

UNITED TRIBES *News*

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Partnership agreement page 3

AUGUST 2007

UNITED TRIBES TECHNICAL COLLEGE • BISMARCK, ND

VOLUME 16 NUMBER 7

MAAH DAAH HEY MOTIVATION *pedal power*



EXPLORE INSIDE:

- Minot State Partnership p. 3
- Half Marathon p. 5
- Sister Kathryn p. 15
- Student Athletes p. 17

Duane Jackson (Spirit Lake), a student in Automotive Service Technology, leads a group of UTTC mountain bikers June 23 during a healthy lifestyle outing in the North Dakota badlands. Story and more photos pages 18-19. UTN photo Dennis J. Neumann

Back to School



- Aug 13 TJES Classes Begin
- Aug 13-14 ACT/Compass Testing
- Aug 13-14 Faculty Orientation
- Aug 13-17 Student Orientation
- Aug 20 UTTC Classes Begin
- Aug 20 IVN Classes Begin
- Sept 3 Labor Day (No Classes)
- Sept 6-9 UTTC Powwow
- Sept 7 No Classes

Fall 2007 Semester

BISMARCK (UTN) – Student orientation is set for the week of August 13 to 17 and classes begin Monday, August 20 for the fall 2007 semester at United Tribes Technical College.

New students especially are encouraged to take advantage of the opportunity to get familiar to campus life during orientation week.

Events and activities are scheduled to

help make the process of settling in easier. Advisers have online access to all information students need to register quickly.

Enrollment has increased yearly since the college began a campus expansion and growth plan in 2003. About 700 students are expected for the fall term, leading to an overall student count of over 1,100 for the 2007-08 academic year.

See a detailed orientation schedule on page 7.

UTTC Chapel is setting for Confirmation



UTN photo Don Cain

UTTC CEREMONY: The church chapel at United Tribes Technical College was the setting for a confirmation ceremony April 11. Taking part were, from left, Julie Cain, UTTC counselor; Rev. Victor Feser, OSB, University of Mary; Sarah Ruiz, student (confirmed); the Most Reverend Paul A. Zipfel, Bishop of the Catholic Diocese of Bismarck; Elysia Fredrick, Mandan (confirmed); and Francis Azure, UTTC administrative staff (confirmed).



LeRoi Laundreaux's Lunch Menu

Includes 2% or Skim Milk, Coffee or Tea and Salad Bar, Fresh Fruit, and Vegetables. Menu subject to change.
 Cafeteria Hours: Breakfast ~ 7:00 - 8:30 am • Lunch ~ 11:30 - 1:00 pm • Dinner ~ 5:00 - 6:30 pm
 All Students Must Show ID - NO EXCEPTIONS!!

Lunch Menu

	Aug. 13 - 17	Aug. 20 - 24	Aug. 27 - 31	Sept. 3 - 7
M	Chicken Strips & Mac & Cheese	Grilled Cheese & Tomato Soup	M Chicken Nuggets & Mac & Cheese	Brunch served 10am-12pm & Dinner 4-5pm
T	Taco Salad w/ Assorted Toppings	Burritos, Spanish Rice & Refried Beans	T Crispy Taco & Roundabouts	Beef Nachos w/ Assorted Toppings
W	Roast Beef & Mashed Potatoes	Baked Ham & Au Gratin Potatoes	W Baked Chicken & Rice	Beef Stew & Frybread
T	Hamburger & French Fries	Pizza (Cook's Choice)	T Hamburger & French Fries	Chili Dog & Mac & Cheese
F	Spaghetti & Garlic Toast	Chicken Fried Steak & Mashed Potatoes	F Beef Stir Fry, Egg Roll & Rice	Pizza (Cook's Choice)

KODA THE WARRIOR

"Back to School Butterflies"

CREATED BY MARK L. MINDT
 SPIRIT LAKE NATION

It's been a great summer, Benny. We've seen some nice sights, met neat people and covered many miles thanks to this new "Bio-Fuel" made from frybread oil.

Yeah! now it's time to get back to the Re-United Tribal University!

Benny's right. I start school in a lil' bit and I'm nervous about...

books, room, tuition, & CLASSES!!!

Hau, Mitakuyapi!

We are all nervous about what this year will bring. We're also very excited about what we can do with our time in a positive, productive way. None of us know what will happen exactly, but we can be sure that none of it will happen unless we choose to make things happen in a good way! So relax and come back to school with fresh goals and clear dreams of what it is that you want to accomplish for your future! HOKA HEY!!!

UNITED TRIBES AND MINOT STATE *partnership agreement*



Staff members from United Tribes and Minot State look on as David M. Gipp, left, and David G. Fuller sign a partnership agreement between the two colleges June 12. UTN photo Dennis J. Neumann.

BISMARCK (UTN) – David M. Gipp, president of United Tribes Technical College, and David G. Fuller, president of Minot State University, signed a three-year agreement June 12 for educational partnerships between the two colleges.

“This is a new model for collaboration between United Tribes Technical College and a higher education institution in the North Dakota University System,” said Gipp. “It’s an opportunity to grow a relationship between the two institutions that will lead to benefits for the community and students.”

Under the memorandum of understanding, the two institutions agree to work toward a “two-plus-two” collaboration model, which means courses students complete at UTTC will be accepted by Minot State University and will apply toward a four-year degree at MSU.

UTTC is one of five tribal colleges in the state. It was founded in 1969 as a non-profit corporation chartered by the State of North Dakota and is operated by the five tribes located wholly or in part in the state: Three Affiliated Tribes, Spirit Lake Tribe, Sisseton Wahpeton Oyate, Standing Rock Sioux Tribe, and Turtle Mountain Band of Chippewa. The college is governed by a ten-member board of directors made up of the chairperson and one delegate selected from each of the tribes.

“One of the primary strategies of our new strategic plan is to build a multicultural campus,” said Fuller. “We want to increase diversity and strengthening our relationships with the tribal colleges is an important part of that. We are honored to have United Tribes Technical College choose to partner with us.”

Additional initiatives in the agreement

include exploring other academic program collaborations; sharing of existing facilities and resources as host institutions; sharing of information and invitation to relevant projects, programs and activities; promoting of service learning and civic engagement; joint seeking of external resources, and enhancing Native American studies programs.

The MOU also agrees to equal status and full autonomy for each institution.

Fuller and Gipp said that making both institutions stronger is a key reason for making the agreement.

“The agreement addresses the transfer of credits. More of our graduates will be able to make a smooth transition to Minot State,” said Gipp. “It also could enhance diversity at MSU. It can lead to collaborations with American Indian educators, and more accurate and meaningful learning about Native people and topics. I believe that a closer relationship with tribal people and organizations in the state will enrich the MSU Native American studies program.”

Fuller agreed, saying, “Agreements like this form the groundwork to make faculty exchanges, student exchanges, curriculum development and program development easier. But most importantly, they make the learning environment more supportive and richer for our students.”

Under Fuller’s leadership, MSU has also entered memorandums of understanding with Fort Berthold Community College, New Town, ND, and Turtle Mountain Community College, Belcourt, ND.

The signing ceremony in the Healing Room of the Lewis Goodhouse Wellness Center on the UTTC campus included a prayer and reception.

ARE YOU A WOMAN WHO SERVED IN WAR AND COMBAT? WOULD YOU BE WILLING TO DISCUSS YOUR EXPERIENCES?

My name is Christina Weber and I am an Assistant Professor of Sociology at North Dakota State University. I am conducting research about women’s experiences in war and combat. This is a project that aims to fill a gap in society’s understanding of women’s war experiences. If you served in the military I am asking for your assistance in my research.

If you decide to participate in this project, you will be asked to fill out a brief questionnaire about your military experiences and then I would conduct an approximate 1 to 2 hour interview. I will ask about your experiences in the military, particularly in regard to combat and war situations. I will also ask about your experiences since you served in war.

If you are interested in participating or have questions, please feel free to contact me at 701-231-8928 or christina.d.weber@ndsu.edu. I look forward to hearing from you. Christina Weber, PhD, Assistant Professor, North Dakota State University, Department of Sociology, Anthropology, and Emergency Management, Minard 404B, Fargo, ND 58105.

Fancy dancer is on powwow poster

represents physical & spiritual moment

BISMARCK (UTN) – The image of a male fancy dancer in bright regalia with his head held high has been selected to represent the 38th Annual United Tribes International Powwow. The work, “Wacipi Waste,” rendered in mixed styles by artist Don Brewer (Cheyenne River/Oglala Lakota), Globe, Arizona, pays tribute to the joy and goodness of the powwow.

Brewer’s work will adorn wearable and collectible items used to promote the 2007 event scheduled for September 6–9 on the college campus in Bismarck. (See pull out poster in the center of this issue).

It is the third time a work from Brewer has been selected to promote the “Tribes” powwow, one of the longest running contest powwows in the country.

“I’m so honored to have [Wacipi Waste] as the UTTC poster,” said Brewer, 45, an artist for more than 20 years. “It came from the near the beginning of my career when I was trying to push myself and find new boundaries.”

Literally translated in Lakota as “Good Gathering,” Wacipi Waste is an example of how Brewer’s style was influenced by abstract and impressionist artists. The acrylic/horsehair/beaded original was created in 1988, shown very little, purchased by Jess Clairmont for United Tribes, and is part of the college’s collection of American Indian art.

The canvas on which the dancer is painted represents a window between the “spiritual world and physical world.” Protruding from the plane of the canvas on the original – as if bobbing between the two worlds – are the beads of the dancer’s headband and the horsehair of the roach.

“When a dancer is out there in the arena, listening only to the drum and the singing, he transcends the here and now,” said Brewer. “You go to another level, you’re not even there.”

In Wacipi Waste you are seeing a dancer in a “spiritual place unto himself,” he said. “He is in the midst of both worlds. One of the truly joyous and good things of the powwow.”

Brewer’s first poster image for the UTTC powwow was in 1986, followed by another, “Sioux Chief,” in 1991. His work ranges in size from book and CD covers to 50 foot landscape murals. Living near the San Carlos Apache Nation, Brewer has been interested in teaching young tribal artists. He hopes to open a gallery in the future.

The powwow’s dazzling display of color and culture begins with the first Grand Entry of dancers at Lone Star Arena, in the center of campus, on Thursday, September 6 at 7 p.m. Subsequent Grand Entries are held Friday through Sunday at 1 p.m. and 7 p.m. (Central Time).

The powwow concludes with awards for champion dancers and drum groups on Sunday evening, September 9. All first place winners receive Jackets, trophies and cash. The first 25 drums are paid; tiny tot dancers earn day money.

A \$15 entrance fee guarantees admission to all dance and drum competitions for the entire four days. Daily admission is \$8. Elders (60 and over) and children (5 and under) enter free.

Held annually since 1969, the four-day event is the last of the large outdoor powwows on the Northern Plains at the end of the summer season. It typically attracts 800 dancers, more than two-dozen drum groups, and upwards of 15,000 spectators, to the college campus.

For more information about the powwow and associated events contact Sandy Erickson, serickson@uttc.edu, 701-255-3285 x 1293, FAX 701-530-0633, or visit www.uttc.edu.

FWS seeks input

SUMMARY: The U.S. Fish and Wildlife Service (FWS) is considering amending its migratory bird regulations to allow Native Americans to acquire parts and feathers from birds other than eagles for religious or spiritual use. No current regulations govern this type of activity other than for eagles.

The FWS has a compelling interest in protecting the traditional religious and spiritual resource values of Native Americans as part of its trust relationship with federally recognized Native American tribes. They recognize the need to balance this compelling reason against the equally compelling basis for the Migratory Bird Treaty Act.

The FWS seeks information necessary to prepare an environmental assessment under the National Environmental Policy Act for a possible proposed rule.

DATES: To ensure consideration, the FWS must receive your written comments and suggestions on or before August 14, 2007.

ADDRESS: When submitting comments refer to RIN 1018–AV14. Please include your name and return address. Submit comments by only one of the following methods:

1. U.S. Mail: Andrea Kirk, Permits Administrator, Migratory Birds (use address above);
2. E-mail: otherfeathers@fws.gov;
3. Submit comments via <http://www.regulations.gov> and reference RIN 1018–AV14; or
4. Fax: (612) 713–7179.

MORE INFORMATION:

Andrea Kirk, Permits Administrator, Migratory Birds—Region 3, U.S. Fish and Wildlife Service, 1 Federal Drive, Fort Snelling, MN 55111, (612) 713–5436.

2007 POWWOW HEAD STAFF

Announcers:	Jason Good Striker, Canada • Jerry Dearly, St. Paul, MN
Head Woman Judge:	Gracie Her Many Horses, Montana
Head Man Judge:	Don Rush (Three Affiliated) New Town, ND
Singing Judge:	Clair Fox (Three Affiliated) White Shield, ND
Arena Director:	Spike Draper, New Mexico
Ground Blessing:	Marcel Bull Bear (Oglala) Pine Ridge, SD

POWWOW COMMITTEE

Powwow Committee 2007

Bud Anderson, Merry Brunelle, Julie Cain, Wayne Campbell, Sandy Erickson, Cindy Hurkes, Warren “Red” Koch, Wes Long Feather, Karen Paetz, Debbie Painte, Tom Red Bird, Leona White Hat

Adviser: Dr. Harriett Skye,
Vice President of Inter Tribal Programs

By SuAnn Schmitz and Pat Aune, Land Grant Extension Nutrition Educators, United Tribes Technical College

Nutrition and Foodservice kitchen remodeled

It's been gutted, concrete broken up, water lines changed, electric updated. Now UTTC maintenance department and the UTTC construction students are completing total renovation of the Nutrition and Foodservice Kitchen.

Students entering the Nutrition and Foodservice vocation in August will finish

the organization of the teaching lab that will include a commercial range, convection oven, and other restaurant equipment. There will be three workstations for students plus an additional handwashing station and an improved dishwashing area.

Watch for more information about the September 7th open house.



UTTC construction students Steve Raining Bird and Cameron Johnson are building a new dividing wall in the "gutted" Nutrition and Foodservice Kitchen.

Nutritious Summer Snacks

Summer days may try to slow down your walking, but don't let the heat overpower you. Walk early in the morning, late in the evening, or even in an air-conditioned building. Then have a nutritious fruit or vegetable snack to help you cool down.

During the summer, fresh fruits and vegetables are abundant and make excellent snacks. Fruits and vegetables provide many nutrients in our diets. They are excellent sources of fiber, Vitamins A and C, folate, and phytochemicals including lycopene from tomatoes, polyphenols from purple grapes, and sulforaphane from broccoli. They also provide color, texture, and flavor to our diets. Try these favorite cool-down recipes.

Push Button Peach Shake

1 can (2 cups approx.) peaches (include juice)
 ¼ cup frozen orange juice concentrate (add directly from can, do not add water)
 ⅔ cup nonfat dry milk powder
 6 or 8 ice cubes, crushed

Combine all in blender at medium speed until well blended. Serve at once in a glass. Makes 3 cups. Serving size 1 cup.

Darned Good Dip

½ cup nonfat sour cream or yogurt (low-fat)
 ½ cup mayonnaise (low-fat)
 ¼ teaspoon garlic powder
 1 Tablespoon lemon juice
 1 Tablespoon finely grated onion
 ½ teaspoon dill weed (optional)
 1 (16 oz) can spinach, squeezed dry and chopped

Mix all ingredients and chill several hours to blend flavors. Serve with a variety of fresh vegetables. Makes 3 cups. Serving size 2 Tablespoons.

ASK THE EXPERTS

Q & A



SuAnn Schmitz
 Nutrition Coordinator

How much water should I drink?

Staying hydrated is vital to keeping body temperature and electrolyte level balanced. Water accounts for a large percentage of what makes each of us "human". The average 150 lb. adult body contains 40 to 50 quarts of water. Almost two thirds of our body weight is "water weight":

Blood – 83% water • Muscles – 75% water • Brain – 74% water • Bone – 22% water

How much water should you drink? Six to eight glasses a day will be adequate for most people and allow water to do its job of:

- Transporting nutrients and waste products
- Serving as a lubricant to protect the body
- Participating in metabolic processes
- Regulating body temperature

Tips for Drinking Water:

- You are naturally thirsty in the morning, so take advantage of this thirst. Drink a glass of water the first thing in the morning.
- If you are cold, drink warm water instead of coffee and tea.
- Don't wait until you are thirsty to have a drink – you are probably already dehydrated when you feel thirsty.
- Set a timer to remind yourself to establish a habit of drinking water and keep a bottle of water with you at all times.



Source: University Nebraska-Lincoln Extension educational programs, University of Nebraska-Lincoln and the United States Department of Agriculture
 Do you have a nutrition question? Email it to: sschmitz@uttc.edu. If your question is published in UTN, the Land Grant Department will send you a \$10 grocery gift card.

Summer Fun *on the hook*



United Tribes News photo Scott Davis

Farren Defender (Standing Rock), a student in Automotive Service Technology, showed how to fill the frying pan during a student camp out at Fort Lincoln State Park. Wife Polly and niece Shante also contributed to a catch of eight fish from the Heart River on the two day outing June 2-3. Three other families (a total of 15 campers) took part in fishing, camping, hiking, and mountain biking. They also toured the park museum and the On-A-Slant village, once occupied by ancestors of the Mandan tribe. The event was conducted by the UTTC Strengthening Lifestyles Department.

Students gather surveys and research experience

By Dr. Cheryl Long Feather, UTTC Research Director

Four United Tribes Technical College students participated in an important reservation-based risk and crisis communication project this summer. Susan Twinn, JoBeth Brown Otter, Cheryl Lawrence and Mamie Laundreaux all took part in various aspects of a collaborative research venture with the NDSU Risk + Crisis Communication Food Protection and Defense Project.

This project is a two part effort funded by the National Center for Food Protection and Defense to better understand how to reach vulnerable populations in times of food crises (for example, recent incidents of contaminated lettuce). Last year in part one, focus groups were conducted with Native and New Americans. The second phase, in which the UTTC students participated, involved oral surveys with members of each Native community in North Dakota.

The four students worked with the population of the Standing Rock Sioux Indian Reservation. As enrolled members of that tribe, the students had a familiarity with the area and the people that was extremely valuable to the project. As student surveyors, their duties included attending a mandatory training meeting, contacting participants and setting up interview times, administering the surveys, and returning the surveys by a deadline date.

During the month of June, the students traveled to each of Standing Rock's eight districts and conducted the surveys with their assigned individuals. The students braved the heat, grumpy participants and long trips to complete their work.

Despite some of the hardships, student researcher Susan Twinn thought it was worthwhile.

"I really enjoyed getting out into the communities and talking with the young and old," said Twinn. "Although it was very HOT, I felt excited about going into their homes and listening to their concerns."

The purpose of the oral survey was to better understand (1) Native learning styles so that, in times of crisis, better communication can be developed that would best reach Native communities about food related risks and crises, (2) Native perceptions of risk and crisis and who is consid-

continued page 13

GO TO SCHOOL

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- Medical Transcription Certificate – train to work from home transcribing medical dictation
- AAS Nutrition and Food Service – prepare to work with Nutrition and Diabetes programs
- AAS Health Information Technology – prepare for a career in health/medical records
- AAS Early Childhood Education – prepare for a career in Head Start or Child Care
- AAS Elementary Education – become an elementary school paraprofessional

701-255-3285 • www.utt.edu



UNITED TRIBES TECHNICAL COLLEGE
3315 University Drive • Bismarck, ND 58504

Accredited by the Higher Learning Commission of the North Central Association of Colleges and Schools

Fall Semester Student Orientation August 13-17, 2007

Monday, August 13

8:30 am- 3:00 pmElementary Registration
(Classes officially start at 8:25)
8:00 am- 3:00 pmChild Development Center Registration
8:00 am-3:00 pm..... Campus Tours (Meet Ambassadors at lower JBC)
3:00 pm-5:00 pm HONOR RECEPTION FOR NEW STUDENTS
(Multipurpose Room)
Welcome from Vice Presidents and President
7:00 pmDakota Zoo at Sertoma Park

Tuesday, August 14

8:00 am-5:00 pm..... Group Assignment Breakout Sessions
6:00 pm-9:00 pm Volleyball Tournament, west of Co-ed Dorm

Wednesday, August 15

8:00 am-5:00 pm..... Group Assignment Breakout Sessions
6:00 pm-9:00 pm Double Ball, Bowery

Thursday, August 16

8:00 am-5:00 pm..... Group Assignment Breakout Sessions
6:00 pm-9:00 pm Horseshoe Tournament, east of Elementary

Friday, August 17

8:00 am-5:00 pm..... Orientation Checklist Completion
(Available at Admissions)
8:00 am-5:00 pm..... United Tribes Technical College Wellness Fair
6:00 pm-9:00 pm Three on Three Basketball Tournament
JBC Parking Lot



APPLY EARLY FOR TRIBAL FUNDING!

- Deadline dates vary for every tribal funding agency
 - Awards are based on availability of funds
 - Priority for selection maybe awarded on a first come first serve bases
- General reasons funding may be denied:**

- Missed deadline date
- Incomplete files
- Did not apply

The Following documents generally required:

- Acceptance letter from educational institute
- Financial needs analysis (budget) – from financial aid officer
- Semester grades / mid-term grades
- Class schedule
- To ensure application completeness, contact and follow up with funding agency frequently.

To be eligible for Workforce Investment Act (WIA) classroom training assistance, **ALL** students must apply with home funding agency first.

The WIA Office • Building 61
United Tribes Technical College
701-255-3285 ext. 1232/1229

David M. Gipp

Scholarship Fund



To honor his 30 years as college president, United Tribes has established the David M. Gipp Scholarship Fund as part of the "Opportunities in the Making" Student Scholarship Campaign.

With the support of generous individuals and businesses in Bismarck-Mandan, this successful campaign has provided support for the education of 280 students in the past two years. Your contribution to the David M. Gipp Fund will help it grow, providing additional scholarship support. Please take this opportunity to recognize and honor David and help in his life's work.

Send your check to:
David M. Gipp Scholarship
United Tribes Technical College
3315 University Drive
Bismarck, ND 58504

Contact: Brad Hawk
701-255-3285 x 1387, bhawk@uttc.edu



PARADE OF CHAMPIONS

registration underway

BISMARCK (UTN) – Registration is open for the United Tribes “Parade of Champions,” scheduled for Saturday, September 8 in Bismarck.

The event is a showcase for community spirit and unity during the United Tribes International Powwow.

“It’s an important community event that people look forward to both as participants and spectators,” said Karen M. Paetz, Director of the United Tribes Land Grant Department and co-chair of the United Tribes International Powwow. “It’s always been a showcase for diversity. We want everyone in the community to know that they’re invited to register now to get involved.”

“Celebrating Community Through Leadership” is the theme. Participants are encouraged to plan for an entry that honors the spirit of community through those who provide leadership.

United Tribes will honor David M. Gipp,

who has served as college president for 30 years, bringing visionary leadership and a commitment to unity among diverse groups in the community.

The choice of who or what to focus on is up to each participating organization, according to the parade committee.

Because of the parade’s popularity, the number of entries is limited to 150. Half of those are for tribal organizations, including American Indian dancers and singers from the powwow, tribal leaders, Miss Indian Nations participants, and entries from the state’s five tribes. The remaining 75 are reserved for participants from the Bismarck-Mandan area, which have included school groups, marching bands, floats, and public officials.

The parade cost is \$35 per entry, the same as in previous years. An additional \$15 fee is required for entries that wish to be judged for cash prizes in four cate-

gories: Best Overall Theme Entry; Best Horse Group; Best Dance Group; and Best Youth/Cultural Entry.

Entry forms are available from parade coordinators Lorraine and Scott Davis at United Tribes Technical College, 701-255-3285 x 1260 or 1454, ldavis@uttc.edu, or sdavis@uttc.edu.

The “Parade of Champions” is staged beginning at 8 a.m. at the State Capitol grounds. It begins at 10 a.m. and follows a route from Boulevard Avenue down Sixth Street to Avenue C, west one block to Fifth Street, and south on Fifth Street through downtown to Kirkwood Mall, where participants disperse in the mall parking lot.

The international powwow begins September 6 on the campus of United Tribes Technical College. It attracts over 10,000 visitors to the community for the weekend and is recognized as one of the nation’s premier cultural events.

Participants sought for Miss Indian Nations pageant

BISMARCK (UTN) – Young American Indian women who know their culture and are willing to share it with others are invited to submit applications to participate in the Miss Indian Nations scholarship pageant.

The 15th annual pageant is scheduled for September 5 to 8 in Bismarck during the United Tribes International Powwow.

The event is a scholarship program for single, non-parent American Indian women between age 17 and 25 who can demonstrate their command of tribal values, customs and teachings.

Top participants receive awards and scholarships and the chance to become a cultural ambassador for American Indian tribes.

The current Miss Indian Nations, Ponka-We Victors, a member of the Tohono O’dham and Ponca Nations of Kansas, ends her reign with selection of the new Miss Indian Nations on Saturday, September 8.

Participants are judged on traditional skills, talent, public appearances and presentations, communication skill and speaking ability, personal conduct, and answers to general and impromptu questions. All experience positive personal growth from their involvement in the pageant.

Application forms are available from the National Miss Indian Nations Ambassador and Leadership program at United Tribes Technical College.



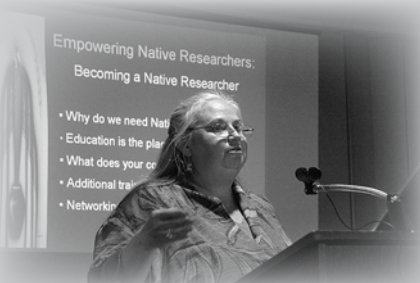
Ponka-We Victors, Miss Indian Nations XIV, will crown the fifteenth Miss Indian Nations on September 8 in Bismarck. UTN photo

Participants take part in Youth Day at the Powwow on Friday, September 7 and are judged for a Children’s Choice Award. On Saturday, September 8, they are featured in the “United Tribes Parade of Champions” through downtown Bismarck. Following a coronation program, the new Miss Indian Nations is presented to the powwow audience in Lone Star Arena with an honor song.

For pageant information contact Jess M. Clairmont or Merry Brunelle (701-202-6518), co-chair persons, Miss Indian Nations Ambassador and Leadership Program, 701-255-3285 x 1217, or visit www.uttc.edu.

Announcing the 2007-08

NATIVE RESEARCH LECTURE SERIES



Enlightening talks and presentations exploring the cultural connection between indigenous people and the world around them

Watch for flyers and announcements with dates, times and locations

More information:

Cheryl Long Feather, Ph.D.,
Research Director
United Tribes Technical College
701-255-3285 x 1491
clongfeather@uttc.edu

Institutional Advancement Update

“Opportunities in the Making” Student Scholarship Campaign:

- David M. Gipp 30th Anniversary Reception and Dinner raised over \$11,500
- Employee payroll deduction has raised over \$18,000
- 321 scholarships awarded since Fall 2005; awards made for fall, spring and summer semesters
- Students selected by Scholarship Committee: 2.0 GPA or above: full time on campus student, and must have a financial need

Upcoming Events:

- Intertribal Council Summit Reception – Wednesday, September 5, 6 p.m., Bismarck Civic Center
- Golf Tournament – Friday, September 7, 9:30 a.m., Apple Creek Country Club

More information: Brad Hawk, 701-255-3285 x 1387, bhawk@uttc.edu.

Opportunities in the Making Student Scholarship Campaign

UTTC employees are allowed to make a gift to the Opportunities in the Making Student Scholarship Campaign through payroll deduction.

No one knows the value of education better than you! Any amount you commit will become a vital part of the financial support needed for students to succeed in building better lives for themselves and their families.

Please make your pledge today! Your gift is tax deductible

Contact:
Brad Hawk, Director
Major Gifts and Alumni Relations/
Research and Development Dept.
x 1387 or bhawk@uttc.edu



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701.255.3285 x1296

TAKING THE BEADING PATH *time well spent*



UTTC employees who work in the Lewis Goodhouse Wellness Center applied themselves to creating bead work, June 29, as part of staff wellness day. From left, Eveleen Cook, Healthy Lifestyles family specialist; Scott Davis, Healthy Lifestyles activities coordinator; and Suzanne Shields, Student Health Center supervisor. One day each month the department turns its attention inward to allow staff members to experience wellness activities. This one was coordinated by Wellness Center Counselor Julie Cain. UTN photos Dennis J. Neumann



U.S. Department of Housing and Urban Development

Fair Housing Accessibility Training

August 14th : 8:30 am – 4:30 pm

Radisson Hotel
605 E. Broadway
Bismarck, ND 58501

To register, visit
www.fairhousingfirst.org

and click on the
“CALENDAR” link
Or call 703.747.3963

or the FHD at 701.221.2530 or
Toll-Free at 888.265.0907

For more information
contact Matt Zarit at
matt.zarit@bearingpoint.com
703.747.3963



*This program is registered with the American Institute of Architects. Architects will receive up to six (6) Health Safety and Welfare (HSW) continuing education credits per day.

Strengthening Lifestyles Calendar

Monday through ThursdayOpen Gym 8 - 9 pm (5 pm Fridays)

WednesdaysMovie Night • 6 pm

DailyVolleyball, Horseshoes, Karate/Jitsu Class, Frisbee Golf Mountain Bike Checkout

Wellness Center Hours: 8 - 5 pm Monday through Friday • Look for calendars pasted throughout campus and UTTC website
Detailed activities schedule available from Strengthening Lifestyles Dept. x 1391, 1261, 1323

By Sam Azure, Theodore Jamerson Elementary School Principal

When does school start?

All new and returning TJ students start school on Monday, August 13. The bus will run the same route as last year for students who live off campus, with the same pick up times. We serve breakfast and lunch.

Schedule for Week 1:

- **Monday:** We will run a short day schedule. Students need to be in school by 8:20 a.m. School releases at 1 p.m.; the bus leaves at 1:10 pm.
- **Tuesday – Friday:** The remainder of the week will be a full day schedule; classes starting at 8:20 a.m. and ending at 3:15 p.m.

The regular, daily, full day schedule will resume with Week 2.

How do Students register to attend TJ?

For Returning Students who attended TJ in May, parents/guardians need to complete an updated enrollment form. For New students, TJ registration will take a little longer to fill out all forms. You must have the following documents: Birth Certificate, Degree of Indian Blood, Social Security Card, and Immunization Record. The address of previous school attended and phone number is helpful, and children custody papers, if applicable.

Who can Attend TJ ?

Only the children of UTTC students and UTTC staff members may attend Kindergarten and they must be 5 years of age by August 31. Children of students and staff applies to all other grades, except we will enroll students from Bismarck\Mandan if they meet the criteria listed above and only if classroom space is available.

Best Wishes for the New School Year!

Parents/Guardians - Don't hesitate to contact me or members of the TJ staff if you have questions. We look forward to another excellent year with your children. TJ Elementary School: 255-3285 x 1304.

**Tribal Summit
scheduled**

*Event held at Bismarck
Civic Center*

BISMARCK (UTN) – Registration is open for the eleventh annual Intertribal Council Summit meeting of tribal officials set for September 4 – 6 in Bismarck. The event will be held at the Bismarck Civic Center Exhibit Hall with the opening ceremony beginning at 1 p.m. Tuesday, September 4.

Discussion topics for the conference include: law enforcement issues in Indian Country including Meth use and resources, indigenous rights in the 21st Century, probate reform, renewable energy, Indian gaming, and education.

The annual gathering is an opportunity for tribal leaders from around the region to exchange information about current issues in Indian Country. Sessions have been attended by members of the North Dakota Congressional Delegation or their representatives and other leaders at the federal, state and local level.

A number of tribal conferences are held in conjunction with the Summit, providing an opportunity to learn about issues in various disciplines including transportation, planning, tribal colleges, health, and housing.

The event also includes a trade fair September 5 and 6 in the Civic Center Arena. The number of vendors has grown, thereby expanding the size of the trade fair this year. Summit luncheons will take place in the Trade Fair arena, providing and opportunity to see the products and services available.

Trade fair set up takes place September 4 from 4 p.m. to 8 p.m. Retail vendors are required to have an active North Dakota Sales and Use Tax Permit.

United Tribes Technical College sponsors the meetings, which precede the United Tribes International Powwow.

To see a detailed agenda and to register, visit the United Tribes website: www.uttc.edu, or contact Brek Maxon, Trade Fair Coordinator, 701-255-3285, x 1359 or Tiffany Hodge at x 1482 or e-mail thodge@uttc.edu. See topic agenda left.

ADVANCING TRIBAL SOVEREIGNTY: "STRENGTHENING TRIBAL CULTURES"	
SEPTEMBER 4-6, 2007 · BISMARCK CIVIC CENTER EXHIBIT HALL	
■ TOPIC AGENDA ■	
————— TUESDAY, SEPTEMBER 4 —————	
9:00 A.M.	REGISTRATION OPENS - EXHIBIT HALL
1:00 P.M.	OPENING CEREMONY: REMARKS BY TRIBAL CHAIRS, STATE & CITY OFFICIALS AND OTHER HONORED GUESTS
2:30 P.M.	LAW ENFORCEMENT ISSUES: THE CONTINUING CHALLENGE OF METH
3:15 P.M.	ND STATE LEGISLATIVE UPDATE
————— WEDNESDAY, SEPTEMBER 5 —————	
8:00 A.M.	REGISTRATION OPEN
9:00 A.M.	GENERAL SESSION: TREATIES AND INDIGENOUS RIGHTS
9:45 A.M.	INDIGENOUS RIGHTS IN THE 21ST CENTURY
10:30 A.M.	PROBATE REFORM: ESTABLISHING A PROBATE CODE; WHY YOU NEED IT
NOON	LUNCHEON
1:30 P.M.	RENEWABLE ENERGY-PRACTICAL SOLUTIONS AND REAL ECONOMIC DEVELOPMENT
2:45 P.M.	INDIAN GAMING
6:00 P.M.	RECEPTION – SCHOLARSHIP FUND RAISER
————— THURSDAY, SEPTEMBER 6 —————	
9:00 A.M.	GENERAL SESSION
10:15 A.M.	LAW ENFORCEMENT ISSUES: RESOURCE NEEDS
11 A.M.	NORTH DAKOTA CONGRESSIONAL REPORTS
NOON	LUNCHEON
1:30 P.M.	EDUCATION FOR THE SEVENTH GENERATION
2:30 P.M.	UTTC / UTND BOARD REVIEW AND APPROVAL OF RESOLUTIONS
4:00 P.M.	POWWOW GROUND BLESSING
7:00 P.M.	GRAND ENTRY – 38 TH ANNUAL UNITED TRIBES INTERNATIONAL POWWOW

RACISM AND CLASSISM

knowledge is power

By Harriett Skye, Ph.D., Vice President Intertribal Programs, United Tribes Technical College

Experts in the field of human behavior tell us that people are not born as racists. It is learned in the home and travels from there to our schools and the work place, where people experience the pain and suffering it causes.

Another type of behavior that is similar to racism is classism. It often rears its ugly head to hurt people and deny them a place in society and their very dignity.

A paradox of America is that racism and classism continue to exist in a country that is rich with diversity and committed to democratic principals.

I have always believed that actions spawned by racism and classism will reveal dark truths about the person who is perpetrating the act. It's extremely important to remember that it's not about us. It's always about the perp.

While it's natural to react angrily, I believe that it's more important to develop our coping skills and know the difference between racism and classism and where they came from.

Racism, as defined by Webster's New Explorer Dictionary and Thesaurus is "a belief that some races are by nature superior to others; also, discrimination based on such belief."

Google's definition is: "racialism is a form of discrimination based on race, especially the belief that one race is superior to another. Racism may be expressed individually

and consciously, through explicit thoughts, feelings, or acts, or socially and unconsciously, through institutions that promote inequality between races." It goes on to tell us that it is "a form of bigotry, that race accounts for differences in human character or ability, and that a particular race is superior to others."

Class on the other hand, is defined in Google as "A social stratum whose members share certain economic, social or cultural characteristics; social rank or caste, or a set, collection, group or configuration containing members regarded as having certain attributes or traits in common, a kind of category."

Historically, the standard classification for race was formulated by Johann Friedrich Blumenbach, (1752-1840), who was born into a cultured, wealthy Protestant family in Germany. Blumenbach is considered one of the first scientists to view man as an object of natural history and who based many of his findings in scientific anthropology. He categorized and identified five races: Caucasian – White; Mongolian – Yellow; Ethiopian – Black; American – Red; and Malayan – Brown.

This taxonomy became the rule of thumb. Physiologically and psychologically it led to the assumption that racial divisions were hierarchical, and Europeans placed themselves at the top of the cultural descendants of Greco-Roman civilization.¹

When Darwin offered his "Survival of the Fittest" theory, the idea of racial superiority was used as a guideline for, among other things, European imperialism and colonialism, which was regarded as the natural destiny of the superior race.

Even prior to Blumenbach or Darwin, Joseph Arthur de Gobineau, (1816-1882) a French diplomat and racial theorist, "first proposed the concept of Aryan superiority as a scientific theory."² Gobineau's mother was Creole and held that "while some race mixing is good, too much is very bad, as it leads to the stagnation of civilization."³ He believed that white societies flourished as long as they remained free of "black or yellow strains" and that dilution would lead to corruption, ideas that would later be adopted by the Nazi's.

Knowing something about the history of racism and classism certainly doesn't stop the perps from continuing to use them as instruments of negativity. But it provides us with the opportunity to insulate ourselves from the harm it can do. By arming ourselves with information and knowledge we become empowered in the ways that bigots and racists are not.

Our elders counsel us to walk away; we do not have to respond to negativity. The hate is not about us.

Remember what Gandhi said, "let us not treat one another like the government has." We are only repressed if we allow it.

¹ See *Critical Theory; Double Consciousness; Douglass; Fanon; Feminism, Liberation Theology; Mormonism, Nativism; Post-colonial Theory; Modernity and Social Darwinism.*

² Arthur de Gobineau: *Biography and Answers.com*; <http://www.answers.com/topic/arthur-de-gobineau>.

³ Gobineau, Joseph-Arthur de, French diplomat, poet, novelist, historian and ethnographer was largely ignored during his lifetime. However, his oriental scholarship is now suspect, as are the racial theories of *Exxai sur l'Inegalite des races humaines*, which he wrote from (1853-55), a work exploited by the Nazis. In this, the decay of civilization is attributed not, as traditionally, to luxury, corruption of manners, irreligion, or systems of government, but to racial inequality and miscegenation. De'Tocqueville challenged his historical pessimism.

Students gather surveys... Continued from page 6

ered credible in times of crisis and (3) how the current best practices in risk and crisis communication work within Native communities. The project also had the added benefit of giving student researchers a valuable research experience.

"I feel really good about myself after completing my assigned communities," said Twinn. "Being an inter/intra personal style learner really helped me be successful with this project."

Upon completion of the data analysis, the project supervisors will send a research report, tailored to each tribe, to each community's tribal council. The stu-

dent researchers will also have the opportunity to present the findings and have their names listed as co-authors of the report.

For more information on this project or how to get involved with other UTTC research projects, contact Dr. Cheryl Long Feather. Contact information listed below.

Phone

701-255-3285 x1491

Email

clongfeather@uttc.edu



for more information



HORSE CAMP *marks fifth year*

By Jen Janecek-Hartman, Director, STEM Programs and Education

Twenty-six students in grades three to six were involved this summer in the fifth year of Nokotas on the Prairie: Science, Math, Technology and Culture Camp.

Activities involved math, ecology, GPS and remote sensing, geology, water quality, technology presentations, campouts, field research, horsemanship, horse safety, Nokota horses, and horse culture. Campers partnered up and researched a topic of their choice and shared their findings with family, UTTC staff and faculty, community members, and each others.

two day trip to the south unit of Theodore Roosevelt National Park. The campers really enjoyed getting to learn how to be safe around horses and about the history and geology of the Badlands. While there the campers saw two different bands of Nokota horses and a herd of about 200 buffalo.

The camp is directed by Dr. Jen Janecek-Hartman. She was assisted by Denise Folston, vice principal of Pioneer Elementary School, Bismarck. Camp facilitators were Mark Mindt, Mike Collins, Derek Schulte and Lisa Colombe, all UTTC



Touching a horse is one of the activities that campers do as part of beginning horsemanship lessons at the Nokotas on the Prairie Science Camp. UTN photo Barb Schmitt

Campers participated in camping and field trips. The camp outings were to the Fort Berthold Reservation, the Nokota Conservancy Annual Meeting in Linton, ND, and to the Badlands. The field trips were held near Linton, ND in Conservancy pastures. There the campers observed and interacted with several bands of Nokota horses. These horses are believed to be the descendants of horses that belong to Sitting Bull's Band, and which were taken when he was jailed and his group confined to the reservation.

Two highlights of the camp this summer were beginning horsemanship lessons and a

instructors. Ginny Eck, Cowboy Hall of Fame board member was another facilitator.

The camp is funded through a grant from the American Indian Higher Education Consortium (AIHEC), NASA, and the National Science Foundation, as an outreach program to provide American Indian youngsters with expanded access to science, technology and math. The AIHEC/NASA grant provides funding for the camp for two more years.

For more information contact Jen Janecek-Hartman, 701-255-3285 x 1396, jjanecekhartman@uttc.edu.

Native business center named outstanding

BISMARCK (UTN) – The Native American business center that serves American Indian clients in the Dakotas has been recognized for its outstanding performance.

The North Dakota/South Dakota Native American Business Enterprise Center (NDSNABEC) was recognized as the National Outstanding Performance Leader for the 2006 Program Year.



Brek Maxon

The award was presented June 22 by the U. S. Department of Commerce's Minority Business Development Agency (MBDA) at its national conference in Phoenix, Arizona.

The NDSNABEC received a 104.46 cumulative score in meeting critical category goals for the program year. The center is located in Bismarck on the campus of United Tribes Technical College.

Project Director Brek Maxon accepted the award. He thanked his business consultant, Larry Stockert, and the Dallas Regional Office for its support. He also recognized the continued support of United Tribes, which created the center in the early 1980s as one of its inter-tribal programs.

The NDSNABEC is one of seven centers around the country that provides assistance to Native American small business entrepreneurs and tribes. Services include general business consulting, small business packaging, financial consulting, and procurement opportunity referrals.

The center receives its funding from a grant provided by the MBDA.

For more information please contact Brek Maxon, 701-255-3285 x 1359, bmaxon@uttc.edu.

Phone: 701-255-3285 x1396 Email: jjanecekhartman@uttc.edu



for more information



UTN photo Don Cain

On the occasion of her 90th birthday, Sister Kathryn Zimmer is wrapped in a star quilt from United Tribes by counselor Julie Cain. Sister Kathryn is fondly remembered by staff and students for her tenure as UTTC nursing director. "She was here when I came to school in 1991," said Julie. "She remembers how I was out of breath telling her 100 reasons why she should accept me into the nursing program. She listened patiently and replied 'when can you start?' I got a big smile on my face and started to cry. I said, 'right now.'" Sister Kathryn holds a buffalo rawhide pouch, gifted to her by Julie and her husband Don. Also attending the event on April 22 at the Annunciation Priory at the University of Mary were Russell Gillette, counselor; Evelyn Orth, nursing director; and Ann Kraft, academic services secretary.

Wilkie to serve on area homeless committee

BISMARCK (UTN) – Cheryl Wilkie (Turtle Mountain) has been invited to serve on a steering committee to address the problem of long-term homelessness in the Bismarck-Mandan area. She is the housing coordinator at United Tribes Technical College.

Wilkie is one of 30 people invited to serve on the panel, formed by the mayors of Bismarck and Mandan, and help write a 10 year plan for eliminating long-term homelessness. Bismarck Mayor John Warford and Mandan Mayor Ken LaMont invited participants to represent a community organization that has a stake in the problem.

A point-in-time survey in January revealed that 247 people were homeless in the 10 county area that includes the two cities. Almost all came from Bismarck and Mandan. Fifty were considered long-term homeless.

Long-term homelessness is defined as an individual or family with a disabling condition who has been homeless continuously for at least one year, or more than four times in the last three years.

It is a troubling and dispiriting condition for people affected and the most challenging for agencies working on the problem.

Because of continuous length or repeat visits, the long-term homeless use the high-

est percentage of available resources at shelters.

The mayors hope to address the problem and eliminate it over the course of a decade. The effort is funded by a grant from the North Dakota Housing Finance Agency, along with similar initiatives in the state's other major cities and on four Indian reservations.



Cheryl Wilkie, UTTC Housing Coordinator

The first stakeholder meeting was held July 12. Three other meetings are scheduled for August 16, September 13 and October 4.

The sessions are facilitated by the North Dakota Consensus Council. Other organizations involved at the planning level are: ND Coalition for Homeless People, ND Housing Finance Agency, Ruth Meiers Hospitality House, Bismarck and Mandan Police Departments, Abused Adult Resource Center, Burleigh County Social Services, Salvation Army, Youthworks, Spirit of Life Church, Bismarck Transit, and Good Shepard Lutheran Church.

LONG-TERM homelessness is defined as an individual or family with a disabling condition who has been homeless continuously for at least one year, or more than four times in the last three years.

Greetings from the Human Resources Department!

We welcome all employees back to campus for another successful year.

It will be a privilege to keep you up to date on Human Resource related issues.

As you can see the maintenance department has been busy keeping the campus beautiful. They are to be commended for their hard work!

There are many changes that have occurred over the summer and you may notice many new faces here at the college. We had some employees transition to other things and some new employees come on board. Please welcome all new people to the UTTC campus and family:

Human Resources Director:

Ms. Barbara Little Owl

HR Payroll & Benefits Specialist:

Ms. Annette Johnson

HR Assistant/Trainer:

Mr. Wes Long Feather

Financial Aid Director:

Mr. Nathan Strattam

Financial Aid Counselor:

Mr. Steven Walker

Cross Country Coach:

Mr. Paul Kohler

Assistant Controller:

Ms. Wanda Swagger

Contracts & Grants Manager:

JoAnne Stroklund

Contracts & Grants Specialist:

Ms. Katina DeCoteau

Contracts & Grants Specialist:

Ms. Ella Duran

Enterprise Director:

Ms. Tiffany Hodge

Maintenance Department, Housing

Department, Cafeteria and Security all

have new additions to their departments

For those employees who have left the United Tribes family, we wish you the best in your future endeavors.

The Human Resources Department will be more interactive with all campus personnel. If you have any suggestions for improving communications, training, morale building, professional development, or any ideas in general, please share them with us.

Katina DeCoteau, Director

Wes Long Feather, Assistant/Trainer

Annette Johnson, Payroll & Benefits Specialist

THUNDERBIRD HALF MARATHON *August 18*

BISMARCK (UTN) – United Tribes Technical College invites runners to participate in the 2007 Thunderbird Half Marathon, scheduled for Saturday, August 18 beginning and ending at the college campus in Bismarck.

Participants age 14 and over, and a 5K Fun Run/Walk (non-competitive) open to all ages. Early registration is \$15 for the 10K Run and \$10 for the 5K Fun Run/Walk. After August 15 the fee for either category is \$5 higher.



OFF AND RUNNING: The inaugural Thunderbird Half Marathon was won by Kenneth Starr (Three Affiliated), wearing no. 2 at the start of the 2006 race, with a time of 1:21:05. Forty-five runners participated in all categories. UTN Photo Dennis J. Neumann

The event is open to all participants age 14 and up who are able to complete the 13.1 mile course in 3.5 hours, a 16 minute mile pace.

Two competitive classes are offered: Open Division for ages 14 to 39 and Masters Division age 40 and over.

The race course covers a flat route past prairie and cropland and through woodlands along the Missouri River.

The half marathon early registration fee is \$20; after August 15 the fee is \$25.

Also offered is a 10K Run, open to par-

Only those who register early will be guaranteed a t-shirt. All participants must check in at the on-site registration table prior to the running events.

Race day registration opens at 7 a.m. The Half Marathon starts at 8 a.m.; 10K Run at 8:05; and 5K Run-Walk at 8:10.

A registration form is available at the college website: www.uttc.edu.

For more information contact Daryl Bears Tail, United Tribes Athletic Director, 701-255-3285 x 1361, dbearstail@uttc.edu.

Thunderbird Half Marathon

PRIZES:

Open Division (14-39) Trophies for top 3 (both Men & Women)

Masters Division (40 & up) Trophies for top 3 (both Men & Women)

Overall Winners Champion Sweat Suit (both Men & Women)

10K Run

Medals for top 3 in age categories (both Men & Women)

14-25; 26-35; 36-45; 46-up Trophy for Overall Winners (Man & Woman)

No awards for 5K Run-Walk

T-Shirts guaranteed for early registrants



BOOKSTORE NEWS

Welcome to the UTTC Bookstore! We are located in the lower level of the Jack Barden Center. Bookstore hours are Monday through Friday, 8 a.m. to 5 p.m., including the noon hour for your convenience. We will have extended hours until 7p.m. from August 16 until August 24 for the start of the school year.

To purchase textbooks, the Bookstore requires an official schedule signed by your advisor along with your student number. Exact Med students are required to pay for textbooks upfront.

New merchandise for fall includes new hoods, t shirts, sweatpants, jackets, and new youth hoods, all emblazoned with our school logo to show your school spirit. Go Thunderbirds!

The Bookstore also carries gift items such as cards, stationary, mugs, posters, and other unique items. Snack items we carry are flavored popcorn, microwave popcorn, sunflower seeds, and saltwater taffy. Money orders may be purchased for .50¢ as well as phone cards in \$5.00, \$10.00, and \$20.00 increments. Faxing is service we provide at no charge.

Accepted methods of payment include cash, check, credit/debit cards, gift certificates, payroll deduction for eligible employees, and stipend deduction for eligible students.

Check out our new Online Store! Bookstore clothing items may be viewed and purchased online at our website www.uttc.edu. We offer a free gift item for purchases \$20.00 and over when purchasing online. This offer is extended for the first 100 customers, so don't be left out!

The Bookstore Manager is Cathy Mastrud at ext. 1459, Assistant Bookstore Manager is Minnie Plenty Chief, ext. 1457, and the Online Sales Technician is Winona Bear at ext. 1460. We will be happy to answer any questions you may have so feel free to give us a call anytime. We look forward to another new, exciting year!

THE UTTC BOOKSTORE

15% OFF ONE ITEM

Does not include textbooks
Regularly priced items only
Expires 8-31-07



THE UTTC BOOKSTORE

ATHLETIC DEPARTMENT

lines up coaches & athletes

BISMARCK (UTN) – United Tribes Technical College has hired a new head coach for its cross country team. Paul C. Kohler of Bismarck will begin coaching duties and start official practices on August 13, the start of UTTC Fall Orientation week.

Kohler, 46, is an educator with the North Dakota Department of Corrections. He has previous track and cross country coaching experience at the middle school and high school level in the Bismarck Public School system. He is also a runner himself; he placed second in the 2006 Thunderbird Half Marathon.

UTTC Athletic Director Daryl Bearstail announced the following list of student athletes who have indicated their intent to participate in cross country:

CROSS COUNTRY - MEN

Student Athletes with signed letter of intent:

- Marlan Black Wolf, Browning, MT: All State Cross Country and Track; 2nd at state 1600 and 3200 meter races; broke a 20 year Browning H.S. record in the 1600 (4:23); posted a 9:44 in the 3200; placed 3rd in the Montana State Cross Country Meet.
- Ken Bird Rattler, Browning H. S., Browning, MT
- Kenneth Starr, (Three Affiliated), Fort Yates, ND: Won the 2006 Thunderbird Half Marathon in 1:21:05.
- Justin Fox, Mandaree, ND

Student Athletes with verbal commitments:

- Kenny Smith, Jr., New Town H. S., Mandaree, ND
- Jeremy Silk, (Standing Rock) Fort Yates, ND

Returning Cross Country Student Athlete:

- Sage Koch, Bismarck, ND

CROSS COUNTRY - WOMEN

- Shantel Fettig, Mandaree H. S., Mandaree, ND (signed letter of intent)
- Matilda Edwards, Mandaree H. S., Mandaree, ND (verbal commitment)

BASKETBALL - MEN

Head Basketball Coach Gerry Geistler expects to add the following players to the Thunderbirds roster for the 2007-08 season:

- Kellen Littlewind, 5'11" (Spirit Lake) Four Winds H.S., Fort Totten, ND
- Quentin Lovejoy, 6'2" (Spirit Lake) Four Winds H.S., Fort Totten, ND
- Kolt His Chase, 6'7" (Standing Rock) Dakota Oyate H.S.; Region 5 All Tournament selection
- Nikeya American Horse, 6'4" (Standing Rock) Dakota Oyate H.S.
- Lance Brockie, Hays, MT; 6'4"; Three time Class C All-State selection
- Jim Archambault, 6'3" (Standing Rock)
- Jasten Bears Tail, 6'1" (Three Affiliated) Bismarck, ND
- Jacob Myrick, (Three Affiliated) Parshall, ND

Returning Thunderbirds student athletes:

- Jarvis Bearstail, 6' (Three Affiliated) Bismarck, ND
- Merrill Howling Wolf, 6' (Three Affiliated) Bismarck, ND
- David LeVeaux, 6'6" (Cheyenne River) Bozeman, MT
- Jordan Knife, 6'4" (Cheyenne River), Dupree, SD
- Matt St. John, 5'10" (Crow Creek) Pierre, SD

BASKETBALL - WOMEN

United Tribes expects to announce the hiring of a new head women's basketball coach sometime in August, said Bearstail.

cross country



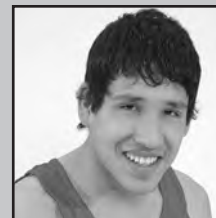
Paul Kohler, UTTC Cross Country Coach



Marlan Black Wolf



Kenneth Starr



Sage Koch

basketball



Gerry Geistler, Thunderbirds Head Coach



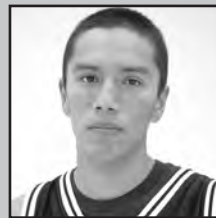
Dave LeVeaux



Merrill Howling Wolf



Jordan Knife



Jarvis Bears Tail



Matt St. John

UTTC Cross Country Schedule



September 7.....	Minot State Invitational, Minot, ND, 3:30 p.m.
September 14.....	Roy Pynn Invitational, UND, Grand Forks, ND, 4 p.m.
September 29.....	Roy Griak Invitational, Minneapolis, MN, 9:35 a.m.
October 5.....	Jimmie Invitational, Jamestown, ND, 4 p.m.
October 12.....	Concordia Invitational, Moorhead, MN, TBA
November 10.....	NJCAA Division 1 Nationals, Rend Lake College, Ina, Ill, TBA

BADLANDS OUTING ON MOUNTAIN BIKES

Story and photos by Dennis J. Neumann, United Tribes News

MEDORA (UTN) – To Lonnie Tallman the choppy buttes of the Little Missouri River valley aren't much different than the hills at his grandma's place near Allen, South Dakota on the Oglala Reservation. Especially when it comes to riding mountain bikes.

Tallman was familiar with bike riding across prairie trails, up and down ravines, and through creeks and washouts. Add a blazing sun and soaring temperatures and that's what he and five other United Tribes students did June 23 in the badlands of western North Dakota.

"It's pretty interesting to be out here," said Tallman, who began studying Construction Technology at UTTC in January. "It's good to get out. To see nature."

The one-day trip was organized by the United Tribes Healthy Lifestyles Program, part of the college's department of Community Wellness Services. The riders were outfitted with the TREK brand of mountain bikes that were purchased by the program as part of its mission to challenge students with regular activities that promote fitness.

"I've checked out a bike and ridden on the paved bike trails in and around Bismarck and they're nothing like this," said Gilbert Perkins, a student in Small Business Management from New Town, ND. "I didn't really know what this part of North Dakota looked like."

The eroded, uneven landscape with its scrubby vegetation made for "bad lands" for travelers to cross, hence the name. One said it looked like "hell with the fire put out."

To pursue an adventure in that environment UTTC called on Dakota Cyclery, a Medora, ND business that caters to mountain bikers who want to challenge the terrain on "two-wheeled ponies." Co-owner Jennifer Morlock, a strong, experienced mountain biker, served as leader and guide for a 10 mile ride. The route, from Buffalo Gap to Medora, is an offshoot of the Maah Daah Hey Trail, the popular 96-mile recreational trail that attracts adventurers from all over



A small patch of shade provides a rest stop where the Buffalo Gap Trail cuts along a steep slope.

for biking, hiking, and horseback riding.

According to a trail information guide, Maah Daah Hey is from the Mandan language for "Grandfather" or "long-lasting," as in things that have been around for a long time and deserve respect. Paths throughout the region were worn into the earth by the steady passing of wildlife, cattle and buffalo, and are said to have been routes used by American Indians.

On riding day the trail from Buffalo Gap deserved respect, especially because of the weather. Temperatures registered in the mid 90s when the group struck out in early afternoon – not the most ideal time to ride on a hot day – setting up the possibility of heat exhaustion or worse. Each bike carried at least one water bottle and Morlock and two others carried additional water in backpacks. Morlock insisted that all riders wear helmets. Her motto, "Leave No One Behind," suggested there is reason for caution on a badlands ride.

The Buffalo Gap Trail is considered easy in terms of incline. It floated across prairies blossoming from recent rains, skirted the sides of mud clay buttes, dipped through gullies, and switched back here and there to climb the edge of a break or crest the top of a hill.

The UTTC riders stopped regularly for rest

and water. Only a few dust-raising spills were taken. No one was hurt but there were a number of stretches where bikes were walked and not ridden. Weather was not a factor.

"No, the heat wasn't a big problem," said Perkins. "But you really have to have endurance to keep pedaling."

Perhaps the fittest rider, Duane Jackson, had no trouble with the heat or keeping pace with Morlock, even where the trail presented a challenging upward climb.

"It's a good way to release that cooped up energy," said Jackson, a student from Spirit Lake who studies Automotive Service Technology. "I'd do it everyday if I could."

He credited his endurance to daily two mile runs and weight lifting in the UTTC wellness center.

"These guys were such animals," said Morlock, complimenting their endurance.

The group covered the distance in two-and-one-half hours. All of the water bottles were empty when they arrived in Medora. The outing appears to have kindled an interest in this two-wheeled kind of healthy lifestyle activity.

"Oh, I'd do it again," said Perkins with a smile. "It should be a weekly routine."

KAHURANGI Maori Dance Theatre

Cultural performances from the
Maori and Polynesian Culture
Bringing to life the ihi (life force) of
the Maori, through song and dance

United Tribes International Powwow
September 6-9, 2007
Lone Star Arena • United Tribes Technical College

Sponsored by: United Tribes Technical College, Tesoro, Westcon Industries, Image Printing, Basin Electric Cooperative, Bismarck-Mandan CVB, MDU Resources, Capital Electric Cooperative, Advanced Office Solutions, Unifill

PERFORMANCES: Friday at 9:30 pm • Saturday at 9:30 pm • Sunday at 3:30 pm • Plus Daily Appearances in the 1:00 pm and 7:00 pm Grand Entries.

on the trail of a healthy lifestyle



After two hours pedaling narrow trails in the hot sun, the UTTC group is, at once, satisfied and disappointed to be on a paved surface that will take them into Medora. From left: former student health center nurse Joanie Ramey Neumann; students Chris New Holy, Gilbert Perkins, and Lonnie Tallman; Dakota Cyclery guide Jennifer Morlock; and student Duane Jackson.



UTTC riders were outfitted with bikes owned by the college and helmets: Chris New Holy foreground, followed by Gilbert Perkins and Joanie Ramey Neumann.

BIKE OUTING ROSTER

Duane Jackson (Spirit Lake)
Automotive Service Technology •
Gilbert Perkins (Three Affiliated)
Small Business Management •
Shari White Owl (Three Affiliated)
Business and Office Technology •
Lonnie Tallman (Oglala Sioux Tribe)
Construction Technology •
Sandra Red Feather (Oglala Sioux
Tribe) Art/Art Marketing • Chris
New Holy (Oglala Sioux Tribe)
Construction Technology • Glen
Belgarde, UTTC Dorm RA, Driver
• Joanie M. Ramey Neumann
(Standing Rock) Bismarck • Dennis
J. Neumann, UTTC, Bismarck

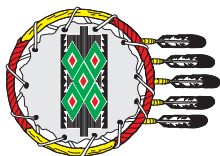
POWWOW YOUTH DAY *Friday, September 7*



UTN photo of Youth Day 2006

EDUCATIONAL EXPERIENCE: School and youth groups are invited to take a field trip to Youth Day at the United Tribes International Powwow, Friday, September 7 on the college campus in Bismarck. The cultural experience includes a tipi demonstration, traditional story telling, hoop dancing and musical entertainment. Major funding is provided by the Bismarck Public Schools. Youth Day begins with a prayer and flag song at 9 a.m. and runs through the morning near the college administration building on Sisseton Road. Guests may view the 1 p.m. Grand Entry and later participate in intertribal dances in Lone Star Arena. Groups are advised to bring lunches or plan to purchase lunch at the food court. There is no admission fee for groups that schedule in advance. For more information or to register, contact Julie M. Cain, Youth Day Coordinator, 701-255-3285 x 1276, jcain@uttc.edu.

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