

staff/student  
**NEWSLETTER**

VOL.10. NO.7.

DATE: October 7, 1988

THE MAN IN THE GLASS

When you get what you want in your struggle for self  
And the world makes you king for a day,  
Just go to a mirror and look at yourself,  
And see what THAT man has to say.

For it isn't your father or mother or wife  
Whose judgment you must pass;  
The person whose verdict counts most in your life  
Is the one staring back from the glass!

Some people may think you're a straight-shootin' chum  
And call you a wonderful guy;  
But the man in the glass says you're only a bum  
If you can't look him straight in the eye!

He's the fellow to please, never mind all the rest  
For he's with you clear up to the end;  
And you've passed your most dangerous, difficult test  
If the man in the glass is your friend.

You may fool the whole world down the pathway of years  
And get pats on the back as you pass,  
But your final reward will be heartaches and tears  
If you've cheated the man in the glass.

This poem was given to the NEWSLETTER  
for printing by a student of UTTC.

**JUST A REMINDER!!!**

Don't forget that next week,  
from October 10-14, 1988,  
will be UNITED TRIBES  
FALL FESTIVAL and SCHOOL  
SPIRIT WEEK! Faculty,  
Staff, and Students will  
all have the opportunity  
to dress up and be outrageous.  
USE YOUR IMAGINATIONS!!! Let's  
make this a fun week that will  
be long-remembered! The week  
will culminate in Fall Festival  
Friday, October 14th, with the  
PARADE and FLAG FOOTBALL  
GAME!

BE THERE! ALOHA!

FROM THE UTTC CAFETERIA:

BREAKFAST: Served from 7-8 AM  
\$1.50 per person

LUNCH: Served from 12-1:00 NOON  
\$2.00 per person  
\$1.00 per person for SALAD BAR

DINNER: Served from 4-5 PM  
\$2.50 per person

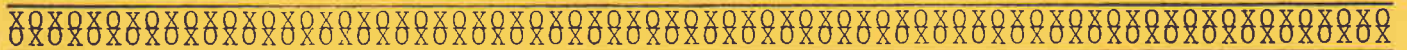
BRUNCH: ON WEEKENDS ONLY from  
10-12 AM  
\$1.50 per person

CAFETERIA NOON MENU:

Dates: Oct. 10 to Oct. 14

MON. Hulipsa Hot Dish  
TUES. New England Dinner  
WED. German Style Sausage & Kraut  
THURS. Meatloaf and Au Gratin Potatoes  
FRI. Chicken Noodle Soup & Sandwiches

NEWS FROM THEODORE JAMERSON ELEMENTARY  
SCHOOL



T.J.E.S. is currently re-igniting the school spirit by creating a school flag, having a cheerleading squad, holding pep rallies, and raising money for the elementary school special projects.

National Indian Heritage Week was celebrated at T.J.E.S. in several ways. There was a raffle for a star quilt. The winner of the star quilt was KATIE KAUFFMAN, daughter of the Kindergarten teacher. The drawing was held on October 4th.

A "Logo" flag contest was also held during National Indian Heritage Week. The winners of the contest were:

- 1st PLACE - VALARIE DECOTEAU, 5th Grade
- 2nd PLACE - JESSICA LAVALLIE, 2nd Grade
- 3rd PLACE - JEREMY RED FOX, 4th Grade

Throughout Indian Heritage Week, the elementary school had many other activities that exhibited the cultural abilities of our own local resource people.

WINNERS:

- JESSICA LAVALLIE
- VALARIE DECOTEAU
- JEREMY RED FOX



CONGRATULATIONS,  
Students! We're  
PROUD of you!!



VICTORIA JOSHUA,  
Cafeteria Cook,  
demonstrating  
the cutting and  
drying of meat



SANDY POITRA, Nursery Supervisor, demonstrating contemporary Indian fashion.



BRIDGET JONES, Curator of Collections, North Dakota Heritage Center, demonstrating traditional Indian beadwork.



REGINA SCHANANDORE, Hidatsa Elder, telling the students about Indian storytelling.

VERY IMPORTANT ANNOUNCEMENTS!

TO ALL PARENTS from THE UTTC STUDENT HEALTH CENTER: The Student Health Center now has the HIV immunization that is recommended for all children up to 5 years of age in Day Care. This is especially important for children who are 2 years of age. This vaccine is strongly recommended by the North Dakota State Health Department.

Please bring your children in for this immunization on any weekday before 4:00 PM.

\*\*\*\*\*  
\*\*\*\*\*

Any students who may be interested in trying out for basketball cheerleading for the UTTC THUNDERBIRDS 1988-1989 Season are invited to come to the meeting MONDAY, OCTOBER 10th, at 8:00 PM in the Gym.

((( )))

The United Tribes College Faculty have selected four people to serve as the Faculty Committee. These four people are: BEV HUBER and BRIAN PALECEK of the Language and Communication Arts Division, KASS HEWSON of the Police Science vocation, and MARSHALL PARISIEN of the Building Trades vocation.

\*\*\*\*\*

The enrollment period for the Group Health, Dental and Vision, will be open to staff until OCTOBER 10th, 1988. Anyone needing information or wanting to make changes in insurance coverage should see VERN by 4:30 PM on MONDAY! You may call Vern at EXT. 221 or go to his office in the Administration Building to see him.

XX

The THUNDERBIRD A.A. Group meets each week on Thursday, 8:00 PM in the Conference Room of TOUCHSTONE LODGE (Building "U" on the Campus Map, formerly the South Men's Dorm). The only requirement for membership is a desire to stop drinking.

The UTTC AL ANON Group meets every Wednesday evening at 7:00 PM at Building 68, the UTTC Chemical Health Center.

+++++

ALL STUDENTS NEEDING THEIR G.E.D. should contact BEV HUBER in the Learning Center of the Education Building, or at EXT. 294 AS SOON AS POSSIBLE!

+++++

This week, the Parenting Course, which meets in the Personal Development area from 4:00 PM - 5:30 PM will be on "Active Parenting, Session II, "Understanding Your Child", and "Behavior and Misbehavior". The class will meet on Oct. 11 and again on Oct. 13.

