

W UNITED TRIBES TECHNICAL COLLEGE WEEKLY NEWSLETTE R

VOL. 3 NO. 10

February 21, 1995

Weekly Menu

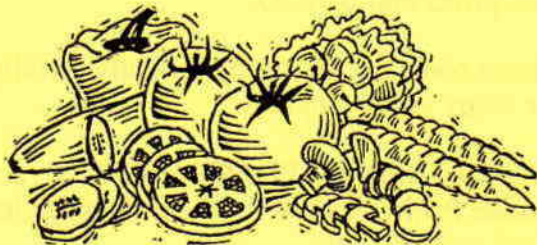
February 21 to February 24, 1995

DINNER:

- TUE** - Lasagna, Garlic Toast, Vegetable, Salad Bar, Dessert, 2% Milk
WED - Hamburger on a Bun, French Fries, Salad Bar, Fresh Fruit, Tossed Salad, Vegetable, 2% Milk
THU - Chuck Wagon Stew, Baking Powder Biscuit, Salad Bar, Fresh Fruit, Relish Tray, 2% Milk
FRI - Chicken Strips, Macaroni & Cheese, Dinner Bun, Salad Bar, Fruit, Vegetable, 2% Milk

SUPPER:

- MON** - Meatballs, Potatoes, Natural Gravy, Vegetable, Salad, Dessert, 2% Milk
TUE - Roast Beef, Mashed Potatoes & Gravy, Vegetable, Salad Bar, Dessert, 2% Milk
WED - Bar-B-Que Chicken, Baked Potato, Vegetable, Salad, Dinner Roll, Dessert, 2% Milk
THU - Spaghetti with Meat Sauce, Vegetable, Salad Bar, Dessert, 2% Milk
FRI - Pork Chow Mein with Rice, Chow Mein Noodles, Dinner Bun, Salad Bar, Egg Roll, Fruit Dessert, 2% Milk



Registrar

ETHEL YOUNG BEAR, originally from the Crow Creek rez and a 1994 Spring semester graduate of UTTC Early Childhood Education program is currently attending the University of Mary where she is a returning junior this second semester. Her major remains Early Childhood Education with a minor in Indian studies. Ethel was an excellent student while attending United Tribes. She was on the UTTC Presidents and Vice-Presidents list throughout her noble pursuit for higher education. Ethel states that, "she misses UTTC as a student because UTTC treated her as a person, not a number". She also believes students should enjoy their stay at United Tribes and make the most of their education because when they leave UTTC, students will find that they were treated as individuals. She also stresses the need for UTTC graduates to continue on with their education, especially if they have children, as it can only improve your life and your family's. Ethel is married to Severt Young Bear who is currently employed at the Day Care center on campus.

Midterms are fast approaching. March 1-3, 1995 will be MID-TERMS. Students should make sure to make up any missing hours as they will be a factor in your midterm grades.

All Spring graduates MUST turn in an application for graduation. These can be found in the Registrars office or check with your advisor. Please put down an address where your degree/certificate can be mailed-do not use campus address. THANK YOU TO THOSE STUDENTS WHO HAVE TURNED THIS IN ALREADY.

THANKS - THANKS - THANKS

from the Nursing Student Association

Expressions of appreciation go out to all who helped in any way to make the Valentine Balloon Project a success. Nursing students worked hard to meet the orders but it was worth it to see faces light up as recipients were presented with a balloon bouquet.

There's nothing like a balloon at any age!

Sister Kathryn Zimmer, AASPN Program



NCA - Self Study

Reminder - Criterion 3 is due February 24, 1995. Criterion 4 will be issued on February 24. We still need Criterion 1 & 2. It's not too late to turn them in, they still have to be completed. Don't forget March 2, 1995 at 3:00 pm in Education Building Room 111, we will be having an open forum. This would be a good opportunity to come and voice your opinion or get questions you may have answered.

The following students won door prizes at the Ice Cream Social - they may be picked up at the Student Health in Education Building.

- Royal Fork Buffet Tickets - Gilbert Bad Wound, Marvin James Milton Jr., Marcella White Tail, Brenda Redday
- Anniversary Mugs - Mark Tiger, Amy Duncan, Tony Adams
- Sweatshirt - Ronnette Kirkie

The NCA-Self Study would like to thank the following people for helping with the ice cream social and also those who donated the door prizes: Al Stockert, Pam Carlascio, Renee Becker, and Food Service students, Financial Aide, Athletic Dept. and Administration.

Also a special thanks to those students who took the time to participate in the ice cream social and who completed the survey.

Big Brother Big Sister Program

There are three Big Brothers on campus now who have applied, cleared, and been interviewed for work in this very needed program. Perhaps with their consent we can do a story on their experiences and views of being a "big brother" for a special youth. There is one other applicant each for another Big Bro. and a first Big Sister in the process. More are needed and can be put into the program here. It is an excellent reference on a job resume, especially for Criminal Justice, Early Childhood and Nursing students. It would look good for anyone, considering the volunteer aspect of community involvement. Best of all though is the life experience this adds to the Big and Little Brothers and Sisters interacting together. Often times this experience can lead a "Big" or "Little" person on a new path in life in education, career, community or family. If you are interested in learning more about this or want to get involved then see Paul Schneider, counselor, in the Ed. Bldg. Room 213, phone ext. 264. Get involved and make a difference in someone's life, especially yours.

GIVE AWAYS:

Caps, Scarves and Mittens for all ages. See the Student Health Center at your convenience.
(Education Bldg. Room 118)

B I N G O

The Bingo Committee extends a **BIG "THANK YOU"** to all who participated and enjoyed our evening of laughter, fun, and BINGO.

The Bingo Committee would also like to thank the Student Senate for their donation of pop and Verzella Gray for her donation of cookies and chips.

The Bingo Committee also acknowledges that without the help of the Student Senate and Support Services these Bingo Games would not be possible. Both the Student Senate and Support Services are helping with start up monies. All profits from these games will be going to the Student Senate Income Account. The Financial Statement for these Bingo Games will be published on a monthly basis, the first one will be after February 22, 1995. A profit of \$190.05 was made from our first Bingo Games.

The next scheduled Bingo Game will be held on February 22, 1995 at 6:30 in the Cafeteria. This next session will reflect higher payouts, from \$10.00 to \$20.00, one \$75.00 MUST GO Blackout, and a \$30.00 consolation on the last blackout which will total the payouts to \$265.00. Phone calls will be made to all staff or departments for help in obtaining prizes for the Items Table. Prizes can consist of Two Liter Bottles of Pop, Twelve Packs of Pop, Chips, Cookies, Cakes, Gift Certificates, or anything you yourself would like to win.

The Bingo Committee has scheduled two (2) sessions of Bingo per month until school is out. We welcome all students, student dependents, staff, and staff dependents to come to the Cafeteria for an evening of fun, prizes and BINGO.

Please come out and enjoy a family activity with us, we enjoy your company.

BINGO COMMITTEE MEMBERS: Vivian Gillette, Josette Peltier, Vickie Knife, Gilbert Peltier, Warren Koch and Ed Knife.

BINGO! BINGO! BINGO!

February 22, 1995
Place: Cafeteria

Doors Open at 6:30 pm
Games Begin at 7:00 pm

4 Hardcards for \$3.00
6 Hardcards for \$5.00

\$.25 Per Hardcard/Per Child
(12 years and under)

Two (2) Free Early Games!

E-Z Money Blackout at 75
Numbers for \$75.00

DOOR PRIZES!!!

**COME AND PLAY
AND HAVE SOME FUN**

Office Technology

First of all, we would like to thank everyone who helped with our Valentine's day fundraiser, and the people who ordered. We were able to raise \$104 which will be going for our jackets and maybe flowers for our graduates. REMINDER: In case some people don't know it yet, we will be ordering our jackets as soon as everyone who would like to purchase one puts in their order. If you would like to order one, see Lynn, Sheri, Luann, or any of the Office Technology Club officers. We will need to put down a deposit on our jackets soon. So, if you would like to order one, please do so as soon as possible. These jackets will be some very nice ones this year, and you will have a choice colors and the style of jacket you want.

Haskell Indian Nations University 1995 Commencement Powwow May 19-21, 1995

The Haskell Indian Nations University is pleased to announce the 1995 Haskell Commencement Powwow, May 19-21, 1995. A powwow will be held in conjunction with the Haskell Commencement Program. The commencement is scheduled for Friday, May 19, 10:00 a.m., Coffin Sports Complex in honor of the 1994-95 Haskell graduates & special guests.

A three-day powwow is scheduled at the campus powwow grounds with dance categories for all age groups. An admission is charged for the three-day event with all vendors, arts & crafts being authentic Native American foods & crafts. The Special Events schedule includes a men's fastpitch softball tournament, golf tournament, 5k/One Mile Fun Run, and a Memorial Service at the Haskell cemetery. For further information on the powwow events, please contact the following:

Haskell Powwow Commencement Committee
P.O. Box 1283
155 Indian Avenue
Lawrence, KS 66046-4800
or telephone

Freda Morris, Co-Chair, (913) 749-8460 or
Marvin Shade, Co-Chair, (913) 749-8480

The Haskell student body is representative of over 150 tribes from thirty-eight states. Dance participants, parents, friends, relatives, alumni, visitors, and vendors are invited and encouraged to attend.

NATIVE AMERICANS IN HISTORY

Feb 19 First baptism recorded in the U.S. performed by priests accompanying De Soto expedition upon an Indian guide, Peter, in Acmulgee River near Macon Georgia, 1540.

Feb 20 Whites led by Capt. Lovewell took 10 Indian scalps at Wakefield, N.H. 1725. First documented scalping by white men.

Feb 21 Printing press arrived at Cherokee Council headquarters in Echota, Georgia; publication began on first Indian newspaper, the Cherokee Phoenix, using Sequoya's alphabet 1828.

Feb 22 The word "Indian" was first used by Christopher Columbus in February, 1493; mistakenly thought he had reached India.

Feb 23 The "revolving pistol" (Colt six-shooter) was patented by Samuel Colt in 1836. Rapid fire refuted Indian tactic of drawing white man's fire and rushing him before he could reload.

Feb 24 U.S. Indian population has more than doubled since 1950: from 343,410 to 792,730 in 1970.

Feb 25 Daniel Boone acquired nearly all of Kentucky for the Transylvania Company, despite it being guaranteed to Indians against encroachment, 1775.

submitted by Paul Schneider

afternote: your best weapon is a good education - 'stick' with it.

STUDENT HEALTH

The Student Health Center would like to welcome a new staff member, Diane Ponga LPN. Diane will be taking care of children who are in the sick child daycare setting and will also assist the registered Nurses with their duties. Diane is a recent graduate of the UTTC LPN program. Diane graduated in December 1993 and passed her boards in May 1994. She was employed at the Kensington Cottage in the Alzheimer's Unit prior to her employment with UTTC.

CHICKEN POX

A few cases of chickenpox have been reported on campus. Symptoms of chickenpox include: multiple small red bumps that progress in thin-walled water blisters; then cloudy blisters or open sores; and finally dry, brown crusts (all within 24 hours). Repeated crops of these sores for 4-5 days. The sores or crusts are usually less than 1/4 inches across. Rash is on all body surfaces but usually starts on head and back. Some ulcers (sores) can also normally occur in the mouth, eyelids, and genital area. Exposure to a child with chickenpox 14-16 days earlier.

Children with chickenpox usually start to feel better by three or four days. They are no longer contagious once all the sores have crusted over, which is usually about 6 days after the start of rash. They should be kept out of school for this time and away from other children who have not had chickenpox. If your child has had chickenpox, they are to be checked by Student Health Center staff prior to their return to the school or daycare setting. If you suspect your child may have chickenpox, please do not take them into the school or daycare setting, bring them to Student Health Center for examination.

The best treatment for the skin discomfort and itching is a cool bath every 3 to 4 hours for the first days. Calamine lotion can be placed on the itchy spots. If there is a fever, give Tylenol. (Do not use aspirin due to it's link to Reye Syndrome).

To prevent the sores from becoming infected with bacteria, trim the child's fingernails short. Also wash hands with an antibacterial soap (such as Dial, Lifebuoy, Safeguard) frequently during the day. For young babies who are itching, you may want to cover their hands with cotton socks.

Call a physician if the scabs turn from brown to gold or get any pus under them. This means the chickenpox has become infected and an antibiotic medicine is needed.

Calamine lotion, Tylenol and Dial soap are all available at the Student Health Center upon request.

Recommended Childhood Immunization Schedule United States - January 1995

Vaccines are listed under the routinely recommended ages. Bars indicate range of acceptable ages for vaccination.

Age > Vaccine <	Birth	2 mos	4 mos	6 mos	12 mos	15 mos	18 mos	4-5 yrs	11-12 yrs	14-16 yrs
Hepatitis B*	HB-1									
Diphtheria, Tetanus, Pertussis†		HB-2		HB-3						
H. influenzae type b‡		DTP	DTP	DTP	DTP or DTaP at 15+ m			DTP or DTaP		Td
Polio		Hib	Hib	Hib	Hib					
Measles, Mumps, Rubella§		OPV	OPV	OPV				OPV		
					MMR			MMR	MMR	

*The fourth dose of HBV may be administered as early as 12 months of age provided at least one month has elapsed since the last dose. The first dose is given at birth, the second between 1 and 2 months of age, and the third between 6 and 18 months of age. The second dose may be given as early as 1 month of age. The third dose may be given as early as 4 months of age. The fourth dose may be given as early as 12 months of age. The first dose may be given as early as 1 month of age. The second dose may be given as early as 1 month of age. The third dose may be given as early as 1 month of age. The fourth dose may be given as early as 1 month of age.

NOTES:

As of January 1995 - the Recommended Childhood Immunization Schedule has been revised. It has been approved by the Advisory Board on Immunization Practices (ACIP), the American Academy of Pediatrics (AAP), and the American Academy of Family Physicians (AAFP).

Changes Include:

- 4th DTP can be given at 12 months - 15 months
- 4th HIB can be given at 12 months - 15 months
- 3rd OPV can be given at 6 months - 18 months
- 1st MMR can be given at 12 months - 15 months

FOOD BASKETS

Food Baskets will be raffled off at the Bingo, February 22, 1995, all profit will go to the United Tribes Powwow Fundraising Account.

HUGE RUMMAGE SALE!!!

Anyone wanting to donation any clothing or items that are just laying around at home please donate to the Rummage Sale bring items or clothing to the Security Bldg. The Rummage Sale will be held on March 3, 1995 10:00 am to 5:00 pm at the James Henry Memorial Building



This coming weekend Mandan will once again host it's Mid Winter Powwow at the Mandan Community Center. The Powwow will open Saturday, February 25th with the first grand entry at 1:00 pm and the second grand entry at 7:00 pm. Sunday's grand entry will be at noon. There are eighteen categories for the dancers and prize money will also be given to the singing groups.

The Powwow is sponsored by the Mid Winter Powwow and Cultural Nonprofit Society. This year's powwow is special, it is a memorial "Wacipi" in honor of Jerome White Cloud. Jerry left this world this past spring. He will be missed by his fellow singers. Jerry was very instrumental in getting this powwow started four years ago. His wife Evelyn will be holding a traditional giveaway during the powwow to honor him. We will also be honoring local Native Americans that have contributed to this community in areas such as education, cultural issues, law, medicine, legislation, etc.

The powwow committee invites the local community to come and join us in celebrating spring (hopefully). This is one of the opening powwows of the season. Singers, dancers and spectators are itching by this time to hear the beat of the drum and to see old friends and make new friends. Everyone is Welcome!!!

**ADMISSIONS: \$5.00 Weekend Pass - \$3.00 Day Pass
(6 years and under FREE)**

CATEGORIES

ADULTS (18 yrs. and over)
Men - Traditional, Grass, Fancy
Women - Traditional, Jingle, Fancy
1st Place - \$200
2nd Place - \$100
3rd Place - \$50

TEENS (13 - 17 yrs.)
Boys - Traditional, Grass, Fancy
Girls - Traditional, Jingle, Fancy
1st Place - \$75
2nd Place - \$50
3rd Place - \$25

JUNIORS (7 - 12 yrs.)
Boys - Traditional, Grass, Fancy
Girls - Traditional, Jingle, Fancy
1st Place - \$50
2nd Place - \$25
3rd Place - \$15

TINY TOTS
Paid by Mandan Shriners

HONORING
Honoring Jerry White Cloud
Singing Contest
three places will be awarded.
Drums not in contest will be paid.
Sponsored by Dominick Sillitti

GRAND ENTRY TIMES
Feb 25 - 1:00 pm - CST
7:00 pm - CST
Feb 26 - 12:00 pm - CST

REGISTRATION
Opens - 10:00 am - CST Feb 25
Closes - 6:00 pm - CST Feb 26

MASTER OF CEREMONIES
Jerry Dearly, Minneapolis, Minnesota
Pete Coffey Sr., Fort Berthold

ARENA DIRECTOR
Harold Iron Shield

PRINCESS
Lila Uses Arrow

OFFICERS
Pres. - Evelyn White Cloud
Vice Pres. - Dominick Sillitti
Treasurer - Chris Huber
Secretary - Sandy Bercier

HOST MOTELS
River Ridge 1-800-353-2142
Seven Seas 1-800-597-7327
Elife (701) 663-6497
MF Motel (701) 663-9856
Colonial (701) 663-9854

HONOR CEREMONIES SPECIAL

"SOCIETY NOT RESPONSIBLE
FOR UNPAID PLEDGES"

"NO SMOKING ALLOWED
IN BUILDING"

FOR INFORMATION CALL:
Dominick Sillitti - 258-0437
Evelyn White Cloud - 258-1172

**NOT RESPONSIBLE
FOR ACCIDENTS
NO ALCOHOL OR DRUGS ALLOWED
SECURITY ON PREMISES**

