

UNITED TRIBES TECHNICAL COLLEGE
3315 UNIVERSITY DRIVE
BISMARCK, NORTH DAKOTA 58504 • PHONE 701-255-3285



staff/student
NEWSLETTER

VOL. 11. NO. 17.

DATE: JANUARY 9, 1989

WELCOME BACK FROM THE HOLIDAY VACATION! HAPPY NEW YEAR TO ALL! MAY 1989 BE KIND TO YOU!



FOR 1989, A PRAYER FOR ALL PEOPLE

O HOLY AND POWERFUL ONE:

I come to you as a little one,
As one who is weak and powerless
But as one who relies on Your power,
On Your goodness,
Help us, your people,
To push our roots down
Into this good earth
You have made for us
So that we may grow
In wisdom, compassion, and love.
May all of us,
Your people,
In every land,
Open our lives to You
So that we may live together
As your children
And as brothers and sisters
To one another.

Amen.

(From the St. Francis Indian Mission)

ATTENTION! ATTENTION! ATTENTION! ATTENTION! ATTENTION! ATTENTION! ATTENTION! VIP!

TO ALL THE READERS OF THE UTTC NEWSLETTER: Beginning with this January 9, 1989 issue, the NEWSLETTER will be coming out on MONDAYS instead of FRIDAYS. We tried the Friday distribution schedule the first semester, but it was widely felt by readers and contributors that a MONDAY DISTRIBUTION TIME would be better. This will allow contributing staff and students the entire week to turn in material to the NEWSLETTER, AND TO BEGIN THE WEEK WITH THE NEWSLETTER.

The NEWSLETTER has a mailing list of approximately 25 people off-campus who receive the periodical every week. We would like to thank those interested parties for their support. And we would like to thank all the on-campus readers and contributors. YOU are the reason for the NEWSLETTER.

Cafeteria Noon Menu:

JAN. 9 to JAN. 13

MON. Routini Hot Dish
TUES. Ham and Cabbage
WED. Swedish Meat Balls
THURS. Turkey A La King
FRI. Grilled Cheese

IN THE NEWSLETTER "SPOTLIGHT"

IS

***** DR. LORETTA DELONG, VICE-PRESIDENT *****

Loretta Delong is the Vice-President for Student Affairs at United Tribes Technical College. These are some of the areas at UTTC which come under her supervision: Admissions, the Athletic and Recreation Departments, Counseling, Chemical Health Center, the child care and parenting areas on campus, student hearing processes, and the Student Senate.

On February 2, 1989, Loretta will be observing the second anniversary of her work here at United Tribes.

Her two main goals for UTTC are:

- For students to gain skills at UTTC that will enable them to be successful in their lives when they leave
- To try to provide state of the art equipment for all the departments and vocations at the college.

Loretta has received her Bachelors, Masters, and Doctoral degrees from the University of North Dakota in Grand Forks. Her Masters thesis and her Doctoral dissertation were on the work and educational experiences of four



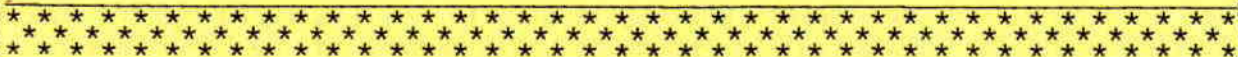
IN THE NEWSLETTER "SPOTLIGHT" FEATURING DR. DELONG, VICE-PRESIDENT, continued.

generations of women on the Turtle Mountain Reservation, on English proficiency of students from kindergarten to third grade, and on male and female school administrators.

Dr. Delong is an enrolled member of the Turtle Mountain Band of the Chippewa Tribe.

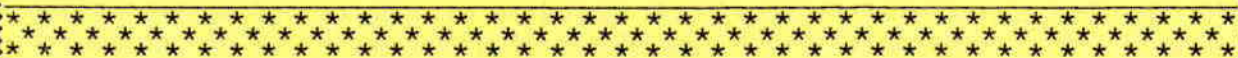
Loretta loves to ride horseback, play raquetteball, and to take walks. One of her goals, she says, is to "beat Joey at raquetteball"! (Joey is her secretary.) She loves to read and considers reading an important part of her life. The book she has most recently read is Tom Wolfe's Bonfire of the Vanities, a current bestseller. She also reads the Vampire Chronicles by Ann Rice. One of her favorite books of all time is Leon Uris' Armageddon. She also likes classical music and listens to Prairie Public Radio.

Dr. Delong is an enthusiastic member of the United Tribes community. All students are encouraged to consult with her about any concerns they may have.



"HAPPY ANNIVERSARY,
ROLAND !"

FROM RITA



THE U.T.T.C. CRASH HELMET HAS BEEN
PASSED!

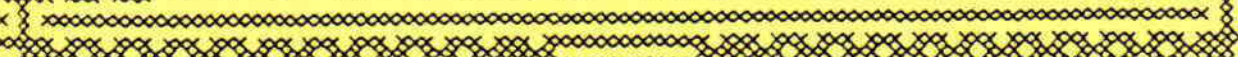


ON DECEMBER 16, 1988, AT A SPECIAL CEREMONY IN THE U.T.T.C. CAFETERIA, THE U.T.T.C. CRASH HELMET WAS PASSED FROM ANN BARTOLE TO AL ECROTH. THE PRESENTATION WAS MADE BY CRASH COMMITTEE SPOKESPERSON, ROSE PAPKE.

LET'S BE CAREFUL OUT THERE!!! WATCH HOW YOU DRIVE ON CAMPUS!!! AL IS OUT THERE, SOMEWHERE.!!!!



On December 15, 1988, the graduating class and their guests were honored with a Graduation Banquet. As usual, the meal was beautifully-prepared and served by the UTTC Cafeteria Staff and the UTTC Food Service Students. THANKS TO ALL OF YOU!



VERY IMPORTANT ANNOUNCEMENTS!

KENDRA YELLOW CLOUD was the winner of the Food Service Vocation raffle for a food basket.

ATTENTION, NEW STUDENTS. . .concerning WIC: JANUARY 12th is the day to certify or to re-certify if your child or children are eligible for WIC. There will be a SIGN-UP SHEET in both Kevin's and Sandy's areas. Mothers, please go to the SKILL CENTER at 1:00 on January 12th for WIC!

The Thunderbird A. A. Group meets each week on Thursday, at 8:00 PM in the Conference Room of TOUCHSTONE LODGE. The only requirement for membership is a desire to stop drinking.

The UTTC A1-Anon Group meets every Wednesday evening at 7:00 PM at Building 68, the UTTC Chemical Health Center.

TO ALL NEW AND RETURNING STUDENTS WHO ARE IN NEED OF GETTING THEIR G.E.D.: You are URGENTLY encouraged to see English Instructor, Bev Huber, in the Education Building Learning Center, so that you can make arrangements to take the test or to begin preparations for it. DON'T PUT IT OFF! GET IT OUT OF THE WAY BEFORE THE WORK LOAD IN EACH CLASS INCREASES DURING THE SEMESTER! Call Bev at EXT. 294.

The Parenting Classes, which were such a success last semester, WILL BE HELD AGAIN THIS SEMESTER! The classes will meet once a week, on WEDNESDAYS, from 12:00 NOON-11:50 PM. The course will be Pass/Fail, based on attendance and participation. One semester hour of credit will be awarded following completion of the course. Lunch will be provided in the classroom by the Cafeteria! YOU WILL NOT HAVE TO DIET TO TAKE THE COURSE! As was done last semester, classes will again meet in the Personal Development area of the Education Building.

Please call Dotti Schmeling if you have any QUESTIONS or if you want to sign up for the class. The class will be limited to 20 students, so if you're interested call Dotti at EXT. 253 THIS WEEK!

The first class will be over the noon hour on January 11th. The discussion on that day will be an introduction to the course and the topic "Wheel of Fortune". YOU ARE CORDIALLY INVITED TO ATTEND!

The UTTC NEWSLETTER is an on-campus publication of the United Tribes Technical College, 3315 S. University, Bismarck, North Dakota 58504. Phone: 701-255-3285
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Dr. Loretta DeLong
Vice-President of Student Affairs
EDITOR: Mary Lemcke
CONTRIBUTORS: Faculty, Staff, and Students of UTTC
PRINTER: Terry Lewis

"THUNDERBIRD"



***** SMOKE SIGNALS ABOUT UTTC ATHLETIC EVENTS *****

On December 10th and 11th, 1988, the UTTC Student Senate sponsored a men's basketball tournament.

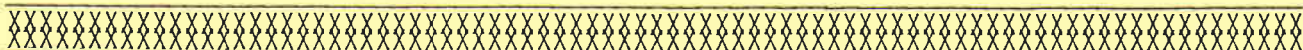
Here are the results of that tourney:

- FIRST PLACE: New Town
- SECOND PLACE: Wood Lake
- THIRD PLACE: Billy and Boys

- MOST VALUABLE PLAYER: Perry White Owl
- ALL STARS: Boy Mann, Darrel Finley, Rusty Mason, Curtis Black, Dennis Smith, Kurt Keplin, Jackson Dogskin, Chuck Ramsey, Bill Eagle Staff, Jim Walker

The Student Senate would like to thank the Pow Wow Committee for donating the trophies.

Contributed by: Don Medicine Horse

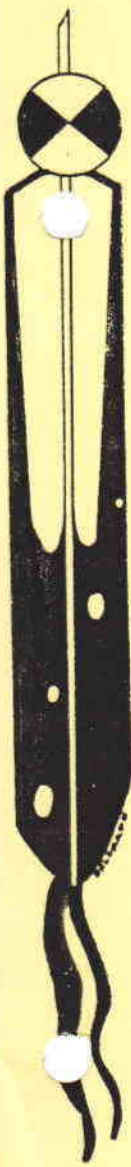


The Theodore Jamerson Elementary School Boys' Basketball Program is off to another great year! After finishing last season with a 9-0 record, the team has jumped out to a dominating 2-0 record this year. Our first contest on November 29th with the Telfer/Manning Tornadoes resulted in a 40-26 victory. Our second contest with Twin Buttes' Eagles on December 8th resulted in a victory: 57-39. This year's team consists of nine finely-tuned athletes and one hard-working student manager. The rest of the season is as follows:

JANUARY 10	TWIN BUTTES	4:00 PM
JANUARY 12	STERLING	7:30 PM
JANUARY 26	REGAN	7:00 PM
FEBRUARY 6	REGAN	7:00 PM

More games are to be scheduled as the season rapidly moves along. This year's roster is as follows: #34 : JAY LITTLEWIND; #8: RYAN RED BIRD; #23: JAYSON MARTINEZ; #41: STEVEN RED BOW; #44: RAYMOND RED ELK; #21: JAMES MADISON; #35: EMMANUEL BUCK ELK; #37: CHRIS CADOTTE; #50: PHILLIP SPOTTED HORSE; LAMBERT MARTINEZ is Team Manager; RICK BLEICHNER is the Coach.

Contributed by: Rick Bleichner



FIRST CALL FOR HELP



LICENSED ADDICTION TREATMENT AND INFORMATION

HEARTVIEW FOUNDATION
Mandan 701-663-2321
(N.D. only) 1-800-554-2000
WEST CENTRAL HUMAN SERVICE CENTER 255-3090
Bismarck
NEW FREEDOM CENTER
Bismarck 222-HOPE

PREVENTION, EDUCATION, INFORMATION

POLICE YOUTH BUREAU
222-6738

BURLEIGH COUNTY DETOXIFICATION
222-6669
Burleigh County Sheriff's Department

COMMUNITY SERVICES

FIRST CALL FOR HELP AND BISMARCK-MANDAN UNITED WAY
258-7335
ABUSED ADULT RESOURCE CENTER
Bismarck 222-8370

Or 1-800-472-2911 (no charge)
WEST CENTRAL HUMAN SERVICES CENTER
Bismarck 255-3090
NORTH DAKOTA ALCOHOLISM AND DRUG ABUSE 224-2769
Bismarck
MENTAL HEALTH ASSOCIATION OF NORTH DAKOTA 255-3692
NORTH DAKOTA MENTAL HEALTH INFORMATION
1-800-472-2911
(no charge)
BURLEIGH COUNTY SOCIAL SERVICES 255-3203
MORTON COUNTY SOCIAL SERVICES 667-3395

MANDAN AND AREA ALCOHOLICS ANONYMOUS MEETINGS

AA CONNECTION (HOTLINE) 223-2810
B.M.A.S. CLUBHOUSE 255-5070

Tuesday

Bis-Man Group
B&W Grocery
8:00 PM
Twin City Estates
Mandan
Brick City Group
First Methodist Church
7:30PM
Mandan
Flasher Group
Community Credit Union
8:00PM
Flasher
Grant County Group
Zion Lutheran Church
8:00PM
Elgin
Mission Hills AA Group
St. Bernards School
8:00PM
Ft. Yates
New Salem Group
Zion Lutheran Church
8:00PM
West River Group
408 NW 9th St.
8:00pm
Mandan

Wednesday

Wednesday Nite
Christ The King
Church
8:00PM
Big Book Group
1100 NW 3rd St.
Mandan

Thursday

Thursday Nite Group
Chemical Prevention Center
7:30PM
Ft. Yates

Friday

Last Chance Group
303 1st St. NE
8:00PM
Mandan
Mission Hills AA Group
St. Bernards School
8:00PM
Ft. Yates
New Salem Group
Zion Lutheran Church
8:00PM
New Salem
Saturday
Lewis & Clark Sat. Morning Group
308 1st St. NW
8:30 AM
Mandan
Heartview Open Meeting
Heartview Foundation
8:00PM
1406 NW 2nd
Mandan
Sunday
Alpha Group
1007 18th St. NW
7:30 PM
Mandan
Bis-man Sunday
Seven Seas Motor Inn
11:00AM
Morning Open AA
Santa Maria Rm.
Mandan

BISMARCK AND AREA ALCOHOLICS ANONYMOUS MEETINGS
AA CONNECTION (HOTLINE) 223-2810

Monday

Capital City AA
103 1/2 S. 3rd St.
8:00PM
Bismarck
C-14 AA
Faith Lutheran Church
8:00PM
14th St. & Ave. C

Bismarck
Hilltop AA
Lincoln Lutheran Church
8:00PM
Linton Group
Linton City Hall
8:00PM
Linton
Mid City AA
1141 S. 12th St.
6:00PM
Bismarck
New Beginnings
1141 S. 12th St. 6:00PM
(Women's Group)
Bismarck
Wilton Freedom Group
Sacred Heart Church
8:00PM

Tuesday

Capital City AA
103 1/2 S. 3rd St.
8:00PM
Bismarck
Chapter 5AA
Good Shepherd Lutheran
8:00PM
Washington & Divide
Bismarck
Dakota Plains AA
Peace Pipe Indian Center
8:00PM
1300 Boulevard
Bismarck
Mid City AA
1141 S. 12th St.
8:00PM
Bismarck
Steele Group
Trinity Lutheran Church
8:00PM
Tuesday Morning Group
605 N. 4th St.
6:30AM
Bismarck
Wednesday
Capital City AA
103 1/2 S. 3rd St.
8:00PM
Bismarck

See First Call, next page

THIS "FIRST CALL FOR HELP" WAS CONTRIBUTED TO THE UTTC NEWSLETTER FOR YOUR HELP AND CONVENIENCE BY THE STAFF OF THE UTTC CHEMICAL HEALTH CENTER.

FIRST CALL FOR HELP



Continued from previous page

Keep It Simple Group
605 N. 4th St.
8:00PM
Bismarck

Kladder County Group
Tuttle City Hall
8:00PM
Tuttle

Mid City AA
1141 S. 12th St.
8:00PM
Bismarck

South City Group
1470 S. Washington St.
8:00PM
Bismarck

Turning Point Big Book Study
1919 N. 2nd St.
8:00PM
Bismarck

Thursday

Apple Creek Group
Nursing Building Room
8:00PM
University of Mary

Bis-Man Thursday Nite Group
605 N. 4th St.
8:00PM
Bismarck

Capital City AA
103 1/2 S. 3rd St.
8:00PM
Bismarck

North City AA
Faith Lutheran Church
8:00PM
14th & Ave. C
Bismarck

Thunderbird AA
UTETC Touchstone Bldg.
8:00PM

Thursday Nite Group
Church of the Cross
8:00PM
1004 E. Highland Acres
Bismarck

Friday

Capital City AA
103 1/2 S. 3rd St.
8:00PM
Bismarck

Twin City Group
605 N. 4th St.
8:00PM
Bismarck

Saturday

Capital City AA
103 1/2 S. 3rd St.
11:00AM
Bismarck

Capital City AA
103 1/2 S. 3rd St.
8:00PM
Bismarck

Mid City AA
1141 S. 12th St.
8:00PM
Bismarck

Nite Owl Group
1141 S. 12th St.
10:00PM
Bismarck

Saturday Morning Group
Good Shepherd Lutheran
9:30AM
Washington & Divide
Bismarck

T.I.E. Group
Trinity Lutheran Church
9:30AM
502 N. 4th St.
Bismarck

Sunday

Capital City AA
103 1/2 S. 3rd St.
2:30PM
Bismarck

Capital City AA
103 1/2 S. 3rd St.
8:00PM
Bismarck

Mid City AA
1141 S. 12th St.
8:00PM
Bismarck

Wing Group
Wing Fire Hall
8:00PM
Wing

AL-ANON

Sunday

One Day At A Time
McCabe United Methodist Church
4:00PM
Bismarck

Monday

Monday Night
McCabe United Methodist Church
7:30PM
(Newcomers Welcome)

New Hope
Faith Lutheran Church
8:00PM
(Newcomers Welcome)

Bismarck
(no smoking)

Easy Does It
First Southwest Bank
12:00 NOON
Mandan
(basement meeting room)

Divide Avenue
Good Shepherd Lutheran Church
(parish building)
8:00PM
(newcomers at 7:30PM)

Bismarck
Lincoln
Lincoln Church
8:00PM
(Northeast of Lincoln)

Tuesday

Tuesday Morning
Corpus Christi Church
10:00AM
(Newcomers at 9:30AM)

Bismarck

West River
First Lutheran Church
8:00PM
Mandan

Divide Avenue
Good Shepherd Lutheran Church
(parish building)
8:00PM
Bismarck

Wednesday

South City
House of Prayer Lutheran Church
8:00PM
Bismarck

Thursday

Thursday Al-Anon
First Presbyterian Church
8:00PM
Mandan
(Southwest entrance)

New Beginnings
First Presbyterian Church
8:00PM
Alateen
Mandan
(Southwest entrance)

North City
Faith Lutheran Church
8:00PM
Bismarck
(Newcomers Welcome)

Friday

Friday Afternoon Family
Good Shepherd Lutheran Church
1:30PM
Bismarck
(parish building)
(no smoking)

Friday Evening
McCabe United Methodist Church
Room 11
6:30PM
Couples
Bismarck

Troubled Now Touched
Christian and Missionary Alliance
Church
5:30PM
(Newcomers Welcome)

Bismarck
(no smoking)

Saturday

Saturday Morning
Good Shepherd Lutheran Church
9:30AM
Bismarck
(parish building)

9:30AM
Bismarck
(parish building)

NARCOTICS ANONYMOUS

Monday
Narcotics Anonymous
1141 S. 12th St.
10:00PM
Bismarck
(no smoking)

Wednesday
Narcotics Anonymous
Trinity Lutheran Church
8:00PM
Bismarck
(East entrance)

Friday
Narcotics Anonymous
Good Shepherd Lutheran Church
8:00PM
Bismarck
(no smoking)

ADULT CHILDREN OF ALCOHOLICS (ACOA)

Sunday

ACOA
311 S. 8th St.
6:30PM
(Newcomers Welcome)

Bismarck

Monday

Monday Night ACOA
George House
605 N. 4th St.
8:00PM
Bismarck
(Newcomers Welcome)

Tuesday

ACOA
George House
8:00PM
605 N. 4th St.
Bismarck

FAMILIES ANONYMOUS

Tuesday
United Church of Christ
8:00PM
Bismarck

OTHER RESOURCES

Cocaine Hotline:
1-800-COCAINE

National Self-Help Clearinghouse
Graduate School and University Center
City University of N.Y.
33W. 42nd St.
New York, N.Y. 10036
Phone: 212-840-1259