



UNITED TRIBES www.uttc.edu

NEWS

NOVEMBER 2010 • VOL. 19 - NO. 11
UNITED TRIBES TECHNICAL COLLEGE
BISMARCK, NORTH DAKOTA



BIA Visitor at UTTC page 6

North Dakota First Nations Day



United Tribes News Photo Dennis J. Neumann

A CAPITOL EXPERIENCE: Gerald Dupris (Cheyenne River), a student in the United Tribes Automotive Technology Program led the procession on North Dakota First Nations Day, carrying the Staff in the United Tribes Honor Guard. The 2010 observance of the day to honor the state's Native population took place on Friday, October 8 at the state capitol in Bismarck and in the North Dakota Heritage Center. Read the keynote talk by Dr. Eric Longie (Spirit Lake) on page 13.

WE SALUTE OUR VETERAN WARRIORS



UTTC VETERAN'S DAY PROGRAM ★ THURSDAY, NOVEMBER 11 ★ 2:30 PM ★ STUDENT UNION

This program will feature the presentation of an American flag flown at a base in Afghanistan on September 11, 2010 in honor of the patriotic support shown by United Tribes Technical College and the many veterans and service personnel in the campus community. Read more about the flag on page 2.

VETERAN'S DAY HOLIDAY ★ FRIDAY, NOVEMBER 11 ★ NO CLASSES ★ NO WORK



Flag flown in Afghanistan to be presented on Veterans Day



SPECIAL HONOR: Evelyn Orth holds an American Flag that was flown September 11, 2010 at the U. S. Air Force base in Kandahar, Afghanistan. It will be presented to United Tribes Technical College during the college's observance of Veteran's Day. The flag was flown at the base on 9-11 specifically to thank United Tribes and its many Veterans for their patriotic support. Orth, the college's Practical Nursing program director, made the arrangements with her son-in-law Major Christopher Sandison, who is part of the headquarters detachment of the 158th Combat Sustainment Support Battalion. Sandison grew up in Cavalier, ND and lives in Tucson, AZ, where he is in the Army National Guard. The flag has since been returned to the United States and will be presented on Veterans Day along with a certificate. The UTTC program is sponsored by the college's culture committee and begins at 2:30 p.m. on Thursday, November 11 in the lower level of the Jack Barden Center. The public is invited to attend.



Cunch Menu

CAFETERIA HOURS:
 Breakfast: 7-8:30am
 Lunch: 11am-1pm
 Dinner: 5-6:30pm

November 1-5		November 8-12		November 15-19		November 22-26	
M	Taco Salad w/ Assorted Toppings	M	Spaghetti & Garlic Toast	M	Hotdish (Cook's Choice)	M	Beef Stew & Biscuits
T	Chicken Sandwich & French Fries	T	Poor Boy Sandwich & Potato Salad	T	Bean Soup w/ Ham & Frybread	T	Baked Ham w/ Mashed Potatoes & Gravy
W	Grilled Ham & Cheese & Tomato Soup	W	Turkey ala King & Rice	W	French Dip w/ Au Jus & Potato Chips	W	Thanksgiving Feast
T	BBQ Rib Sandwich & Oven Browned Potatoes	T	Sloppy Joe & French Fries	T	Cheeseburger & French Fries	T	Thanksgiving Break
F	Fish Sticks & Mac & Cheese	F	Chicken Nuggets & Mac & Cheese	F	Fish Sandwich & Soup (Cook's Choice)	F	Thanksgiving Break

KODA THE WARRIOR How to Draw Sunka Wakan (Shoon-Kah Wah-Kahn) CREATED BY MARK L. MINDT SPIRIT LAKE NATION

Step 1: Sketch lightly.

Step 2: Sketch long lines to make the mane and tail. Also, "flesh out" the bone structure.

Step 3: Sketch the details. Erase the lines you don't want/need. Add the shading for the muscles.

Step 4: Finally! Add color and other details for style and personality.

You can erase any lines you don't need now.

We've made it this far into the semester, so we must be following the path of the horse. Horses teach us about having Endurance and being Courageous in tough times. We must celebrate our strengths and choose to offer water when someone is thirsty, Feed someone who is hungry, and also offer shelter and warmth to those in need.

BE WELL UTTC!

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FAST-thinking co-workers save Bismarck woman

BY INSIDE MEDCENTER ONE, Reprinted With Permission

STROKE EXPERIENCE HANDLED WELL AT UNITED TRIBES

“Timing is everything” has taken on new meaning for 56-year-old Arden Boxer of Bismarck.

At 10 a.m. on May 5, she began taking her statistics final at United Tribes Technical College, where she is both an employee and student. At 10:15 a.m., her chest began to hurt. Soon, it felt as if someone was squeezing her shoulder, and pain traveled to her left arm. She asked her instructor if she could leave the room.

She met a co-worker in the hallway and told her about the symptoms. “I thought I was having an anxiety attack and went to finish my test” she said. “The chest pain went away but then my left arm and hand started going numb. I started thinking about stroke.”

Her co-worker had gone to Boxer’s boss, Barbara Schmitt, who immediately went to Boxer’s class to take her to the hospital.

Schmitt and campus nurse, Charmelle Fuchs, took Boxer to the Medcenter One Emergency and Trauma Center where she was treated for stroke.

“My mouth started getting numb, and I began drooling,” she said. “I started panicking when I could no longer move my left foot and hand. It was also becoming difficult to speak.”

A stroke occurs when a blood vessel supplying blood to the brain has burst or is blocked by a blood clot. Deprived of oxygen, brain cells begin to die within a few minutes. The part of the body controlled by the damaged section of the brain cannot function properly.

Stroke risk factors include family history of heart attacks and stroke, high blood pressure, diabetes and high cholesterol. Lifestyle factors include smoking, being overweight, lack of physical activity and not drinking enough water.

Boxer had been a heavy smoker since

her teens but hasn’t smoked since the day of her stroke” She had no other major risk factors.

“Time is brain when it comes to stroke,” said Dr. Mark Jones, a Medcenter One board-certified neurologist. “Waiting can damage the brain even more. If Ms. Boxer had waited too long, she wouldn’t have been able to have a treatment that could make her better.”

Anyone with stroke symptoms should seek emergency care immediately to maximize treatment options, Dr. Jones said. At best, there is a three-hour window from the time stroke symptoms begin for patients to qualify for taking potent clot-busting drugs that can help them recover more fully.

Thankfully, Boxer arrived in time to take the drug. “The scariest part was how fast the stroke symptoms developed,” she said. “I’m thankful the drug prevented the symptoms from worsening. I’m one of the lucky ones who got to the ER in time.”

“Even if the symptoms go away, come in because there is a limited time to determine the cause and treat it to prevent a future stroke,” Dr. Jones said. He add-



The affects of a stroke experienced by Arden Boxer, center, were minimized by the fast thinking of two co-workers at United Tribes Technical College, Barbara Schmitt, left, and Charmelle Fuchs.

ed that patients should not take aspirin before seeking care because aspirin can worsen bleeding in a patient with a broken blood vessel.

Boxer spent four days in inpatient rehabilitation – Medcenter One’s accredited hospital program devoted to helping patients who have physical or cognitive deficits as the result of an injury or disease – where she progressed from a wheelchair to walking with a cane. She was discharged with weekly outpatient physical therapy sessions and now walks without it.

“I owe so much to Barb and Charmelle. I’m also grateful for the excellent care I received from doctors, nurses and therapists,” Boxer said. “I hope other people can be helped by my story. If you have stroke symptoms, don’t wait.”

To learn more about stroke visit the website www.medcenterone.com. Medcenter One also has a stroke and brain injury support group that conducts free monthly meetings for people who have had a stroke or brain injury and their families. The group meets at 4 p.m. on the third Tuesday of each month in the Medcenter One rehabilitation dining room on the sixth floor of the hospital. For more information, contact Mandy Flag 701-323-6696, mflag@mohs.org.

If you have stroke symptoms, think FAST

Remember the acronym **FAST** to help identify symptoms that may be stroke warning signs:

F-Face: Ask the person to smile. Does the face droop or look uneven?

A-Arm: Ask the person to raise both arms. Does an arm drift or is it numb?

S-Speech: Ask the person to repeat a simple sentence. Does speech sound strange or hard to understand?

T-Time: If the answer is yes to any of the above questions, time is critical.

Call 911 immediately.

UTTC awarded NASA grant WILL BENEFIT STEM LEARNING

WASHINGTON – United Tribes Technical College is among a small group of academic institutions nationwide to receive a grant to strengthen offerings in science, technology, engineering, and math, or STEM.

NASA made the awards to nine academic institutions and their partners that serve large numbers of minority and underrepresented students. The grants total approximately \$1.15 million through the agency's Curriculum Improvement Partnership Award for the Integration of Research (CIPAIR) project.

United Tribes is among those that will receive one-year funding ranging from approximately \$145,000 to \$150,000 per year for up to three years, based on performance and availability of funds. Two other organizations will receive planning grants to increase the quantity and quality of STEM curricula.

The institutions and partners selected are:

- Atlanta Metropolitan College
- New York City College of Technology in Brooklyn, N.Y., and Hostos Community College, Bronx, N.Y.
- San Mateo/Canada Community College in San Francisco and San Francisco State University
- Santa Monica Community College in California and the University of California, Los Angeles
- Spelman College in Atlanta and Gadsden Community College, Gadsden, Ala.
- United Tribes Technical College, Bismarck, N.D.
- Virginia State University in Petersburg, Va., and Louisburg Community College, Louisburg, N.C.
- Fayetteville State University in North Carolina, and Southeastern Community College, Whiteville, N.C. (Planning Grant)
- LaGuardia Community College in Long Island, N.Y., and Medgar Evers College, Brooklyn, N.Y. (Planning Grant)



Mandy Guinn

Selections were based on proposals reviewed by scientists and educators from private industry, academia, the National Science Foundation and NASA. The formal award, financial arrangements and grant administration will be made through the NASA Shared Services Center. CIPAIR is managed for NASA by the agency's Jet Propulsion Laboratory in Pasadena, Calif.

The United Tribes STEM program is directed by Dr. Jen Janecek Hartman. Instructors Mandy Guinn and Rebekah Olson prepared and submitted the successful grant proposal.



Rebekah Olson

The awards provide funding that continues NASA's commitment to achieving a broad-based, competitive aerospace research and technology development capability among the nation's minority serving institutions, said the agency in a release. NASA continues to invest in projects that will build, sustain and provide a skilled, knowledgeable and diverse workforce to meet the emerging needs of the agency and the nation.

College Success program is on campus

BY MARY ANN KOOTENAY, Jobs for America's Graduates Specialist

The Early College Success Program (ECSP) is now operating on the United Tribes campus. It is part of the successful Jobs for America's Graduates (JAG) program in over 30 states around the country.

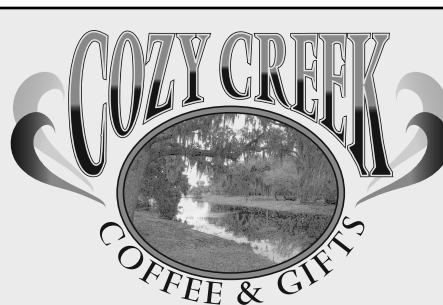
The objective is to make sure students have the necessary tools to gain and retain employment, or to continue their education into a four-year program. Students who need extra assistance benefit most from the program.

I will provide classroom instruction to incorporate study strategies, academic planning, setting goals, job shadowing and learning workplace skills. She will also meet students individually on a weekly basis, and she is the "go-to" person when students have questions or concerns about attending college.



Some of the highlights of the program are: project-based learning; weekly journaling; mentoring; and student club meetings.

To participate, please contact me, Mary Ann Kootenay, JAG Specialist, 255-3285 x 1333, mkootenay@uttc.edu, or visit the Barden Center room 217 Monday through Friday 8 a.m. to 5 p.m.



7:30 a.m. to 8 p.m. Weekdays
8 a.m. to 4 p.m. Saturday
Closed Sunday

Jack Barden Center, Lower Level
United Tribes Technical College

Cool drinks, breakfasts,
lunches (with daily specials)

Soups, sandwiches, salads &
wraps

Dine-in menu, take out or
delivery

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United Tribes



Technical College

MISSION

United Tribes Technical College is dedicated to providing American Indians with postsecondary and technical education in a culturally diverse environment that will provide self-determination and economic development for all tribal nations.

VISION

- United Tribes Technical College is a premiere college, a leader in Tribal education, arts, and cultural preservation; technology; research; and the humanities.
- UTTC foresees a campus community with state-of-the-art facilities.
- UTTC aspires to be self-sustaining in line with its mission for tribal self-sufficiency and self-determination.
- Most importantly, UTTC envisions skilled, knowledgeable, culturally-grounded, healthy graduates who will achieve their educational goals; empower their communities; and preserve the environment, tribal land, water, and natural resources.

VALUES

- United Tribes Technical College Board of Directors, Administration, Staff, Faculty, and Students are guided in their actions by the following values:

- | | |
|----------------------|------------------|
| U – Unity | T – Traditions |
| N – Native Americans | R – Respect |
| I – Integrity | I – Independence |
| T – Trust | B – Bravery |
| E – Education | E – Environment |
| D – Diversity | S – Spirituality |

- United Tribes affirms these values as being representative of the tribal medicine wheel concept. This takes into consideration an individual's physical, intellectual, cultural, and emotional wellness. When these ideals are practiced, the UTTC community will flourish.

DISABILITY SUPPORT SERVICES

United Tribes Technical College recognizes its responsibility for making reasonable accommodations to ensure there is no discrimination on the basis of a disability as established under section 504 of the Rehabilitation Act and the Americans with Disabilities Act. Reasonable support services, accommodations, and appropriate referrals are coordinated through the office of Disability Support Services.

The UTTC office of Disability Support Services is a resource for all UTTC Students with a documented disability from a licensed professional and is committed towards supporting the student in accessing all UTTC Academic Programs. The DSS office collaborates in assessing students' needs and provides appropriate reasonable accommodations in a timely manner.

UTTC Students are encouraged to schedule an appointment and visit with the Disability Support Services Coordinator in promoting self advocacy towards Academic Success within the United Tribes Technical College community.



DSS COORDINATOR:

Tammy Kelsch

Jack Barden Center • Room 215

701-255-3285 x 1465

Fax: 701-224-7230

UNITED TRIBES Parenting Classes

**Mondays
at 6 pm**



Parent Support Group

**Noon Luncheon
Meetings Every Tuesday**

**Call to pre-register
for lunch**

255-3285 x 1323

**Lewis Goodhouse
Wellness Center
Wellness Classroom**



**More information:
Lisa Stump, 255-3285 x1323**

BIA law enforcement director visits UTTC

BISMARCK (UTN) – The newly-appointed head of law enforcement for the Bureau of Indian Affairs toured United Tribes Technical College October 14. Darren A. Cruzan, Deputy Bureau Director of the BIA Office of Justice Services, met with college officials during the visit.

Cruzan's tour included the new United Tribes science and technology building. He was accompanied by Elmer Four Dance, Special Agent in Charge of the bureau's District 1 Regional Office, Aberdeen, SD.

Four Dance recently met at the college with officials from the Federal Law Enforcement Training Center's Rural Policing Institute and UTTC to set training priorities for the upcoming year.

Cruzan met with Dr. Phil Baird, VP Academic, Career and Technical Education, and other UTTC staff to discuss the training and educational initiatives in detail.

Cruzan was interested to learn that 43 different tribes are represented in college's student body in the current term.

His special interest was in the Indian Country-specific course curricula in the Criminal Justice Program, and the college's initiatives in the area of law enforcement training.

For several years, United Tribes has been creating partnerships with law enforcement agencies for training, increased coordination of law enforcement services, enhanced training opportunities for Indian country and rural policing agencies, and the development of a law enforcement training center at the college.

Cruzan expressed an interest in the



Darren A. Cruzan, center, Deputy Bureau Director of the BIA Office of Justice Services, toured the new United Tribes science and technology building where Criminal Justice training classes will be held. At right is Elmer Four Dance, Special Agent in Charge of the bureau's District 1 Regional Office, Aberdeen, SD; at left is United Tribes Safety Director Bill Wuolu.

training at UTTC and recruiting accomplished students for employment as Indian country law enforcement professionals. He also said he would be interested in meeting further with UTTC and tribal officials to further common objectives.


Cruzan is an enrolled member of the Miami Tribe of Oklahoma. He was appointed September 27 to head up BIA law enforcement by Assistant Secretary of Indian Affairs Larry Echo Hawk. He was selected for, among other things, his knowledge and experience in law enforcement at all levels within Indian Country. He served as a tribal police officer, law enforcement trainer at the Indian Police Academy, and criminal investigator. As a Supervisory Special Agent at Crow Agency,

MT, his department was pivotal in reducing the number of DUI related fatalities on the reservation. Most recently he was a division chief in the Pentagon's Force Protection Agency in Washington, DC.

At the time of his appointment, Cruzan mentioned the need for "creative, innovative and meaningful initiatives" to improve the quality of life for tribal communities.

"The recently signed Tribal Law and Order Act affords us the unique opportunity to improve law enforcement services in Indian Country and promotes positive changes in the way we serve and protect our people," he said.

Cruzan said he would be interested in returning to UTTC for the college's graduation ceremony in the spring



United Tribes Technical College Criminal Justice Program presents...

TRIBAL LAW ENFORCEMENT TRAINING PROGRAM

Crime Scene Photography for Police Officers: January 27, 2011
Drug Investigation: February 23-26, 2011

Dates & details subject to change
More information: Brent LaRocque 701-255-3285 x 1490, blarocque@uttc.edu

Upcoming Topics in March/April 2011
• Stress Management for Law Enforcement
• Reid Interviewing and Interrogation (limited to 50 participants)

Gandhi Peace scholarships awarded

BISMARCK (UTN) – Two United Tribes Technical College students have been awarded the Sherman Brunelle/Gandhi Peace Scholarships for 2010. The recipients are Claudette Yellow (Standing Rock) and Adam Nadeau (Turtle Mountain).

The awards were presented October 2, on the 141st anniversary of Gandhi's birth, at the Gandhi Peace Dinner at First Presbyterian Church in Bismarck.

Claudette Yellow is an enrolled member of the Standing Rock Tribe. She is a single mother of four children; two are affected by autism spectrum disorders. "I spend any free time I have educating myself on the subject, learning to help my son and daughter and sharing what I know with others," she wrote in an essay for the Gandhi scholarship.

A student in the college's Computer Information Technology program, Yellow maintains a 3.7 GPA. She believes that information technology can be used to "reach across worlds to communicate and share ideas and our way of life with others." She wrote that she is excited about "helping to make this a better world through the power of knowledge in world cultures and ideas."

Adam Nadeau is from the Turtle Mountain Band of Chippewa. He is a student the college's Practical Nursing Program with a 4.0 GPA. In his essay, he wrote that he tries to keep his impact positive to influence those around him. "The fiber that holds my moral fabric together



Recipients of the 2010 Sherman Brunelle/Gandhi Peace Scholarships are Adam Nadeau (Turtle Mountain), and Claudette Yellow (Standing Rock). United Tribes News photo Dennis J. Neumann

is trust," he wrote. "I stick to the truth because when someone's trust is mistreated, you can never regain that bond again."

Both students also received copies of the Gandhi autobiography, "The Story of My Experiments With Truth." The book covers Gandhi's life from early childhood through to 1920. One publisher designated it as one of the "100 Most Important Spiritual Books of the 20th Century."

The scholarships were created in 2003

by Aruna and Vinod Seth, Bismarck, as part of the work of the Gandhi Peace Network of North Dakota, in honor of the late Sherman Brunelle, a United Tribes employee. The two \$500 awards, along with other projects of the peace network, were funded by proceeds from the Gandhi Peace Dinner.

"If Gandhi was here, that's what he would do," said Aruna Seth in presenting the awards.

Please Stop
Domestic Violence

Lets help each other stay safe...

If you have any questions or concerns about domestic violence, my office is in the Wellness Center. I am available M - F, 8-5.

You may call UTTC Security to get in touch with me after hours.

The United Tribes Domestic Violence program partners with the Abused Adult Resource Center. Their hours are 8-4, M - F. 701-222-8370. After hours 1-866-341-7009.

STAY SAFE, STAY ALIVE.

UTTC respects your privacy and confidentiality.

WE WANT YOU TO BE SAFE.

Julie Beston Sage,

**Domestic Violence Advocate
United Tribes Technical College**

701-255-3285 x 1456

jbestonsage@uttc.edu

Letter of Thanks and Appreciation



Dear Ms. Arlene Ball,

I am the proud recipient of the simply beautiful star quilt you made for the September 8 giveaway at the United Tribes Tribal Leader's Summit in Bismarck.

This truly means so much to me because my father, John Laschkewitsch, was adopted into the Standing Rock Tribe on Aug. 15, 1964. He was given the name Jumping Bull by Frank White Buffalo Man of LaPlante, SD.

It is with humble gratitude that I send sincere thanks to you for the privilege of having this magnificent quilt to display in my home.

Respectfully,
Cheryl McNatton, Bismarck

CATCH



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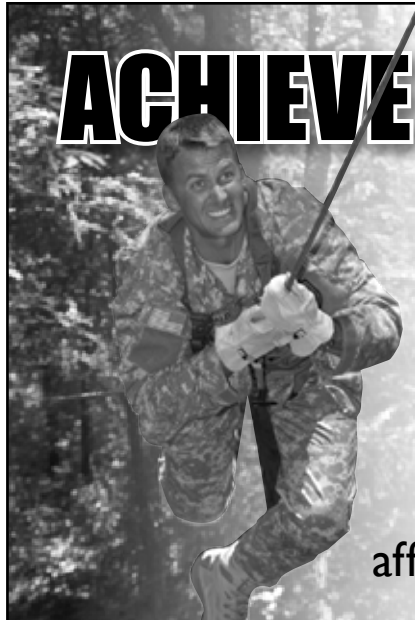
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What will you do?

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achieve your goals, be part
of a team and dramatically
affect everything around you.

NATIONAL GUARD

SFC Jesse Klein: 701.426.2034
NDGUARD.com

Join the North Dakota Army
National Guard and discover
just how far you can go.





UTTC Wellness Center would like to announce that it is starting a new group for on campus UTTC veterans "Freedom Defenders" both students and staff are welcome to attend. The meetings will be monthly on the second Wednesday of every month (except May 2011) from 5:30-6:30 in the Wellness Center conference room. The first meeting will be Wednesday, November 10, 2010.

During these gatherings veterans will learn about benefits, community and national resources available. Become educated on topics directly effecting veterans. Coffee, snacks and door prizes will be given out.

For additional information please contact Michael Iken at 255-3285 ext 1277 or miken@uttc.edu.

TIME:
5:30 – 6:30 p.m.

MEETING DATES:
November 10, 2010
December 8, 2010
January 12, 2011
February 9, 2011
March 9, 2011
April 13, 2011
May 4, 2011

United Tribes Technical College presents...
St. Alexius Employee Assistance Program

BROWN BAG Professional Development Education & Training Series

Lower Level Conference Room • Jack Barden Center
United Tribes Technical College • Bismarck, North Dakota

TIME: 12:00 - 12:50 PM

LUNCH PROVIDED • CEU's EARNED • OPEN TO STAFF & STUDENTS

MORE INFORMATION: Rhonda Breuer, 701-255-3285 x 1240, rbreuer@uttc.edu



Wednesday, November 3

TRAINING TOPIC: Managing Negativity
PRESENTER: Kari Schoenhard, LCSW, LAC, CEAP

PRESENTATION HIGHLIGHTS

Managing negativity in the workplace and classroom will help make those atmospheres more positive, productive and supportive. We may not be able to control the situation causing the negativity, but we can choose ways to better handle the behavior and attitude of the "negaholics" in our lives to avoid joining them in the negativity.

Wednesday, November 10

TRAINING TOPIC: Dealing With Conflict
PRESENTER: Dick Werre, LSW, LAC

PRESENTATION HIGHLIGHTS

This presentation will introduce concepts designed to promote balance and harmony through conflict resolution in the workplace and classroom, and during difficult encounters with friends, family, and members of the community. The presentation will define factors that influence our response to conflict, and teach participants effective approaches to conflict resolution.

Wednesday, November 17

TRAINING TOPIC:
Diversity in the Workplace & Classroom
PRESENTER: Chuck Motis, MS, LAC, LPCC

PRESENTATION HIGHLIGHTS

Are you prepared for the emerging changes in the workforce and classroom? As these environments become increasingly global, students and employees are faced with complex cultural issues that are sometimes not easily resolved. A multi-ethnic environment creates surprising and often unforeseen problems that require delicate handling to keep valuable people happy and productive. Today's successful organizations actively avoid discrimination based on race, age, gender, ethnic background, religion or sexual orientation. This presentation will make you more aware and sensitive to the cultural diversity of our modern world.

Professional Development Day



REPORTING IN: Red Koch received the full attention of UTTC staff members and onlookers during Professional Development Day. The college's transportation director was reporting the results of one group during the session "How My Job Measures Success." The break-out was one of 17 presentations during the two day event September 22-23, attended by all faculty, staff and students at the college. The theme was "Connecting the Dots for Success." United Tribes News photo Dennis J. Neumann

History made with Health Care Reform Act

BY IRIS L. (MAIN) HAS THE EAGLE

As a Native American adult woman and mother, I believe VERY passionately and strongly that Treaty Rights should be honored by the government. My late grandfather, James Main, Sr., taught me that about 300 treaties were made with Native People and all were broken. It used to make his blood boil.

I was ecstatic about passage of the health care reform act, and that it contained benefits for our people. I heard North Dakota Senator Bryon Dorgan say that "It's scandalous that federal inmates receive better healthcare than Native American People in this country; it is our obligation as Americans to honor First Americans treaty rights."

With that statement I started to cry because my heart was moved at his state-

ment. It was so clear to me why my grandfather was angry.

According to Senator Dorgan's website (www.dorgan.senate.gov), he and others have pushed and pushed and supported health care reform to be passed into law for almost two decades! Sounds like some modern day warriors to me.

As chairman of the Senate Committee on Indian Affairs, Mr. Dorgan authored the "Indian Health Care Improvement Act." He believes it will save Native American lives.

It came just in time because the Senator Dorgan announced his retirement. Who knows how much longer our people would have had to wait to have it passed, if ever, without Mr. Dorgan and others making it a "top priority" in the past two decades.

All that has transpired by the passing of this law has been because of prayer. Some may think otherwise, but if you study history, our great chiefs prayed for our people for these kinds of changes. If they were alive today, I know their hearts would be broken with sadness to see the things that are killing our people today. But they would applaud and rejoice the passing of new Indian Health Care Improvement Act, because many of those chiefs signed the treaties that were broken. They would all tell you that prayers are powerful. And we, as Native People, can make things happen through prayer.

Iris Main (Nakota/Assiniboine) is a former student from Fort Belknap College, Harlem, MT, and is currently pursuing a business management degree online.

Meal presentation is coursework



United Tribes News photo Dennis J. Neumann

COOKING FOR FRIENDS: Meal Manager Ron His Horse Is Thunder Jr. tests portion size for the October 15 "Quantity Foods Meal" at the United Tribes Skill Center. Looking on is Kathleen Brown. Both are students in the United Tribes Nutrition and Foodservice Program. The meal is a class exercise in planning, preparing and serving a meal for a group. The theme for His Horse Is Thunder's meal was Italian, featuring Parmesan chicken breast with Fettuccine in tomato/pesto sauce and fresh steamed broccoli. Those partaking in the tasty learning experience are members of the United Tribes staff and students.

Look What's Cookin'!

The Nutrition & Foodservice Vocation's Quantity Foods class will serve meals on the following Fridays:

October 29 & November 5, 19 • 11:30 AM - 12:30 PM

Land Grant Room • Skill Center

Cost: \$5.00 per meal



Oct. 29th **NATIVE AMERICAN TRADITIONAL FOODS**

Green Chili with Corn Bread, Three Sisters Platter w/ Creamy Herb Dressing & Wild Blueberry Ice Cream w/ Chocolate Tuile Cookie

Meal Manager: Josiah Jacobs

Nov. 5th **MEXICAN FIESTA**

Glazed Tex-Mex Ribs, Nutty Green Beans with Radishes, Whole Wheat Bread & Ambrosia Fruit Salad

Meal Manager: Almona Oakie

Nov. 19th **MEATLOAF DINNER**

Meatloaf, Mashed Potatoes & Gravy, Tossed Salad, Strawberry Shortcake

Meal Manager: Jamie Cameron

More information: Annette E. Broyles, 701-255-3285 x1406, abroyles@uttc.edu

United Tribes joins 'climate neutral' campus campaign

BISMARCK (UTN) – United Tribes Technical College has joined with other institutions of higher education in the fight against global climate change.

The college has signed-on to the American College and University Presidents' Climate Commitment (ACUPCC). UTTC President David M. Gipp signed a climate commitment pledge earlier this year.

It means United Tribes will create an institutional action plan to move towards climate neutrality. The plan would help to reduce and eventually eliminate all net global warming emissions, and accelerate research and education to equip society to re-stabilize the earth's climate.

POSSIBLE CLIMATE COMMITMENT ACTIONS

- Adopt green standards for buildings
- Require ENERGY STAR certification for products purchased by the college
- Offset emissions due to air travel
- Encourage public transportation
- Purchase energy from renewable sources
- Support climate and sustainability shareholder proposals through the college endowment
- Participate in the Waste Minimization component of the national RecycleMania competition

According to the ACUPCC, their effort is the first by any major sector of society to set climate neutrality – not just a reduction – as its target. The undertaking is inspired by efforts like the U.S. Mayors Climate Protection Agreement, the U.S. Climate Action Partnership and other collective efforts by states and businesses.

With inertia at the federal and international levels, the ACUPCC network sees itself as an important vehicle for bringing leadership to the issue and serving as a role model for regional, national, and international initiatives.

Each institution that joins the challenge retains the autonomy to chart its own course and set its own pace. More than 200 institution-specific climate action plans

have been submitted to date and are available for public viewing at www.acupcc.org/reportingsystem. They provide exciting, diverse examples of how it is possible to fulfill this commitment in a variety of ways, said the group.

“Colleges and universities must lead the effort to reverse global warming for the health and well-being of current and future generations,” said Michael Crow, President of Arizona State University and Co-Chair

of the ACUPCC Steering Committee.

The steering committee is comprised of more than 20 university and college presidents and is staffed and supported by Second Nature, a Boston-based national nonprofit organization, with additional support provided by the Association for the Advancement of Sustainability in Higher Education (AASHE).

Learn more at: www.presidentsclimatecommitment.org.

UTTC Thunderbirds Soaring For A Greener Tomorrow

Keep Our Campus Beautiful!



Please Use Trash Containers!

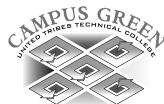
United Tribes Technical College Has Gone GREEN!

Why?

- We Take Pride in Our Mother Earth •
- To Transform Our Economy and Daily Lives • Improve Energy Efficiency
- Cut Costs • Generate Funding, Job Training & Academics • Create Partnership Opportunities

How?

- UTTC joined the American College & University President's Climate Commitment (ACUPCC) who in collaboration with other colleges/universities have committed to turning their campus/universities green by educating students, creating solutions, and providing leadership by example.
 - By Reducing, Reusing, and Recycling
 - By Inspecting and Certifying that all Buildings are Energy Efficient



For More Information or Questions, Please Contact the Following:

Danny Myers, Sustainability Specialist

Bismarck, ND 58504 | Ph: 701-255-3285 x1500 | Cell: 701-391-0164 | dmyers@uttc.edu

“Treat the earth well: it was not given to you by your parents, it was loaned to you by your children. We do not inherit the Earth from our Ancestors, we borrowed it from our Children.” ...Native Proverb

North Dakota First Nations Day

October 8, 2010 • North Dakota Heritage Center
Remarks by Dr. Eric Longie (Spirit Lake Tribe)

I'm really honored to be here. I appreciate being asked me to speak here at First Nations Day. My theme is "Striving for Excellence While Maintaining Culture and Tradition." It's an important topic that we all have to understand. I don't mean to insult anybody and say you don't understand the culture and traditions, but in my view, we really need to look at what is culture and what is tradition and how it works in today's world.

I want to thank my daughter Angie and my granddaughter Marne for coming here with me today. I'm always nervous speaking to groups and it's good to have some support. Thank you, Angie. I also want to thank the drum group [Wise Spirit Boys] for the good Flag Song. It's good to hear the Flag Song; it's good to hear young Indian boys singing.

I want to start with an obvious example of culture and tradition and excellence, and those are the tribal colleges. If you look at the tribal colleges today, you can see how successful they are – all the while promoting culture and tradition. It wasn't always that way. In 1987, I was appointed to the board of Little Hoop Community College. An accreditation agency had become tired of us; they were tired of our 13 years of candidacy. They told us either get accredited or they'd kick us out of the group. So we hired an experienced administrator, Dr. Merrill Berg. He got us out of candidacy status and we received accreditation. But it took a lot of hard work. And back in those days the funding was only about \$2,500 per student. I think it's almost double or triple that today. When I eventually replaced Dr. Berg and became academic dean, there was no USDA funding, there was no President's Executive Order, there was none of that funding and it was tough to run those colleges on a shoe-string budget. But we did it, and we did it because we stuck to our traditions and our culture.

I remember at a panel around 1991 at



Dr. Eric Longie

UND there was a discussion about giving up our sovereign status so we could get more grants for the tribal colleges. But all of us [from the tribal colleges] insisted, no, we will not give up sovereignty to make us eligible for more grants. So, the tribal colleges are the obvious example of excellence and truth maintaining culture and tradition.

But, I want to talk about something a little more personal today. I want to talk about what might be the forgotten part of our culture, and that's our values. All Indian tribes have the same values; we just state them differently. For the Dakota we say: courage, honesty, perseverance and generosity. Other tribes have similar ones. We just state them differently. We've done a fairly good job of maintaining the language, even though in a lot of places the language is disappearing fast. We have revived a lot of songs. We have revived a lot of the ceremonies. And it's a good start. But if we are going to survive as Indian people and keep our culture we need to go back to those values. We need to go back to our traditional values. And in my case, the traditional values are honesty, courage, perseverance and generosity.

I know for a fact, if you are a leader, or if you're a tribal worker, or whoever you are, if you don't have courage and honesty, you're going to be mediocre worker; you're going to be a mediocre supervisor; you're going to be a mediocre board member; you're going to be a mediocre tribal council member. You need to have those two values; they're really important. Perseverance is also important, often underrated. If you're a leader and you can't persevere when things start going rough, you're not going to be very successful. So, we as Indian people need to go back to those tribal values.

If you look at the headlines today at the national level you see all the scandals. And if you go into Indian newspapers, like *Indian Country Today*, and search for corruption, you see all the stories that come up. The reason for that is because we haven't kept to our traditional values. We have lost our honesty in a lot of cases. We have lost our ability to persevere. We give in too easy. We take the easy way out, which is often the unethical way and sometimes the illegal way, because we have lost those values. We need to take all aspects of our culture, the singing, the ceremonies, the dances, and incorporate those with the values. In my view – and I get into trouble back home for speaking like this – but in my view, the people who go to ceremonies, some of them need to practice our values more. So, we can't just keep our culture alive by picking a segment, a part of it, and forgetting about everything else.

If you look at tribal nations today, you see rampant unemployment, you see the suicides, you see every dysfunction there. One of our ancestors, Charles Eastman, said that a person who lied was considered evil, and he was killed to prevent the evil from spreading throughout the village. Our ancestors looked at lying as evil, and if you lied you were put to death. How

Continued on page 23

TCU DRUMBEATS:

Perspectives about Tribal Postsecondary Accreditation

BY DR. PHIL BAIRD (Sicangu Lakota), Vice President of Academic, Career & Technical Education

Dr. Phil Baird's introduction to this subject appeared in the March 2010 edition of *United Tribes News*, under the title: "To Be or Not to Be: The Evolution of Tribally-controlled Postsecondary Education." This follow-up discussion contains the views of leaders of the American Indian Higher Education Consortium. Baird is a past president of the National Indian Education Association, former Vice President of Sinte Gleska University, and is currently Vice President of Academic, Career and Technical Education at United Tribes Technical College. UTTC is presently engaged in self-study activities in pursuit of continued accreditation by the NCA Higher Learning Commission, which was the catalyst for this paper.

At the 2010 AIHEC board of directors' spring meeting, some TCU leaders shared their perspectives about AIHEC's goal for establishing a tribally-controlled postsecondary accreditation model.

In general, these TCU leaders – astute, seasoned and distinguished Native American educators – understood and supported the doctrine of tribally-controlled education. Their responses to the following questions were informed, pragmatic yet realistic, and hopeful but cautious.

Q "Can there be a Tribally-controlled postsecondary accreditation model?"

It is clearly recognized that postsecondary accreditation is a non-tribal process. According to several leaders, the first question for tribal colleges and universities is whether or not TCUs want to pursue this pathway to validate their place in higher education.

Past and present TCU leaders believe, in principal, there can and should be a tribally-controlled postsecondary model. This was one of AIHEC's original goals. As an exercise in tribal sovereignty and self-determination, this idea is consistent with tribal aspirations and philosophies about why TCUs were established in the first place.

Another reason for a TCU model is the fact that TCUs are different from their mainstream institutions of higher education – by virtue of indigenous cultures, histories, geographies, politics, organizational structures, and financial resources. TCUs are also distinctive in providing access to educational opportunities at multiple levels for student-learners representing as many as 200-250 tribes in the U.S.

Several TCU presidents suggested that perhaps only Native American educators and those connected with TCUs can truly understand, appreciate, and validate the delivery and quality of the education programs by tribal colleges and universities. Certainly a TCU model would cultivate a stronger voice by TCU leadership in accreditation arenas. One president felt that a tribal model might strengthen the mindset of the evaluation process as a more authentic journey in the search for evidence of student success as opposed to being perceived as an institutional burden imposed by outside forces.

A problem that might be resolved with a TCU model is the lack of understanding and sensitivity by consultant-evaluators about why TCUs exist. TCU leaders become exhausted and frustrated at having to repeatedly explain tribal his-

tories, political origins, cultural contexts, and the place of TCUs in the world of education. In some extreme cases, TCUs have had to deal with this problem as a form of intercollegiate paternalism, prejudice, or even institutional racism, by mainstream peer evaluators. TCU presidents said past accreditation experiences have been fraught with personal judgments of consultant-evaluators.

In more recent years, there have, in fact, been more consultant-evaluators coming from TCU backgrounds. Several said that they felt compelled to articulate and clarify the TCU roles and operations for their accreditation team members who had no prior experiences with tribal colleges. This interaction was key for effective evaluations.

Another pragmatic advantage of a TCU accreditation model is that its purpose could focus on the mission of most TCUs, that being the rebuilding and strengthening of Indian Nations. Mainstream accreditation entities are increasingly becoming centered on a postsecondary institution's viability in producing graduates who are globally competitive. This focus has the potential to distract from, and even create tension with, those TCU objectives and outcomes directed at developing "resident expertise" that focuses on helping their relatives, communities and tribes toward goals of being educated, self-sufficient, and "protecting the future of Indian Country."

TCU presidents pointed out that establishing a consensus about the purpose(s) of a TCU accreditation model will be critical to its development. Even before this task is accomplished, however, there is already an in-depth understanding about the challenges and difficulties in creating a different model.

**UTTC
SELF-STUDY**

United Tribes Technical College is currently conducting a self study evaluation. A written report of its findings will be produced for its NCA reaccreditation visit. The NCA comprehensive visit will take place in 2010-2011. If you have questions or comments regarding UTTC's self-study experience, please send them to: ncaaccreditation@uttc.edu. To learn more about the NCA accreditation process, visit the website: <http://www.ncahlc.org>



Dr. Phil Baird

Q *“What are the potential challenges in establishing a Tribally-controlled postsecondary accreditation model?”*

According to TCU leaders, the development of a TCU accreditation model will need to be based on an innovative, comprehensive system with clear purposes, standards, procedures, and protocols that recognize tribal values and cultural diversity.

This system will need to be supported with buy-in from its membership, stable financial resources, and a tremendous amount of time and energy committed upfront on the development of the infrastructure. In the long-term, one might expect that financial support of such a system will be costly, requiring a broader constituent membership base than presently exists.

Once developed, the system will need to build trust and accountability, and maintain standards of integrity, to gain acceptance from tribal and mainstream institutions of higher education. Can TCUs create and sustain such a system?

One of the initial challenges will be to articulate a purpose. Today’s mainstream accreditation processes are intended to evaluate student learning outcomes that are shaped by professional and industry-skills standards. They serve to review “best practices” validated by research, test multiple assessments of progress based on evidence, and measure the global competi-

tiveness of postsecondary graduates. And they are meant to be responsive to public demand for institutional accountability and transparency. Central to this discussion is whether, and to what extent, a tribal postsecondary accreditation model should embrace similar purposes?

One person characterized this as TCUs trying to “tribalize” the mainstream accreditation model by using the same standards (e.g., assurances of quality, accountability and sustainability) that are evaluated through a peer review process. If this is the case, it was suggested that TCUs might be better off to focus on educating the leaders and consultant-evaluators of current accrediting agencies and develop more authentic processes for validating TCUs within the existing structures.

A major challenge for establishing a TCU model will be, not only identifying standards of quality and accountability, but gaining consensus about how assessment measures are defined. Because of federal and state funding, tribal colleges are already struggling with institutionalizing and evaluating key performance indicators (e.g., academic progress, retention, completion, placement, etc.) which might not accurately represent students and their learning situations at tribal colleges. Some TCU presidents believe flexibility will be needed, given the diversity of tribal cultures and institutional characteristics as well as the socio-economic characteristics of the students served.

Will it be overwhelming to create another set of standards and key performance indicators? Most TCUs are already accredited by either the North Central Association’s Higher Learning Commission or the Northwest Commission on Colleges and Universities. For certification of professional programs, some also subscribe to other entities such as trade unions, state teaching boards, and national nursing commissions. Will another accreditation agency be perceived by TCU leadership as more programmatic and financial burden?

One TCU president pointed out two areas for concern: the generous nature of people within indigenous cultures and the shared experience of those in the pool of professionals in tribal postsecondary ed-

ucation. Peer-evaluators might be more sensitive to the evolution and administration of TCUs. But could familiarity compromise objectivity and consistency of the standards? TCU leaders believe these concerns could be tested depending upon the rigors of the accrediting processes.

After the establishment of a TCU accreditation model, a major challenge that can be anticipated will be the level of acceptance by external entities such as the U.S. Department of Education and other institutions of higher education, including tribal “sister” institutions. Someone facetiously commented that maybe regional accrediting agencies would support a tribal model so they wouldn’t have to deal with tribal colleges.

However, important issues such articulation agreements, transfer of credit, and eligibility for federal funding are related to postsecondary accreditation status. The development of a tribal system will need to take into consideration these and other critical issues that impact the future of tribal colleges and universities.

Q *“Can the American Indian Higher Education Consortium serve as the accrediting agency?”*

Most TCU presidents felt it was a worthy aspiration of early AIHEC leaders to establish a goal for a tribally-controlled postsecondary accreditation model. They understand that idea was inspired in an era when tribally-controlled education was emerging. But they also recognize that the consortium has evolved into an effective political advocacy group. To introduce accreditation to the mission would present a conflicting purpose and the potential for conflicts of interest.

TCU leaders also perceived that Consortium members may be reluctant to embrace tribal peer review since all TCUs are in competition for the same public and private sector resources for institutional support. Unless a model with strong objectivity and consistency is demonstrated, peer reviews might be seen as disadvantageous in accessing those resources.

But given what it represents, the Consortium is seen as the most obvious vehicle for discussions about developing a

Continued on page 19

United Tribes Cross Country



**2010
2011**



From left: Lane Standish, Hanna Hellekson, Justin Many Ribs, Jayli Fimbres, Patrick Wolf, Alvina Wolf, David Dobbs, and Coach Judith (Dolly) Hellekson

2010 CROSS COUNTRY SEASON

September 3

Valley City State Invitational, Valley City, ND

MEN (28 entrants, 6,400 meters)

- 5th Justin Many Ribs 22:12
- 16th David Dobbs 23:47
- 17th Patrick Wolf 24:01

WOMEN (33 entrants, 4,000 meters)

- 6th Jayli Fimbres 16:23
- 14th Hannah Hellekson 17:15
- 23rd Alvina Wolf 18:14

September 18

Herb Blakely Invitational, Madison, SD

MEN (33 entrants, 8,000 meters)

- 10th Justin Many Ribs 28:03
- 12th Patrick Wolf 28:20
- 25th David Dobbs 30:44

WOMEN (35 entrants, 5,000 meters)

- 9th Jayli Fimbres 20:56
- 13th Hannah Hellekson 21:15
- 20th Alvina Wolf 22:04

September 24

Dickinson State Invitational, Dickinson, ND

MEN (26 entrants, 8,000 meters)

- 4th Justin Many Ribs 26:58
- 14th Patrick Wolf 28:28
- 16th David Dobbs 29:16
- 26th Lane Standish 38:52

WOMEN No Results

October 1

Jamestown College Invitational, Jamestown, ND

MEN (77 entrants, 8,000 meters)

- 5th Justin Many Ribs 27:31
- 23rd Patrick Wolf 28:55
- 43rd David Dobbs 29:54

WOMEN (82 entrants, 5,000 meters)

- 28th Jayli Fimbres 21:09
- 30th Hannah Hellekson 21:12
- 46th Alvina Wolf 22:05

October 15

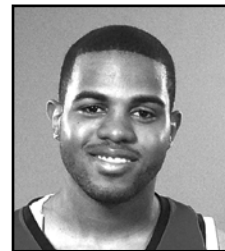
Minot State Invitational, Minot, ND

No Results

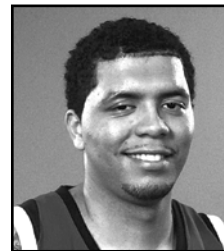
UPCOMING:

November 13
NJCAA Division I National Meet,
Spartanburg, SC

More information about United Tribes Cross
Country: <http://www.uttc.edu/athletics/>.



#1, James Bagwell, SO,
6'4", Highland Park, MI



#4, Breon Quintero, FR,
6'2", Colorado Springs,
CO



Chris Iron Shield, FR,
5'10", Standing Rock



#24, Nick Houston, FR,
5'9", Eagle Butte, SD



Tyler Two Heart, SO,
6'2", Mobridge, SD



Garyl Snell, FR, 6'5",
Crow Agency, MT



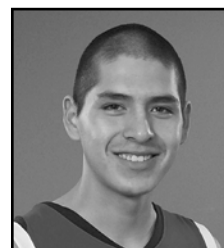
#14, Giles Eagle
Feathers, FR, 6'2",
Browning, MT



#42, Ronald Rousseau,
FR, 6'9", Eagle Butte,
SD



#23, Pat Wolf, SO 6'3",
New Town, ND



#40, Devero Yellow
Earring FR, 6'4", Eagle
Butte, SD

THUNDERBIRDS



#10, Jule Anderson, SO, 6'2", Washington, DC



#21, Lyle St. Goddard, FR, 6'1", Browning, MT



#12, Jayli Fimbres, FR, 5'4", New Town, ND



#15, Ashley Ross, SO, 5'5", Ft. Thompson, SD



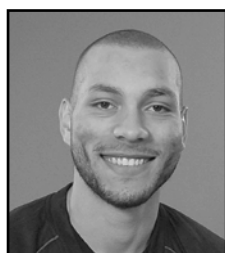
#25, Marie Spotted Horse, SO, 5'7", Mandaree, ND



T-Bird Head Coach: Kevin Rice



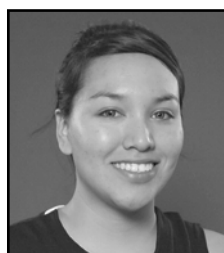
#50, Todd Raining Bird, FR, 5'9", Busby, MT



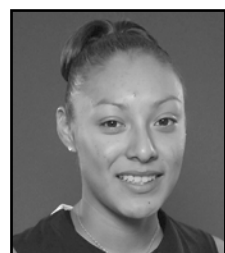
Mike Villa, FR, 6'3", Miami, FL



#43, Alyssa Starr, SO, 5'9", Twin Buttes, ND



#40, Brianne Herman, FR, 5'9", Mission, SD



#5, Latoya Crazy Bull, FR, 5'5", Lower Brule, SD



Lady T-Bird Head Coach: Daryl Bearstail



#15, David Dobbs, FR, 6'0", New Town, ND



#33, John Gunville, SO, 6'6", Dunseith, ND



#32, Olivia Spotted Bear, FR, 6'1", Mandaree, ND



#4, Marisa Laundreaux, FR, 5'4", Eagle Butte, SD



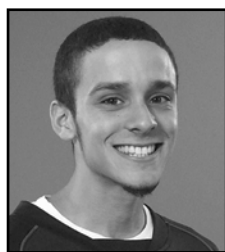
#3, Hannah Hellekson, SO, 5'8", Bismarck, ND



T-Bird Assistant Coach: Delmar Clown



#22, Charles Pappan, FR, 6'4", Browning, MT



Chris Menendez, FR, 5'9", Miami, FL



#0, Alvina Wolf, FR, 5'8", New Town, ND



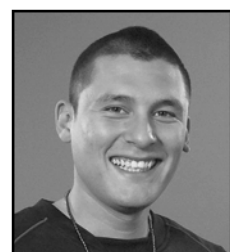
#34, Melanie Howard, FR, 5'11", Kenel, SD



#44, Shanaye Packineau, FR, 5'8", Parshall, ND



Lady T-Bird Assistant Coach: Erik Abby



Dalton Kepin, FR, 6'2", Standing Rock



Thunderbirds November Schedule

4-5 NDSOS-Wahpeton Circle of Nations Classic..... M&W..... TBA
 11-13 MonDak Conf. Pre-Season Tourney @ Williston State..... M&W..... TBA
 19-20 Warren Arman Classic @ Bismarck State College..... M&W..... TBA
27 Turtle Mountain Community College..... M&W 6-8
 30 Northern State University JV, Aberdeen, SD..... W 6:30

Athletic Director:
Daryl Bearstail
Athletic Trainer:
Brandy Currie,
MedCenter One, Inc.
President: Dr. David Gipp

HOME GAMES IN BOLD

THE LEWIS GOODHOUSE

WELLNESS CENTER



The Lewis Goodhouse Wellness Center houses UTTC's Community Wellness Services. UTTC has made a major commitment to the health and wellness of our students, staff and visitors within the campus community. United Tribes Technical College promotes a safe environment to experience diverse cultures, sample the mainstream, and focus on building the student's future in a good way on their path of "Life Long Learning".

The Wellness Center provides a multi-disciplinary approach enhanced by professionally trained staff. The departments included are: Center for Academic & Personal Counseling, Chemical Health, Disability Support Services, Domestic Violence Advocate, Resident Life - Single Student Housing, Strengthening Lifestyles, and Student Health.



Mission Statement: Our Wellness Center believes in a holistic approach, blending cultural practices with the best in physical, emotional, mental and spiritual care. The Wellness Center provides students and staff with state of the art exercise equipment along with counseling services and healthy living guidance to include support of spiritual growth utilizing traditional methods.



CENTER FOR ACADEMIC & PERSONAL COUNSELING

(Formerly The Center for Student Success)

LEWIS GOODHOUSE WELLNESS CENTER

Monday - Friday
8:00 a.m. to 5:00 p.m.

Offering Noon Hour Coverage
Appointments Encouraged...
Walk-Ins Welcomed!

In case of an after-hour emergency:
Contact UTTC Security Department
(701) 255-3285 ext. 1200, 1300
An on-call staff member will be con-
tacted

MISSION STATEMENT:

The CA&PC is committed to the UTTC student by providing professional and cultural development services to enhance life-long learning, personal growth and educational success.

VISION STATEMENT:

A holistic, healthy student is the center of our vision. This includes social, mental, physical and spiritual growth in support the UTTC student in an increasingly changing environment of learning.

VALUES:

We will provide standards of ethical conduct to protect the well-being of our students. We value the quality of student life and are committed to honor and respect all Native Americans and their cultures. We express our values through listening, confidentiality, trust, honesty, competence, integrity, courtesy, and serving our students with care and professionalism at all times.

SERVICES:

The Center for Academic & Personal Counseling offers a variety of services. Such services are held in the strictest of confidentiality. The services include, but are not limited to:

- Supportive Academic & Personal counseling (Individual, family, group)
- Assisting in the transition to UTTC Community life
- Supportive Counseling Consultation services
- Referral services
- Mediation services
- Intervention services
- Campus Wellness & Educational activities



TCU DRUMBEATS Continued from page 15

framework for a tribally-controlled postsecondary accreditation model.

Q “What might be the next steps in exploring the establishment of a Tribally-controlled postsecondary accreditation model?”

If developed similar to mainstream mechanisms, the elements of a tribally-controlled postsecondary accreditation system will encompass measures of student success, curricular content, governance, resource distribution, community relationships, decision-making, fiscal accountability, technology as an educational tool, and research capacity.

According to TCU leaders, a tribal model might also assess contributions and impact toward the evolution of 21st Century Native communities served by TCUs. This could encompass indigenous culture revitalization, perpetuation of native languages, advancement of economic opportunities, conservation of Indian land resources, modification of tribal governance structures, protection of tribal sovereignty, succession of leadership, and ultimately, impact on quality of life.

There is a tremendous opportunity that emerges with the discussion about a tribal model. If the assessment process is to focus on the TCU student, then tribal leaders and educators will need to contextualize and describe how “a 21st Century learner is educated by a tribally-controlled education system.” This could involve defining the qualities, attributes, and skills of a “highly-functional tribal member.” Here is where the Native cultural context vs. main-

stream context might be addressed in defining student success.

Given the scope of this developmental work, what might be the next steps toward the establishment of a TCU accreditation model?

The Future

At the 2010 NCA HLC conference in Chicago, UTTC President David M. Gipp echoed the perspectives of his peers by suggesting four venues to pursue:

Interested TCUs can develop and establish an independent tribally-controlled postsecondary accreditation system, eventually leading to recognition by the federal government through U.S. Congressional legislation. The effort will require an enormous amount of time and resources. (Since this discussion paper does not address accreditation theory and practice in mainstream higher education, a study would be valuable. The inquiry might also look at models that exist in other countries.)

The WINHEC initiative could provide the pathway toward the evolution of an independent tribally-controlled postsecondary accreditation system. Several TCUs have already expressed an interest in the processes being piloted through this consortium.

With the establishment of Tribal Education Departments, some TCUs might think about using TEDs as accrediting mechanisms. Along with time and resource issues, local accountability and tribal politics would have to be addressed and balanced between TCUs and tribal governments.

TCUs can continue to subscribe to current regional accrediting agencies and professional accreditation commissions. This would not create an independent tribally-controlled model, but TCUs could pursue changes in the existing accreditation processes that might better take into account the needs of tribal colleges and universities.

It is certain that there will be continued discussion about accreditation among current and future tribal college leaders. This will be supplemented by a larger national discussion about the value, accountability and transparency of higher education institutions in general.

The fact that today’s TCUs can at least make a choice under tribal control about accreditation options might say something about how far the TCUs have come. In that sense, the evolution of postsecondary accreditation provides evidence of the vibrancy of tribal colleges and universities, and the advancement of tribal self-determination.

Mitakuye Oyasin (All My Relations)

Acknowledgements

Sincere appreciation is extended to Dr. Lionel Bordeaux, Dr. Cheryl Crazy Bull, Dr. David M. Gipp, Dr. Cynthia Linquist-Mala, Dr. Robert Martin, Dr. Jim Shanley, and Dr. Deborah Wetsit-His Horse Is Thunder for sharing their valuable time and perspectives about this topic, and to *United Tribes News* Editor Dennis J. Neumann for his assistance editing this discussion paper.

Pilamayelo!
Wanbli Wicasa

United Tribes Technical College *Academic Calendar*



November 2.....	Election Day
November 11.....	Veteran's Day
November 12.....	Veteran's Day Observance (No Classes)
November 15-19.....	Pre-registration for Spring Semester
November 25-26.....	Thanksgiving Break
November 26.....	Thanksgiving Day



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WIC

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TECHNICAL COLLEGE

Attention UTTC students and families:

Location: Skills Center, room 119E
Call for your appointment: 255-3285 EXT. 1866

WIC Clinic hours:
Monday 1- 5 p.m.
Thursday 8 -12 p.m.

APPOINTMENTS ONLY!

Other available WIC location:

Burleigh County WIC
2400 E Broadway Ave.
Bismarck, ND
701-255-3397

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COLLEGE COLLEGE
3315 UNIVERSITY DRIVE
BISMARCK, ND 58504



Cassandra Dinneen
Nutrition Educator
United Tribes Technical College
Skills Center, 119E



Daily Wellness ACTIVITIES



MONDAY THROUGH FRIDAY
8am - 9pm
Walking Club

3:30pm - 5pm
Youth Activities (Multi-Purpose Room)

MONDAYS
6pm
Aerobics/Yoga/Tai Chi (Healing Room)
Hand Games/Open Drum
(Multi-Purpose/Healing Room)
Archery (Archery Range West of
Maintenance Building)

TUESDAYS
12pm - 1pm
Circle of Parents - Sept. 14 - Dec. 14
4pm
Measuring up to Good Health - Sept. 14 -
Dec. 7

5pm - 7pm
UTTC Employee Night

6pm
Beading/Sewing/Quillwork
(Multi-Purpose Room)

7pm - 9pm
Men's Wellness
(Fathers can bring their sons ages 13-18)

7pm
Pool Tournament (Co-Ed Dorm)

WEDNESDAYS
5pm
FROLF (Weather Permitted)

6pm
UTTC Volleyball Leagues
(Multi-Purpose Room)

7pm - 9pm
Women's Wellness (Mothers can bring
their daughters ages 13-18)

THURSDAYS
6pm
Aerobics (Healing Room)
Horseshoes

7pm
Ping Pong Tournament (Co-ed Dorm)

FRIDAYS
6pm
Movie Night (Multi-Purpose Room)

SATURDAYS
1pm - 6pm
Family Fitness Day
(Families & kids ages 13-18)

What have YOU done for your health today?

TIPS FOR A HEALTHIER LIFESTYLE

- Physical activity at least 30-60 minutes a day
- Know what you eat—try getting all food groups included in your diet
- Try to see your physician yearly—know what’s going on inside your body
- Look for stress relievers such as walking, reading, bike riding, quiet time for yourself. This will help you have mental clarity and become more energized for the life you lead.
- Be social—get out with friends, family, co-workers
- Make goals for yourself—starting with short term goals but think about your long term goals too
- Most importantly stay, think, and feel **POSITIVE!**

– Shani Bordeaux,

UTTC Land Grant Administrative Assistant



Get the gear you need for whatever sport you're into!

Equipment available for check out in Wellness Center:

Adult/Youth Bikes, Footballs, Soccer Balls, Basketballs, Volleyballs, T-ball Set and Flag Football Set.

Must provide UTTC Student ID

North Dakota becoming more racially, ethnically diverse

BY NORTH DAKOTA STATE DATA CENTER

Although racial minorities in North Dakota continue to represent a relatively small proportion of the state’s total population (fewer than one in 10), the racial minority population has grown by one-fourth over the past nine years.

This month’s “Population Bulletin,” a monthly publication from the North Dakota State Data Center at North Dakota State University, presents the July 1, 2009 population estimates by race and ethnicity as released from the U.S. Census Bureau, Population Division.

The estimates reveal a continuing increase in population diversity throughout North Dakota. The state’s racial minority population (i.e., people who are nonwhite or report multiple races) totaled 57,732 (9 percent of the state’s total population). While the racial minority population in North Dakota grew 27 percent (i.e., 12,250 people) from 2000 to 2009, the white population (which comprises the vast majority of all persons in the state) decreased by 1 percent (7,606 people).

“The increased diversity we are seeing

in North Dakota reflects a larger trend appearing throughout the nation. This change, although relatively small in numbers, is happening in rural as well as urban areas of our state,” said Richard Rathge, Director of the North Dakota State Data Center.

The American Indian population, North Dakota’s largest racial minority, grew by 4,818 people from 2000 to 2009, an increase of 15 percent. During the same period of time, the black population grew by 3,656 persons (88 percent), the Asian population grew by 1,734 (44 percent), and persons of multiple races grew by 2,042 (34 percent).

The Hispanic population (an ethnic category reported separately from race) currently represents 2 percent of North Dakota’s total population and grew by 6,932 people (89 percent) from 2000 to 2009.

Nationally, the Hispanic population grew 37 percent from 2000 to 2009.

For more information visit www.ndsu.edu/sdc, or www.census.gov.



Thank You!!!

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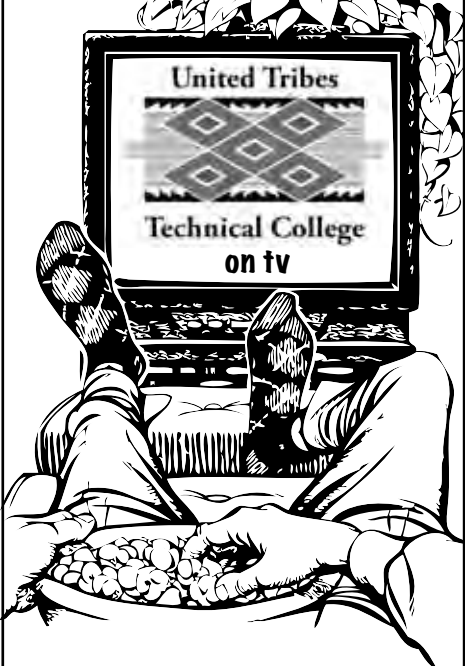
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Wellness Center



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we create.**


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Tobacco Free Campus Survey

The United Tribes Strengthening Lifestyles Program will administer a survey Thursday, November 18, 2010 to explore attitudes and gather information about implementing an entirely tobacco-free campus at United Tribes Technical College.

The college's current smoking policy recognizes the dangers of smoking to individuals and the negative economic impact on UTTC because of health-associated risks. Smoking is not permitted in any building on the campus, including student dormitories, with the exception of single and family housing units and for certain religious ceremonies with permission.

Smoking is permitted by employees during breaks outside of buildings.



The survey will be administered during the United Tribes Health and Wellness Fair from 1-4 p.m. in the James Henry Community Gymnasium.

Thursday, November 18 is Great American Smoke-Out Day

Please make plans to take the Tobacco-Free survey.

More Information:

Ruth A Buffalo Zarazua
Strengthening Lifestyles Program
United Tribes Technical College
701.255.3285 x 1357
rbuffalo@uttc.edu

First Nations Day... Continued from page 13

many of us would be alive today if we followed that tradition? I'd probably be the first one shot [a smile and a laugh].

About 10-15 years ago Dr. Scott Peck wrote the book, "The People of the Lie," and he said the same thing. He said evil is a tangible force in the universe and it manifests itself through people who lie. Lying is a way of life; living your life in truth is a way of life. And if you live your life with a lie, according to Dr. Scott Peck, you are allowing evil to enter your life. And when evil enters your life it destroys your life. On the outside it may look good; if you're a Christian maybe you're going to Church every Sunday but your personal life may be in shambles. If you're a traditional person you may be going to ceremonies, but if you're living the life of a lie, your life is still not the best. So you have to live a life, as Dr. Peck says, a life of truth.

If you wonder why our reservations are in the state they are today, that's probably the reason why; because we are not honest, in what we do and what we say in how we go about doing things. We always point our fingers at our leaders, and rightly so, because they are in a leader position; they should be leading us. On the other hand, workers and tribal members should take the responsibility too. Live those values too. You should go to work every day and on time. You should actually work while you're at work; don't sit there and look out the window.

If you don't have the courage – like a parent disciplining their child or a leader telling their tribal members to do the right thing and come to work – if you don't have the courage to do that, then what's going to happen? Your child's going to become spoiled; your workers are going to become bad workers; it's as simple as that. And yet, we all seem to put up with that.

I am convinced that if we return to our tribal values and live the way they were

lived by our ancestors 150 years ago, our reservations will be excellent places to live. If you examine how they lived, they could leave things out without the fear of them being stolen. When they talked to one another they believed a person, because they knew that person wasn't going to lie to them. If there was danger, they knew the person would be next to them; he wouldn't turn tail and run; he wasn't going to sell you out for something; he was there to stand beside you. When the going got rough you knew you all pulled together. Those are the values we need to return to today. And I think if we do that, a lot of our problems will disappear.

We have reached a point in our existence as reservations that we have to stop blaming everybody else. We have enough resources, we have enough opportunity, we have enough good people, we have enough educated people where we could take our reservation and make it an excellent place for our children. We can do that on our own. We don't need outside help. But we don't do it because we don't follow those values.

So, I want to encourage each of you to look at your life – I don't want to sound like a preacher here but I'm pretty passionate about this – look at those values of your tribe and practice them. Practice them the way your ancestors practiced them. And I guarantee you, if you practice them the way they did, you will like yourself a lot better. Your family will like you a lot better. Your neighbors will like you a lot better. There may be some who won't like you. But so what? Follow those values and you won't worry about people liking you.

I want to thank everyone for coming today. Thank you to United Tribes for giving me the opportunity to speak and the drum group for the good songs. Thank you very much. [applause]



Advertising space available! Order online at www.uttc.edu

Call for ornaments for State Christmas Tree

DEADLINE IS NOVEMBER 19

The North Dakota Council on the Arts invites artists and craftspeople to provide handmade ornaments for the North Dakota State Christmas Tree.

The tree will be on display in the Memorial Hall of the State Capitol building in Bismarck. It will be lit during a public ceremony on Monday, December 6.

Submitted ornaments can vary from traditional to contemporary. Items that are commercially produced or made from kits are not eligible. The theme is open and can be of the designer's choosing.

Each ornament should include a brief one, or two line description, naming the art form used, or the special circumstances through which it was created, and including the name(s) of the artist/craftsperson. A descriptive listing will be available at the ceremony and will be mailed to everyone who submits an ornament.

Ornaments must be received in the NDCA office no later than Friday, November 19. All ornaments become the property of the NDCA and will be hung on the state tree each ensuing year.

Mail ornaments to: North Dakota Council on the Arts, 1600 East Century Ave, Ste. 6, Bismarck, ND 58503-0649.

More information 701-328-7594, am-schmid@nd.gov.

Campus Community

THANKSGIVING

UTTC Cafeteria
Wednesday
November 26
12 PM



Menu

Roasted Turkey

Baked Ham

Mashed Potatoes & Gravy

Dressing

& Assorted Pies

Apply Early For Tribal Funding!

In order for students to receive the best possible chance of obtaining tribal funding, we encourage you to **APPLY EARLY!** With your home funding agency!

WHY APPLY EARLY:

- Deadline dates vary for every tribal funding agency
- Awards are based on availability of funds
- Priority for selection maybe awarded on a first come first serve bases

GENERAL REASONS FUNDING MAY BE DENIED:

- Missed deadline date
- Incomplete files
- Did not apply

THE FOLLOWING DOCUMENTS ARE GENERALLY REQUIRED FOR AN APPLICATION TO BE COMPLETE:

- Acceptance letter from educational institute
- Financial needs analysis (budget) – from financial aid officer
- Semester / mid-term grades (student **MUST** maintain a 2.0 GPA)
- Class schedule

CRITERIA SUBMITTED FOR TRIBAL FUNDING MAY VARY FOR NEW AND RETURNING STUDENTS:

- To ensure application completeness, contact and follow up with funding agency frequently.

TO BE ELIGIBLE FOR WORKFORCE INVESTMENT ACT (WIA) CLASSROOM TRAINING ASSISTANCE:

- **ALL** students **MUST** apply with home funding agency first.

The WIA office is located in building # 61 on campus. For students who need assistance contacting agencies or completing tribal funding applications please call 701/255-3285 ext.1229 / 1231



Earning Your Way



Nutrition and Foodservice

Associate of Applied Science Degree

The Nutrition and Foodservice program at United Tribes Technical College is an opportunity for hands-on experience.

- Healthful food preparation
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- Wellness
- Community nutrition

Graduates are professionally trained with food preparation and nutrition education skills that allow you to make a positive impact on the health of American Indian people.

Follow one of two-degree majors: Nutrition and Wellness or Foodservice/Culinary arts. You choose depending on your interest. Both are offered on campus and Online.

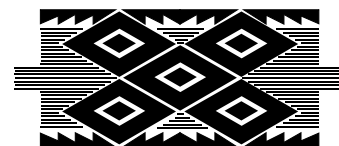
You have the opportunity to take a national exam to become ServSafe Certified and/or a national exam to be credentialed as a Certified Dietary Managers (CDM).

A degree prepares you for employment or to successfully transfer into programs of advanced training to become a dietitian or chef.

After graduating, you are prepared for employment with school lunch, WIC, diabetes/wellness programs, hospital or elderly care food service, and casino kitchens or private restaurants.

Earn Your Way with a two year Associate of Applied Science degree in Nutrition and Foodservice.

United Tribes



Technical College

Nutrition and Foodservice Program

Annette Broyles, Chairperson

abroyles@uttcc.edu

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2010-11 NATURE PROGRAM

SUNDAY ACADEMY SCHEDULE

TURTLE MOUNTAIN COMMUNITY COLLEGE (TMCC)

- Nov. 21 ... "How Acidic They Are"
Dec. 12 ... "Hydrogen Bonding & Surface
Tension of Water"
Jan. 23 ... "Shapes of NATURE: Fractals"
Feb. 13 ... "Muscle Contraction & Grip
Strength"
Mar. 6 "Laws of Electricity"

SITTING BULL COLLEGE (SBC)

- Nov. 21 ... "Fun with Physics & Computers"
Dec. 12 ... "How Acidic They Are"
Jan. 23 ... "Shapes of NATURE: Fractals"
Feb. 13 ... "Muscle Contraction & Grip
Strength"
Mar. 6 "Hydrogen Bonding & Surface
Tension of Water"

CANKDESKA CIKANA COMMUNITY COLLEGE (CCCC)

- Nov. 21 ... "Food Safety: The Importance &
Analysis of Aflatoxin in Corn"
Dec. 12 ... "Fun with Physics & Computers"
Jan. 23 ... "Shapes of NATURE: Fractals"
Feb. 13 ... "Muscle Contraction & Grip
Strength"
Mar. 6 "How Acidic They Are"

FORT BERTHOLD COMMUNITY COLLEGE (FBCC)

- Nov. 21 ... "Laws of Electricity"
Dec. 12 ... "Food Safety: The Importance &
Analysis of Aflatoxin in Corn"
Jan. 23 ... "Shapes of NATURE: Fractals"
Feb. 13 ... "Muscle Contraction & Grip
Strength"
Mar. 6 "Fun with Physics & Computers"

UNITED TRIBES TECHNICAL COLLEGE (UTTC)

- Nov. 21 ... "Hydrogen Bonding & Surface
Tension of Water"
Dec. 12 ... "Laws of Electricity"
Jan. 23 ... "Shapes of NATURE: Fractals"
Feb. 13 ... "Muscle Contraction & Grip
Strength"
Mar. 6 "Food Safety: The Importance &
Analysis of Aflatoxin in Corn"

UTTC STAFF NEWS

Safety Director

Please welcome **Bill Wuolu** as the new Safety Director for United Tribes Technical College. His work is to ensure campus safety in partnership with the Safety Committee, the Security staff, and the college's Community Emergency Response Team. It is likely you will meet him in some capacity on campus as he conducts inspections, drills and training. Please work with him cooperatively to improve campus safety and protect lives and property.

— Russell Swagger,
VP Student & Campus Services

Candidate Status

Congratulations to **Lisa Azure, Leah Hamann and crew** for their work in getting UTTC's Teacher Education program approved as a candidate for state accreditation. The North Dakota Education Standards and Practices Board took the action in mid October. The next step will be an on-site evaluation in January 2011.

NIEA

Dr. Phil Baird, UTTC VP for Academic Career and Technical Education, conducted a workshop at the annual National Indian Education Association convention October 7-10 in San Diego, "Succession of the Tribal College Presidency," based on his research as a Kellogg Fellow. Baird, a past NIEA president, teamed up with UTTC STEM Director **Dr. Jen Janecek-Hartman** to facilitate another workshop presentation: "Master Student: The First Year Experience Seminar."

First Aid/CPR

After mid-term week, UTTC Adjunct Instructor **Troy Schuchard** will begin teaching five sections of GPE 101 First Aid/CPR through November. Schuchard, who is working on a masters degree in counseling, is certified as a trainer by the American Red Cross Association.

Automotive Technology

Scot Graeber was recently hired as a second instructor in the United Tribes Automotive Service Technology Program.

Business Management

Jeff Moser is providing adjunct instruction of Business Management coursework, and several regular faculty are teaching Business Management classes for **Amber Mathern**, who is on maternity leave with her first baby, Maria Kaye, born October 6.

— Dr. Phil Baird

Curriculum Award

Congratulations and "thank you" to **Mandy Guinn and Rebekah Olson** for their work in securing a NASA grant to increase STEM learning for minority students. The two wrote and received a Curriculum Improvement Partnership Award for the Integration of Research (CIPAIR) Project Grant awarded by NASA. It will assist in creating more climate change curriculum and provide more internship experiences for UTTC TES students. United Tribes was the only tribal college to earn an award. Please join me in congratulating these two outstanding science educators!

— Jen Janecek Hartman,
Director of STEM Education

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DAKOTA DISCUSSIONS

Facilitator-led discussions about the classics

"NATIVE SON"

by Richard Wright

Wednesday, November 17, 7 p.m.

@ Mr. Delicious

"THE BLUEST EYE,"

by Toni Morrison

Wednesday, December 15, 7 p.m.

@ Mr. Delicious

Free and Open to the Public
Books are available to check out:

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social@ypnetwork.org.

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Preparing tomorrow's leaders to work for the betterment of Indian tribes, communities and people.

Opportunities in the Making Annual Scholarship Drive



UTTC students need your help to continue their education. Many of our students come from the most impoverished areas in the country. Your gift will help ensure they reach their dreams for a better future.

Building Our Future Capital Campaign



We have raised over half of the funds needed to complete phase one of the Science & Technology Building. Your contribution to this campaign will be matched dollar for dollar through the generosity of the Shakopee Mdewakanton Community.

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Spirit Week Parade



WINNING ENTRY: It was the Education Department entry that came out on top as the best entry October 1 in the United Tribes Spirit Week Parade. Judges rewarded this entry for involving youngsters and sticking to the theme: "Protecting Our Culture Through Education." Along with the parade around campus, the week included selection of royalty, socials and the ever-popular flag football game. United Tribes News photo Dennis J. Neumann

United Tribes Student Senate



OFFICIAL NOW: Several new members of the United Tribes Student Senate were sworn-in during a meeting October 13, filling out the list of officers for the organization that represents the college's student body. From left, President Glen Fox (Three Affiliated) Business Administration; Vice President Karen Merrick (Omaha Tribe of Nebraska) Small Business Management; Treasurer Dave One Horn (Oglala Tribe) Small Business Management; Historian Nathan Dunn (Pyramid Lake Paiute) Tribal Management; and Sergeant-At-Arms Emerson Harry Chin (Three Affiliated) Criminal Justice. Not pictured Secretary Rolynn Clown (Cheyenne River) Business Administration. The group is scheduled to meet each Wednesday at noon in the Student Union in the Barden Center. United Tribes News photo to Dennis J. Neumann

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United Tribes International Powwow

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