

UNITED TRIBES NEWS

February Edition

www.uttc.edu



Fall Honoring page 19

FEBRUARY 2008

UNITED TRIBES TECHNICAL COLLEGE • BISMARCK, ND

VOLUME 17 NUMBER 2

**27th Annual
AIHEC Conference**
March 17 - 20, 2008
Bismarck, North Dakota



Information posted on the
Sitting Bull College website at
<http://aihec.sittingbull.edu>

Conference pre-registration at reduced
fees is open until February 29

For more information about
workshop proposals contact:

Donna Seaboy
Sitting Bull College – AIHEC
1341 92 Street • Fort Yates, ND 58538
PH: 701-854-8013 or 701-400-3769
FAX: 701- 854-3403

AIHEC Basketball Tournament

March 12th - 16th, 2008
United Tribes Technical College
Bismarck, North Dakota

Opening Ceremony features
"Tip Off Conversation"
with legendary
Coach Dale Brown
(retired, Louisiana State University)

March 12th, 7 pm • UTTC Gym

Player & Coaches' Clinic will follow!
See page 18 for Tournament details

Two selected for scholarship awards



Aja Baker (Three Affiliated) Mandan, ND, a UTTC student in Small Business Management and Herbert I. Red Horse (Standing Rock) Bismarck, ND, Health Information Technology, received the 2007 Marvin Family Scholarships. UTN photo

BISMARCK (UTN) – Two students who wrote descriptively about how they are motivated to succeed in college were named recipients of the 2007 Marvin Family Scholarships at United Tribes Technical College.

Aja Baker (Three Affiliated) Mandan, ND, a student in Small Business Management and Herbert I. Red Horse (Standing Rock) Bismarck, a student in Health Information Technology, were selected in December by the college's scholarship committee.

The Marvin Scholarships honor the late Winifred and James Marvin, who had resided in the Washburn, ND area. The fund was endowed in 2004 by the generosity of their children: Darlene C. M. Lovell, Harbor City, CA; Danny W. Marvin, Ridgecrest, CA; and Ronald G. and Nancy J. Marvin, Bakersfield, CA.

Continued page 10

Spirituality is alive and well

BY SCOTT DAVIS, Stengthening Lifestyles Program

Spirituality is one of the most important components in the mission of the Strengthening Lifestyles Program. We are learning that spirituality is alive and well at United Tribes and we are thankful!

This year a large number of students have discovered the freedom to pray and to conduct ceremonies at the college. Whether at the sweat lodge, the campus church, the healing room, or in private, students and staff members are

Continued page 15

Senator says he will hold TC hearing



TRIBAL COLLEGE TOPICS: Senate Indian Affairs Committee Chairman Byron L. Dorgan says he hopes to schedule a hearing of the committee sometime in the first quarter of 2008 to focus on needs at the nation's Tribal Colleges. Dorgan met December 20 with North Dakota Tribal College leaders to discuss topics. At the meeting at United Tribes Technical College, from left: David M. Gipp, UTTC President; Koreen Ressler, Vice President of Academics, Sitting Bull College; Jim Davis, Turtle Mountain Community College President; Cynthia Lindquist, Cankdeska Cikana (Little Hoop) Community College President; Rusty Mason, Fort Berthold Community College President; Senator Dorgan; and Phyllis Howard, ND Association of Tribal Colleges Executive Director. UTN photo



LeRoï Laundreaux's Lunch Menu

Includes 2% or Skim Milk, Coffee or Tea and Salad Bar, Fresh Fruit, and Vegetables. Menu subject to change.
 Cafeteria Hours: Breakfast ~ 7:00 - 8:30 am • Lunch ~ 11:30 - 1:00 pm • Dinner ~ 5:00 - 6:30 pm
 All Students Must Show ID - NO EXCEPTIONS!!

Lunch Menu

	February 4 - 8	February 11 - 15	February 18 - 22	February 25 - 29
M	Chicken Nuggets & Mac & Cheese	Grilled Cheese & Tomato Soup	M Chicken Nuggets & Rice	Sloppy Joe & French Fries
T	Taco Salad w/ Assorted Toppings	Burrito, Spanish Rice & Refried Beans	T Crispy Taco w/ Assorted Toppings	Soft Taco w/ Assorted Toppings
W	Roast Beef & Mashed Potatoes	Baked Ham & Au Gratin Potatoes	W Baked Chicken & Mashed Potatoes	Beef Stew, Frybread & Wojapi
T	Hamburger & French Fries	Pizza (Cook's Choice)	T Hamburger & French Fries	Chili Dog & Mac & Cheese
F	Spaghetti & Garlic Toast	Chicken Fried Steak & Potatoes	F Stir Fry, Fried Rice & Egg Roll	Pizza (Cook's Choice)

KODA THE WARRIOR "What Are You Waiting For?"

CREATED BY MARK L. MINDT
 SPIRIT LAKE NATION

ARE YOU A PRISONER?

Do you ever feel like you are a prisoner to your own negative thoughts and/or actions? Like you are chained down to some low spot in your life?

WHEN DOES LIFE BEGIN?

Maybe it keeps you so low you can't move ahead... You don't want to do anything but wait for something better in life to happen.



MAKE A CHANGE!

It's your life, make the most of what you were given.

Quit waiting for someone else to live your life for you.

IT'S ALL YOURS!

HOKA HEY!!

You have every right to be a happy, healthy person with goals. Find out what's been bothering you and leap into ACTION!

Tell yourself...
I'M WORTH THE EFFORT!



kodathewarrior@yahoo.com

Printed on Acid-Free 30% Post-Consumer Recycled Paper

©2005 Pony Gulch Publishing

Native Science Resource Available

BY DR. CHERYL LONG FEATHER, United Tribes Research Director

The United Tribes Office of Research is making available another resource for UTTC staff, faculty and students. Now available for check-out is a DVD of the "First Scientists" series. Produced, written and directed by Mark Sandiford for Exploration Production, Inc. in Canada, the series presents living examples of knowledge rooted in thousands of years of tradition on this continent.

The fascinating and professionally-produced series describes traditional Native knowledge and it's parallel to western science. The message throughout is firmly rooted in the real world in the belief that Native science – typically called Traditional Knowledge – has been honed through hypothesis-testing, trial and error. In many ways, however, Native Science it also fundamentally different, focusing on relationships rather than objects, how rather than why, the heart rather than the mind, observation rather than explanation, and prescription rather than description. "First Scientists" shows how western science



is now catching up to these ideas in areas like ecology, systems theory and artificial intelligence. It shows the efforts of scientists from both traditions working together toward a more complete understanding of our world.

The DVD series is also available with supplemental classroom activities. The activities – including short quizzes, discussion or essay questions, additional activities and key terms – were developed specifically

for United Tribes Technical College use. There are five episodes in the series. Each is approximately 10 minutes in length. The topics include living knowledge, marine engineering, architecture, agriculture and sustainable fishery, wildcrafting, forestry management, traditional medicine and the integration of Native and Western Science concepts in real-life projects.

For more information about the series or to preview, please contact Cheryl Long Feather, Research Director, at 701.255.3285, Ext. 1491.

"Native Women Supporting Native Women"

BY DR. HARRIETT SKYE, Vice President of Intertribal Programs

In the early part of December several students from different reservations met at the Wellness Center to begin to talk about improvements in their lives, in school and in their interpersonal relationships. They met again on January 8 and decided to continue meeting throughout the year.

Their concerns include communication with staff, their FAFSA and tutoring. These women meet every Tuesday evening at 7 p.m. and have selected as their motto: "Every woman has a voice and our goal is to listen to that voice and take action."

Their first priority is weight loss and they

want to do it in a healthy way with a M.D. and a dietician.

As a group they also will support each other while attending United Tribes. Very often they have found themselves in stressful situations because they lack information and they want to alleviate that by asking questions. Their concerns are their families, their homes, health, fitness and being a successful student.

At this time they are being assisted by Sheri Baker, Ruth Buffalo-Zarazua, Suzanne Shields and Harriett Skye.

Student teaching is final degree requirement

BY LISA J. AZURE, Teacher Education Department Chair

Seven United Tribes Technical College students are student teaching in area schools during Spring Semester 2008.

They are: Tammy Kelsch (Three Affiliated) at Standing Rock Community School, Fort Yates, ND; Emmaline Fills Pipe (Pine Ridge) and Dawn Krein (Turtle Mountain) both in the Bismarck Public School district; Kelly Hosie (Three Affiliated) and Jennifer Vivier (Bismarck) both at Solen-Cannonball Schools; and Deanna Urbanec (Winnebago) in the Winnebago Public School district in Winnebago, Nebraska.

Through a partnership agreement, these students are completing the final requirement for their bachelor degrees in Elementary Education and Special Education from Sinte Gleska University in Mission, SD.

Upon completion, they will have met the requirements to become certified teachers in the state of South Dakota.

Congratulations on your success in reaching this goal!

Tribal Colleges are invited to apply for the Fulbright Visiting Specialists Program: Direct Access to the Muslim World

Opportunity for Tribal Colleges and other U.S. institutions to bring a specialist on Islam and its civilizations to their campus for a short-term and intensive lecturing, consultation, and community outreach program.

Application deadline April 1, 2008 for the 2009 calendar year

Approximately 15 grants will be awarded

Application form and instructions available at http://www.cies.org/Visiting_Specialists/

More info: vstngspec@cies.iie.org
Council for International Exchange of Scholars
Washington, D.C. 20008-3009

THE PEOPLE AND THE LAND ARE ONE

"We have always been here. Since the land was made. The land has been taken from us piece by piece. We have fought for this land we have. We have died for it. We are still here. We are still home, but we are losing the land."

POWERFULLY TOLD
EDUCATIONAL STORY FROM
THE POINT OF VIEW OF TRIBAL
ELDERS & TRIBAL MEMBERS

CD ROM AND DVD PACKAGE

Tells about the loss of Indian land, fractionated interests, trust land, barriers to land use, and land recovery.

"One does not sell the land people walk on."
— Crazy Horse

For American Indian young people in middle school, high school and college ~ tomorrow's Indian leaders ~ to take action to keep our land, keep our culture & keep our future

Suitable for General Audiences

Includes Guidebook, Teaching Resources and Strategies for beginning the process of restoring American Indian homelands

Choose from two reservation settings: Standing Rock Sioux or Rosebud Sioux Tribes

AVAILABLE NOW

\$20.95 plus Shipping & Handling

Funded by the Indian Land Tenure Foundation
Produced by Makoche Recording Company
©United Tribes Technical College

UNITED TRIBES BOOKSTORE

Jack Barden Center • Lower Level

3315 University Drive

Bismarck, ND 58504

Office: 701-255-3285 x1460

Online Store: 701-530-0667

Toll Free: 866-643-8882

Fax: 701-530-0627



We sell more than just books ...

Fashion Show

February 20th • 3 pm

Come in from the cold and
enjoy some free refreshments!

... Don't forget to check out the online store!

www.uttcc.edu

UTTCC BOOKSTORE

Lower Level, Jack Barden Center • Mon. – Fri. 8 am – 5 pm



Mark Your Calendar!

**Tribal Emergency
Management
Conference**

June 3-5, 2008

Sponsored by:
United Tribes Technical College, ND Division of Homeland Security, US Department of Homeland Security- FEMA Region VIII
Designed to assist tribal nations in building on their current emergency management programs and enhancing response and recovery capabilities in times of natural and man-made disasters. About 100-150 people attending
Participants will have the opportunity to participate in roundtable discussions to discuss implementation details for the National Incident Management System (NIMS) and address concerns and issues regarding the NIMS process. Conference fee of \$100 includes breakfast, breaks, noon meals and conference materials. Continuing Education Credit
More information or to Register:
Barbara Schmitt, Director
Leadership Solutions
United Tribes
Technical College
3315 University Drive
Bismarck, ND 58504
701/255-3285 ext. 1436

'Safe School' Trainers



INAUGURAL SESSION: *United Tribes Technical College hosted the very first training session in the B-I-A Law Enforcement's "Safe School Initiative" on January 11. At left, Brent LaRocque (Turtle Mountain), Associate Director, B-I-A Division of Law Enforcement, and Lou G. Robertson (Sisseton-Wahpeton), Special Agent, B-I-A Central Office West, both Albuquerque, NM, prepared to fire up a Power Point for their presentation to an all staff assembly at the college in Bismarck. The training is based on criminal justice and law enforcement research. It was developed specifically for tribal educational institutions in Indian Country. UTN photo Dennis J. Neumann*

Dance, Theatre &
Traditional Arts

Individual Artist Fellowships
ND Council on the Arts

For practicing artists
residing in North Dakota

Two monetary fellowship
awards of \$2,500 are
awarded annually

DEADLINE: February 15, 2008

All applications must be completed
using the new online grant system
Guidelines and application available
at <http://northdakota.cgweb.org>.
More information: 701-328-7590.
amschmid@nd.gov or [www.nd.gov/
arts/grants/grants.htm](http://www.nd.gov/arts/grants/grants.htm)

GO TO SCHOOL *Without Leaving Home*



UNITED TRIBES TECHNICAL COLLEGE ONLINE EDUCATION

- Study from Home
- Increase Your Income Potential
- Access courses after the kids have gone to bed

PROGRAMS OFFERED COMPLETELY ONLINE:

- AAS Injury Prevention – prepare to work with suicide prevention and other critical health issues
- Medical Transcription Certificate – train to work from home transcribing medical dictation
- AAS Nutrition and Food Service – prepare to work with Nutrition and Diabetes programs
- AAS Health Information Technology – prepare for a career in health/medical records
- AAS Early Childhood Education – prepare for a career in Head Start or Child Care
- AAS Elementary Education – become an elementary school paraprofessional

701-255-3285 • www.uttc.edu



UNITED TRIBES TECHNICAL COLLEGE
3315 University Drive • Bismarck, ND 58504

Accredited by the Higher Learning Commission of the North Central Association of Colleges and Schools

Starting the new term

HR NEWS

Safety checklist



ORIENTATION TALK: New and returning UTTC students listen with thoughtful attention to the experienced words of Russell Swagger during a student orientation brunch on January 3. Once in their shoes, Swagger (St. Croix Chippewa) was a former UTTC student in the early 1990s who pursued higher education as a career and is now the college's vice president of Student and Campus Services. UTTC classes began January 7 for the Spring 2008 Term. UTN photo Dennis J. Neumann

A reminder that It is every staff member's responsibility to be on the lookout for possible hazards in your work area and on campus. If you spot one of the following conditions—or any other possible hazardous situation—please report it to your supervisor immediately:

- Slippery floors and walkways
- Tripping hazards, such as hose links, piping, etc.
- Poorly lighted stairs
- Loose handrails or guard rails
- Loose or broken windows
- Dangerously piled supplies or equipment
- Open or broken windows
- Unlocked doors and gates
- Electrical equipment left operating
- Open doors on electrical panels
- Leaks of steam, water, oil, other liquids
- Blocked aisles
- Blocked fire extinguishers, hose sprinkler heads
- Blocked fire doors
- Evidence of any equipment running hot or overheating
- Oily rags
- Evidence of smoking in non-smoking areas
- Roof leaks
- Directional or warning signs not in place
- Safety devices not operating properly
- Machine, power transmission, or drive guards missing, damaged, loose, or improperly placed

Thank You!



Arrow Graphics

- QUICK PRINTING •
- 4-COLOR LASER PRINTING •
- BROCHURES • BOOKS • LETTERHEADS • ENVELOPES • NEWSLETTERS •
- FORMAL / INFORMAL INVITATIONS • BUSINESS CARDS
- WEDDING INVITATIONS • CATALOGS • FLYERS • POSTERS
- COMPLETE SET-UP • FORMS ... AND MORE •
- CUSTOM DESIGNING •



LOCATED ON THE CAMPUS OF UNITED TRIBES TECHNICAL COLLEGE
3315 UNIVERSITY DRIVE • BISMARCK, ND 58504

701.255.3285 x1296



Healthy Mom, Healthy Baby

BY JILL KEITH, LRD

If you are pregnant (or of childbearing age), it is important to think of your health and the health of your baby. Many nutrients needed for babies early on in pregnancy can be provided by a healthy diet.

Some tips for a healthy diet:

- Eat breakfast, lunch, and supper
- Choose a wide variety of foods
- Eat lots of fruits and vegetables
- Drink milk with your meals
- Eat snacks your baby can use to grow (not empty calorie foods like junk food!)
- Prepare and serve food safely

Folic acid is a nutrient that is especially important in the prevention of birth defects. Adequate folic acid intake before you are pregnant is important for the health of your baby. Foods that contain folic acid include leafy greens, enriched grains and citrus fruits and juices.

It's also important to avoid hazardous practices for your baby including: smoking, substance abuse, or inadequate nutrition.

Are you expecting a baby? Do you qualify to participate in the WIC program? WIC services provide healthy nutrition education and vouchers for nutritious foods for local grocery stores.

Apply Early For Tribal Funding!

In order for students to receive the best possible chance of obtaining tribal funding, we encourage you to Apply Early!

WHY APPLY EARLY:

- Deadline dates vary for every tribal funding agency
- Awards are based on availability of funds
- Priority for selection maybe awarded on a first come first serve basis

GENERAL REASONS FUNDING MAY BE DENIED:

- Missed deadline date
- Incomplete files
- Did not apply

DOCUMENTS THAT ARE GENERALLY REQUIRED FOR AN APPLICATION TO BE COMPLETE:

- Acceptance letter from educational institute
- Financial needs analysis (budget) from financial aid officer
- Semester grades/mid-term grades
- Class schedule

Criteria submitted for tribal funding may vary for new and returning students

To ensure application completeness, contact and follow up with funding agency frequently

To be eligible for WIA classroom training assistance, ALL students MUST apply with home funding agency first

The WIA office is located in building 61 at United Tribes Technical College. For students who need assistance contacting agencies or completing tribal funding applications please call 701-255-3285 ext. 1232/1229.



Looking for a few SHARP individuals

- ◆ Development Director
- ◆ Senior Accountant
- ◆ Contracts & Grants Manager
- ◆ Ctr for Educational Outreach/Web Developer
- ◆ Ctr for Educational Outreach/User Services Support
- ◆ Property & Supply Supervisor
- ◆ Registrar Data Technician
- ◆ Webmaster
- ◆ Road Safety Advisor
- ◆ Computer Support Technician
- ◆ Domestic Violence Advocate
- ◆ Criminal Justice Instructor
- ◆ Women's Residential Assistant
- ◆ Men's Residential Assistant
- ◆ Transportation Secretary/Driver
- ◆ Bus Driver (2)
- ◆ Preschool Director
- ◆ Preschool Teacher Aide
- ◆ Daycare Aide
- ◆ Security Officer
- ◆ Custodian



Visit our website for a full job description & application at www.uttc.edu

UNITED TRIBES TECHNICAL COLLEGE

3315 University Drive • Bismarck, ND
701.255.3285 x 1213

EEO/AA. Drug-free/Smoke-free workplace

ATTENTION: UTTC WIC CLIENTS



WIC services for Women, Infants & Children are provided on the UTTC Campus in the Skills Center. Please schedule an appointment to meet with the WIC provider for checks or to check eligibility.

NEW WIC OFFICE HOURS:

Monday 1 pm – 5 pm &
Fridays 8 am – 12 pm
CLOSED JANUARY 21

& FEBRUARY 18
Skills Center • Rm. 119A
(Next to Construction Technology)

Contact: Jill Keith
701-255-3285 x1316 • jkeith@uttc.edu

UNITED TRIBES CONTRIBUTORS 2007

United Tribes Technical College is pleased to recognize the 175 individuals and organizations that made contributions totalling \$90,000 to the college's fund raising efforts in calendar year 2007. Thank you for your generosity in sharing your blessings for the advancement of American Indian students and their families.

—Brad Hawk, Director of Major Gifts and Alumni Relations

DR. DAVID M. GIPP SCHOLARSHIP FUND

Created to honor the long (since 1977) and outstanding service of David M. Gipp as the leader of United Tribes Technical College. Contributions provided direct scholarships to UTTC students.

Arlene Andre
Phil Baird
Basin Electric Power Cooperative
Bismarck-Mandan Development Assn.
Josephine Bigelow
Joann Bitney
Patti Bitney Starke
BNI Coal
Shirley Bordeaux
Brady, Martz, & Associates
Murray & Gail Bruce
Burchinal & Associates
Don & Julie Cain
Capital Electric Cooperative
Ann Cato
Dakota Community Bank
Dakota Gasification Company
Thomas Disselhorst
Thomas Earnshaw
Fort Berthold Community College
Marcello Forte
Friends of Kent Conrad
Ben Geboe
Bill Gipp

Robert & Lonna Gipp
Anne Sward Hansen
Haskell Indian Nations University
Pat Heinert
Arthur & Joan Hensley III
Hobbs, Strauss, Dean & Walker
John Hoeven
Horace Mann Insurance
Satsuki Ina
Dave Ingstad
Oren Lyons
InQ Educational Materials, Inc.
Al Jaeger
Dr. Leigh Jeanotte
Jeff & Susan Kaufman Ttee
Alan & Ginger Klein
Cheryl Kulas
Charles Kupchella
Ken LaMont
Arthur & Grace Link
Michael Lipsky
Avis Little Eagle
J. Kurt Luger
Rusty Mason
Don Morrison

Charles & Ernesdean Murphy
Joanie & Dennis Neumann
Northern Improvement
Northland Auction & Sales
Evelyn Orth
Brian Palecek
Prairie Engineering, P.C.
June Randall
Dennis & Cheryl Renville
Salish Kootenai College
Sisseton Wahpeton Oyate
Harriett Skye
St. Mary's Central High School
Stan Puklich Chevrolet
Rose Stoller
Russell & Wanda Swagger
Karen Swisher
Sylvan Learning Center
Tesoro Mandan Refinery
Dennis & Laurie Trusty
Valley City State University
Laurel Vermillion
Dr. John Warford, Sr.
Sister Thomas Welder

UNITED TRIBES EMPLOYEES

Employees have contributed generously through payroll deduction to increase the size of the Opportunities in the Making Scholarship Fund.

Sam Azure
Phil Baird
Katina Decoteau
Tom Disselhorst
Gerry Geistler
Dr. David M. Gipp
Brad Hawk
Tiffany Hodge

Brenda Jechort
Kathy Johnson
Jefferey McDowell
Glenna Mueller
Dennis J. Neumann
Evelyn Orth
David Raymo
Roger Riskedahl

Vince Schanandore
Barbara Schmitt
Leah Woodke
Sam Azure
Tiffany Hodge
Tom Disselhorst
Vince Schanandore

Thank You for Your Support!

OPPORTUNITIES IN THE MAKING SCHOLARSHIP CAMPAIGN

United Tribes is grateful for the contributions of individuals, businesses and organizations that have given generosity to provide scholarships to students with a financial need.

Michael J. Ackerman
Paul Adams
Advanced Business Methods
of Bismarck, Inc.
Oscar & Marian Agre
Randall L. Barnhart
Toby & Philip Berman
Best Western Doublewood
Marshall Bialosky
Bismarck Party & Paper
Edward E. Boshears
Alice D. Bullard & Becky
McVittie Bullard
Diane F. Cabrera
Richard Capps
Arsenio C. Comas
A. Deane Ducar
Eide Bailly, L.P.
Forest E. Elliott
ETS Systems
Sherwood L. Fawcett
Nemesio G. Fernandez
Fireside Office Plus
James & Emily Gilkeson
R.J. Glaser
John & Jane Griffith

Jeff Haas
Walter M. Hoke
Jack Holden
Yvonne S. Hutchinson
Industrial Contractors, Inc.
Mehrnaz Jamzadeh
Bernadine Jaszewski
Tom Katus
Frances & Arthur Katz
KFYR-Television
Kirkwood Bank & Trust
H. Maxine Kramer
James K. Laducer
Michelle A. Leblanc
Arthur & Grace Link
Lockheed Martin
James H. McElhinney
Becky McVittie
MDU Foundation
Mid Dakota Clinic
Midway Lanes Inc.
Sheila Morris
Robert J. Murphy
Northwest Development
Group/Realty Group

Clyde & Irene Nunley
John A. & Dorothy M. Pettrillo
Prairie Engineering, P.C.
Ressler Chevrolet Inc.
Robert & Mary Reynolds
Ritterbush-Ellig-Hulsing P.C.
Judith & Seymour Rosenfeld
Brigitte C. Schmidt
James W. Schmitt
Gina Shepard
Jed Sherman
Skeels Electric Company
Larry Skogen
Levietta E. Smith
Jacqueline Smith
Albert R. Spottke
Starion Financial
Ed Stewart
Francis Tafoya
Tom & Frances Leach Foundation
Caroline G. Torre
Peter A. Trentacosta
US Foodservice/GFG Division
Barbara C. Voltz
WAL*MART Sam's Club, Bismarck
W.T. Butcher & Associates

UTTC GOLF TOURNAMENT

The "Teeing Off for Success" UTTC Golf Tournament was held in September, at Apple Creek Country Club. Thank you to all who helped raise funds for student scholarships. The second annual event will be held in September 2008.

American Linen
Best Western Doublewood Inn
Dakota 2000
Dell Com Contractors

Eide Bailly
Bill Gipp
Gerald Gipp

Great Plains Indian Gaming
Prairie Knights Casino
Jim Shanley
Dick Whitesell

JSF ENDOWMENT CAMPAIGN

A generous matching grant from the Johnson Scholarship Foundation was the spark for creating this endowment campaign. It will be used to provide future scholarships in business and entrepreneurial studies at UTTC. The campaign will take place over the next three years.

Johnson Scholarship Foundation

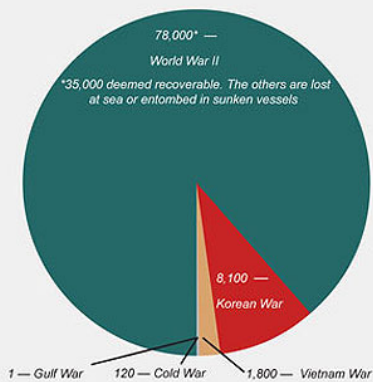
ACCOUNTING FOR LOST AMERICANS

(From the Joint POW/MIA Accounting Command website)

Located on the island of Oahu, Hawaii, the mission of the Joint POW/MIA Accounting Command (JPAC) is to achieve the fullest possible accounting of all Americans missing as a result of the nation's past conflicts. The highest priority is the return of living Americans. To date, the U.S. government has not found any evidence that there are still American POWs in captivity from past U.S. conflicts.

HOW MANY ARE STILL MISSING?

Each year, JPAC conducts at least five recovery missions associated with the Korean War, 10 in South-east Asia for Vietnam War cases, and 10 more in other areas of the world to search for MIAs associated with World War II and the Cold War. The Central Identification Laboratory identifies, on average, about six individuals a month. Learn more at <http://www.jpac.pacom.mil/index.php?page=home&size=100&ind=0>.



Two selected... Continued from page 1

Baker and Red Horse were selected on the basis of their GPA and their answers to the essay question: "How does your Native American heritage help you succeed in education?"

"I believe it's my responsibility as a young Native American woman to prove that...I can succeed in school or working," wrote Baker. She explained that "societal disadvantages" faced by Native Americans motivate her to set higher standards and goals.

"I can and will graduate with an Associate Degree in Small Business Management, move on and receive a Bachelor's Degree, and I will open my own successful business. I want to show my brothers and sisters that they can meet and exceed expectations for Native Americans."

Baker, 20, is the daughter of Jeff Baker and Sandra Gayton. Her extended family lives in and around New Town, ND. She began at UTTC one year ago. For the past seven months she's been putting the service part of her business training to practical use as a cashier at Bismarck's south WAL*MART store. Her role model in business is her father, who owns a coffee shop in Belcourt, ND.

"I want my younger sisters and nieces to grow up independent and to become strong in the business world," she wrote. "Being Native American makes me strive that much more for my education."

Baker's ambition is to open her own hair salon; she went to cosmetology school prior to attending UTTC. She is on course to graduate at the end of fall term 2008. After that she expects to go for more schooling, perhaps at a college in South Dakota.

Members of the scholarship committee felt that both students "put forward very strong answers that demonstrated an awareness of the interplay of heritage and upbringing in education," said Nathan Stratton, UTTC Financial Aid director.

The admirable qualities they rewarded in Herbert Red Horse were his experience

and confidence.

"Since the first day of school, I was excited because I knew I could succeed," Red Horse wrote in his essay.

Red Horses' roots on Standing Rock are in the Rock Creek District at Bullhead, SD. However, he grew up in a non-native foster home and spent 16 years in the U. S. Air Force where he became a medic and earned the rank of Staff Sergeant.

"Out of high school I had no clue what to do. I had no confidence then but my time in the military changed that," he said. "I challenged myself. I volunteered, took lots of courses and training and soon realized that I could succeed."

His postings included stays in Texas, Alaska and South Dakota. Among his volunteer assignments was a one month recovery mission in Vietnam in 2000 to help search for the remains of a lost U. S. airman (see the item Accounting for Lost Americans).

Red Horse, 46, is married with four children; his wife is a student in teacher education at Bismarck State College. With his medical experience in direct care, he was interested in the nursing program when he started at UTTC in 2006. But he changed his mind when Health Information captured his attention. Following his almost certain graduation at the end of the current term in May, he expects to enroll in a four year college by first taking classes online.

"I think its fun here at United Tribes. I don't worry about failing. I know I'll do well," said Red Horse.

Both recipients authored handwritten 'thank you' notes to the scholarship's sponsors. Each received \$750, which they acknowledged as very helpful in meeting the costs of education.

For more information about the Marvin Scholarship and other awards to students, please contact Steven P. Walker, Student Financial Aid counselor, 701-255-3258 x 1355, swalker@uttc.edu.

BLACK HISTORY

SHOW YOUR PRIDE!

FEBRUARY IS BLACK HISTORY MONTH

Laducer donates to scholarship campaign



PLEDGE IS GENEROSITY: James K. Laducer (left) once worked at United Tribes Technical College; now he is one of the colleges's leading benefactors. Laducer presented a \$10,000 contribution to UTTC President David M. Gipp January 14 on behalf of one of his businesses, Laducer and Associates, a computerized information management company, Mandan, ND. The gift is a portion of his pledge to the "Opportunities in the Making" student scholarship campaign. When at UTTC in the 1970s and 80s, Laducer (Turtle Mountain Band of Chippewa) was a counselor and EEO specialist, and became director of the Indian Business Development Center, creating opportunities for minority businesses in the Dakotas. His success as an entrepreneur also includes businesses in hospitality, construction and banking. UTN photo Brad Hawk.

Opportunities in the Making



Student Scholarship Campaign

UTTC employees are allowed to make a gift to the Opportunities in the Making Student Scholarship Campaign through payroll deduction.

No one knows the value of education better than you! Any amount you commit will become a vital part of the financial support needed for students to succeed in building better lives for themselves and their families.

Please make your pledge today! Your gift is tax deductible.



Contact Brad Hawk
701-255-3285 x1387
bhawk@uttc.edu

David M. Gipp

Scholarship Fund



To honor his 30 years as college president, United Tribes has established the David M. Gipp Scholarship Fund as part of the "Opportunities in the Making" Student Scholarship Campaign. With the support of generous individuals and businesses in Bismarck-Mandan, this successful campaign has provided support for the education of 280 students in the past two years. Your contribution to the David M. Gipp Fund will help it grow, providing additional scholarship support. Please take this opportunity to recognize and honor David and help in his life's work.

Send your check to:
David M. Gipp Scholarship
United Tribes Technical College
3315 University Drive
Bismarck, ND 58504

Contact: Brad Hawk
701-255-3285 x 1387, bhawk@uttc.edu



Leach Foundation Award



COMMUNITY SUPPORT: Brad Hawk, Director of Major Gifts and Alumni Relations accepts a \$5,000 grant award from Delanis M. Eckroth, of the Tom and Frances Leach Foundation, Inc., Bismarck. United Tribes Technical College was one 62 community organizations that received support from the foundation, which was formed in 1955. The awards were presented at a December 17 luncheon. UTN photo

Learning sign language

BY SUZANNE SHIELDS, RN, Student Health Center Supervisor

I am involved in an interesting learning opportunity and I wanted to share my progress with others in the campus community. I have completed two courses of a four part series in American Sign Language.

The beginning course covered cultural values and rules of behavior in the Deaf community in the United States, receptive/expressive readiness, activity sign vocabulary, grammatical structure, receptive/expressive finger spelling and aspects of Deaf culture.

During the intermediate II course, the class used no verbal communication. The American Sign Language Advanced III class is through the University of Minnesota. I have notified our UTTC disability instructor that I must complete all classes before I can utilize my skills.

I have found this learning to be so much fun. I catch my self signing under the table at meetings or wherever I listen to conversation. I hope that when I complete the training I can be an interpreter in the educational, interview, workplace, conference, medical, school, or criminal interpretation setting.



UTTC LIBRARY

Location: West Main Floor
Education Building

Hours: Monday - Friday
8:00 am - 5:00 pm

Collection: Books, Journals, Magazines,
Newspapers, & Online Database

Services: Instruction, Reference, Fax,
Internet Access, Photocopies,
Interlibrary Loan

Website: www.infolynx.org

SUCCESS IS
EVERYONE'S
RESPONSIBILITY!

SUCCESSFUL
STUDENTS USE
THE LIBRARY!

GET YOUR
LIBRARY CARD
TODAY!



UTTC SELF-STUDY

United Tribes Technical College is currently conducting a self study evaluation. A written report of its findings will be produced for its NCA reaccreditation visit. The NCA comprehensive visit will take place in 2010-2011. If you have questions or comments regarding UTTC's self-study experience, please send them to: ncaaccreditation@uttc.edu. To learn more about the NCA accreditation process, visit the website: <http://www.ncahlc.org>



Test your familiarity with the self-study process now underway at United Tribes.

Q: Through what year does the current United Tribes Technical College accreditation extend?

Answer Below

A: The year 2011

Physical Therapy Offered at UTTC

University of Mary Doctor of Physical Therapy Program

University of Mary students, under the leadership of Mary Dockter, P.T. Ph.D., Director of Clinical Education, are offering their skills on the UTTC campus.

The students are providing services that help restore function, improve mobility, relieve pain, and prevent or limit permanent physical disabilities of patients suffering from injuries or disease. They restore, maintain, and promote overall fitness and health.

The students examine patients' medical histories and then test and measure the patients' strength, range of motion, balance and coordination, posture, muscle performance, respiration and motor function.

This service is offered free of charge to any staff, faculty and students.

Services offered Tuesday and Thursday from 3 p.m. to 5 p.m. at the Lewis Goodhouse Wellness Center.

Appointments are preferred. Those without an appointment may take waiting appointments and they will do their best to see you.

For more information/appointments contact: Suzanne Shields RN, Supervisor, Student Health Center ext. 1332.

CALL FOR ARTICLES

The Council for Resource Development, an affiliate of the American Association of Community Colleges, invites articles for its Spring/Summer 2008 issue of the Dispatch.

THEME:

Community Colleges of the Future

Deadline: February 1

Information: <http://crdnet.org/>

Click on Publications

The Business and Office Technology Club Holiday Party



The party included a potluck meal and a gift exchange.

Above: Robert Bear, Ursula Kary LaTray, Kayla Thomas, Patricia Red Fox, Jackie Archambault, Antoinette Brewer, Iva Larvie, Josie Redday, Nichole White, Alyssa Shaw, and Amy Belgarde and daughter

Left: Dorvin Froseth, Patricia Red Fox, and Lynn Ketterling

Accreditation Review Visit PUBLIC NOTICE

The Practical Nursing Program at United Tribes Technical College will host a site review for continuing accreditation for its Associate of Applied Science Degree program.

The site visit will be conducted by the National League for Nursing Accrediting Commission.

You are invited to meet the site visit team and share your comments about the program at a meeting scheduled for Tuesday February 12 from 5 p.m. to 6 p.m. in the Jack Barden Center on the college campus.

Written comments are also welcome and should be submitted directly to:

Dr. Sharon Tanner, Executive Director
National League for Nursing Accrediting Commission
33 Broadway, 33rd Floor
New York, NY 10006
Or email: stanner@nlnac.org



STRENGTHENING LIFESTYLES PROGRAM PATHWAYS TO WELLNESS

Music career saved by wellness



UTN Photo Dennis J. Neumann

Before he changed his ways, singer-songwriter Darren Geffre (Black-foot Tribe) at left, used to drink a six-pack of sugary soft drinks daily. The photo behind him showed what he looked like in his mid 20s as a borderline diabetic weighing 305 pounds. After a change in diet and the loss of 125 pounds, his music career took off, earning him nominations for NAMMYS and GRAMMYS. Kicking off UTTC Wellness Week on January 14, Geffre said the transformation came by making a total commitment to health and fitness.

Note of Thanks

On behalf of the Strengthening Lifestyles Program, 'thank you' to the Arrow Graphics staff for their superior work ethic and the outstanding service they provide to the UTTC campus. Our program has to meet advance deadlines as we promote activities and events throughout the year. Arrow Graphics has always delivered posters and flyers on time with superior art work and design. Thank you for all your hard work and dedication to the success of United Tribes.

—Scott Davis & the Strengthening Lifestyles Program Staff

WE CAN HELP *you find your way*

**AL-ANON
MEETING
3 PM**

**ALATEEN
MEETING
4 PM**

**AA MEETING
7 PM**

**Every Thursday
Room 130
Wellness Center**



Circle of
Parents

Luncheon Meetings

Tuesdays • 12 pm - 1 pm
Jack Barden Center
Room 130

United Tribes Technical College

The Nike Air Native N7 Shoes Are In!



The UTTC Wellness Services/Strengthening Lifestyles Program now has the new N7 Nike shoe. Place your order with the Wellness Staff for a pair of the new shoes for the price of \$47.80 (Checks payable to UTTC)

OR

Receive a pair **FREE** by signing up for the **STRENGTHENING LIFESTYLES INCENTIVE PROGRAM**

Get moving in the right direction towards Native Wellness!

For more information: call 255-3285 x1454

Sweat Lodge

The following is from students and employees who use the Sweat Lodge.

We are very thankful to able to do this. It is a big help in our lives as students and community members. We greatly appreciate the help from employees at maintenance, especially Frank Lohnes Jr., who always help with the needs that we have, like the wood, rocks, etc.

We thank members of the Culture and Activities Committees, and Wellness Director Sheri Baker, for the cooperation, support and time.

We are deeply appreciative of the support received from Dr. Gipp, Russell Swager, TJ McLaughlin, Harriett Skye and security employees, for all that they do and all that they have done.

United Tribes school is the only one of its kind that we know of that allows students to observe traditional ceremonies in this way.

Once again thank you UTTC for all that you do.

—UTTC/TJES Students & Staff

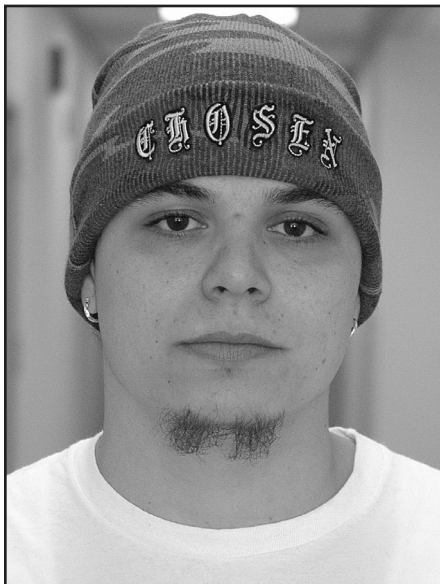
TO PARENTS: Your cooperation is appreciated in reminding your youngsters that the Sweat Lodge area is not a place to play. Thank you.

SPIRITUALITY... Continued from page 1

taking advantage of this fundamental opportunity.

In addition to greater numbers of students participating in spiritual activities, there is the clear presence of more meaningful relationships to the Creator or Higher Power.

The following comments are from students who are active with their own spirituality and agreed to share their views about how spirituality works in their everyday lives.



Jose Lopez

How important is spirituality to you?

JOSE LOPEZ: The importance depends on the use for the spirituality. If importance is equal to the word powerful, then to me spirituality or faith is extremely POWERFUL and important.

ROSE SADLER: Spiritually is the most important thing in my life because without spiritually you don't have guidance and everybody needs guidance to be on the right path. And I could honestly say I practice more than one spiritually.

STEVE RAINING BIRD: It's pretty important; it brought me a long way since my father passed away. I lost a lot of it since his passing, but I found it since being here at UTTC.

What does spirituality mean to you?

JOSE LOPEZ: Spirituality means one who has access to the spirit realm. For me, this is not enough to define spirituality. Like any-

thing important or powerful, the motive or reason of use of said power is more important than simply having it. One can be spiritual and deal with spirits that does not originate in God, evil spirits, lying spirits and still be seen as holy.

ROSE SADLER: To me it means there is a greater being than the human. And when you encounter spiritually within yourself you're at peace with yourself.

STEVE RAINING BIRD: It means you know yourself inside, spiritually, mentally and helps you get through life and makes life easier.

How has UTTC helped you in your spiritual growth?

JOSE LOPEZ: My growth here has given me confidence in my relationship with Jesus. I am a prime and living example of Psalms 27:1-3 (look it up).

ROSE SADLER: Allowing students to have the sweat lodge and ceremonies are a convenience that is the most important thing for me.

STEVE RAINING BIRD: A friend of mine that went to school before I was here told me about sweat, and about being in a good environment and being drug and alcohol free. I've been able to understand spirituality better since going to school here. I'm not Lakota, but I really respect their ways because it is open to all Tribes and are really sincere. I've also learned many songs and their ways, but not to misuse it. From the beginning it has brought my family a lot closer.

What do you hope spirituality will do for you?

JOSE LOPEZ: The purpose of my spirituality is that I can better introduce people to God by revelation of His Spirit having access to direct communication with Jesus Christ. Not to help people live better lives only, but to enable people to live lives worth living (while enduring hardships). Lives with not just a purpose, but to know exactly why they were created individually (God desires to tell us our purpose in life). I know why I was created and born, and because of that I am excited and expectant when I awake each morning to



Rose Sadler

see what God wants me to do each day. My heart is full.

ROSE SADLER: That it will keep guiding me and my family through life.

STEVE RAINING BIRD: I just hope it will continue with me and my family since we are all close and it provides good role models for the younger people and shows them the good ways before they see the drugs and alcohol. Since I've been at the sweat lodge it has grown and the word has spread about how good it is. I would like to see more people but it has tripled since I started. It's good to see those who only come once in awhile and it's a good way to pray.



Steve Raining Bird

State Health Department Announces Fruits and Veggies “Tip Contest”

BISMARCK, N.D. –The Get Smart North Dakota! Fruits & Veggies – More Matters™ Tip Contest kicks off today, according to Deanna Askew, healthy weight coordinator for the North Dakota Department of Health.

The North Dakota 5 + 5 Communities Program and the North Dakota Department of Health are sponsoring the contest, which will award North Dakota families with prizes and recognition for sharing their original and creative ideas for serving fruits and vegetables.

According to the Dietary Guidelines for Americans, people who consume generous amounts of fruits and vegetables as part of a healthy diet are likely to have reduced risk of chronic diseases, including stroke and perhaps other cardiovascular diseases, type 2 diabetes, and certain types of cancer.

“No matter how many fruits and vegetables you and your family are eating now, everyone can benefit from eating just one more,” Askew said. “We know there are a lot of creative ideas being used by families across the state, and we want to help build a Healthy North Dakota by sharing those ideas with each other.”

Linda Inman of Grand Forks has made several changes to help increase her family’s fruit and vegetable intake over the years. Linda serves a veggie tray and fruit tray whenever her children and grandchildren are over for a meal. “I think of it as a gift I give them,” Inman said. For submitting her idea to the national Fruits & Veggies – More Matters Challenge last year, Linda was acknowledged as North Dakota’s winner.

To enter the Tip Contest, visit www.health.state.nd.us/5plus5/ and click on

Get Smart North Dakota! Fruits & Veggies – More Matters™ Tip Contest. Using the form provided, complete your contact information and your idea for “Getting Smart About Fruits and Veggies.”

- Share how you include MORE fruits and vegetables as you shop, in your family dinner, or as you eat “on the go.”
- All forms of fruits and vegetables count! Use fresh, frozen, canned, dried, or 100 percent juice in your meal or snack idea.
- Any eating occasion is valid: breakfast, lunch, dinner or snack time.
- Tell us how you get your family involved in the process of healthy meal preparation with fruits and vegetables.

The contest runs through Feb. 15, 2008. Entries also may be faxed to 701.328.1412 or mailed to the North Dakota Department of Health; 600 E. Boulevard Ave., Dept. 301; Bismarck, ND 58505-0200. Be sure to include your name, address, phone number and e-mail address.

Winners of the Get Smart North Dakota! Fruits & Veggies – More Matters™ Tip Contest will be announced in March 2008, National Nutrition Month.

The 5 + 5 Communities Program is celebrating 10 years in 2008, and encourages and supports North Dakota communities in their quest to help their citizens lead healthier lives and build a Healthy North Dakota. Goals of the 5 + 5 Program are to encourage North Dakotans to eat fruits and vegetables five times a day and to encourage North Dakotans to be physically active for 30 minutes at least five days a week.

For more information, contact Deanna Askew, North Dakota Department of Health, at 701.328.4568 or Karen Ehrens, 5 + 5 Communities coordinator, at 701.223.2616.

Chocolate: Make It Healthy

BY SUANN SCHMITZ, LRD Land Grant Extension Program

Chocolate contains phenolic compounds called flavonoids that act as potent antioxidants to lower the risk of heart disease and cancer. These phytochemicals are found in a greater concentration in cocoa powder than regular chocolate, which is higher in saturated fat, sugar and calories than cocoa powder. Eating one ounce of a chocolate candy bar is equal to eating: 1 Tablespoon unsweetened cocoa powder, plus 4 teaspoons sugar, plus 2 1/3 teaspoons shortening. To get the maximum possible health benefit, look for chocolate made up of at least 70% cocoa. Other plant foods such as red wine, tea, onions and parsley also contain high levels of flavonoids.

The flavonoids in chocolate are thought to protect the heart in two ways: by inhibiting low-density lipoprotein (LDL) or “lousy” cholesterol oxidation and by stopping blood platelet aggregation – processes which contribute heart disease.

Here is a fun idea for celebrating Valentine’s Day and President’s Day that will be kind to your heart since this is also heart month. Enjoy!

Chocolate Angel Cherry Bars

A low-calorie and lowfat heart healthy treat to be enjoyed in moderation.

- 1 package of one-step angel food cake mix
- 2 Tablespoons unsweetened baking cocoa
- 1 22 ounce can of prepared cherry pie filling

Preheat oven to 350 degrees F. Combine cocoa with the dry cake mix. Add the pie filling and mix well. Pour batter into an ungreased 10 x 15 inch jelly roll pan. Bake for 20-25 minutes. Cool and cut into 24 bars. Cover loosely with waxed paper for storage.

Each bar: 99 calories, 0 g fat, 0 g saturated fat, 0 g trans fat, 0 mg cholesterol, 165 mg sodium, 23 g carbohydrate, 0.3 g fiber, 2 g protein.



Nutrition and Foodservice students receive national certification

BY ANNETTE E. BROYLES, Nutrition and Foodservice Instructor

Five students in the Nutrition and Foodservice Program at United Tribes Technical College have received National ServSafe Certification.

Students Cassandra Eagle, Sarabeth Eagle, Ron His Horse Is Thunder Jr., Whitney Hosie, and April Summers successfully passed the exam December 6 following training at the college in Bismarck.

ServSafe is a foodservice industry training and safety program of the National Restaurant Association Educational Foundation. The training is recognized by more federal, state, and local jurisdictions than any other food safety certification. United Tribes provides the training to groups and individuals in the foodservice industry around the region.

UTTC students are eligible to take the exam after completing "Managing Food Protection," a course offered in the Nutrition and Foodservice Department. To be



CERTIFIED STUDENTS: From left Whitney Hosie, Cassandra Eagle and Sarabeth Eagle; not pictured April Summers and Ron His Horse Is Thunder Jr. UTN photo Annette E. Broyles

certified, students must pass the exam with a score of 75 percent or better, which all five did. The certification is good for five years.

For more information about the ServSafe training contact Pat Aune, 701-255-3285 x 1399, or paune@uttc.edu.

Common Nutrition Mistakes

SUBMITTED BY SUANN SCHMITZ, LRD Land Grant Extension Program

- Skipping breakfast is a good idea to save calories for weight loss. FALSE. Breakfast is one of the most important meals for your metabolism. Metabolism is the rate at which you burn calories or energy from food. When breakfast is skipped, your body will actually begin to conserve the calories and shifts into "starvation mode" where the metabolic rate is decreased. Always remember to eat breakfast, ideally within 1-2 hours of waking.
- Butter is a better choice than margarine. FALSE. Butter is highly concentrated in saturated fat, the main dietary cause of high cholesterol. Margarine formerly was a source of trans fats, however many food companies have removed trans fats from their products since it was mandated to be on the food label in January of 2006. Better still; many choices are reduced in fat and calories. Choose soft margarine in tubes, ideally the light versions, and be sure they are trans-fat-free.
- Eating carbohydrates will make you fat. FALSE. Carbohydrates supply 4 calories per gram; whereas fat sources provide 9 calories per gram. Carbohydrates are the main source of fuel for the body and brain and therefore at least 50% of your calories should come from these sources. Complex carbohydrates, which consist of high fiber grains, starchy vegetables, beans and fruit, should be the majority of your carbohydrate intake. Limit the refined carbohydrates in your diet, such as white breads, snack foods, cake, cookies, etc. as these types of foods do not supply you with much nutrition benefit and are calorie dense.
- If you eat after 8 p.m. you will gain weight. FALSE. Your body does not have a biological "time clock" as to when it quits burning calories. It is best to try and space your meals and snacks out within 3-4 hours of each other for hunger control as well as keeping your metabolism steady. However, many people tend to snack in the evening out of boredom, or eat huge meals after skipping meals during the day. Often times these snacks consist of high fat, high sugar foods such as chips and ice cream. For these individuals, it is important to pay attention to your cues and triggers to eating and be sure to snack when you are hungry and to choose healthier snacks, such as fruit.
- It takes a lot of time to eat healthy. FALSE. Planning is the key to a healthy, well-balanced diet. Purchase foods that are pre-prepped or involve little preparation time. Examples would be pre-cut vegetables, frozen vegetables or fruit. Fish is a great food to grill or bake as the cooking time is quick. For lunch choose soup and a salad rather than a huge deli sandwich; or lowfat pasta and salad instead of fat-laden lasagna or pizza. Small steps every day can lead to a healthier you.

Source: Cooperative Extension Service, Iowa State University of Science and Technology, and the United States Department of Agriculture cooperating.

UNITED TRIBES THUNDERBIRDS BASKETBALL



OPEN SHOTS: Attacking the basket creates opportunities. Above, Nevada Allen scores for the Lady Thunderbirds and, at left, Gavin Brisco used his quickness and leaping ability to get the close shot. Both moves were in games against the Dawson Community College Pioneers. UTN photos Dennis J. Neumann

27th Annual AIHEC Basketball Tournament

March 12th - 16th, 2008
United Tribes Technical College
Bismarck, North Dakota

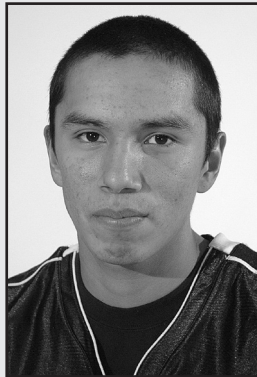


- First 12 Men's & Women's Teams •
 - Entry Fee: \$750 •
- Deadline: Postmarked by Feb. 1 •
 - Must submit roster, team photo, player eligibility and letter of intent to participate •
- Pool Play format, NJCAA rules apply •

Opening Ceremony features
"Tip Off Conversation"
with legendary
Coach Dale Brown
(retired, Louisiana State University)

March 12th, 7 pm • UTTC Gym
Player & Coaches' Clinic will follow!

MON-DAK CONFERENCE PLAYER OF THE WEEK



UNSTOPPABLE: Congratulations to Jarvis Bearstail of the United Tribes Thunderbirds for being named the Mon/Dak Conference Men's "Player of the Week" for December 9 – 15. In two games the 6' guard scored 60 points, had 8 rebounds, 10 assists, 1 steal, and 1 block. Bearstail is the Thunderbirds team captain.

THUNDERBIRDS BASKETBALL SCHEDULE

JANUARY 2008

		<i>HOME GAMES IN BOLD</i>	
24	Bismarck State College	M & W	6-8 pm
27	Lake Region State College	M & W	2-4 pm
30	University of Mary JV	M & W	6-8 pm

FEBRUARY 2008

3	Lake Region State College	M & W	6-8 pm
5	Trinity Bible College	M & W	6-8 pm
7	Bismarck State College	M & W	6-8 pm
10	MSU-Bottineau	M & W	2-4 pm
11	Williston State College	M & W	6-8 pm
16	Trinity Bible College	M & W	5-7 pm
17	NDSCS-Wahpeton	M & W	2-4 pm
19	MSU-Bottineau	M & W	6-8 pm

Fall Honoring 2007

ANNUAL CEREMONY: Twenty, mid-year graduates of United Tribes Technical College were honored December 14 at the college in Bismarck: one Bachelor of Science degree in Elementary Education; 15 Associate of Applied Science Degrees in 10 different programs of study; and four earned Certificates of Completion in the field of Medical Transcription.



UTN photos Dennis J. Neumann



Memorial Legacy will be books



BOOKS FOR BOYS: The TJES library received a grant December 13 from the Bismarck Kiwanis Club in the form of memorial contributions in memory of the late Jim Anders, Bismarck. Anders wife Karen helped present a check for \$855. Anders was a former adjunct instructor in the UTTC Nursing Program. He was also a dedicated participant in the Children's Reading Program, which brings adult readers into the schools. The funds will be used mainly to increase the number of books that will be of interest to boys. The TJES Library has 4,500 volumes.

Young readers attending the presentation were, from left: Wyatt LaPointe, Dione D.J. Bellrock, Wambli RedBird, Justyce Houle, Spencer Seaton, and Wesley Jeanotte, all 5th graders; Mari Ferguson, TJES Librarian. Back row from left: Herb Wilson, Chuck Peterson, Bill Willis, Doug Wolf and Al Jaeger, all Kiwanis members; Karen Anders; Brent Kleinjan, Kiwanis Club Past President; David M. Gipp, UTTC President; and F. Sam Azure, TJES Principal. UTN photo Dennis J. Neumann

NONPROFIT ORG.
U.S. POSTAGE
PAID PERMIT
NO. 46
BISMARCK, ND

United Tribes Technical College
3315 University Drive
Bismarck, North Dakota 58504
www.uttc.edu



UNITED TRIBES NEWS is published monthly by the Office of Public Information and Arrow Graphics, divisions of United Tribes Technical College, 3315 University Drive, Bismarck, ND, Dr. David M. Gipp, President

MISSION STATEMENT

United Tribes Technical College is committed to providing individuals and families with vocational-technical and educational services that perpetuate the success of all people. UTTC will continue to provide a multi-cultural environment that promotes educational and economic opportunities with human and land resources aimed at self-sufficiency and self-determination.

Editorial Content

Editor: Dennis J. Neumann, Public Information Director
701-255-3285 x1386, opi@uttc.edu

Design & Layout: Andi Gladson, Graphic Artist
701-255-3285 x1437, agladson@uttc.edu

Email articles and/or photos as separate attachments to opi@uttc.edu. Include photo credits. Do not place images directly into text documents. **NO HARD COPIES ACCEPTED.**

Circulation & Distribution

Circulation Manager: Andi Gladson, Arrow Graphics
701-255-3285 x1437, agladson@uttc.edu

Distribution: Carla Fleury, UTTC Mailroom
701-255-3285 x1311, cfleury@uttc.edu

To be added to UTN's mailing list or to change your mailing address please contact us via email at agladson@uttc.edu.

Arrow Graphics is a full-service print shop that provides a full range of design and printing services that is available to the general public. For more information give us a call at 701-255-3285 or toll-free at 888-643-8882 Ext. 1296.



DEADLINE FOR NEXT ISSUE: 5 PM - FEBRUARY 11, 2008