

UNITED TRIBES TECHNICAL COLLEGE
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staff/student
NEWSLETTER

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DATE: OCTOBER 9, 1989

"Alcoholism as a disease or sickness, takes everybody: red, white, black, yellow; rich or poor; old or young; educated or poorly educated. Everyone ends up the same----dead or insane, or both. And in between, life is broken down and miserable.

We are only fooling ourselves, as native people, that, somehow we are different when it comes to alcoholism. Our native ways make our culture good, but alcoholism twists, misuses, and wipes these out. We once respected each other and cared what each person felt. We were honest, gentle, kind, softspoken, generous people, but alcoholism has twisted these ways into disrespect for ourselves and others. We become dishonest, mean, angry, selfish, and harsh people when we drink. We are not this way as native people. The Creator never meant us to be so, so we must find our way BACK TO THE GOOD WAY."

--John Woodenlegs
Cheyenne Elder

GOD,
GRANT ME THE SERENITY TO ACCEPT THE THINGS I CANNOT
CHANGE,
THE COURAGE TO CHANGE THE THINGS I CAN,
AND THE WISDOM TO KNOW THE DIFFERENCE.

Cafeteria Noon Menu:

Dates: OCTOBER 9 to OCTOBER 13
Mon.- Cold Plate with Stuffed Tomato
Tues.- Spaghetti
Wed.- Ham-on-a-Bun
Thurs.- Chuck Wagon Stew
Fri.- Grilled Cheese Sandwich

TO ED KNIFE, FROM THE SUPERVISOR AND STAFF OF THE CHEMICAL HEALTH CENTER: WE WISH YOU OUR SINCERE SYMPATHY AND OUR PRAYERS UPON THE LOSS OF YOUR SISTER ANN. YOU AND ANN ARE IN OUR THOUGHTS EVERY DAY.

HOWARD RAINER INSERVICE

An ALL U.T.T.C. STAFF/STUDENT INSERVICE/WORKSHOP to provide a positive reinforcement of self and personal identity will be held in the gym on TUESDAY, OCTOBER 10th from 2:30 PM - 5:00 PM. HOWARD RAINER, the well-known Native motivational speaker will conduct an uplifting, self-enhancing two hours on the U.T.T.C. campus.

This inservice is being sponsored by the Theodore Jamerson Elementary School and United Tribes Technical College.

T.J.E.S. OPEN HOUSE

The Theodore Jamerson Elementary School held their OPEN HOUSE for parents and staff on Wednesday, October 4th from 6 PM - 8PM. There was an 80% show of parents!

There was a "Make It 'N Take It" workshop provided by the IMRC from Aberdeen, South Dakota. Parents were able to make language arts, reading, and math games for their children to work with at home. The workshop was also held for three days in the TJES Library for Child Development Center and TJES teachers to help them make "hands-on" classroom materials.

The Open House featured door prizes and refreshments for all. TJES would like to thank all the parents for their great turn-out!

THE TUESDAY PARENT MEETING WILL BE HELD AT 5:30 PM AT THE ELEMENTARY SCHOOL LIBRARY ON OCTOBER 10th. REFRESHMENTS WILL BE SERVED. TOPIC THIS WEEK WILL BE: SEXUAL ABUSE OF CHILDREN.

During the meeting, we will be discussing the problem of sexual abuse, teaching ways that young children can protect themselves from abuse. Parents will have the opportunity to preview the "Body Rights" Curriculum that we use in Grades K-2 at TJES.

HERE ARE SOME CURRENT FACTS: 1. One out of 4 American girls are sexually abused before the age of 13; one in 8 boys are sexually abused before the age of 18. 2. 25% of the victims of sexual abuse are under the age of 8. 3. One half of the adolescents who have been abused are 6 or younger. 4. In 85% of the times sexual abuse occurs, the child knows the abuser.

TOGETHER, parents and teachers can change these statistics by teaching basic human rights to children.

THIS WEEK'S HEALTH TIP.....Don't depend on a candy bar for a quick energy picker-upper! Take a brisk walk instead!

"HEALTH TIPS" is sponsored by the LPN Program of United Tribes Technical College

VERY IMPORTANT ANNOUNCEMENTS!

The CHEMICAL HEALTH CENTER is open from 8 AM until 9 PM daily. The Chemical Health Center is Building 68 on the Campus of United Tribes Technical Center.

AL ANON meets on Wednesday from 7 PM - 9 PM.

AA meets on Wednesday from 7 PM - 9 PM.

B.A.B.E.S. also meets on Wednesday nights from 7 - 9 PM.

This schedule will begin on October 11, 1989. All meetings are for males and females.

The CHEMICAL HEALTH CENTER will be having an OPEN HOUSE for all staff and students in Building 68 on WEDNESDAY, OCTOBER 11th, 1989 from 2 - 4 PM. STAFF AND STUDENTS! YOU ARE CORDIALLY INVITED TO COME TO THIS OPEN HOUSE!

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The STUDENT SENATE is the student body representative organization on campus. Each of the representatives of the Student Body are elected from their respective vocations to serve on the Student Senate. As a representative, a student's duties include attending Student Senate Meetings, participating in decision-making concerning the students on campus, and being a role model. The officers are the President, Vice-President, and Secretary.

The issues discussed at each Student Senate Meeting pertain to all aspects of student life on campus. These issues entail commitment and responsibility from each member. The Student Senate calls a Student Body Meeting once a month for ALL STUDENTS. These meetings are mandatory -- not optional -- for all students. It would be great if the Student Senate could inspire participation and respect from each of the students to assist in those issues which are important for ALL students.

The Student Senate Advisor is Ken Hall, a UTTC staff person. Other staff members also assist in carrying out all the procedures for the Student Senate.

A UTTC Student Body Meeting was held at the gym on October 4, 1989. There were 93 students present. Of those 93, only 21 stayed to listen to the person from Panad Supplies. The remainder walked out while he was speaking. For those of you who are unaware, it is extremely disrespectful to the school and to the speaker to just walk out when someone is speaking. On behalf of the Student Senate Advisor and Officers, we hope all of the students remember after this the basic values of Respect, Honesty, Trust, and Sharing in your lives as students at UTTC.

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FOR SALE: RCA Color TV; 21", Model XL100. Asking \$75.00. The set is a console. It is currently hooked up to cable and can be seen in the English classroom, Education Building (Mary Lemcke's classroom).

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TRIVIA! TRIVIA! TRIVIA! TRIVIA! TRIVIA! TRIVIA! TRIVIA! TRIVIA! TRIVIA! TRIVIA!!!!

Last week's TRIVIA WINNERS were : CANDACE MEYERS, student, and GLENDA REEMTS and DON CADOTTE, UTTC staff. All answers were given within a minute of each other! Good Grief, you Triv Players are QUICK ON THE DRAW!!! Each winner will receive a 6-pack of Coke. By the way, the answer of last week's game was: Prince.

This week's TRIVIA QUESTION is also about music. You must answer all three parts in order to be a winner. "The Winnah" will receive a 6-pack of Coke. Here is the question: a. What popular singer/musician/composer began performing in 1953 in the R & B category of music but who has "crossed over" to jazz and C&W occasionally? (VERY VERSATILE STYLE!) b. What commercial is currently using this singer's famous voice to sell a popular fast food product? c. What commercial recently used this singer's famous trademark BUT NOT HIS VOICE to sell another fast food chain's products.

Uh-huh.....I TOLD YOU the questions wouldn't be "THAT EASY" after this! Of course, to those KILLER TRIVIA PLAYERS OUT THERE.....ALL QUESTIONS ARE EASY!!! RIGHT?!

Call Lois Lane at EXT. 227 with your answer.....NOW.

DID YOU KNOW? DID YOU KNOW? DID YOU KNOW? DID YOU KNOW? DID YOU KNOW? DID YOU KNOW??????????

This week's "DID YOU KNOW?" column is about MICKEY COTTONWOOD, Aide at the Pre-School at U.T.T.C.!

DID YOU KNOW that last spring, Mickey saved the life of a child whose parents live at Lincoln? Mickey was babysitting for the family, and their baby was a one-year-old. You know how quick children are! Baby had slipped a plastic bag over her head while she was playing, and Mickey found her. The baby had stopped breathing. Mickey administered CPR at the home, and continued to "breathe" the baby on the way to the hospital. The baby survived....thanks to Mickey!

DID YOU KNOW that Mickey just had a birthday!? (And, no, we're not telling how old she is.....or how YOUNG she is, we should say!)

DID YOU KNOW that the ONLY bad thing that any of Mickey's friends say about her is that she smokes? (Better quit, Mickey! We like you healthy!)

In September, in conjunction with the U.T.T.C. Powwow, TJES had its annual MISS TINY BUD and LITTLE MISS TINY BUD Contest. Pictured in this photo are the contestants and winners: (on the L, the little ones: THERESA SMART ENEMY, RANDI CADOTTE (L.M.T.B.), TRESTARSKA VELE, and ADELE PHELAN ; on the R, JAIMIE BRAVE BULL, RHONDA PLENTY CHIEF, RYANNE RED BIRD. JAIME was M.T.B.)



Chemical Health Center: Bldg. 68

MONTH: October YEAR: 1989

EXCEPT FOR
HOLIDAYS
VACATIONS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 Joyce Eckardt. 1:00 pm to 9:00 pm	3 Darryl B. Tail 1:00 p.m. to 9:00 p.m.	4 J. Eckardt 1:00 p.m. to 9:00 p.m.	5 D. Bearstair 1:00 p.m. to 9:00 p.m.	6 Arlene Benson 1:00 pm to 9:00 p.m.	7
8	9	10	11	12	13 Closed	14
15	16	17	18	19	20 open	21
22	23	24	25	26	27	28
29	30	31 Halloween	<p style="font-size: 1.2em;">This schedule for evenings Regular office hours during evening 5,</p>			



".....LIKE THE THUNDERBIRD OF OLD I SHALL RISE AGAIN; I SHALL GRAB THE INSTRUMENTS OF THE WHITE MAN'S SUCCESS -- HIS EDUCATION, HIS SKILLS, AND WITH THESE NEW TOOLS I SHALL BUILD MY RACE INTO THE PROUDEST SEGMENT OF SOCIETY.....I SHALL SEE OUR YOUNG MEN AND OUR LEADERS SITTING IN THE HOUSES OF LAW AND GOVERNMENT, RULING AND BEING RULED BY THE KNOWLEDGE AND FREEDOM OF OUR GREAT LAND. SO SHALL WE SHATTER THE BARRIERS OF OUR ISOLATION. SO SHALL THE NEXT HUNDRED YEARS BE THE GREATEST IN THE PROUD HISTORY OF OUR TRIBES AND NATIONS."

- Chief Dan George
Coast Salish Tribe