

W **UNITED TRIBES TECHNICAL COLLEGE** WEEKLY NEWSLETTE R

VOL. 2 NO. 5

November 15, 1993

Cafeteria

NOVEMBER 15-19, 1993

LUNCH:

Mon. - Scalloped Potatoes & Ham, Vegetable, Dinner Bun, Bean Soup, Saltine Crackers, Assort. Fresh Fruit, 2% Milk

Tues. - Taco Salad, Taco Sauce, Dinner Buns, Assort. Fresh Fruit, 2% Milk

Wed. - Poor Boy, Potato Chips, Salad Bar, Assort. Fresh Fruit, 2% Milk

Thurs. - French Dip with Au-jus, Potato Chips, Salad Bar, Assort. Fresh Fruit, 2% Milk

Fri. - Knoephle Soup, Chicken Pattie on a Bun, Salad Bar, Tartar Sauce, Saltine Crackers, Assort. Fresh Fruit, Assort. Veg. Tray, 2% Milk

NOVEMBER 22, 1993

Mon. - Tater Tot Hot Dish, Vegetable, Salad Bar, Dinner Buns, Dessert, 2% Milk

SUPPER:

Mon. - Braised Beef over Noodles, Vegetable, Salad, Oatmeal Raisin Cookies

Tues. - Bar-B-Que Ribs, Baked Potato, Vegetable, Salad, Dessert

Wed. - German Style Sausage & Beans, Salad Bar, Dinner Bun, Brownies

Thurs. - Swiss Steak, Mashed Potatoes, Vegetable, Salad, Dessert

Fri. - BLT on Toast, Tomato Soup, Salad Bar, Dinner Bun, Dessert

Mon. - Pork Cutlets, Instant Potatoes, Creamed Style Corn, Salad, Apple Sauce, Sugar Cookies

Registrar

Five (5) students from our Practical Nursing Program and One (1) Student from the Medical Records Program visited the Campus of the University of North Dakota of Grand Forks. The students that made the trip were Marie Bass, Julie Cain, Shannon Hodgekiss, Joanie Neumann, Anita Stogner, and Shanna Keeswood. These students represented United Tribes exceptionally well and they (U.N.D. Officials) were impressed. We visited the Indians Into Medicine Program (INMED), UND College of Nursing, Rain Project, and the Native American Program. These programs have so much to offer Native Americans who want to pursue an education in health careers.

United Tribes Technical College is currently in the process of getting an articulation agreement with the University of North Dakota is regards to our General Education Courses. Many of the State Colleges around North Dakota accept our credits into their Institution, however, not long ago, credits did not transfer.

I have a campus visit with Minot State University in a few weeks for students that will be transferring to Minot. Also, I will be doing a follow up on former alumni of United Tribes currently attending Minot State. They are Mr. Donald Cain and Mr. Charles Holmes, former Criminal Justice Graduates, also, Ms. Noreen White Owl and Mr. Darian Morsette, Office Technology Graduates. I will give you all a full report on how each former student is doing after we visit them at their new school.

Finally, The Admissions/Registrar's Office needs all the 1993 December Graduates to apply for Graduation. Many have applied but there are still a few who need to apply. Graduates can pick up their applications at the Admissions Office or get them from their Vocational Advisors.



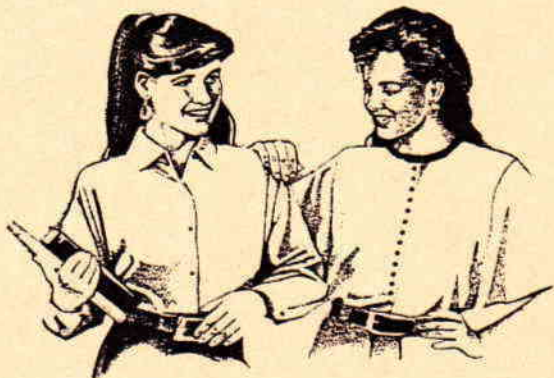
Students

The United States Office of Personnel Management, Twin Cities Service Center, Fort Snelling, Minnesota will be conducting a special Clerical exam for the students and staff of United Tribes Technical College. Test will be at 9:00 a.m. on November 19, 1993 in the Education Building, Room 220A.

The U.S. Office of Personnel Management (OPM) is the central personnel agency for the Nation's largest employer--the U.S. Government.

This year the Federal Government will hire thousands of College graduates, in over 250 occupations, in every part of the country and overseas. Whether you are interested in assisting the aged and needy, promoting national defense, improving commercial and financial systems, protecting the environment, management, administration, engineering, or hundreds of other fields--they have a career for you.

Roy Ann Bement of Bismarck will be the Test Administrator/Examiner.



This newsletter is compiled, typeset, and printed by the staff of Arrow Graphics/Printing Dept. and is not responsible for subject matter or content.

Send all news to Arrow Graphics by Wednesday of every week.

Practical Nursing

Nursing Students Get Acquainted

Students new to the nursing program and returning nursing students had the opportunity to get acquainted over lunch together in the Nursing Department on Thursday, November 4.

A panel made up of returning students initiated a discussion on what to expect as the new students move along into the nursing program. Door prizes added to the enjoyment.

Nursing faculty and Bennett Yellowbird, Academic Vice President, also participated in the gathering. Linda Edin, nursing instructor gave overall direction to the event.

Community of Learners Informed

Monday afternoon, November 8, became a genuine COMMUNITY OF LEARNERS concerning Aids.

Students, staff, faculty and administration are to be commended for their participation in the Aid Awareness Day activities.

The afternoon began with a welcome by Sister Kathryn Zimmer, Director, AASPN Program; a Blessing by UTTC Chaplain, Ed Johnson; and a talk by Joanie Neuman, nursing student and Aids Task Force member. Jan Wagner, Bismarck/Burleigh County Nursing Service, gave an informative presentation on "Aids in the World Around You". Willy Bettyloun, Rosebud Reservation and an Aids victim, talked on "Native Americans Living with Aids".

A Round Dance and a Traditional Native American meal concluded the afternoon.

Elementary school children were also involved through a poster contest.

Thanks to Val Blazek, UTTC Nursing Instructor, and students and others on the Aids Task Force who gave leadership to the event. This activity was made possible, in part, by a grant from Bush/Northwest Area Foundation.



The President of the United States, 50 years from now, is sitting in a classroom. We hope she is having a good day.

from Apple Seeds © 1992

Students

Every other Tuesday since March 9, 1993, USA Today publishes an article called "Explorations: Fun Activities for All Ages."

This is a year long series of hands-on science activities for children and adults appearing in the LIFE section of USA TODAY.

Family Chemical Awareness Group

A Family Chemical Awareness Group is starting up. The first meeting will be held on Saturday, November 20, at 3:00 p.m., at the Chemical Health Center, Building 68. Topic: Alcohol vs. Self-Esteem. Come and meet the new counselor.

Native American Substance Abuse

The statistics cited below were obtained from the INDIAN YOUTH SUBSTANCE ABUSE PREVENTION ACT (HR-1156):

1. Alcohol-related health problems among Native Americans are 9.2 times higher than that of the general U.S. population.
2. One-third (1/3) of all Indian youth have used alcohol with some frequency by the age of eleven (11).

3. Statistics revealed that Indian youth are two (2) times more likely to commit suicide than the general U.S. population and eighty-percent (80%) of these are alcohol-related.

4. Indian youth are twice as likely as the general population to die in automobile accidents. Seventy-five percent (75%) of these are alcohol-related.

5. The abuse of alcohol by pregnant women has created drastic increases of Fetal Alcohol Syndrome among newborn Indians. On some reservations FAS may occur as frequently as one in one-hundred births. Whereas, its occurrence in the non-Indian population is one in seven-hundred births.

Additional information regarding the effects of alcohol on the Native American life-style is taken from a report on: "PREVENTING SUBSTANCE ABUSE WITH INDIAN YOUTH." There findings indicated:

1. Terminal liver cirrhosis occurs 14.5 times more often among the Indian than among non-Indians for 25-34 year-olds.

2. Traffic fatalities for American Indians, many of which involve alcohol, happen at a rate of 3.2 times more frequently than that of the national average.

3. Drug and alcohol influenced crimes for American Indian people are 8 times more frequent than blacks and 20 times more frequent than white Americans.

4. As many as eighty-six percent (86%) of the suicides among Indian people involve alcohol/drugs.

5. Data collected from large prisons reports indicated that "among the Indians convicted of homicide, the homicidal act WAS ALWAYS ALCOHOL-RELATED.

STEP 2: Came to believe that a Power greater than ourselves could restore us to sanity.

II Timothy 1:7 For God has not given us the spirit of fear; but of power, and of love, and of a sound mind.



TJES

The pictures are back. Everyone should have received their packet by now, if not check with your teacher. **MONEY AND PACKETS (INCLUDING PRESCHOOL & NURSERY) ARE DUE IN THE SCHOOL BEFORE 4:30 P.M. ON FRIDAY, NOV. 19.....NO EXCEPTIONS.**

When parents have the knowledge in hand that their children will not be in school for a number of days, **PLEASE** let their teacher know. This will give them sufficient time to get homework ready and nobody misses out on anything.

This lady jumps from one crisis to another, soothing nerves, calming fears from a very young to the not-so-very young. On Tuesday, Nov. 16 she jumps from one year to the next in a single bound. The TJES Staff wish Barb Danks the best, and watch that next step, it's a biggie! Happy Birthday Mrs. Danks.

The countdown has begun for the Chapter I Parent Checkout Corner. Remember there are only three weekdays left to checkout their "booty". They've got books, games, computer games, magazines, etc. for your perusal and are open from 4-5:00 p.m. on Tuesday, November 16.

The TJES School Board will meet "sometime" on Tuesday, Nov. 16. Board members are Don Cadotte, Letitia Stewart, Joetta McLeod, Pam Carlascio, and Carol Nichols, and a fine group they are.

The Drill Team meets on Tuesday & Friday, Nov. 16/19 beginning at 6:00 p.m. in the small gym. This is also free to grades K-8.

TJES will hold an Athletic Banquet on Tuesday, Nov. 16 at 6:00 p.m. at the Cafeteria. All girls basketball parents and fans are invited to attend, awards will be given out. Dinner will be served, so come hungry.

Those 1st graders are at it again, on Wednesday, Nov. 17 they will be going to the Heritage Center and listening in on the uses of a buffalo. They will be gone from 9:30 a.m. to 11:00 a.m. that morning, so you all want to be here on time or be left behind.

If you need to speak to your Kindergarten child anytime between 8:40 a.m. and 10:00 a.m. on Thursday, Nov. 18...you can't. Because they are going to the Bismarck Veterans Memorial Library for "Storytime". ALL students should make it a point to be here on time or you'll miss out and be left behind.

Mrs. Danks will hold a Children's Support Group in the Kindergarten building for children in grades K-8 from 4-5:00 p.m. on Thursday, Nov. 18.

The "Say No" Club will Bingo or Bust, Thursday, (11/18) evening from 6-8:30 p.m. in the small gym.

The budding gymnastics will have their 3rd practice session on Nov. 19 at the Bismarck Gymnastics Academy from 6-7:00 p.m. Remember the bus leaves from the gym at 5:30 p.m. If you haven't turned in your registration form to the school, you can take it with you to class and turn it in there.

Friday evening kicks off the 6th Grade Girls Basketball Jamboree at the World War Memorial Bldg. (Rec. Ctr.). Our girls will play at 7:00 p.m. and 7:30 p.m. They play at 12:00 p.m. and 12:30 p.m. and 3:30 p.m. and 4:00 p.m. on Saturday, Nov. 20th. Good Luck Girls, make us proud!

* Auditions will be held at 3:00 p.m. on Tuesday, Nov. 23 in the Chapter Building for Puppeteers who will perform in this year's TJES Christmas program. The auditions are open only to the 6th, 7th, & 8th graders. Call Mrs. Frey at Ext. 306 if you have further questions.

** TJES will not have school on Nov. 25 and 26 due to the Thanksgiving Holiday.



News Flash

Arrow Graphics still has an assortment of 1993 Powwow Souvenir items for sale to staff and students at a reduced price for the holidays. These items make great X-Mas gifts. Remember, some of the souvenir items will never be sold again with this unique starburst/Dancer design, so if you liked this design, you need to purchase them before they're gone.

Items & quantities available are as follows:

Item:	Color:	Available:	Size:	Price:
*Reg. T-Shirts	Black	19	XXL	\$8.00
	Gray	8	XXL	
	Black	7	XL	
	Gray	7	L	
	Black	29	L	
*Pocket T-Shirts	White	24	L	\$10.00
	Black	7	XXL	
	Gray	10	XL	
	Black	1	L	
*Sweatshirts	White	4	L	\$12.00
	Black	4	L	
	Gray	2	L	

* 4" Round Chest Transfer additional 50¢.

* All t-shirts & sweats will be ready for pickup 2 days after ordered. All orders must be either paid for in advance or a Payroll Deduction slip signed before order will be placed.

If you would like to purchase 93' Powwow Black Satin Jackets for the holidays, order must be placed by November 12th in order to assure delivery by X-Mas. Also - since these are special order items, we cannot sell them at a reduced price. Jackets are \$40.00 and are available in Black Flannel Satin only.

Other items available are:

(200) Refrigerator Magnets	@ \$.75 ea. or 2 for \$1.00
(33) Flashlights	@ \$8.00
(82) Fanny Packs	@ \$5.00
(37) Duffel Bags	@ \$10.00
(5) Coffee Mugs	@ \$2.00
(256) Seat Cushions	@ \$7.50

(449) Sipper Cups w/Straw	@ \$2.50
(107) International Powwow Caps	@ \$7.50
(20) Powwow Caps	@ \$5.00
(1M +) Powwow Buttons	@ \$.25¢
Powwow Note Cards w/Env.	@ \$4.00/12 sets
(LIMITED EDITION)	
Small Powwow Poster (11x17)	@ \$.50¢
Small Art Expo Poster (11x17)	@ \$.50¢

UTTC Chapel

Sunday 10:00 a.m. - Catholic Mass

Sunday 12:30 p.m. - Assembly of God Services

Sunday 4:00 p.m. - Episcopal Services

Any questions concerning Campus Ministry, contact: Rev. Mr. Edward Johnson, Sr., Chaplain for United Tribes Technical College at 255-3285, Ext. 204.

Recreation

Activities below are weekly and will be held on the date and same times. If times change we will notify staff and students of changes.

WEEKLY ACTIVITIES

Activity	Time	Date	Area
Kids Swimming	7-8:00 p.m.	Mon.	YMCA
Line Dancing	7-9:00 p.m.	Mon.	Small Gym
Noon Ball	12-1:00 p.m.	M.W.F.	Big Gym
Drum Group	12-1:00 p.m.	M.T.W.T.F.	Small Gym
Tae-Kwon-Do			
Lessons	7-8:00 p.m.	Tues.	Small Gym
League Bowling	7-9:30 p.m.	Tues.	Cap. Lanes
Say No Club	6:30-9:00 p.m.	Thurs.	Small Gym
Aerobics	8-9:00 p.m.	Wed.	Small Gym
Elem. Dance	7-9:00 p.m.	Fri.	Small Gym

FUTURE GENERATIONS PROJECT
FGP COMMITTEE
NATIVE AMERICAN INDIAN CULTURE GROUP
NORTH DAKOTA STATE PENITENTIARY
Bismarck, North Dakota

October 30, 1993

Mr. Dave Gipp & UTTC Students
United Tribes Technical College
3315 University Drive
Bismarck, North Dakota 58501

Dear Mr. Dave Gipp & Students,

Greetings, from our Future Generations Project Committee of Bismarck State Penitentiary.

We, the Future Generations Project Committee members would like to give our appreciation of thanks to you and the UTTC Students, for your generosity in donating your time and effort that was put in for the lay-out and printing of our new poster.

We, the FGP Cmte. members has received many good compliments on the outcome of the poster. We want all of you to know, we are happy with the results.

Again, thank you for your time and help on our new poster.

Sincerely,

Angie Roan Eagle

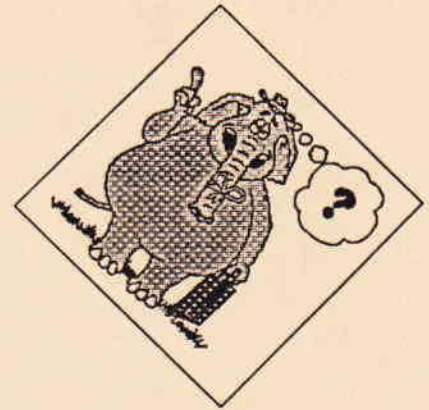
Angie Roan Eagle, FGP Secretary
Future Generations Project Committee

The Future Generations Project Committee members:

Joseph Johnson, FGP Spokesperson
Angie Roan Eagle, FGP Secretary
Debbe Charge On Him, FGP Treasurer
Gero Mahto, FGP Member
David Strange Owl, FGP Member
Louis Charging, FGP Member

The Future Generations Committee is comprised of Native Americans incorporated at the North Dakota State Penitentiary, who have formed a non-profit group with the intent of combatting child abuse.

A letter of appreciation is addressed to the President of United Tribes Technical College David Gipp and the students for the layout & printing of the FGP poster.



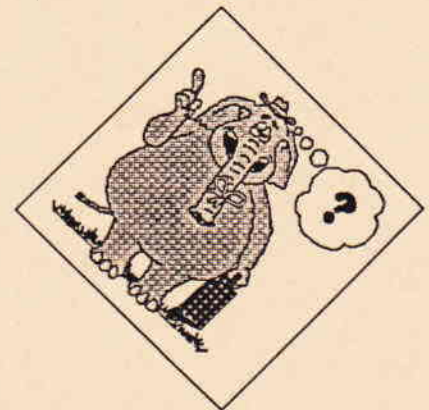
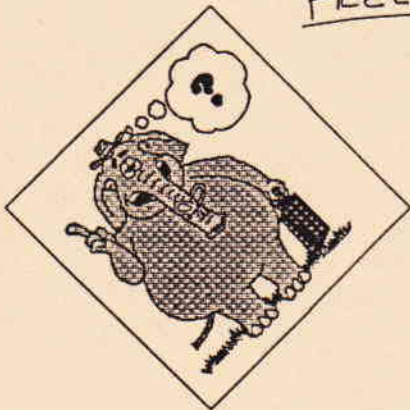
UNITED TRIBES TECHNICAL COLLEGE

WILL SPONSOR A FEDERAL
CLERICAL EXAM
NOVEMBER 19, 1993
9:00 A.M.
EDUCATION BUILDING
ROOM 220A

GS-3 TO GS-5 POSITIONS

PLAN TO TAKE THE TEST NOW!

FREE! FREE! FREE!



NOVEMBER 1993

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Lakota Club-7:00 Ed. Bldg. Basement 7-9 Line Dancing- Small Gym	2 4-5 Aerobics-Small Gym 7-8 Karate-Small Gym	3 7:00 - A.A. - Chemical Health Center	4 Wild West Theatre-1:30 Learning Center Women's Support Group 6:30 Sakakawea Hall 6:30-9:00 Coed Volley- ball	5 Noonball - 12:00-Gym	6
7 7-9 Bingo-Small Gym NIEA Conference- Mobile AL, Nov. 7- 11	8 Lakota Club-7:00-Ed. Bldg. Base- ment AIDS workshop - 1-6pm Noonball-12:00-Gym 7-9 Line Dancing-Small Gym 12-1 Parent Rep-Sak. Hall-Sexual Abuse 6th Grade Girls BB-Richolt 4:00	9 4-5 Aerobics-Small Gym 7-8 Karate-Small Gym	10 7:00-AA-Chemical Health Center Noonball-12:00-Gym Office Tech. Bake Sale	11 VETERAN'S DAY Just Say No Club-6:00 War on Drugs Special	12 Noonball-12:00-Gym 6-9 - Movies - Gym Lounge	13
14 AMERICAN EDU- CATION WEEK BEGINS 7-9 Bingo-Small Gym	15 Lakota Club-7:00-Ed. Bldg Basement Noonball-12:00-Gym 7-9 LineDancing-Small Gym 12-1 Parent Rep-Sak. Hall Pressures Facing Youth	16 4-5 Aerobics-Small Gym 7-8 Karate-Small Gym 1994 Spring Pre-Reg- istration Nov. 16-18 7:30 NDSU-Bott vs UTTC-Gym	17 7:00-AA-Chemical Health Center Noonball-12:00-Gym	18 Wild West Theatre-1:30-Learning Center 6:30-9 Coed Volleyball Women's Support Group-6:30 Sak. Hall Let's Play Hospital-Med Center 1- Preschool Just Say No Club-6:00-Bingo Bust Parent Activities Night-Nursery	19 Noonball-12:00-Gym 6-9 - Movies-Gym Lounge Parks & Rec Elem. Jambaree Mens BB-Bismarck State College Tourney	20 AMERICAN EDU- CATION WEEK- ENDS
21 7-9 Bingo-Small Gym	22 Lakota Club-7-Ed Bldg Basement Noonball-12:00-Gym 7-9 Line Dancing-Small Gym 12-1 Parent Rep-Sak Hall-Attention Problems	23 Chemical Health Cen- ter Open House 9-4 pm Faculty Mtg-3:00-Ed 111 4-5 Aerobics-Small Gym 7-8 Karate-Small Gym	24 7:00 AA-Chemical Health Center Noonball-12:00- Small Gym	25 THANKSGIVING DAY BREAK	26 BREAK	27 BREAK
28 BREAK	29 Lakota Club-7:00-Ed Bldg Basement Noonball-12:00-Small Gym 7-9 Line Dancing-Small Gym 12-1 Parent Rep-Sak Hall-Di- scipline Last Day to Drop Classes Classes Resume	30 4-5 Aerobics -Small Gym 7-8 Karate-Small Gym			For more recreational activities, contact: The Recreation Dept.	