

# UNITED TRIBES TECHNICAL COLLEGE WEEKLY NEWSLETTE R

VOL. 7 NO. 11

December 1, 1997

## Weekly Menu

Dec. 1 to Dec. 5

### DINNER



LeRoi

- Mon.- Honey Roasted Turkey Sandwich, Soup, Salad Bar, 2% or Skim Milk
- Tue.- Mexican Rollup, Spanish Rice, Salad Bar, Assorted Fresh Fruit, 2% or Skim Milk
- Wed.- Oven Baked Chicken, Rice, Vegetable, Salad Bar, Assorted Fresh Fruit, 2% or Skim Milk
- Thu.- Hamburger on a Bun, Baked Fries, Salad Bar, Assorted Fresh Fruit, 2% or Skim Milk
- Fri.- Old Fashioned Tomato Soup, Egg Salad Sandwich on Whole Wheat, Salad Bar, Assorted Fresh Fruit, 2% or Skim Milk



Rita

- Mon.- Croissant Sandwich with Turkey or Ham, Potato Salad, Salad Bar, 2% or Skim Milk



Dennis

### SUPPER



Bugs

- Mon.- Baked Ham, Baked Potato Wedges, Vegetable, Salad Bar, 2% or Skim Milk
- Tue.- New England Dinner, Boiled Potatoes, Boiled Vegetable, Salad Bar, Dessert, 2% or Skim Milk
- Wed.- Salisbury Steak, Rice Pilaf, Salad Bar, Dessert, 2% or Skim Milk
- Thr.- Shish-ka-Bob Casserole, Wild Rice, Salad Bar, Dessert, 2% or Skim Milk
- Fri.- Fish Platter, Oven Baked Potato Wedges, Salad Bar, Dessert, 2% or Skim Milk
- Mon.- Braised Beef over Noodles, Vegetable, Salad, Fresh Fruit, 2% or Skim Milk

## Get acquainted time in Nursing Department

Second year nursing students arranged for the first year nursing students to meet at a joint luncheon held in the nursing department at noon on Monday, November 24. The Cafeteria supplied "Sloppy Joe" sandwiches and second year students supplied desserts. A great visiting and food experience!

Each student gave a brief story regarding her/his background and reasons for choosing nursing. Encouraging comments from second year students were nice to hear along with the interesting bits of information from the first year students. Nursing faculty also shared.

First year students are entitled to two officers in the Nursing Student Association. Tiffany Joseph was elected Vice-President and Lucy Cantrell as Treasurer. Second year students holding office are Tamara Starr, President, and Donna Hall, Secretary.

Thanks to all who helped make this a pleasant event!

Submitted by Sister Kathryn Zimmer,  
Director, AASPN Program

## Doksa, Adios, SeeYa

*I didn't get to personally see each one of you to tell you how much I enjoyed working, interacting, comingling, laughing with, joking and seeing you. I can say there is not one United Tribes person that I did not like (well...maybe just one). I know that there have been some trying times for all of us, the organization could be more responsive but I want to talk about how this organization supported myself and my daughter, Cante. She is a total United Tribes child, having been born @ St. A's in 1986, residing in the same house of all of her 11 years has been very stabilizing for her. I was able to bring her to work while she was still nursing and learned to be a conference kid flying all over the country until she was to pre-school at the Nursery.*



*continued on page 2.*

Throughout my 12 years here I got to know many of you and I will miss that little rez, family atmosphere out here. Although I was "on the road" alot of the time I did enjoy the time I spent here. The atmosphere is pretty flexible, easy-going and informal. Now I have to hit the consignment shops for three piece suits and quit saying "sick" and "Aye", I'll have to learn how to cross my legs when I sit and not crack my gum and learn how to stick my little finger out when drinking tea.

Although this is a major career change, from education to health (I will be the Senior Advisory to the Director Dr. Trijillo at Indian Health Service in Rockville, Maryland) I believe it is all related and I will continue to assist, support and be a real Indian advocate no matter where I go. Thank-you you all for your support. Send me your jokes! (the good ones).

Since there is no way to say good-bye in Lakota, I will say Doksa, may the Creator give each one of you and your family members, many blessings!

Carole Anne Heart



## TJES Christmas Program

**Thursday, December 11**

**2:00 pm - GYM**

Do you want to get in the mood for Christmas? All the UTTC students, staff and faculty are invited to the elementary school Christmas program. The kindergarten will perform Christmas songs and poems and Grades 1-8 will present the program "Christmas in our Town". It is a program about many different kinds of customs you see in December. The 7/8 graders will serve as puppeteers and the 5/6 graders have been working on a multimedia presentation to present. Even if you don't have a child enrolled at TJES, please come and get in the mood for Christmas. The children have worked very hard to learn their parts and the support of family and friends is very important to them. Please plan to attend now.



**Arts and Crafts Sale  
State Penitentiary  
Saturday, December 6, 1997  
10:00 am to 4:00 pm**

**(Leather Work, Ceramics,  
Bead Work, Jewelry, Etc.)**

**Information for the  
Next Newsletter must be  
submitted to Arrow Graphics  
No later than December 5  
Attn: Wanda Swagger**



DECEMBER IN  
OUR TOWN

TJES  
CHRISTMAS  
PROGRAM

THURS. DEC 11  
2PM - UTTC GYM  
GRADES K - 8