

W UNITED TRIBES TECHNICAL COLLEGE WEEKLY NEWSLETTE R

VOL. 2 NO. 24

APRIL 18, 1994

CAFETERIA

Apr. 18 to Apr. 22, 1994
Dinner

Mon. - Scalloped Potatoes & Ham, Dinner Bun, Bean Soup, Fresh Fruit

Tue. - Taco Salad, Dinner Buns, Fresh Fruit

Wed. - Poor Boy, Potato Salad, Vegetable, Salad Bar, Fresh Fruit

Thu. - French Dip, Potato Chips, Salad Bar, Vegetable, Tossed Salad, Fresh Fruit

Fri. - Kneophle Soup, Chicken Pattie, Salad Bar, Fresh Fruit, Veg. Tray

Apr. 25, 1994
Dinner

Mon. - Tater Hot Dish, Salad Bar, Dinner Buns, Dessert

Apr. 18 to Apr. 22, 1994
Supper

Mon. - Braised Beef over Noodles, Vegetable, Salad, Dessert

Tue. - Bar-B-Que Ribs, Baked Potato, Vegetable, Salad, Dessert

Wed. - German Style Sausage & Beans, Salad Bar, Dinner Bun, Dessert

Thu. - Swiss Steak, Mashed Potatoes, Vegetable, Salad, Dessert

Fri. - BLT on Toast, Soup, Salad Bar, Dessert

Apr. 25, 1994
Supper

Mon. - Pork Cutlets, Instant Potatoes, Corn, Salad, Apple Sauce, Dessert



ATTENTION GRADUATES

Graduation Invitations can be purchased at Arrow Graphics during working hours. Cost is 25¢ each, please bring correct change with you.

All financial obligations with UTTC must be taken care of before transcripts or Diplomas can be released, contact Finance for any further information regarding this matter.

April is the "Month of the Child" or "Child Abuse Prevention Month"

We will pass out Blue Ribbons, April 18-22. By wearing a Blue Ribbon, you are telling your family, friends and community that you are joining the fight against child abuse and neglect. The following educational events are planned for the week:

1. Classroom Guidance for TJES Students will cover topics such as defining abuse and neglect, discussion of what to do and how to help others.

2. Mini-Workshop for Parents, Tuesday, April 19 at 3:00 p.m. at the Small Gym.

Topics and Questions to be covered: What is abuse/neglect and what isn't?, What is the Law?, What happens if a person is reported of suspected abuse?, What is the procedure at Tribes?, What should I do if I see a child abused or neglected?, Handouts, Video, Discussion.

3. TJES Staff Inservice on the Same Topics, Wednesday, April 20 at 3:45.

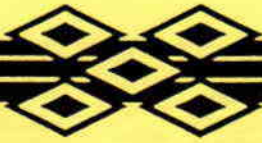
APRIL IS THE MONTH OF "PREVENTION OF ALCOHOLISM"

Some activities are:

1. TJES Students are continuing their Prevention Education Curriculum - "Here's Looking At You 2000".

2. The 7th and 8th grade students are preparing presentations on smoking, drinking and inhalents for the K, 1, 2, 3, 4 classes.

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3. I will make presentations to the classes K-8 on Inhalant Abuse and Summer Safety, the week of April 25.

4. Parent Mini-Workshop, Tuesday, April 26, 3:00 pm, Small Gym, "Inhalant Abuse".

I have an excellent video with the latest information. Do you know the signs to watch for? What are the symptoms? What kind of damage does inhaling cause? etc.

I encourage you to talk with your children about child abuse and alcoholism. Everyone needs to have someone to talk with about these kinds of things. We as parents need to be our child's SAFE person, so they can tell us anything and we will listen.

If you have questions or concerns, do contact me, ext. 253, stop by or send me a note.

Community Coordination Committee News

The next CCC Meeting is Thursday, April 21, 3:00 pm in the Skill Center. We expect each department to have their representative there.

New officers were elected at the last meeting. They are: President: Sharlene Gjermundson, Vice President: Daryll Bearstail, Recorder/Secretary: Barbara Danks, Parliamentarian: Wanda Walker.

Bylaws are being written up to guide the operation of CCC. The mission statement for CCC is: The UTTC Community Coordinating Committee will coordinate the prevention, education, intervention and research activities which address substance abuse and related behaviors in the UTTC Community. The Committee will encourage students, staff, faculty and administration to work together toward reducing and preventing alcohol and drug use in this community.

What the committee will continue working on is: 1. Documenting the Negative Impact of Substance Abuse. 2. Completing the Vision Statement of where we would like Tribes to be the year 2000 regarding Substance Abuse. 3. Researching what would work in Treatment and Prevention of Substance Abuse on our Campus. 4. Setting Goals and Objectives to achieve our Vision. 5. Plan activities for next year.

Do you want to be involved and support the effect? Give us a call, come to the meeting. Volunteer to help with activities or projects. Making changes is a team effort. Your support, moral and otherwise, is needed.

**Bismarck-Mandan Urban Indian Center
Powwow, April 23 & 24, 1994, UTC Gym**



When you help someone up a hill,
you're that much nearer the top
yourself.

from Apple Seeds

THEODORE JAMERSON ELEMENTARY

presents
MUSIC

&

MOVEMENT

Thursday, April 28, 1994

2:30 p.m., Large Gym

PRESCHOOL MUSIC PROGRAM

Thursday, April 21, 1994

12 Noon

at

Preschool

Happy Earth Day Friday, April 22



April 17-23rd is National Library Week!

Stop by Building 45 on Wednesday, after 3:45 pm for cookies and juice! This is the Theodore Jamerson Elementary School Library - Book Part. We welcome you to browse through our volumes and have a treat. We also will take any TJES Library books that you want to return that day. It's the day to return all books and to pay for any lost ones, so that we can go out and replace them.

Remember - 3:45 Wednesday, April 20, we recognize Libraries particularly on that day, in celebration of National Library Week. Read, read, read!

April is Child Abuse Prevention Month

Several forms of child abuse exist, including physical abuse and neglect, sexual abuse, and emotional abuse and neglect. Often a child is the victim of more than one form of abuse. Thus, any child with a suspicious appearing injury should be given a thorough physical and psychological examination.

PHYSICAL ABUSE

Physical abuse is defined as nonaccidental injury. A physically abused child is one who has received injuries from shaking, beating, striking or burning.

PHYSICAL NEGLECT

Physical neglect is defined as the failure to provide the necessities of life for a child. In this definition, the necessities of life are considered to be medical care when necessary, adequate nourishment, appropriate clothing and supervision of activities.

SEXUAL ABUSE

Sexual abuse refers to any sexual activity between an adult and a child; it can be either assaultive or nonassaultive. Incest is defined as sexual activity, between a child and a parent, a sibling or another close relative. Molestation is defined as sexual abuse. Studies have shown that over 78% of sexual abuse cases involve incest, and two-thirds of the perpetrators are fathers or stepfathers of the victims. This form of abuse is least often reported, for several reasons: The abuse is often nonassaultive; obvious physical feelings are usually absent; the abuser is most often a parent or family member, and the family member is not likely to reveal the source of abuse.

EMOTIONAL ABUSE AND NEGLECT

Emotional abuse and neglect are extremely difficult to define and manage. These forms of abuse are committed by parents who fail to provide a loving environment in which the child can thrive. Emotional abuse can be manifested by a wide spectrum of problems, ranging from failure to thrive to learning difficulties. Diagnosis is difficult because the visible injuries that are present with physical abuse are absent in children who are emotionally abused. However, long-term psychological damage that results from emotional abuse may be potentially greater than that from physical abuse.

INCIDENCE OF ABUSE

Despite the mandatory reporting of suspected cases and the recent upsurge in public awareness, the true dimensions of child abuse are not known. The estimated incidence in the U.S. is 10 per 1,000 births. However, a more realistic calculation is that approximately 1.6 million children are abused each year and that 3,000 of those children are killed.

PREREQUISITES FOR ABUSE

Child abuse results from the interaction between a parent and a child, with a stressful event serving to catalyze the actual episode of abuse.

ABUSED CHILDREN

The children who are most likely to be physically abused are infants and preschool children, because they are defenseless, demand-

ing and nonverbal. Recent studies show that many juvenile delinquents, adolescent runaways and adolescents with severe acting-out behavior have a longstanding history of physical abuse. The behavior of an abused child frequently is extreme or inappropriate for his age. Another frequent observation is a role-reversal phenomenon wherein the child caters to the needs of the adult, often providing comfort and playing the role of "pseudoparent." Children who are difficult to manage (e.g., hyperactive children, retarded children, children with repeated illnesses and children who are more intelligent than their parents) are more likely to be abused. Children who are difficult to satisfy or who are demanding are also more likely to become victims of abuse. Children who were separated from their mother during infancy because of maternal illness, premature birth or neonatal illness are another group at greater risk for abuse.

ABUSIVE PARENTS

In 95% of all cases, child abuse involves a parent; foster or adoptive parents constitute 10-15 percent of this group. Mothers are more often responsible for physical abuse and neglect, because they are generally the primary caretakers, whereas fathers are more frequently involved in sexual abuse. The majority of parents who abuse their children are neither criminal or insane. In most instances, abusive parents are individuals who are under stress and have poor impulse control; frequently, they are immature and dependent as well. Many abusive parents are themselves victims of abuse, and may have been beaten repeatedly or deprived as children. Abusive parents often rely on their children for emotional support instead of providing such support for their children.

JUST SAY NO CLUB

Those enjoying the activities and lessons of the club are saying YES to healthy alternatives for fun and recreation, family interaction, good surprises, stimulation of the mind and body, and the important concept that "SAYING NO" can be and is rewarding in many ways. There are some events coming up that you'll want to participate in so the schedule here will serve as a reminder if it gets pinned up by calendar.

APRIL

28th - 6:00 p.m.: River Walk -N- Picnic (Awards)

UTTC Chapel Schedule

Sunday: 10:00 a.m. - Catholic Mass

Sunday: 12:00-1:00 p.m. - Assembly of God-Bible Study

1:00-2:00 p.m. - Assembly of God Services

Sunday: 4:00 p.m. - Episcopal Services

Wednesday: 7:00 p.m. - Catholic Stations of the Cross

Thursday: 7:00 p.m. - Assembly of God Services

Any questions concerning campus ministry, contact:

Rev. Mr. Edward Johnson, Chaplain for

United Tribes Technical College at 255-3285 ext. 204



FREE SEEDS

Thanks to Josette Peltier's mother, we now have another batch of free flower, herb and vegetable seeds from Boulder, Colorado for distribution.

Take as few or as many as you wish -- for yourself, neighbors, family back home.

Open to UTTC Students and Staff and TJ Students accompanied by Parents or Teachers.

Help out the worthy cause by taking a few minutes to sort out seed packets onto the three tables.

Room BO1
Education Building
From now until May 5

