

W UNITED TRIBES TECHNICAL COLLEGE WEEKLY NEWSLETTER R

VOL. 2 NO. 7

NOVEMBER 29, 1993

Cafeteria

NOV. 29- DEC. 3, 1993

LUNCH

Mon. - Burritos, Rice, Shred. Lettuce, Shred. Cheese, Sour Cream, Salsa Sauce, Green Beans, Friut Salad, 2% Milk

Tue. - Pork Chow Mein, Rice, Chow Mein Noodles, Dinner Buns, Salad Bar, Egg Roll, Hot Mustard, Friut Dessert, 2% Milk

Wed. - Vegetable Soup, Hamburger on a Bun, French Fries, Salad Bar, Fresh Fruit, Tossed Salad, 2% Milk

Thu.- Chuck Wagon Stew, Rice, Baking Powder Biscuits, Salad Bar, Fresh Fruit, Relish Tray, 2% Milk

Fri.- Chicken Nuggets, Macaroni & Cheese, Sweet & Sour Sauce, Dinner Buns, Salad Bar, Fruit, 2% Milk

SUPPER:

Mon. - Meatballs, Fried Potatoes, Natural Gravy, Vegetable, Salad, Dessert

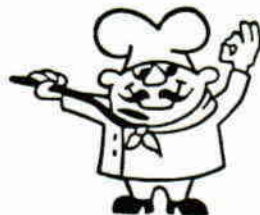
Tue. - Roast Beef, Mashed Potatoes & Gravy, Vegetable, Salad Bar, Dessert

Wed. Bar-B-Que Chicken, Baked Potatoes, Vegetable, Dinner Rolls, Salad, Brownies

Thurs.- Veal Parmesan w/Spaghetti, Vegetable, Salad Bar

"NOTICE"

Fri.- Served 4:00-5:00 House Special Pizza



Registrar's Office

The following students have made the **PRESIDENT'S LIST** for the **1993 SPRING SEMESTER**. Each student must maintain between a **3.50 - 4.00 (GPA)** to be eligible.

AZURE, Michelle
BEHELER, William
BERNHARDT, Eloise
BOYD, Diane
BRADY, Leslie
CAIN, Donald
COLE, Lori Ann
C'HAIR, David
CRUTCHER, Donnis
DISERLY, Mickey
FIEST, Cynthia
FOGG, Arlene
FOLLOWS THE ROAD, Courtney
FRYE, Kenneth
HARVEY, Lucian
HIS LAW, Allen
HOWARD, Violet
JORGENSEN, Tonia
LAMONT, William
NEUMAN, Joanie

PARKHURST, Justin
PREBLE, Mary Ann
RUSH-RASMUSSEN, Glenda
ROEMMICH, Peter
SCHREINER, Wanda
SCHUT, Kari
SPOONHUNTER, Vern
STEWART, Stacy
STOGNER, Anita
THURN, Colleen
TYON, Catherine
VALDEZ, Marvin
VASQUEZ, Marvin
WARD, Ernest
WAUPEKEYNAY, Steven
WASHAKIE, Shawna
WHITE OWL, Noreen
YOUNG, Juanita
YOUNG BEAR, Ethel

The following students have made the **VICE PRESIDENT'S LIST** for the **1993 SPRING SEMESTER**. Each student must maintain between a **3.00 - 3.49 (GPA)** to be eligible.

BORDEAUX, Russell
BRADY, Byron
BRUGH, Eugene
CEYNAR, Maxine
COMEAU, Thomas
CUCH, Lori
DECRANE, Althea
DUBOIS, Eric
EAGLE, Marilyn
FOX, Jovonne
GEIGER, Karen
GOOD CROW, Corwin
HODGEKISS, Shannon
HOLMES, Charles
IRON BOY, Vareen
IRON ROAD, Georgette
JEWETT, Clarice
KIDDER, Yvonne
LONG TURKEY, William
LUCIER, Jerry
LEFT HAND BULL, Percival

MARTIN, Jeanita
MONTANA, Joe
MOUSSEAU, Charles
MORSETTE, Darian
NIGHT PIPER, Craig
PICK PIN, Issaiac
PLENTY CHIEF, Emerson
ROACH, Roland
SANDGREY, Dawn
SCHAFFER, Sharlene
SEABOY, Londel
SERAWOP, Valerie
STOLTZ, Mervin
SHANE, Ada
SNIDER, Vina
STRICKER, Janet
UTTER, Karen
TAKES HORSE, Gladys
WAUPEKENAY, Carla
YODER, Ruth

IF YOU FIND MISTAKES

in this publication, please consider that they are there for a purpose. We publish something for everyone, and some people are always looking for mistakes!



NORTH-CENTRAL ITAC

**-INTERNATIONAL CONSULTANT-
Dr. MADELINE HUNTER**

Featured for ND Education Conference

Prominent Psychologist and education consultant Dr. Madeline Hunter will be one of the featured speakers at the first annual North Dakota Indian Nations Education Conference.

The regional education event is scheduled on December 27-29th at the Radisson Hotel. The professional education workshop activities are being held in conjunction with the N.D. Indian Nations High School Basketball Classic.

Coming from Los Angeles, Dr. Hunter has served as a teacher, assistant superintendent, and school psychologist for many years in the California public school system. Her work as a well-respected international consultant is focused upon increasing teaching effectiveness and strengthening instructional leadership. The former UCLA professor is the author of fourteen books and more than four hundred journal articles that translate psychological theory into educational practice.

Recently, Dr. Hunter was named as one of the hundred most influential women of the 20th century, and one of the top ten most influential in education by the Sierra Research Institute and the National Women's Hall of Fame.

As part of the N.D. Indian Nations holiday event, Dr. Hunter will offer two presentations on Monday, December 27th. Her first session at 1:00 p.m. will open the three-day conference for school board members, administrators, teachers, and parents. There is a pre-registration fee of \$40.00 (\$50.00 on-site) for all 3 days.

Along with Dr. Hunter's presentations, there will be various workshop sessions on Indian school board development, drug-free schools and communities, home-school relations, student motivation, and curriculum integration.

Native student workshops on Tuesday and Wednesday mornings will feature national AIDS awareness advocate Lisa Tiger of Muskogee, Oklahoma and American Indian professional baseball player Bob Bennett, formerly of Rapid City, S.D.

The N.D. Nations Education Conference is co-hosted by the Fort Berthold School Board Association, United Tribes Technical College, and the N.D. Indian Nations High School Basketball tourney committee. For further information, contact the North-Central Indian Technical Center in Bismarck at 1-800-437-8054.

This newsletter is compiled, typeset, and printed by the staff of Arrow Graphics/Printing Dept. and is not responsible for subject matter or content.

Send all news to Arrow Graphics by Wednesday of every week.

A Long Awaited 9-Months..

"Congratulations"

To Russell Hawkins and his wife Fran
on their new arrival
A BABYGIRL!!



UTTC STUDENTS

GRADUATE STUDENTS

-PICTURES-

Pictures will be taken by
ROBERT KNUTSON PHOTOGRAPHY
DECEMBER 1, 1993
9:00 A.M. - 11:00 A.M.

Pictures will be taken on a first
come first serve basis.
If for any reason you can't make
it, you must make an
appointment.

TJES

**EVERYONE IS WELCOMED
TO:
"A GINGERBREAD CHRISTMAS"**

WHAT: A Christmas Play
WHEN: December 9, 1993
TIME: 2:30 p.m.
WHERE: UTTC Small Gym
WHO: TJES Kindergarten - Eighth Grade
WHY: The children at TJES school would like to present their hard work through the Christmas Plays, Songs & Poems that they have worked so hard on throughout the past months.



"Also featuring the TJ Puppeteers"
Refreshments will be served in the cafeteria following the program.

ADMINISTRATION

*CONGRATULATIONS
THE NEW NIEA PRESIDENT HAS BEEN
ELECTED!!
OUR ONE AND ONLY-
PHIL BAIRD*

Our Congratulations goes out to Phil Baird, director of the Indian Resource and Evaluation Center, as the new 1993-94 president of the National Indian Education Consortium.

Baird was elected as the first president-elect last year by the NIEA Board of Directors and took office November 11, following the NIEA national meeting in Mobile, Alabama.

Baird, who has been the director of the UTTC resource center, serving seven states in Indian education, for the past six years, has a one year term remaining on the NIEA Board.

As president of NIEA, Mr. Baird will speak out on national Indian policy issues. NIEA was instrumental in seeing the first Indian Education Act passed into law in the early 1970's.

The association is celebrating its 25th Silver Anniversary as an organization.

Baird helped organize the NIEA conference held November 7-11, 1993, into major issue forums where ideas could be discussed for developing priorities in indian education.

Baird is a Rosebud Sicangu, Rosebud Sioux Tribe, from South Dakota. He is an AIHEC student congress advisor, former president of the South Dakota Indian Education Association, and has helped organize youth leadership programs, and is a former vice-president at Sinte-Gleska University, Rosebud, South Dakota.

On the NIEA board of directors is Russell M. Swager, a graduate of the United Tribes Technical College. He is a student board member and is pursuing his four year degree in Criminal Justice through Minot State University at Bismarck.

WINTER SURVIVAL

You have no doubt heard of winter survival kits for your car. Things like: tow chain or tow rope, extra blankets or sleeping bag kept dry in a tight plastic bag, jumper cables, tire chains properly sized for your car, flashlights, extra coat, gloves and cap, matches and thick candle, extra scraper and window brush, scoop shovel, gas line anti-freeze, and keeping the gas tank full all help in times of trouble. It is best not to travel during weather extreams but wise to be prepared for winter's worst.

There are also winter "kits" for your home or self that help with the blues of winter. Decreased daylight and spending more time indoors have a psychological effect on a person's well-being. One of the best things to help with winter is to get outside as often as possible. Taking a ten to fifteen minute walk once or twice daily does great good in boosting attitude, adjusting to winter cold and improving health. Increasing light intensity in home and workplace help a great deal. Pick your most popular room and arrange a combination of fluorescent and incandescent lighting. The combination of lightling wavelengths best duplicates natural sunlight and promotes a feeling of comfort and warmth. Having a collection of cheery and enjoyable music boosts the spirit, (this does not include heavy metal types), when listened to at low times. Getting together favorite books, projects, crafts, hobbies, and other enjoyables bring pleasure to the indoor time, or outdoor time as well for those that apply there. Gathering together with "warm" friends, family, and other social groups is an all time favorite and the best emotional help. Getting more sleep is a natural reaction well accepted by the body and brain with the decreased level of natural daylight and increased demand on the body adjusting to the cold and reduced physical movement. Sitting around a fireplace is one of the most popular and relaxing winter boosters with a multiple candle arrangement as a better than nothing substitute for those quiet, cold winter night. Whatever you do, the more you do will make winter an enjoyable and festive time of year as well as a time to catch up on yourself, who you are and where you are goind.

"HAVE A SAVE AND MEMORABLE SEASON"

*Music Training is a more potent instrument
than any other, because rhythm and harmony find
their way into the inward places of the soul.*

PLATO

from *Apple Seeds* 1992

Just Say "NO" Club

We had a great meeting last time with good attendance, valuable SAYING NO education, and super bingo prizes.

On December 2, 1993 - at 6 p.m. we will be going swimming at the Mandan Community Center. Swimmers are advised to wear hooded sweatshirts under their coats, parkas with hoods or stocking caps to keep damp heads warm on the way home in the bus. Swimwear and towels can be carried in plastic bags to help, along with covered heads, keep the bus windows from steaming up for safe driving.

On December 9, 1993-at 6:30 p.m. we will be making pizza at the cafeteria here. There will be other action while the pizzas are baking and after the feast, including awards for attendance and wearing "JUST SAY NO" shirts on Thursdays.

On December 16, 1993-at 6:30 p.m. the regular members who come at least half the time or better will be going to a local theater for holiday season movie. A schedule for next semester is in process so call in your ideas or requests now. (Paul-Ext. #313)



FROM THE DESK OF: ELSIE DIONNE-OPERATOR

The New Phone Extention Lists for the Education Building can be picked up at the Library.

A.I.C.D.P

(American Indian Curriculum Development Program)

Looking for some excellent information?

The American Indian Curriculum Development Program are now being handled through the Arrow Graphics Department at UTTC.

If you have any questions or comments regarding this program, please feel free to contact Terry Lewis at the Arrow Graphics Department -Ext. #296.

UNDER PRESSURE U.T.T.C STUDENTS SUCCEED



On November 1, 1993, Percy Left Hand Bull, Gordon Swift Hawk, Gary Fox, Leonrad Charging, represented UTTC at the V.I.C.A. (Vocational Industrial Clubs of America) Fall Leadership Conference, held in Devils Lake UND Lake Region campus.

The conference consisted of 250-300 Secondary and Post-Secondary students involved in V.I.C.A. The competition was generated to develop Leadership Skills. Students competed in various Leadership Skills such as, Prepared Speech, Extemporaneous Speech, Job Interview, Job Skill Demonstration, Promotional Bulletin Board, and Display.

Percy Left Hand Bull and Gordon Swift Hawk placed 1st in Promotional Bulletin Board. Gary Fox and Lenard Charging placed 2nd Display. The Club Coordinator, Joe Helmer, was awarded a Statesman Award.

Percy, Gordon, Leonard along with other students from UTTC are preparing for the State Skill Competition to be held in March at Whapeton.