

# UNITED TRIBES

## News

Vol. 14 No. 5

UNITED TRIBES TECHNICAL COLLEGE • BISMARCK, ND

March 28, 2005

### Give Reach

by Mary M. End Of Horn

*Editor's note: The following was written in December 2004 for Sociology 150, Culture and Diversity in Education. Helping students focus on their heritage, Instructor Lisa Azure assigned them to research their family through six generations and write an essay about "the influence of their family on who they are as a person."*

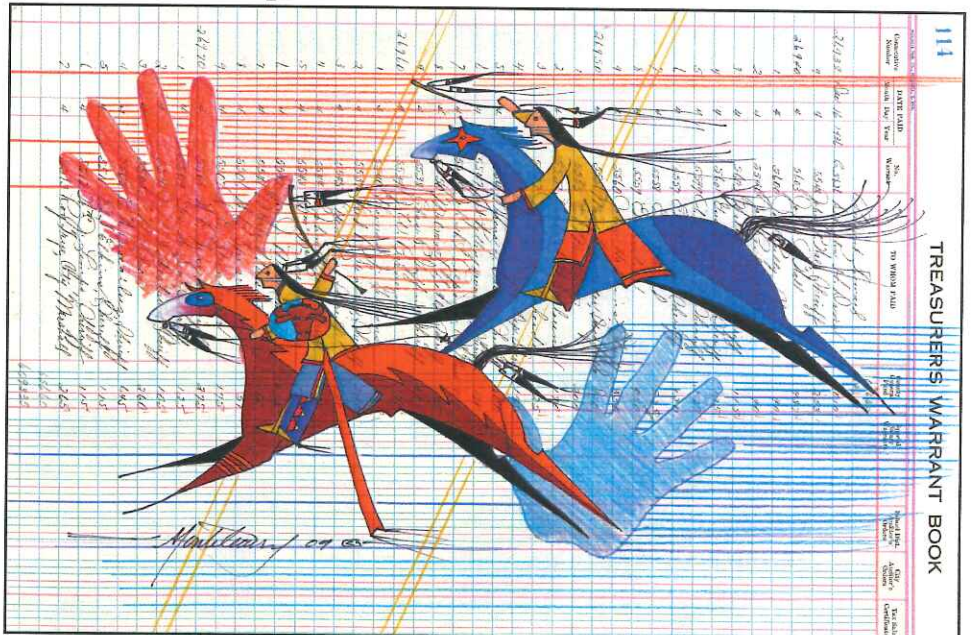
My name is Sag'ye Luta Wi. I am Hunkpapa Lakota from the Standing Rock Sioux Tribe. I greet you with a humble heart. I am known to be a leader in my family and that's what my name means: Red Nation Leans On Women.

This name comes from my great-great grandmother; I carry it with great respect and intend to fulfill its meaning with honor.

My immediate family consists of three people: my father Lynes End Of Horn, brother Stoney, and me. My family is part of the Oceti Sakowin, the Seven Council Fires, which includes the Sioux clans: Mnicoujou (Plants by the Water), O'Ohenumpa (Two Kettle or Two Boilings), Itazipco or Itazipi Cola (Without Bows), Sihasapa (Blackfoot), Oglala (Scatters Their Own), Sicangu (Burnt Thigh), and Hunkpapa (Camps at the Entrance).

Continued on page 8

### Ledger art horse race selected for powwow poster



The 2005 United Tribes International Powwow image, "Faster Horses," depicts a close horserace between mounted riders done in the ledger style with colored pencil by artist Donald F. Montileaux.

by Dennis J. Neumann, United Tribes News

The red horse and rider are half-a-length in the lead in a race across ledger page 114. Riders with long black hair streaming – horses in mid stride – they fly past the handwritten entries of what the treasurer paid from the county general fund in December 1936.

It's a ledger book art drawing with a contemporary Lakota twist, titled "Faster Horses," selected to represent the 36<sup>th</sup> Annual United Tribes

International Powwow in 2005. It comes from modern-day storyteller, artist Donald F. Montileaux (Oglala Lakota).

"People of the horse nation loved to show their skills in different ways," said Montileaux. "These events were opportunities to place wagers. The two men in this drawing are in a heated race, and the event is most likely being wagered on by others."

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### AIHEC 2005 Conference

*"Leadership Through Performance:  
Academic, Cultural, and Athletic Olympics"*

Friday, April 1 - Wednesday, April 6  
Albuquerque, NM

# UTTC Cafeteria Menu

Includes 2% or Skim Milk, Coffee or Tea and Salad Bar, Fresh Fruit, and Vegetables. Menu subject to change.

Mar. 28 - Apr. 1

April 4 - 8

April 11 - 15

LUNCH		DINNER		LUNCH		DINNER		LUNCH		DINNER	
M	Chili & Garlic Toast	M	Roast Beef & Potatoes	M	Chicken Fried Steak & Potato	M	Meatloaf & Baked Potato	M	Beef Stroganoff & Noodles	M	Chili & Dinner Roll
T	Taco Salad	T	BBQ Chicken & Baked Potato	T	Chicken Stir Fry & Rice	T	Sausage & Fried Potatoes	T	Indian Taco	T	BBQ Chicken & Baked Potato
W	Swedish Meatballs	W	Individual Pizza	W	Baked Chicken & Potatoes	W	Swiss Steak & Noodles	W	Cheeseburger & Baked Beans	W	Chicken Burger & Soup
Th	French Dip & Chips	Th	Chicken Breast & Rice	Th	Sloppy Joe & Tater Tot's	Th	Roast Pork & Potatoes	Th	Individual Pizza	Th	Submarine Sandwich
F	Knepple Soup	F	Burritos & Spanish Rice	F	Chicken Nuggets	F	Shrimp & Wild Rice	F	Roast Pork & Potatoes	F	Tater Tot Hot

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## Indian ranchers moving forward on lawsuit



UTN photo Dennis J. Neumann

Eighty American Indian ranchers and farmers from several states in the region gathered March 3 in Bismarck to discuss their lawsuit against the U.S. Department of Agriculture. The class action, known as "Keepseagle versus Johanns", includes all American Indians in the nation who farmed and ranched between 1981 and 1999. The ranchers allege that discrimination by the USDA led to their financial success and caused bankruptcies and foreclosures. The government settled a similar suit by African American farmers in 1999, resulting in payments to over 13 thousand claimants, mostly in southern states.

## KODA THE WARRIOR "Sacred Sites within KODA's Sight"

CREATED BY MARK L. MINDT  
SPIRIT LAKE NATION

As KODA and Benny travel, they stumble upon many places which are both cherished and highly respected by many tribes. One of which is...

# BEAR BUTTE

Located near Sturgis, South Dakota, this sacred site has served as a source of power by many Native Nations, especially the Lakota.

Makers of Cultural Comics

BEAR BUTTE  
South  
Dakota

MINDT  
©2003



If you choose to visit this place, be sure you are respectful of the land and also the the people practicing spiritual ceremonies. Stay tuned for more sites as KODA visits while on his journey

# KODA THE WARRIOR

# Wellness keynoter billed as strongest Native American

Sharlene Gjermundson

The UTTC Wellness Circle is honored to have a person who describes himself as the strongest Native American in the country as keynoter for United Tribes Wellness Week, April 11-15. Harold Dean Collins is known world wide as "Chief Iron Bear."

As a child, Collins had a vision of being the world's strongest Native American. At age 28, he achieved his dream. He became a three-time U.S. Power Lifting Champion and a two-time Gold Medalist in the World Power Lifting competition. In 1999, he broke a Guinness Book world record by pulling a 25-ton tractor-trailer and has successfully set five Guinness Records. He is currently planning for a sixth.

Collins owns and operates his own fitness center in Pembroke, North Carolina. He addresses health issues for people of all walks of life, including elders. He conducts Native American fitness training camps and promotes the Native American sports movement to provide young people with alternatives to drugs and alcohol.

Collins is scheduled to present the Wellness Week keynote address at 3:30 p.m., Wednesday, April 13, in the lower level of the Jack Barden Center on the college campus. He will showcase his strength with a demonstration during the presenta-



tion. His talk is followed by dinner at the cafeteria with UTTC staff and students.

On Thursday, April 14, Collins will be the honored guest at a groundbreaking ceremony for the UTTC Wellness Center and participate in a wellness walk set for 12 noon, starting on the east side of Theodore Jamerson Elementary School. Following the walk, he will attend a wellness fair in the large gymnasium.

To learn more about Chief Iron Bear and see pictures of his accomplishments, visit <http://www.ironbearvisions.org>. Collins is an honorary member of the Lumbee Band of North Carolina.

## American Indian Student Essay Contest

### Three grade levels and subjects

Elementary and Junior High School students:

"What everyone needs to know about my tribe."

High school students:

"How my tribe's history guides my life."

College students:

"What does tribal sovereignty mean to my tribe."

### Prizes:

First place in each grade level - \$50

Runners-up - \$10

Winners and runners up also receive a signed copy of the book, *This Day in North American Indian History*, containing more than 4,000 entries listing significant events in North American Indian history for each day of the year - a useful quick-reference work.

Essays posted on the website: <http://americanindian.net/contest.html>

### Rules:

1. Under 500 words in length, written in English, or with English translation
2. Entrants should have American Indian ancestry, or attend a tribal-run school. Need not be enrolled.
3. Submit entries by e-mailed or surface mail
4. All essays become the property of Phil Konstantin and will not be returned.
5. Essays may be posted on Phil Konstantin's website, newsletters or other publications. By submitting an entry, you agree to these terms.
6. Phil Konstantin is the final judge of the contest.
7. Deadline for receiving entries April 15, 2005

### Submit entries:

E-mail is the preferred method.

<mailto:philkon@rocketmail.com>

Phil Konstantin, Essay Contest, PO Box 17515, San Diego, CA, USA 92177-7515

Phil Konstantin is a public affairs officer for the California Highway Patrol and freelance writer. He is a member of the Cherokee Nation of Oklahoma with a lifelong interest in American Indian history. He makes his home in San Diego.

### Minority Business Seminar



Building Minority Businesses in Western South Dakota

April 11 - 12

South Dakota School of Mines & Technology

Rapid City, SD

More information: 605-394-6884

E-mail [suzi.aadland@sdsmt.edu](mailto:suzi.aadland@sdsmt.edu)

*Please join us in celebrating...*

*The 80<sup>th</sup> Anniversary Of  
The Marty Family*



*A Reunion of All Marty  
Students June 24-26, 2005  
Marty, SD*

Registration Packets available from:  
Loretta (Day) Bad Heart Bull  
701-854-2171

# Officers elected for newly created student science group

by Michael Collins, Environmental Science Instructor

A slate of officers is in place for the newly created United Tribes Technical College chapter of the American Indian Science and Engineering Society (AISES). Linette Crow's Heart was elected secretary/treasurer, Dave Herman, vice-president, and Marla Striped Face-Collins, president.

The AISES group was established in a series of meetings culminating with a chartering meeting on January 25. Ten students applied for membership at that time; since then four others have joined.

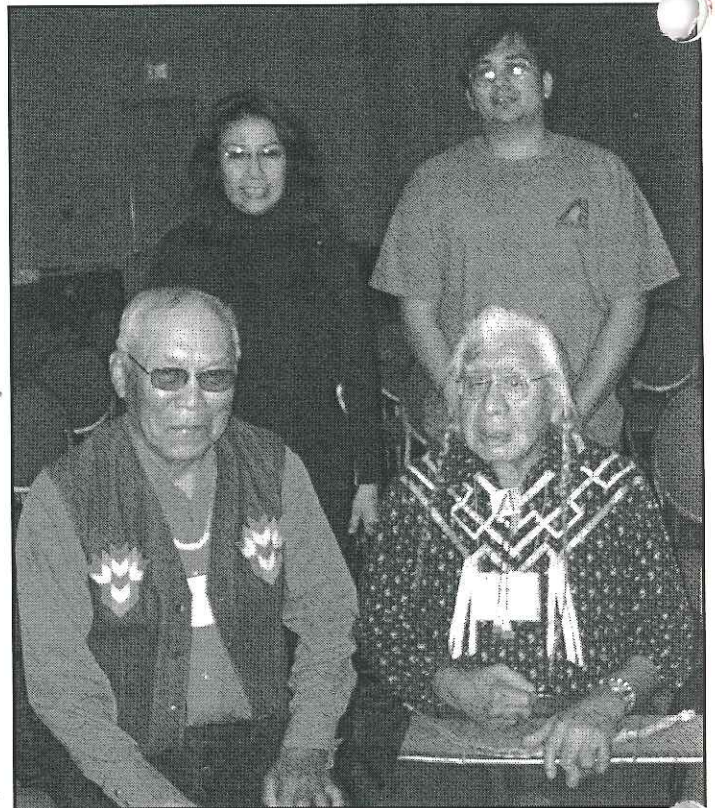
"Native Americans are underrepresented in these career fields," said Marla Striped Face-Collins, chapter president. "This is a new program and it would be good to see it grow and succeed. By next fall, I'd like to see 20 members in the chapter."

AISES is an international organization aimed at helping American Indians and Alaskan Natives enter the career fields of science, math, engineering, technology, and business. The non-profit organization includes scientists and engineering professionals, students, and others, who are Native and non-Native. Student members have the opportunity and advantage of applying for scholarships and internships through AISES. The UTTC chapter will become a group network for peer support and encouragement.

Another important part of the AISES organization: it recognizes and supports traditional values that bridge science and technology with Native traditions. At the AISES Leadership Conference February 10 - 13 in Albuquerque, NM, the Council of Elders supported many Native American student leaders and their advisors from across the nation.

UTTC AISES Chapter members: Marla Striped Face-Collins, President (Tribal Environmental Science), Dave Herman, Vice-President (Automotive Technology), Linette Crow's Heart, Secretary/Treasurer (Tribal Environmental Science), Richard White, Student Senate Representative

(Automotive Technology), Thomas Crow's Heart, Alternate Student Senate Representative (Automotive Technology), Helen Reed (Tribal Environmental Science), Brandy Canyon (Psychology), Juanita Linson (Nursing), Waylon Pumpkin Seed (Criminal Justice), Jason Pretty Boy (Tribal Management), Waylon Oldman (Tribal Management), Dody Blackmoon (Office Technology). Chapter advisors are Mike Collins and Leona White Hat. To join contact [mcollins@uttc.edu](mailto:mcollins@uttc.edu) or [lwhitehat@uttc.edu](mailto:lwhitehat@uttc.edu) or call 255-3285, x1322.



Two AISES Council of Elders members with UTTC Student Chapter Representatives: seated Franklin Kahn (Dine') and Horace Axtell (Navajo). Standing Marla Striped Face-Collins (Standing Rock) and Dave Herman (Oglala). UTN photo Mike Collins.



From A to Z, if you are looking for a job, come to

## Job Fair 2005

**Wednesday, April 13 - Ramkota Hotel**  
800 South Third Street, Bismarck, ND

10 AM to 3 PM College Students  
12 Noon to 3 PM General Public Welcome

**ADMISSION IS FREE**

Full-time, part-time, and summer jobs Bring your resume and be prepared for an interview!

Sponsored by and to learn more contact: University of Mary Career and Testing Services, 355-8050; Bismarck State College, 224-5666; MedCenter One College of Nursing; United Tribes Technical College, 255-3285 ext. 280; Bismarck Tribune; or Job Service at 328-5025. Additional sponsors: Bismarck-Mandan Chamber of Commerce, SW Tech Prep, Energy & Career Awareness. On the web: [www.umary.edu/careserv](http://www.umary.edu/careserv)

# IT NEWS

## Secure Your Home Computer

Submitted by Marla Trail, IT Specialist

Home computers are a popular target for intruders; they're typically not secure. Hackers look for credit card numbers, bank account information and anything else that they can find. They can use resources like hard disk space, your processor and your Internet connection to attack other computers. This is especially true of high-speed Internet connections that are always turned on.

Your computer can be infiltrated, by viruses attached to an e-mail or by a flaw or vulnerability in an already installed program such as Internet Explorer.

To Secure Your System:

### 1. Install and use anti-virus programs

Anti-virus programs look at the content of each file, searching for a pattern that matches known viruses. If the Anti-virus program finds such a match it will block the file from being downloaded or place it in a "quarantine area" so that it cannot be opened and the code cannot be executed thus protecting your PC. Anti-virus programs continually update the list of known viruses, so it is important to keep your software updated.

### 2. Update your software

Vendors often provide free patches that correct vulnerability issues in software products. It's a good idea to check vendor websites to see their policies about security patches and service packs. Registering your products can also aid with this process. You can check for updates on Microsoft Products by accessing Windows Update in Internet Explorer under the tools menu.

### Be careful opening e-mail with attachments

Most of us receive numerous pieces of e-mail each day with no consequence for opening them. However, to be safe, ask these questions before opening e-mail: Do I know the sender? Am I expecting attachments from the sender? Does the subject line make sense to me? Does it pass a virus scan?

If the answer is no to any of the above, do not open the message, delete it.

### 4. Use Firewalls

Hardware and software firewalls are important to your home security strategy. A hardware firewall is a piece of equipment that sits between you PC and your Internet connection. A software firewall gets installed on your computer and alerts you whenever a program tries to access the Internet. If you recognize the program, you can grant it access, if not, you have the ability to stop it.

### 5. Back-up Important Files

Even with all possible security measures, it's best to make backup copies of important files and folders. This could help protect you from any number of possible hardware issues. Off site storage is the best solution. Even if you cannot store offsite, you should make them anyway. Any backup is better than none.

### 6. Use Strong passwords

A password should be unique and complex. Most password schemes let you use any combination of letters, both upper and lower case, and numbers; and some also let you use punctuation marks. Although lengths can vary, the longer it is, the harder it is to guess. Do not write them down or share them.

### 7. Use care when downloading and installing programs from the Internet

The most important word here is CAUTION. Know what you're saying yes to before you agree to any download. Spyware is a huge problem that can cause your computer to be slow and unresponsive.

### 8. Install and use a file encryption program

Encrypting is the process of coding or scrambling information so that it can only be decoded and read by someone who has the correct decoding key. This is used in securing Websites making it safe to enter your credit card number. It's a useful tool in securing files on your home computer.

## Collaboration for the Advancement of College Teaching and Learning Fall 2005 Conference

November 18-19  
Bloomington, MN

*"Diversity Here and Now:  
Holistic and Sustainable Approaches  
to Multicultural Learning"*

Proposals deadline April 15

More information:

<http://www.collab.org>

Karla Baxter, Chair, Professional Development Committee

## UND Time Out Wacipi

36<sup>th</sup> Annual  
UNDIA Time Out  
Wacipi



April 8 - 10  
University of North Dakota  
Grand Forks, ND

More information: 701-777-4291  
or [undia@und.nodak.edu](mailto:undia@und.nodak.edu)

## United Tribes Technical College

# RECRUITMENT/ CAREER FAIR

Tuesday, April 12th

10:00 am

UTTC Campus

held in conjunction with the  
**WELLNESS FAIR**  
featuring Chief Iron Bear

**BREAKFAST & LUNCH WILL BE  
SERVED TO ALL ATTENDEES**

**REGISTRATION:**

**8:00 to 10:00 am • Jack Barden Center**

Contact Justin DeCoteau

Ph: 701-255-3285 x1413

Email: [jdecoteau@uttc.edu](mailto:jdecoteau@uttc.edu)

**CHECK US OUT ON THE WEBSITE:**

[www.uttc.edu](http://www.uttc.edu)

Click on Upcoming Events

## Ledger art... Continued from page 1

United Tribes hopes that Montileaux's design will appeal to those planning to attend the well-known powwow September 8 - 11 on the college campus in Bismarck, and to people who collect powwow mementos. The college produced 6,500 posters to promote the event.

"This is the first time we've selected a piece of ledger art for the poster," said David M. Gipp, United Tribes Technical College president. "There is, of course, a modern revival of the ledger style. Don Montileaux's work is among the best. I'm sure it will be very well received."

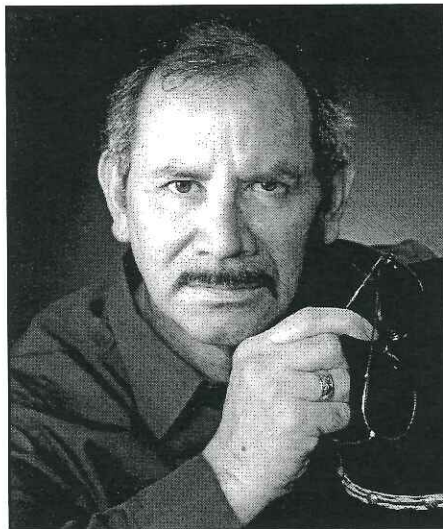
Ledger drawings began appearing on the Plains in the 1860s, according to Montileaux. Stories were preserved on the pages of ledger books acquired from white people. Ink, pencil and watercolors on paper were easier media to use than stick and bone brushes on animal hides, especially as the buffalo disappeared.

Montileaux's ledger art emulates the two dimensional designs his forefathers created during that time. The intense colors are what his ancestors would have used if they had access to the wealth of color available today.

"Before language and the writing of words, a storyteller was also an image maker; in this way they were able to maintain the history of their society. I'm an image maker in this century," he said.

The 11 by 17-inch ledger page for "Faster Horses" came from a 500 page, leather bound Treasurer's Warrant Book used in Butte County, South Dakota in the 1930s. A friend brought it to Montileaux and he created the piece in 2004. Other pages were used to make additional works, which can be seen at his website, <http://www.montileaux.com>.

Montileaux, age 57, attended college at Spearfish, SD, and is primarily a self-taught artist. He received formal training at the Institute of American Indian Art in Santa Fe, NM, and interned with noted artist Oscar Howe at the University of South Dakota. He credits his personal friend and mentor, the late Herman Red Elk, as his primary artistic influence.



Donald Montileaux

Montileaux says he rekindles images of the Lakota lifestyle by depicting the people as they were. His mission is to portray Lakota people in an honest way as "people who hunted buffalo, made love, raised children, cooked meals, and lived."

Work from his 40-year career literally spans the globe. The 1994 acrylic painting, "Looking Beyond Oneself," became part of the payload aboard the Space Shuttle Endeavor. He has received nearly 20 awards and commissions and attended over 25 major art shows. His designs illustrate the cover of six books and can be found in numerous private and public collections and galleries.

As an artist, Montileaux has been the topic of numerous publications and articles. He is currently a full time artist, illustrator, presenter and consultant on Lakota culture.

He and his wife, Paulette Hudson, have three children. His art complimented a successful career in facility management with the Rushmore Plaza Civic Center in his hometown, Rapid City, SD. He is an enrolled member of the Oglala Sioux Tribe, Pine Ridge, SD. His Lakota name is Yellowbird.

The original drawing, "Faster Horses," goes into the collection of American Indian art at United Tribes, some of which is on display at the college's Cultural Interpretive Center. This is the first time a piece by Montileaux has been selected by United Tribes for its powwow.

## Wellness Week call for poster presentations

by Martina McKinney

UTTC Land Grant Programs invites poster presentations about some aspect of research. The posters will be displayed during the annual United Tribes Wellness Week in April. The event will highlight research activities in Indian Country.

Posters should focus on nutrition, health, agriculture and/or land. Poster setup begins at 12 noon, April 14 in the Jack Barden Center. If you're unable to attend, feel free to send your poster for display.

More information Martina M. McKinney at 701.255.3285 x 1239 or [mmckinney@uttc.edu](mailto:mmckinney@uttc.edu)

## MADD accepting media award nominations

The national organization, Mothers Against Drunk Driving (MADD), is taking nominations for its third annual media awards program to be held in the fall.

The program recognizes media professionals and organizations for outstanding coverage and advancement of issues related to MADD's mission to stop drunk driving, support the victims of this violent crime and prevent underage drinking.

The awards luncheon will be held September 30 in Washington, D.C., as part of MADD's 25th Anniversary National Conference.

For more information or to enter online go to <http://www.madd.org/media-awards>. All entries must be postmarked by March 31. Renee Renshaw, 469-420-4567.

# TJES Tidbits • Breakfast • Bowling • Baby Face

by Carol Melby

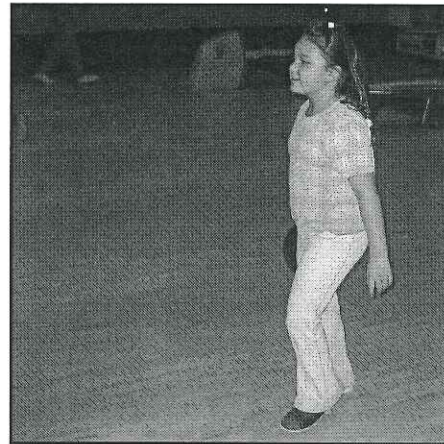
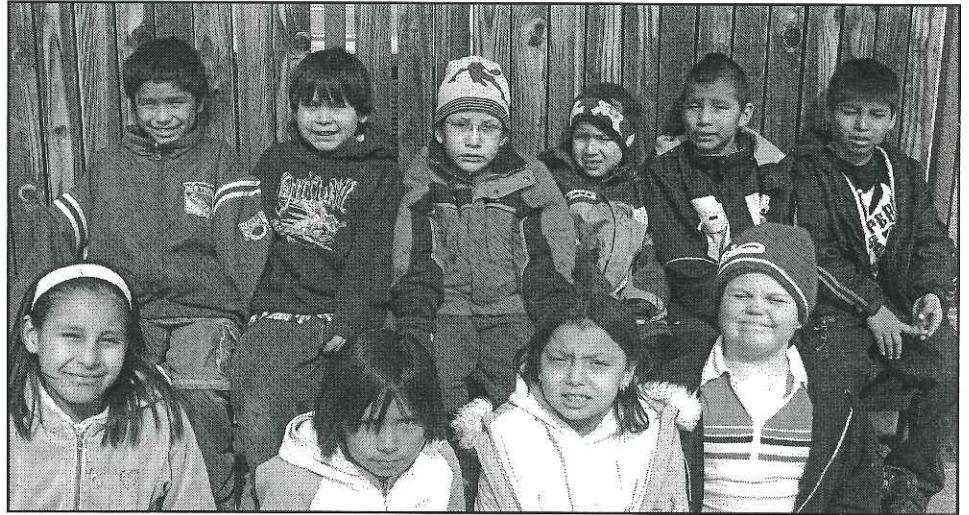
The monthly TJES Parent Breakfast was held March 16th since there was Spring Break the previous week. Parent Breakfasts are held the first Wednesday of each school month. Attendance awards, story problem awards, and other information are dispersed during the breakfast ceremonies. We welcome and appreciate all parents who make it a point to attend the monthly TJES Parent Breakfasts. Breakfast is served from 7:45 to 8:15 AM. We hope to



See you at the next Parent Breakfast.

Theodore Jamerson Elementary School students recently participated in a bowling activity for Physical Education class. Grades 1-8 went to Midway Lanes during the afternoon of the week of March 15-18 to bowl. In addition, grades 4-8 completed a written lesson on the sport of bowling. Everyone had a great time. Ask our TJES students about their bowling experience.

Kindergarten, Grade 1 and 2 attended the Morton County Farm



UTN photos Carol Melby & Mark Anderson

Bureau Agricultural Day at the Mandan Community Center on Thursday, March 17. Students watched a sheep being sheared, cuddled various farm animals and learned information concerning agriculture in North Dakota. Ask our TJES students about their field trip to Ag Day.

TJES was bustling with parent and teachers on Thursday, March 17 & Tuesday, March 22nd for Parent Teacher Conferences. If you were not able to meet with your TJES student's teacher, please call your child's teacher (255-3285 Ext 304) to reschedule your conference. TJES faculty believes parents play a very

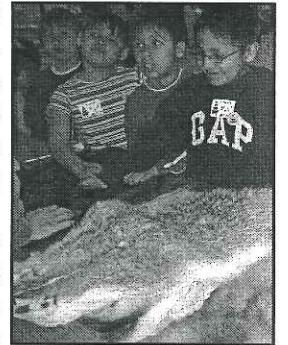
important part in their child's education.

Grades 1 & 2 traveled to the VFW All Season's Area to view the Bismarck Figure Skating Club's annual performance of "A Night on the Red Carpet". TJES students have been relating this to the movie "Ice Princess"!

The Baby FACE Parent Group had a lunch on Wednesday, March 16th with 30 people in attendance. The featured speakers were from the NDSU extension office and gave wonderful tips on "What to Do When You are Tempted".

The Baby FACE Program received a good overall rating on the site visit. The Baby FACE program is currently at full enrollment serving 24 families per Parent Educator. Thank you to all who have supported and continue to support the program.

Baby FACE personnel recently attended a National Baby FACE Conference and received the 2004 Certificate. Look for more information concerning the Baby FACE program in the next United Tribes News, including information about a family's winning essay and pictures! The next Baby FACE Parent Group meeting is April 26. We hope to see you there!



# Students involved in Tri-College summit meeting



UTV photo Dennis J. Neumann

UTTC Injury Prevention students Adelyne Arapahoe and Kendra Red Shirt (both Oglala Sioux Tribe) take notes March 3 during a community meeting of students and staff from Bismarck's three colleges. About 300 attended to learn about combating the all-too-common use of alcohol and drugs by college students. "It takes a lot of work and a long time before you see results, perhaps two-to-three years," said speaker Don Walski from Winona State University. Winona, Minnesota launched an aggressive community campaign to reduce the problem. "The student drinking environment was over 50 years in the making and it takes everyone in the community to make a change," he said.

## Public Meeting Notice Metropolitan Transportation Improvement Program

The Bismarck-Mandan Metropolitan Planning Organization will hold a public meeting Monday, April 18 at 10 a.m. in the Training Room of the Bis-Man Transit Building at 3750 E. Rosser Avenue, Bismarck,

The purpose is to provide an opportunity for public involvement in the review and development of the draft 2006-2008 Transportation Improvement Program (TIP).

The TIP coordinates and schedules transportation projects (i.e., highway, street, bikeway, pedestrian, transit, safety, enhancements) in the metropolitan area over the next three years, thereby making these projects eligible for federal assistance. The TIP includes metropolitan area

transportation projects proposed by the following jurisdictions: Bismarck, Mandan, Lincoln, Morton County, Burleigh County, and NDDOT.

A copy of the draft TIP will be available for citizens to review at the Bismarck Planning & Development Office, 221 North 5<sup>th</sup> Street, Bismarck, on April 8. The Draft TIP will also be available on the MPO web page [www.bismarck.org/uploads/doc\\_TIP\\_2006-2008](http://www.bismarck.org/uploads/doc_TIP_2006-2008).

The public is invited to attend the public meeting; or submit written comments no later than May 8, to PO Box 5503, Bismarck, North Dakota, 58506.

More information Steve Saunders 701-222-6449 x 207.

## State Parks reservation line opens April 5

North Dakota State Park visitors will be able to make campsite reservations for the coming summer beginning Tuesday, April 5, starting at 8 a.m. (CDT). The reservation line, 1-800-807-4723, allows campers to reserve a spot at any of 11 North Dakota State Parks during the main camping season from May 20 through Sept. 5.

A private telemarketing firm operates the reservation system 24 hours a day.

Payment of the full camping fee and a \$6/site reservation fee must be paid by credit card (Visa, MasterCard or Discover) while making the reservation.

Park and campsite maps can be found on the department's web site, [www.ndparks.com](http://www.ndparks.com).

## Give Reach...

Continued from page 1

The End Of Horns are Hunkpapa, guardians of the camp entrance. It was our duty to cry out if an enemy approached, warning the people of danger or announcing visitors. Our name is pronounced Hainkpa (hey-ink-pa) in Lakota.

Three of my great grandfathers were among the group of 38 people hanged in Minnesota in 1862: Lala Hainkpa, Lala Nape Luta, and Lala Bobtail Bear. I'm not sure what really happened but we originally came from the Shakopee, Minnesota area and later migrated to Fort Totten and Cannonball, North Dakota and finally settled in the small reservation village of Wakpala, South Dakota along Oak Creek on Standing Rock.

Today my family lives in this area, although a few of my relatives have moved away. This is no surprise. Many Native Americans leave the reservation seeking jobs and a better life.

I made a promise that I would get an education and return to help

Continued on page 10



## Humanities students

## display personal sculptures



Two students display their humanities class sculptures, top, Audie Toineeta (Crow Agency) Office Technology, and Erin Greycloud (Standing Rock) Art/Art Marketing. The sculpture display assignment is somewhat of an annual tradition in the class Introduction To Humanities, taught by Bev Huber, Sherri Toman, and Brian Salecek. Each student creates an interesting sculpture representing an important positive influence or person in his or her life. On March 1 they gathered in the exhibit hall of the Skill Center Building and talked about them. UTN photos Dennis J. Neumann

## Native American Newspaper Career Conference



High school and college students  
April 19-21, 2005  
Crazy Horse Memorial, South Dakota  
<http://www.crazyhorse.org>

Introduction to the basic skills and practices of journalism  
The largest Native student journalism program in the country

Coordinator Doris Giago, 605-688-6236 or [Doris.Giago@sdstate.edu](mailto:Doris.Giago@sdstate.edu)

Deadline April 1

## American Indian Research Forum

Third Annual  
American Indian Research Forum

Thursday, April 7  
8:30 a.m. to 3 p.m.  
Red River Valley Room  
Memorial Union  
University of North Dakota  
Grand Forks, ND

Theme:  
Enhancing the Health of  
Northern Plains Indians

More information: 701-777-3720  
or [vmcdonal@medicine.nodak.edu](mailto:vmcdonal@medicine.nodak.edu)

# Give Reach... Continued from page 8

educate the younger generation. They deserve a better future. They deserve to be protected from those who would take away the land my ancestors fought and died for.

My great grandfather Lala Piza, known as Gall, defeated George Custer at the Greasy Grass in 1876 and captured the flag of the Seventh Cavalry. This flag has 37 stars representing the number of states at that time. I don't know if the flag is official but my father has a replica. We hold this object with great respect because it represents the justice rendered by Native Americans on a man who brutally massacred women and children in his military career.

Throughout my life I was taught the value of Lakota Spirituality. Although I was sent to boarding school, that did not stop me from practicing my Lakota traditions. I learned about the seven sacred ceremonies: Making of Relatives, Sweat Lodge, Throwing of the Ball, Vision Quest, Keeping of the Soul, Coming of A Women and the most sacred of all, Sun Dance. I hold these close to my heart; I am a firm believer in my Lakota ways. These are what we have left of our maiden, the White Buffalo Calf Woman.

I believe we need our language to maintain our culture. Language is what connects us to the creator, the great mysterious, Wakan Tanka.

I was taught the seven Lakota values: respect, generosity, humility, kindness, fortitude, bravery, and wisdom. I have lived these through my life, each day practicing them, asking questions, and learning how to understand and keep them, and watching how other women presented themselves in public. I never had a mother figure in my life so everything I know of women was self-taught with guidance from my father.

As a little girl, my father taught me a song that I always sing when times are hard. The words are:

*Maka si to mni lakota wee cho ka ki.*

*Otay ki ka lo.*

*Ate ma Lakota he hek cha.*

*Le he ne chi ye lo.*

This song says:

*All over this world this Lakota way is hard. But my dad told me to give reach. And be strong.*

Growing up we always danced our traditional powwow ways, sometimes traveling many miles to meet relatives and friends, and making new friends along the way. Sewing, beading and quillwork were self-taught pleasures I enjoyed. To this day I sometimes do a little artwork but I don't seem to have the patience anymore to sit three or four hours and focus exclusively on my work.

Culture is my main focus as a

Native American. I believe all schools should offer Native American Studies, like they offer foreign languages. It's extremely important to get as much cultural learning in school and at home to avoid having it wiped out by government programs and mainstream life.

I'm thankful for this wonderful learning experience; I absorbed many new thoughts. One day I will use these reflections to help educate Native American students.

O he-che tu!

## Wellness Week Schedule

### Monday, April 11

7:45 - 8:15 am

1:00 pm

4:30 - 5:30

Morning Walk (East side of Skill Center)

Cystic Fibrosis Walk (Front of Education Building)

Yoga (Large Gym)

### Tuesday, April 12

7:45 - 8:15 am

11:45 - 12:15 pm

4:30 - 5:30 pm

Morning Walk (East side of Skill Center)

Noon Walk (East side of Skill Center)

Yoga (Large Gym)

### Wednesday, April 13

7:45 - 8:15 am

10:00 am

3:30 - 5:00 pm

5:00 pm

Morning Walk (East side of Skill Center)

Wellness Speaker - Chief Iron Bear  
(TJES - K-8 Grade)

Wellness Speaker - Chief Iron Bear  
(Lower Level - Jack Barden Center)

Supper with Chief Iron Bear (UTTC Cafeteria)

### Thursday, April 14

7:45 - 8:15 am

10:00 am

12:00 pm

1:00 pm

1:00 - 4:00 pm

3:30 pm

4:30 - 5:00 pm

Morning Walk (East side of Skill Center)

Wellness Center Groundbreaking (Southeast of JBC)

Wellness Walk with Dignitaries, TJES students, staff & students (TJES)

Research Awareness Day Booths (TBA)

Wellness Fair (Large Gym)

Art Contest Awards & Door Prizes (Large Gym)

Yoga (Large Gym)

### Friday, April 15

7:45 - 8:15 am

11:45 - 12:15 pm

1:00 - 5:00 pm

Morning Walk (East side of Skill Center)

Noon Walk (East side of Skill Center)

Iron Man/Woman Contest (Bowery)

## Men's Health Day Weight Lifting contest



Mr. Terry Long Elk, 1st place for heavyweight division. UTN photo Scott Davis

## United Tribes Commencement Ceremony

Friday, May 6

Keynote Speaker -  
Cecilia Fire Thunder,  
Oglala Sioux Tribal President

Lone Star Arena  
1 p.m. (Central Time)



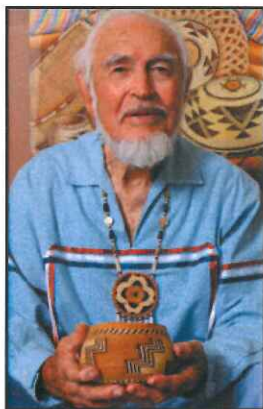
## Take your pick of picnic tables



Joel Fish (Menominee Tribe of Wisconsin) has piled up a stack of good work in the United Tribes Skill Center. The first year carpentry student designed and built two sizes of picnic tables for youngsters. The pint-sized perches are made of pine and sanded to a smooth finish, so there won't be any splinters, stained in a pecan finish and clear varnished. "I made ones like these in high school," said Fish. "People build lots of wood projects at home in the woodlands." The UTTC Carpentry Club is selling them as a fundraiser: Toddler size \$35, pre-school size \$60. Odds are they'll go quickly. Call 701-255-3285 x 1242 to order. UTN photo Dennis J. Neumann

## David Risling, Father of Indian Education, Dies

David Risling, the "Father of Indian Education," who spent his career opening the doors of higher education to Native American students, died March 13, in a hospital in Davis, CA. He was 83.



David Risling

Throughout his career, Risling was an effective champion of Indian rights and education -- and a teacher who passed along the wisdom of his father to generations of Native Americans who came after.

"It was sad to hear of his passing. He will be missed," said United Tribes Technical College President David M. Gipp. Dave Gipp, Chairman of the American Indian College Fund. "He was a major leader in Indian education and indigenous people's rights."

Risling was integrally involved in passage of the federal Indian Education and Indian Tribal Community College acts. That legislation led to the founding of 31 Indian community colleges and dozens of K-12 reservation education programs across the nation. He was a founding representative of DQ University and of the American Indian Higher Education Consortium (AIHEC) in the early 1970's.

"He was a person of absolute personal integrity, honesty and courage," said Jack Forbes, UC Davis professor emeritus of Native American studies and anthropology, and a friend of nearly 40 years. "He embodied in his life all of the attributes of a Native American leader: warrior, compassionate father, host, pathfinder, caretaker, facilitator, friend and counselor."

Risling is survived by his wife, Barbara, of Davis; children Kathy Wallace of Fairfield, Peg Murray of Forestville, Lyn Risling of McKinleyville and Ken Risling of Santa Rosa; and several grandchildren and great grandchildren.

# It's a walker-friendly campus

Walkers always have the right-of-way on the United Tribes campus. On the north loop of All Nations Circle for their noon walk March 16 are, from left, instructors Katy Churchill, Annette Broyles and Ray Dingeman, and Nutrition and Food Service student Dawn Lambert. UTTC walkers receive free pedometers, an activity journal and incentives for numbers of steps. "According to Oprah, the hardest thing about starting an exercise program is to DECIDE to do it," said Churchill. "Once you have decided, I'll bet you'll enjoy it, feel better and make new friends along the way. You'll wonder why you hadn't started before." To get in step, contact Katy at extension 1401. UTN photo Dennis J. Neumann



**Deadline for next issue: 5 p.m. - April 11, 2005**

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