



Date: December 8, 1986

UTETC

staff/student

NEWSLETTER

Cafeteria Noon Menu:

Dates: Dec. 8 to Dec. 12

- Mon.- Goulosh
- Tues.- Liver & Onions
- Wed.- Indian stew w/fried bread
- Thurs.- German style sausage
- Fri.- Chicken Casserole or Grilled cheese

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- ★ FOR SALE: 3 - 8 x 10 sheds and 1 - 6 x 8 shed. For more info contact Building Trades.
- ★ FOR SALE: A girls pair of roller skates and a pair of figure skates. Contact Val at ext. 304 for size and price.
- ★ CATHOLIC MASS: every Sunday at 10:00 a.m. in the UTETC Chapel, everyone is welcome to attend.
- ★ INDIAN BIBLE STUDY: at 7:30 p.m. every Sunday night in building 61 here at UTETC, sponsored by the "ALL NATIONS BAPTIST CHURCH. For more info call ext. 279 or 222-2528.
- ★ STAFF & STUDENTS: the Graphic Arts/Printing Department is selling Christmas cards for .10¢ and .15¢ a piece. They can be picked up next door to the mailroom.
- ★ ATTENTION STUDENTS: I am always available to take individual or group pictures for holidays, graduation, and other special occasions. Pictures can be of children or adults. They are taken in my classroom area. The finished pictures are 35 mm, colored glossy or "silk" finish, and in various sizes. Prices are as follow:
 - 4" x 6" .60¢, in folder \$1.50
 - 5" x 7" \$3.50, in folder \$4.50
 - 8" x 10" \$6.50, in folder \$8.00
 All enlargements must be paid for in advance, Thank you, Mary Lemcke.
- ★ ATTENTION STAFF: a reminder that it is time to sponsor the TJ elementary students for Christmas, gifts will be needed by December 17, for more info contact Letitia Stewart at the switchboard.
- ★ On Thursday evening, December 11, at 7:00 p.m., the movie "The Honour of All" will be shown at the Chemical Health Center, in building 68. The movie recreates the story of the Alkali Lake Band from the introduction of alcohol on the reserve, to a time when the band was 100% drunk, to the present, when they are 95% sober.

The showing is sponsored by the Thunderbird A.A. group. All are welcome to attend this special open meeting. Refreshments will be served.

Regular closed meetings of the Thunderbird A.A. group meet on Thursdays, at 8:00 p.m. Closed A.A. meetings are for any individual with a desire to stop drinking.
- ★ ANNOUNCEMENT: The Chemical Health Center is offering new services to students and staff this quarter.

A ten week outpatient support program is available to anyone who is interested, which will include specific small groups for recovering people, family members, staff and anyone desiring to remain abstinent from mood altering chemicals. Anyone interested, students or staff, should contact a counselor at C.M.C.

Aftercare services are also available to recovering students who have attended treatment and wish to participate in a continued chemical health program.

This Newsletter is published weekly on (Monday's) for UTETC Staff and Students only. If you have any items of interest, send or call in your article by Friday at 5:00 of each week. Office of Public Information (OPI) Extension 293. Ask for Lynn.

★ NOTICE!! NOTICE!! The following Theodore Jamerson Elementary students have made the list of PERFECT ATTENDANCE for November.

STUDENT	GRADE
Stefani Desjarlais	Kindergarten
Christopher Ramsey	Kindergarten
Brandy Red Bear	Kindergarten
Carolina Deschamp	1st Grade
Julian Little Eagle	3rd Grade
Arthur Feather	3rd Grade
Jody Eller	4th Grade
Tracey Little Light	4th Grade
Chastity Montoya	4th Grade
Laurel Driver	5th Grade
Melanie Standing Bear	5th Grade
Steven Redbow	6th Grade
Greg Feather	6th Grade
Clyde Standing Bear	6th Grade
Earl Cree	6th Grade
Tanya Little Light	8th Grade

Once again keep up the excellent work and a THANKS to all TJ Parents!!!!

★ SMOKE SIGNALS FROM THE RECREATION DEPARTMENT! ! !

- Believe it or not. The jackets have arrived. Students and staff wanting one will have to pay the \$30.00 first. No I.O.U.'s. Jackets would be ready a few days after the case is received.
These are the black with red trim which has United Tribes and two feathers as the emblem.
- Aerobics is still going on! Might as well limber up and go for a good workout, can't go outside. Every Tuesday and Thursday at 6:30, and Sunday at 3:00.
- Tom Six has an excellent weight lifting routine called 30/30. Using the universal weight machine, a person moves around to the different lifting stations every 30 seconds. Resting for 30 seconds and lifting for 30 seconds. It can be made difficult or as easy as you want, the important thing is that a good workout results from the activity.
If you are interested visit with Tom Six or John T.
- On Thursday, December 18th, we will sponsor a Christmas Bingo for students. We have a lot of prizes for the young, they will make great gifts for younger brothers and sisters, or varmit relatives. We will begin at 7:00 in the evening in the small gym.
We will charge \$1.00 per card. All this money collected will go to the blackout bingo winner (last game). So save at least one buck for this. It should be fun.
- Intramural basketball will soon be starting. Check the rec bulletin board for this and other upcoming activities.
- SPORTS NEWS ! ! ! !
- Current record after the loss to Dawson Community College is 2 wins and 5 losses. Not so good but not bad either. Anybody who has watched the team can see that we are competitive. Or that we are not playing teams which are vastly superior. In fact the general comments are that you could have won if
Providing the team works together, works hard in practice-the mistakes we've made can be corrected and the wins will start to come. The loss to Dawson 89 to 79 could have been won if . . . the mistakes we made weren't there.
Our next game is this weekend at National College and Northwest Wyoming. Then the next home game with Bottineau on December 17th.