



**UNITED TRIBES** www.uttc.edu

# NEWS

FEBRUARY 2009 • VOL. 18 - NO. 2  
UNITED TRIBES TECHNICAL COLLEGE  
BISMARCK, NORTH DAKOTA



Tribes & State page 7

## Classes underway for Spring Term



United Tribes News photo Dennis J. Neumann

**FAMILY IN EDUCATION:** Nine-month-old Mason is happy to join his mother Stephanie Grassrope (Lower Brule) and Marcus Brushbreaker (Rosebud) in the computer lab during the first week of Spring Term classes at United Tribes. Stephanie is a student in Elementary Education and Marcus in the college's Criminal Justice Program. Classes began January 7 following two days of orientation for new students.

**WELCOME BACK POWWOW**

**FEBRUARY 14**  
**1:00 PM**

Traditional Powwow

All Dancers Paid Day Money

\$300 Drum Split

United Tribes Technical College • James Henry Gym

**PRESIDENTS' DAY**

**Monday, February 16 ★ No Classes**

**Wellness in the Workplace**

CEU 211 Credits & CEUs

Details on page 8

# Tribal measures reviewed by Legislature

## Native American Issues

- HB 1058 .... Financial Assistance to Tribal Colleges
- HB 1059 ..... Powers and duties of ND Indian Affairs Commission
- HB 1060 ..... To extend the committee on Tribal/State relations
- HB 1394 .... Financial Assistance to Tribal Colleges
- HB 1399 ..... American Indian bilingual education grants
- HCR 3003 ..... Tribal social service programs
- HCR 3004 ..... Study of Indian education issues 2009-11 interim
- SB 2005 ..... Indian Affairs Commission appropriation; Indian Youth Leadership Academy
- SB 2053 ..... Tax exemption for purchases by Indian tribes
- SB 2054 ..... Transportation agreements with tribes



**COLLEGE PRESIDENTS:** State Representative Dennis E. Johnson(R) Devils Lake, greets three tribal college presidents at a hearing of the House Education Committee at the North Dakota Capitol in Bismarck. From left, Cynthia Lindquist, Cankdeska Cikana Community College, Fort Totten; Diana Canku, Sisseton-Wahpeton College, Agency Village, SD; and Laurel Vermillion, Sitting Bull College, Fort Yates. The college presidents testified on a bill to extend state support for non-beneficiary (non-Indian) students who attend tribal colleges.

United Tribes News photo



## LeRoi Laundreaux's Lunch Menu

Includes 2% or Skim Milk, Coffee or Tea and Salad Bar, Fresh Fruit, and Vegetables. Menu subject to change.  
 Cafeteria Hours: Breakfast ~ 7:00 - 8:30 am • Lunch ~ 11:30 - 1:00 pm • Dinner ~ 5:00 - 6:30 pm  
 All Students Must Show ID - NO EXCEPTIONS!!

### Lunch Menu

Jan. 26 <sup>th</sup> - 30 <sup>th</sup>	Feb. 2 <sup>nd</sup> - 6 <sup>th</sup>	Feb. 9 <sup>th</sup> - 13 <sup>th</sup>	Feb. 16 <sup>th</sup> - 20 <sup>th</sup>
M Philly Cheesesteak & Baked Beans	Hamburger Gravy & Mashed Potatoes	M Goulash	Spaghetti & Garlic Toast
T Ham Salad Sandwich & Soup	Baked Chicken & Rice	T Ham & Bean Soup & Frybread	Philly Cheesesteak & Oven Potatoes
W Hamburger & French Fries	Roast Beef & Mashed Potatoes	W Roast Beef & Mashed Potatoes	Baked Chicken & Mashed Potatoes
T Pizza (Cook's Choice)	Hamburger & French Fries	T German Sausage & Kraut	Hamburger & French Fries
F Pork Chow Mein, Rice & Egg Roll	Indian Taco w/ Assorted Toppings	F Fish Sandwich & French Fries	Grilled Cheese & Tomato Soup

## KODA THE WARRIOR™ "Caverns of Mystery Part 1 of 4"

CREATED BY MARK L. MINDT  
 SPIRIT LAKE NATION

As anyone can tell you, KODA and his favorite rez-dog, Benny love going to Pow-wows. On their way back from a Wacipi (wah-Chee-pee), Benny notice a womany crying on the prairie.

She was weeping so loud, she never heard the truck.

She explained to KODA about how she was resting beside the tree, when a cold, dark hand reached out of this hole in the ground and took her most prized possession.

Mitakuye Oyasin!  
 All My Relations!

See? There it is. Can you please help me? I can't be without my...

Like... EEK!

Is there something wrong?

She was startled to hear KODA's voice.

Sure I can help. Just let me get into something more comfortable.

**KODA THE WARRIOR™**

©2003 Pony Gulch Publishing

Classic Koda reprised from December 13, 2004.

kodathewarrior@yahoo.com

# Welcome to Our 40<sup>th</sup> Anniversary Year

BY DR. PHIL BAIRD, Vice President of Academic, Career and Technical Education

**O**n behalf of the academic family of United Tribes Technical College, I offer a warm welcome to students and staff for the spring semester. This welcome is made more special as the college enters its 40<sup>th</sup> anniversary year in 2009.

The college has come a long way. People with long-tenured employment at UTTC like Glenna Mueller, Anne Kuyper, Butch Thunderhawk, Ann Kraft and others, can testify about the college's humble beginnings and its growth over the years.

UTTC was born from the collective leadership energies among the five Indian Nations with tribal homelands in North Dakota. With a goal to address a mutual need for economic development, the United Tribes of North Dakota Development Corporation was chartered in January 1968. Human resource development through job skills preparation was the initial focus of early programs.

The United Tribes Employment Training Center (UTETC) opened its doors in the summer of 1969. From there, and throughout the 1970s, the center hosted monthly ceremonies as trainees completed their short-term programs. The focus on vocational education training distinguished UTETC from other Tribal colleges that were getting established at the time.

The center also began the tradition of celebrating American Indian culture with an intertribal event. In late July 1972, the

first United Tribes powwow was held. This was an activity that for several years would be held twice annually before becoming the major international signature event that showcases our culture today during a four day gathering each September.

As tribally-controlled higher education evolved in Indian Country, so did UTETC. The center was renamed United Tribes Education Technical Center in 1975, and then became United Tribes Technical College in 1987 as short-term training programs transitioned into accredited one-year certificate and two-year degree programs.

UTTC today stands as one of the premier tribal colleges in the nation, providing access to postsecondary learning opportunities, and so much more, for American Indian people. The college continues to evolve as we look toward establishing upper division coursework and baccalaureate degree programs.

There are many other aspects of the college that are worthy of remembrance and acknowledgement. This year will be an exciting time for students and staff alike as we celebrate our past, present and future.

Again, I offer a hearty welcome and 40<sup>th</sup> anniversary best wishes to everyone in the United Tribes Technical College campus community.

## Student Senate Leadership retreat

BY LISA STUMP, Student Senate President

Happy New Year!

This year has been exciting as well as hectic for the senate. The Student Senate decided to wind down and close out the year with a retreat focusing on Native Leadership. We gathered on a blustery Saturday in December at Bismarck's Radisson Hotel. Thankfully, the hotel staff greeted us with steaming cups of coffee, fresh fruit and bagels.

We opened up with a prayer and a presentation from Dr. Phil Baird. Dr. Baird is an excellent speaker and knowledgeable on not only the history of tribal colleges but the birth of the organizations that promote Native leadership to the present day. Dr Baird inspired us to take the initiative to become leaders and speakers and continue to do activities promoting leadership among students.

After a poolside luncheon, UTTC instructor Tyler Stumpf gave a presentation about communication. Tyler encouraged us to learn about the different communication styles in the professional world and gave us pointers on verbal and non verbal communications. Tyler also complemented us on our strength as Native people to adapt to situations as needed.

We learned about leadership from Dr. Ramona Klein, who led us in discussions and activities to loosen up and become energized. I found the most inspirational comment she made was to get out in the world and teach people about "us" as Natives.

We wrapped it up with Jesi Shanley thanking everyone and encouraging the students to continue in leadership roles. Jesi also generously provided the students with gas cards and Wal-Mart gift cards. Nobody left empty handed. Thanks Jesi!

As we handed out the gift cards the Radisson staff delivered once again a delicious meal and every one really enjoyed themselves.

Thank you all who attended and our awesome speakers and Russell Swagger for allowing us this opportunity. Aho!



**• QUICK PRINTING •**  
**• 4-COLOR LASER PRINTING •**

- BROCHURES • BOOKS • LETTERHEADS • ENVELOPES • NEWSLETTERS •
- FORMAL / INFORMAL INVITATIONS • BUSINESS CARDS
- WEDDING INVITATIONS • CATALOGS • FLYERS • POSTERS
- COMPLETE SET-UP • FORMS ... AND MORE •
- CUSTOM DESIGNING •

LOCATED ON THE CAMPUS OF UNITED TRIBES TECHNICAL COLLEGE  
3315 UNIVERSITY DRIVE • BISMARCK, ND 58504  
701.255.3285 x1296

## CORRECTION

**I**n the January edition of *United Tribes News* we mistakenly identified the author of the essay "Grandfather Was Right." It was written by Cheryl Long Feather and not the student who admired its insightful message. *UTN* apologizes for the mistake.

- Editor

# New Chapter in Life



**EVER THANKFUL:** Tribal Environmental Science grad Joshua Logg Jr. strapped on his guitar and sang at the recent Fall Honoring Program as he entered a new chapter in his life as a college graduate. Now he has followed up with a letter from his new digs in Mobridge, SD singing the praises of United Tribes. These people "were in my corner from the beginning while I was a student," he wrote. I will be "forever grateful and thankful for their assistance and friendship": Bud Anderson and the Maintenance Department Staff, Sam Azure, Dr. Phil Baird, Sheri Baker, Daryl Bearstail, Jay Claymore, Wayne Campbell, Scott and Lorraine Davis, Ray Dingman, Emery Dwarf, Dr. Jen Janeck-Hartman and staff, Bev Huber, Jill Keith and staff, LeRoi Laundreaux, Louie Laundreaux, Helen Lindgren, Dennis Neumann, T.J. McLaughlin, Dr. Brian Palecek, Marge Palaniuk, Dennis Renville, Tom Redbird, Margaret Redshirt, Dr. Harriett Skye, Jessica Stewart, Nathan Stratton, Russell Swagger, Butch Thunderhawk, Charlene Weiss and Red Koch and the Transportation Department Staff. "I will close with this," he wrote. "If you are not satisfied with what you have, what more do you need?" *Semper Fi!* UTN photo

**Shakopee Mdewakanton  
Sioux Community Annual Wacipi  
August 14-16, 2009**  
Powwow Grounds  
SMSC Reservation  
Prior Lake, MN  
More information 952-445-8900  
[www.shakopedakota.org](http://www.shakopedakota.org)

## Opportunities in the Making



### Student Scholarship Campaign

UTTC employees are allowed to make a gift to the Opportunities in the Making Student Scholarship Campaign through payroll deduction.

No one knows the value of education better than you! Any amount you commit will become a vital part of the financial support needed for students to succeed in building better lives for themselves and their families.

Please make your pledge today! Your gift is tax deductible.



Contact Brad Hawk  
701-255-3285 x1387  
[bhawk@uttc.edu](mailto:bhawk@uttc.edu)

## HOUSING ORIENTATION

Spring 2009 Semester

**January 30 • 1 - 4 p.m.**  
**James Henry Gymnasium**

All current, returning and new housing students must attend.

Classes will be excused; sign in sheet at the front entrance

Door Prizes awarded 4 p.m.; supper following

### More information:

United Tribes Housing Office  
701-255-3285 x 1352, 1415 or 1552  
Building 1B, Student & Campus Services, upper level



## WOMEN'S LOBBY DAY

At the North Dakota Legislature

**ONE DAY**  
**February 11, 2009**

Opportunity for women across  
North Dakota to learn more about  
the political process through  
hands-on experience at the  
Capitol in Bismarck

North Dakota Women's Network  
More information and to register  
[www.standupnd.org](http://www.standupnd.org)

**Renee Stromme, Executive  
Director, North Dakota Women's  
Network, [renee@ndwomen.org](mailto:renee@ndwomen.org)**

## We're not just a bookstore...

Check Out Our Fashions  
Online at [www.uttc.edu](http://www.uttc.edu)!



**UTTC BOOKSTORE**

Jack Barden Center • Mon.-Fri. 8 am-5 pm  
701-255-3285 Ext. 1459

**UTTC BOOKSTORE**

**15% OFF**

Any Single  
Sportswear Item

*Does not include textbooks  
Regularly priced items only*

Expires 2-28-09

# Snack for Good Health

BY PAT AUNE, Extension Coordinator, UTTC Land Grant Program

**N**utritious snacks can help you avoid overeating and give you the energy to get through a busy day. A small snack or meal every two to three hours is good for children, every 4-5 hours for adults. Plan in advance so healthy snacks are ready to eat when you are hungry.

What is a healthy snack? Think about the foods your body needs every day. Here are examples of good snacks that contain about 100 calories:

- Half an apple or celery with 2 teaspoons of peanut butter
- 10 almonds or cashews
- Half an English muffin with 1 teaspoon of peanut butter
- 13 plain animal crackers
- Half cup of toasted oat cereal with a half cup of skim milk
- One cup of raw carrots with 3 tablespoons of nonfat dressing
- 10 grapes with 2 tablespoons of cream cheese fruit dip
- String cheese (80 calories)
- One cup juice packed canned peaches
- Two tangerines
- Fruit flavored light yogurt
- One hardboiled egg

Choose whole grain cereals, tortillas, breads and crackers. They provide more fiber and will keep you from getting hungry too soon. Avoid drinking your calories. An orange is a better choice than a glass of orange juice. Healthy food ideas can be found at [www.kidshealth.org](http://www.kidshealth.org).

## Easy Bean Dip

1 can refried beans (no fat added)  
¼ cup salsa

Mix beans and salsa together. Microwave until heated through. Serve with whole wheat crackers and fresh veggies.

Makes 5 servings (1/4 cup per serving). Each serving has 80 calories, 0 gram fat, 14 grams carbohydrate and 4 grams protein.

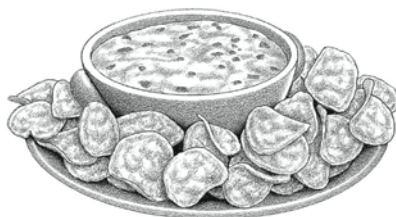
## Simple Snack Mix

1 cup whole-grain cereal  
¼ cup dried fruit of your choice (raisins, cranberries, apricots, blueberries, etc)  
¼ cup nuts (walnut pieces, slivered almonds, pistachios)  
¼ cup whole-grain snack crackers or pretzels

Place all ingredients in a large zip closed bag or a closed storage container.

Shake to mix.

Divide into 3 servings. Each serving has 180 calories, 7 grams fat, 27 grams carbohydrate and 4 grams protein.



## FEBRUARY ACADEMIC CALENDAR

February 14..... Valentine's Day  
February 14..... Welcome Back Powwow  
February 16..... Presidents' Day (No Classes)

# CATCH



## THE BUG UTTC LIBRARY

West Main Floor  
Education Building

Hours: Monday - Friday  
8 am - 5 pm

Books, Journals, Magazines,  
Newspapers, Online Database,  
Reference, Fax, Internet Access,  
Photocopies, Interlibrary Loan

[www.infolynx.org](http://www.infolynx.org)

The Green Recycling Bins Are Not Garbage Cans!

## PAPER ONLY!

### ACCEPTABLE FOR GREEN BINS

- File/Office/Colored Paper
- Manila Folders
- Pamphlets
- Brochures
- Magazines
- Catalogs
- Newspaper
- Notebook Paper (*No spiral spines*)
- Phone Books
- Post-Its, Machine/Register Tape
- Shredded Paper
- Carbonless Paper
- Envelopes (*Non-window*)
- Glossy Paper



Find More Information About  
Recycling Paper at  
[www.paperrecycles.org](http://www.paperrecycles.org)

# A Cradle in the Classroom

BY TANYA M. SPILOVOY

## Creating a Positive Learning Environment for Student Mothers

### Introduction

Before having my own baby, I had little tolerance for family-child excuses. School was the most important thing. I did not make many exceptions for sick kids, spousal issues, daycare problems, etc. When I had my own son, everything changed. I suddenly realized that while work and school were important, my child was by far the most precious thing in my life. I immediately developed a new understanding and empathy for my student mothers. This essay explores the challenges, difficulties, and rewards for women of having children while pursuing a career and educational dream. It shows practical ways I have made my teaching more child-friendly and how it has positively impacted the educational experience of my female students.

### Narrative

Sahel stood at my desk, her eyes barely visible under her tightly-wrapped hajib as she stared down at the floor. "Sorry I wasn't here yesterday Teacher," she said. "My little boy was sick and I had to take him to the emergency room last night." Her words burned hot in my head... *another stupid excuse for missing class*. Sahel had given many other reasons for previous absences: a missed bus, an illness, a problem with her landlord. I was tired of hearing them. I didn't care if the excuses were true or not.

Although I knew that life in the US was difficult for my adult English Language Learners — poverty, difficulty communicating, discrimination, home-sickness, culture shock, and post-traumatic war syndrome—I knew that learning English and earning a high school diploma would give them a chance to succeed. Sahel spoke very little English, and her education had been disrupted by war

in Somalia and her subsequent flight as a refugee. She didn't seem to understand the desperation of her situation. She had not turned in one assignment, and it was already week three of the semester.

"Well," I said coldly, my disapproval clearly visible, "You are currently failing this class. You are never here. Excuses aren't going to help you get through school!" Her indignant eyes shot to mine, full of tears, hurt, and anger. "He *was* in the hospital, Teacher. He is still very sick with pneumonia. I can bring you a doctor's note. School is *not* the most important thing in the world."

The meaning of her words struck hard. School was *my* life. During the day, I taught English as a Second Language in an inner-city grade school. Then I drove through rush-hour traffic to teach another four hours at an all-ESL adult high school for new immigrants. I was working hard to pay off my student loans, a new car, and finally buy the things I had always wanted. But I was also teaching because I loved the work. I felt needed, validated-- like I was making a difference in the world. And there stood a young mother with completely different priorities, telling me that I was wrong.

"Well, just try to be here. You can still turn in your assignments for partial credit," I stammered, uncomfortable, trying to quickly remedy the situation. But it didn't help; Sahel never came back to my class. I saw her in the hall a few times throughout the semester. I asked about her son and when she was coming back, but she was evasive. I found out later that she had transferred to another English class.

At a young age, I was aware that boys had more opportunities than girls. Education was not offered freely to the women in my family. My uncles were given

cars and tuition. My mother got a sewing machine and was encouraged to get married. At age 28 she went to back to college while working and taking care of a family. She knew that education was the way to independence and self-fulfillment--and she drilled that concept into my head. I wanted to seize every advantage for myself, but I also wanted to empower other women to follow the same path. For me, school had always been the most important thing ...until the day my son, Dakota Sky, came along.

I taught twelve hours the day I went into labor. At 3 a.m., on the way to the hospital, I called my principal's voice mail and listed all of the things that needed to be finished in my absence. I had this baby "thing" all planned out. The baby would just have to fit into *my* busy schedule. Little did I know that he had a completely different plan. Somewhere between diaper changes and watching his little eyes flutter to sleep at nap time, I realized that nothing else in the world was as important as this precious, helpless, brown-eyed boy. My priorities had to change.

At the end of my maternity leave, I went part-time and quit my night teaching job. I gave up the \$20,000 in wages because taking Dakota for walks, to baby yoga, story time, and cuddling were more important than money.

Dakota is two years old now. Until recently I taught English at United Tribes Technical College--a cultural, community, and family-centered Native American Tribal College. The majority of my students were parents. Most are also employed. And I realize that school isn't the most important thing to them either—the welfare of their children and families comes first. So I adapted my teach-

**Continued page 20**

**UTTC  
SELF-STUDY**

United Tribes Technical College is currently conducting a self study evaluation. A written report of its findings will be produced for its NCA reaccreditation visit. The NCA comprehensive visit will take place in 2010-2011. If you have questions or comments regarding UTTC's self-study experience, please send them to: [ncaaccreditation@uttc.edu](mailto:ncaaccreditation@uttc.edu). To learn more about the NCA accreditation process, visit the website: <http://www.ncahlc.org>

# "State of the Tribal-State Relationship"

## Address to the 61<sup>st</sup> ND Legislative Assembly

**Myra Pearson, Chair  
Spirit Lake Tribe  
January 8, 2009**

Thank you, Mr. Speaker, Senate Majority Leader, Bob Stenjhem, Senate Minority Leader David O'Connell, House Majority Leader, Al Carlson, House Minority Leader Merle Bouche, Governor John Hoeven, Lt. Governor Jack Dalrymple, members of the North Dakota State Legislature, Tribal Leaders, and distinguished guests. My name is Myra Pearson, Chairwoman of the Spirit Lake Tribe and it is an honor to be invited to speak before the joint legislative session.

On behalf of the five Tribal Nations of North Dakota, I would like to recognize the veterans in the audience today, our brave soldiers serving throughout the world, and those who have made the ultimate sacrifice in service of our nation. These people protect our precious freedoms enabling us to build healthier and stronger communities. The sacrifices of our service men and women and their families will never be forgotten by the Spirit Lake Tribe and all the other Tribal Nations throughout Native America.

I would like to commend Governor Hoeven for the excellent work he has done to promote and maintain a viable and stable economy throughout the state of North Dakota. Opportunities that have been created in the state have been of great benefit to all North Dakotans including those who reside on reservations.

During my lifetime I have witnessed many changes in my own tribal community. I remember a time, not so long ago, when everyday services like running water and electricity were nonexistent in the majority of reservation homes and in fact were considered luxuries. Today as I drive through my community and visit my constituents I see that reservation homes are finally receiving many of these same services that have been enjoyed in state com-



**GREAT SPEECH:** Spirit Lake Tribal Chairperson Myra Pearson receives a handshake of congratulations from North Dakota Governor John Hoeven after presenting the State of the Tribal-State Relationship speech January 8 during a joint session of the State Legislature. Looking on is Speaker of the House David Monson, Osnabrock, and Lt. Governor Jack Dalrymple. United Tribes News photo Dennis J. Neumann

munities for generations. While we continue to face issues relating to standard housing and excessively high utility costs, the fact remains that while change is not always fast, and not always apparent, it is inevitable. As our tribal communities grow, as our economies grow and our families move from one tribe to another and into communities off the reservation, it is increasingly important that Tribal-State relations continue to improve.

As I think of Tribal-State relations in this state the word "change" is extremely important and relevant. It is through our common goals that we will effectuate change in the truest sense. We must continue to work together, sharing our resources whenever possible, to make positive change happen whether that be on issues of education, healthcare, child welfare, criminal justice or our environment. We will continue to serve as an example throughout the nation so long as we commit ourselves to learn from one another and so long as we continue to address our issues with a sense of mutual respect.

The positive relationship that has been forged between the Tribal Nations and the state of North Dakota has in recent times produced legislation resulting in positive changes and a continuing

strengthening of our relationship. The Tribal Nations of North Dakota will continue to work with an attitude of mutual respect and understanding with the state of North Dakota to improve our educational systems, law enforcement services, health care, oil and natural gas development, alternative energy development and our overall economies.

We invite state representatives to visit our communities to foster this mutual understanding as we believe that together we will improve the standard of living for all of our citizens.

It is worth noting that during the 2007 Legislative Session, the North Dakota Legislature passed legislation which reflects the on-going positive relationship between the Five Tribal Nations and the elected representatives of the State of North Dakota. Some examples:

- Legislation that provided funding for the North Dakota Indian Affairs Commission, whose staff does an outstanding job communicating with the five Tribal Nations of North Dakota and the state as a whole.
- Amendments to the North Dakota Century Code so that the Sisseton-Wahpeton Oyaté are represented on the North

**Continued page 9**

# Wellness in the Workplace



## Independent Study – CEU 211

United Tribes Technical College offers the course “Wellness in the Workplace” during Spring Semester. All members of the campus community are encouraged to take advantage of this independent study course that focuses on wellness.

### Course Objectives

1. Define Wellness
2. Understand the Importance of Wellness
3. Be aware of unhealthy lifestyle choices
4. Develop an understanding of the importance of walking
5. Progress individuals physical fitness levels from walking
6. Be fully aware of the importance of safety while walking
7. Design and follow a personal wellness plan

This course is designed to work with your one-half-hour daily wellness break.

**CEU 211 is equivalent to four CEUs for employees and two credits for UTTC students.**

Employees may register with Shannon Medicine Horse x 1284. Students register through their Academic Advisor.

Activities of the UTTC Walking Club will be held in conjunction with the course. Incentives will be provided. No fees required.

### Course Instructor

Ruth A. Buffalo-Zarazua, MGMT, CWPM, Strengthening Lifestyles Program, Lewis Goodhouse Wellness Center, 701-255-3285 x1357, rbuffalo@uttc.edu.

## United Tribes Men’s Wellness Programs

Each Monday • 7 p.m.

Lewis Goodhouse Wellness Center – Healing Room

February 2 .....Fitness – Delmar Clown  
 February 9 .....Red Road – Gene Thin Elk (DVD)  
 February 16 ..... CLOSED FOR PRESIDENT’S DAY  
 February 23 .....Good Road of Life:  
 Healing American Indian Men in a Good Way – Dr. Clayton Small (DVD)

March Topics: Healthy Nutrition, Culture/Spirituality, Healthy Communication;  
 Healthy Relationships, Healthy Fatherhood Roles

Presented by the Strengthening Lifestyles Program of the United Tribes Department of Community Wellness Services. More Information 701-255-3285: Robert or Delmar x 1454, Warren x 1261 or Ruth x 1357.

## February Wellness Activity Calendar

1	CLOSED	Closed: T-BIRDS HOME GAME 1-3pm	14	1pm	Papa’s Polar Patch
	6pm	UTTC Men’s Basketball League-Gym	15	1pm	Grand Theatre-Matinee
2	12pm/4pm	Daily Walking Club-Wellness Center		5pm	UTTC Men’s Basketball League-Gym
	4:30pm	Youth Activity-Multi Purpose Room	16	CLOSED	Presidents Day
	6pm	Handgames/Open Drum-Multi Purpose Room	17	12pm/4pm	Daily Walking Club-Wellness Center
	7pm	Mens Wellness-Healing Room		4:30pm	Youth Activity-Multi Purpose Room
3	12pm/4pm	Daily Walking Club-Wellness Center		12pm	Circle of Parents-Wellness Classroom
	4:30pm	Youth Activity-Multi Purpose Room		CLOSED	Closed @ 5pm:
	12pm	Circle of Parents-Wellness Classroom			T-BIRDS HOME GAME 6-8pm
	5-9pm	UTTC Employee Night-Fitness/Sauna/Whirlpool Area	18	12pm/4pm	Daily Walking Club-Wellness Center
	7pm	Aerobics/Pilates/Taebo-Multi Purpose Room		4:30pm	Youth Activity-Multi Purpose Room
4	12pm/4pm	Daily Walking Club-Wellness Center		6pm	Beading-Multi Purpose Room
	4:30pm	Youth Activity-Multi Purpose Room		6pm	Billiards League-Rec.Lounge
	6pm	Beading-Multi Purpose Room		7-9pm	Womens Wellness-Fitness/Sauna area
	6pm	Billiards League-Rec.Lounge	19	12pm/4pm	Daily Walking Club-Wellness Center
	7-9pm	Womens Wellness-Fitness/Sauna area		4:30pm	Youth Activity-Multi Purpose Room
5	12pm/4pm	Daily Walking Club-Wellness Center		6pm	Relaxation Techniques-Healing Room
	4:30pm	NO Youth Activity TODAY due to game		7pm	Freestyle Dancing-Multi Purpose Room
	CLOSED	Closed @ 5pm: T-BIRDS HOME GAME 6-8pm	20	12pm/4pm	Daily Walking Club-Wellness Center
6	12pm/4pm	Daily Walking Club-Wellness Center		4:30pm	Youth Activity-Multi Purpose Room
	7pm	Movie Night-Multi Purpose Room		7pm	Movie Night-Multi Purpose Room
7	TBA	Swimming-YMCA	21	6pm	Community Bingo-Multi Purpose Room
8	2pm	Historic Site-Heritage Center, ND State Capitol	22	2pm	Snow Man Contests/Hot Cocoa/Movie-On Campus
	5pm	UTTC Men’s Basketball League-Gym		5pm	UTTC Men’s Basketball League-Gym
9	12pm/4pm	Daily Walking Club-Wellness Center	23	12pm/4pm	Daily Walking Club-Wellness Center
	4:30pm	Youth Activity-Multi Purpose Room		4:30pm	Youth Activity-Multi Purpose Room
	6pm	Handgames/Open Drum-Multi Purpose Room		6pm	Handgames/Open Drum-Multi Purpose Room
	7pm	Mens Wellness-Healing Room		7pm	Mens Wellness-Healing Room
10	12pm/4pm	Daily Walking Club-Wellness Center	24	12pm/4pm	Daily Walking Club-Wellness Center
	4:30pm	Youth Activity-Multi Purpose Room		4:30pm	Youth Activity-Multi Purpose Room
	12pm	Circle of Parents-Wellness Classroom		12pm	Circle of Parents-Wellness Classroom
	5-9pm	UTTC Employee Night-Fitness/Sauna/Whirlpool Area		5-9pm	UTTC Employee Night-Fitness/Sauna/Whirlpool Area
	7pm	Aerobics/Pilates/Taebo-Multi Purpose Room	25	12pm/4pm	Daily Walking Club-Wellness Center
11	12pm/4pm	Daily Walking Club-Wellness Center		4:30pm	Youth Activity-Multi Purpose Room
	4:30pm	Youth Activity-Multi Purpose Room		6pm	Beading-Multi Purpose Room
	6pm	Beading-Multi Purpose Room		6pm	Billiards League-Rec.Lounge
	6pm	Billiards League-Rec.Lounge		7-9pm	Womens Wellness-Fitness/Sauna area
	7-9pm	Womens Wellness-Fitness/Sauna area	26	12pm/4pm	Daily Walking Club-Wellness Center
12	12pm/4pm	Daily Walking Club-Wellness Center		4:30pm	Youth Activity-Multi Purpose Room
	4:30pm	Youth Activity-Multi Purpose Room		6pm	Relaxation Techniques-Healing Room
	6pm	Relaxation Techniques-Healing Room		7pm	Freestyle Dancing-Multi Purpose Room
	7pm	Freestyle Dancing-Multi Purpose Room	27	12pm/4pm	Daily Walking Club-Wellness Center
13	12pm/4pm	Daily Walking Club-Wellness Center		4:30pm	Youth Activity-Multi Purpose Room
	4:30pm	Youth Activity-Multi Purpose Room		7pm	Movie Night-Multi Purpose Room
	7pm	Movie Night-Multi Purpose Room		7:30pm	Hockey game: Bobcats vs. Albert Lea Thunder-VFW Sports Center
			28	1-3pm	Gateway to Science-Frances Leach High Prairie Arts/Science



# Tribal-State relationship... Continued from page 7

Dakota Indian Affairs Commission.

- Tribal College financial assistance, which provides funding for non-Indian students attending a North Dakota Tribal College including United Tribes Technical College.
- Amendments to the North Dakota Century Code to allow North Dakota tribes to be eligible for emergency drinking water grants so that an adequate quantity of quality water can be provided to people served by rural water systems.
- Authorization of an oil and gas tax revenue sharing agreement between the state of North Dakota and the Three Affiliated Tribes. This legislation has resulted in an approved agreement and already has had a significant positive impact on all parties.
- Legislation that put in place permanent state income tax exemptions for enrolled members of any federally recognized Indian Tribe who reside within the boundaries of any reservation in this state and who derive their income within the boundaries of any reservation in this state. This exemption assists the tribes in their ongoing programs of recruiting and retaining Native American health professionals, teachers, executive

managers and other employees.

- Reestablishment and extension of a loan guarantee program through the Bank of North Dakota for four more years. The legislation directs the Industrial Commission to establish at the Bank of North Dakota a loan guarantee program for any business located in the state which either contracts with a business owned by one of the Five North Dakota Tribes or which is an American Indian-owned small business located in this state.

The legislation and other initiatives were the result of the hard work of the Tribal/State Relations Interim Committee of the Legislative Council. The Tribal/State Relations Committee endeavors to offer solutions to the many issues that face the State of North Dakota and the Five Tribes of North Dakota. We were pleased to learn that this Committee was extended for an additional two-year term in the 2007 legislature. We look forward to making this important Interim Committee permanent.

In looking to this 61<sup>st</sup> Legislative Assembly, the Five Tribal Nations will be busy working through their Tribal Councils with the North Dakota Legislature and the North Dakota Executive Branch

to continue to find solutions to problems that face our citizens. We will continue to work on issues relating to education, substance abuse, energy development, housing and healthcare. To be more specific we need to work collaboratively on these issues:

- Combating the devastating effects of drug and alcohol abuse in our society. Substances such as “meth” have devastated many tribal and state communities alike. If we are to tackle this issue we need cooperation among our law enforcement agencies, prevention programs, and rehabilitation services. The Five Tribal Nations are well aware that this plague knows no jurisdictional boundaries, and we pledge to work with state officials to defeat this malady.
- The Five Tribal Nations of North Dakota will continue to work with the North Dakota Legislature to seek solutions to the ongoing problem of educational funding throughout the state. The Tribal nations feel strongly that an educated and skilled workforce is the ultimate solution to many of our on-reservation problems. We have a young and growing population who are an asset to our state

**Continued page 10**



Following the State of the Relationship message, tribal leaders presented gifts to state leaders. From left: Marcus Levings, Three Affiliated Tribes Chairman; Wayne Stenehjem, ND Attorney General; John Hoeven, Governor; Bob Stenehjem, Senate Majority Leader; David O'Connell, Senate Minority Leader; Myra Pearson, Spirit Lake Chairwoman; Richard Marcellais, Turtle Mountain Chairman/State Senator; Ron His Horse Is Thunder, Standing Rock Chairman; Alan Carlson, House Majority Leader; Merle Boucher, House Minority Leader; and Jack Dalrymple, Lt. Governor.

# Tribal-State relationship... Continued from page 9

and our tribes. Over half of our population is under the age of 24. Our Native American youth are a critical part of our state's future. We need relevant and effective education for all our citizens. We also want to thank the Governor for his emphasis on education in his state of the state address to the legislature on Tuesday.

- I also support an initiative proposed by the Chief Justice of the North Dakota Supreme Court to study how people of different races are treated in our North Dakota court system. I believe this is a timely study that can help lead to solutions that will create a more positive environment in our law enforcement and court systems, both within our tribes and for all Native Americans in North Dakota.
- Education is a key factor in economic development. New economic development strategies are in play on the North Dakota Reservations concerning oil and gas



Myra Pearson greets Lt. Governor Jack Dallymple during the gift-giving ceremony.

development and alternative energy programs, among other things. We are looking forward to working with the North Dakota Legislature on these issues.

- Much improvement is needed concerning rural health care, both on and off the reservation throughout North Dakota and we will be discussing these and other issues in 2009.
- Finally, I want the state of North Dakota to think about our Tribal Nations as the economic recovery plans are being developed in Washington, D.C. We know a great deal of money will be provided to



Governor John Hoeven acknowledges gifts from the tribes. At right, Tribal Chairs; Richard Marcellais (Turtle Mountain), Ron His Horse Is Thunder (Standing Rock) and Marcus Levings (Three Affiliated).

the state for economic recovery. We believe that the state should also be concerned about the economic well-being of the Tribal Nations within its borders.

In closing I want to recognize the tremendous efforts of our elected tribal leadership in North Dakota. Our tribal chairs deal with many jurisdictions, tribal, local, state and federal in carrying out their duties. Chairman Ron His Horse Is Thunder of Standing Rock Sioux Tribe; Chairman Richard Marcellais of Turtle Mountain (also a State senator from District 9), Chairman Marcus Levings of the Three Affiliated Tribes (the Mandan, Hidatsa and Arikara Nation); and Chairman Michael Selvage of the Sisseton Wahpeton Oyaté are all hard working individuals who are working for the betterment of their people. Some of the Tribal Chairs are in the audience. I would like them to stand and be recognized.

I would also like to recognize our Tribal College Presidents, in particular, President David M. Gipp of United Tribes Technical College; and J. Kurt Luger, Executive Director of the North Dakota/Great Plains Indian Gaming Association. These individuals have dedicated them-

selves to serving Indian Country. All of us will be working diligently with the legislature to always maintain our good relationship and move forward our important issues in this honorable body. Again I thank you for your time and I would like to welcome you to a traditional appreciation ceremony, which will begin immediately after this event in the Great Hall. You have my prayers of thanks and safety, now and in the future.



Newly elected Turtle Mountain Band of Chippewa Tribal Chairman Richard Marcellais also serves in the ND state senate. He is believed to be the only person in the country currently serving in those two elected offices, simultaneously.

# Congratulations

## Fall 2008 President's & Vice-President's Lists

### PRESIDENT'S LIST

Albers, Allison R.  
Alden-Bearground, Opal E.  
Anderson, Charles E.  
Archambault, Jacqueline M.  
Baker, Aja R.  
Barton, Brenda A.  
Bell, Christina D.  
Black Cloud, David B.  
Blie, Marie M.  
Boxer, Arden R.  
Brewer, Charles L.  
Buffalo, Cree H.  
Casarez, Lisa L.  
Clifford, Billie Jo M.  
Curley, Tina R.  
Davis, Mitchell E.  
Davis, Nina Marie  
Delorme, Brandie L.  
Ducheneaux, Alvin A.  
Dupris, Tashina M.  
Durgin, Faith M.  
Fox, Glen T.  
Frazier, India A.  
Friday, Marlo L.  
Garreau, Martha R.  
Gates, Alicia M.  
Greenwood, Rhea R.  
Guardipee, Leighla G.  
Helm, Jennifer C.  
Howling Wolf, Yvonne D.  
Lee, Amy L.  
Littleghost, April L.  
Looking Back, Mindy J.  
Lopez, Jayme F.  
Marshall, Tamera R.  
Martell, Clayton P.  
Medicine Horse, Delray L.  
Medicine Horse, Donnette R.  
Menard, Erica Anne  
Miller, Tami J.  
Montclair, Christopher L.  
Montclair, Kami L.  
Morin, Linzi M.  
Morrison, Carolyn R.  
Newman, Veronna R.  
Otter Robe, Kami L.  
Peterson, Ashley M.  
Peterson, Savannah J.  
Red Horse, Herbert I.  
Reiss, Gregory  
Rising Sun, Lonelle L.  
Ruiz, Donna M.  
Runs After, Kara L.  
Skunk Cap, Jenna L.  
St. John, Matt J.  
Stump, Lisa A.  
Traversie, Lenni E.  
Two Bulls, Sierra M.  
Waln, Jim L.  
Watson, Rochelle L.  
White Mountain, Jamie D.

### VICE PRESIDENT'S LIST

Afraid Of Hawk, Wanbli Numpa  
Alex, Michael T.  
Baker, Chasity A.  
Blatt, Kememee R.  
Brushbreaker, Taylor A.  
Buckley, Sonia R.  
Buffalo, Corrina Z.  
Burns, Denise R.  
Cain, Coleen M.  
Cleveland, Clarence L.  
Cook, Marlarae D.  
Dionne, Shannon R.  
Dolphus, Jaycen J.  
Ducheneaux, Camille J.  
Dunn, Nathan D.  
Eagle Shield, Louise E.  
Eagle, Sarabeth A.  
Eagleman, Marissa S.  
Ell, Kathryn A.  
Engebretson, Heather L.  
Felix, Amber L.  
Felix, Anthony J.  
Flying Horse, Thalia P.  
Foote, Lena F.  
Freeman, Kristen I.  
Frye, Kenneth  
Hosie, Dene H.  
Howard, Presley F.  
Howling Wolf, Merrill D.  
Jacobs, Reani G.  
Kalenze, Kristina L.  
Kasto, Moria F.  
LaFromboise, Dori K.  
Landmark, Katrina M.  
Lindeman, Michaele M.  
Lohnes Jr., Frank H.  
McBride, Benjamin C.  
Netterville, Shiela M.  
Parisien, Felicia L.  
Red Cloud, Tamara L.  
Red Owl, Sonia J.  
Slater, Shelby R.  
Sugg, Misty R.  
Teeman, Mikelyn  
Thunder Hawk, Jodi L.  
Touchine, Azalea D.  
Walking Eagle, Randi R.  
White Mountain, Sean J.



## Registrar's Corner

### Important dates to Remember:

- \* March 2-6 – Midterm Exams Week
- \* March 9-13 – Spring Break
- \* March 20 – Last Day to Drop a Class (*Current students: if you wish to drop a class or two, please see your advisor; if you wish to drop completely from college, please see your counselor).*)

### Congratulations to students on the Fall 2008 President's & Vice-President's Lists

- ☺ **Transcripts:** A friendly reminder to any student wishing to request a copy of their transcript; you must pay a \$2 fee at the Finance office first, then bring a copy of that receipt to our office and fill out the transcript request form. Transcripts will be processed on Friday's only.
- ☺ **FERPA:** Students are given the opportunity to restrict Directory Information each year. If a student restricts the release of Directory Information they may come and fill out a FERPA form with Admissions or Registrar's office. For more information, see the following 'Student Handbook', 'University Catalog' or the Office of the Registrar.
- ☺ **Release of Information:** If a student wishes to have any kind of grades, class schedule, etc. release to anyone/agency/company; they can come to the Registrar's office to fill out a 'Release of Information' form.
- ☺ **Address Info:** If you have a new mailing/phone/email address, please let our office know so that we can change it in our computer just to assure that we can mail your grades or contact you in a timely fashion.
- ☺ **Questions/Concerns:** If you should have any questions, please stop by our office in Building 5, or call us at ext. 1216, 1205 or 1269. Have a great rest of the semester & Good Luck!

# UTTC students research technology use

BY DR. CHERYL LONG FEATHER, United Tribes Research Director

**F**our UTTC students participated in a unique research project during the fall semester. Deanna Saragosa, Ramona Saragosa (both Red Lake Band of Chipewya Indians), Fabian Betone and Rolynn Clown (both Cheyenne River Sioux) participated in a collaborative project funded by the North Dakota EPSCoR Tribal Colleges Liaison Program with support from the National Science Foundation. The project was conducted with the assistance of faculty advisors Jay Wheeler and Cheryl Long Feather.

The project utilized a unique Native-based Student Research Protocol developed by the North Dakota EPSCoR program. Students utilized the protocol to examine the current access and utilization of technology among American Indian students who attend UTTC. This information can be used to make concrete recommendations to the administration of college as to some appropriate, culturally-relevant ways in which technology can enhance the classroom experience.

“The Time Study Project was a learning experience from the start,” said Betone, “It gave me the opportunity to work with other students, plan a project and actually implement it for research purposes.”

The project is the second phase of a three-phased project intended to research the impact of technology on the Native American tribal college student. In the first phase, students conducted interviews with community-based elders and a literature review of the topic. From this, students learned the framework regarding the issues of technology use and access in Indian Country. The students met weekly throughout the fall semester to refine and conduct the project.

Said Betone: “Throughout the time invested in this research project, team members were allowed to brainstorm ideas, read recommended literature, write literature reviews, interview Tribal members on their views of technology and de-

velop a technology survey and time-study tool. I think being involved in this project helped me see more clearly how technology can be more developed in rural areas and how it can be more effectively utilized on-campus or for UTTC students.”

Deanna Saragosa agreed. “A research project seems so intimidating and overwhelming at first. But then we met once a week to talk about our project and then divided up the work between everyone, it wasn’t overwhelming at all. When everyone put in their two or three pieces of research, thoughts, and conclusions, we ended up with a professional research paper.”

In this second phase of the project, a time-study tool was developed by the students as part of a technology survey. The time-study form provides a snapshot of the ways students use technology in a detailed format. The students designed a time-study tool and developed a training process for study participants. The students recorded their actions in the tool in a 24-hour, 8-day time-frame. The eight days included school hours, evenings, weekends, and holidays to get a sense of the overall technology use of students. The time study form was accompanied by a one-time, short survey about technology use and access.

Participants were chosen through a stratified random sample process representing UTTC’s vocational areas. The time study officially began on Sunday, November 30. The student research group kept in contact with their students throughout the week, reminding them to maintain the fidelity of the time study tool. Upon completion of the time study, the mentors gathered up the time study tools either via electronic (flash drive) or hard copy (folder).

Jay Wheeler, faculty advisor, says he was impressed with the teamwork of the group. “Our goal would not have been

*Continued page 20*

# THANK YOU!

## What a Great Start!

The United Tribes 40<sup>th</sup> Anniversary Fundraising Committee wishes that thank the following people for their financial contributions that will help make the 2009 celebration successful.

Pat Aune • Julie Stock-Porter • Bryan Christensen • David Raymo • Glenna Mueller • Kathy Aller • Scott Davis • Brad Hawk

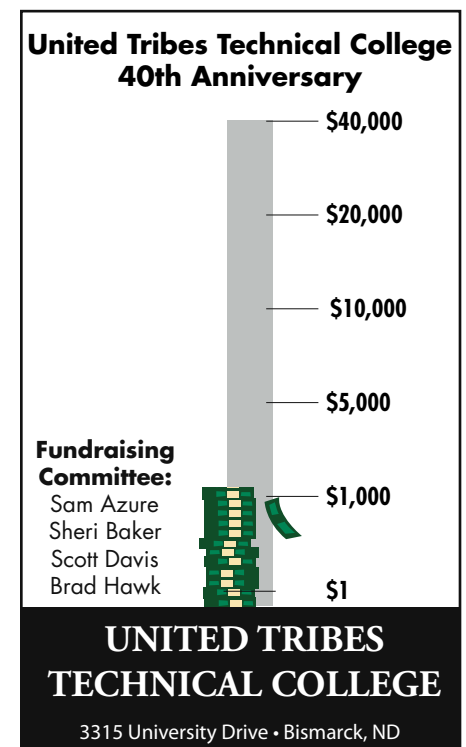
In 2009, United Tribes will mark the college’s 40<sup>th</sup> anniversary with events and projects. A campus committee is organizing these to recognize our progress as an institution of learning, unity, culture, and friendship. To do it well, we need your help with some additional resources. We urge you to join this good effort and help the UTTC 40<sup>th</sup> Anniversary.

Employees may donate through payroll deduction. If 75% of all UTTC employees contribute \$4 to this fund every pay period, we would provide over \$20,000 for events and activities in 2009.

It’s never too late to help.

Please make a pledge. We can help make all 40<sup>th</sup> Anniversary events and projects a success.

To make a pledge, contact Brad or Scott at (701) 255-3285 x 1387 or 1291.





# CONTRIBUTORS 2008

United Tribes Technical College recognizes the individuals and organizations that made contributions to the college's fund raising efforts in calendar year 2008. Thank you for your generosity in helping UTTC students and their families.

OFFICE OF INSTITUTIONAL ADVANCEMENT: Brad Hawk, Director of Major Gifts & Alumni Relations  
Scott Davis, Development Officer

## **Dr. David M. Gipp Scholarship Fund**

*This scholarship fund was established to raise funds for students that excel academically. These contributors supported this fund in 2008.*

Bud Anderson • Arlene Andre • Phil Baird • Biron & Sheri Baker • Shirley Bordeaux • Border States Electric Supply • Burchinal & Associates • Don & Julie Cain • Charles Hall Youth Services • Gerald & Barbara Combs • Karen Comeau • Capital Electric Cooperative • Thomas Disselhorst • Steve Dotseth • Thomas Earnshaw • Electric Systems • Wes Engbrecht • Friends of Kent Conrad • Gerald Gipp • Robert & Lonna Gipp • Margaret Halsey-Teachout • Jen Janecek Hartman • Alan and Ginger Klein • Helen Lindgren • Cynthia Lindquist-Mala • Art & Grace Link • ND Education Association • Missouri Valley YMCA • Missouri Slope United Way • Debbie Painte • Brian Palecek • Arlene Ramey • Joanie Ramey-Neumann • Dennis Neumann • June K. Randall • Gayla Sherman • Murphy Sitting Crow • Harriett Skye • Starion Financial • Russell & Wanda Swagger • Swenson, Hagen, & Co. • Dennis Trusty • St. Alexius Medical Center • Woodmansee's, Inc.

## **United Tribes Employees**

*Employees have contributed generously through payroll deduction to increase the size of the Opportunities in the Making Scholarship Fund. These funds have been used to provide scholarships to students with a financial need.*

Sam Azure • Phillip Baird • Katina Decoteau • Thomas Disselhorst • Gerald Geistler • David M. Gipp • Bradley Hawk • Tiffany Hodge • Brenda Jechort • Kathy Johnson • Jefferey McDowell • Glenna Mueller • Dennis Neumann • Evelyn Orth • David Raymo • Barbara Schmitt • Harriett Skye • Leah Woodke

## **Opportunities in the Making Scholarship Campaign**

*United Tribes is grateful for the contributions of individuals, businesses and organizations that have given generosity to provide scholarships to students with a financial need.*

Bismarck Party and Paper, Inc. • BNI Coal, Ltd. • Alice Bullard • Capital City Construction • Comfort Inn & Comfort Suites • Gregory & Jacqueline Dockter • Thomas Earnshaw • ETS Systems • Fireside Office Plus • Carla Fredericks • Richard Glaser • Industrial Contractors • KFVR TV • Kirkwood Bank & Trust Co. • Art & Grace Link • M&W Beef Packers, Inc. • Becky McVittie • Mid Dakota Clinic Primecare • Midway Lanes Inc. • Montana Dakota Utilities Co. • Northern Improvement Co. • Prairie Engineering, P.C. • Ritterbush-Ellig-Hulsing, PC • Judith Rosenfeld • Seminole Tribe of Florida • Skeels Electric Company • Jacqueline Smith • Starion Financial • Francis Pinard Tafoya • Tom & Frances Leach Foundation, Inc. • US Foodservice/GFG Division •

## **Teeing Off for Academic Success Golf Tournament**

*The second annual "Teeing Off for Academic Success" UTTC Golf Tournament was held in September, at Apple Creek Country Club. Thank you to all of the supporters and sponsors that made this tournament successful.*

4 Bears Casino & Lodge • Dakota 2000 • Dakota Community Bank • Dakota Magic Casino • Eide Bailly, LLP • Gerald Gipp • William Gipp • Grand River Casino • Great Plains Indian Gaming • Jim Laducer • Laducer & Associates • Hank Murphy • Northern Documents • Peak Energy Resources, Inc. • Prairie Knights Casino & Resort • Wilber Red Tomahawk • Jim Shanley • Verdell Smith • Spirit Lake Resort & Casino • Kerry Ann Thompson • Vaaler Insurance • Dick Whitesell • Rick Woodward

## **Dale Brown Leadership Athletic Scholarship Campaign**

*The mission of this campaign is provide scholarships for those who come from challenging backgrounds but still exhibit leadership qualities that influence their peers in volunteering and mentoring at college and in the community.*

Dale Brown • Red Tipped Arrow • Miller Insulation • Justice for Athletes

## **John Thunderhawk Scholarship Fund**

*This scholarship, in memory of the late John Thunderhawk, provides funding for student athletes.*

Ernie Stevens • Spirit of Sovereignty Foundation • Soaring Eagle Foundation/Smokey Robinson Foundation • North Dakota Indian Gaming Association • Thunderhawk Family

## **Sacred Lands Scholarship**

*This scholarship provides support for United Tribes students who come from the Three Affiliated Tribes of North Dakota.*

Brent Mathieu

## **UTTC Endowment Fund**

Barry & Cathleen Disselhorst

## **Geraldine Shepard Scholarship Fund**

*The Geraldine Shepard Scholarship Fund is a memorial fund for UTTC students that are single mothers with a financial need.*

Lorraine Davis



# Eyes On The Prize

BY CREE BUFFALO, UTTC Early Childhood Education Student

*“When you are in doubt, be still and wait; when doubt no longer exists for you, then go forward with courage.”*

— Ponca Chief White Eagle

I was forced to grow up fast. I had to care for myself because my mother was a single parent working two jobs for us to survive reservation life. The Cheyenne River Reservation in South Dakota, with a poverty rate of over 82%, is among the poorest counties in the U.S. With my mom at work most of the time, I had the advantage of breaking the rules and getting into mischief—I was pregnant with my son Nayln by the time I was 17. I was terrified and mad at myself. I did not tell my mother I was pregnant until I was five-and-a-half months along. I thought to myself, and was frequently reminded by her, that I had ruined my life. Neither of us knew what to do and for awhile we could only see two heart-breaking solutions: adoption or abortion. I had always planned to better myself by moving off the reservation and going to college and playing basketball and opening up my own business. Then the dreams were gone when I discovered I was pregnant with my baby boy. My mother and I never thought I'd end up pregnant as a high school student.

I never wanted to be labeled as a “young, single, mother who didn't graduate high school,”—or as some elders on Cheyenne River put it, “Kids having Kids.” There are a lot of teenaged moms there, as young as 14 years old. These girls drop out and do nothing because there isn't enough employment. They live with their parents and struggle to support their own child. Many take up lives as if they don't have kids; they don't own up to the responsibility of tending to their own child.

Pregnancy is supposed to be a joyous stage in a woman's life, but I felt degraded and stupid. I knew I was unprepared for taking care of someone, let alone a newborn baby boy. I knew so little of what

to expect and what to provide. I had very little knowledge to pass on to this precious child.

On December 28, 2006 at eight-thirty-five p.m., I gave birth to my handsome, precious baby boy Nayln Daeyson Quade Joaquin. I immediately realized he was the light of my life. I regretted my earlier ruthless thoughts. Holding this precious, yet helpless, human being in my arms took my breath away. As I looked into those big round eyes, I knew he was sent from above to guide me in the right direction. My mom instantly had a change of heart about this innocent child as well. She realized he was an angel sent from Heaven.

Throughout my pregnancy, my baby's father was not around—not even at the birth. He met Nayln two weeks later. Being a father did not change his ways; he was immature and went about his life as if he had no child. For the first four months of my son's life, his father was not around even though we lived together. My friend Brittany helped me more than Nayln's father! Susie, Nayln's paternal grandmother tried to make him start acting like a father, but I already knew how life was going to be based on those first four months. We were going to be alone. When the father wanted to be there, I let him because I had grown up without a dad, and it bothered me. I occasionally resented my mother for leaving my father. I guess I didn't want my son to feel the same way toward me for not giving his father a chance. After I did give my all, and so many chances, I realized that I was being something I wasn't, and I was disgusted with myself because I wasn't happy. I was living in a mirage.

I noticed my mom's bonding moments with my son. I realized how she had the

means to give him everything. It made me think, “I want to be able to give my son things as well.” So I decided to go to college. With the support of my loving mother, I decided to come here—United Tribes Technical College—to start a real and successful life for me and my child. Having Nayln here at college motivates me to be the best student and parent. I wanted to learn all I could about raising my son, so I took up Early Childhood Education. Now I can learn as he grows. My baby's father helped me my first year of college and then, in January 2008, his mother passed away from cancer. He inherited a lot of money and decided he did not need Nayln or me in his life. When school resumed in August 2008, I returned as a single parent and full-time student. Both Nayln and I have had to struggle to get used to the many challenges we have encountered since coming back to campus. But I try to use the situation between my baby's daddy and me as motivation to finish what I started.

As I write this, there are two weeks remaining in the fall semester. My previous 4.0 is now a 3.8, but I'm not giving up. Even though the semester was a challenge because of my personal life, I am not willing to let it destroy my educational and life goals. My mission is not to wallow in my own pity, but to do everything in my power to succeed in building a foundation for my son and to be a role model for him. I want to give him everything! I know how it feels to want and I will do my very best to meet his needs. I want my son to realize that nothing in life is impossible if you keep your eyes on the prize. When I feel like quitting, I look at my prize—Nayln—and I know for certain that I will accomplish my dream.

*Cree Buffalo's essay has been selected to be published in Women's Perspectives- ABE Student Writing Journal, Issue 4, 2009; WE LEARN Network, [www.litwomen.org](http://www.litwomen.org).*

— Editor

# Staying in School

## Everything passes – even the worst times

BY EMMALINE TALLMAN FILLSPIPE,  
UTTC Teacher Education Graduate

I attended United Tribes Technical College from August 2004 to May 2008. I was blessed to find a program called Prairie Alliance for Special Education in the college's Teacher Education Department.

It was difficult for me to get used to Bismarck and its surroundings when I came to UTTC with my daughter, Ilyanna, who was still in day care, and my husband. But I knew I had to adjust because this was going to be my home for the next four years. I also knew that I had to cope with my feelings for the reservation and my relatives and create a new outlook for my life in school.

It turned out that I came to love Bismarck. Eventually I became grateful for everything I experienced and everyone I met. But that doesn't mean it was easy.

My resolve was tested during my first semester. My aunt, who was like a mother to me, became ill and was in the hospital for a month before she passed away. Despite the pain and loneliness, I did not move back home; I stayed.

But it was a struggle to stay at school. I didn't miss the reservation as much as I missed the people, the individuals themselves. I mostly missed my grandma. Each time I went home I saw her getting older. I appreciated her more after being away and she became another reason for me to finish school.

As time went on, school felt like it was never going to end. Each semester became a struggle. I always had to find a reason to finish.

Then, my grandma's little sister became sick. We called her Grandma Tiny.



Emmaline's grandmother Ramona Tallman, Allen, SD, saw Emmaline graduate from UTTC in May 2008.

When I returned home one weekend to see how she was, I learned she had passed away. Her funeral was going to be during the week. I told my mom with regret that I had to do my field experience training. She explained to me that Grandma Tiny would understand that getting this education was very important. Still I kept calling my mom and asking how everything was, I felt like I should have been there. Grandma Tiny was buried with my high school satin star quilt.

My son was born in December 2005. My due date was December 18 but because it was between semesters I scheduled my C-section for December 8. That way I would have four weeks to heal and go back to school.

Through my daily routine and life back home, I would sometimes just drop my shoulders. I felt it was too hard to stay at school. Often I would confide in two of my instructors, Lisa Azure and Leah Hamann, who helped make school life bearable.

I remember the times when money was tight and my smile was forced. I would

always look to my children to make sure they were okay. I would see their smiling faces. They were fed, clothed, and they were happy, and that made me feel we would be okay.

Then, on December 9, 2007, we had an apartment fire. It started early in the morning when my husband was away on a hunting trip. My son and daughter and I escaped with only a few clothes and waited with neighbors for the fire department. I could see my children watching me when I began to cry, so I tried to suck up the tears and watch as my apartment burned.

After the fire was out we were allowed back in to see what was left. I didn't think it would be so bad until I saw all my teacher clothes covered with soot. I had bought these over the three years I was in school. They were to be used for my student teaching and now everything was destroyed.

As the days went on, I became grateful for what I had left, especially my family. To be safe and together was all we needed.

**Continued page 17**

# RUSSELL "Bud" MASON SR.

## Buffalo Bull Boy

NEW TOWN – Russell "Bud" Mason, Sr., 72, New Town, passed away January 14 after a long fight with cancer. Services were held January 19 at St. Anthony Catholic Church, New Town.

Bud was a military veteran, tribal leader and civil servant who made national contributions in his work with the Indian Health Service. He was a past national director for IHS alcohol/chemical health abuse and education. He helped create national initiatives at IHS to address substance abuse that, no doubt, saved countless lives throughout Indian Country.

Bud was the elected chair of the Three Affiliated Tribes of Fort Berthold serving from 1994 to 1998. He believed strongly in good government and creating the best for tribal people. He served as a member and chairman of the United Tribes Board.

"Bud did many great things for Indian people," said David M. Gipp, United Tribes Technical College president. "I knew him as an honest, direct and proactive thinking man. He was a gentleman and role model to many."

He was an advocate for health and wellness programs and was always active himself, only recently giving up skiing, run-

ning and canoeing. He ran in Boston, Phoenix and New York Marathons, climbed mountains and once bicycled across America for a charitable cause.



Russell "Bud" Mason Sr.

"He believed and lived by a code of honesty, good ethics and a high standard in his life's work," wrote Gipp and current United Tribes Chairperson Myra Pearson in a tribute to Mason. "He called for the same in government—whether at the tribal, state, or federal level."

He knew and honored his culture and tribal traditions. He was dearly loved and respected by his family and his children and grandchildren and those who followed his path in life.

Bud is survived by his sons Rusty, New Town, and Matt, Albuquerque, NM; daughters Kim Baker, New Town, Vickie Fox, Bismarck, and Roselle Nichols, Red Oak, TX; his brother Matt, New Town; adopted brother Richard Zephier, Phoenix, AZ; adopted sister Yvette Joseph, Albuquerque, NM; 17 grandchildren; and 11 great grandchildren.

St. Alexius  
Employee Assistance Program

United Tribes Technical College  
Resident Assistant &  
Adult Student Education  
& Training Series

10:00 am - 11:00 am

Wellness Classroom  
Lewis Goodhouse  
Wellness Center

ENHANCING YOUR MORALE  
February 11, 2009  
Chuck Motis, MS, LAC, LPCC

DEALING WITH DIFFICULT PEOPLE:  
MANAGING & RESPONDING TO  
ANGER  
March 11, 2009  
Kari Schoenhard, LCSW, LAC, CEAP

SUBSTANCE ABUSE:  
WHAT IT IS AND WHY IT EXISTS  
April 15, 2009  
Tom Olson, MS, LPCC

DEALING WITH CONFLICT  
May 13, 2009  
Dick Werre, LSW, LAC

WHOSE PROBLEM IS IT, ANYWAY?  
June 10, 2009  
Chuck Motis, MS, LAC, LPCC

THE PRESSURE COOKER  
SYNDROME  
July 15, 2009  
Kelsey Lang, MA, LAPC

MANAGING NEGATIVITY  
August 12, 2009  
Kari Schoenhard, LCSW, LAC, CEAP

United Tribes Technical College  
3315 University Drive  
Bismarck, North Dakota  
701.255.3285 • www. uttc.edu

You're invited to the Joe Rogers

*Dream Alive Program*

Wednesday, February 4 • 10 a.m.

Sidney J. Lee Auditorium, Schafer Hall • Bismarck State College

FREE – Open to the Public

Dream Alive is dedicated to the memory and legacy of Martin Luther King Jr. and the leaders of the Civil Rights Movement. Joe Rogers represents a new generation of American leadership.

Ebony called him a "political trailblazer."

The New York Times wrote he is a "young, articulate, energetic ... and well-prepared newcomer."

His presentation has been described as "uncanny, electrifying, spellbinding, awesome, touching like King was in the room."

More Information: Erik Cutler, BSC Multicultural Program Coordinator  
701-224-5798, Erik.Cutler@bsc.nodak.edu



# Staying in School...

Continued from page 15

ed. With only a month before the beginning of student teaching, we moved to a new apartment and worked to make it into a home for us. Despite the setback, life moved along fine.

During my student teaching I came upon some new barriers. I student taught in 6<sup>th</sup> grade for eight weeks and 2<sup>nd</sup> grade for another eight weeks in the Bismarck Public Schools. During that time I was challenged to understand the many different views of parents, teachers and students. I encountered some prejudice and racism, but I never took it upon myself to absorb those feelings. Instead I stood tall and said to myself, "I'm from the rez and I AM a real fighting Sioux." I knew

*"As time went on, school felt like it was never going to end. Each semester became a struggle. I always had to find a reason to finish."*

I had strong values: courage, generosity, wisdom and fortitude. No one could take those away from me. The experience made me a better person than I thought I could be.

When May arrived it was time for graduation. Because of the price of gas at the time, my family caravanned in two cars from Allen, SD, six hours away. I was ecstatic that they came to see me graduate with a Bachelors Degree. I was the first one in my immediate family to earn a Bachelors Degree.

It was a proud moment for me. I was grateful that my grandma was there to see me. On the way up to get my diploma, my mom gave me a hug and said she was going to walk me up to the stage. That did it. Tears fell from my eyes like rain. "I did this," I told myself as I walked across

the stage. Fourteen years after I vowed to graduate from college, my goal was achieved!

After graduation I finished the second part of my student teaching in Special Education at Loneman School, Oglala, SD. Now I'm waiting for my teacher's certificate. I work in a self contained classroom and I enjoy every minute of teaching.

Recently, when I saw my friends who are still at United Tribes, I said to them: "I'm here to tell you that school really does end."

I told them I know what they're going through. And I can tell you this: everything passes, even the worst times you have in school. If you stick it out, you continue down the road and you are grateful.

I believe that absolutely nothing happens in this world by mistake. Everything will make you a better person. And when you achieve your goal, like I did, you look back and know how important it was that you stayed in school.

My school days are not over. I plan on getting a Masters degree and after that a Ph.D.

Why a Ph.D.? Well because while growing up I would always say, "If my grandpa was alive, I'd be a doctor." In his honor, I will.

*Emmaline Tallman Fillspipe completed her BS degree in Special Education and Elementary Education from Sinte Gleska University in December 2008. She participated in the Prairie Alliance for Special Education Program (Department of Education/OSEP), a partnership between UTTC and SGU to increase the number of highly qualified special education teachers. She is now a teacher at Loneman School, Oglala, SD. Emmaline wrote of her college experience to share encouragement with others who may encounter difficulty on their higher education journey.*

- Editor

## Apply Early For Tribal Funding!

In order for students to receive the best possible chance of obtaining tribal funding, we encourage you to Apply Early!

Classroom training assistance includes: tuition & fees, books & supplies, and student subsistence. Applicants seeking participation in the Workforce Investment Act (WIA) program for classroom training services must complete the following:

### WHY APPLY EARLY:

- Deadline dates vary for every tribal funding agency
- Awards are based on availability of funds
- Priority for selection maybe awarded on a first come first serve bases

### FUNDING MAY BE DENIED FOR:

- Missed deadline date
- Incomplete files
- Did not apply

### DOCUMENTATION REQUIRED:

- Acceptance letter from educational institute
- Financial needs analysis (budget) – from financial aid officer
- Semester grades / mid-term grades
- Class schedule
- Criteria submitted may vary for new and returning students
- To ensure application completeness, contact and follow up with funding agency frequently.

To be eligible for Workforce Investment Act (WIA) classroom training assistance, **ALL** students **MUST** apply with home funding agency first.

### APPOINTMENTS / QUESTIONS:

The Workforce Investment Act office (WIA) is located in building # 61. The office is open Monday-Friday from 8 -5 pm. Call (701) 255-3285 ext.1229 / 1232 for assistance.



# WE CAN HELP

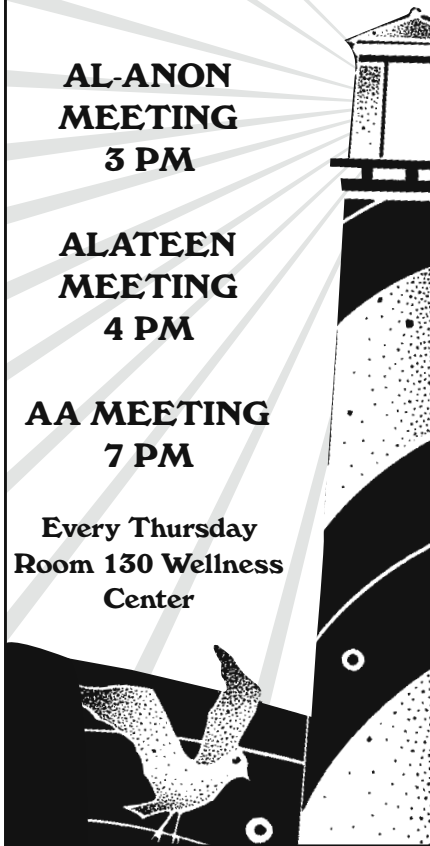
*you find your way*

**AL-ANON  
MEETING  
3 PM**

**ALATEEN  
MEETING  
4 PM**

**AA MEETING  
7 PM**

**Every Thursday  
Room 130 Wellness  
Center**



# CEU OPPORTUNITIES

UTTC is proud to launch several learning opportunities for students and employees during the Spring 2009 semester. Students and employees who have not completed an AAS degree may enroll in the courses for college credit. Employees who have completed any college degree may enroll in the courses for CEU's.

## FREE LEARNING

**You read it right! These learning opportunities are FREE to anyone who enrolls & completes the course.**

### Advising for Success Courses

#### \*Open to Employees

This course is for anyone who advises or teaches students and uses computerized programs within those roles. Another goal of the course is to further develop a stronger team relationship between UTTC faculty, student support services staff, administrative, and other advisors.

Choose 1 session to attend. Course results in 2 CEU's or 1 credit.

- Session A) March 9<sup>th</sup> & 12<sup>th</sup> (Spring Break), 9-12 a.m.
- Session B) March 24<sup>th</sup> & 26<sup>th</sup>, 4:00 to 7:00 p.m.
- Session C) March 31 – April 2<sup>nd</sup>, 4:00 to 7:00 p.m.

### InfoMaker Courses

#### \*Open to Employees

This course will help you get started in using InfoMaker with the EX database. You will be introduced to Profiles, Libraries, Report Objects, and Queries and learn how to manipulate the look of your reports. This course is designed for employees who work with Jenzabar EX and need to be able to run, manage, change, or develop reports using EX data.

Dates: TBA

### Technology Applications Courses

#### \*Open to all Students & Employees

These courses focus on practical application of various Microsoft Office 2007 programs. Each session focuses on a specific program so that you will have time to use the newly learned information. Additional tasks will be assigned to accomplish independently. Each session equals 2.0 CEU's or 1.0 college credit.

Course	Dates	CEU or Credit
<b>Beginning Level:</b>		
Word 2007	Feb 9 & 23	2 CEU or 1 credit
Excel 2007	Feb 10 & 24	2 CEU or 1 credit
Outlook 2007	Feb 11 & 25	2 CEU or 1 credit
PowerPoint 2007	Feb 12 & 26	2 CEU or 1 credit
<b>Intermediate Level:</b>		
Word 2007	Mar 16 & 23	2 CEU or 1 credit
Excel 2007	Mar 17 & 24	2 CEU or 1 credit
Outlook 2007	Mar 18 & 25	2 CEU or 1 credit
PowerPoint 2007	Mar 19 & 26	2 CEU or 1 credit
<b>Advanced Level:</b>		
Word 2007	Apr 6 & 20	2 CEU or 1 credit
Excel 2007	Apr 7 & 14	2 CEU or 1 credit
Outlook 2007	Apr 18 & 25	2 CEU or 1 credit
PowerPoint 2007	Apr 19 & 26	2 CEU or 1 credit

# WIC

**Supplemental Nutrition  
Program for  
Women, Infants, & Children**

**Welcome to all Students  
and Families!**

**Clinic Hours are:**  
Monday 1- 5 pm  
Friday 8 -12 pm

**BY APPOINTMENT ONLY**

**Please call for your appointment**  
Tara Fox, WIC Certified Professional  
701-255-3285 x 1316 • Fax: 701-530-0622



United Tribes Technical College  
3315 University Drive  
Bismarck, ND 58504

## THE PEOPLE AND THE LAND ARE ONE

*"We have always been here. Since the land was made. The land has been taken from us piece by piece. We have fought for this land we have. We have died for it. We are still here. We are still home, but we are losing the land."*

POWERFULLY TOLD  
EDUCATIONAL STORY FROM  
THE POINT OF VIEW OF TRIBAL  
ELDERS & TRIBAL MEMBERS

CD ROM AND DVD PACKAGE

Tells about the loss of Indian land, fractionated interests, trust land, barriers to land use, and land recovery.

*"One does not sell the land people walk on."*

— Crazy Horse

For American Indian young people in middle school, high school and college ~ tomorrow's Indian leaders ~ to take action to keep our land, keep our culture & keep our future

Suitable for General Audiences

Includes Guidebook, Teaching Resources and Strategies for beginning the process of restoring American Indian homelands

Choose from two reservation settings: Standing Rock Sioux or Rosebud Sioux Tribes

**AVAILABLE NOW**

**\$20.95 plus Shipping & Handling**

**UNITED TRIBES BOOKSTORE**

Jack Barden Center • Lower Level  
3315 University Drive  
Bismarck, ND 58504  
Office: 701-255-3285 x1460  
Online Store: 701-530-0667  
Toll Free: 866-643-8882  
Fax: 701-530-0627





# UNITED TRIBES THUNDERBIRDS



**CHANGE OF DIRECTION:** T-Bird freshman Rainbow Good Bear puts on the brakes to avoid the double-team of two Dawson Community College defenders.



**OFF HAND:** Jenna Skunk Cap uses her left-handed move in a win January 10 against two defenders from Dawson Community College.



**FAN-TASTIC:** April Three Fin-gers helps the home crowd practice their wave maneuver during a Thunderbirds pep rally. United Tribes News Photos Dennis J. Neumann

## THUNDERBIRDS FEBRUARY SCHEDULE

DATE	OPPONENT	TEAMS	TIME
Feb. 1	Lake Region State College	M&W	1-3
Feb. 5	Bismarck State College	M&W	6-8
Feb. 8	MSU-Bottineau	M&W	2-4
Feb. 9	Williston State College	M&W	6-8
Feb. 15	NDSCS-Wahpeton	M&W	2-4
Feb. 17	MSU-Bottineau	M&W	6-8
Feb. 21	Turtle Mountain Community College	M&W	6-8

HOME GAMES IN BOLD

## Harvard No Tuition

Harvard University has announced that undergraduate students from low-income families will pay no tuition. The policy applies to families earning less than \$60,000 a year with an honor student graduating from high school. No tuition and no student loans.

To learn more visit Harvard's financial aid website: [www.fao.fas.harvard.edu](http://www.fao.fas.harvard.edu)



# Cradle in the Classroom... Continued from page 6

ing philosophy to make education work for them by making my classroom a child-friendly environment. My office phone rang while I sat reading student essays last October, and a quiet, worried voice asked, "Hi Tanya, this is Cree. My baby

Nayln is sick today, and his daycare wants me to pick him up. What should I do?" Instinctively, I said, "If he's not too sick, you can just bring him to class with you." And she did. I taught a short lesson; then I held Nayln and gave him a bottle while

Cree finished her final project with her collaborative group. Cree didn't miss her class, and the other students enjoyed seeing the tiny visitor.

Since then, other students occasionally brought their kids to class in an emergency. A few times, parents have had to take their children out of class for a short break. But most of the time, the kids were hardly noticeable. I kept a basket of crayons, toys, fruit snacks, and Play-doh by my office door to encourage parents to come to me for help—even if they don't have a babysitter. My students knew they could call ahead and get assignments, attend other sections of the same class or submit assignments by e-mail in a crisis. One student, Jackie, had her baby mid-semester and still got a B+ on the final test because of the afternoons I spent tutoring her. She came by every few months to visit and show off her beautiful baby girl.

I know I can't go back and change what happened with Sahel. But I can make sure that the women I teach now feel empowered to achieve their educational goals without neglecting their families. The result is increased attendance and retention rates as well as better rapport with students. There are definitely times when my office looked more like a daycare than a college, but I was happy to pick up the toys, knowing that their mothers came back to learn again tomorrow.

## ABOUT THE AUTHOR

Tanya Spilovoy is a teacher, writer and mother. She graduated from Hamline University with a MAEd in Education with an Emphasis in English as a Second Language. She taught at grade schools, high schools, and universities in Beijing, PR China, Minnesota, and until recently, was an English Instructor at United Tribes. This essay has been selected to be published in the forthcoming book: *Empowering Women through Literacy: Views from Experience*, which is part of the series, *Adult Education Special Topics: Theory, Research & Practice in Lifelong Learning*, Mev Miller, Ed.D. and Kathleen P. King, Ed.D. (eds.).

## UTTC students research... Continued from page 12

reachable without everyone committing to it and working so well as a team. Even when the dreaded time obstacle kept rearing its ugly head, [the group] stayed positive and solved each issue as it arose together."

Ramona Saragosa said the project helped open her eyes to the entire campus. "I really enjoyed working on this project; I had a blast. It's fun to interact with different people on campus that you never see from different vocations and see who has access to what and when. No one really thinks about the students who do not have 24-hour internet access, and when they need it most, it's not available to them. I never realized how much of an issue this can be for the students who do not have it until I got involved with this project."

The data for the time study will be analyzed as part of Phase III of the overall project. However, the students did conduct some preliminary analysis of the survey and time study tool and noted the following:

- 73% surveyed own a computer (a higher-than-expected rate)
- One-third of the students who own a computer do not have internet access; 60% of the representative sample of students do not have regular access to the internet
- Those who do not have regular access gain access during business hours through the UTTC computer labs (44%), UTTC classrooms (39%), and other (17%).
- Those who do not have regular access gain access after business hours (evenings and weekends) through friends and family (39%), the UTTC computer lab (17%), the public library

(11%), and other, while the remaining students (28%) do not have access at all to the internet on evenings and weekends.

After looking at the results, the group realized there might have been some bias in looking at only internet usage and the type of web browsing students may be doing. Preliminary findings show that despite income or familial status, almost everyone had and used cell phones regularly. This will be cause for more exploration in the next phase of the project.

Student participant Rolynn Clown says she sees the benefits of the project going beyond recommendations, however. "I felt the team put in a great effort to obtain information from not only the students but from others like teachers, staff, and community members. Everyone was so excited and very supportive about what the study is about. I've come to appreciate how everyone needs to participate [in studies like this one] like parents, teachers, staff, and other schools to form a network and share ideas on how to implement technology in the classrooms where everyone would learn from each other."

Fellow student researcher Deanna Saragosa agreed that the learning experience goes beyond the data obtained. "From this I've learned to have more self-confidence and not be afraid to try something that may seem impossible or too challenging for me. I learned a lot about myself, technology, my culture, and especially teamwork!"

The study will conclude this semester with the final phase of the project. Any new students wanting to get involved with the project can contact Cheryl Long Feather, Research Director, x 1491 for more information.

Programs by NDSU Extension Service/  
Region VII Parenting Resource Center

PRINCIPAL



all about...

### POSITIVE Discipline

- This series will focus on positive discipline techniques with children. This series will also emphasize parental anger management techniques.

6:30-8:30 pm

Wachter Middle School  
1107 S. 7th St • Bismarck, ND

- February 4....."What To Do When You Are Tempted to Shake, Hit & Spank"
- February 11....."What To Do When You Are Tempted to Yell and Threaten"
- February 18....."Disciplining Kids without Screaming & Scolding"
- February 25....."The Spanking Controversy"
- March 5....."Styles of Parenting"

### ACTIVE Parenting of Teens

- Understand developmental changes
- Communicate effectively with teens
- Prevent and handle drug and alcohol use
- Discipline while teaching responsibility
- Encourage positive behavior
- Explore conflict resolution

6:30-8:30 pm

Wachter Middle School  
1107 S. 7th St • Bismarck, ND

- February 3....."Responsibility and Discipline"
- February 10....."Cooperation and Communication"
- February 24....."The Problem-solving Family in Action"

Strengthening Lifestyles will provide transportation, Sign up early.

More information: Tamera Marshall,  
Strengthening Lifestyles Family Specialist,  
701-255-3285 x 1492



Program by NDSU Extension Service/  
Region VII Parenting Resource Center

February 12, 6-9 pm  
Morton County Courthouse  
Room 100

210 2nd Ave NW • Mandan

★ How to get children to stop negative behavior

★ How to encourage good behavior

★ How to handle misbehavior in public

Strengthening Lifestyles will provide transportation

Sign up early



More Information:  
Tamera Marshall,  
Family Specialist,  
701-255-3285  
Ext. 1492

### parental ANGER management



Anger is a normal emotion. Learn how to identify physical cues and triggers, as well as how to appropriately manage anger.

March 11 • 6:30-8 pm  
Morton County Courthouse  
Room 100

210 2nd Ave NW • Mandan, ND

Program by NDSU Extension Service/  
Region VII Parenting Resource Center

Strengthening Lifestyles will provide transportation; sign up early.

More Information:  
Tamera Marshall, Strengthening Lifestyles  
Family Specialist, 701-255-3285 x 1492

## UNITED TRIBES Circle of Parents

Regularly Scheduled Noon Luncheon Meetings

Lewis Goodhouse Wellness Center • Wellness Classroom

February 3, 10, 17, 24

Programs by NDSU Extension Service/Region VII  
Parenting Resource Center

**INCENTIVES FOR ALL PARTICIPANTS!**

**More information:**

Tamera Marshall, Strengthening Lifestyles Family  
Specialist, 701-255-3285 x 1492



# THEODORE JAMERSON ELEMENTARY



# TIDBITS

BY GLENNA MUELLER, Theodore Jamerson Elementary School

## Science Fair

TJES students in grades 3-8 participated in the local science fair on November 21. After the judging was complete, awards were presented and the following students were selected to attend the state science fair January 19 in Bismarck. Any child placing first at the state science fair will be eligible to attend the national science fair in St. Paul, MN March 26-28, 2009.

## WINNERS

### 1st Place

Ellitta Iron Eyes – 7th  
Kieran Lindeman – 5th  
Emily Davis – 4th  
Randal Eagleshield – 5th

### 2nd Place

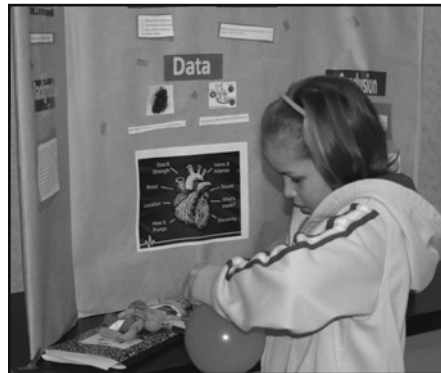
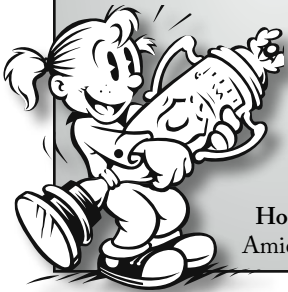
Theodore Teeman – 7th  
Marlaysia Cloud – 5th  
Trevan Long Feather – 4th

### 3rd Place

Haily Menz – 7th  
Draven Medicine  
Horse – 5th  
Elissya Feather  
Earring – 4th  
Sage Arpan – 4th

### Honorable Mention

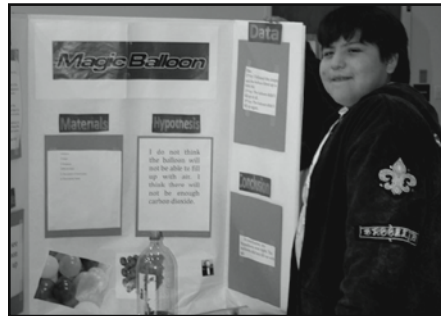
Amiera Bissonette – 5th



Emily Davis - 4th grade



Jelani Foote, Trevan Long Feather - 4th grade



Theodore Teeman - 7th grade



Michael Teeman, Talen Bissonette and Tayson Long Feather - 3rd grade

## Circle of Youth Dream Catcher Project

### Reading is Fundamental

TJES holds four Reading Is Fundamental (RIF) Days per year. Each student and the UTTC Pre School receive a free book on RIF Day. TJES is sponsored by a local Bismarck Kiwanis Club this year, matching our federal funds allotment. The next distribution will be held on February 13 in the RMC building.

### Upcoming TJES Events

Jan. 31: Math Mania Day, 10 am- 12 pm  
Feb. 13: RIF Day at TJES  
March 9 – 13: Spring Break

### A Substance Prevention Program for TJES Youth

Circle of Youth will meet each Thursday at United Tribes, Lewis Goodhouse Wellness Center, Wellness Classroom, at 4:30 pm for Education and Activities and at 7 pm for Community Events. It is open to all TJES 4th, 5th, 6th graders. Parents are strongly encouraged to attend the monthly community events. For more information call us at 701-255-3285, Julie Cain x 1276 or Ruth Buffalo-Zarazua x 1357.

Feb. 5 Education #7 – Coping Skills and Respect

Feb. 12 Activity #7 – Coping Skills and Respect - “Develop a Support System”

Feb. 19 Activity #8 – Hand games

Feb. 26 Community #5 - “Parent/Child Relationships Family Dynamics” – Betty Anhorn

# United Tribes group attends Inaugural Parade

A hardy group from United Tribes braved hours and hours of cold weather in the nation's capital January 20 to march in the Inaugural Parade for President Barack Obama. These are some images that were available at press time.



Left and above, the United Tribes group is seen passing the presidential reviewing in these two images from TV networks.



Like people around the nation, United Tribes staff and students gathered near TVs to view the parade and Presidential Oath Ceremony.

## United Tribes Group – Inaugural Parade

Alyssa Alberts, Three Affiliated • Vonnie Alberts, Three Affiliated  
 Lawrence Baker, Three Affiliated • Rylan Baker, Three Affiliated  
 Sidrick Baker, Three Affiliated • Earl DeCoteau, Turtle Mountain  
 Justin Fox, Three Affiliated • Austin Gillette, Three Affiliated  
 Jodi Gillette, Standing Rock • Dustin Krueger, Three Affiliated  
 Louis "Buster" Laundreaux, Cheyenne River Sioux Tribe  
 Wes Long Feather, Standing Rock • Howard Longie, Turtle Mountain  
 Carlisle Truman Mahto, Three Affiliated Tribes • Phillip Reeves, Three Affiliated  
 Robert Shepherd, Sisseton-Wahpeton Oyate • Janet Thomas, Standing Rock  
 Mike Vann, Turtle Mountain • Joseph Yankton, Spirit Lake



Carlisle Truman Mahto, Three Affiliated Tribes



Participants from left: Howard Longie, Dustin Krueger, Mike Vann, Earl DeCoteau and Buster Laundreaux.



Participants from left: Vonnie Alberts, Joseph Yankton, Alyssa Alberts, Robert Shepherd, Jodi Gillette and Wes Long Feather.

# Are you in this photograph?



**ALUMNI SEARCH:** Looking good in the 1970s, a student group on the steps of the education building at United Tribes Technical College. As UTTC enters its 40<sup>th</sup> anniversary year, we want to hear from the people who matter most. College President David Gipp estimates that perhaps 13,000 or more students attended since classes began in 1969. Quite the extended family! And we want to hear from you. Please e-mail 40<sup>th</sup> Anniversary Chairman Scott Davis (sdavis@uttc.edu) and tell him how you are doing. And, if you are in this photo, let him know which one of these proud indigenous learners you are.

NONPROFIT ORG.  
U.S. POSTAGE  
PAID PERMIT  
NO. 46  
BISMARCK, ND



UNITED TRIBES NEWS is published monthly by the Office of Public Information and Arrow Graphics, divisions of United Tribes Technical College, 3315 University Drive, Bismarck, ND, Dr. David M. Gipp, President

### MISSION STATEMENT

United Tribes Technical College is dedicated to providing American Indians with postsecondary and technical education in a culturally diverse environment that will provide self-determination and economic development for all tribal nations.

### Editorial Content

Editor: Dennis J. Neumann, Public Information Director  
701-255-3285 x1386, opi@uttc.edu

Design & Layout: Andi Gladson, Graphic Artist  
701-255-3285 x1437, agladson@uttc.edu

Email articles and/or photos as separate attachments to opi@uttc.edu. Include photo credits. **DO NOT PLACE IMAGES DIRECTLY INTO TEXT DOCUMENTS. NO HARD COPIES ACCEPTED.**

### Circulation & Distribution

Circulation Manager: Andi Gladson, Arrow Graphics  
701-255-3285 x1437, agladson@uttc.edu

To be added to UTN's mailing list or to change your mailing address please contact us via email at agladson@uttc.edu.

Arrow Graphics is a full-service print shop that provides a full range of design and printing services that is available to the general public. For more information give us a call at 701-255-3285 or toll-free at 888-643-8882 Ext. 1296.



**DEADLINE FOR NEXT ISSUE: 5 PM - FEBRUARY 11, 2009**

United Tribes Technical College  
3315 University Drive  
Bismarck, North Dakota 58504  
www.uttc.edu

