



Vol. 8 No. 1  
Date: January 5, 1987

**UTETC**  
*staff/student*  
**NEWSLETTER**

**Cafeteria Noon Menu:**

Dates: January 5 to January 9

Mon.- Chicken salad on a bun  
Tues.- Indian Tacos  
Wed.- Hulipsa hot dish  
Thurs.- Pork Cutlets  
Fri.- Scooner shell

Dates: \_\_\_\_\_ to \_\_\_\_\_

Mon.-  
Tues.-  
Wed.-  
Thurs.-  
Fri.-

- \* The Elementary School Board wishes to Thank all staff that sponsored the students of TJ Elementary for Christmas.
- \* HAPPY BIRTHDAY!! Big Bad Bob Bear Hill.
- \* FOR SALE: A 360 motor, transmission 4 speed. 1969 Ford pick up. Call #302 or 223-7499 for more info.
- \* NO WORD has been said about THE INDIAN BIBLE STUDY yet.
- \* ANNOUNCEMENT: The Chemical Health Center is offering new services to students and staff this quarter. A ten week outpatient support program is available to anyone who is interested, which will include specific small groups for recovering people, family members, staff and anyone desiring to remain abstinent from mood altering chemicals. Anyone interested, students or staff, should contact a counselor at CMC. Aftercare services are also available to recovering students who have attended treatment and wish to participate in a continued chemical health program.
- \* MARY LEMCKE's camera is sick, so no picture's will be taken until next week.
- \* THE WEEKLY NEWSLETTER will not be published until (Tuesday's) due to the fact that all announcements are not received by the OPI office until late Monday afternoon. Hopefully this will give you all enough time needed to get your information into my office.

SPORTS NEWS ! ! ! !

The Thunderbirds lost two games in the Brainerd Community College tournament on December 19th and 20th. These losses brought the season record to 3 wins and 9 losses.

The next games are scheduled for this week in Nebraska. Opponents will be Northeast Tech, Nebraska Western, and Otero, Colorado. Next home game will be this coming Monday, January 12th, against Lake Region.

SMOKE SIGNALS FROM THE RECREATION DEPARTMENT! ! !

- \* The girls basketball team will be getting started this week. All those interested in joining up need to visit with John T Hawk regarding all the details.
- \* Aerobics is offered as usual on Tuesdays and Thursdays at 6:30 and on Sundays 3:30. Lets make this part of our new years resolutions to get physically tuned up.
- \* The Christmas program was highly successful. It was a true delight. What a Holiday surprise. Great job to those organizers. Too boot it is on film for those that would like a few more chuckles. See Mary Baker about seeing it.
- \* Basketball Intramurals are to begin shortly for those students liking the thrill of competition. Be sure to sign up with John T if you haven't got a team together yet. All staff interested in going for it sign up with Dave A.
- \* Family games available at the Canteen for these long winter days which are going to be upon us shortly. Just check them out with your ID, get some friends together and spend some time having some good wholesome fun.
- \* We will be exploring the possibilities of having a swimming night for UTETC students. Either at the YMCA or Mary U. So get your nose plugs, ear plugs , and swim fins ready.
- \* Weight Lifting is available at all times for students and staff. We have a universal and free weights for use, also charts to keep your progress.