



UTTC
staff/student

NEWSLETTER

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February 16, 1988

— MENU —

February 16 to February 19

Tues. — Indian Tacos

Wed. — Hotdish or Fish

Thurs. — Pork Cutlets

Fri. — Grilled Cheese

February 22

Mon. — Spagetti & Meat Sauce

TO: All U.T.T.C. Students & Staff
Happy Valentine's Day!

FROM: C.H.C. Staff

TO: You
FROM: God

I gave you the power to think.
I gave you the power to love.
I gave you the power to will.
I gave you the power to laugh.
I gave you the power to imagine.
I gave you the power to create.
I gave you the power to plan.
I gave you the power to speak.
I gave you the power to pray.

Choose to love.....rather than hate.
Choose to laugh.....rather than cry.
Choose to create...rather than destroy.
Choose to persevere...rather than quit.
Choose to praise....rather than gossip.
Choose to heal.....rather than wound.
Choose to give.....rather than withhold.
Choose to act...rather than procrastinate.
Choose to grow.....rather than stagnate.
Choose to pray.....rather than despair.
Choose to live.....rather than die.

USE WISELY, YOUR POWER OF CHOICE.

Remember, then, the four laws of happiness and success.
...count your blessings
...Proclaim your rarity
...go another mile
...use wisely your power of choice.
And one more, to fulfill the other four. Do all things with love....
love for yourself, love for all others, and love for me.

Wipe away your tears. Reach out, grasp my hand
and stand straight.
Let me cut the grave cloths that have bound you.
This day you have been notified:

YOU ARE THE GREATEST MIRACLE IN THE WORLD!

From: Greatest Miracle in the World
By: Og Mandino

CHEMICAL HEALTH CENTER:

The Thunderbird A.A. Group meets every Thursday evening at 8:00 in the Touchstone Lodge Conference Room. They only requirement for membership is a desire to stop drinking.

The Chemical Health Center provides transportation to the Mid-City A.A. meeting which meets Tuesdays at the Bismarck-Mandan Anonymity Society Clubhouse. The car leaves from the Chemical Health Center at 7:45 every Tuesday evening.