




**UNITED TRIBES** www.uttc.edu

# NEWS

JANUARY 2009 • VOL. 18 - NO. 1  
UNITED TRIBES TECHNICAL COLLEGE  
BISMARCK, NORTH DAKOTA

*Remember the Dream*



Martin Luther King Jr. Day  
January 19, 2009  
8 am to 12 noon  
Multi-Purpose Rm.  
Lewis Goodhouse  
Wellness Center

## Honor for mid-year graduates



United Tribes News Photo Dennis J. Neumann

**LONG TIME GOAL:** Tribal Environmental Science graduate Joshua B. Logg Jr. (Cheyenne River) Mobridge, SD, greets a well-wisher during Fall Honoring December 19 at United Tribes Technical College. The event culminated a 28 year quest for Logg, 50, to become a college graduate. He previously attended Black Hills State, University of South Dakota, and Si Tanka University, and served in the U. S. Marines. "I believe in the words of the great boxer Muhammad Ali," Logg wrote in an essay. "Inside of a ring or out, there ain't nothing wrong with going down. It's staying down that's wrong." Logg is a single parent and plans to continue his education while working at the Aberdeen Area Youth Recovery Treatment Center near Wakpala, SD. At right, Glen T. Fox; at left, Annette D. Morris-Harlan. Photos and story about mid-year graduation on pp. 10-11.

## United Tribes selected for Inaugural Parade Entry to feature American Indian veterans from Middle East conflicts

BISMARCK (UTN) – American Indian veterans will form the core of group from United Tribes Technical College that will march in the national parade for the new President on January 20 in Washington, DC.

The college received an invitation in December from the President's Inaugural Committee to march in the nation's 56<sup>th</sup> Inaugural Parade.

The United Tribes veterans will be primarily those who have served in Middle

East conflicts, according to Wes Long Feather, United Tribes chief of staff, the group's coordinator.

"It has definitely been a huge undertaking to get a group together for the Inau

*Continued on page 3*

# Art donation is bond of friendship

United Tribes News photo Dennis J. Neumann



**HONOR BESTOWED:** The Reverend Lionel Muthiah, along with his wife Marion, Bismarck, donated several art works to United Tribes Technical College as they plan for a retirement move in 2009. This one is a framed print of a watercolor depicting a warrior of the Crow tribe. Rev. Muthiah said the donations were made in honor of UTTC President David M. Gipp. In showing leadership for American Indians "you also address issues that pertain to other racial minority groups," wrote Muthiah in a note of appreciation. "Our lives have been enriched by what you, UTTC and the Native American community have to offer to the communities of Mandan and Bismarck. It is an honor to know you." Gipp thanked the Muthiahs saying: "Each of the paintings are significant and have great meaning. They will be added to the college's art collection and help preserve the values you have so generously expressed and a bond of friendship that is mutual."



## LeRoi Laundreaux's Lunch Menu

Includes 2% or Skim Milk, Coffee or Tea and Salad Bar, Fresh Fruit, and Vegetables. Menu subject to change.  
**CAFETERIA HOURS: BREAKFAST ~ 7:00 - 8:30 AM • LUNCH ~ 11:30 - 1:00 PM • DINNER ~ 5:00 - 6:30 PM**  
**ALL STUDENTS MUST SHOW ID - NO EXCEPTIONS!!**

## January Lunch Menu

	5 <sup>th</sup> - 9 <sup>th</sup>	12 <sup>th</sup> - 16 <sup>th</sup>	19 <sup>th</sup> - 23 <sup>rd</sup>	26 <sup>th</sup> - 30 <sup>th</sup>
<b>M</b>	Goulash	Spaghetti & Garlic Toast	<b>M</b> Rice/Tomato/Hamburger Hotdish	Pork Cutlet & Mashed Potatoes
<b>T</b>	Bean & Ham Soup & Frybread	Philly Cheesesteak & Potatoes	<b>T</b> Taco Salad	Chicken Stir Fry, Rice & Egg Roll
<b>W</b>	Roast Beef & Mashed Potatoes	Baked Chicken & Potatoes	<b>W</b> Swedish Meatballs & Noodles	BBQ Ribs & Baked Potato
<b>T</b>	German Sausage & Kraut	Hamburger & French Fries	<b>T</b> French Dip w/ Au Jus & Chips	Sloppy Joe & Tator Tots
<b>F</b>	Fish Sandwich & French Fries	Grilled Cheese & Tomato Soup	<b>F</b> Chicken Sandwich & Mac & Cheese	Chicken Nuggets & Mac & Cheese

## KODA THE WARRIOR "A Cold Night Brings Out A Warm Heart"

CREATED BY MARK L. MINDT  
 SPIRIT LAKE NATION

**KODA** carried the near frozen calf for nearly two miles. The cow made the mistake and her calf had to suffer. With a little care, it would live.

With warm straw to lay upon, the little one begins to warm it's body and it's heart.

**KODA** was alone again...

A mom's mistake is forgiven.

Being alone is never easy during the holidays.

Taking a moment's break, KODA saw how much the mother loved her calf. She hoped he'd forgive her mistake.

Farming is a big responsibility.

Then again, you're never alone if you remember the love of those around you.

**Hau, Mitakuye Oyasin/ All My Relations**

If we can learn how to forgive, we may learn how to heal.

©2008 Pony Gulch Publishing [kodathewarrior@yahoo.com](mailto:kodathewarrior@yahoo.com)

# Inaugural Parade...

Continued from page 1

gural Parade," said Long Feather. "But truly an honor."

Long Feather worked with leaders from each of North Dakota's five tribes to receive recommendations for participants by a December 19 deadline imposed by parade organizers.

"Now the work really begins to get the group prepared," said Long Feather.

The United Tribes group will join representatives from across the country in the historic parade down Pennsylvania Avenue from the Capitol to the White House following the Presidential Swearing-in Ceremony on the steps of the Capitol.

"I am honored to invite these talented groups and individuals to participate in the Inaugural Parade," said President-Elect Barack Obama in a prepared statement about all invited groups. "These organizations embody the best of our nation's history, diversity and commitment to service. Vice President-elect Biden and I are proud to have them join us in the parade."

An invitation to participate in the Inaugural Parade is quite the exclusive honor. Over 1,300 organizations from around the country had applied to participate. An Inaugural Committee spokesperson said between 70 and 90 groups will be chosen. As of mid-December, the spokesperson said United Tribes was the only organization selected from North Dakota. United Tribes was supported by North Dakota U. S. Senator Kent Conrad and the other members of the state's Congressional Delegation.

A report published by *Lee Enterprises* said that representatives of 11 Native nations have been invited to participate out of the 560 federally recognized tribes in the country.

"It is truly an honor for us to be invited," said David M. Gipp, United Tribes Technical College president. "We look forward to representing the citizens of North Dakota at this historic event."

Veterans who will be part of the Unit-

ed Tribes entry include employees, students and representatives of the tribes that govern the college: Three Affiliated Tribes of Fort Berthold, Spirit Lake Tribe, Sisseton-Wahpeton Oyate, Standing Rock Sioux Tribe, and Turtle Mountain Band of Chippewa.

Some of the group's participants will be dancers and singers. Miss Indian Nations XVI Alyssa Alberts (Arikara/Dakota/Lakota) will also take part.

In 2009, United Tribes celebrates 40 years of service. The college was established in 1969 as the first inter-tribal, post-secondary college in the country for American Indian students and their families. It serves over 1,000 students per year and coordinates inter-tribal initiatives of the five North Dakota tribes.

According to the Presidential Inaugural Committee, parade selections were made by a group of experienced military musicians, who used their expertise to help assess the presentation skills of marching bands, musical acts and drill teams. The committee said its choices are in keeping with the commitment to hold inaugural events that celebrate common values and reflect the diversity and history of the nation.

All participants in the Inaugural Parade are responsible for paying for their own lodging and transportation to and from Washington, D.C. The Committee has been working closely with area governments and civic organizations to find affordable accommodations. The committee encourages citizens from across the country to reach out and help the groups raise the necessary resources to participate.

To support the United Tribes group, please contact Wes Long Feather at 701-255-3285 x 1218 (wlongfeather@uttc.edu) or visit [www.uttc.edu](http://www.uttc.edu).



Wes Long Feather

## United Tribes Technical College INAUGURAL PARADE

### PARTICIPANTS

**Alyssa Alberts**  
Three Affiliated

**Vonnie Alberts**  
Three Affiliated

**Earl DeCoteau**  
Turtle Mountain

**Justin Fox**  
Three Affiliated

**Sara Garland**  
Washington, DC

**Jodi Gillette**  
Standing Rock

**David M. Gipp**  
Standing Rock

**Dustin Krueger**  
Three Affiliated

**Louis "Buster" Laundreaux**  
Cheyenne River Sioux Tribe

**Wes Long Feather**  
Standing Rock

**Howard Longie**  
Turtle Mountain

**Carlisle Truman Mahto**  
Three Affiliated

**Robert Sheperd**  
Sisseton-Wahpeton Oyate

**Janet Thomas**  
Standing Rock

**Mike Venn**  
Turtle Mountain

**Marcus Wells Jr.**  
Three Affiliated

**Joseph Yankton**  
Spirit Lake

*Permission was sought to add two additional student participants to the group. The majority of UTTC students had left on holiday break at the time of the deadline for submitting names and identification information.*

# Evelyn Hale honored by United Tribes

STORY AND PHOTOS BY VONNIE J. ALBERTS, Three Affiliated Tribes Press Secretary



Former TAT Councilwoman Evelyn Hale was presented with a star quilt from UTTC President David M. Gipp and the college staff.

FORT YATES – United Tribes Technical College honored Evelyn Hale, Mandaree, ND, for her service on the college’s board of directors on behalf of Three Affiliated Tribes.

UTTC President David M. Gipp and the staff recognized Hale December 5 during the college’s annual holiday gathering at the Pavilion of Prairie Knights Casino and Lodge.

Hale is a former member of the Three Affiliated Tribes Council who served out the term of her late husband, Nathan Hale, including representing Three Affiliated on the United Tribes board.

“Evelyn, with much strength assumed the late Councilman Hale’s position on the board, and we are thankful for her,” said Gipp while presenting her with a star quilt. “We are sure at times it must have been hard for Evelyn, but we admire her for her strength and carrying out Nathan’s duties.”

As a token of appreciation, Hale presented a gift to Wes Long Feather who serves as chief of staff in the UTTC Office of Administration. Long Feather is a capable and ever-friendly presence at



Evelyn Hale honored UTTC Chief of Staff Wes Long Feather with a gift from Three Affiliated.

UTTC and the main contact for North Dakota tribal leaders who serve on the United Tribes governing board. The gift was sponsored by Three Affiliated Tribes

Chairman Marcus D. Wells, Jr. as an expression of appreciation on behalf of the business council for recognizing the former Mandaree councilwoman.

# Nutrition and Foodservice students experience fine dining



**FINE DINERS:** From left: Jill Keith, Pat Aune, Annette Broyles, Shannon Dionne, Cassandra Eagle, Whitney Hosie, and Tara Fox. Seated: Sarabeth Eagle and William Broken Leg. Nutrition and Foodservice photo

BY ANNETTE E. BROYLES, UTTC Nutrition and Foodservice Instructor/Dept. Chair


**A** group of Nutrition and Foodservice students and instructors, along with members of the Land Grant staff, experienced a fine dining experience at Bismarck's East 40 Chophouse on December 12.

Students chose between Wildwood Meatloaf (ranch style Dakota buffalo with caramelized onion gravy), Grouper Amarretti (grouper fish sautéed in a sweet almond amaretto sauce with mushroom, spinach, and red pepper over wild rice), and Jalapeno Chicken Tortellini (chicken, bacon, mushrooms, roasted peppers, jalapeno, and scallion in a cilantro, tomato and garlic sauce with spinach parmesan tortellini) as their main entrée, along with soup or salad.

The dessert menu was studied closely as students chose between sweet potato cheesecake, crème brulee, whiskey rye bread pudding, da bomb (Oreo ice cream with chocolate ganache and caramel syrup), chocolate cake, and more. We learned to read the small print – if you order the chocolate cake, it would be enough to serve you and a friend! Actually it might be enough to feed four people.

Students exchanged secret Santa gifts. Nutrition and Foodservice students, Cassandra and Sarabeth Eagle, who graduate in spring 2009, received their vocation club jackets. Students earn money to pay for the jackets through the Quantity Foods class offered each fall.

## CATCH



## THE BUG UTTC LIBRARY

West Main Floor  
Education Building

Hours: Monday - Friday  
8 am - 5 pm

Books, Journals, Magazines,  
Newspapers, Online Database,  
Reference, Fax, Internet Access,  
Photocopies, Interlibrary Loan


[www.infolynx.org](http://www.infolynx.org)

The Green Recycling Bins Are Not Garbage Cans!

## PAPER ONLY!

ACCEPTABLE FOR GREEN BINS

- ☉ File/Office/Colored Paper
- ☉ Manila Folders
- ☉ Pamphlets
- ☉ Brochures
- ☉ Magazines
- ☉ Catalogs
- ☉ Newspaper
- ☉ Notebook Paper (*No spiral spines*)
- ☉ Phone Books
- ☉ Post-Its, Machine/Register Tape
- ☉ Shredded Paper
- ☉ Carbonless Paper
- ☉ Envelopes (*Non-window*)
- ☉ Glossy Paper



Find More Information About  
Recycling Paper at  
[www.paperrecycles.org](http://www.paperrecycles.org)

# Ready for her first Christmas

**OPEN HOUSE:** Two month old Alicia accompanied her mother Mary Half, a student in Health Information Technology, to the Center for Student Success Open House December 10 at the Lewis Goodhouse Wellness Center. The holiday event included refreshments, door prizes and plenty of friendly hospitality for students and staff. CSS staff members Betty Anhorn, Helen Lindgren, Carol Walker, Anita Charging and Christa Cutler hosted the gathering especially to wish students a safe journey home for their Holiday break and a safe return on time to begin their Spring Semester '09. The United Tribes dorms will be open for both new and returning students on Sunday, January 4 at 5 p.m. Spring semester classes begin at 8 a. m. on Wednesday, January 7. The CSS supports students through professional and cultural development services that enhance learning, personal growth and educational success. United Tribes News photo Dennis J. Neumann



## WIC

**Supplemental Nutrition Program for Women, Infants, & Children**

**Welcome to all Students and Families!**

**Clinic Hours are:**  
Monday 1- 5 pm  
Friday 8 -12 pm

**BY APPOINTMENT ONLY**

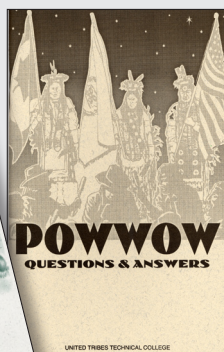
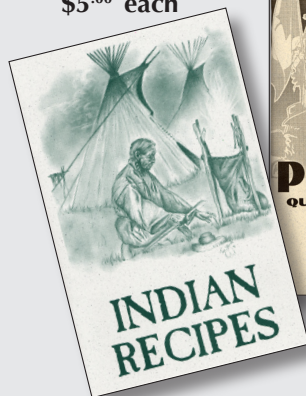
**Please call for your appointment**  
Tara Fox, WIC Certified Professional  
701-255-3285 x 1316 • Fax: 701-530-0622



United Tribes Technical College  
3315 University Drive  
Bismarck, ND 58504

## UNITED TRIBES TECHNICAL COLLEGE Publications Available For Sale

Indian Recipe Book  
\$5.<sup>00</sup> each



Powwow  
Q&A Book  
\$3.<sup>00</sup> each

### ORDER NOW!

*\$2.<sup>50</sup> Shipping & Handling for every five books ordered\**

**SEND CHECK/MONEY ORDER TO:**  
Arrow Graphics  
3315 University Drive  
Bismarck, ND 58504

*\*Wholesale prices available for quantities over 25.  
Call 701-255-3285 x1296 for details.*

Published by the Arrow Graphics Printing Department

### INDIAN RECIPE AND POWWOW QUESTION & ANSWER BOOK ORDER FORM

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

Indian Recipe Book Qty: \_\_\_\_\_ @ \$5.<sup>00</sup> each = \$ \_\_\_\_\_

Powwow Q&A Book Qty: \_\_\_\_\_ @ \$3.<sup>00</sup> each = \$ \_\_\_\_\_

Shipping & Handling Qty: \_\_\_\_\_ @ \$2.<sup>50</sup> per 5 = \$ \_\_\_\_\_

Amount Enclosed \$ \_\_\_\_\_

## UTTC SELF-STUDY

United Tribes Technical College is currently conducting a self study evaluation. A written report of its findings will be produced for its NCA reaccreditation visit. The NCA comprehensive visit will take place in 2010-2011. If you have questions or comments regarding UTTC's self-study experience, please send them to: [ncaaccreditation@uttc.edu](mailto:ncaaccreditation@uttc.edu). To learn more about the NCA accreditation process, visit the website: <http://www.ncahlc.org>

# UNITED TRIBES SPRING 2009 COURSE OFFERINGS

Course Title	Course Code	Building	Course Title	Course Code	Building	Course Title	Course Code	Building
Comp. Acct. Bus	ACT 220 A	EDUC	Intro to Wellne	GCA 103 D	WLNS	Keyboarding II	BOT 152 A	EDUC
Arch. Drafting	ARC 101 A		Intro to Fitnes	GPE 102 A	BARDN	Desktop Publish	BOT 218 A	EDUC
Const. Estmting	ARC 144 A	SKILL	Weightlifting	GPE 103 A		Spreadsheet App	BOT 247 A	EDUC
Comp Graphics	ART 102 A		Intro of Lifeti	GPE 107 A	GYM	Admin. Offc Prc	BOT 275 A	EDUC
Comp Graphics	ART 102 A		Medical Term.II	HIT 102 A	BARDN	Medical Office	BOT 277 A	EDUC
Drawing I	ART 113 A	AAM	Medical Term.II	HIT 102 B	BARDN	Entrepreneurshi	BUS 170 A	SKILL
3-Dimensional	ART 115 A	AAM	Quality Improve	HIT 216 A	BARDN	Business Law	BUS 260 A	SKILL
Drawing I	ART 130 A	AAM	Inter. Coding	HIT 286 A	BARDN	CAR125	CAR 125 A	
Media Arts II	ART 185 A	AAM	Advance Coding	HIT 291 A	BARDN	CAR135	CAR 135 A	
Art Marketing	ART 220 A	AAM	Pers &Cons Hlth	HLH 220 A		General Chem	CHM 115 A	SKILL
Studio Arts II	ART 227 A	AAM	Gerontology	HLH 283 A		Imp. Microsoft	CIS 216 A	SKILL
Graphic Design	ART 239 A	AAM	Med. Microbiolo	LAB 203 A	SKILL	Plan Mcrsft Net	CIS 218 A	SKILL
Digital Photogr	ART 246 A	AAM	A - P Lab	LAB 220 A	SKILL	CISCO Networkin	CIS 265 A	SKILL
MAPP	ART 290 A	AAM	A and P II	LAB 221 A	SKILL	Police Report W	CJU 103 A	SKILL
Port. Pres.	ART 293 A	AAM	Open Lab I	LAR 101 A	AAM	Traffic Law	CJU 104 A	SKILL
Vocab/Reading C	ASC 081 D	EDUC	Open Lab II	LAR 102 A	AAM	Intro to CJ	CJU 201 A	SKILL
English College	ASC 086 D	EDUC	Open Lab III	LAR 201 A	AAM	Criminal Law	CJU 221 A	SKILL
Auto Brakes	AUT 105 A		Open Lab IV	LAR 202 A	AAM	Police Administ	CJU 222 A	SKILL
A&P Advc'd	BIO 095 A	BARDN	General Math	MTH 101 C	SKILL	Speech	COM 106 A	EDUC
A&P Adv'd II	BIO 096 A	BARDN	Intermediate AI	MTH 102 B	SKILL	Speech	COM 106 B	SKILL
Biology	BIO 150 A		Intermediate AI	MTH 102 C	SKILL	Speech	COM 106 D	SKILL
Biology II	BIO 151 A	SKILL	Intermediate AI	MTH 102 D		Composition	COM 110 A	SKILL
Medical Microbi	BIO 203 A	EDUC	College Algebra	MTH 103 A	SKILL	Intro To Comput	CSC 101 A	SKILL
Anatomy & Physi	BIO 221 B		Lakota History	NAS 190 A		Intro To Comput	CSC 101 C	SKILL
Anatomy & Physi	BIO 221 B		Intro Nursing	NUR 101 B	EDUC	Intro to Comput	CSC 101 F	SKILL
Business Math	BOT 108 A	EDUC	Hlth Assmt	NUR 203 A	EDUC	Basic/Visual	CSC 172 A	SKILL
Comp. Acct.	BOT 188 A	EDUC	Hlth Assmt	NUR 203 B	EDUC	Guid. Tech. For	ECE 236 A	EDUC
Comp. Acct.	BOT 188 A	EDUC	Pham/Nurses	NUR 206 A	EDUC	Macroeconomics	ECO 202 A	SKILL
Powerpoint Appl	BOT 217 A	EDUC	Mtrnl Child Nur	NUR 245 A	EDUC	English For Car	ENG 104 B	SKILL
Records Managem	BOT 219 A	EDUC	Mtrnl Child Nur	NUR 245 A	EDUC	Composition	ENG 110 A	EDUC
Adv. Word Proc.	BOT 245 A	EDUC	Culinary Calcul	NUT 101 B		Composition	ENG 110 E	SKILL
Database Mngmnt	BOT 257 A	EDUC	Diabetes & Moth	NUT 110 B		Technical Writi	ENG 204 A	EDUC
Office Admin.	BOT 297 A		Food Science &	NUT 200 A	SKILL	Grant Writing	ENG 205 A	EDUC
Fund of Busines	BUS 120 A	SKILL	Mang. of FS	NUT 251 A	SKILL	Childrens Lit.	ENG 238 A	EDUC
CAR140	CAR 140 A		Practicum I	NUT 297 A		College Success	FND 107 A	EDUC
CAR145	CAR 145 A		Food & Nutritio	NUT 298 A		College Success	FND 107 C	EDUC
CAR150	CAR 150 A		Case Study & Cr	NUT 299 A	SKILL	College Success	FND 107 E	EDUC
Org & Biochem	CHM 116 A	SKILL	Introduction To	PSY 101 A	EDUC	Career Success	FND 207 A	EDUC
Internship	CIS 197 A		Introduction To	PSY 101 B	ON	Career Success	FND 207 B	EDUC
Microsoft Windo	CIS 212 A	SKILL	Educational Psy	PSY 230 B		Career Success	FND 207 C	EDUC
Mcrsft Windws Sr	CIS 215 A	SKILL	Intro to Sociol	SOC 101 A	EDUC	Intro to Wellne	GCA 103 A	WLNS
CISCO Routing	CIS 266 A	SKILL	Tribal/Federal	TRM 115 A	SKILL	Intro to Wellne	GCA 103 C	WLNS
Traffic Crash	CJU 102 A	SKILL	Internship	TRM 202 A		Intro to Wellne	GCA 103 E	WLNS
Juvenile Justic	CJU 254 A	SKILL	Fund of Acct.	ACT 102 A	EDUC	Intro to Wellne	GCA 103 F	WLNS
Speech	COM 106 C	EDUC	Elem. of Acct.I	ACT 200 A	EDUC	Health, Safety	GPE 111 A	EDUC
Speech	COM 106 E		Painting I	ART 114 A		Medical Termino	HIT 101 A	BARDN
Interpersonal S	COM 212 A		Intro Dig. Phot	ART 117 A	AAM	Legal Aspects o	HIT 106 A	BARDN
Intro To Comput	CSC 101 B	SKILL	Graphic Design	ART 211 A	AAM	Directed Clinic	HIT 217 A	
Intro To Comput	CSC 101 D	SKILL	Airbrush Painti	ART 229 A	AAM	Hit Application	HIT 220 A	
Intro To Comput	CSC 101 E	ON	3D Animation II	ART 276 A	AAM	Intro Prog Plan	HLH 241 A	
Bgning BASIC/Vi	CSC 122 A	SKILL	Gamebuilding	ART 287 A	AAM	Intro Com Hlth	HLH 250 A	
Admin. & Superv	ECE 222 A		Vocab/Reading C	ASC 081 A	SKILL	General Math	MTH 101 A	SKILL
Curr. Dev. & Im	ECE 233 A	EDUC	Vocab/Reading C	ASC 081 B	SKILL	General Math	MTH 101 B	SKILL
Curr. Dev. & Im	ECE 233 B		Vocab/Reading C	ASC 081 C	SKILL	General Math	MTH 101 D	SKILL
Practicum II	ECE 252 A	EDUC	English College	ASC 086 A	EDUC	General Math	MTH 101 E	SKILL
Intro To Except	EDU 205 A	EDUC	English College	ASC 086 B	EDUC	Intermediate AI	MTH 102 A	SKILL
General Methods	EDU 260 A	EDUC	English College	ASC 086 C	EDUC	Basic Trig	MTH 105 A	SKILL
Pract for Elem	EDU 298 A	EDUC	Preparatory Math	ASC 090 A	SKILL	Calculus I	MTH 165 A	SKILL
English For Car	ENG 104 A	EDUC	Preparatory Math	ASC 090 B	SKILL	Statistics	MTH 216 A	SKILL
Composition	ENG 110 B	SKILL	Preparatory Math	ASC 090 C	SKILL	Intro Nursing	NUR 101 A	EDUC
Composition	ENG 110 C	EDUC	Intro to Auto.	AUT 101 A	SKILL	Intro Nursing	NUR 101 B	EDUC
Composition	ENG 110 D	ON	Auto Electrical	AUT 106 A	SKILL	Hlth Assmt	NUR 203 A	EDUC
Composition	ENG 110 F	EDUC	Steering Susp.	AUT 202 A	SKILL	Hlth Assmt	NUR 203 B	EDUC
College Success	FND 107 B	EDUC	Auto Trans. Tra	AUT 203 A	SKILL	Nclex Review	NUR 250 A	EDUC
College Success	FND 107 D	EDUC	Auto Heating/Ai	AUT 204 A	SKILL	Culinary Calcul	NUT 101 A	SKILL
College Success	FND 107 F	EDUC	Human Res. Mngm	BAD 282 A	SKILL	Diabetes & Moth	NUT 110 A	SKILL
College Success	FND 107 G	BARDN	Medical Microbi	BIO 203 A	SKILL	Mang. of FS	NUT 251 A	SKILL
College Success	FND 107 H	EDUC	Anat and Physi	BIO 220 A	SKILL	Comm. Nutr.	NUT 260 A	SKILL
College Success	FND 107 I	EDUC	Anatomy & Physi	BIO 221 A	SKILL	Introduction To	PSY 101 C	SKILL
Success Strateg	FND 108 A	ON	Anatomy & Physi	BIO 221 C	SKILL	Introduction To	PSY 101 D	SKILL
Career Success	FND 207 D	EDUC	Allied Hlth II	BIO 224 A	BARDN	Educational Psy	PSY 230 A	EDUC
Career Success	FND 207 E	ON	Prin. of Ecolog	BIO 230 A	SKILL	Cap Res/Int Iv	TES 250 A	SKILL
Career Success	FND 207 G	EDUC	Keyboarding	BOT 101 A	EDUC	Tribal Managem	TRM 101 A	BARDN
Career Success	FND 209 A	EDUC	Keyboarding	BOT 101 B	EDUC	Casino Operatio	TRM 105 A	SKILL
Intro to Wellne	GCA 103 B	WLNS	Word Processing	BOT 147 A	EDUC	People And Envi	TRM 201 A	SKILL

# Healthy habits include breakfast

BY PAT AUNE, Food Safety Educator, UTTC Land Grant Program

**D**o your plans for the New Year include improving your health? Good eating habits and exercise are a good way to improve your health. And, if breakfast has not been a regular habit of yours, 2009 is the year to

are a better choice than white enriched whole grains and cereals because they provide more fiber that takes a bit longer for the body to digest.

What is a good choice for breakfast? Any high fiber, low-fat and low sugar food

are good protein sources; avoid the bacon because it is high in fat. Wrap the scrambled egg inside a whole grain tortilla add a bit of salsa and a glass of skim milk for a quick and tasty breakfast. Whole grain cereal with skim milk and an orange is low in fat, low in cholesterol, has high fiber and is a good carbohydrate.

Start your healthy habits with breakfast. Include bread or cereal, a protein food, a fruit or vegetable and milk or cheese.

Pat Aune teaches food safety to food-service managers and workers, meat inspectors, environmental health specialists and teachers. For more information contact Pat at 701-255-3285 X1399 or [paune@uttc.edu](mailto:paune@uttc.edu).

**"Without breakfast adults are more apt to overeat at other meals or snack on foods that are high in sugars and fat."**

add breakfast to your eating plan.

Children and teens have more difficulty in the classroom if they have not had breakfast. Many schools provide breakfast. Encourage your son or daughter to eat breakfast at school or eat a bowl of cereal before they leave the house. If they sleep late or do not want to eat in the morning, send along with them a snack of orange slices and a small amount of dry cereal, or cheese sticks or peanuts. Nibbling on low sugar, low fat foods will give them the energy they need to stay alert in the classroom.

Adults going to school or work also need the nutrients and energy provided by breakfast. Without breakfast some people become less able to do physical work in the late morning. Without breakfast adults are more apt to overeat at other meals or snack on foods that are high in sugars and fat.

Are you trying to lose weight or maintain your current weight? Research shows that skipping meals can make weight control more difficult. Other studies suggest that the human body tends to accumulate more fat when a person eats fewer, larger meals than when the same numbers of calories are consumed in smaller, more frequent meals. High fiber cereals and breads, whole grain pastas and rice

is a good choice. A peanut butter sandwich, made with whole wheat bread, plus fruit and a glass of low-fat or 1% milk is a good breakfast or lunch. An orange or banana is a good fruit choice because it fills us up. Scrambled or hard boiled eggs

## Enjoying the traditional meal



**MANAGING AND LEARNING:** Nutrition and Foodservice student Cassandra Eagle was meal manager for the November 21 Quantity Foods Meal in the Skill Center kitchen and dining area. Cassandra was happy to learn that the traditional fare was enjoyed by staff and students who attended: Buffalo Veggie Soup, Blueberry Wozapi, and Cheyenne Batter Bread, along with a Three Sisters relish tray and Mint Tea. United Tribes News photo

### United Tribes Technical College Academic Calendar

January 5..... Student Orientation/Registration  
January 7..... Last Day to Register for Distance Learners  
January 6..... Classes Begin  
January 18..... Martin Luther King Jr. Day (1/2 Day)

January 20..... Last Day to Register for Spring Semester  
January 21..... Spring Graduates Orientation  
January 22..... Professional Development Day (No Classes)  
January 27..... Last Day to Add a Class



# Dreamseekers contribute to TJES

**PACKING A PUNCH FOR KIDS:** Two heavy weights have combined their influence to help American Indian youngsters. One of the first groups to benefit is Theodore Jamerson Elementary School on the United Tribes Technical College campus. Thanks to Ernie Stevens Jr. (left) of the National Indian Gaming Association, and legendary pro wrestler Hulk Hogan, TJES received a \$3,000 gift from the Dreamseekers Foundation. UTTC President David M. Gipp accepted the award from Hogan during the Lakota Nation Invitational in Rapid City, SD. The generous support was part of an ongoing effort by Stevens to help Native families and organizations on the Great Plains during the holiday season. Along with NIGA Executive Director Mark Van Norman, Stevens and Hogan formed Dreamseekers earlier this year to help improve healthcare and education for Native youngsters. UTTC and TJES are very thankful to Ernie Stevens, Mark Van Norman, and Hulk Hogan and his Hulkamaniacs for their contributions to Native youth. - Scott Davis.



Photo courtesy Frank King

## HOUSING ORIENTATION

January 30, 2009

8 to 11:30 am

James Henry Gymnasium

### Refreshments

All current and new housing students must attend in order to update their lease for the new semester. Current housing students will renew their lease contracts for the Spring 2009 semester during this time. New housing students shall have done so by this time, if not, you may sign your lease during this time. Please make sure all adult household members attend in order to sign the lease contracts if they have not done so by this time.

Any questions, please call the Housing Office at (701) 255-3285 ext. 1352, 1415, or 1552. We are located east of the Lone Star Arena, Building 1B.

## Remember the Dream

Martin Luther  
King Jr. Day

January 19, 2009  
8 a.m. to 12 noon

Multi-Purpose Room  
Lewis Goodhouse  
Wellness Center

**UNITED TRIBES TECHNICAL COLLEGE**  
3315 University Drive



# UTTC honors mid-year graduates

BISMARCK (UTN) – United Tribes Technical College honored 23 mid-year graduates during a ceremony December 19 at the college in Bismarck. The college’s “Fall Honoring Program” completed the fall semester and marked the beginning of a three-week holiday break for students and staff.



**HONORED GRADUATES:** Mid-year graduates form a receiving line to accept congratulations from family, friends and college staff during an honoring program December 19 at United Tribes Technical College. From left, Charles E. Anderson, Jacqueline M. Archambault, Marissa S. Eagleman, Anthony J. Felix, and Leighla Gracie-Ann Guardipee.

Twenty-one of the grads earned Associate of Applied Science Degrees; two earned Certificates of Completion in the field of Medical Transcription.

The program’s keynote speaker, Kelvin Hullet, president of the Bismarck-Mandan Chamber, said strength and vision are what drive communities and students.



**GRADUATION HUMOR:** From left, graduates Tamera Rae Marshall (Oglala Tribe), Ashley Agard (Standing Rock) and Aja R. Baker (Three Affiliated) enjoy a moment with friends.

“Now is the time for you to hold on to your vision and use your strength to turn it into reality,” said Hullet. “Whether you are beginning your own company or helping another to grow successful, don’t lose track of your vision.”

Six of the UTTC graduates earned degrees from the college’s Small Business Management program. That led the list of college programs with the most mid-year grads. Students graduated from ten of the college’s 15 courses of study.

The honoring program theme was: Strengthening Native Nations through Cul-

ture and Vision for the Future.

The drum group Oakdale Singers, Mandaree, ND, provided opening and closing songs. A meal of buffalo stew, fry bread and wozapi was served at the UTTC cafeteria.

Spring Semester 2009 at UTTC begins with student orientation January 5 – 6, followed by the start of classes on January 7. A welcome back powwow is scheduled for January 10. The last day to register for classes is January 21.



Keynote speaker Kelvin Hullet, Bismarck/Mandan Chamber president.



**DIPLOMA IN HAND:** United Tribes mid-year graduates, from left, Arden Rae Boxer (Fort Peck Tribe), Joshua B. Logg Jr. (Cheyenne River), Annette D. Morris-Harlan (Standing Rock), Lonelle L. Rising Sun (Ft. Peck Sioux Assiniboine), and Glen T. Fox (Three Affiliated). UTN photos Dennis J. Neumann



**SMILE PLEASE:** Leighla Guardipee (Cheyenne River) gets her official graduation photo under the direction of portrait photographer Robert Knutson.

## Who's Who Among Students in American Junior Colleges

Opal Alden-Bearground, Health Information Tech • Michael Alex, Small Business Mgt • Jacqueline M. Archambault, Business Office Tech • Fabian Betone, Computer Information Tech • Arden Rae Boxer, Tribal Mgt • Cree Buffalo, Early Childhood Education • Marlarae Cook, Elementary Education • Mitchell Davis, Small Business Mgt • Kathryn Ell, Nursing • India Frazier, Health Information Tech • Marlo Friday, Health Information Tech • Martha Garreau, Small Business Mgt • Leighla Gracie-Ann Guardipee, Criminal Justice • Yvonne Howling Wolf, Elementary Education • Joshua B. Logg Jr., Tribal Environmental Science • Jayme Lopez, Health Information Tech • Tamara Marshall, Criminal Justice • Donette Medicine Horse, Criminal Justice • Christopher Montclair, Tribal Environmental Science • Veronna Newman, Nursing • Savannah Peterson, Criminal Justice • Herbert I. Red Horse, Health Information Tech • Marilyn Sandland, Nutrition and Foodservice

### Center for Student Success Fall Honoring Winners

**Star Quilt** GPA 3.0 or above  
**RHEA GREENWOOD**  
Community Health

**\$100 Scholarships** GPA 2.0 or above  
(Funded by the Kirkwood Mall Season Premiere Promotion)

**MARLARAЕ COOK**  
Elementary Education

**MARY CALABAZA**  
Practical Nursing

**TAMI MILLER**  
Practical Nursing

**SHANNON DIONNE**  
Nutrition & Foodservice

**CAMILLE DUCHENEAUX**  
Business Office Technology

CONGRATULATIONS ALL!

- Betty Anhorn

## United Tribes Technical College Fall 2008 Graduates

### ASSOCIATE OF APPLIED SCIENCE

**Art-Art Marketing:** Charles E. Anderson\*, New Hope, MN; David B. Black Cloud (Standing Rock) Mandan, ND

**Business Office Technology:** Jacqueline M. Archambault\* (Cheyenne River) Bismarck, ND; Marissa S. Eagleman (Standing Rock) Wakpala, SD; Star L. Silk (Standing Rock) Bismarck, ND

**Criminal Justice:** Amber Louise Felix (Cheyenne River) Mandan, ND; Anthony J. Felix (Three Affiliated) Mandan, ND; Leighla Gracie-Ann Guardipee\* (Cheyenne River) Bismarck, ND; Tamera Rae Marshall\* (Oglala Tribe) Hot Springs, SD

**Construction Technology:** Jose A. Lopez, Wichita, KS

**Early Childhood Education:** Lavone Harnisch, Online Student

**Elementary Education:** Cyrilla Livingood\*

(Turtle Mountain) Wahpeton, ND

**Nutrition and Food Service:** Ashley Agard (Standing Rock) Fort Yates, ND

**Small Business Management:** Aja R. Baker (Three Affiliated) Bismarck, ND; Glen T. Fox (Three Affiliated) Bismarck, ND; Annette D. Morris-Harlan (Standing Rock) Selfridge, ND; Mindy J. Looking Back (Standing Rock) Wakpala, SD; Lonelle L. Rising Sun (Ft. Peck Sioux Assiniboine) Bismarck, ND; Matt J. St. John (Crow Creek) Fort Thompson, SD

**Tribal Environmental Science:** Joshua B. Logg Jr. (Cheyenne River) Mobridge, SD

**Tribal Management:** Arden Rae Boxer\* (Fort Peck Tribe) Bismarck, ND

### CERTIFICATE OF MEDICAL TRANSCRIPTION

Shawn M. Kuipers, Napoleon, ND; Danielle Goebel\*, Wishek, ND

\* Honor Student

## Words of Wisdom



*Much to everyone's appreciation, Fall Honoring closing speaker Bev Huber shared some of the wisdom she learned while serving at United Tribes Technical College. Huber announced her retirement from classroom teaching in the general education program after 24 years at the college.*

- ~ Take care of yourself and your family ~ Eat Breakfast!
- ~ Lead a balanced life in your body, mind, heart and spirit
- ~ Learn to love your problems; turn them into opportunities
- ~ Remember you are not the center of the universe; avoid arrogance
- ~ Be humble; we follow the path of others
- ~ Your past is not your potential; today is a fresh start; tomorrow even better
- ~ No need to pretend to be what you are not; you are plenty good as you are
- ~ Stand for something; otherwise you'll fall for anything, as a wise man once said
- ~ Take care with words; they have the power to build or destroy
- ~ Find joy and purpose in your work
- ~ Respect all inhabitants of this "multiverse" in which we live
- ~ Live life with dignity; be gracious and respectful
- ~ Don't forget your commas; always remember to proofread!
- ~ Be curious; have an open mind and keep on learning

# WE BELIEVE IN YOUR INDIGENOUS IQ QUOTIENT

You don't have to leave your tribal ties behind when you attend United Tribes Technical College. UTTC is a tribal community where indigenous culture thrives. The campus community in Bismarck welcomes you on your college journey.

## Success Oriented Community

You become part of a tribal community away from home. Counselors, faculty and staff members and other students help you succeed. Student housing is a top priority, along with child care and family activities. On campus are three Child Development Centers, and a K-8 Grade School, for the children of students. A new wellness center offers new facilities and equipment for developing and maintaining a healthy lifestyle.

## Skills and Training for Needed jobs

- 14 Associate of Applied Science Degree Programs
- Bachelor of Science Degrees - cooperative program in Elementary Ed.
- 5 Certificate Programs
- 5 Degree Programs Online

## SPRING SEMESTER

**Student Orientation January 5-6, 2009**  
**Classes begin Wednesday, January 7**

### HOUSING AVAILABLE TO SINGLE STUDENTS

Housing is available in the college's dorms for single men and women students. Act quickly on the opportunity and take advantage of the convenience of on-campus housing.

### FOR CAMPUS TOURS:

Jay Claymore or Jesi Shanley  
701-255-3285 X 1420 or 1280

Contact your tribal education agency first.  
Then call UTTC Enrollment Services  
Dept. 701-255-3285 x1334, 1241,  
or 1210. Toll free 888-643-8882  
for Admissions, Financial Aid,  
Registrar and Housing.  
**Many scholarships available.**



**UNITED TRIBES TECHNICAL COLLEGE**  
3315 University Drive • Bismarck, ND 58504 [www.uttc.edu](http://www.uttc.edu)

**Celebrating 40 Years of Service in 2009**

## WALKING INCENTIVES

**Minimum 48.9 miles:** Nike Air Native N7 Shoes, Water Bottle, MP3 Player, \$20 UTTC Bookstore gift certificate, Pedometer, T-shirt, Movie Passes

**Minimum 32.6 miles:** Water Bottle, MP3 Player, UTTC Bookstore gift certificate, Pedometer, T-shirt, Movie Passes

**Minimum 16.3 miles:** Pedometer, T-shirt, Movie Passes

### WALKERS MILEAGE

Robert Fox 61.9  
Butch Thunderhawk 57.5  
Bruce Benson 56  
William Broken Leg 55.8  
Joey McLeod 47.3  
Jeff McDowell 47.3  
Lynelle Lawler 46.3  
Sierra Two Bulls 43.7  
Curt Maynard 39.2  
Kayla McCloud 36  
TJ McLaughlin 34.6  
Dorothy Crow Feather 32.75  
Drew Murphy 33.6  
Colleen Bredahl 32.3  
Julie Beston-Sage 29.4  
April Russell 29  
Christa Cutler 27.2  
Jackie Benson 27.2  
Andrew Russell 22.4  
Luanne Poitra 22.4  
Jo Beth Brown Otter 12.7  
Royce Benson 11.2  
Donna Ruiz 10  
Julie Cain 9.4  
Ruth Buffalo-Zarazua 8.4  
Ella Duran 5.6  
Jay Claymore 5.5  
Sonja Cain 4.2  
Marsha Azure 4.2  
Annette Broyles 4.2  
Pat Aune 4.2  
Tara Fox 4.2  
Maria Kasto 4.2  
Shannon Dionne 4.2  
Fabian Betone 4.2  
Cheryl Danks 2.8  
Tanya Spilovoy 2.8  
Pete Little Owl 2.8  
Coleen Cain 2.8  
Sheri Baker 2.8  
Tamara Marshall 2.8  
Dorothy Crow Dog 2.25  
Ben McBride 1.4  
Kevin B 1.4  
Shirley Anderson 1.4  
Carolyn Monison 1.4  
Jenna Skunk Cap 1.4  
Emma Rae Martell 1.4  
Pierce Big Left Hand 1.4  
Lennie Traquersie 1.4  
Geri Racine 1.4  
Stacy Iken 1.4  
Josh Logg 1.4  
Lorraine Davis 1.4  
Uli Fox 1.4  
Laban Red Owl 1.4  
Season Means 1.4  
Denise B 1.4  
Barb Schmitt 1.4  
Amber Mathern 1.4  
Star Silk 1.4  
Percy Lussier 1.4  
Sheri Toman 1.4

# Campus walkers put on the miles

**7 Weeks – 64 Walkers – 948 Miles** BY RUTH BUFFALO-ZARAZUA, Strengthening Lifestyles

**C**ongratulations to everyone who took part in the seven week, Fall Semester 2008 on-campus walking program of the United Tribes Walking Club. It began September 17 and ended on Halloween, October 31. During that time the 64 participants racked up a total of 948.4 miles. What a great accomplishment!

At the start of the program all participants had the option of having body measurements done by the Strengthening Lifestyles staff. Personal folders were assembled for each walker. Each was also provided with health information reading material pertaining to the prevention of diabetes and a food/activity tracker handout.

The food/activity tracker was to be completed weekly and put into each participant's personal folder to track progress toward a healthier lifestyle change.

Generally, the participants walked at noon and/or at 4 p.m., Monday through Friday. All were encouraged to stop by the Wellness Center anytime they are free.

The ultimate goal for each was to get moving and to become more physically active and healthier, however, there was the incentive of a healthier lifestyle – perhaps the greatest incentive of all.



Fall Semester UTTC Walkers were recognized for their walking participation during a December 10 luncheon, from left, Curt Maynard 39.2, Drew Murphy 33.6, TJ McLaughlin 43.6, Julie Beston-Sage 29.4, and Collen Bredahl 32.3.

Walking is a cheap and easy way to add years onto one's life expectancy. Walking helps prevent many health disparities. Proper nutrition/diet, exercise and regular doctor check-ups help prevent future health ailments and diseases.

The Nike Air Native N7 shoe topped the list in a three tiered system of incentive levels for miles walked. To obtain a pair, walkers must have covered minimum of 48.9 miles. That distance sounded overwhelming at first. But it was at-

*"This was a way to stride for a healthier lifestyle and to stay on target for the incentives. It was a break from work and I had more energy after getting fresh air, and I visited with others around campus that were participating."*

— Kayla McLeod

*"At first my mind was about walking for the N7 shoes and then I started feeling the energy I was getting from the walking. That made me feel better about walking and being healthy."*

— Bruce Benson



Walkers and their mileage, from left, Robert Fox 61.9, Bruce Benson 56, Lynelle Lawler 46.3, Sierra Two Bulls 43.7, William Broken Leg 55.8, Butch Thunderhawk 57.5, and Jeff McDowell 47.3.

tainable by walking once around the outer loop of the beautiful UTTC campus once a day, Monday through Friday for eight weeks.

A national fitness organization recommends that we walk five miles or 10,000 steps each day. Autumn was such a pretty time of year and the walkers also enjoyed all the exquisite colors of the fall leaves and the fresh, clean North Dakota air.

These walkers learned that walking is the way to get out and get moving and enjoy life!

# Grandfather Was Right

## It's hard to be Indian

BY MONICA NAGEL, Early Childhood Education

One of the things my great-grandfather used to say is, "It's hard to be Indian."

I always thought this was a reference to living during a time of considerable conflict and economic hardship. Certainly he and his people knew what it meant to go hungry and be uncertain about the future. But the phrase has nothing to do with putting food on the table.

What he meant was that living the American Indian way – observing the cultural values – was and continues to be hard to do.

In the old days, American Indian people lived by rules of conduct and social norms that brought order and civility. These guided people's interactions without the need for intervention by social workers, lawyers, judges and jails.

Even though our way of life has changed considerably, some Indian people still follow traditional rules of conduct. It is a challenge to observe the culture and apply concepts from the past to today's society.

What does it mean to be brave in today's world?

What does it mean to be humble?

How does one act to become a leader?

What does it take to be considered an elder?

Sadly, all of Indian America has been affected to some degree by dysfunction, poverty, and new social norms and rules.

*Monica Nagel wrote this essay after taking part in a United Tribes research survey and discussion conducted by Dr. Cheryl Long Feather. Monica said one question was worth discussing in depth: "What makes us Indian? Is it because we feel Indian, participate in our Indian ways, or just because the enrollment card says we are Indian." Her essay was submitted for publication by Dr. Harriett Skye.*

These make it much more difficult to apply the traditional values of our Indian ancestors. Dysfunctional habits, the affects of poverty, and the crush of American society at large tend to dominate the minds and hearts of Indian people. Sometimes the people find it easier to just conform than to live the strict values of our ancestors.

An unfortunate result of the inability to apply the concepts of the past is the tendency to talk-the-talk without walking-the-walk. People boast about their "traditional" upbringing or their participation in Sundance ceremonies or powwows, while, at the same time, they talk bad about other people, cause trouble and refuse to take responsibility for their own actions. There are even so-called elders who abuse others. And there are so-called leaders who act only for themselves.

Fortunately, there are many people who do not posture for others but live their lives quietly in a good and respectful way. These are the people who have learned to walk the talk and apply the concepts.

Today, we should understand the phrase, "It's Hard to be Indian," because learning to be brave, wise, generous, humble and spiritual is difficult when we are bombarded by so many easier options.

If Indian people wish to retain the identity our ancestors fought so hard for, we should take the phrase to heart and commit to walking the more difficult path.

St. Alexius  
Employee Assistance Program  
United Tribes Technical College  
Resident Assistant & Adult Student  
Education & Training Series

10:00 am - 11:00 am

**Wellness Classroom  
Lewis Goodhouse  
Wellness Center**

**SEXUAL HARASSMENT**

January 14, 2009

Kelsey Lang, MA, LAPC

**ENHANCING YOUR MORALE**

February 11, 2009

Chuck Motis, MS, LAC, LPCC

**DEALING WITH DIFFICULT PEOPLE:  
MANAGING & RESPONDING TO  
ANGER**

March 11, 2009

Kari Schoenhard, LCSW, LAC, CEAP

**SUBSTANCE ABUSE:  
WHAT IT IS AND WHY IT EXISTS**

April 15, 2009

Tom Olson, MS, LPCC

**DEALING WITH CONFLICT**

May 13, 2009

Dick Werre, LSW, LAC

**WHOSE PROBLEM IS IT, ANYWAY?**

June 10, 2009

Chuck Motis, MS, LAC, LPCC

**THE PRESSURE COOKER  
SYNDROME**

July 15, 2009

Kelsey Lang, MA, LAPC

**MANAGING NEGATIVITY**

August 12, 2009

Kari Schoenhard, LCSW, LAC, CEAP

United Tribes Technical College  
Bismarck, North Dakota



Happy New Year

# Dorgan confers with ND tribal leaders



**WORK TO DO:** North Dakota U. S. Senator Byron Dorgan, chair of the Senate Indian Affairs Committee, met with North Dakota tribal leaders November 26 at United Tribes Technical College: from left, Ron His Horse Is Thunder, Standing Rock Sioux Tribe; Myra Pearson, Spirit Lake Tribe; Dorgan; Marcus D. Wells Jr., Three Affiliated Tribes; and David "Doc" Brien (outgoing chairman) Turtle Mountain Band of Chippewa. The discussion focused on tribal priorities for the next Congress. Among concerns expressed by tribal leaders: the need for more capital formation and the development of tribal infrastructure; the need to speed up the BIA approval process for oil leasing and placing land into trust; the need to improve health care facilities; the need to address law enforcement issues and create more opportunity for young people; the need for adequate education funding; the need to look at funding for the Indian Reservation Roads program; and the need for sufficient funding for self-determination contracting in P.L. 93-638 programs along with adequate indirect costs. United Tribes News photo David M. Gipp

## Three Affiliated Tribes PUBLIC MEETINGS IN JANUARY



*Revised Schedule*

Monday, January 5: Parshall Memorial Hall, 6 - 9 p.m.

Tuesday, January 6, Twin Buttes Community Building, 6 - 9 p.m.

Wednesday, January 7, Four Bears Casino, 6 - 9 p.m.

Tuesday, January 13, White Shield Senior Center, 6 - 9 p.m.

## Apply Early For Tribal Funding!

In order for students to receive the best possible chance of obtaining tribal funding, we encourage you to Apply Early!

Classroom training assistance includes: tuition & fees, books & supplies, and student subsistence. Applicants seeking participation in the Workforce Investment Act (WIA) program for classroom training services must complete the following:

### WHY APPLY EARLY:

- Deadline dates vary for every tribal funding agency
- Awards are based on availability of funds
- Priority for selection maybe awarded on a first come first serve bases

### FUNDING MAY BE DENIED FOR:

- Missed deadline date
- Incomplete files
- Did not apply

### DOCUMENTATION REQUIRED:

- Acceptance letter from educational institute
- Financial needs analysis (budget) – from financial aid officer
- Semester grades / mid-term grades
- Class schedule
- Criteria submitted may vary for new and returning students
- To ensure application completeness, contact and follow up with funding agency frequently.

To be eligible for Workforce Investment Act (WIA) classroom training assistance, **ALL** students **MUST** apply with home funding agency first.

### APPOINTMENTS / QUESTIONS:

The Workforce Investment Act office (WIA) is located in building # 61. The office is open Monday-Friday from 8 - 5 pm. Call (701) 255-3285 ext.1229 / 1232 for assistance.



# Harvard No Tuition

Harvard University has announced that undergraduate students from low-income families will pay no tuition. The policy applies to families earning less than \$60,000 a year with an honor student graduating from high school. No tuition and no student loans.

To learn more visit Harvard's financial aid website: [www.fao.fas.harvard.edu](http://www.fao.fas.harvard.edu)



## WE CAN HELP *you find your way*

**AL-ANON  
MEETING  
3 PM**

**ALATEEN  
MEETING  
4 PM**

**AA MEETING  
7 PM**

**Every Thursday  
Room 130 Wellness  
Center**



# Do you know the artist?



Peter Neale found this print in an attic in England and is looking for the original artist so that he may purchase additional copies. If you know or have any information about the artist please contact Peter Neale via email [pneale@hotmail.com](mailto:pneale@hotmail.com).

## THE PEOPLE AND THE LAND ARE ONE

*"We have always been here. Since the land was made. The land has been taken from us piece by piece. We have fought for this land we have. We have died for it. We are still here. We are still home, but we are losing the land."*

POWERFULLY TOLD  
EDUCATIONAL STORY FROM  
THE POINT OF VIEW OF TRIBAL  
ELDERS & TRIBAL MEMBERS

CD ROM AND DVD PACKAGE

Tells about the loss of Indian land, fractionated interests, trust land, barriers to land use, and land recovery.

*"One does not sell the land people walk on."*

— Crazy Horse

For American Indian young people in middle school, high school and college ~ tomorrow's Indian leaders ~ to take action to keep our land, keep our culture & keep our future

Suitable for General Audiences

Includes Guidebook, Teaching Resources and Strategies for beginning the process of restoring American Indian homelands

Choose from two reservation settings: Standing Rock Sioux or Rosebud Sioux Tribes

**AVAILABLE NOW**

**\$20.95 plus Shipping & Handling**

**UNITED TRIBES BOOKSTORE**

Jack Barden Center • Lower Level

3315 University Drive  
Bismarck, ND 58504

Office: 701-255-3285 x1460

Online Store: 701-530-0667

Toll Free: 866-643-8882

Fax: 701-530-0627







# UNITED TRIBES THUNDERBIRDS



Left; Thunderbirds in action against Little Big Horn College during the John Thunderhawk Classic Tournament: T-Bird men fight for a rebound. Right; Lady Thunderbird forward Jenna SkunkCap puts up a shot in the lane. United Tribes News photos

## JANUARY/FEBRUARY THUNDERBIRDS SCHEDULE

DATE	OPPONENT	TEAMS	TIME
Jan. 10	Dawson Community College	M&W	4-6
Jan. 11	Miles Community College	M&W	2-4
Jan. 16	Williston State College	M&W	6-8
Jan. 18	NDSCS-Wahpeton	M&W	2-4
Jan. 20	Trinity Bible College	M&W	6-8
Jan. 22	@ Bismarck State College	M&W	6-8
Jan. 25	@ Lake Region State College	M&W	2-4
Jan. 28	@ University of Mary JV	M&W	6-8
Feb. 1	Lake Region State College	M&W	1-3
Feb. 5	Bismarck State College	M&W	6-8
Feb. 8	@ MSU-Bottineau	M&W	2-4
Feb. 9	@ Williston State College	M&W	6-8
Feb. 15	@ NDSCS-Wahpeton	M&W	2-4
Feb. 17	MSU-Bottineau	M&W	6-8
Feb. 21	Turtle Mountain Community College	M&W	6-8

HOME GAMES IN BOLD

## FREE Service for Parents

### EARLY CHILDHOOD TRACKING AND INTERVENTION

Do you have concerns about your child's growth and development?

If so, you can receive the opinion of a professional.

#### Contact:

Crystal Karas or Susan Twin  
 UTTC Childhood Development Center  
 Building 100 – Upper level  
 255-3285 Ext. 1624

#### Featured Services:

Early Intervention Program  
 Right Tracks Program  
 Free for all families on the United Tribes campus!

#### These services are provided through:



Standing Rock Early Childhood Tracking/Intervention  
 PO BOX 697 • Fort Yates, ND 58538  
 701-854-3678 or 701-854-7150

## Opportunities in the Making



### Student Scholarship Campaign

UTTC employees are allowed to make a gift to the Opportunities in the Making Student Scholarship Campaign through payroll deduction.

No one knows the value of education better than you! Any amount you commit will become a vital part of the financial support needed for students to succeed in building better lives for themselves and their families.

Please make your pledge today! Your gift is tax deductible.



Contact Brad Hawk  
701-255-3285 x1387  
bhawk@uttc.edu

# OST jobs and training director tours UTTC



**CAMPUS VISIT:** UTTC Student Accounts Technician Jessica Stewart, left, hosted a visit November 21 by the job placement and training director of the Oglala Sioux Tribe. Dawn Hernandez, Pine Ridge, SD, toured several key departments, including Admissions, Financial Aid and the President's Office. She was a special guest for the Quantity Foods Meal of the Nutrition and Foodservice Program, where she visited with members of the Nutrition and Foodservice and Land Grant staffs. Ms. Hernandez received UTTC student application forms, a UTTC catalog and financial aid brochures, to use in advising potential students. OST currently supports several students at area colleges.

## David M. Gipp

### Scholarship Fund



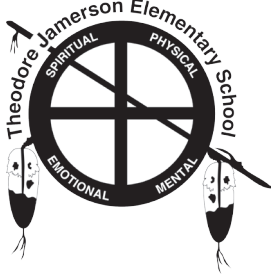
To honor his 30 years as college president, United Tribes has established the David M. Gipp Scholarship Fund as part of the "Opportunities in the Making" Student Scholarship Campaign. With the support of generous individuals and businesses in Bismarck-Mandan, this successful campaign has provided support for the education of 280 students in the past two years. Your contribution to the David M. Gipp Fund will help it grow, providing additional scholarship support. Please take this opportunity to recognize and honor David and help in his life's work.

Send your check to:  
David M. Gipp Scholarship  
United Tribes Technical College  
3315 University Drive  
Bismarck, ND 58504

Contact: Brad Hawk  
701-255-3285 x 1387, bhawk@uttc.edu



# THEODORE JAMERSON ELEMENTARY



# TIDBITS

## Theodore Jamerson Elementary School Holiday Program • December 11, 2008

**All 132 students:**

*Tis the Season Once Again*

**Kindergarten:**

*I'm a Little Snowflake; Santa*

**First Grade:** *Blitzen's Boogie; Santa Clause is Coming to Town*

**Second Grade:** *Winter Cheer; Frosty the Snowman; Jolly Old St. Nick*

**Third Grade:** *Jingle Bell Rock; Christmas Sock Rock*

**Fourth Grade:** *Christmas in America; Up on the House Top*

**Fifth Grade:** *I Wish it Could be Christmas Everyday; Holiday Rock*

**Sixth Grade:** *Season of Love; Holiday Season*

**Seventh/Eighth Grade:** *All Through the Night; Jingle Bell Joy Ride*

**Fourth/Fifth/Sixth/Seventh/Eighth Grade:** *Silent Night (in Lakota)*

*Cookies were served in classrooms following program. Special Thanks to all TJES faculty & staff, maintenance department staff, & the cafeteria staff. UTN photos Dennis J. Neumann*



# Do you remember this sign?



**FROM THE PAST:** If you recognize this United Tribes entrance sign, then it's possible you have a long connection with the college. This was the sign first used at what was then called United Tribes Employment Training Center. The facility opened in July 1969 and was officially dedicated on September 6. Founded by four North Dakota tribes, it was operated by the Bendix Field Engineering Corporation of Columbia, Maryland, named at lower left. Within two years the tribes assumed full control of the center, and in 1975 it was renamed United Tribes Educational Technical Center. That means your recollection of the employment training center reaches almost, if not all the way, back to the beginning four decades ago. The college has formed a committee, which is planning now for events in 2009 to celebrate the 40<sup>th</sup> anniversary. More information about the planning will be in future UTN editions. If you were a student, staff member or friend of the college, maybe you have recollections to share. Please contact us! We would be delighted to hear from you. By the way, the college name became United Tribes Technical College in 1987.



NONPROFIT ORG.  
U.S. POSTAGE  
PAID PERMIT  
NO. 46  
BISMARCK, ND

UNITED TRIBES NEWS is published monthly by the Office of Public Information and Arrow Graphics, divisions of United Tribes Technical College, 3315 University Drive, Bismarck, ND, Dr. David M. Gipp, President

### MISSION STATEMENT

United Tribes Technical College is dedicated to providing American Indians with postsecondary and technical education in a culturally diverse environment that will provide self-determination and economic development for all tribal nations.

### Editorial Content

Editor: Dennis J. Neumann, Public Information Director  
701-255-3285 x1386, opi@uttc.edu

Design & Layout: Andi Gladson, Graphic Artist  
701-255-3285 x1437, agladson@uttc.edu

Email articles and/or photos as separate attachments to opi@uttc.edu. Include photo credits. **DO NOT PLACE IMAGES DIRECTLY INTO TEXT DOCUMENTS. NO HARD COPIES ACCEPTED.**

### Circulation & Distribution

Circulation Manager: Andi Gladson, Arrow Graphics  
701-255-3285 x1437, agladson@uttc.edu

To be added to UTN's mailing list or to change your mailing address please contact us via email at agladson@uttc.edu.

Arrow Graphics is a full-service print shop that provides a full range of design and printing services that is available to the general public. For more information give us a call at 701-255-3285 or toll-free at 888-643-8882 Ext. 1296.



**DEADLINE FOR NEXT ISSUE: 5 PM - JANUARY 12, 2009**

United Tribes Technical College  
3315 University Drive  
Bismarck, North Dakota 58504  
www.uttc.edu

