

CHNICAL COLLEGE

Sculpture defaced prior to dedication

Student artists maintain spirit

BISMARCK (UTN) - Even before the city of Bismarck and United Tribes Technical College could unveil their latest public art collaboration, vandals defaced the new sculpture in a city park here.

UTTC Art-Art Marketing students had labored long hours over the summer to create a 12 foot tall sculpture called "Reflections." It depicts a larger-than-life eagle with its wings enfolding a steel globe that represents "Mother Earth."

One day before a planned dedication program, the six-foot diameter stainless steel gazing ball was found loosened from its concrete foundation. Upon it was written a racial slur followed by an obscenity: "I didn't get my check this month. How about You? Mother---er!"

"I was pretty stunned," said Jeremy Joe Pettigrew (Oglala Lakota), Wounded Knee, SD, one of the artists. "Didn't that die out in the 50s? Why are people still being racist towards American Indians?"

"It just makes me so mad I don't know what to say," said Josie Denise Redday (Sisseton-Wahpeton Oyate), Bismarck. "They didn't see all the work we put into this. It's supposed to be something for everyone to enjoy."

City workers removed the writing, which looked like it had been done with a magic marker, and the dedication program

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Prayer Starts Each Day



WELLNESS CENTER RITUAL: Staff members gather in the ceremonial room of the Lewis Goodhouse Wellness Center at UTTC. "More and more people are asking about the morning prayer," said Dennis Renville (Sisseton-Wahpeton), Wellness Center director. "Everyone in the campus community is invited. It's very informal." Promptly at 8 a.m. they gather in the circular room with the skylight view and say prayers for the day. "It's a way to acknowledge the creator; a way to put the creator first in our lives," said Russell Gillette (Arikara), a counselor who leads the non-denominational prayer. "It's a practice we inherit from generations of our people."

Fallen warriors honored in campus ceremony



RIBBONS TO REMEMBER: Bernard Strikes Enemy, a member of the United Tribes staff, searches for the appropriate spot to tie a ribbon to a cedar tree. The act of remembrance was part of a Yellow Ribbon Ceremony October 25 near the college's front entrance. Strikes Enemy honored the memory of his nephew, Sheldon R. Hawk Eagle (Cheyenne River), who died in 2003 while serving in Iraq. Members of all branches of the military were represented at the program, which was organized and conducted by the UTTC Student Senate. UTN photo Dennis J. Neumann



LeRoi Laundreaux's Lunch Menu

Includes 2% or Skim Milk, Coffee or Tea and Salad Bar, Fresh Fruit, and Vegetables. Menu subject to change.

Cafeteria Hours: Breakfast ~ 7:00 - 8:30 am • Lunch ~ 11:30 - 1:00 pm • Dinner ~ 5:00 - 6:30 pm

All Students Must Show ID - NO EXCEPTIONS!!

Menu

	Nov. 27 - Dee. I	December 4-8	December 11-15	December 19 - 22
M	Sloppy Joe & Potato Chips	Grilled Ham & Cheese Sandwich w/ Soup	Grilled Cheese Sandwich & Tomato Soup	Ham & Bean Soup w/ Frybread
dh.	Ham & Bean Soup w/ Frybread	Hotdish (Cook's Choice)	Braised Beef Over Noodles	Pizza (Cook's Choice)
W	Roast Beef & Mashed Potatoes	Roast Beef & Mashed Potatoes	Chicken & Mashed Potatoes	Oven Baked Chicken & Mashed Potatoes
47	Hard Shell Tacos w/ Assorted Toppings	Pizza (Cook's Choice)	Spaghetti & Garlic Toast	Hamburger & Fries
7	Chicken Stir-Fry w/ Rice & Eggroll	Hamburger & Fries	Taco Salad w/ Assorted Toppings	Burrito, Spanish Rice & Refried Beans

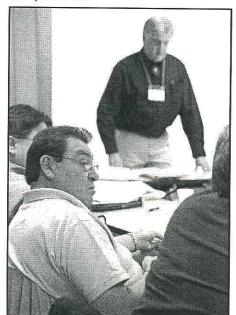
KODA THE WARRIOR "What Are You Waiting For?"

CREATED BY MARK L. MINDT SPIRIT LAKE NATION



Tribal planners aim for training and certification

BISMARCK (UTN) – You've heard the saying that "failing to plan" amounts to the same as "planning to fail." Some people who do planning for a living hope to avoid that problem when it comes to their own profession.



Spirit Lake Tribal Planner Kenneth Greywater Sr., Fort Totten, ND, foreground, listens to discussion about a certified training program during a session for tribal planners at United Tribes Technical College. UTN photo Dennis J. Neumann

A group of tribal planners is promoting a program of training and certification for people in their line of work. They see it as a necessary first step to improve reservation economic development.

Two dozen planners launched their idea at the "Tribal Planners Certification Training Program," October 23-27 at United Tribes Technical College. It would be the only formal training program in the country designed specifically for planners in the tribal setting.

"Tribal planners do go to training ses-

sions offered by national economic development organizations," said Barbara Schmitt, director of the United Tribes University Center and coordinator of the tribal planners training program. "I've taken the economic development and planning courses and they focus only on the city, county and state aspect."

Schmitt said she found nothing in any educational program that offers an understanding of the tribal experience.

"No comprehensive training or teaching materials about tribes," said Schmitt.
"Nothing about the government structure or sovereignty or their situations as it regards economic development and planning."

Tribes are unique when it comes to the kind of economic conditions they face, according to Schmitt. Most have little to work with in terms of existing business or community infrastructure. Access to financing can be complicated. The numerous programs and projects that tribes are involved in present a dizzying array of guidelines, regulations and reporting requirements.

Tribal planners are forced to become "Jacks of all trades," said Schmitt, as they try to respond as best they can to the needs of the tribe.

"As a tribal planner you're not just dealing with planning questions," said Kenneth Greywater Sr., a planner with the Spirit Lake Nation, Fort Totten, North Dakota. "You're involved in grant writing, construction, administration, and a whole lot of other things."

The move toward training and certification started several years ago when North Dakota tribal planners began meeting to discuss mutual concerns.

"Structurally there isn't much difference between the work of planners in the

mainstream and tribal planners," said Greywater.

The difference is in who tribal planners deal with and how much is expected.

"Planning should be planning," said Greywater. "We should do it and be able to turn over the results to someone else. Doing it all from start to finish is not the best use of tribal planners."

And then there's the problem of who gets hired into tribal planning offices. Elected tribal officials occasionally succumb to the temptation of rewarding someone with a job. This, so called, "dumping" of unqualified personnel is another reason for pursuing professional standards.

With training and certification, tribes would have a way to get better trained planners who could meet professional standards.

"They have professional credentials in other lines of work," said Greywater. "An approved process for training in this job is just a good thing that would bring more credibility to the work of tribal planning."

Those attending the session at United Tribes began work on forming the curriculum and standards for a certificate or degree granting program through UTTC. Represented were 16 of the 30 tribes in Denver Region VIII. Those present receive funds from the Economic Development Administration to support tribal economic development personnel.

EDA support would be needed for the training and certification program, which could be offered online and through tribal colleges coordinated by UTTC.

Tribal planners hope that a certified program will bring more recognition to their work and improve the status of their jobs, and result in more success as they develop the infrastructure and economy of tribal communities.

Comings-and-Goings

CAROL A. ANDERSON, Business Management instructor, IEFFERY McDOW-ELL, Computer Support Technology instructor, and WANDA W. AGNEW, former UTTC Land Grant director, are included in the 2005-06 edition of Who's Who Among America's Teachers, published by Educational Communications, Inc., Austin, TX.

Schedule for Final Examinations December 11-14

	Monday	Tuesday	Wednesday	Thursday
8:00	Classes held M/W	Classes held T/H	Classes held M/W	Classes held T/H
	8:00	8:00	1:00	2:00
10:00	Classes held M/W	Classes held T/H	Classes held M/W	Classes held T/H
	9:00	9:00	2:00	3:00
1:00	Classes held M/W 10:00	Classes held T/H 10:00	Classes held M/W 3:00	Classes held Friday
3:00	Classes held M/W	Classes held T/H	Classes held T/H	Classes held Friday
	11:00	11:00	1:00	PM
Evening	All M/W Evening Classes	All T/H Evening Classes		5 ***

Survey polls traffic safety issues

By Michelle Schoenwald, Injury Prevention Instructor



Several students take the traffic safety survey on September 28 during the Wellness Week Health Fair. UTN photo

UTTC students in the Traffic Safety course of the Injury Prevention Program administered a traffic safety survey during college's Health and Wellness Fair. Fifty two students, faculty and staff members answered a series of questions polling their knowledge, opinions, and behavior on traffic safety issues.

86.5 percent correctly selected motor vehicle crashes as the leading cause of death for North Dakotans age 1-34

Only 32.7 percent knew that the penalty for violating North Dakota's child passenger safety law is \$25 and 1 point. 32.7 percent thought the penalty was \$100 and 30.8 percent thought the penalty was \$50 and 2 points.

58 percent agreed that a booster seat was the best type of restraint for a 7-year old child who weighs 70 pounds and is 4'3" tall. 34 percent incorrectly believed a lap and shoulder belt was appropriate for the child. (The National Highway Traffic Safety Administration recommendations that children use booster seats until they are 80 pounds and 4'9" tall).

Sobriety Checkpoints – Seat Belts – Child Passenger Safety

- 69.2 percent "Strongly Agreed" that sobriety checkpoints are an important way to help reduce alcohol-related deaths and injuries.
- 51.9 percent "Strongly Agreed" that North Dakota's seat belt law should be a primary enforcement law, meaning a driver could be stopped if an officer observed him/her not wearing a seat belt.
- 19.2 percent "Strongly Agreed" and 50.4 percent "Somewhat Agreed" that most North Dakota drivers are obeying the state's child passenger safety law.

Safety Behavior

- 59.6 percent reported they "Always" wear their seat belt when they ride or drive in a vehicle.
- 76.9 percent reported they "Never" wear a bike helmet when riding a bike.
- 34 percent reported using a cell phone "Frequently" when driving, 44 percent used a cell phone "Occasionally" and 22 percent reported they "Never use a cell phone when driving.

United Tribes December Calendar

4-6ACT Compass Testing/Spring 2007	14Semester Grades Di
5Native Research Lecture, 3 p.m. JBC	15Fall Honoring Progra
11-14Final Exams	18 Winter Break Begir
Detailed activities schedule available from Stre	engthening Lifestyles Dept. x 1391, 1261, 1323

Native Nation Building

Groundbreaking TV series exploreing contemporary indigenous sovereignty, governance and development. Produced by the Native Nations Institute, University of Arizona.

- "Introduction to Nation Building" Monday, November 27 @ 2 p.m. Wednesday, November 29 @ 8 a.m. Thursday, November 30 @ 9:30 p.m.
- "Constitutions and Constitutional Reform" Monday, December 4 @ 2 p.m.
 Wednesday, December 6 @ 8 a.m.
 Thursday, December 7 @ 9:30 p.m.
- "Rule of Law and Tribal Justice Systems" Monday, December 11 @ 2 p.m. Wednesday, December 13 @ 8 a.m. Thursday, December 14 @ 9:30 p.m.
- "Building and Sustaining Tribal Enterprises" Monday, December 18 @ 2 p.m.
 Wednesday, December 20 @ 8 a.m.
 Thursday, December 21 @ 9:30 p.m.
- 5. "Tribal Citizen Entrepreneurs" Monday, December 25 @ 2 p.m. Wednesday, December 27 @ 8 a.m. Thursday, December 28 @ 9:30 p.m.

Bismarck-Mandan Community Access TV Cablecast on Channel 12 Streamed on the web: www.freetv.org

"CIRCLE OF PARENTS" SUPPORT GROUP

Parenting children has many joyful and rewarding moments as well as challenges.

Parenting can be hard, especially when dealing with the challenges of today peer pressure, anger, depression, alcohol & media influences.

Kids depend on us, and sometimes it may seem like none of us could have enough time, strength or wisdom to give them everything they need.

CIRCLE OF PARENTS

Offers meetings for anyone in a parenting role. Help from other parents, who might have a good idea of what you're experiencing. We <u>never judge</u> other peoples situations or stories.

> Wednesdays at 12:00 noon JBC LOWER LEVEL Lunch provided at no cost

UTTC students are encouraged to attena. Monthly door prize drawing for those that attend. Please feel free to stop in at any meeting

Questions call Eveleen Cook x. 1391, 1454

Out with the Old, In with the New:

'Tis the Season to Ring Home Food Safety Traditions

Eat, drink and be merry this holiday season with simple home food safety tips from the American Dietetic Association. Kick out old habits and start new traditions!

Reckless Thawing

Old Habit: More than one out of four Americans admit to thawing frozen turkey or other main meat dish on the kitchen counter, in the oven or even under hot water in the kitchen sink.

New Tradition: To prevent the spread of harmful bacteria, frozen meats should be thawed in a refrigerator set below 40 degrees Fahrenheit. Or, if pressed for time, you can thaw a wrapped frozen turkey (breast side down) in a sink filled with cold tap water, making sure to change the water every 30 minutes.

Holding Out on Hot Stuff

Old Habit: When preparing a cooked dish that needs to chill (for storage or serving purposes), nearly four out of five home cooks think it's necessary to wait until foods cool before putting them in the refrigerator.

New Tradition: Waiting can give bacteria a chance to grow. To ensure the freshness and safety of your freshly cooked foods, place them promptly in the refrigerator after cooling... no need to wait.

Covered Dish Delivery

Old Habit: Three out of five holiday revelers typically travel for at least one hour with their homemade holiday dish to a relative or friend's home.

New Tradition: Pay close attention to how much time passes from the minute you leave your house until your dish is eaten. If it will be more than two hours, consider packing your cold dish in a cooler and hot dish in an insulated bag to keep it safe and bacteria-free.

Rocking the Gravy Boat

Old Habit: While nearly three out of four home cooks remember to bring gravy to a boil before serving it, many forget the same rule also applies during the encore presentation. In fact, more than half just reheat left-over gravy in the microwave until it's hot before serving again.

New Tradition: To eliminate harmful bacteria, bring leftover gravy to a boil on the stove before serving it a second or even third time around.

To receive your free copy of *Turkey Day Food Safety* contact the UTTC Land Grant Extension Food Safety Program at (701) 255-3285 ext. 1399.

News for Current & New WIC Clients

WIC services for Women, Infants, & Children are provided on the UTTC Campus in the Skills Center Room 119-A. The UTTC WIC Program is open Tuesdays from 10 am – 2 pm and Fridays from 10 am – 3 pm. Please schedule an appointment to meet with the WIC provider for checks or to check eligibility.

UTTC WIC Office Hours: Tuesdays 10 am – 2 pm Fridays 10 am – 3 pm

Please call ext. 1316 (WIC), 1384 (Luanne), or 1234 (Jill) to schedule an appointment.

GOT THE HOLIDAY BLUES?

Then get into the holiday cheer with a Holiday Extravaganza dinner of Savory Turkey and Dumplings, Seasoned Fresh Green Beans w/Red Bell Peppers, and Cheese Straws.

Then enjoy a warm Apple Crisp Alamode with sprinkles of cinnamon-sugar.

Warm up with a hot cup of Coffee, Tea, or Water.





UTTC VETERANS

US ARMY

Daniel Larson
M.J. "Bud" Anderson
David L. Raymo
Wes Long Feather
Wayne Pruse
Alvonne Iron Thunder
Andi Gladson
Justin Riel Vivier
Angel Iron Star
Albinus Stockert
Mark Anderson
David Gipp
Carl Hohenstein
Margaret Redshirt-Trottier
Donald Cain

US MARINES

Mike Collins
Vince Schanandore
LeRoi Laundreaux
Louis Laundreaux
Heidi Everette
Joshua Logg
Anthony LaFromboise

US AIR FORCE

Russell Gillette Vernon Anderson Ron Newman Terry Moericke

US NAVY

Marcel Gierszewski Curtis Maynard Alvonne Iron Thunder David Bruning Lawrence Stockert Billie Eckiss, Jr.



The November 9 program was made possible by the UTTC Culture Committee (see pg.12)

UTTC students serve as election poll workers

ON THE JOB: Four UTTC students reported for poll worker duty on General Election Day, November 7, and worked from 6 a.m. until after the polls closed at 7 p.m. They had all received training through the ND Tribal Voter Education Project, coordinated by Bobbi Jo Zueger, and served as election clerks in precincts in and around Bismarck.



Billie Eckiss served with clerk Vernnica Sauter at the University of Mary



A voter checks in with Flo Burning Breast, who worked in the center of the action at Prairie Rose School. At right Tom Asbridge; at left Craig Dunn.



Mandie McLeod helps Alice Johns find a voter name on her list at the Riverside Golf Course precinct.



Nancy Galligo and Brenda Deihl study the ID card of a voter at Horizon Middle School.

ServSafe® Certification Courses

Sponsored by United Tribes Technical College Bismarck, ND

The UTTC Land Grant Extension program sponsors this food safety course for experienced food service workers and managers seeking professional certification or recertification with the National Restaurant Association Educational Foundation ServSafe® Food Protection Manager Certification Examination. The class size is limited to 25. The \$125 fee includes ServSafe® Essentials 4th Edition and exam fee.

For registration information and confirmed dates, times and places contact: Pat Aune, UTTC Extension Food Safety Educator, 701-255-3285 x 1399 or paune@uttc.edu.

UTTC Campus Bismarck

New Town, 16 hour classes

December 19, 2006, 9 hours March 5-6, 2007, 20 hours June 4-6, 2007, 20 hours

February 13 & 14, 2007 April 24 & 25, 2007 July 17 & 18, 2007

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United Tribes Technical College Staff Holiday Party

Friday, December 15 Prairie Knights Casino & Lodge 6:00 p.m.

RSVP to Annette Johnson x 1321 or email ajolinson.utic.edu by December 12 Each staff member allowed one guest

Please advise Annette about dietary needs Prairie Knights will provide a bus; please inform Annette if you wish to ride =

> Block of rooms - \$45 Call the casino directly to make reservations 1-800-425-8277

Door prizes and possibly an appearance by Santa!

Hope to see you there!

GIFT IDEA



2007 UNITED TRIBES INTERNATIONAL POWWOW CALENDAR

Only \$10 Each

Contact J. Louise Benson at Arrow Graphics to order yours today!

> 701-255-3285 ext. 1296 jbenson@uttc.edu

Opportunities in the Making

Student Scholarship Campaign
~ Payroll Deduction

UTTC employees are allowed to make a gift to the Opportunities in the Making Student Scholarship Campaign through payroll dedication.

No one knows the value of education better than you! Any amount you commit will become a vital part of the financial support needed for students to succeed in building better lives for themselves and their families.

Please make your pledge today! Your gift is tax deductible

Contact:

Brad Hawk, Director Major Gifts and Alumni Relations/ Research and Development Dept. x 1387 or bhawk@uttc.edu

CALL FOR ENTRIES:

Mind, Body, Spirit

Woman's Perspective Multimedia Art Exhibition

Seeking Entries: performing art, literary art, film, music, dance, and visual art works by female artists, writers, composers, musicians, performers, dancers, and teachers

January-March 2007 Fargo, ND and Moorhead, MN

Over 100 works exhibited: Heritage Hjemkomst Center, Concordia College, NDSU, Rourke Art Gallery, Nichole's Fine Pastry, Creative Arts Studio, Gallery 4, and Spirit Room

Additional events: artists working, drumming, small works of art, and classes and lectures

Sponsored in part by American Association of University Women-Fargo/Moorhead, Quilters' Guild of North Dakota, individual and corporate donors.

Entry FORM due no later than Friday, December 15

No required entry fees or dues More information: www.awp.handworks.

IT staffers earn certification



GOOD TO GO: Marla Trail and Frank Bosch attained the A+ certification, which is the standard for computer hardware and operating system knowledge, from Comptia, following testing administered by Pro-Metrics. They attended training at Connecting Point, and send their thanks to trainers Dan Durkee and Jennifer Klesalek. UTN photo Frank Bosch

Indian Land Tenure *Learn the Lingo*

Probate Court: When a person passes away, this court resolves any disputes over property and distributes legal title to land and other property to heirs. Trust property, such as land or money in an IIM account, is handled by the Administrative Law Judge, Department of Interior, Office of Hearings and Appeals. Non-trust assets, such as fee lands, vehicles, furniture etc. are handled by a state probate judge.

www.indianlandtenure.org

TEEN TALK

Tuesday, December 5 • 6:00 - 7:30 p.m. Lewis Goodhouse Wellness Center United Tribes Technical College

Teen Talk is a new program to assist teens in adopting a healthy lifestyle. They will learn about peer pressure, traditional value systems, spirituality, depression, drugs, alcohol, smoking, role models and more.

If you're interested, parents need to sign a consent form and return to Suzanne Shields @ Student Health Center in the Wellness Center.

DEADLINE: November 30

More Information:

Eveleen Cook, Strengthening Lifestyles x 1391, 1454

Suzanne Shields, Student Health Center x 1332

Carol Nichols, Baby Face Program x 1348



Sculpture defaced...Continued from page 1

was held scheduled on November 3.

"I don't really feel like celebrating anything right now," said Wayne Pruse, UTTC Art-Art Marketing program director, during the program. "We're supposed to be here to honor the students and their accomplishment. But with this, the prejudice takes over I probably had my head in the sand, thinking we were making some progress in this community. But, no. People will do this. They always do."

the community and change attitudes."

Mark Zimmerman, President of the Bismarck Board of Park Commissioners, expressed support for the students and their work.

"It was nice to see that the vandal did not destroy the spirit of the artists," said Deb Ness, Bismarck Chief of Police, who attended the dedication. "Their presentations were so delightful and their passion for their work showed through like sun-

> shine on a cloudy day. It was quite evident that they were not going to allow this destructive behavior take away from the true meaning of the sculpture."

> Ness said a police report will be filed and an investigation conducted

"No matter the walk of life, no no matter the col-

or, we are all together," said Gipp. "American Indians are a vital part of the Bismarck-Mandan community. We're not going any-

where; we're here to stay."

At the end of the program a teacher from the college said a prayer in Lakota and a traditional honor song was sung as 60 well-wishers shook hands, hugged, and congratulated the student artists.



Foreground, Mike Francis Gopher Jr. gestures to fellow artist Jeremy Joe Pettigrew about their sculpture, "Reflections," prior to the start of a dedication program November 3 in Bismarck, ND. United Tribes News photo

The sculpture was commissioned by the Bismarck Parks and Recreation District and located along a popular walking path near the Missouri River. It was the third of six public sculpture projects that the district and UTTC students have planned for the area.

During the program, Redday described what the "Reflections" sculpture stands for: "The majestic spirit eagle engulfs the globe with its powerful wings. Courageous eagles are seen as spiritual messengers. They carry prayers from the earth world to the spirit world."

Redday, Pettigrew, and another student, Mike Francis Gopher Jr. (Blackfeet), Chugiak, AK, recovered their poise in front of the audience of 50 and described with good humor their work over the hot summer, battling mosquitoes, and pushing the project to completion.

"Despite the vandalism, this work remains as a valid symbol of cultural sharing and unity," said David M. Gipp, UTTC president. "One of our goals for being involved with the parks district in constructing these eagle sculptures is to reach out to



Three students from the United Tribes Art-Art Marketing Program refused to let vandalism ruin the dedication program for "Reflections," their sculpture of an eagle enfolding its wings around "Mother Earth." From left, Jeremy Joe Pettigrew, Mike Francis Gopher Jr., and Josey Denise Redday created the sculpture behind them. United Tribes News photo

Scholarship Search

By Karla Davis, UTTC Financial Aid Counselor

AMERICAN CHEMICAL SOCIET SCHOLARSHIPS PROGRAM

Chemistry, biochemistry, for a career in chemical science or chemical technology, including environmental science; GPA 3.0 or higher

DEADLINE: Spring semester - March 1 Online application: www.chemistry.org/ scholars.

DAVID RISLING EMERGENCY AID SCHOLARSHIP

Association on American Indian Affairs; \$100 - \$400 awards for acute, temporary emergencies due to a change in circumstance (death in the family, medical emergency, car emergency, loss of job, etc.). For true emergencies only

Visit the financial aid office or go online: www.indian-affairs.org.

MASSACHUSETTS INDIAN ASSOCIATION

Any major

DEADLINE: Spring semester - January

Student sends application to scholarship program

Fall 2006 Graduates Check List

Students scheduled to graduate in December need to complete the following and submit them to the Career Development Office prior to graduation:

- Resume
- Federal Application Form 612
- Schedule and meet with a Career Development Counselor
- Fill out Exit Form during meeting
- Receive a Career Development Packet

Contact Vince or Shirley at x1280 or 1226, **Enrollment Services Building**

New Procedure to pay for Transcripts

- Take payment to Geri Runnels @ the Business Office and she will give a receipt (the cost is still \$2 for each official or unofficial copy).
- · Bring the receipt to Registrar's Office
- Fill out Transcript Request Form and hand in along with your receipt.

We will fulfill each request on Friday of that week.

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NATIVE AESEARCH LECTURE SERIES

Dr. Paulette Running Wolf

"The History and Impact of Research in Indian Country"

Tuesday, December 5 3 p.m. Jack Barden Center lower level

Open to the Public

UNITED TRIBES TECHNICAL COLLEGE WELLNESS CENTER & STRENGTHENING LIFESTYLES



"STRENGTH IN FAMILY"

WHAT'S GOING ON?

This activity is designed for families with children 14 years of age and older who would like to exercise together as a family.

WHERE DO WE WORKOUT?

Be at the Wellness Center every Monday night 6-7 pm.

WHAT IF WE DON'T KNOW HOW TO USE THE EQUIPMENT?

Certified Fitness Specialist, Mark L. Mindt will assist in setting up programs designed for your family.

HOW MUCH WILL THE MEMBERSHIP COST?

This program is free to all UTTC students, staff & faculty.

FOR MORE INFO, CONTACT EXT. 1454 OR 1391
Sign up now!

BOOKSTORE NEWS

Hello and Happy Holidays from the Bookstore!

NEW ITEMS! We have jackets, skull caps, heavyweight full-zip hoods, Champion pants, and Champion full-zip and half-zip hoods. We also carry both the MHA TIMES and the LAKOTA JOURNAL.

CHRISTMAS SALE! This will be December 4-15. You can get 20% off our sportswear, excluding jackets. Coupons may not be used in conjunction with the sale.

GET CASH FOR YOUR BOOKS! Book buy back dates are December 8-14.

DECEMBER GRADUATES! If you plan to attend the graduation ceremony in May, you will need to come to the bookstore to order your cap, gown, and announcements. There is no charge for caps and gowns. The charge for announcements is \$1.00 each, and name cards are \$.25 for a pack of 4. Announcements and name cards must be pre-paid.

NEW ADDITIONS! New employees are Deanna Urbanec, our student worker, Minnie Plenty Chief, our new Clerk, and Winona Bear, the new Assistant Manager. Stop in and say hi!

THE UTTC BOOKSTORE

15% OFF

ONE ITEM

Does Not Include Textbooks Expires 1-31-07

THE UTTC BOOKSTORE

Summer 2007 Internship opportunity for tribal college students

The Quality Education for Minorities (QEM) Network is offering a 10-week internship in Washington, DC, during Summer 2007 for students at Tribal Colleges who are successfully pursuing a science or engineering-related degree. This internship opportunity is made possible through a grant to the Quality Education for Minorities (QEM) Network from the National Science Foundation.

The Internship Program will take place May 28 - August 3. Interns who successfully complete the ten-week internship will receive: (1) a \$3,000 stipend, payable in three installments during the internship; (2) housing at George Washington University where other QEM summer interns will be staying; and (3) round-trip airfare and ground travel.

During the internship, students will have an opportunity to:

- · Interact with program officers at NSF and other federal agencies who are involved in making science and science education
- · Become knowledgeable about issues preventing American Indian and other minority students from receiving a quality education as well as about various health disparities that disproportionately affect American Indian and other minority groups
- · Visit a range of offices, museums, and other sites in the Washington area; strengthen their communications and leadership skills
- · Develop a peer network that includes students from across the country who are serving as summer interns in other QEM internship programs.

An Application packet for the Internship Program for Tribal College students that includes eligibility requirements is available at the QEM website at gemnetwork.qem.org/tcup.htm. Information on other internship opportunities can be found at qemnetwork.qem.org/internship.

Deadline for Receipt of Application: January 26

Decision Date: March 30

For additional information, please contact the QEM Network Internship Program Coordinator at 202/659-1818.

Koch did very well

CONGRATULATIONS: UTTC Cross Country runner Sage Koch placed 57th at the NJCAA Division I Cross Country Championships in El Paso, Texas. Competing with 206 registered runners, Sage ran his best time of the year covering the 5 mile course in 26:00:42. He ran



Sage Koch

one minute and thirteen seconds faster than his best time this year and accomplished his goal to finish in the low 26 minute time range at a national meet. The top finishers in the race ran world class times; the winner, who was from Kenya, finished with 22:36. The meet attracted an elite group of runners. Sage had a great season and will continue to improve. He worked hard to motivate himself. He represented United Tribes Technical College very well. GREAT JOB SAGE! - Daryl Bears Tail

Thunderbirds Basketball December



- 1-2 1st Annual John Thunderhawk Classic, M/W, TBA
- 9 Sheridan College, WY W, 8 pm
- 15 Miles Community College M/W 7/9 pm
- 16 Dawson Community College M/W 2/4 pm

GO TO SCHOOL Without Leaving Home



ONLINE EDUCATION

- Study from Home
- Increase Your Income Potential
 - Access courses after the kids have gone to bed

PROGRAMS OFFERED COMPLETELY ONLINE:

- AAS Health Information Technology: Prepare for a career in health/medical records
 - AAS Nutrition and Food Service: Prepare to work with Nutrition and Diabetes programs
 - Medical Transcription Certificate: Train to work from home transcribing medical dictation
 - AAS Early Childhood Education: Prepare for a career in Head Start or Child Care
 - AAS Elementary Education: Become an elementary school paraprofessional
 - AAS Injury Prevention:

Prepare to work with suicide prevention and other critical health issues

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UNITED TRIBES TECHNICAL COLLEGE

3315 University Drive • Bismarck, ND 58504 • 701-255-3285 • www.uttc.edu

Spirit Week at United Tribes









Upper right, Spirit Week King and Queen, Gordon Runs After Jr. (Cheyenne River) Criminal Justice and Mari Anna Howard (Three Affiliated) Criminal Justice.

Spirit Week October 16 -20 Organized by the Student Senate.









photos Dennis J. Neumann

Veterans Honored at United Tribes



YOUNG AND OLD: United Tribes Technical College student Justin Vivier is flanked by Vietnam era veterans who are members of the United Tribes Color Guard at a veterans honoring program. From left, Terry Moericke, Vivier, Darren Davis, and Louis Laundreaux. Vivier (Turtle Mountain), who completed a tour of duty in Iraq, was a speaker at the program November 9 at the college. He said it "feels good to have served my country." Vivier is a student in the college's Computer Information Technology Program. United Tribes News photo

UTTC Veterans page 5

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