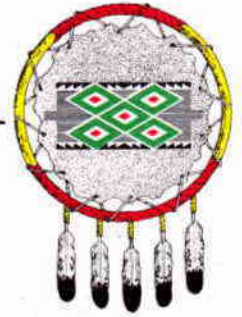


UNITED TRIBES EDUCATIONAL TECHNICAL CENTER
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staff/student
NEWSLETTER

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PROMISE YOURSELF

by Christian D. Larson

Promise yourself.....

- To be so strong that nothing can disturb your peace of mind
- To talk health, happiness and prosperity to every person you meet
- To make all your friends feel that there is something special in them
- To look at the positive side of everything and make your optimism come true
- To give mental energy only to the best
- To be just as enthusiastic about the success of others as you are about your own
- To forget the mistakes of the past and press on to the greater achievements of the future
- To wear a cheerful countenance at all times and give every living creature you meet a kindness
- To give so much time to the improvement of yourself that you have no time to criticize others
- To be too big for worry....
- too noble for anger....
- too strong for fear....
- too happy with who you are to permit negativism in your life.

We all have an obligation to ourselves to make our lives as happy as we can. This means improving the quality of our lives on a daily basis by refusing to embrace cynicism and negativism; after all, our time and what we become are really all about what we have for our very own in this life.....we might as well make our time on the planet as pleasant as we can for ourselves.....this will, then, project out from ourselves to others. Why spend time nurturing the negative? Our TIME is too precious for that. There are some sorrows in life that we cannot avoid....but the joy of living lies within one's own capacity and determination not to nourish the negative. A happy person is not one who has no problems but a person who can place his problems into perspective; life hands us problems....how we perceive them and handle them determines the richness....or emotional poverty.....of our lives. Our spirits are treasure-chests....why fill them with trash? It takes energy to frown....to complain....to bear grudges.... why not expend that energy on trying to smile....to say something positive.... to forget old injuries? We'd all feel better at least in the attempt.

Editor

Cafeteria Noon Menu:

Dates: Oct. 24 to Oct. 28

Mon.- Baked Ham
Tues.- Sloppy Joes on Bun
Wed.- Oven Baked Chicken
Thurs.- Breaded Pork Cutlets
Fri.- Fish Platter

"THUNDERBIRD"



SMOKE SIGNALS FROM
THE UTTC ATHLETICS AND RECREATION
DEPARTMENTS

THE THUNDERBIRDS FLAG FOOTBALL TEAM BEATS STANDING ROCK!

The United Tribes Thunderbirds played the role of spoiler as they shut out the Standing Rock College "Suns" in SRC's Homecoming on October 7, 1988.

The Thunderbirds, using several different players as QB in past games this season, have perhaps found the answer to their QB problems in Dale Hall. In the first quarter, Hall connected on a 60-yard bomb to Keith Blackhair, and Blackhair walked it in for the TD, making the score 7-0 UTTC.

Hall scored in the second period on a quarterback option from the 15-yard line, making the score 14-0 UTTC.

In the third period, Hall connected again, this time to Sid Bailey for a 20-yard scoring pass: score: 21-0, UTTC.

The Standing Rock "Suns" threatened once in the second period, but the UTTC defense tightened and shut down completely, not allowing SRC an opportunity to penetrate the goal line. The final score was UTTC 21 - SRC 0.

To our team we say: CONGRATULATIONS, THUNDERBIRDS! As of this game, UTTC was 7-0, and the next team they met was Oglala Lakota College (the "Bravehearts"), which was 6-0...both teams were undefeated until the UTTC Fall Festival game, which is covered in the article about the Fall Festival.

THE THUNDERBIRDS BASKETBALL TEAM BEGINS PRACTICE

The 1988-1989 United Tribes THUNDERBIRDS Basketball Team will begin practice on Monday, October 24th.

The THUNDERBIRDS will open the season at Bismarck State College for a round robin tournament on November 17, 1988.

With four returning player from last year's state junior college runner-up team and a pretty good recruiting year, the THUNDERBIRDS look to contend for the state title once again.

Articles on UTTC athletic events and recreational activities are written by John Thunderhawk and Ken Hall. Thanks, guys, for your input every week!

Editor



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UTTC FALL FESTIVAL

UTTC had Fall Festival Royalty for their October 14, 1988 annual Fall Festival. Royalty winners were KING- RAY MOORE and QUEEN - CARMEN HALE. CONGRATULATIONS! Float contest winners were as follows:

FIRST PRIZE- MEDICAL RECORDS	39 Points Won
SECOND PRIZE - BUSINESS CLERICAL	38 Points Won
THIRD PRIZE - FOOD SERVICES	36 Points Won

In the 10-K race, Mr. MARSHALL PARISIEN was the first place finisher with a time of 26:28. KEN BROWN placed second with a time of 30:35. ROBIN SMITH finished in third place with a time of 31:40 and in fourth place from OLC was DAVE WHITE FACE, with a time of 32:45.

The dance sponsored by the Student Senate didn't have a packed house, but it still went well. A special thanks to CARMEN HALE and INEZ HERRERRA for taking tickets and chaperoning. The band was "Iron Eagle" from Ft. Yates, North Dakota.

The Fall Festival Flag Football Game was held the afternoon of Oct. 14th. Oglala Lakota College came to UTTC undefeated with a 6-0 season. The UTTC THUNDERBIRDS were 7-0.

During the game, OLC scored first on their first offensive series, stirring the THUNDERBIRDS 7-0 running in the extra point. OLC scored again in the second quarter, making the score 13-0 in favor of the OLC "Bravehearts". They missed the extra point. At this point, the THUNDERBIRDS came alive as Dale Hall hit Vernon Smith for a 50-yard touchdown pass. From this point on, it was all UTTC as Ray Moore scored three touchdowns on the Quarterback Option. The final score was UTTC THUNDERBIRDS 27 - OLC 13.

CONGRATULATIONS to our team for a game well-played!



POOL LEAGUE

All students interested in joining the pool league, please sign up with Don Medicine Horse. the league will start Monday, October 24th, at 6:30 PM Rules and regulations for the league will be issued at this time. Mondays and Thursdays will be Men's League and Wednesdays will be Co-ed or Women's League.

BINGO !

The Recreation Department will have BINGO on Tuesday evenings, beginning November 1, 1988.

JACKETS AVAILABLE

Students and staff interested in the United Tribes Pow Wow jackets must report to the Recreation Department so they can put in an order. The order date will be Wednesday, October 26th.



VERY IMPORTANT ANNOUNCEMENTS!

CONGRATULATIONS ARE IN ORDER TO THE THREE NEW THEODORE JAMERSON SCHOOL BOARD MEMBERS; they are: LETITIA STEWART, JOETTA MCLEOD, and DELORES VEO.

The UTTC Student Senate has decided to postpone the Fall Carnival, originally planned for the end of October, until NOVEMBER. This will give all those students and staff who have expressed interest in participating more time to get ready. The NEWSLETTER will keep everyone posted as to how plans are developing for the Fall Carnival in the weeks to come.

The THEODORE JAMERSON ELEMENTARY SCHOOL will be having a RUMMAGE SALE on Saturday, October 22nd in the Small Gym. The times for the Rummage Sale will be from 9 in the morning until 1 in the afternoon. Proceeds from the sale will go into the Student Activity Fund for Theodore Jamerson.

THIRD ANNUAL PUMPKIN CONTEST!

ENTER YOUR PUMPKINS! Dazzle everyone with your imagination! Use glitter, felt, yarn, paint, etc. etc.

The Pumpkin Contest will consist of two categories: CARVED and PAINTED. There will be cash prizes and ribbons awarded in EACH of the two categories! Prizes will be as follows:

CARVED

- First Prize: \$20.00
- Second Prize: 15.00
- Third Prize: 10.00

PAINTED

- First Prize: \$20.00
- Second Prize: 15.00
- Third Prize: 10.00

REGISTRATION FEE to enter the contest is \$1.00. This will give you the pumpkin to work on. You get to select your pumpkin.

REGISTRATION DEADLINE: Registration will be on Friday, Oct. 21, 1988 from 4:00-4:30 PM at the Exhibit Hall of the SKILL CENTER AND

On Monday, Oct. 24, 1988 ALL DAY in Room #112 in the SKILL CENTER

ENTRY DEADLINE: Decorated pumpkins must be turned in on Thursday, Oct. 27, 1988 at the CAFETERIA, where they will be displayed for judging. PUMPKINS WILL NOT BE ACCEPTED AFTER 10:00 AM

JUDGING: Pumpkins will be judged on Thursday, Oct. 27th and winners announced at NOON that same day. Winners will be posted at the cafeteria.

ALL PUMPKINS MUST BE TITLED! JOIN IN THE FUN! ENTER! GOOD LUCK!

THERE WILL BE NO TRIVIA CONTEST THIS WEEK. TRIVIA WILL RESUME NEXT WEEK IN THE OCTOBER 28th ISSUE OF THE NEWSLETTER.

Staff and students were surprised and pleased to see a former student of UTTC, WILLIAM PRETENDS EAGLE, when he visited on campus; William is a graduate of the UTTC Police Science vocation. He is currently employed on Standing Rock.