



W UNITED TRIBES TECHNICAL COLLEGE WEEKLY NEWSLETTE R

VOL.4 NO.5

October 23, 1995

Weekly Menu

Oct. 23 to Oct. 27

DINNER

- Mon- Goulash, Vegetable, Dinner Bun, Salad Bar, Assorted Fruit, Assorted Vegetable Tray, 2% Milk
- Tue- Bean Soup, Ham Sandwich on a Bun, Salad Bar, Assorted Fresh Fruit, Assorted Vegetable Tray, 2% Milk
- Wed -Roast Beef and Mashed Potatoes, Natural Gravy, Vegetable, Salad Bar, Dinner Roll, Assorted Fresh Fruit
- Thr - German Style Sausage and Beans or Kraut, Salad Bar, Dinner Bun, Dessert, 2% Milk
- Fri - Fishwich and Chips, Tartar Sauce, Lettuce, Cheese, Tomatoes, Dessert, 2% Milk

Oct 23

- Mon- Spaghetti with Meat Sauce, Garlic Toast, Salad Bar, Assorted Fresh Fruit, Assorted Vegetable Tray, 2% Milk

SUPPER

- Mon - Hamburger on a Bun, French Fries or Potato Chips, Soup, Salad Bar, Brownies, 2% Milk
- Tue - Pork Chops, Rice, Vegetable, Salad Bar, Dessert, 2% Milk
- Wed - Swedish Meatballs over Noodles, Vegetable, Salad Bar, Dessert, 2% Milk
- Thr - Grilled Steak, Baked Potato, Garlic Toast, Tossed Salad, Fresh Fruit, 2% Milk
- Fri - Lasagna, Garlic Toast, Vegetable, Salad Bar, Dessert, 2% Milk

Oct 23

- Mon- Baked Ham, Au-Gratin Potatoes, Vegetable, Salad Bar, 2% Milk

Nursing Student Association Moving Along

submitted by Sister Kathryn Zimmer, Director, AASPN Program

The Nursing Student Association is holding regular meetings and has updated its officers. Pierre Berger continues as chairperson; and Deb Sperle, as Secretary. Teresa Driver was selected Treasurer and Vickie Platero, Vice-President. Anne Heid was invited to serve as the Association Advisor.

The Association will be holding a regular bake sale on Friday, October 27 - 10:00 a.m. - 2:00 p.m. in the lobby of the Education Building. On November 22 there will be a pie sale.

Jackets can be ordered on October 27 and on November 3. See Officers for details.

The Association was recently awarded \$50.00 from the student senate with the condition that they submit their bylaws and mission statement to the student senate.

The Association has initiated having a newsletter. All nursing students are invited to become members of the Association and/or serve on committees. The next meeting is scheduled for Tuesday, November 14 at 12:00 noon, in Room 201 of the Education Building.

*Learning Center Evening Hours
for the week of October 23-27*

Monday, October 23: 6 - 9 p.m.

(Math help available)

Tuesday, October 24: 7 - 9 p.m.

Wednesday, October 25: 6 - 9 p.m.

(Math help available)

Thursday, October 26: 6 - 9 p.m.



Chemical Health Center

Bettering My Education at UTTC

by Justine Parkhurst

First of all, I want to thank Arrow Graphics for giving me this opportunity to write an article for the UTTC Newsletter.

I am a former student of UTTC. I graduated from United Tribes Technical College on May 5, 1995. I received an Associates of Applied Science degree in Office Technology. Since then, I have had the opportunity to attend an internship program at the American University in Wash., DC. It was a very good experience. At present, I am employed with the Chemical Health Center on UTTC campus. I am proud to announce that the CHC is a vital asset to UTTC students and staff.

Today, I am writing about **EDUCATION**. My education, your education. Why? Because I think it is very important to all of us and the future generations.

I want to commend the staff of every department on this campus. You are the people who make this college for what it is. The United Tribes Technical College is a unique college. Where else can you find a place that will furnish their students with an excellent education, a place to live on campus, childcare, transportation, maintenance, terrific instructors, tutors, counselors, recreation, medical and many other advantages to help better yourself.

With this, I would like to say, please encourage your friends and relatives that are interested in bettering their education, that is all here. Again, Pi da ma ya (thank you).

Student Health Center

SHIGELLOSIS

WHAT IS SHIGELLOSIS? Shigellosis is a bacterial infection affecting the intestinal tract. Most cases are seen in the summer and early fall and occur as single cases or outbreaks.

WHO GETS SHIGELLOSIS? Anyone can get shigellosis but it is recognized more often in young children. Those who may be at greater risk include children in day care centers.

HOW ARE SHIGELLA SPREAD? Shigella are found in the intestinal tract of infected people who in turn may contaminate food or water. The Bacteria are spread by eating or drinking contaminated food or water or by direct or indirect contact with fecal material from an infected person.

WHAT ARE THE SYMPTOMS? People exposed to Shigella may experience mild or severe diarrhea, often with fever and traces of blood or mucous in the stool. Some infected people may not show any symptoms.

HOW SOON TO SYMPTOMS APPEAR? The symptoms may appear one to seven days after exposure but usually within one to three days.

WHEN AND FOR HOW LONG IS A PERSON ABLE TO SPREAD SHIGELLOSIS? Shigella can be spread for as long as the organism can be isolated from a person's stool. Most people pass Shigella in their feces (stool) for one to two weeks. Certain antibiotic can shorten the carrier phase.

SHOULD INFECTED PEOPLE BE ISOLATED OR EXCLUDED FROM SCHOOL OR WORK? Since the bacteria is passed in the feces of an infected person, people with active diarrhea or those who are unable to control their bowel habits should be isolated. Food handlers, children or staff in day cares and health care workers must obtain approval (this includes 2 negative stool cultures) of the local or state health department before returning to their routine activities.

HOW IS SHIGELLA TREATED? Most people with shigellosis will recover on their own. Some may require fluids to prevent dehydration. Antibiotics are occasionally used to treat severe cases or to shorten the carrier phase which may be important for children in day care.

WHAT CAN BE DONE TO PREVENT THE SPREAD OF SHIGELLOSIS? Since the bacteria are passed in the feces, the single most important prevention activity is careful hand washing with soap after using the toilet.

NOTICE: The Student Health Center will no longer examine a child without the parent present. If for some reason a child should become ill, the parent must accompany the child to the Student Health Center before an examination can be performed. **ONLY** in emergency situations will the Student Health Center examine a child without the parent present.

HALLOWEEN SAFETY TIPS

To make sure your Halloween is safer, follow these simple safety tips.

1. Go out for tricks and treats between the hours of 5 - 7 pm
2. Travel in groups, never alone.
3. Wear bright-colored clothing.
4. Use reflectors & flashlights.
5. Go only to the house using porch lights or pumpkin lanterns.
6. Give a Halloween party.
7. Check with community center, YMCA, Mall merchants, etc. about Halloween parties.
8. Do not eat any of your treats until they have been inspected by an adult.
9. Do not eat open candy.
10. Dress for the weather.
11. Use crosswalks & corners for crossing streets.
12. Do not cut across yards. Use sidewalks.
13. Read signs posted on gates, i.e.: Beware of Dogs
14. Keep noise levels down.
15. When you return home, let someone know.

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FLU SHOTS:

Native American staff & students who wish to obtain a flu shot from the Ft. Yates Public Health Clinic should notify the Student Health Center staff before October 31. A bus or van (depending on how many sign up) will transport those who are interested on November 2, 1995. The bus will leave at approximately 9:00 am. Those staff & students who wish to go should make necessary arrangements with their supervisors or class instructors in advance.

For those who wish to get a flu shot but do not qualify for services at Ft. Yates, the Burleigh County - City Nursing office is offering the shot for a fee of \$8.00 by appointment only. The address is 221 N. 5th Street, Bismarck, ND. Phone number: 222-6525.

NOTE: It is recommended that those persons who have a chronic illness such as asthma or diabetes get the flu shot.

Parents:

If you received a letter recommending that your child should have a dental or an eye appointment and have not scheduled an appointment, please see the Student Health Center.

Medals fail to tell hero's whole story

His name was Pepito Gegimbal, and he'd known Percy Good Eagle for more than a year on the day he died.

He was a good friend-a good friend at a time when Percy didn't make them. In Vietnam, friends weren't worth the hurt.

But Pepito was different.

They'd been through infantry training together and had come over on the same flight. As a Filipino, Pepito knew the kind of discrimination Percy, an Indian, had faced--and they often faced it together.

They'd served in the same unit all the way through that day -- Pepito as a point man and Percy in the rear with the guns.

Pepito lost his life within a few seconds that day, in one of their first battles together.

Percy still remembers closing Pepito's eyes as he passed his body.

Percy would later knock out two machine gun nests that day, before helping take out an entire unit a Viet Cong. Pepito was the only one from his unit to die.

"We pretty much slaughtered them," Percy says now, quietly, sitting in a classroom at the United Tribes Technical College. Wearing just a plain white T-shirt and blue jeans, his hulking frame hides a soft, introspective voice. "We really piled them

It was Oct. 2, 1966, and it was the day on which Percy Good Eagle got his first bronze star.

He has three of them now for his heroics in Vietnam. For going beyond the call of duty, for showing courage under fire and for saving more than a dozen lives.

He just got them last month, 27 years after he earned them.

And each of them came with a price, beginning with Pepito.

At first glance, you'd be hard-pressed to guess Percy Good Eagle spend five tours in Vietnam.

He's got a quiet demeanor about him, and despite his thick, towering stance, he's so reserved that you'd probably miss him in an empty room.

He talks in generalities, with his low tone; he doesn't like to get personal.

That's just one remnant from the war.

The military life was never much of a question for Percy. Born and raised in Little Eagle, S.D., he understood it was more than just his duty to become a soldier, it was a family tradition.

His grandfather had served in both world wars; his father also had been a soldier. The day Percy dropped out of high school in 1966 his choice was made,

He'd always wanted to jump out of airplanes, so that's what he signed up to do. He didn't even know there was a war going on.

Of course, at that point, no one did.

His tour began in Vietnam's central highlands, at a place called An Khe. Within two weeks of arriving in country, he was going into a hot landing zone on his first mission.

The memories are as clear as the day they were made: the thick, hot jungle. The pouring rain.

The death.

"I was humping the hills, looking for Charlie," he says with a slow pause, "Hunting. That's what they called 'Search and Destroy.'"

It was less than three months into his first tour that Pepito was killed. A tour that lasted 98 days for Percy.

By winter, six months into his tour, Percy was surviving on instinct. And eight days before Christmas, 1966, that instinct earned him his second bronze star.

His platoon had been called to assist a company pinned in some hedge rows in the central part of the country. Within seconds of Percy's arrival, the platoon's main machine gunner was wounded in the middle of the field.

His life was on the line, and Percy knew it. He would carry the gunner and nearly 20 other wounded out that day, one by one, all unassisted. And that night, when the battle was over, he went out to the field again to do a final sweep.

"I didn't know any of them," he says. "But they was laying out there and they were hurt. I wouldn't want to be left, so I didn't want to see anyone else left out there either."

He escaped that battle, like so many others, unscathed.

He want's always that lucky. Three months into 1967, on his second tour, he nearly lost his leg. He took a bullet just above his left knee, inches away from the femoral artery.



He was assaulting a hill at the time.

"I almost made it.."He flashes a quick, short grin. "All I know is I looked down and my pants were smoking. Then blood started squirting out everywhere. It was just squirting out with my heart-beat."

Heavy fire prevented a medivac, so Percy had to crawl more than 50 yards back to safety. He spent four days in the hospital before rejoining his unit.

By the fall of '68, he'd managed to finally make it home. After two tours and a third stint during the Tet offensive, he'd survived. His time was up, and he was set to be discharged.

And then he re-enlisted.

"I wanted to go back over," he says, a hint of pride rising in his voice. "I liked to way things were going over there for me. I felt like I was actually accomplishing something, even if I was just saving a life."

He hooked up with different units over the next two years as an infantry machine gunner before joining an Army reconnaissance team in November of 1970.

It was midway through that month in which he earned his third bronze star -- not to mention his second purple heart.

It was an early morning patrol with his unit, when shortly after sunrise their point man spotted two Viet Cong. The recon team followed them for nearly 1,000 meters before the firefight broke out.

With machine gun in hand, Percy began laying down a base of protective gunfire for his team tat lasted nearly 20 minutes.

And then the Cong found him -- with a hand grenade.

There was hardly any blood; the shrapnel that entered Percy's back was so hot that it seared the wounds shut right. He needed attention, but with his team down nearly 10 men, there wasn't the manpower to medivac.

So he stayed and fought. For two more hours.

He still carries chunks of that shrapnel in his back today.

Percy was the only man of the unit to make it out of Vietnam. Though they'd all survive that battle, Percy was granted a week of R & R shortly thereafter.

His entire unit was killed while he was gone.

The war is hardly over for Percy Good Eagle. Discharged in 1972 as the war began to wind down, he's spent most of his life since drifting between law enforcement work. He's studying at United Tribes to possibly become a parole officer. He graduates in less than three months.

His medals, he knew he'd earned them, but they were quickly lost over time.

It was only in a passing conversation with a veteran counselor earlier this year that brought them back home.

That was when, less than a month ago, his medals all arrived.

Three bronze stars. Two air medals. Two purple hearts. Various citations for his campaigns.

He holds them now, proudly, though there's few with whom he can share his pride.

Percy has yet to see "The Wall."

He was in Washington in 1979 when it was dedicated to those who served in Vietnam. But he couldn't bring himself to witness the dedication firsthand.

He sat in his hotel room overlooking the dedication, alternating between bottles of vodka and beer as he began to recognize the names.

"I might see it one of these days, but not any time soon," he says, quietly. "I know it's there."

Any though he doesn't miss Vietnam, he's still proud -- and glad -- that he was able to serve.

"Who knows," he says. "Maybe I helped someone stay alive; you never know. Who knows? Maybe they made a difference."


Percy is in the Criminal Justice Program which has a immense foundation for students going into law enforcement to work in the fields of police officer, security officer, investigator, probation and parole officer, and tribal police officer. It also prepares them for higher education if they so choose to go on to a four year college. We, the staff, faculty and students at United Tribes would like to let Percy know how proud we are of him for the contributions and sacrifices he has made for his country and people.

Thanks to the following people who donated for the carnival:

- Anne Kuyper
- Mikiel Ottmar
- Katy Aller
- Frank Eagle
- Wanda Walker

UTTC All Faith Chapel Schedule

- Sunday, 10:00 am Catholic Mass
Fr. Julian Nix and Fr. Victor Feser
- 12:00 Noon Sunday School Assembly of God
- 1:00 pm Assembly of God Services
Rodney LaVallie
- 4:00 pm Episcopal Services
Fr. Bruce Caldwell
"Pot Luck First Sunday of each month"
- Tuesday & Thursday, 7:00 pm Assembly of God
Bible Study and Prayer Services



Homecoming Results:

You may pick up your gift certificates at the library.

Dress-up Results:

"Opposite Sex Day": No winners

"Nike Day" winners is Glenda Rush

"Wild Hair Day" Winner's: Dave Jackson, Ronnette Kinkie

"Toga Day" Winner: No winners

Homecoming King & Queen:

Janel and Bernard Strikes Enemy

Homecoming Parade Winners:

1st Place: Criminal Justice & Food Dept.

2nd Place: Automotive Dept.

3rd Place: Early Childhood

Standing Rock victories over T-Birds: 19 - 12

Good game guys!

Creative Caricatures by "Miles"

Standard Size: 11" x 14"

1 Person - \$10.00

For each additional person added to drawing, an additional \$5.00 will be charged per person.

(No more than 4 people per drawing.)

Since all caricatures are hand-drawn, time is a factor - so please schedule your sitting with Miles A.S.A.P.

Friday, October 27, 1995

During Halloween Masquerade Powwow/Carnival

Proceeds go to UTTC Cultural Arts Programs