

## Traditional Hand Game Fun



UTN photo Dennis J. Neumann

**SHOW ME WHATCHA GOT:** United Tribes Technical College staff and faculty revel in a showdown between traditional hand game teacher Don Rush (Three Affiliated) and UTTC Practical Nursing Director Evelyn Orth. The dramatic moment came during a session of the college's All Staff Professional Development Day on March 12. Both players conceal in their hands game pieces made of animal bone that determine who wins. See more hand game photos on page 15.

# Thomas is Student of the Year

By Karla Davis, UTTC Scholarship Committee

Perseverance and inspiration are two gifts of character from family members that guide the success of Sylvester H. Thomas (Oglala Sioux Tribe) who was named Student of the Year at United Tribes Technical College.

The 27-year-old from Wanblee, South Dakota was selected by the United Tribes Scholarship Committee for the singular honor for the 2006-07 academic year and a cash award from the American Indian College Fund.

"I'm honored and humbled to receive the award," said Thomas. "And I'm also excited and proud that hard work has paid off."

Thomas is a second year UTTC student in Small Business Management. He



Sylvester H. Thomas, AICF Student of the Year at UTTC

was selected from a group of nominees because of his outstanding record as a student. He carries a 3.6 GPA, is very serious about

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# Showing her style for heart health



**RED REGALIA:** United Tribes Extension and Land Grant Programs Director Karen Paetz (Three Affiliated) was one of ten North Dakota women invited to display their clothing style March 7 during the American Heart Association "Go Red" luncheon. She wore her Women's Traditional, Pendleton wool dress, given to her by an aunt. The elegant garment reflects the traditional dress of upper Missouri River tribes. It is adorned with ribbons, bone carved elk teeth, beads, and shells. Karen wears beaded hair ties, barrettes, earrings, hand tooled leather belt, shawl, and "old-style wrap moccasins made of deer hide. The feather fan and plums worn in her hair had been given to her at an early age, along with the right to wear and carry the feathers. As part of the heart health awareness program, Karen dedicated her appearance to her grandmother, Holy Door, who taught her about Mandan culture and heritage. In 1969, Karen's grandmother entered the Spirit World as result of a heart attack. She was 62 years old.



## LeRoi Laundreaux's Lunch Menu

Includes 2% or Skim Milk, Coffee or Tea and Salad Bar, Fresh Fruit, and Vegetables. Menu subject to change.  
 Cafeteria Hours: Breakfast ~ 7:00 - 8:30 am • Lunch ~ 11:30 - 1:00 pm • Dinner ~ 5:00 - 6:30 pm  
 All Students Must Show ID - NO EXCEPTIONS!!

### Menu

April 2 - 6	April 9 - 13	April 16 - 20	April 23 - 27
<b>M</b> Chicken Fried Steak & Potatoes	Grilled Ham & Cheese & Tomato Soup	<b>M</b> Grilled Chicken Sandwich & Mac & Cheese	Beef Stew & Frybread
<b>T</b> Hamburger & French Fries	Pizza (Cook's Choice)	<b>T</b> Tator Tot Hotdish	Sloppy Joe & French Fries
<b>W</b> Roast Beef & Mashed Potatoes	Chicken & Rice	<b>W</b> Baked Ham & Scalloped Potatoes	Roast Beef & Mashed Potatoes
<b>T</b> Taco Salad w/ Assorted Toppings	Spaghetti & Garlic Toast	<b>T</b> Pizza (Cook's Choice)	Chicken Strips & Mac & Cheese
<b>F</b> French Dip w/ Au Jus & French Fries	Soft Shell Tacos & Roundabouts	<b>F</b> Chicken Nuggets French Fries	Spaghetti & Garlic Toast

## KODA THE WARRIOR

CREATED BY MARK L. MINDT  
 SPIRIT LAKE NATION



Hello, my relatives.  
 My name is Maske (ma-SHKAY).  
 I am a proud member of the Oglala  
 Sioux Nation, South Dakota.

Like KODA, I am a student  
 of the Re-United Tribal  
 University, ND. My major is  
 Environmental Science.

I'm blessed with special  
 gifts and abilities.  
 Then again...aren't all  
 women? We learn  
 how to use the powers  
 we are given.



My parents were killed in an  
 accident just after I was born.  
 I was adopted by a non-Indian  
 family in Minneapolis, MN.  
 I moved back for a reason.

In between classes, I have  
 been looking for my parents  
 and other blood relatives. I want  
 find my roots and belong  
 to something special.

In addition to all of this, I'm devoted  
 to helping those in need. I play  
 an active role in my community.

My name is MASKE. I am  
 extraordinary. I will make  
 a difference in our World!

MINDT  
 © 2006

kodathewarrior@yahoo.com

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# Wartime Treatment Study Act Introduced

A bill that would require the government to examine the way it treated certain groups of people during World War II has been introduced in Congress.

The Wartime Treatment Study Act, introduced February 16, would establish two commissions: one to review policies regarding ethnic Germans and other Europeans residing in the U.S. and Latin America, and the other to review the government's refusal to allow Jewish refugee's entry to the U. S. when fleeing persecution.

After Pearl Harbor, U.S. resident German, Japanese and Italian aliens were stripped of their constitutional rights under authority of the Alien Enemies Act. Travel was severely restricted and thousands were forced to evacuate large prohibited zones. Homes were raided and assets frozen.

The U.S. Department of Justice established a nationwide network of camps and detention facilities. One of the camps, Fort Lincoln, is now the site of United Tribes Technical College, Bismarck, ND.

A group known as the German American Internee Coalition has been working to improve understanding about the experience of 11,000 Germans and 3,300 Italians who were held with little or no due process for years, many with their American-born children. Thousands of German internees and their children were exchanged for Americans held in Germany. Hundreds remained incarcerated for up to three years after the war.

Over 25 years ago, Congress created the Commission on Wartime Relocation and Internment of Civilians to study the Japanese American relocation experience. Because of the Commission's work and related passage of the Civil Liberties Act, the Japanese American experience is widely known. However, there is a low level of awareness about the European American experience, according to the coalition.

The study measure in question is S. 621, introduced by Sen. Russ Feingold (D-WI)



*Between 1941 and 1946, long before it became United Tribes Technical College, some of the brick buildings of Fort Lincoln, Bismarck, ND, were surrounded by this 10 foot high fence topped with barbed wire. Ft. Lincoln was one of the camps where the government held American citizens and some foreign nationals as, so called, "enemy aliens" during WWII. Photo courtesy SHSND.*

and Charles Grassley (R-IA) joined by Ted Kennedy (D-MA), Joe Lieberman (D-CT) and Daniel Inouye (D-HI). HR 1185, the House companion bill, was introduced by Rep. Robert Wexler (D-FL), joined by Michael Honda (D-CA) and Xavier Becer-

ra (D-CA).

According to the coalition, the act will finally complete the work the commission started. For more information visit the German American Internee Coalition website: [www.gaic.info/](http://www.gaic.info/).

## 5TH ANNUAL AMERICAN INDIAN RESEARCH FORUM

Thursday, April 19

8:30 a.m. - 3:00 p.m.

University of North Dakota

Memorial Union • Grand Forks, ND

- Share current research activities about health risk and health promotion among Native American communities
- Nationally-known speaker on American Indian health promotion Dr. Darryl Tonemah
- Student and researcher oral and poster presentations featuring American Indian populations
- American Indian research opportunity development

The American Indian Research Forum is sponsored by the Center for Rural Health at the UND School of Medicine and Health Sciences in coordination with the UND Indian Association Annual Time-Out Week

# Elementary Students Learn about Diabetes

By SuAnn Schmitz, LRD, Land Grant Nutrition Education

During the month of March, TJES students were introduced to the Eagle Book series: *THROUGH THE EYES OF THE EAGLE*, *KNEES LIFTED HIGH*, *PLATE FULL OF COLOR*,



and *TRICKY TREATS*. These four stories were written by Nambe Pueblo's Georgia Perez. All of the stories reflect long-held values of American Indian people – respect, gratitude, and generosity – while teaching the universal wisdom of healthy eating and physical activity. Throughout the series, a young Native boy and his friends learn about healthy habits from Mr. Eagle, Miss Rabbit, and Coyote.

The Eagle Books help children understand several important messages about diabetes and being healthy:

- Traditional lifestyles of American Indians may have helped to protect many people from developing type 2 diabetes.
- Many Native people no longer eat traditional diets or practice vigorous physical activity.
- Type 2 diabetes can be a consequence of this lifestyle.
- Native knowledge provides wisdom and power to prevent or control diabetes.
- Returning to healthy diet and physical activity can help prevent diabetes.
- Friends and families can help each other to prevent diabetes by eating healthy foods and staying active.

## United Tribes to Host One-Day Food Safety Course

BISMARCK (UTN) – Experienced food-service managers, teachers and others interested in professional food safety certification are encouraged to attend a one-day ServSafe class Tuesday, April 3 hosted by United Tribes Technical College.

The class is a review and study session for the National ServSafe Exam.

Participants are urged to register as soon as possible so they can read *SERVSAFE ESSENTIALS FOURTH EDITION* prior to the class.

Call immediately to reserve a space; class

size is limited to 25. A \$110 fee includes the book and exam.

This session is sponsored by the UTTC Land Grant Extension program. Pat Aune, UTTC food safety educator, is the instructor. Since 2004 she has taught this food safety course to foodservice managers and workers, meat inspectors, environmental health specialists and teachers.

For information or to register: 701-255-3285x1399 or paune@uttc.edu.

### ServSafe® Certification Courses

Sponsored by  
United Tribes Technical College  
Bismarck, ND

The UTTC Land Grant Extension program sponsors this food safety course for experienced food service workers and managers seeking professional certification or recertification with the National Restaurant Association Educational Foundation ServSafe® Food Protection Manager Certification Examination. The class size is limited to 25. The \$125 fee includes ServSafe® Essentials 4th Edition and exam fee.

For registration information and confirmed dates, times and places contact: Pat Aune, UTTC Extension Food Safety Educator, 701-255-3285 x 1399 or paune@uttc.edu.

**UTTC Campus Bismarck**

**June 4-6, 2007, 20 hours**

**New Town, 16 hour classes**

**April 24 & 25, 2007**

**July 17 & 18, 2007**

### ASK THE EXPERTS

# Q & A



SuAnn Schmitz  
Nutrition Coordinator

## Are Energy Drinks Safe?

Energy drinks are fast becoming a popular beverage for many teenagers. They choose advertised drinks when cramming for exams, participating in Powwows or looking for a "buzz".

That buzz comes from stimulants, such as caffeine. Current nutrition labeling laws do not require manufacturers to list on the food label how much caffeine or other stimulants in a product.

Some of the popular energy drinks have 15 to 93 milligrams per serving more caffeine than sodas. Others contain more caffeine than a Starbucks Doubleshot (106 mg per serving) or twice as much caffeine as a can of Coke or Pepsi.

Instead of reaching for a bottle or can when you need an energy boost, try lacing up a good pair of shoes. Your body will release natural stimulants in response to exercise and provide what is commonly referred to as a "runners high".

### Bottom line on energy drinks

- Add extra weight. Energy drinks have high levels of sugar. When accompanied by inactivity, those extra calories produce stored energy in the form of weight gain.
- Increase heart rate. Energy drinks have high levels of caffeine. Caffeine is a drug because it stimulates the central nervous system by increasing heart rate and causing an individual to feel more alert. Too much caffeine can cause anxiety, dizziness, headaches and can interfere with normal sleep.
- Plain water, low fat milk and 100 percent fruit juice are healthier beverage choices. Energy drinks provide few if any of the needed vitamins and minerals provided by healthier beverages.

Source: Iowa State University Extension, Iowa State University, 2007



Do you have a nutrition question? Email it to: [sschmitz@uttc.edu](mailto:sschmitz@uttc.edu). If your question is published in UTN, the Land Grant Department will send you a \$10 grocery gift card.

# New committee to focus on campus facilities

By Curtis Maynard, Computer Technician Specialist, Technology Department

A new committee, organized by Russell Swagger, vice president of Student and Campus Services, is focusing on campus facilities and infrastructure as part of the college's expansion and renovation plan.

The UTTC Facilities Committee was organized in December. Initial members are: Russell Swagger, Bud Anderson, Curt Maynard, Frank Bosch and Mike Matheny.

The group identified its purpose, and its Mission, Vision, Values and Goal Statements:

**PURPOSE:** To create an environment conducive to teaching and learning; provide quality services; and to coordinate major projects.

**MISSION:** To provide safe, modern, state of the art facilities which are conducive to teaching and learning through the effective use of existing resources.

**VALUES:** Integrity, Trust, Dependability

**GOALS:** Update Master Facility Plan; Upgrade All Existing Facilities; Plan Long Term Projects; Coordinate Major Projects; and Identify Funding Sources.

The committee's initial meeting was attended by college vice presidents and members of the core group: Russell Swagger, Shirley Bordeaux, Sam Azure, Harriet Skye, Dennis Renville, Leah Woodke, Cathy Mastrud, Bud Anderson, Mike Matheny,

Curt Maynard, and Frank Bosch.

The committee hopes to identify UTTC department needs by considering these, and other, questions: What will boost the staff's ability to fulfill their job responsibilities? What will enhance the students learning experience? What will add to the UTTC image in the community? What new facilities will enhance UTTC's future?

Short-term, high priority agenda Items are: To identify locations for expansion of the Finance Department and Book Store; to promote and plan for updating the UTTC Master Plan; and to promote the existence of the Facilities Committee.

Long-term agenda items are: To expand committee expertise to include members from various professionals (including existing UTTC staff/students, and professionals from outside the college's staff and students); to use the updated master plan to logically grow UTTC facilities; to research and arranged for appropriate funding sources; to address campus aesthetics by locating certain utilities underground; to extend utility service to the "new campus" site; and to address additional challenges as they are identified.

The Facilities Committee looks forward to serving the campus community's facility needs. We ask for your comments and suggestions to assist us in performing needed tasks. Thank You.

## Proper nutrition promoted

By SuAnn Schmitz, LRD, Land Grant Nutrition Education

To celebrate National Nutrition Month, the UTTC cafeteria scheduled an array of new, exciting, and fun items to appear on the lunch trays of preschool and elementary students. During March the cafeteria featured a fresh fruit or vegetable for most letters of the alphabet by month's end. Teachers received nutrition education information and were encouraged to talk with their students about the different fruits and vegetables served each day.

The main goal of this activity was to promote the importance of proper nutrition, (especially increased consumption of fresh fruits and vegetables) and to introduce many students to produce they have never seen or eaten before. The program provided an educational experience in nutrition for everyone involved.

## BOOKSTORE NEWS

Hello from all of us at the Bookstore! Stop in and check out our new spring merchandise!

We also carry gift items such as mugs, posters, greeting cards, stationary, shower gels and lotions, watches, and various snack items. Snack items include Microwave Popcorn, Flavored Popcorn, Spicy Trail Mix, Beef Jerky, Beef Sticks, Chocolate Rocks, Saltwater Taffy, and Sunflower Seeds, both shelled and unshelled.

The Bookstore also sells money orders, phone cards for \$5.00, \$10.00, and \$20.00, and we offer faxing at no charge to students.

Accepted payment methods include cash, check, credit or debit card, payroll deduction for eligible employees, and stipend deduction for eligible students.

We are open 8:00 a.m. to 5:00 p.m., Monday through Friday. This includes the noon hour. So stop in and see what's new!

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# Governor is 'OK' with Tribal College bill

BISMARCK (UTN) – The effort to gain support in the legislature for state funding to North Dakota's tribal colleges has earned the respect of Governor John Hoeven.

"You've gone about it in the right way," said Hoeven to tribal college leaders during a meeting at the capitol in Bismarck.

Representatives of the North Dakota Association of Tribal Colleges visited Hoeven March 1 as part of a campaign to secure funding for the educational costs of non-beneficiary students (mostly non-Natives) who attend tribal colleges.

During the meeting Hoeven allowed that he "didn't see any problem" with the legislation that would appropriate \$700,000 over the 2007-09 biennium.

Tribal college presidents have secured support for the measure by appearing before legislative committees, visiting with lawmakers and higher education officials, and providing information to the press and media.

If enacted it would be the first time state tax dollars are appropriated specifically for students who attend one of the state's five tribal colleges. Attempts to win approval for similar legislation have failed in previous sessions.

"Let's make no mistake that the five campuses in question are public colleges," said Sen. Tim J. Flakoll, (R-Fargo), a tribal college bill co-sponsor, during a committee hearing. "If these same students attended one of our other public campuses in the university system, the state would be expected to bear our appropriate portion of the cost."

Non-beneficiary students amount to seven percent of the approximate 2,600 students attending North Dakota's tribal colleges, or about 180 students. The proposed law would not pay the full cost of education. It would provide a per student payment of \$2,000 per year, which is less than half of what the state spends to support college students in the North Dakota University System.

"We have failed to realize that people who live on the reservations are North Dakota citizens too," said Rep. Jim Kasper (R-Fargo) another tribal college bill co-sponsor. "We need to embrace them as part of the state. The prime way that we have is through education and this is a way to do that."



Discussing the Tribal College bill with Governor John Hoeven (back to camera) on March 1 are (from left) Jim Davis, president, Turtle Mountain Community College and David M. Gipp, president, United Tribes Technical College. United Tribes News photo

A surplus in the North Dakota treasury is cited as the main reason why lawmakers appear to be more receptive now. Two separate versions of the legislation have passed their chamber of origin by significant margins with bi-partisan support: 69 to 23 in the House and 31 to 15 in the Senate.

Almost as gratifying to tribal college leaders is the parade of lawmakers who have signed on as co-sponsors and weighed in with their support during committee hearings. Rep. Tracy Boe (D-Mylo), referred to Turtle Mountain Community College, located in his district, as a "jewel" for the area. Other supporters are: Rep. Rodney J. Froelich (D-Selfridge); Rep. Dawn M. Charging (R-Garrison); Sen. Rich Wardner (R-Dickinson); Sen. Richard J. Marcelais (D-Belcourt); Sen. Joan A. Heckaman (D-New Rockford); Sen. John M. Warner (D-Ryder); Rep. Merle Boucher (D-Rolette); and Rep. Dennis E. Johnson (R-Devils Lake).

While a tribal college funding bill appears to be well on its way toward passage, one question remains. Which pocket will the funds come from?

The North Dakota Board of Higher Education supports the concept but prefers that the funding and administration come from elsewhere.

"The single most important factor that

will determine the success of North Dakota will be its human capital," said Mike Hillman, vice chancellor of the ND University System. "The tribal colleges serve areas of the state that we do not serve very well and assist in developing that human capital."

The two bills that are viable options for providing the funding have been referred to the appropriations committees in either chamber.

Meeting with Hoeven on March 1 were: Jim Davis, president of the ND Association of Tribal Colleges and president of Turtle Mountain Community College, Belcourt, ND; David M. Gipp, president of United Tribes Technical College; Phyllis Howard, executive director of the ND Association of Tribal Colleges; Cheryl Kulas, Bismarck, executive director of the ND Indian Affairs Commission; and Jim Laducer, president of Laducer and Associates, Mandan, ND.

Others in tribal higher education who have testified on behalf of the tribal college legislation are: Laurel Vermillion, president, and Kathy Froelich, education director, both of Sitting Bull College, Fort Yates, ND; Cynthia Lindquist Mala, president of Cankdeska Cikana (Little Hoop) Community College, Fort Totten, ND; and Russell Mason Jr., president of Fort Berthold Community College, New Town, ND.

## UTTC receives Tides Foundation award

United Tribes Technical College has received a grant from the Honor the Earth Fund of the Tides Foundation, San Francisco, California. The \$7,730 award will be used in a project that will protect and preserve traditional American Indian culture.

The UTTC Land Grant Program submitted the proposal and will administer the project, said Karen Paetz, director.

Honor the Earth is the Winona LaDuke organization that helps create awareness and support for Native environmental issues and develops needed financial and political resources for the survival of sustainable Native communities.

The Minneapolis, MN based organization uses music, the arts, the media, and Indigenous wisdom to inspire people to recognize their joint dependency on the Earth and be a voice for those not heard.

Honor the Earth launched a Native Communities Initiative in 2000 with the Tides Foundation. Its grants are designed to increase funding to effective, front line Native American grassroots organizations.

For more about giving opportunities with the Tides Foundation or Honor the Earth: 612-879-7529 or email [honorearth@earthlink.net](mailto:honorearth@earthlink.net).

## Summer Institute for Tribal College Students

The American Indian College Fund seeks outstanding American Indian tribal college students to attend the LeaderShape® Summer Institute, scheduled for June 19-24 in Champaign, Illinois.

The institute is an intensive, energizing, six-day educational experience designed to help young adults become extraordinary leaders. Dynamic, challenging, and exciting, the week is intended to produce a breakthrough in the leadership capacity of participants—benefiting students, their institutions and communities. For more information about the LeaderShape® Institute, please visit the website [www.leadershape.org](http://www.leadershape.org).

Applicants must be willing to attend for the full six days. If selected, all expenses will be paid for by the American Indian College Fund. Presented in partnership with the Allstate Foundation. **Deadline to apply April 13.**

# Speaking From Tradition



**STANDING FOR TRIBAL WAYS:** UTTC Carpenter Ken One Feather (Standing Rock) invested a good deal of time over winter constructing a new speaker's podium for campus events. Imitation eagle feathers adorn the ash pole spears that are lashed together with buffalo rawhide and covered with deer buckskin. The shelves are from aromatic cedar. The center piece is a Buffalo rawhide shield by UTTC Tribal Arts Director Butch Thunderhawk (Standing Rock). Butch painted the Thunderbird design with natural earth pigments in an old style inspired by a shield made in the late 19<sup>th</sup> Century by No Two Horns (Lakota, Standing Rock). The Thunderbird is a revered, mythological figure and the college's namesake. The new podium was put into service in mid March, just in time for the spring season when tradition dictates that Thunder Beings are welcomed back onto the Northern Plains after their winter absence. UTN photo Dennis J. Neumann

## Arrow Graphics

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*Miss Indian Nations Pageant*

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# Student of the year...

Continued from page 1

his studies, and takes care of his responsibilities. He works part-time as a computer support technician for a local business and applies for scholarships to help pay for tuition. Members of the committee believe he is a good role model who represents the college very well.

"My main motivation is my mother," said Thomas. "She gave me the drive to succeed in life. She built the foundation for my success."

His mother, Mavis Bad Cob, is a single parent. She raised two boys and seven girls, who learned by her example of working hard to support the family. It was through her encouragement and positive attitude that Thomas learned to persevere no matter what the circumstance.

As far as inspiration, Thomas got that from his uncle, Patrick Eaglestaff, who inspired him to use education to go somewhere in life.

"He was my role model growing up. He has a great work ethic," said Thomas. "While working on his master's degree, he worked full-time and raised a family."

Thomas lived on the reservation most of his life and graduated from Crazy Horse High School in 1998. In 2005 he moved to Bismarck to attend UTTC and earn an Associate Degree. After graduation he plans to go on for a Bachelors Degree and, eventually, a Masters at South Dakota State University.

"After I reach my educational goals I want to move back to the reservation and open up a business," he said.

His fiancée, Nicole White (Three Affiliated), a student in Business Office Technology, shares his goal to provide a better future for themselves and their two girls, Savannah (7) and Jaseyona (6).

Having applied for many scholarships, being named Student of the Year is a welcome honor. The American Indian College Fund award of \$1,000 will be used to help with educational expenses.

Thomas's advice to other students: Stay focused and keep your goals in mind; work hard for what you want and always remember the reason you are here.

## Indian Land Tenure *Learn the Lingo*

**Escheat:** The transferring of land to the state or sovereign by reason of lack of anyone to inherit or by reason of a breach of condition. Learn more: [www.indianlandtenure.org](http://www.indianlandtenure.org).

## Peace Studies Events

A series of public forums about peace; thoughtful discussions to raise awareness about peacemaking. All programs are free and open to the public. ND Peace Coalition.

### "Corporate Conscience: Economics of Peace"

Howard Dahl and Don Morrison  
7 p.m., Friday, April 13  
Trinity Lutheran Community Center,  
3<sup>rd</sup> St. & Ave. A, Bismarck

## Strengthening Lifestyles Volunteers Needed

### *Student/Staff volunteer program*

If you are interested in becoming a volunteer in the Strengthening Lifestyles Department, please contact Ruth Buffalo x 1357 or email [rbuffalo@uttc.edu](mailto:rbuffalo@uttc.edu)

Thank You!

## Participants Sought for Activities Committee

The Strengthening Lifestyles Department invites you to join its Activities Committee

**Purpose:** To receive input from the campus community; to better serve students

Please contact the Strengthening Lifestyles staff to become a member.

Ruth x 1357 • Scott x 1454 • Eveleen x 1391 • Lance x 1261 • Robert x 1323

## *Opportunities in the Making*

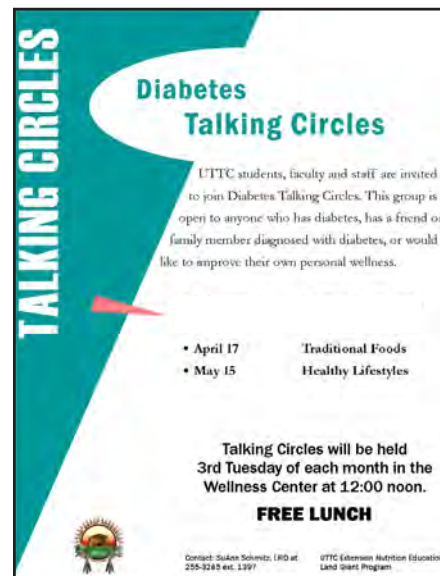
### *Student Scholarship Campaign ~ Payroll Deduction*

UTTC employees are allowed to make a gift to the Opportunities in the Making Student Scholarship Campaign through payroll deduction.

No one knows the value of education better than you! Any amount you commit will become a vital part of the financial support needed for students to succeed in building better lives for themselves and their families.

Please make your pledge today!  
Your gift is tax deductible

Contact:  
Brad Hawk, Director  
Major Gifts and Alumni Relations/  
Research and Development Dept.  
x 1387 or [bhawk@uttc.edu](mailto:bhawk@uttc.edu)



**TALKING CIRCLES**

### Diabetes Talking Circles

UTTC students, faculty and staff are invited to join Diabetes Talking Circles. This group is open to anyone who has diabetes, has a friend or family member diagnosed with diabetes, or would like to improve their own personal wellness.

• April 17	Traditional Foods
• May 15	Healthy Lifestyles

Talking Circles will be held  
3<sup>rd</sup> Tuesday of each month in the  
Wellness Center at 12:00 noon.

**FREE LUNCH**

Contact: Susan Schmitz, LRD at 255-9243 ext. 1397 UTTC Edgewood Nutrition Education Land Grant Program

## United Tribes Career Fair

Wednesday, April 4 • 10 am to 2 pm • Skill Center

Dress up; bring your updated resume and a smile!  
Free movie passes to the first 25 in the morning and first 25 in the afternoon  
Register for door prizes (need not be present to win)  
Fill out an evaluation and receive a free gift! • Snacks and lunch provided!

# COMINGS- and-GOINGS

Wanda Soza knows the way to San Jose. UTTC's former Human Resources director bid colleagues and friends farewell in early March to pursue opportunities in sunny San Jose, California.

Wes Long Feather has made the first step in a transition to the UTTC Human Resources Department. During the time through April while he makes the change, Wes will spend half time continuing to provide his guiding influence in the UTTC President's Office.

Merry Brunelle and Francis Azure are the persons to contact for administrative assistance at the UTTC President's Office.

Dr. Linda Sue Warner has been named President of Haskell Indian Nations University, Lawrence, KS. Warner was formerly the associate vice chancellor for academic affairs with the Tennessee Board of Regents; she is a founding board member of Comanche Nation College and a member of that tribe.

David M. Gipp soon reaches the 30 year mark as president of United Tribes Technical College. He was involved with the college during its formative years and became president on May 2, 1977.

## Wellness Incentive Program

By Scott Davis, Strengthening Lifestyles Assistant

During the month of February, 84 students signed up for the Wellness Incentive Program. Of these, ten returned their activity cards. Those with the most card punches are: Juanita Linsen 21, Jose Lopez 20, Kara Runs After 13, William Broken Leg 13, Gilbert Perkins 9, Jacqueline Archambault 8, Roger Young 5, Alicia Red Bear 15, and James West 15.

The incentives included movie passes, phone cards, clock/radio, a calculator, and pizza certificates.

If you have not handed in your card for February please do so. Remember to keep track of March and be ready for April.

If you have any questions or comments please contact our staff at x 1357, 1323, 1391, 1261, and 1454. Thank You.

# CALL FOR PROPOSALS

## Critical Indigenous Theory and the End of Dancing "Indians" in University Athletics

Due Monday, April 30

As the dust settles in the wake of Chief Illiniwek's "last dance" at the University of Illinois, the reverberations of institutionalized "playing Indian" continue to echo.

Faculty members of the American Indian Studies program at the University of Illinois, Urbana-Champaign see this as an opportunity to:

1. Re-examine the discourses of conquest and colonialism that sanctioned the performance;
2. Acknowledge the activism and resurgence of American Indian students, community members, and faculty to put an end to dehumanizing mascots and images; and
3. Reflect upon the larger historical conditions affecting American Indians that continue to feed anti-Indianism.

Proposals are invited for theoretical discussions, empirically-based studies, and narrative commentaries for the forthcoming anthology *CHiEEEEFI*, edited by Jodi Byrd, Tony Clark, and Debbie Reese.

Your work to examine the history and legacies of team mascots may:

- Join together the voices of academics and activist-intellectuals, from within Indian Country and beyond
- Analyze anti-Indian racism and the colonial mentality present in American popular culture
- Examine the intersections of colonialism, racism, and class to produce privilege and knowledge through the subjugation of racial "others"
- Deliver unapologetically political and pro-Indigenous accounts of these representations and the reception American

Indian people experience in movies, television, sports, comic books, literature, new media, games and toys, school curricula, holidays, advertisements and music

- Review the scholarship of activist-intellectuals whose work circulated among Native communities before and alongside resistances against mascots and other dehumanizing images of "Indians"
- Provide personal narratives, experiences, and reflections from the frontlines of engagement with "Indian mascots" and "dancing chiefs"
- Provide observation from American Indians who are grounded in their urban and rural communities and/or who are citizens of their nations
- Provide original, innovative academic analyses informed by critical theory
- Present work that affirms the efforts of Indian peoples engaged in grassroots struggles and/or that features the satisfaction, empowerment, and hope that comes through in the struggle against anti-Indian racism itself
- Present work rooted in indigenous intellectual disciplines and epistemologies to offer potential, long-term critical theories that re-center, re-value, and reclaim indigenous ways of knowing.

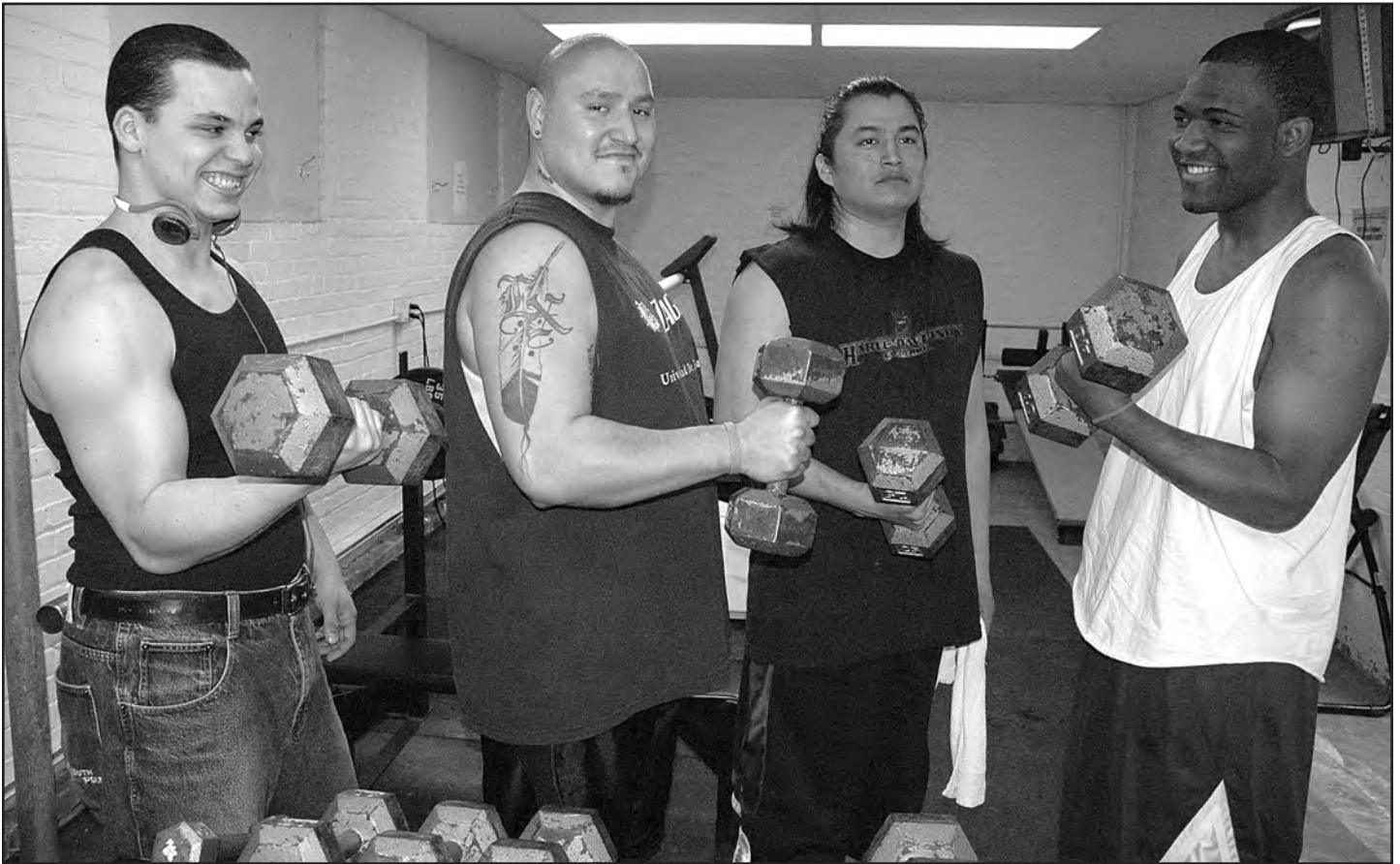
E-mail a 500 word (or thereabouts) abstract including title, your curriculum vita or a description that introduces you to: jabyrd@uiuc.edu, tyeme@gmail.com, AND debreese@uiuc.edu. Electronic submissions as Word attachments preferred. Additional information available.

## United Tribes April Calendar

1 .....	Palm Sunday/April Fools Day	12-13 .....	Pre-Registration
6-9 .....	Easter Vacation	30 .....	Final Exams Begin

Detailed activities schedule available from Strengthening Lifestyles Dept. x 1391, 1261, 1323

# 'Test of Strength' Winners



**STRONG MEN SMILE BROADLY:** Participants in the March 12 "Test of Strength" event from left: Second Place - Jose Lopez, Wichita, KS, Bench 250 lbs., squat 280 lbs., and curl 110 lbs.; First Place - Alex Azure (SRST) bench 275, squat 345, and curl 122; Third Place - Jeremy Silk (SRST) bench 255, squat 275, and curl 110; Fourth Place - Gavin Briscoe, Madison, WI, bench 185, squat 315, and curl 100. The event was sponsored by the Strengthening Lifestyles Department. UTN photo Dennis J. Neumann

## Online student is in 'silent service'

Hello! My name is Randal James Zahn. I am currently serving active duty in the United States Navy. My rating (job) is SONAR Technician Submarines. My current rank is enlisted E-04, Petty Officer Third Class, STS3/SS. I am also designated Submarine Service.

I joined the Naval Submarine Service on August 8, 2001. I signed up for five years and then re-enlisted on July 22, 2006 for three more years of service.

After boot camp at Great Lakes, IL, I attended Basic Enlisted Submarine School at Groton, CT and stayed there to attend Sonar Technician Submarines Apprentice School. After graduation, I received orders to SSNB 740 BLUE USS Rhode Island Blue Crew.

Currently, I am stationed at Kings Bay, Georgia. I serve on a ballistic missile sub-

marine as a SONAR technician. The job is very exciting; I and others serve as the eyes and ears for the ship. Being under the ocean on watch, we provide a constant view for safe operations.

I have participated in six Trident Nuclear deterrent patrols, qualified submarines, and received the Global War on Terrorism Service Medal, Navy Good Conduct Service Medal, the National Defense Service Medal, and three Navy Battle Efficiency Award Ribbons for 2003, 04, and 05.

I graduated from Flandreau Indian School, in May of 2001, and was the only student in my senior class to join the military. I am from the Standing Rock Sioux Tribe. I am 26 years old and married to Tasha Lynn Bordeaux. My mother is Laura Jean Vaulters and my father is Patrick Earl Zahn Sr.



Randal J. Zahn, USN, became a UTTC Online Student in the fall 2006 semester; he is working on his general education courses.

## Arizona professor to talk about Native research

BISMARCK (UTN) – Kim Tall Bear, Ph.D. (Sisseton-Wahpeton) is the final presenter in the United Tribes Native Research Lecture series. Her talk, “Indigenous Peoples and Science: Research Sovereignty and Ethics,” is set for Tuesday, April 17, from 3 p.m. to 5 p.m. in the college’s Jack Barden Center.

Dr. Tall Bear is assistant professor of American Indian Studies at Arizona State University. Her research focuses on the social, cultural and regulatory implications for tribes in the area of genetic research and technologies. She is especially interested in the types of research being conducted in American Indian communities and whether it helps or harms tribal people.

Before completing her Ph.D. in History of Consciousness at the University of California, Santa Cruz, Dr. Tall Bear worked as a policy specialist and planner for national Native American organizations, federal agencies, and tribal governments. She holds a Master’s Degree in City Planning from MIT and a B.A. in Community Planning from the University of Massachusetts, Boston.

Dr. Tall Bear grew up in Flandreau, SD, and St. Paul, MN, and is also descended from the Cheyenne and Arapaho Tribes of Oklahoma.

The United Tribes Native Research Lecture Series is open to the public free of charge. For more information: Cheryl Long Feather 701-255-3285 x 1491 or [clongfeather@uttc.edu](mailto:clongfeather@uttc.edu).

### NATIVE RESEARCH LECTURE SERIES

•PLEASE NOTE DATE CHANGE•

#### Dr. Kim Tall Bear

*“Indigenous Peoples and Science: Research, Sovereignty and Ethics”*

Tuesday, April 17

3 – 5 pm

United Tribes Technical College  
Jack Barden Center  
Lower level

Open to the Public  
Refreshments Served

# UTTC Player Awards

## Congratulations!

### Region 13 All-Tournament Team

Jemma In The Woods and Jarvis Bearstail



Jarvis Bearstail

### Mon-Dak Conference Honorable Mention

Collette Hawley and Jarvis Bearstail



Collette Hawley



Jemma In The Woods

## FUNDAMENTALS OF FAIR HOUSING

It is illegal in North Dakota to discriminate in the rental, sale or financing of housing because of race, color, national origin, religion, gender, familial status (presence of children), disability, age (40 and over), and/or status with respect to marriage and public assistance.

### FREE WORKSHOPS

For tenants, users of housing services, non-profit organizations and housing providers to learn how to end housing discrimination and what happens when discrimination occurs. Take home materials provided.

**April 19 Aberdeen, SD**

1 pm. to 4:45 p.m.

Best Western Ramkota Hotel

**May 22 Williston, ND**

1 p.m. to 4:45 p.m.

Airport International Inn

**April 24 Bismarck, ND**

1 p.m. to 4:45 p.m.

Best Western Ramkota Hotel

**June 21 Sioux Falls, SD**

1 p.m. to 4:45 p.m.

Travel Lodge

**Free to the public but registration is required**

Space may be limited - Coffee and soft drinks provided



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With a grant from the US Dept. of Housing & Urban Development

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# A Healthy and Prosperous Organization

## Acknowledging our Accomplishments

By Russell Swagger, Vice President, Student & Campus Services

March 12 to UTTC staff and faculty for All Staff Professional Development Day

Today is your day to learn and share your knowledge and experiences. It's a day to step back from your view of yourself, your students and your career and see future possibilities. It's a day to renew your spirit and gain motivation to finish out the academic year.

Professional development day is a time to find new ways of thinking and delivering your service to your students.

As we prepare to begin our learning journey together today, here are some things to acknowledge about where we are as an institution:

(1) We are preparing to submit a new application to the Department of Education for another Carl Perkins competitive grant,

(2) We are beginning to closeout the last year of our five year strategic plan; we are embarking on a new strategic plan,

(3) We are planning to implement a comprehensive development plan that considers all aspects of our college and future visions including vocations, general education, academics, four year and advanced degree programs, campus expansion, student growth, fundraising, online and distance education, articulation agreements with other colleges and university for credit transfers, memorandums of understanding with other educational institutions for other projects and possibilities, facility renovation and construction, student scholarships and childhood services,

(4) As Dr. Gipp and Dr. Baird have reminded us recently, we are moving into self-study mode as we plan to apply for 10 years of continuing accreditation with NCA in 2011,

(5) We are implementing income generating programs known as enterprise development; the bookstore is completely self-sufficient and property and supply is on its way,

(6) We have built our own housing on campus for 24 families and we are planning to transfer another 96 units from Community Homes to UTTC,

(7) We continue to be a driving economic force in the Bismarck/Mandan Community and the State of North Dakota with over 300 people on our payroll, over 1,000 students enrolling each year and an economic impact of over \$44 million,

(8) We are revising our master facility plan



**HOT OFF THE PRESS:** Michelle Schoenwald, Injury Prevention instructor, helps distribute copies of the revised and newly approved college personnel policy manual during one of the most popular breakout sessions of Professional Development Day. UTN photo Dennis J. Neumann

to construct the necessary infrastructure on the new side of campus,

(9) We are celebrating 4 years of clean audits and continue with "mature contract status" in our Indian Self-Determination contract,

(10) We have moved into a state-of-the-art wellness facility,

(11) We report a 54% graduation rate, an 86% cumulative retention rate and we look to increase those numbers,

(12) Your president has changed the Dean's titles to Vice Presidents,

(13) And, our president is celebrating his 30<sup>th</sup> year as president of the college and his fifth year restoring funding for our important programs.

We have made significant and important progress in spite of our obstacles and challenges. Our organization is healthy and prosperous in many ways.

We are constantly evaluating and contemplating our future. We are ever in the planning mode, hoping for great achievements. You can continue to fulfill your role by striving each day to do your best as an individual and understanding your role in the larger picture. When asked for input, please offer it. When called upon for assistance, continue to provide it. And, when faced with challenges, accept them and move forward.

In the face of adversity we have done well as a community. But we must continue to plan strategically for our future and adjust to difficulties along the way. Never get comfortable with where you are and accept opportunities to improve and grow.

Best wishes to each of you; I look forward to what the future has to offer to us.

## PROFESSIONAL DEVELOPMENT



**PROFESSIONAL PRAISE:** "What you do matters," said David M. Gipp, UTTC President, in a welcome speech to the United Tribes staff March 12 during All Staff Professional Development Day. "Your work is of great value to American Indian people. Remember, our students and their families get their hopes, dreams and optimism from here. There are a lot of people who are thankful for what you do. It has an obvious impact on families over the course of generations...or they wouldn't keep sending their children here to be educated."

# Hand Game part of Professional Development Day

Members of the United Tribes staff thoroughly enjoyed the opportunity to learn how to play a traditional hand game. It was the final session of All Staff Professional Development Day on March 12, taught by hand game experts Don Rush and George Good Bear (Three Affiliated).

Players on two opposing teams conceal in their hands game pieces made of animal bone. The action involves selecting which hand holds the unmarked piece or matching the opponent's arrangement of the two bones hand-for-hand.

Keen players possess the advanced interpersonal skill of reading an opponent's body language and deceiving them with expressions, gestures and distraction. It also involves a bit of luck.

First time players soon learned how the contest provides endless hours of entertainment.

Success was determined by winning all the sticks. In this case, it was the team captained by Russell Gillette.



UTN photos Dennis J. Neumann

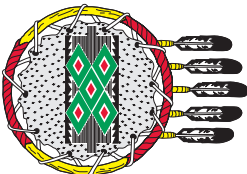
# Thinking about the next step



**FEEDER SYSTEM:** Shari White Owl (Three Affiliated) said she likes what she's seen of the dorms at Minot State University. White Owl, New Town, ND, paused February 28 between classes in the UTTC Skill Center to talk with MSU Enrollment Services Representative Andrea Haser. According to the North Dakota University System, 576 former tribal college students attended state colleges and universities during fall 2006. White Owl graduates in December from UTTC's Business and Office Technology program. MSU offers a Business Information Technology Program, said Haser, as White Owl filled out a card requesting more information. UTN photo Dennis J. Neumann

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BISMARCK, ND

**United Tribes Technical College**  
3315 University Drive  
Bismarck, North Dakota 58504  
www.uttc.edu



**Deadline for next issue: 5 pm - April 16, 2007**

UNITED TRIBES NEWS is published monthly by the Office of Public Information and Arrow Graphics, divisions of United Tribes Technical College, 3315 University Drive, Bismarck, ND, Dr. David M. Gipp, President

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Office of Public Information  
3315 University Drive  
Bismarck, ND 58554



Due to the large volume of articles we receive we cannot promise publication. CDs will not be returned.

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