

UNITED TRIBES NEWS

April-May Edition

www.uttc.edu



Dale Brown page 21

APRIL / MAY 2008

UNITED TRIBES TECHNICAL COLLEGE • BISMARCK, ND

VOLUME 17 NUMBER 4

AIHEC honors outgoing director



POWWOW CEREMONY: The outgoing director of the American Indian Higher Education Consortium was honored during the organization's 27th annual conference in Bismarck. Dr. Gerald Gipp (Standing Rock Lakota), at center with blanket, was recognized March 17 with an honor song during the conference powwow. Colleagues, friends and relatives filed past to shake hands with Gipp and other tribal college leaders. Gipp will retire June 1 after more than seven years as AIHEC's executive director and an extensive career in American Indian education. AIHEC conference results and photos inside.

UTTC joins Faculty Resource Network

First Tribal College to belong

BY HARRIETT SKYE, PH.D., VP of Intertribal Programs

NEW YORK (UTN) – United Tribes Technical College has joined the New York University Faculty Resource Network, an award-winning professional development initiative whose mission is “to foster connection, collaboration, and collegiality through a partnership of colleges and universities dedicated to faculty development.”

Dr. David M. Gipp, UTTC President; Shirley A. Bordeaux, Vice-President of Finance; and Harriett Skye, Ph.D. Vice President of Intertribal Programs and Director for the American Indian Multicultural Center, met here February 19-22 with members of the network: Dr. Debra Szybrinski, Ex

Continued page 6

UNITED TRIBES
TECHNICAL COLLEGE



2008
COMMENCEMENT
CEREMONY

FRIDAY, MAY 2 • 1 PM
LONE STAR ARENA

Dorgan vows to keep pushing for Indian health care



MOMENTUM: North Dakota U.S. Senator Byron Dorgan and several dozen supporters rallied February 27 in Washington, D.C. in support of the Indian Health Care Improvement Act. The measure was authored by Dorgan and passed a day earlier by the full Senate. Dorgan, who chairs the Senate Indian Affairs Committee, pledged to keep pushing until the bill reaches the President's desk. "This is a big step forward for Indian health care," he said. "This... will help put an end to health care rationing and move the health care system in Indian Country in the right direction." Photo by Brenden Timpe, Dorgan staff



LeRoy Laundreaux's Lunch Menu

Includes 2% or Skim Milk, Coffee or Tea and Salad Bar, Fresh Fruit, and Vegetables. Menu subject to change.
 Cafeteria Hours: Breakfast ~ 7:00 - 8:30 am • Lunch ~ 11:30 - 1:00 pm • Dinner ~ 5:00 - 6:30 pm
 All Students Must Show ID - NO EXCEPTIONS!!

Lunch Menu

	MAR. 31 - APR. 4	APRIL 7 - 11	APRIL 14 - 18	APRIL 21 - 25	APR. 21 - MAY 2	MAY 5 - 9
M	Chicken Nuggets	Sloppy Joe & Fries	Grilled Ham & Cheese	BBQ Rib Sandwich	Grilled Ham & Cheese	Pizza (Cook's Choice)
T	Hard Shell Tacos	Taco Salad	Indian Taco	Soft Shell Tacos	Chili Dog & Fries	Sloppy Joe & Fries
W	Chicken & Rice	Beef Stew & Frybread	Roast Beef & Potatoes	Baked Ham & Potatoes	Chicken & Potatoes	Beef Stew & Frybread
T	Hamburger & Fries	Chili Dog & Fries	Hamburger & Fries	Chicken Fried Steak	Hamburger & Fries	Philly Cheese Steak
F	Stir Fry & Rice	Pizza (Cook's Choice)	Chicken Strips	Pizza (Cook's Choice)	Beef Stew & Frybread	Buritto & Spanish Rice

KODA THE WARRIOR "Thoughts and Actions of a LEADER"

CREATED BY MARK L. MINDT
 SPIRIT LAKE NATION

Training Your Mind

Most men fail not because they aim too high, but because they aim at nothing.

Think like people of action; act like people of thought.

The only real limitations we encounter are those which we place on our own minds.

Go into a game believing you are going to do your best- then do it!

The self-motivated man is one who has developed more of the God-given potential all of us possess!

All men are created with an equal opportunity to become unequal!

You are where you are because of the dominating thoughts that occupy your mind!

LEADERSHIP



Do It Now! Nothing is successful until it is accomplished.

If a man never fails, it may be because he never tries.

Set your goals high. If you aim for the gutter, that is where you will end up.

Luck is what happens when preparation meets opportunity.

Success is a journey, not a destination.

It's better to get ahead then to get even.

A person who knows, and knows she knows - she is wise. Follow her.

Knowledge makes for confidence.

What is an ideal without life? What is life without an ideal?

Author Unknown

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kodathewarrior@yahoo.com

First student enrolled under military spouse initiative

BY RENEE BECKER, Exact-Med Transcription Training Program Director

The Exact-Med Medical Transcription Program has enrolled its first student under an educational program for active military spouses. The referral came in February from "Life Transformed," a nonprofit military organization that assists active military spouses in educational training.

For students who choose to enroll in Exact-Med, a \$1,500 Department of Labor (DOL) grant is applied toward the student's unpaid tuition when the student reaches Phase Three of the program.

However, to support the military effort, spouses of active military also receive an additional DOL incentive of \$700 to cover the cost of the books.

The DOL, Department of Defense, Medical Transcription Industry Association, and Life Transformed have partnered to market the medical transcription industry to military spouses. Due to the flexibility and portability of this career, it works especially well for military families who relocate every few years.

The DOL program is scheduled to run through November 2008.

For more information, contact Renee Becker, CMT, Exact-Med/UTTC Transcription Training, 3315 University Drive, Bismarck, ND 58504, 701-355-4608, or 1-866-556-5327, rbecker@uttc.edu, www.exactmed.com.

Student Awards Banquet

May 1, 2008

6 - 8 pm
Multi-Purpose Room

The Green Recycling Bins Are Not Garbage Cans!

PAPER ONLY!



Save a Tree!

Here's a list of acceptable and unacceptable items that can go into the **GREEN BINS** located around campus

ACCEPTABLE FOR GREEN BINS

- File/Office/Colored Paper
- Manila Folders
- Pamphlets
- Brochures
- Magazines
- Catalogs
- Newspaper
- Notebook Paper (*No spiral spines*)
- Phone Books
- Post-Its, Machine/Register Tape
- Shredded Paper
- Carbonless Paper
- Envelopes (*Non-window*)
- Glossy Paper

UNACCEPTABLE FOR GREEN BINS

- Stencils
- Paper Plates (*or other types of serving material with food waste*)
- Thermal Fax Paper
- Plastic/Shrink Wrap
- Carbon Paper
- Plastic Cups or Plates
- Three Ring Binders Of Any Kind
- Fluorescent Bulbs
- Photographs
- Paper Wrappers From Medical Supplies (*i.e. Gauze, Bandages*)
- Plastic Grocery Bags
- Styrofoam of Any Kind

Be sure to celebrate Earth Day at the...

1st Annual

EARTH DAY FESTIVAL

April 22 • 4-8 pm

Raymond J. Bohn Memorial Armory
4200 East Divide Ave Bismarck, ND

FREE ADMISSION!

Learn about our environment by attending the Earth Day Festival. There are many ways you can help conserve our natural resources. Come to the festival to celebrate Earth Day and learn how you can help.

Fun and educational activities for all ages...

FOR THE ADULTS...

- Speakers on Recycling, Rain Gardens & Native Landscaping, Energy Conservation and Conservation in Agriculture
- Compact Florescent Light Bulb Promotion that is linked with the Energy Star Campaign
- Tree Giveaway
- Environmental Door Prizes
- Educational Booths
- Teacher Resource Area
- Free Reusable Grocery Bags
- Informational Brochures
- Hybrid Vehicle Display

FOR THE KIDS...

- Coloring Booth
- Soil Tunnel
- Face Painting
- Balloon Animals
- Smokey the Bear
- Interactive Rain Forest Display
- Enviroscope
- Inflatable Whale
- Rainsticks

and much, much more!

DID YOU KNOW?

- Every ton of paper made from recycled materials saves about 17 trees.
- Recycling paper uses 60% less energy than manufacturing paper from virgin timber.
- Recovered paper is used to make a variety of products, including copier paper, paper towels and napkins, corrugated boxes and hydraulic mulch.
- You can take one-sided paper scraps to Arrow Graphics to be made into scratch pads. (*Stop by and pick up some of the free pads that are always available.*)
- United Tribes News is printed on Acid-Free 30% Post-Consumer Recycled Paper.

Find More Information About Recycling Paper at www.paperrecycles.org

Makwa poetry resonating with Native People

BISMARCK (UTN) – When Niizh Makwa finished a talk with students in a Native American literature class at United Tribes Technical College, he got a hug from one young woman and firm handshakes of appreciation from others. Another young woman from his own tribe, Turtle Mountain Band of Chippewa, lingered until all had drifted out of the classroom to tell him what she thought about his poetry.



Niizh Makwa

“A lot of Natives have poems inside of us but most of it doesn’t get written down. They don’t share them with anybody. They never get heard,” said Theresa Wilkie, a student in the college’s Computer Information Technology program. “But yours – people are reading these. They’re going to hear and understand the pain we go through. I appreciate what you’ve done. I can’t wait to get the book and show my family.”

Makwa’s book is “Red Man’s Diaries,” a slim paperback that came out late last year containing 50 of the more than 5,000 poems he has written over the past 15 years or so. The verses contain powerfully word-

ed, unvarnished depictions of historic and contemporary relations Indians have with mainstream society.

*Don't tell me you can relate to my troubles
or that you know me now that you rented dances
with wolves*

*don't tell me that we could get along if we could just
forget yesterday*

*& don't give me your pointers on how an Indian
should live today.*

*Don't stand there & tell me to reach for
opportunity*

*don't talk about the 'programs' out there for people
like me*

*don't act like you know me – my life is not a
movie*

you could never fathom what it's like to be me.

from DONT TELL ME

The work resonates with tribal people. Theresa Wilkie described it as “comforting” to know that you’re not the only one who is feeling the pain.

On a cold Saturday in February at a Bismarck bookstore all copies sold out before



Poet Niizh Makwa (Turtle Mountain) gave a reading and answered questions February 22 during a Humanities class at United Tribes Technical College.

his book signing was over. He said a woman elder from Standing Rock was so excited that she nearly “busted down the door” to get in to meet him.

“I’ve had people cry when I read them,” Makwa said. “And I’ve had non-Indians get up and leave.”

In short, the response is bigger than he expected.

Niizh Makwa is the poet’s Ojibwe name, which means Two Bears. Also known as L. Joseph Belgarde Jr., he was born in 1978 and raised in North Dakota on the Turtle Mountain reservation. He is a single parent and now lives in Bismarck.

Makwa allows that his poetry is harsh and that it will offend some people. He describes it as fierce and strong – in keeping with his mission as a warrior poet – to “remind people of the reality that’s out there” for Indians.

At United Tribes, he read softly from his poems and answered questions. He said he continues to compose new works that he handwrites into notebooks and tries to keep up with the almost overwhelming amount of e-mail he now receives. He commended the students on their commitment to getting an education and thanked them for listening and asking questions. And he said he is planning a tour that will kick off in North Dakota.

Theresa Wilkie’s closing advice to Makwa: “I’m really glad this book is out there. Keep writing. Keep pushing ‘em out. Cause you’re doing a lot of good.”

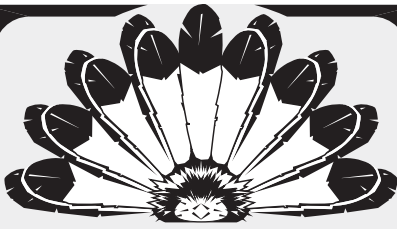
“Red Man’s Diaries” is published by Publish America, Baltimore, MD. It is available through the publisher (www.publishamerica.com), Amazon Books, Target, and the Bismarck Barnes & Noble.



Student Theresa Wilkie thanks poet Niizh Makwa following a class visit at UTTC.

UTN photo Dennis J. Neumann

UTN photos Dennis J. Neumann



*Readings From
Red Man's Diaries:*

*Hi there, I'm an Indian – pleased
to make your acquaintance...
You seem surprised to see me not
doing a rain dance.*

*...fancy meeting you again
Looks like you're wondering
how I jumped the fence around
the Rez again.*

from STEREOTYPICAL

*Beware; I'm a new generation of
Warrior
intolerant of thieves, liars, &
murders
I can understand now what you
say and write
I know your true nature, & will
not yield my fight.*

*Beware; my Red Rage is no
illusion
& there will be no escape from
my Revolution...*

from RED RAGE



Journey to Excellence

Fundraising Dinner at United Tribes

Wednesday, April 30
6 pm • UTTC Cafeteria

\$50 per plate

Benefit for UTTC Scholarships

Meet students who represent the best in tribal higher education

To Make Reservations Contact: Brad Hawk at 701-255-3285 x 1387
or email bhawk@uttc.edu

LeaderShape SUMMER INSTITUTE

One of the country's premier leadership immersion institutes

A six-day program for students currently attending eligible tribal colleges

Selected students will have all expenses paid to attend one of two sessions in Champaign, Illinois: June 24-29 or July 29-August 3, 2008

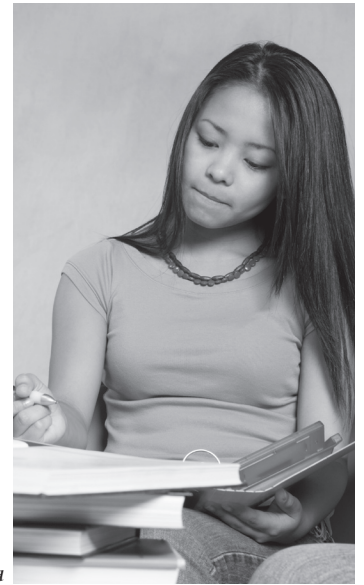
A journey of non-stop self-discovery, emphasizing learning from practical experiences

Application Postmark Deadline: April 11

More information visit www.leadershape.org

Questions contact Ruben Hernandez at rhernandez@collegefund.org or 1-800-776-FUND

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VENDORS • SAVE THE DATE

September 3 & 4, 2008

Bismarck Civic Center • Bismarck, ND

For More Information Call:
United Tribes Technical College
701-255-3285
Debbie Painte Ext. 1232 / dpainte@uttc.edu
Brek Maxon Ext. 1359 / bmaxon@uttc.edu

H M E

Under Construction

The Construction Technology Program is currently building a three bedroom, two bath home in the United Tribes Skill Center Building. Some of the features include a 13x15 bedroom with master bath, fireplace and much more. Individuals who might be interested in a purchase should contact Michael Matheny, Construction Technology Program Director, 701-255-3285 x 1242, mmatheny@uttc.edu



CURRENT & NEW STUDENTS:

All applications for housing at United Tribes Technical College must be completed at the college Admissions Office - Building 5

Your application will be accepted and processed based on completion of your admissions packet

PLEASE NOTE:

If you do not receive housing for a semester that you have applied for, it is your responsibility to **REAPPLY** for housing for the following semester.

Please contact us with your questions; we are here to help you!

United Tribes Housing Department
701-255-3285 x 1352 or 1415
Building 1B

Lorraine Davis, Interim Housing Director

UTTC joins faculty network... Continued From page 1

utive Director, Office of Faculty Resources; Magda Amaya, Program Operations Manager; Professor Laurin Raiken, Gallatin School of Individualized Study; Dr. Jim Matthews, Associate Dean, Graduate School of Arts and Science; Dr. e. Frances White, Vice Provost for Faculty Affairs; Ann Ward, Program Associate; and Ms. Jane Tennen, Director of Development for the City University of New York.

According to their website, www.nyu.edu/frn/, the network is an organization with 52 college and university members. The primary mission is to serve faculty development needs at institutions where opportunities for research, curricular advancement and faculty development are limited. Most of the member organizations are minority-serving institutions.

United Tribes is the first Tribal College in the nation to join. The organization has operated for more than two decades.

FRN programs are offered year round. Offerings include a student exchange program with a number of Historically Black Colleges and Universities and Hispanic-serving institutions, and a visiting scholar program that allows faculty an opportunity to visit NYU to engage in scholarly work.

Information and application forms are available on the network's website for upcoming conferences and symposia, the scholar-in-residence program, and the summer 2008 liaison officers' meeting set for June 13. For more information about UTTC participation contact Harriett Skye, hskye@uttc.edu.

FACULTY RESOURCE NETWORK

Summer 2008 Offerings

APPLICATION OF MATHEMATICS IN FINANCE & ECONOMICS

Conveners: Robert Kohn, Jonathan Goodman, both NYU

BETTER THAN FICTION: THE URBAN CHRONICLE & THE NEW LATIN AMERICAN NOVEL

Convenor: Ana Dopico, NYU

CRITICAL & CREATIVE THINKING ACROSS THE MEDIA

Conveners: Robert DiYanni, The College Board; Bill Costanzo, Westchester CC

DESIGNING EFFECTIVE ONLINE LEARNING ENVIRONMENTS

Convenor: Jan Plass, NYU

DYNAMICS OF SOCIAL DIVERSITY IN COLLEGE: NEW TOPICS IN TEACHING FOR SOCIAL JUSTICE

Convenor: Maurianne Adams, U-Mass, Amherst

ENTREPRENEURSHIP & THE BUSINESS CURRICULUM

Convenor: Jeffrey Carr, NYU

HARLEM & ITS LANDMARKS: PHYSICAL & INSTITUTIONAL HISTORY OF THE BLACK METROPOLIS

Convenor: Jeffrey Sammons, NYU

LIBRARY ASSESSMENT: MEASURING & DOCUMENTING THE LIBRARY'S CONTRIBUTION TO ACADEMIC SUCCESS

Conveners: Steve Hiller, U-Washington; Jim Self, U-Virginia

TEACHING VISUAL STORYTELLING

Convenor, Rosanne Limoncelli, NYU

THE LANDSCAPE OF AMERICAN FOOD IN THE TWENTY-FIRST CENTURY

Convenor, Amy Bentley, NYU

THE QUEST FOR PEACE IN THE ANCIENT WORLD & BEYOND

Convenor: Kurt Raaffaub, Brown University

WOMEN'S STUDIES IN A GLOBAL WORLD: PEDAGOGIES OF TRANSFORMATION

Conveners: Beverly-Guy-Sheftall, Spelman College; Chanra Maharity, Syracuse University

Acknowledging the professionals

Future Special Education Teachers had help

BY LISA AZURE, UTTC Teacher Education Director

A cohort group of student teachers are in the process of completing the first phase of their final requirement in realizing their goal of becoming Special Education teachers. Upon completion of two semesters of student teaching, these students will graduate from Sinte Gleska University and be eligible for South Dakota Certification in Special Education and Elementary Education.

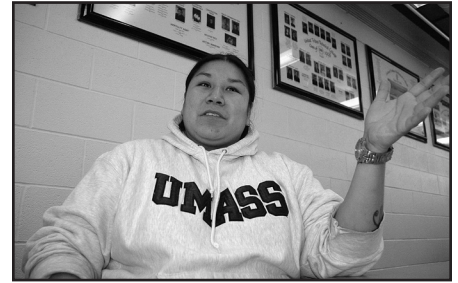
Attaining this goal has been made possible through a partnership agreement with Sinte Gleska University, Mission, SD, and funded by an Office of Special Education grant administered by UTTC.

A special thanks to the cooperating teachers who guided them through this final requirement.

The student teachers and their cooperating teachers are:

- **Tammy Kelsch** (Three Affiliated) – cooperating teachers **Colette Fleck** and **Laurel Iron Road**, Standing Rock Community School, Fort Yates, ND
- **Dawn Lambert Krein** (Turtle Mountain) – cooperating teachers **Angela Nagel**, Bismarck Public Schools and **Lois Pleets**, Standing Rock Community School, Fort Yates, ND
- **Deanna Urbanec** (Winnebago) – cooperating teachers **Jacqueline J. Koch** and **Ted Goos**, Winnebago Public School, Winnebago, NE
- **Jennifer Vivier** – cooperating teachers **Darlene Froelich** and **Kathleen Bennett**, Solen-Cannonball Schools, Solen, ND
- **Kelly Hosie Pourier** (Three Affiliated) – cooperating teachers **Kathleen Bennett** and **Darlene Froelich**, Solen-Cannonball Schools, Solen, ND
- **Kahnya Cornelius** (Oneida) cooperating teacher **Margo Krabbenhoft**, Theodore Jamerson Elementary School, UTTC, Bismarck, ND
- **Emmaline Fills Pipe** (Pine Ridge) – cooperating teachers **Cathy Schatz** and **Donna Nestoss**, Bismarck Public School
- **Mary Swallow** is contracted by UTTC Teacher Education to supervise the student teachers at their sites.

Students showcase business plans

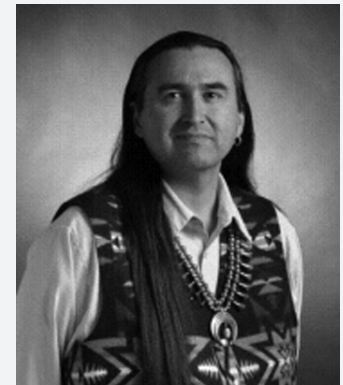


CYBER IDEA: Michon P. Gwin (Three Affiliated) Bismarck, ND, presented her plan February 15 during a showcase of advertising and marketing plans by students in UTTC's Small Business Management Program. Her idea was to launch a cyber café known as the "Refractory." Gwin described her written plan and answered questions. Her business experience includes a job as night kitchen manager at a local restaurant. She graduates from UTTC in May and plans to get more schooling in the field of business law. UTN photo

"To Live in a Good Way"

...a talk by Richard Twiss

(Rosebud Lakota)



Friday, April 11 • 10:30 am

Healing Room • Lewis Goodhouse Wellness Center
United Tribes Technical College

Students, staff & public invited to attend
No charge • Refreshments served

Richard Twiss is the founder and president of Wiconi International, an organization dedicated to modern Christian missions that respect and embrace the unique and God-given cultural realities of American Indian people.

UTTC LIBRARY

Location: West Main Floor
Education Building

Hours: Monday - Friday
8:00 am - 5:00 pm

Collection: Books, Journals, Magazines,
Newspapers, & Online Database

Services: Instruction, Reference, Fax,
Internet Access, Photocopies,
Interlibrary Loan

Website: www.infolynx.org

SUCCESS IS
EVERYONE'S
RESPONSIBILITY!

SUCCESSFUL
STUDENTS USE
THE LIBRARY!

GET YOUR
LIBRARY CARD
TODAY!

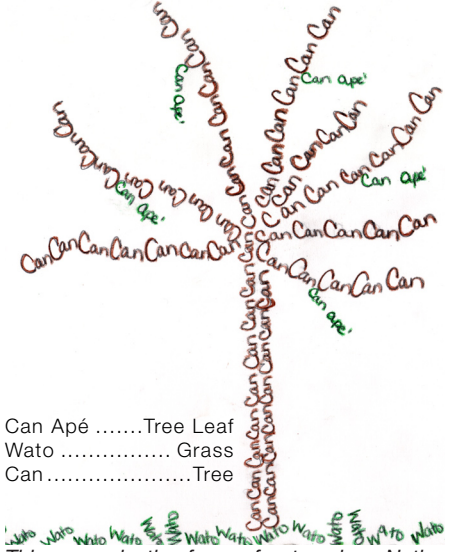


Is UTTC up to the 'Challenge?'




GOING GREEN: Kandi Mossett, at left, a campus organizer with the Indigenous Environmental Network, helped United Tribes take up the Campus Climate Challenge (www.climatechallenge.org). Mossett met with students and staff February 29 to help form a UTTC chapter of the organization that is now on college campuses and high schools across the U.S. and Canada. Young people are working for clean energy policies at their schools as part of a movement to stop global warming. As far as tribal colleges, United Tribes is one of the largest in population and size. Organizers hope to address recycling and energy consumption issues. UTN photo

Tree is language poem Concrete Poem



Can ApéTree Leaf
Wato Grass
CanTree

This poem in the form of a tree is a Native American Literature class assignment by Aja Baker (Three Affiliated). In a concrete poem the words are arranged in an attractive and meaningful way. In addition to stimulating thought and discussion, the activity is a form of language preservation and revitalization, according to instructor Brian Palecek.




Elder's Forum

Oral history and learning session
about life lessons from Elders
from all North Dakota Tribes

Wednesday, April 16
1 pm to 4 pm

United Tribes Technical College
Wellness Center Healing Room

Open to the Campus
Community & Public



Day-in-the-Life of a Shoe

By David Black Cloud (Standing Rock), Art/Art Marketing

So, I was thinking to myself, “Why you gotta go stepping in a puddle when you got legs, Man?” Humans! Am I right? I mean it’s not like he doesn’t have legs to step over the puddle. I don’t want to sound like a whiny crysack, but c’mon. It’s all I can do to get him to wash his feet and clean his socks. What’s a shoe to do? Alright, in his defense, I will say this much about him, he’s got style. Or rather, he’s got the style I give him. Ha! But you know, there was this one time, when he went swimming with his girlfriend. I got to be poolside with the sweetest pair of sneakers you ever did see. She was a nine for sure! Yep, so

fresh and so clean, with laces that were fat – I mean F-A-T! Gotta love them fat laces. And there was this other time we went to the gym and worked out. It was heaven. The shoes were athletic and slim, put a little bounce in my soul, you know? Anyway, just another day in the life of a shoe, right? I’m lucky, after all, I mean I go everywhere with this guy. Just not loving this squish right now.

Note: This piece of creative writing was a class assignment, by English Instructor Jeanette Martin, to craft a paragraph from the perspective of a shoe.

—Editor



UTTC SELF-STUDY

United Tribes Technical College is currently conducting a self study evaluation. A written report of its findings will be produced for its NCA reaccreditation visit. The NCA comprehensive visit will take place in 2010-2011. If you have questions or comments regarding UTTC’s self-study experience, please send them to: ncaaccreditation@uttc.edu. To learn more about the NCA accreditation process, visit the website: <http://www.ncahlc.org>

LaFromboise awarded arts fellowship

BISMARCK – The North Dakota Council on the Arts (NDCA) has awarded a \$2,500 fellowship to traditional artist Anthony R. LaFromboise of Mandan.

LaFromboise is a former employee of United Tribes Technical College and a member of the Turtle Mountain Band of Chippewa.



Anthony LaFromboise

LaFromboise plans to use the award to replicate, interpret, and transcribe 13 Turtle Mountain series scrolls into a contemporary (English) artist record. The purpose is to preserve the knowledge and artistic integrity of the scrolls and to provide the public with a rare view of this ancient art form.

LaFromboise was one of two artists recommended by a review panel and approved by the NDCA's board of directors.

The Individual Artist Fellowship program recognizes practicing artists residing in North Dakota with a monetary fellowship award. The program is designed to support professional artists with outstanding talent and ability to improve their artistic skills and enhance their career opportunities. Fellowships for Visual Artists/Craftspeople and Media Artists will be awarded in 2009.

For more information including complete guidelines and application forms visit www.nd.gov/arts; or call 701-328-7590.



United Tribes Technical College's



2008 CAREER FAIR

SAVE THE DATE!

Wednesday, April 2, 2008

10 am - 3 pm

James Henry Community Building

TO REGISTER FOR THE CAREER FAIR VISIT:

<http://www.uttc.edu/cdo/cfreg/cfreg.asp>

For further information please contact Jesi Shanley at 701-255-3285 x1280, jshanley@uttc.edu or Shirley Iron Road at 701-255-3285 x1226, sironroad@uttc.edu

UTTC CALENDAR

April 1 April Fool's Day
 April 14-15 Pre-Registration
 April 22 Earth Day
 April 28-May 1 Final Exams
 May 2 Graduation
 May 2 ND Arbor Day
 May 26 Memorial Day

David M. Gipp

Scholarship Fund



To honor his 30 years as college president, United Tribes has established the David M. Gipp Scholarship Fund as part of the "Opportunities in the Making" Student Scholarship Campaign. With the support of generous individuals and businesses in Bismarck-Mandan, this successful campaign has provided support for the education of 280 students in the past two years. Your contribution to the David M. Gipp Fund will help it grow, providing additional scholarship support. Please take this opportunity to recognize and honor David and help in his life's work.

Send your check to:
 David M. Gipp Scholarship
 United Tribes Technical College
 3315 University Drive
 Bismarck, ND 58504
 Contact: Brad Hawk
 701-255-3285 x 1387, bhawk@uttc.edu



Bookstore Fashion Show



COLLEGE APPAREL: Corrina Buffalo (Standing Rock and Three Affiliated) wore a hoodie in the most popular color – red – from the UTTC line of apparel during the United Tribes Bookstore Fashion Show. Nineteen students, children of students and staff members participated in the February 20 event by modeling the latest in wearables that are available at the store in the lower level of the Barden Center and online at www.uttc.edu, click on Online Bookstore. UTN photo Dennis J. Neumann

DON'T FORGET!!!

Place your order for Graduation Announcements and Caps & Gowns

Book Buy Back is Set for April 25-30 and May 1, 2008

We're not just a bookstore...

Check Out Our NEW Spring Fashions Online at www.uttc.edu!



UTTC BOOKSTORE
Jack Barden Center • Mon.-Fri. 8 am-5 pm

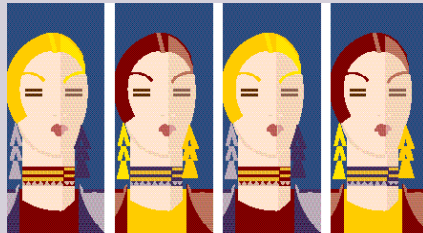
39th Annual
UNDIA POWWOW
University of North Dakota Indian Association

April 18-20, 2008

UND Hyslop
Sports Center Arena
Grand Forks, ND

More Information:
UND Indian Studies Department
701-777-4314

and...



UNDIA Time-Out Week
"Honoring Women"

April 14 - 18

An Honor to Serve



"I would sincerely like to thank Dr. David Gipp and United Tribes Technical College for the service award presented March 18 to me at the AIH-EC banquet. It was a real surprise and a great honor to be recognized. I received a beautiful star quilt that I will always treasure. In more than 34 years at the college I have seen many positive changes and great progress that contributes to the success of UTTC students today. It's a joy to be part of it."

—Kathy Aller, Business & Office Technology Instructor

Arrow graphics

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Your Support on This Journey

I want to thank everyone at United Tribes – Dr. Gipp and the administration, staff and faculty members, and students – for all of the gracious expressions of understanding and support during the time of husband's illness and death. Elko passed away March 17 after a courageous fight with cancer. So many of you have taken the time to write your heartfelt thoughts and express your condolences to me personally. Your gifts of flowers were absolutely beautiful. I cannot thank you enough for your caring presence with me on this part of life's journey.

—Marge Palaniuk, General Ed/
Mathematics Instructor

International Commemoration 1868 Fort Laramie Treaty

April 12, 2008
9 am to 5 pm (MT)

Mother Butler Center
221 Knollwood Drive
Rapid City, SD

Honoring Ceremony

- International Report on United Nations Activities
- Discussion on Trans-Canada Keystone Pipeline
- Discussion on Long Term Plans for Bear Butte
- Discussion on a Special Meeting on Decolonization



Noon meal provided

Donations welcome

bhdefenders@msn.com
605-399-1868

Sponsored by Defenders of the Black Hills on behalf of the Teton Sioux Nation Treaty Council

Why I Will Succeed

My path through college

By Joshua B. Logg Jr., UTTC Tribal Environmental Science Student

When I started classes at United Tribes Technical College in 2006, I was seeking to fulfill one of my life's goals. I've been trying to earn a college diploma for quite awhile. I've been working at this before and came away empty. This time it's different.

My first time was at Black Hills State in 1980-81 and it was a huge failure. I don't know how I lasted even one year because I hardly ever went to class. I didn't do the work or take the tests and I was kicked out of two dorms. To me, it was one big party. The only time I showed up was when I was sober and that didn't happen very often. I ended up on academic probation after the first semester because my GPA was 0.50. The second semester was no better and I didn't return.

My second attempt at higher education was at the University of South Dakota in 1987-88. I made a few adjustments but never tried as hard as I could. I did just enough to get by. My GPA jumped to a whopping 1.76. But I didn't return the following year because I married and went back to work.

My third try was at Si Tanka University in 2001-02 and 2004. I made an effort to apply myself academically this time. I commuted 492 miles each week attending classes while working at the post office in Mobridge, SD. I was a single Dad, holding a job, going to school and raising a family.

Even with all that, I'm proud to say that my GPA was 3.78. And I would have graduated but to my disappointment the college ran into funding difficulties and closed.

Now I am here at United Tribes. I was inspired to come back to school following the death of my former wife. I am older and wiser now. I am sober and I have the right attitude. I am determined to graduate this time with an Associate of Applied Science Degree in Tribal Environmental Science. I believe that earning a college degree will tell the world that I am someone who sticks with it until I succeed.

I believe in what the great boxer Muhammad Ali said: "Inside of a ring or out, there ain't nothing wrong with going down. It's staying down that's wrong."

I will be the fourth Logg to graduate from United Tribes Technical College and I hope my children will follow this path and graduate from here too.

Thank you to all who have helped me along the way!



Joshua Logg is a member of the Cheyenne River Sioux Tribe. He is a military veteran who served two stints in the U. S. Marine Corps. He is on a track to graduate from UTTC in December 2008.

Looking for Volunteers

United Tribes International Powwow has positions open for UTTC faculty and staff members to serve on the United Tribes International Powwow Committee or a sub-committee. Volunteering is a powerful way to express your commitment and dedication to the mission of the college!

Powwow Committee Meetings: Each Thursday at 3 pm

- Work together with Native culture keepers
- Help preserve the traditions
- Meet people from Indian Country
- Show your pride in where you work

For more information or to volunteer contact Karen M. Paetz, Co-Chair United Tribes International Powwow Committee at ext. 1426 or email kpaetz@uttc.edu

AMERICAN INDIAN HIGHER

27TH ANNUAL STUDENT COMPETITION AWARDS

KNOWLEDGE BOWL

- 1st Stone Child College (SCC), Box Elder, MT
- 2nd Fort Peck Community College (FPCC), Poplar, MT
- 3rd United Tribes Technical College (UTTC), Bismarck, ND



BUSINESS BOWL – Individual

Accounting

- 1st April Little Ghost Kalenze, UTTC, Bismarck, ND
- 2nd Jessie McDonald, Salish Kootenia College (SKC), Pablo, MT
- 3rd Stephanie Sorbel, Oglala Lakota College (OLC), Kyle, SD

Economics

- 1st Robert Reum, SKC
- 2nd Tammy Hammer, Fort Berthold Community College (FBCC), New Town, ND
- 3rd Nora Bluebird, OLC

Management

- 1st Robert Reum, SKC
- 2nd Kim Cosay, Sitting Bull College (SBC), Fort Yates, ND
- 3rd Ashley Lafriniere, Fond du Lac Tribal and Community College (FDL), Cloquet, MN



Marketing

- 1st Ashley Lafriniere, FDL
- 2nd Cherly Hovgaard, Blackfeet Community College (BCC), Browning, MT
- 3rd Shandee Gillin, SKC

Spreadsheets

- 1st Sally Sees the Elk, SBC
- 2nd Vida Dogskin, SBC
- 3rd Rita Jacobs, Candeska Cikana Community College (CCCC), Fort Totten, ND



Word

- 1st Vel Marie Yellow Wolf, FBCC
- 2nd Fabian Betone, UTTC
- 3rd Will White Eyes, OLC

BUSINESS BOWL – Team

- 1st Salish Kootenai College
- 2nd Sitting Bull College
- 3rd Fort Berthold CC

Business Plan

- 1st Salish Kootenai College
- 2nd Turtle Mountain CC
- 3rd Oglala Lakota College



Web Page Design

- 1st Lac Courte Oreilles Ojibwa CC (LCOO), Mathew Naugle, Hayward, WI
- 2nd Navajo Technical College (NTC), Richard Delgarito, Crownpoint, NM
- 3rd Navajo Technical College, Dody Begay

ART - BEST OF SHOW

Traditional

Memory Rose Poni-Cappo, TMCC

Contemporary

Charlotte King, Institute of American Indian Art (IAIA), Santa Fe, NM

Governors Choice

Memory Rose Poni-Cappo, TMCC

Presidents Choice

Jasper Half Jr., SKC

Peoples Choice

Herb Augustine, Wind River Tribal College (WRTC), Ethete, WY



ART CATEGORIES

Beadwork

- 1st Karla Blue Dawn, IAIA
- 2nd Memory Rose Poni-Cappo, TMCC
- 3rd Stephanie Sorbel, OLC

Leatherwork

- 1st Rochelle Forget', SBC
- 2nd Rose Saddler, UTTC
- 3rd Tina Curley, UTTC

Quillwork

- 1st Stephanie Sorbel, OLC
- 2nd Delight Heminger, Sisseton Wahpeton CC (SWCC), Sisseton, SD
- 3rd Sandra Pratt, SWCC



Textiles

- 1st Jewanna Plenty Hawk, Little Bighorn College, (LBC) Crow Agency, MT
- 2nd Renae Hammer, SKC
- 3rd Myra Hagel, SKC

Dimensional Work

- 1st Memory Rose Poni-Cappo, TMCC
- 2nd Tanya Maile Parker, Sinte Gleska University (SGU), Mission, SD
- 3rd April Little Ghost Kalanze, UTTC



Drawing

- 1st Nicholas Begay, IAIA
- 2nd Elayn Shorthair, IAIA
- 3rd Tina Phillips, OLC

Painting

- 1st Charlotte King, IAIA
- 2nd Kara Runs After, UTTC
- 3rd Nicholas Begay, IAIA

Digital Design

- 1st Laura Wagner, BCC
- 2nd Angel Brady, FBCC
- 3rd Lauren Stewart, UTTC

Digital Art

- 1st Kristina Kalenze, UTTC
- 2nd David Black Cloud, UTTC
- 3rd Karla Blue Dawn, IAIA

Photography

- 1st Lauren Stewart, UTTC
- 2nd Karla Blue Dawn, IAIA
- 3rd Delbert Nagel, FBCC

Ceramics/Pottery

- 1st Kristina Kalenze, UTTC
- 2nd Charlie Anderson, UTTC
- 3rd Tmth Spusmen Wilder, SKC

Jewelry

- 1st Toneh Chuleewah, IAIA
- 2nd Jacqueline Smith, IAIA
- 3rd Taketo Yamashita, IAIA

Sculpture

- 1st Jasper Half Jr., SKC
- 2nd Racquel Little Plume, SKC
- 3rd Victor Becker, SKC

Mixed Media/Other Media

- 1st Luther Pilant III, IAIA
- 2nd Taketo Yamashita, IAIA
- 3rd Tina Curley, UTTC



AIHEC ROYALTY

Sponsored by Wal-Mart Stores, Inc.

- Mr. AIHEC Steven Raining Bird, UTTC
- Ms. AIHEC Allison Steinmeyer, Comanche Nation College, Lawton, OK



AMERICAN INDIAN HIGHER 27TH ANNUAL STUDENT COMPETITION AWARDS



SPEECH

Informative

- 1st Marc Bluestone, FBCC
- 2nd Amy Juan, Tohono O'Odham CC (TOCC), Sells, AZ
- 3rd Teresa Choyguha, TOCC

Persuasive

- 1st Nicole Little Whiteman, OLC
- 2nd Jacy Halvorson, OLC
- 3rd Anna Solomon, OLC

Oral Interpretation - Serious

- 1st Dayle Felicia, LBC
- 2nd Jessica Buettner, College of Menominee Nation (CMN), Keshena, WI
- 3rd Angel Brady, FBCC

Oral Interpretation - Humorous

- 1st Penelope Seitler, SGU
- 2nd Mini Little Whiteman, OLC
- 3rd Nicole Little Whiteman, OLC

Dramatic Duo - Serious

- 1st Jessica Buettner/Nathaniel Madsen, CMN

Dramatic Duo - Humorous

- 1st Mimi Little Whiteman/Tabor White Buffalo, OLC
- 2nd Angel Brady/Shawn Brady, FBCC
- 3rd Jacy Halvorson/Nicole Little Whiteman, OLC

CRITICAL INQUIRY

- 1st Fort Berthold Community College
- 2nd Turtle Mountain Community College
- 3rd Haskell Indian Nations University (HINU)

SCIENCE BOWL

- 1st Turtle Mountain Community College
- 2nd United Tribes Technical College
- 3rd College of the Menominee Nation



SCIENCE POSTER

- 1st Allyson Two Bears, SBC: Using Social Behaviors to Determine Dominance in a Species of Polistes Wasps at Palo Verde National Park, Costa Rica
- Micheal Daugomah, HINU: Laser Micromachined 316 Stainless Steel Foil Surface Roughness Characterization & Enhancement
- 2nd Marla Striped Face, SBC: Assessment of Rangeland Drought Mitigation Improved by Castor Canadensis Impounded Water
- 3rd Jacob Davis, TMCC: Genetic/Epidemiology at a Tribal College



SCIENCE ORAL

- 1st Allyson Two Bears, SBC:
Characteristics of Western
Painted Turtles on Standing
Rock Reservation in North
& South Dakota
- 2nd Daniel Chase, TMCC: Does
Math Tutoring Have an Effect
on Student Success at TMCC?
- 3rd Tamara White Hat Grady, FBCC:
Characterization of Anti-Microbial
of Herbal Plant Achillea Millefolium

TRADITIONAL PLANTS

- 1st Diana Shippentower, SBC
- 2nd Crystal Albanese, FPCC
- 3rd Ulrike Werner, OLC

ONE ACT PLAY

- 1st Navajo Technical College: "Achii
Woman's the Council Delegate"
- 2nd United Tribes Technical College:
"Tradition Speaking - it could be late"
- 3rd Dine College: "Washington
DC Office"

FILM FESTIVAL

- 1st "Team Onyx," Richard Dean, FBCC
- 2nd "Wanagi," James LaPointe, OLC
- 3rd "1 More Time," Derrick
Little Light, LBHC

WRITING

Sponsored by Crazy Horse Memorial Foundation

Poetry

- 1st "I am Kinnikinnick," Amanda
Irvine-Louie, SKC
- 2nd "My Big Sky," DeAnna Sosa, SBC
- 3rd "Trotter's Trade," Nate
Arbuckle, HINU

Personal Narrative/Memoir

- 1st "My Rez Car," Andrea Goodwin,
Leech Lake Tribal College
(LLTC), Cass Lake, MN
- 2nd "Venison" Vyrion, Shane
Dixon, Sr., CMN
- 3rd "Hail to the Grape Soda,"
Gerri L. Williams, IAIA

Short Story

- 1st Black Jack and Coal Dust,
Ken Taylor, IAIA
- 2nd Biscuit Brothers Go Fishing,
Larry D. Madden, Jr., HINU
- 3rd Hunting on the Reservation, Gerald
"Joe" Kirkish, Keweenaw Bay Ojibwa
CC (KBOCC), Baraga, MI



VOLLEYBALL

- 1st Little Priest Tribal College
(LPTC), Winnebago, NE
- 2nd Salish Kootenai College
- 3rd Navajo Technical College

HANDGAMES

- 1st Wind River Community College
- 2nd United Tribes Technical College
- 3rd Little Big Horn Community College

POOL

Student - Female

- 1st Jewanna Plenty Hawk, LBC
- 2nd JoLynn Leishman, SKC
- 3rd Debbi Eli, BCC

Student - Male

- 1st Ron Martel, UTTC
- 2nd Arron Little Eagle, FPCC
- 3rd Orlanda Ike, Northwest Indian
College (NIC), Bellingham, WA

Staff - Female

- 1st Melissa Crow, LCOO
- 2nd Roxanne Oka, Red Crow
Community College, (RCCC),
Cardston, Alberta
- 3rd Mary Stack, FDL

Staff - Male

- 1st Henry Big Throat, RCCC
- 2nd Tony Brave, OLC
- 3rd Chad Harrison, SBC

CHESS

- 1st Chris Yazzie, NTC
- 2nd Sky Hicks, CCCC
- 3rd Erik Laughter, Dine
College, Tsaila, AZ

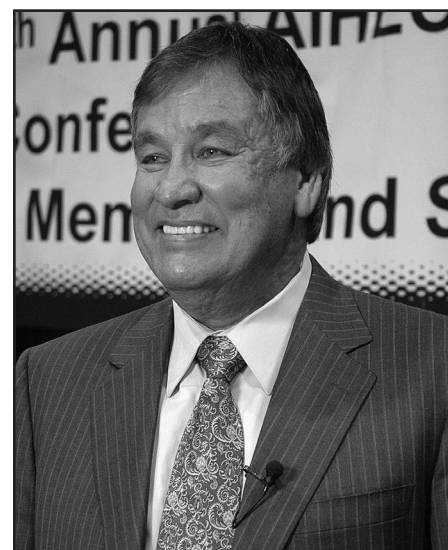
BASKETBALL

Men's Division

- 1st United Tribes Technical
College, Bismarck, ND
- 2nd Salish Kootenai College, Pablo, MT
- 3rd Northwest Indian College,
Bellingham, WA
- 4th Blackfeet Community
College, Browning, MT

Women's Division

- 1st United Tribes Technical
College, Bismarck, ND
- 2nd Turtle Mountain Community
College, Belcourt, ND
- 3rd Salish Kootenai College, Pablo, MT
- 4th Fort Berthold Community
College, New Town, ND



CHILD DEVELOPMENT CENTERS

Progress Report

BY LISA AZURE, Child Development Centers Director

Much progress has been made in reorganizing the three childcare centers at United Tribes Technical College. A little over a year ago administration of the program was transferred to the Early Childhood Education Program in the college's department of Academic, Career and Technical Education. A lot of good things have happened.

strengths and developing a strong program!

I submitted a proposal to the U. S. Department of Education in March titled the "Prairie Rose Project." It is a language and literacy development opportunity for children ages 3-4. I am hopeful that it will be funded as it would provide training and

appropriately, monitor development and measure gains. We also completed dental screenings with the help of personnel at the Student Health Center. 'Thank you' to Sheri Baker and the health center staff for working with us! We are pursuing resources for vision screenings, as well.

I would like to extend an open invitation for people to visit the centers. Let me know and I will provide or arrange for a tour. During an open house for UTTC employees last fall I learned that many people had never been in any of the centers.

United Tribes and the parents can be thankful for the dedicated employees who are making a big difference at the Child Development Centers!



Barb Strikes the Enemy has started off very well as the new director for the Preschool. Lori Brown, Infant-Toddler Center director, has been terrific in assisting Barb, the same as she did with Carol Nichols. Carol has been directing the Children's Dwelling for the past 6 months. These three are working together very effectively as a team; building on each other's

materials for the families and center personnel on ways to enhance literacy skills in the area of pre-reading.

Reply from David M. Gipp, UTTC President

Indeed, it's good to know about your progress! The Early Childhood Centers have always been the talk of everyone who visited or graduated from UTTC. Putting an effective curriculum and staff and implementation program together is no easy task. I appreciate your work and that of each of the directors, staff and parents. I know for a fact that all are doing their jobs effectively, sensitively, and with great care for the young ones entrusted to them. These youngsters are truly the future if Indian America and they deserve the very best we can do.

Pilamayaye!



The centers are all fully staffed with nearly 40 employees. The curriculum is in place in all three buildings although it continues to evolve and improve, particularly in the Children's Dwelling with the two-year olds. We are completing assessments on all of the children so we can plan more

Every Day Is A Great Day To Thank Your Child Care Provider!

Your child's caregiver or teacher makes a positive impact on your child each and every day, and any time is always the right time to say thank you.

UTTC Child Development Center Personnel:

Lori Brown • Carol Nichols • Tammy Klein
 Connie Stockert • Barb Strikes the Enemy
 Erin Slides Off • Donna Belgarde
 Helen Siegfried • Autumn Gwin
 Beverly Clairmont • Jennifer Desersa
 Lila Nesper • Kim Smith • Heather White
 Maria Sandstrom • Darla Hanley
 Jackie Red Bird • Carol Agard • Carol Reed
 Amy Sicble • Jackie Many Bears • Jennifer Jeno
 Brenda Baumann • Juanita Reiner
 Jada Bull Bear • Mary Painte
 Misty Ladeau • Gwen Valandra
 Deb Casavant • Chelsea Luger • Joseph Ramsey
 Nevada Allen • Cecilia Moran • Jim Wahn
 Leah Homer • Claudia Dockter • Alice Harrison



United Tribes Technical College
 CHILD DEVELOPMENT CENTER

YEAR-END POWWOW

Wednesday, April 23
 3-6 pm

Lone star Arena
 (weather permitting)


Alternate Location: Wellness Center Multipurpose Room

For the children of all three Child Development Centers and their families

A special will honor the Preschool Graduates

Meal provided

More information: Barb Strikes the Enemy x 1248




The Nike Air Native N7 Shoes Are In!



The UTTC Wellness Services/ Strengthening Lifestyles Program now has the new N7 Nike shoe. Place your order with the Wellness Staff for a pair of the new shoes for the price of \$47.80 (Checks payable to UTTC) OR Receive a pair **FREE** by signing up for the **STRENGTHENING LIFESTYLES INCENTIVE PROGRAM**

Get moving in the right direction towards Native Wellness!


For more information: call 255-3285 x1454



Circle of Parents

Luncheon Meetings

Tuesdays • 12 pm - 1 pm
 Jack Barden Center
 Room 130

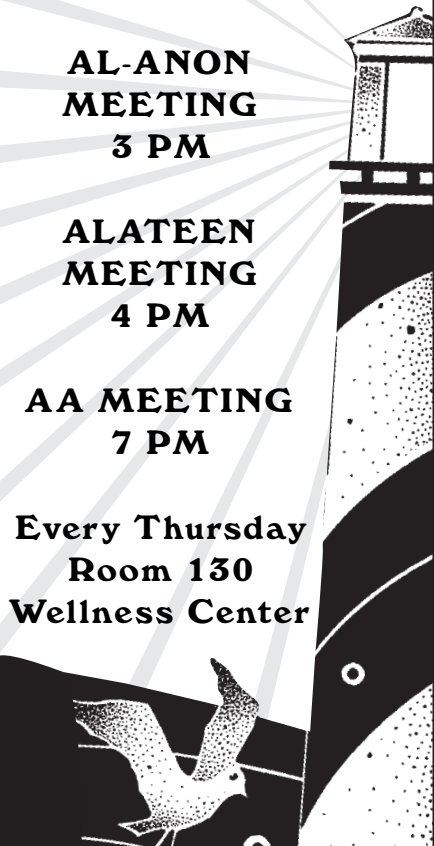


United Tribes Technical College

Strengthening Lifestyles Calendar

April National Child Abuse Prevention Month
 April 17 WALK/RUN - 3 pm • Front of gym
T-shirts provided- Entertainment afterward
 April 24 TJES Art Contest & Exhibit - 2 pm • Gym

WE CAN HELP
you find your way



AL-ANON MEETING
 3 PM

ALATEEN MEETING
 4 PM

AA MEETING
 7 PM

Every Thursday
Room 130
Wellness Center

Opportunities in the Making



Student Scholarship Campaign

UTTC employees are allowed to make a gift to the Opportunities in the Making Student Scholarship Campaign through payroll deduction.

No one knows the value of education better than you! Any amount you commit will become a vital part of the financial support needed for students to succeed in building better lives for themselves and their families.

Please make your pledge today! Your gift is tax deductible.



Contact Brad Hawk
701-255-3285 x1387
bhawk@uttc.edu

FREE Fair Housing Accessibility Training

Specifically designed for builders, architects, building officials and advocates regarding compliance with the Fair Housing Act's New Design and Construction requirements in multi-family housing units

Training conducted by an architect through HUD's Fair Housing Accessibility First program
Fair Housing of the Dakotas is assisting with the planning of the training

Tuesday, May 6, 2008
8:30 am - 5 pm
Sheraton Sioux Falls
1211 West Avenue North
Sioux Falls, SD

To register, visit www.fairhousingfirst.org and click the "CALENDAR" link or call 1-888-265-0907



AFTER SCHOOL COOKING CLUB

New group of TJES students

BY SUANN SCHMITZ, LRD Extension Program



The After School Cooking Club is offered to TJES fourth and fifth graders each Wednesday in March. UTTC Land Grant Extension Program hosts the Club in the Skills Center newly renovated Nutrition and Foodservice teaching lab. Pictured from left to right: Hayden Strong Heart, Mariah Baker, Tyana Graham, Ryalene Scott, Josie Bettelyoun, and Amiera Bissonette. The students learned about whole grains and made whole wheat bread.

United Tribes Hosting One-Day ServSafe

Experienced foodservice managers, teachers and others interested in professional food safety certification are encouraged to participate in a one-day ServSafe class hosted by United Tribes Technical College's Land Grant Extension program on April 29, 2008.

The class is a review and study session for the National ServSafe Exam. Participants are urged to register as soon as possible so they can read ServSafe Essentials Fifth Edition prior to the class. Call immediately to

reserve a space. The class size is limited to 25. The \$115 fee includes the book and exam fee.

UTTC food safety educator, Pat Aune is the instructor. Since 2004 she has taught this food safety course to foodservice managers and workers, meat inspectors, environmental health specialists and teachers. For registration information contact Pat at 701-255-3285 X1399 or e-mail paune@uttc.edu.

••••• MAKING SMART CHOICES •••••

- Always use a shopping list. Planning your menus in advance will make it easy to create the list.
- Try to shop when you are not hungry. This will help you avoid unplanned purchases.
- Compare national brand's sale price with store brands. Both are often on sale at the same time.
- Compare the cost of convenience foods with the same foods made from scratch.
- Oftentimes, convenience foods cost more than similar foods prepared at home.
- Take the time to compare fresh, frozen and canned foods to see which is cheapest.
- Buy foods you like when they are on sale and in season.
- Buy products when they are on sale for later use.
- Stock your kitchen with time savers that are packed with nutrients! Look for fat-free, low-fat and low-sodium items and get foods that you can make and serve in a hurry such as:

Canned or Frozen Fruit	Canned Soups or Stews	Enriched or Brown Rice
Canned or Frozen Vegetables & Beans	Whole-grain Bread or Crackers	Cheese
Canned or Frozen Meat, Poultry & Fish	Enriched or Whole Grain Pasta	Yogurt

- Prepare enough for another meal so you have leftovers. For example, serve a baked chicken one evening and use the leftovers to make sandwiches or casseroles.
- Make a big bowl of salad for dinner and take the leftovers for lunch the next day.

Instructors attend foodservice educator's summit

BY ANNETTE BROYLES, Nutrition and Foodservice Instructor

UTTC Nutrition and Foodservice Instructors Annette Broyles and Jill Keith attended the 10th Anniversary Foodservice Educators Network International Summit February 21-23 in Las Vegas, NV. In attendance were foodservice educators from high schools and two and four year institutions from around the country.

The UTTC instructors attended the following Master Classes: Sensory Evaluation, Math Made Easy, Embedding Assessment, Theories of Adult Motivation, The ACFF Accreditation, and What Makes You Think You Are A Good Teacher. An evening reception featured poster presentations that demonstrated and discussed best practices for teaching and learning.

The keynote speaker was Chef Jeff Henderson, an award winning chef, bestselling author and popular public speaker who is also an ex-convict. Henderson's story of finding passion for cooking while incarcerated and turning his life around is

described in his New York Times best-seller "COOKED." His story is now being made into a major motion picture.

During a luncheon, participants sampled entrees from ten chefs in the Las Vegas area who were competing in the "Taste of Elegance Competition."

During an exhibitor showcase and educators roundtables, instructors learned about new resources and equipment and about other foodservice educators programs.

"Having the opportunity to learn about teaching practices specific to foodservice educators was great," said Jill Keith, Nutri-



Nutrition and Foodservice Instructors Jill Keith, left, and Annette Broyles attended a foodservice educator's summit in February. FENI is the acronym for Foodservice Educators Network International.

tion and Foodservice Instructor, when discussing the summit. "It was also fun to meet other educators and learn new things to bring back to our students at UTTC."

Nutrition Beach Break



HEALTHY FOODS: Sara Eagle (Standing Rock) a student in Nutrition and Foodservice, serves a choice of healthy foods to students in the UTTC Skill Center. The event was "Nutrition Beach Break," offered during midterm week in early March. The free snacks were: fruit kabobs and tropical fruit punch. Students also had a chance to win a disc golf disc. The event gave students and staff a refreshing reprieve from winter and an opportunity to toss around a beach ball! The vacation sponsored the event to honor National Nutrition Month.

Cooking for good health

BY SUANN SCHMITZ, LRD Extension Program

UTTC students, faculty and staff attended the first class in a series of cooking classes designed to teach healthy eating. Eating in moderation to control diabetes is the overall concept used in each lesson. Recipes that are used reflect general principles for good diabetes and blood pressure control. They are reduced in fat, sugar, and calories and where possible increased in fiber content. Portion sizes are always emphasized so that the participants recognize that because a food is recommended it is not "free" and should be eaten in limited amounts. Materials and recipes in this program were developed by the Blackfeet Diabetes Program, Browning, Montana.

Next Class will be:
Tuesday, April 1 • 6:15 pm
Jack Barden • lower level



Please bring your favorite traditional recipe to be modified for lower fat and calorie content.

Student Senate Elections
Tuesday, April 8



VOTING BOX

8-12pmEducation Bldg
12-1pmCafeteria
1-3pmSkills Center
3-5pmJBC • lower level



Smoking and Pregnancy

Put your Baby First!

BY JILL KEITH, LRD

If you smoke, you've probably heard that it is bad for your health. You probably know that smoking causes heart disease, lung cancer, breast cancer, other cancers, and emphysema. Smoking also ages your skin, discolors your teeth, and gives you bad breath.

Women who smoke have many more miscarriages than nonsmokers. Smoking during pregnancy increases the risk of health problems for your baby.

Pregnancy is a perfect time to quit smoking! If you avoid tobacco, you may:

- Make sure your baby is born on time, not early
- Increase your baby's birth weight
- Help baby's lungs grow strong
- Improve baby's overall health
- Save your cigarette money for cute baby clothes
- Look and smell better without cigarettes
- Feel stronger and have more energy
- Live longer, healthier, and happier with your baby

If you continue to smoke while pregnant and after your baby is born, your baby will have a higher risk for ear infections, colds, and lung infections. They will also be able to hold less air in their lungs and are more likely to suffer from Attention Deficit Hyperactivity Disorder (ADHD). Children of smokers may have an IQ up to 10 points lower than others and are at higher risk for asthma and allergies.

Ask your WIC provider for tips on quitting smoking and how to stay healthy during your pregnancy.

WIC OFFICE HOURS:



**Mondays 1 pm – 5 pm &
Fridays 8 am – 12 pm**
Skills Center • Rm. 119A
(Next to Construction Technology)
Contact: 701-255-3285 x1316

THE PEOPLE AND THE LAND ARE ONE

"We have always been here. Since the land was made. The land has been taken from us piece by piece. We have fought for this land we have. We have died for it. We are still here. We are still home, but we are losing the land."

POWERFULLY TOLD
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THE POINT OF VIEW OF TRIBAL
ELDERS & TRIBAL MEMBERS
CD ROM AND DVD PACKAGE

Tells about the loss of Indian land, fractionated interests, trust land, barriers to land use, and land recovery.

"One does not sell the land people walk on."

— Crazy Horse

For American Indian young people in middle school, high school and college ~ tomorrow's Indian leaders ~ to take action to keep our land, keep our culture & keep our future

Suitable for General Audiences

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Choose from two reservation settings: Standing Rock Sioux or Rosebud Sioux Tribes

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UNITED TRIBES BOOKSTORE

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Bismarck, ND 58504
Office: 701-255-3285 x1460
Online Store: 701-530-0667
Toll Free: 866-643-8882
Fax: 701-530-0627

Graduation Photos

Thursday, April 3

11 am - 1 pm

Jack Barden
Center
Lower Level

Robert Knutson
Photography



Bortke, Brown honored at AIHEC hoops tipoff



HIGH HONOR: Two well-recognized figures in North Dakota and national athletics were honored March 12 during the opening ceremony of the American Indian Higher Education Consortium basketball tournament in Bismarck. Above in center, Al Bortke was acknowledged for his trust and faith in Indian athletes at the University of Mary during a 30 year career as basketball coach and athletic director. Two of his former players, Tex Hall and Kevin Finley (both Three Affiliated), honored him with eagle feathers, the significance of which was explained to Bortke and his wife Linda by UTTC Counselor Russell Gillette. Right, former Louisiana State University basketball coach Dale Brown was blanketed in a star quilt by Valerie Antelope, Fort Yates, ND. Brown is a motivational speaker and consultant. He was the college coach of Shaquille O'Neil and other NBA players. He had befriended Antelope's father, the late Ambrose Antelope (Standing Rock). Brown was a keynote speaker at AIHEC.



UTN photos Dennis J. Neumann

Remembering Two Friends

We have noted with sadness the recent passing of two friends at Three Affiliated Tribes at Fort Berthold. Nathan Hale, a member of the tribal council, who I came to know and respect as a member of the United Tribes board, was very involved in community and church work. And Donald Rush, who grew up at Fort Yates and worked here at United Tribes for five years, was a good friend and role model. We miss them both as they journey on. We send our sincere condolences to their families and friends.

— David M. Gipp, UTTC President

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AMERICAN INDIAN HIGHER EDUCATION CONSORTIUM BASKETBALL TOURNAMENT

Congratulations to all teams and all participants on their sportsmanship!

MEN'S DIVISION

- 1st United Tribes Technical College, Bismarck, ND
- 2nd Salish Kootenai College, Pablo, MT
- 3rd Northwest Indian College, Bellingham, WA
- 4th Blackfeet Community College, Browning, MT

WOMEN'S DIVISION

- 1st United Tribes Technical College, Bismarck, ND
- 2nd Turtle Mountain Community College, Belcourt, ND
- 3rd Salish Kootenai College, Pablo, MT
- 4th Fort Berthold Community College, New Town, ND

ALL-TOURNAMENT TEAMS

MEN: Jim Archambault, UTTC; Howard Walker, SKC; Doug Williams, NIC; Ron Ingraham, BCC; Adam Hunt, TMCC; Jarvis Bearstail (MVP), UTTC.

WOMEN: Melanie Howard, UTTC; Shannon Gunville, TMCC; Ida Mountain Chief, SKC; Leanne Brady, FBCC; Jenna Skunkcap, BCC; Colette Hawley (MVP), UTTC.

United Tribes Lady Thunderbirds Team

Kami Otter Robe, Nevada Allen, Billie Jo Graveseth, Shantel Fettig, Brydget Rogers, Megan Eaglestaff, Collette Hawley, Melanie Howard, Mia Spoonhunter

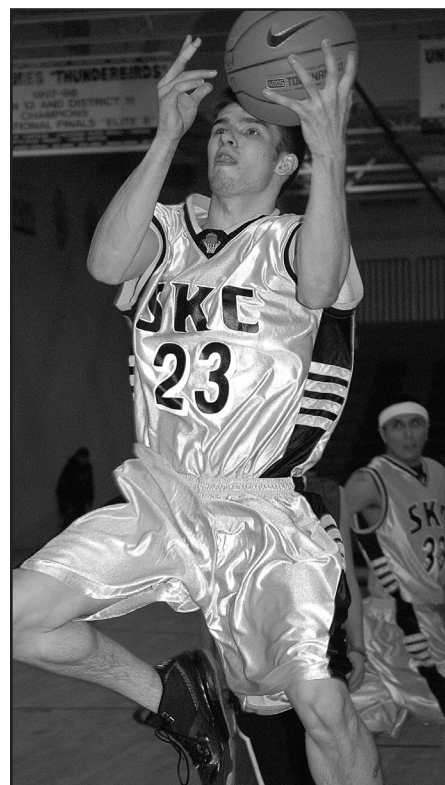
United Tribes Thunderbirds Team

Jim Archambault, Doc Howling Wolf, Josh DeCoteau, Jeremy Silk, Matt St. John, Mitch Davis, Loudon Smith, Jarvis Bearstail, Tyson Heart

THANK YOU

to the AIHEC Tournament Event Staff:

Daryl Bearstail, Tom Red Bird, Gerry Geisler, Butch Thunder Hawk, True Clown Jr., UTTC Maintenance Department Staff, UTTC Security Staff, Terry Trottier, Darin Pleets, Jayme Davis, Chris Montclair, Brooklyn Maxon and the Bearstail Family.



Healing Song for Mother Earth



UTN photo Dennis J. Neumann

SPRING EQUINOX: Members of the United Tribes campus community joined with tribal people across the country on the first full day of spring to pray and sing a healing song for Mother Earth. Staff members and students gathered for the ceremony outside the college's Lewis Goodhouse Wellness Center on March 21 at 11 a.m. (Central Time). Tribal people across North America had been alerted by e-mail to participate in what was planned as a world-wide ceremony titled "8,000 Drums." Clan grandmothers of the Huron tribe in Canada had put out a call to Indians everywhere to play the drum, sing, and pray for help in the healing process for the earth and the environment, which is under constant assault. According to the e-mail, the purpose was to fulfill a prophecy of the Otomi people who are Mayan Olmec and Toltec descendants. The UTTC observance was coordinated by counselor Julie Cain.

Congratulations Jarvis and Colette!



Jarvis Bearstail had a great year for the Thunderbirds. He averaged almost 27 points a game and was a First Team all Mon-Dak

Conference selection as well as being named to NJCAA Region XIII team and AIHEC MVP. Even though the team had a tough year in the win column and teams concentrated on stopping Jarvis, he led the team in every statistical category except rebounding.

Congratulations to Jarvis on great year!

—Coach Gerry Geistler



Colette Hawley
(Fort Belknap)
Hays, MT

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Mon-Dak All
Conference

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Keeble awarded Medal of Honor



HEROISM IN KOREAN WAR: Nearly 60 years after he served in battle and more than a quarter century after his death, Woodrow Wilson Keeble was awarded the Medal of Honor. Over 200 people attended a ceremony March 3 in the East Room of the White House, including Keeble's step son, Russell Hawkins (above), and members of Keeble's tribe the Sisseton-Wahpeton Oyate of the Lake Traverse Reservation in South and North Dakota. Three delegations of veterans from Sisseton were there, along with various veterans organizations from the state and national levels, and several veterans who served with Keeble or who fought in the battles in Korea in which he distinguished himself with extraordinary heroism. At right, President George W. Bush presented the medal.



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MISSION STATEMENT

United Tribes Technical College is committed to providing individuals and families with vocational-technical and educational services that perpetuate the success of all people. UTTC will continue to provide a multi-cultural environment that promotes educational and economic opportunities with human and land resources aimed at self-sufficiency and self-determination.

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