas decorations that will be used for the Festival of Trees.

BAGA will provide the tree and lights, while the decorations used to adorn the tree will be those provided by your generous donations. Once decorated, the tree will be returned to BAGA and an auction will be held. (See above dates and times).

All proceeds for this event will go to BAGA.

Some suggestions or examples of ornaments are: dream catchers, shields, moccasins, etc. (Be creative.)

For more information or tickets call Ms. Jan Webb, Bismarck Arts and Galleries at (701) 223-5986.

If you are interested in making the Christmas decorations for the tree call Sandra A. Poitra, UTTC Museum/Gallery, Ext. 331. Your support is greatly appreciated.

You can drop off the ornaments at Arrow Graphics.

RED RIBBON WEEK ACTIVITIES Oct.23 - 31, 1997

The National Red Ribbon Campaign is an alcohol/drug abuse awareness week. Activities are open to all interested persons.

Red Ribbon Carnival - Oct. 23, Open 4 to 9 pm.to all children. National Guard Armory 4200 E. Divide Ave. The van will depart from the Cafeteria at 4:30 and 6 pm.

Wear a Red Ribbon to show your commitment to healthy and drugfree youth, families and community. Ribbons are available at Chemical Health & TJES

Tie a Red Ribbon on your car antennae, symbolizing your support for a drug free school and community, Including "Don't Drink and Drive."

> My Family Chooses to be Drug Free Sticker for House or car window, available at TJES,

Family Poster Contest - Sponsored by Student Health Turn Posters in to Student Health Office by 4 pm Wednesday, Oct. 29. Posters will be posted in the Cafeteria Prizes announced at the Masquerade Pow-Wow.

Wear Red Day - Wednesday, Oct. 29

Open House at Chemical Health Center - Wednesday, Oct. 29

Wear a Drug Free T-Shirt Day - Friday, Oct. 31

Sobriety Walk/Run - for all UTTC Staff. Students and Friends Thursday, Oct.30, 3 pm, UTTC Gym - Gathering on TJES Front Lawn. We remember all relatives who have died, victims of alcohol abuse. T-shirts available for participants as far as they go.

Masquerade Pow-Wow Thursday, Oct. 30 6-10 pm @ UTTC Gym A fun community event. Prizes for a variety of Halloween Costume Categories. One and all, young and old, big and small. Come to dance, To laugh, To entertain and to be entertained. Red Ribbon Week Activities are sponsored by Theodore Jamerson Elementary School and UTTC Counseling, Student Health and other Departments. along with the National Federation of Parents for Drug-Free Youth. Contact Persons; Darryl Bearstail #291 and Barb Danks #304

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Dear

Bismarck/Mandan is a great place to live. One of the strengths in this community is our well rounded cultural arts.

Bismarck Art & Galleries (BAGA) is a 501 C3 Non-Profit Visual Arts Exhibition Gallery. It is also the home of the Theo Art School, which provides art education for all ages. BAGA sponsors exhibitions by regional, national and local artists, art workshops, art classes and community wide fund-raisers.

Recently, the Board developed an action plan in which BAGA would expand its community outreach through programming and education, gallery utilization and service to our local visual artists. Goals were established for each of these areas.

In order to achieve these goals, we need the support of our Bismarck/Mandan and surrounding area citizens. Recently, the Bismarck Tribune quoted the 1997 edition of <u>Places Rated Almanac-Your Guide to Finding the Best Places to Live in North</u> <u>America, stating that Bismarck/Mandan was ranked number one in the Arts among</u> communities with a population under 100,000. We are all proud of this recognition and what it says to others about our quality of life.

We would like to give you the opportunity to be a part of our growth and commitment to the community. We have enclosed our current membership form and a brief information insert on our organization. Please consider supporting BAGA at whatever commitment level you feel appropriate. We are excited about BAGA's future and your participation in it.

Sincerely,

Michelle Lindblom, Shelly Larson, Sandy Poitra, Carol Iten (BAGA member) Bismarck Art & Galleries Association Board Members

MEMBERSIIIP BAGA 422 East Front Avenue Bismarck, ND 58504 701-223-5986

The Bismarck Art & Galleries Association works consistently to stimulate the study and presentation of the visual arts, to encourage and expand participation and appreciation by all persons and to preserve our regional cultural heritage.

BAGA proudly features regional and nationally recognized artists. New exhibits open each month in the gallery. The gallery also features the work of BAGA/THEO Art School students in the Nellie Solberg Children's Gallery.

BAGA offers a variety of events in the community:

- Art classes and workshops for adults and children
- Gallery tours
- Demonstrations
- The Capital A'Fair in August
- * Folkfest Street Fair Caramel Apple Booth in September
- ◆ The Fall Art Show at Kirkwood Mall in October
- Festival of Trees in November
- * The International Food and Wine Tasting Event in March

Benefits of Membership in BAGA are:

- Reduced tuition for children's and adult's art classes
- Invitations to Exhibition Openings
- BAGA quarterly newsletter
- Workshops for artists

- Shows of member artists work
- Invitation to Preview Party for the Fall
 Art Show

- Preferred mailings for events
- Discounts on purchases at
 - Mathison's
 - Northwoods Gallery
 - ♦ Fifth Street Gallery
 - Latitudes Gallery & Gifts
 - BAGA Gallery Store
 - Carden Custom Framing
- Support and encouragement of artists and the visual arts in our community

MEMBERSHIP BAGA/THEO 422 East Front Avenue Bismarck, ND 58504 701-223-5986

ANNUAL MEMBERSHIPS

BUSINESS ORGANIZATIONS

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NON-BUSINESS

Corporate Patron	n \$500 & over
Corporate Sustai	iner \$250 - \$499
Corporate memb	er \$100 - \$249

Benefactor	. \$100 & over	
Local organizations.	\$60	
Family	\$40	
Individual	\$35	
Student	\$15	
Senior	\$15	

Iome Phone	Work or cell phone	Fax
- 1 - 1 - -	New Membership	Renewal
VISA	Mastercard	Discover
Card No		Expiration

Volunteer Interests

Public Relations	Capital A'Fair
Fund Raising	Plan Gallery receptions
Office work	Teach classes
VIP Gallery Host	Fall Art Show
Caramel Apple Booth	Wine Tasting Event
Newsletter	I volunteer to help where I can
Theo Garden Walk	Theo Raffle
Festival of Trees	I prefer to remain inactive

Please make your checks payable to Bismarck Art and Galleries Association or BAGA Send to 422 East Front Avenue, Bismarck, ND 58504

HOLIDAY THEME SHOW NOVEMBER 17 – DECEMBER 28, 1997

Bismarck Art & Galleries Association wishes to invite you to participate in a Holiday Theme Show. This exhibition will portray holidays in November and December.

Artists may submit a maximum of two works in the following categories: Drawing, Painting, Mixed Media, Sculpture, Photography, Calligraphy, Pottery and Fiber/Textile.

Cash awards will be given in the amounts of \$100 (First Place), \$75 (Second Place) and \$50 (Third Place) based on a Peoples Choice vote.

The artist agrees to maintain the price and entry for the duration of the exhibit. Submission of an entry constitutes permission to photograph it for publicity purposes. All works must be received ready to install with proper hanging device attached. Due to the holiday season works sold will be permitted by BAGA, if requested, to leave the gallery space early, but not until Dec. 22. Otherwise all works will remain on exhibit through Dec. 29, 1997. ENTRY FORMS MUST BE IN THE BAGA OFFICE BY NOVEMBER 1, 1997. Artists must label their artwork on the back with the following information: Artist, Title, Media, & Sale Price. A 25% commission will be retained by BAGA on all sales.

Artists are responsible for paying any shipping costs and insurance costs intransit. BAGA will not be responsible for breakage due to incorrect packing or insufficient container when returning artwork as it was originally shipped. Return postage for all mailed-in items must accompany each shipped entry. Exhibited items must be claimed by 5pm January 6, 1998.

CALENDAR OF EVENTS:

5:00 pm, November 1, 1997 – Deadline for entry form to be received by BAGA office. 5:00 pm, November 14, 1997 – Deadline for artwork to be received by BAGA office. November 17 – December 29, 1997 – Holiday Theme Show exhibition is open to the public.

November 21, 1997 - Opening reception for the exhibition.

January 6, 1998 – Artwork must be picked up at the office. A written note must be given to the office

If someone other than the artist will be picking up the work.

Return entry form and ship artwork to: BAGA 422 East Front Avenue Bismarck, North Dakota 58504

BAGA office : 701-223-5986

Please print clearly

Artist:		Artist:	
Title:			
		Title:	and the state of the
Medium:		Medium:	
Sale Price:		Sale Price:	
Please print clearly			
Name:			
Address:			
City	, State	Zip	
Phone (day)	(evening)		

Please check one: Artwork to be picked up at gallery_____ Artwork to be shipped to the above address_____

Masquerade POWWOW sponsored by Just Say No Club & Friends

THURSDAY, OCT. 30TH 6:00 pm to 10:00 pm James Henry Gym - UTTC Campus

CASH PRIZES FOR BEST COSTUME FOLLOWING CATEGORIES: Adults: Ages 18-118

Teens: Ages 13-17 Tiny Tots: Ages 0-12

ALL DRUMS WELCOME AND WILL BE PAID

HOPE TO SEE YOU THERE! OPEN TO PUBLIC NO DRUGS OR ALCOHOL ALLOWED!

FOR FURTHER INFORMATION CONTACT: JOE MCGILLS - 255-3285 EXT. 274 OR 667-2056

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CHENTER CHENTER

OPENHOUSE

WELCOME

TO THE

CHEMICAL HEALTH CENTER

OPEN

MONDAY - FRIDAY 8:00 AM 5:00 PM

CLOSED AT NOON

In case of an after-hour emergency, contact Security, Ext. 200 for the on call counselor.

Services provided include: Prevention education, Evaluations, Referrals, Individual treatment planning, one-to-one counseling, Intervention, Crisis counseling, Aftercare services, Video library, Transportation for evaluations, and Touchstone Lodge for men.

WEEKLY MEETINGS

AA Meetings: Tuesdays at 7:00 PM AL-ANON Meetings: Thursdays at 3:00 PM AIATEEN Meetings: Thursdays at 4:00 PM TOUCHSTONE LODGE AA Meetings: Wednesdays at 9:00 PM TOUCHSTONE LODGE DORM Meetings: Wednesdays at 10:00 PM

"Just Say No" Family Club

Say NO to Alcohol and Drug Abuse -- SAY YES to Family and Fun

Theodore Jamerson Elementary School sponsors the Just Say No Family Club, to Promote Healthy Family Activities. & of Beeths Charry

Oct. 23, Thurs. Red Ribbon Carnival. 4-9 PM

@ National Guard Armory 4200 E Divide Ave Van leaves the Cafeteria @ 4:30 & 6:00

EX Records

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Oct. 30, Thurs. Masquerade Pow-Wow @ UTTC Gym 6-10 PM Nov. 6 Thurs. "Making a Happy Family" Activities 6 PM

Nov. 9, Sun. Swim n Slide at Mandan Community Center 3-5 PM Van leaves the Cafeteria @ 2:45 & 3:45

Nov. 20 Thurs. Game Night @ Small Gym 6 PM

Nov. 27 Thanksgiving

Dec. 4, Thurs. Trip to Gateway To Science Center, 3-5 PM Van leaves @ 3:00 & 3:30

Dec. 11, Thurs."Let's Make a Gift" @ Small Gym, 6 PM Dec. 18, Thurs. Family Christmas Party

Just Say No Policy:

- 1. Parents must attend with thier children.
- 2. There are no fees or dues.

3 .Be on time.

ALC: NO. OF CO. OF CO. OF CO.

- 4. Alternate activities will be held if weather cancels outdoor programs.
- 5. Events include a message or information on drug abuse prevention.
- 6. All Families of TJES students are elligible to participate.

Contact Persons are: Barb Danks@ ext. 236 and Joe McGillis @ ext. 274