

VOL.4 NO.6

Weekly Menu

Oct. 30 to Nov. 3

DINNER

- Mon-Spaghetti with Meat Sauce, Garlic Toast, Salad Bar, Assorted Fresh Fruit, Assorted Vegetable Tray, 2% Milk
- Tue- SEE NEXT PAGE!!!
- Wed Oven Baked Chicken, Rice, Vegetable, Salad Bar, Assorted Fresh Fruit, 2% Milk
- Thr Hamburger on a Bun, French Fries, Salad Bar/Fresh Fruit, 2% Milk
- Fri Old Fashioned Tomato Soup, Grilled Cheese, Potato Chips, Salad Bar, Assorted Fresh Fruit, Assorted Vegetable Tray, 2% Milk

Nov. 6

Mon-Poor Boy Sandwich with Turkey and Ham, Potato Chips, Potato Salad, Assorted Fresh Fruit, 2% Milk

SUPPER

- Mon Baked Ham, Au-Gratin Potatoes, Vegetable, Salad Bar, 2% Milk
- Tue New England Dinner, Boiled Potatoes, Boiled Vegetable, Salad Bar, Dessert, 2% Milk
- Wed Salisbury Steak, Hashbrowns, Salad Bar, Dessert, 2% Milk
- Thr Shish-ka-Bob Casserole, Wild Rice, Salad Bar, Dessert, 2% Milk
- Fri Fish Platter, Oven Baked Potato Wedges, Salad Bar, Dessert, 2% Milk

Nov. 6

Mon-Braised Beef over Noodles, Vegetable, Salad, Fresh Fruit, 2% Milk



Thunderbirds Defeat Alumni

On October 26, 1995 the annual Thunderbirds vs the UTTC alumni game was held at the James Henry Memorial Building. The game began with an upbeat tempo as the former Thunderbirds jumped out to a huge 20 point lead at the half. United Tribes rallied in the second half to tie the game by the end of regulation which sent the game into overtime. In the overtime where the Thunderbirds tried to play keep away but the alumni's experience kept them within striking distance as the long range bombs of Val Finley and Perry White Owl and the consistent scoring of Phil Bird Horse were a threat throughout the contest. Patience paid off as the Thunderbirds were able to get easy baskets and seal the victory as Darryl Red Eagles last second 3 point attempt fell short, the final score was 111-113.

"The alumni team is a very talented bunch of basketball players" stated first year head coach Kevin Finley, "anytime you play a team where the players have enjoyed the success as these guys have it isn't going to be a cake walk" "The alumni has won this game for the past 9 years and to beat the guys I played here and felt great!! But the Thunderbirds are for real this year. "Our front line is 6", 6'6" and 6'4" and Joe Sazue is very talented, "sometimes I catch myself just watching Joe create more than coach him, the guy can flat out play!" "Geno is good now but once he gets his footwork down and a few games under his belt he is going to take his game to the next level, I expect big things from these two".

"Our whole team shows alot of promise, we have speed, height and bench depth, once our guys understand their roles on this team and accept them we are going to create problems for other teams". But, the eligibility bug has been a concern as of late, "you cannot play basketball if you are ineligible, and if you are going to play on my team, the game begins in the classroom". "Even if my players never play beyond here 1 want them to have some sort of education to show for their time here as a Thunderbird, because some will have families and without an education they will struggle taking care of their families as well as themselves and that's where the real problems set in. continued on next page.

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"On behalf of the team I would like to thank all of the students and staff who showed up and supported the team, you are a very important part of our team, we need all of the support we can get", also, a big thank you goes out to Mr. Dave Gipp and Mr. Bennett Yellow Bird for their attendance, other staff and administrators may not know this but their support is just as crucial to our success as anything else. The Thunderbirds open their season in Miles City Montana November 2, 3 and 4, 1995. The first home fame is the Thunderbird Classic November 16, 17 and 18, 1995.

Ghost En

ADMISSIONS

Kevin Thompson, Admissions Representative from Dickinson State University will have a information table set up at the Skill Center Exhibit Area on Wednesday, November 8, at 8:30 am. Please stop by.

Halloween Visitors

Once again its that time of the year! The Theodore Jamerson Elementary School Students may be making a visit to your area on Tuesday, October 31, 1995. You can expect the Goblins, Witches and other scary creatures any time after 1:30 p.m. We presently have 109 students enrolled at TJES.

If you have any questions please feel free to call me at ext. 305

AASPN Faculty attend meeting

submitted by AASPN Director, Sister Kathryn Zimmer

Anne Heid, Sherry Messmer and Liz Miller, have taken advantage of a 15 hour workshop, "Developing Components of a Competency-Based Education Unit of Instruction." This was sponsored by the State Board for Vocational and Technical Education and held at the Radisson Inn on Friday and Saturday, October 27-28. The workshop aimed at helping participants become proficient in writing performance objectives.

On October 25 Sister Kathryn Zimmer, AASPN Program Director, participated in a LINC (Ladders in Nursing Careers) Advisory Board Meeting held at the Bismarck-based North Dakota Hospital association Meeting Rooms. LINC is a funded project, largely through the Robert Wood Johnson Foundation, that assists health care workers in rural areas upgrade of the program and is now in her second year of study in the UTTC Nursing Program

Chemical Health Center

Cindy age 7

Don't' drink alcohol. If you do you will get drunk or sick. It goes through your blood stream. Alcohol is bear, wine, baby duck, and whiskey. Don't drink too much or else you will die. Our neighbor drinks everyday till night and when he is drunk he talks to a pole at the end of the street. I don't know what to do with our neighbor. He will never stop drinking alcohol. Maybe I could go to our neighbor's house and tell him not to drink anymore or else I could go to the bar and stop him when I am big. I know why people like to get drunk. It's because they try it and then they like it and then they like getting drunk.

Written by an Indian child of British Columbia, CAN.

AL-ANON MEETING EVERY WEDNESDAY AT 4:00 P.M. CHEMICAL HEALTH CENTER, BDG. 68

Thank You Note

Thank you to the individuals who donated/pledged to the Muscular Dystrophy Association jail for bail Luck-up held at Gateway Mall. Participating "cell mates" helped generate pledges of \$8,000. All proceeds will be used to help MDA'S local patient service programs, and to find cures for some 40 neuromuscular diseases.

Thank you again for your generosity and support of the Muscular Dystrophy Association.

Ann Kraft

* LEARNING CENTER EVENING HOURS * for the week of October 30 - November 2

> Monday, October 30: 7-9 p.m. Wednesday, November: 6-9 p.m. Thursday, November 2: 6-9 p.m.

KITTENS FOR SALE!

Out of good natured cats. Healthy, happy and kid handled. Calico - \$5.00 Tigar Spotted - \$4.00 Orange Tabby - \$3.00 Gray Tiger - \$2.00 Orange Spotted - \$1.00 Call Rebecca or Desiree Schneider at 673-3465 or talk to their dad, Paul Schneider at UTTC.

Appreciation

The Powwow Committee would like to thank all staff and students who participated in the Halloween Carnival/Masquerade Powwow which was held on Oct. 27, 1995

Our extended appreciation to those departments who donated cash, pop and other items for the different booths to make this event a success.

Without the help of each and everyone of you, we could not have done this.

A special thank you to the Recreation Department for letting us combine our event with the Masquerade Powwow.

And...A formal apology to Suzanne Cadotte and Charlen Gjermundson for putting up with the inconvenience of the Egg Throw. Your patience and good heartedness was appreciated.

> News for the next Weekly Newsletter is due by: November 3