

# W UNITED TRIBES TECHNICAL COLLEGE WEEKLY NEWSLETTE R

VOL. 2 NO. 10

January 10, 1994

## Cafeteria

JAN. 10 - JAN. 14, 1994

### LUNCH

Mon. - Tater Tot Hot Dish, Vegetable, Salad Bar, Dessert,

Tue. - Ham Sandwich on a French Bun, Bean Soup, Salad Bar, Vegetable, Assort. Fresh Fruit

Wed. - Turkey Ala-King, Biscuit, Rice, Cranberry Sauce, Salad Bar, Pumpkin Bars

Thurs. - Bar-B-Que Beef on a Bun, Salad Bar, Coleslaw, Vegetable, Assort. Fresh Fruit

Fri. - Fish Platter, Wild Rice, Vegetable, Salad bar, Lemon Bars

JAN. 17, 1994

Mon. - Burritos, Rice, Vegetable, Fruit Salad

### SUPPER:

Mon. - Pork Cutlets, Potatoes, Vegetable, Salad, Apple Sauce, Sugar Cookies

Tue. - Boiled Beef Chucks, Potatoes, Vegetable, Salad Bar, Dessert

Wed. - Meat Loaf, Hash Brown Potatoes, Salad, Dessert

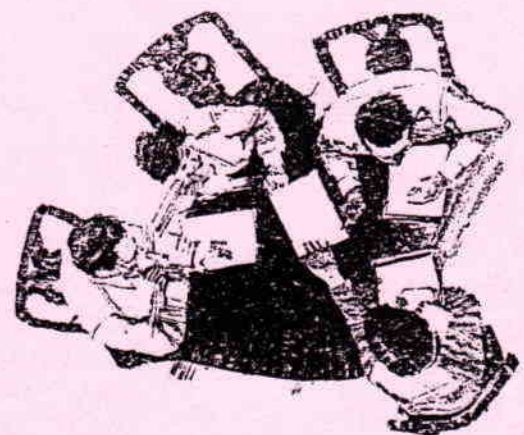
Thurs. - Pepper Steak, Baked Potatoes, Salad, Garlic Toast

Fri. - Chicken Breast on Potatoes Wedge, Salad Bar, Dessert

Jan. 17, 1994

Mon. - Meatballs, Fried Potatoes, Gravy, Vegetable, Salad, Dessert

## SUPPORT MEETINGS or GROUPS



OPEN HOUSE: January 21, 1994 - 9:00 a.m. - 4:00 p.m. (Everyone is welcome!!)

EVERY WEDNESDAY: Al-Anon, 4:00 - 5:30 p.m., phone: 255-3285, Ext. 268

A.A. Meetings, 7:00 p.m., phone: 255-3285, Ext. 274

Childrens Support Group, Kindergarten Building, 4:00 - 5:00 p.m., Grades 1-8, Sponsored by TJES

THURSDAY: Say No Club, Small Gym, 6:00 - 9:00 p.m., Parents and Students in Grades K-8

Women's Support Group, Basement of Sakakawea Hall, 6:30 - 7:30 p.m., All Women

FRIDAY: ACOA, Jan. 14, 7:00 - 8:30 p.m., Jan. 28, 7:00 - 8:30 p.m., phone: 255-3285, Ext. 268

SATURDAY: Family Support Group, Jan. 15, 7:00 - 8:30 p.m., Jan. 29, 7:00 - 8:30 p.m., phone: 255-3285, Ext. 268, for: ALL PARENTS



**IF YOU FIND MISTAKES**  
 in this publication, please consider that they are there for a purpose. We publish something for everyone and some people are always looking for mistakes!





*By embracing risk, you will accomplish more than you ever thought you could. In the process you will transform your life into an exciting adventure that will constantly challenge, reward and rejuvenate you.*

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