

# W UNITED TRIBES TECHNICAL COLLEGE WEEKLY NEWSLETTE R

VOL. 3 NO. 19

April 21, 1995

## Weekly Menu

*April 24 to April 28, 1995*

### DINNER

- Mon Tater Tot Hotdish, Salad Bar, Dinner Buns, Dessert, 2% Milk  
Tue - Baked Ham, Mashed Potatoes, Salad Bar, Vegetable Relish Tray, Dessert, 2% Milk  
Wed - Turkey-Ala-King, Baking Powder Biscuit, Rice, Cranberry Sauce, Salad Bar, Pumpkin Bars, 2% Milk  
Thr - Bar-B-Que Beef on a Bun, Fries, Salad Bar, Green Beans, Assorted Fresh Fruit, 2% Milk  
Fri - Chicken Nuggets/Fish Platter, Wild Rice, California Blend Vegetables, Salad Bar. Lemon Bars, 2% Milk

### SUPPER

- Mon -Pork Cutlets, Instant Potatoes, Creamed Style Corn, Salad, Apple Sauce, Dessert, 2% Milk  
Tue - New England Dinner, Boiled Potatoes, Boiled Vegetables, Salad Bar, Dessert, 2% Milk  
Wed -Meat Loaf, Hashed Browned Potatoes, Salad, Dessert, 2% Milk  
Thr - Pepper Steak, Spanish Rice, Tossed Salad, Garlic Toast, 2% Milk  
Fri - Chicken Breast on Rice, Au Gratin Potatoes, Salad Bar, Dessert, 2% Milk



## OFFICE TECHNOLOGY

### CONGRATULATIONS!!!

Office Technology Dept. for winning the Third Place Team Medal for the second year in a row at the AIHEC Business Contest!  
A special congratulations to Stacey Iron Road - Stacy placed first in both the Financial Accounting I and Computer Applications Divisions.  
Congratulations to Karlita Knight for being selected The AIHEC Student of the Year from UTTC!

### FOR SALE

- 1 - Tote Bag - Turquoise
  - 4 - T-shirts - Ass't'd Colors and Sizes
  - 5 - Sweatshirts - Ass't'd Colors and Sizes
  - 1 - Satin Turquoise Jacket - Quilt Lining XL
- All items have the Office Technology Department Logo imprinted on them. See Sheri, Lynn, or Luann in Office Tech. to purchase any of these items.

## JOB - JOB - JOB

Residential Supervisor (Part-time)  
Correctional Halfway House (Centre Inc.)

Need an interested hard working, time oriented person who has Security and/or Criminal Justice knowledge, plus background experience in alcohol addiction.

Requires the ability to supervise and direct the activities of clients as well as monitor their whereabouts and activities. This position requires effective communication in both written and verbal forms. This position requires 24-hour scheduling flexibility. Please contact Linda Zent for application and appointment at 222-4966. If you need more information contact Vince Schanandore at Placement, Ext 280 or Vivian Gillette at SSS Ext 313.

Education, training & experience required: requires a minimum of two years specialized experience with this target populations. Physical Effort Required

This is a mixture of a walking, lifting, bending and sitting job and requires oral and written communication skills to answer the telephone and chart client information. This position requires the capability to perform Cardio Pulmonary Resuscitation and administer first aid if necessary.

## REGISTRAR'S OFFICE

The 1995 Spring Semester final examination week is scheduled for May 2, 3, & 4, 1995. All final grades are due Monday, May 8, 1995. Listed Below are the times and dates for the exams.

|                          |                              |
|--------------------------|------------------------------|
| Monday, 1:00 pm classes  | 8:30 am - 10:00 am Tuesday   |
| Monday, 8:00 am classes  | 10:30 am - Noon Tuesday      |
| Monday, 9:00 am classes  | 1:00 pm - 2:30 pm Tuesday    |
| Monday, 10:00 am classes | 8:30 am - 10:00 am Wednesday |
| Monday, 11:00 am classes | 10:30 am - Noon Wednesday    |
| Monday, 2:00 pm classes  | 1:00 pm - 2:30 pm Wednesday  |
| Monday, 3:00 pm classes  | 2:30 pm - 4:00 pm Wednesday  |
| Tuesday, 8:00 am classes | 8:30 am - 10:00 am Thursday  |
| Tuesday, 9:00 am classes | 10:30 - Noon Thursday        |
| Tuesday, 1:00 pm classes | 1:00 pm - 2:30 pm Thursday   |
| Tuesday, 2:00 pm classes | 2:30 pm - 4:00 pm Thursday   |

All night classes will test the last night of class during the week of May 2, 3, & 4, 1995.

All classes not meeting at the specific times noted will test on Tuesday, May 2, 1995, from 2:30 pm to 4:00 pm.

Graduation at PRESCHOOL  
April 20, 1995 at 12:30 pm

Week of Young Child  
April 24, 28, 1995  
Preschool and Nursery will be having  
activities going on each day.

24th Powwow - Gym  
6 to 10 pm  
Honoring Nursery and  
Preschool children

28th OPEN HOUSE  
Everyone Welcome to Drop on By

## SUMMER SESSION 1995

| Call No. | Dept. & No. | Course Title                   | Instructor          | Credit | Place, Time & Day               |
|----------|-------------|--------------------------------|---------------------|--------|---------------------------------|
| 14025-0  | NUR 204     | Basic Concepts in Nursing/Lab  | Linda Edin/Ann Heid | 5      | Ed 210, 9-12, MT & 8-12 Noon WR |
| 14080-0  | NUR 240     | Pharmacology                   | Linda Edin/Ann Heid | 3      | Ed 210, 1-3 pm, M & 1-2:30 pm W |
| 9100-0   | CHM 107     | Intro to Organic & Biochem/Lab | Liz Miller          | 4      | 9:00 am - 1:00 pm, MTWRF        |
| 11160-0  | OT 211      | Desktop Publishing             | LouAnn Gunderson    | 3      | Ed 219A, 9-12 Noon, MW          |
| 11030-0  | OT 103      | Keyboarding III                | LouAnn Gunderson    | 2      | Ed 219A, 9-12 Noon TR           |
| 11040-0  | OT 104      | Beginning Accounting           | Lynn Ketterling     | 3      | Ed 220 A, 9-12 Noon MW          |
| 11045-0  | OT 106      | Automated Accounting I         | Lynn Ketterling     | 3      | Ed 219B, 9-12 Noon, TR          |
| 5080-0   | ECE 191     | Spec. Topics: Phy. Fit Child   | Nina Martin         | 1      | TBA                             |
| 5140-0   | ECE 261     | Program Administration         | Nina Martin         | 3      | Sak Hall, 9-11 am, MTWR         |
| 5130-0   | ECE 252     | Early Childhood Practicum II   | Nina Martin         | 2      | Sak Hall, 8 M                   |
| 5120-0   | ECE 251     | Early Childhood Practicum I    | Nina Martin         | 2      | Sak Hall, 8 M                   |
| 11145-0  | OT 209      | Advanced Word Processing       | Sheri Baker         | 3      | Ed 219A, 1-4 pm, TR             |
| 11170-0  | OT 215      | Spreadsheet Applications       | Sheri Baker         | 3      | Ed 219A, 1-4 pm, MW             |





## MY TEN COMMANDMENTS

Thou shalt not worry, for worry is the most unproductive of all human activities.

Thou shalt not be fearful, for most of the things we fear never come to pass.

Thou shalt not cross bridges before you get to them, for no one yet has succeeded in accomplishing this.

Thou shalt face each problem as it comes. You can handle only one at a time anyway.

Thou shalt not take problems to bed with you for they make very poor bedfellows.

Thou shalt not borrow other people's problems. They can take better care of them than you can.

Thou shalt not try to relive yesterday for good or ill - it is gone. Concentrate on what is happening in your life today.

Thou shalt count thy blessings, never overlooking the small ones, for a lot of small blessings add up to a big one.

Thou shalt be a good listener, for only when you listen do you hear ideas different from your own. It's very hard to learn something new when you're talking.

Thou shalt not be become bogged down by frustration, for 90 percent of it is rooted in self-pity and it will only interfere with positive action.

## Student Health

NOTE: If your child is in need of an up-date on his/her immunizations, the Student Health Center will give vaccinations any time during office hours (Monday - Friday 8:00 am - 5:00 pm). Please bring along your copy of the immunization record. The parent or guardian must be present at the time of vaccination.

National Infant Immunization Week  
April 24-28, 1995

Vaccination is the best way to protect against many childhood diseases. Because most children get the vaccinations, there are now many fewer cases of these diseases. There would be more many more cases if we stopped vaccinating children.

### MEASLES, MUMPS & RUBELLA (MMR)

Measles, mumps and rubella are serious diseases. They spread when germs pass from an infected person to the nose or throat of others.

Measles causes: rash cough and fever. It can lead to: ear infection, pneumonia, diarrhea, seizures, brain damage and even death.

Mumps causes: fever, headache, swollen glands under the jaw. It can lead to: hearing loss, meningitis (infection of brain and spinal cord coverings), males can have painful, swollen testicles.

Rubella causes: rash, mild fever, swollen glands, arthritis (mostly in women). Pregnant women can lost their babies. Babies can be born with birth defects such as: deafness, blindness, heart disease, brain damage, and other serious problems.

Most children should have a total of (2) MMR vaccine. They should have MMR at: 12-15 months of age and at 4-6 years of age or before middle school or junior high school.

### POLIO (OPV)

Polio is a serious disease. It spreads when germs pass from an infected person to the mouths of others. Polio can: paralyze a person and also cause death.

Most children should have a total of (4) OPV vaccines. They should have OPV at: 2 months of age, 4 months of age, 6-18 months of age, and 4-6 years of age. Other vaccines may be given at the same time as OPV.

### HAEMOPHILUS INFLUENZAE TYPE B DISEASE (HIB)

Haemophilus b is a bacterium which can cause serious disease, especially in children under 5 years of age. Haemophilus b can cause: meningitis, pneumonia and infections of other body system such as blood, joints, bone, soft tissue under the skin, throat, and the covering of the heart.

Most children should have a total of (4) HIB vaccines. They should have the HIB at: 2 months of age, 4 months of age, 6 months of age, and 12-18 months of age.

### DIPHTHERIA, TETANUS, AND PERTUSSIS (DTP)

Pertussis, sometimes called whooping cough, may be a mild or serious disease. It is very easily passed from one person to another. Pertussis can cause spells of coughing and choking that make it hard to eat, drink, and breathe. Pertussis can cause: pneumonia, convulsions and brain problems that may last through life.

Diphtheria is a very serious disease. It can make a person unable to breathe, cause paralysis, or heart failure.

Tetanus, sometimes called lockjaw is a very serious disease that can occur after a cut or wound lets the germ into the body. Tetanus makes a person unable to open his or her mouth or swallow, and may cause serious muscle spasms.

Most children have (5) DTP vaccines and a booster Td every ten years thereafter. The series begins at the age of 2 months, 2nd shot at 4 months, 3rd at 6 months, 4th at 12-18 months, and 5th at 4-6 years of age. (Every ten years thereafter the person should receive a Td).

### HEPATITIS B (HBV)

Hepatitis B, a serious disease of the liver, is caused by hepatitis B virus (HBV). HBV infects and damages the liver. The disease can lead to severe illness, liver failure, liver cancer and even death.

Most children will receive the HBV vaccine at: birth-2 months of age, 2-4 months of age, 6-18 months of age.

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## Maxon Brings Home the Silver

AIHEC ORATORY CONTEST - 114 students compete - UTTC has three. Event - Oral Interpretation - 34 entries - Juanita Maxon. Juanita "wows" the judges with her interpretation of the "The Button", a serious dramatic piece about a woman in prison whose sanity is linked to a small white button; Juanita goes into overtime...disqualified...coach calls a timeout. Were the rules explained to the players? Were the time cards visible? Officials decide she can step up to the line once more. SLAM DUNK...into the finals!

EVENTS - Oral Interpretation finals--Juanita once more steps to the line-perfect shot! One judge sees it as too dramatic-too much acting-silver medal-a super finish for a gifted speaker.

EVENT - Persuasive speech-David Jackson-"Are you God?", a dynamic presentation against the death penalty-he's all over the court-he's up and..into the finals! Tough category, lots of talent on this court, but David finishes fourth!

EVENT - Informative speech-Duane Uses Arrow-"Navajo Code Talkers, WWII...a perfect topic...a super presentation...overtime...no negotiations possible on this one.

UTTC can be proud of Juanita, David and Duane who represented our school in such a positive manner. Congratulations to all of you! Thanks to UTTC faculty and staff who supported our students by attending those events! Bev Huber, English instructor, was selected as one of three head judges for the contest...a tough job...long days...many, many talented and dynamic students...an honor to work with the students and Ginny Gelineau from Fond du Lac Tribal and Community College.

Watch For  
"MIRRORS AND MOCCASINS"  
Fall 1995

**FOUND: Small coin purse  
outside Education Building.  
Must identify purse  
and contents.  
Call Bev at 294**

Next deadline for news for the  
Weekly Newsletter is  
April 26, 1995  
please follow the deadline.  
Send all articles to Wanda at  
Arrow Graphics

