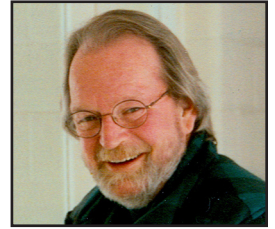


UNITED TRIBES NEWS

December Edition

www.uttc.edu



Barden Center page 6

DECEMBER 2007

UNITED TRIBES TECHNICAL COLLEGE • BISMARCK, ND

VOLUME 16 NUMBER 11

Presenters sought for AIHEC Conference

Annual gathering to focus on leadership

BISMARCK (UTN) – Proposals are being accepted for presentations for the 2008 gathering of the American Indian Higher Education Consortium. Planners of the AIHEC conference seek proposals for presentations during the organization's 27th annual meeting set for March 17 – 20 in Bismarck, ND.

Attending will be students, faculty, staff, and administrators from 35 member institutions, located primarily in the western part of the nation, that serve the higher education needs of American Indian students.

The planning committee especially seeks presentations about leadership in higher education. Other topics may include tribal colleges, student development, careers, grant management, academic achievement, student retention, and communication.

The deadline for submitting proposals is December 10.

The following subjects are also considered key strands for review during the conference: research, language preservation, curriculum design, cultural integration, technology, leadership development, voter education, AIHEC roles, training for board of trustee members, and developing and incorporating elders into tribal college systems.

Workshop audiences will include students, faculty, administration and/or staff members. Workshops with elders as presenters will receive priority.

Proposal forms may be found at the conference at the Sitting Bull College website: www.sittingbull.edu. Selected presenters will be notified by January 28,

Continued page 10

Holiday Season Style



STANDING OUT: The United Tribes tree – adorned with a buffalo and Indian Angels – was prominent among the many decorated Christmas trees in the annual Festival of Trees, sponsored by Pride, Inc., at a Bismarck shopping mall. The tree was decorated by Julie Cain and other members of the UTTC Culture Committee and will be provided to a local family for the holiday season. UTN photo

UNITED TRIBES

Annual Holiday Party
Best Western Doublewood Inn
Friday, December 14, at 6 pm

&

Fall Honoring Program
Multi-Purpose Room, Wellness Center
Friday, December 14, at 10 am

Self-study seen as chance to innovate

BISMARCK (UTN) – How many colleges do you know that operate a grade school? Or provide child care for students who are parents? Or student housing?

Unlike colleges in the mainstream, these and other practices designed to support and retain tribal students are the norm at United Tribes Technical College.

How UTTC does things differently for the success of its students has emerged as the cen-

tral focus of an institutional self-study to prepare the college for a new round of accreditation.

Preparing the interesting and detailed descriptions about UTTC's approaches to higher education will take a couple years worth of assessing, reflecting, discussing and writing. And that is the work of a new campus steering committee.

Continued page 11

Gearing up for certification



TRANNY TECH: The precise details of a transmission put-together are puzzled out by Charles Dupris, Dupree, SD, at left, and Brendon Marshall, Mandan, ND, (both Cheyenne River) during a class in automotive manual transmissions and transaxles. UTTC Automotive Technology students are required to successfully complete the job task for certification by the National Automotive Technicians Education Foundation. UTN photo Dennis J. Neumann



LeRoi Laundreaux's Lunch Menu

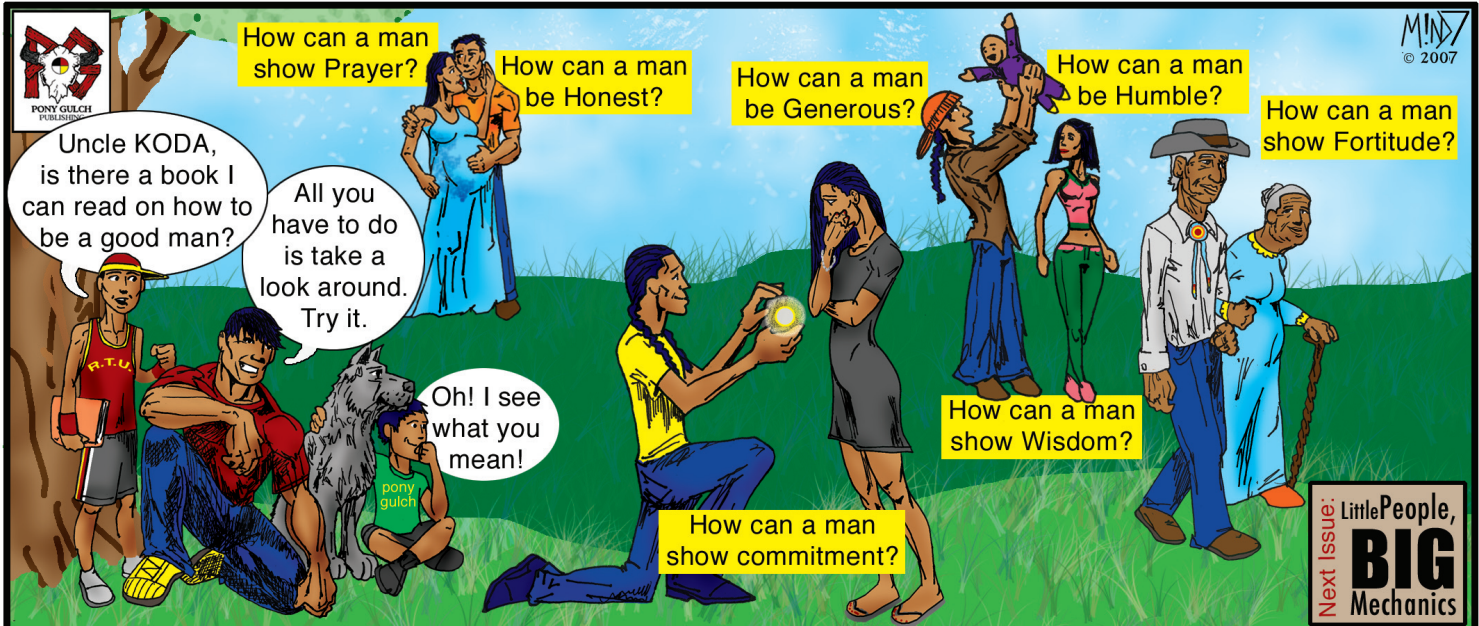
Includes 2% or Skim Milk, Coffee or Tea and Salad Bar, Fresh Fruit, and Vegetables. Menu subject to change.
 Cafeteria Hours: Breakfast ~ 7:00 - 8:30 am • Lunch ~ 11:30 - 1:00 pm • Dinner ~ 5:00 - 6:30 pm
 All Students Must Show ID - NO EXCEPTIONS!!

Lunch Menu

December 3 - 7	December 10 - 14	December 17 - 21	December 24 - 28
Grilled Cheese & Tomato Soup	Pizza (Cook's Choice)	Chicken Nuggets & Mac & Cheese	Grilled Ham & Cheese & Tomato Soup
Chili Dog & French Fries	Sloppy Joe & French Fries	Indian Taco w/ Assorted Toppings	Soft Taco w/ Assorted Toppings
Baked Chicken & Potatoes	Beef Stew, Frybread & Wojapi	Roast Beef & Mashed Potatoes	Baked Ham & Au Gratin Potatoes
Hamburger & French Fries	Philly Cheese Steak & French Fries	Hamburger & French Fries	Sloppy Joe & Tater Tots
Spaghetti & Garlic Toast	Burrito, Spanish Rice & Refried Beans	Stir Fry, Fried Rice & Egg Roll	Pizza (Cook's Choice)

KODA THE WARRIOR "Positive Role Models on Campus"

CREATED BY MARK L. MINDT
 SPIRIT LAKE NATION



Printed on Acid-Free 30% Post-Consumer Recycled Paper

©2005 Pony Gulch Publishing

kodathewarrior@yahoo.com

Next Issue: Little People, BIG Mechanics

United Tribes to pursue 'All Nations' memorial

BISMARCK (UTN) – United Tribes Technical College will be the site of a memorial paying tribute to tribal people. The college's board of directors has voted unanimously to support an effort to plan and develop a memorial at a permanent location on the college campus in Bismarck.



An 'All Nations Memorial' is planned for the Medicine Wheel located on the United Tribes campus in Bismarck. UTN photo Dennis J. Neumann

"The United Tribes 'All Nations Memorial' will honor youth, elders, tribal leaders, and veterans of the Armed Forces," said David M. Gipp, United Tribes Technical College president.

Gipp presented the idea at a November 3 meeting of the United Tribes Board of Directors in Bismarck.

The four groups would be represented with interpretive installations in the quadrants of a 100 foot diameter medicine wheel, presently located near the college's administration building, or elsewhere on the campus.

Gipp said the veterans' portion of the memorial could contain a name listing of all American Indian veterans from the tribes in North Dakota.

Jesse Taken Alive, a board member from Standing Rock, said the memorial would

be a good way to clarify why so many American Indian's serve in the military.

"Tribal people don't approach military service from the point of view of aggression or to seek domination over others," said Taken Alive. "Ours has always been a calling to defend the homeland and pro-

tect ourselves and our families. Serving in the military is a way to fulfill a life's dream. And that is to make a commitment to lay down their life if necessary for others."

"The United Tribes 'All Nations Memorial' will honor youth, elders, tribal leaders, and veterans of the Armed Forces."

**— David M. Gipp
UTTC President**

On visits to the campus he often sees students and staff in prayer or meditation at the current Medicine Wheel, said Taken Alive. As a place for the tribes, the college would be good location for sharing different perspectives.

The college's governing board is made up of leaders from each of the five tribes: Sisseton-Wahpeton Oyate, Spirit Lake Tribe, Standing Rock Tribe, Three Affiliated Tribes, and Turtle Mountain Band of Chippewa.

The UTTC board's action authorized the college to move forward on planning and to seek funding for the memorial.

Cellar is spooky SUCCESS

**By Shawn F. Holz, Art/Art Marketing
Program Instructor**

THE CELLAR project turned out to be hauntingly successful. It was a great event that exceeded all expectations.

Over 880 tickets were sold, including pre-event and nightly sales during the five day run from October 27 to 31.

Visitors came from as far away as Fargo and Nebraska to spend 10 to 15 minutes in a 100 year old root cellar being frightened by UTTC Art/Art Marketing students dressed in horrific costumes.

The event was promoted and advertised in the local media, resulting in long lines at the door. Some waited as long as two to three hours but were not deterred. A few visitors even returned with family and friends to take in the ghastly experience again.

One group of guests from Fargo said they were not sure what to expect after having attended haunted houses in Fargo. But after their visit to The Cellar they said it was, by far, the scariest haunted house in North Dakota.

Compliments like that encouraged the students to work non-stop for five hours each evening over the course of five days. That followed weeks of planning and preparation. It was every bit as demanding physically as a standard theater performance.

The work was done by more than 20 students from the Art/Art Marketing Program and numerous volunteers from across the campus. We especially want to thank personnel from the Cafeteria, Maintenance, Security, and Chemical Health.

The Art/Art Marketing Program instructors are very proud of those who took part. We are grateful for the continued support of the college and the Bismarck-Mandan community. And we are thankful for the assistance and support of local businesses that helped with pre-event sales and donations.

UTTC Students part of youth climate summit

WASHINGTON – Six students from United Tribes Technical College were among a group of over 5,000 college and high school students who attended an energy action summit in Washington D.C.

Powershift 2007, held November 2-5 in College Park, Maryland, was described as the first-ever national youth climate summit. The event was organized by the Energy Action Coalition, a coalition of over 40 organizations committed to a Clean Energy future.

Attending from UTTC were: Amber Felix, Anthony Felix, Anita Chasing Hawk, Alyssa Howling Wolf, Terrance Trotter and Holly Hosie.

Students from around the country met with senators and representatives from their respective states to ask for Green Jobs Now; to reduce Carbon emissions at least 30% by the year 2020; to cut emissions 80% by 2050; and to put out a call for No New Coal.

The goal was to show leaders that young people are committed to confronting the global warming challenge. Many youth delegates were members of the Indigenous Environmental Network (IEN) sponsored Tribal Campus Climate Challenge project.



GOING GREEN: At the Power Shift 2007 rally on capitol hill, from left Anita Chasing Hawk; Alyssa Howling Wolf; Anthony Felix, Amber Felix; Terrance Trotter; Kandi Mossett and Hollie Hosie.

MORE INFO

Power Shift 2007: <http://www.powershift07.org>
Indigenous Environmental Network: <http://www.ienearth.org>
Energy Action Coalition: <http://climatechallenge.org>
Tribal Campus Climate Challenge: Kandi Mossett iencampusclimate@igc.org.

HEAR ME Project

Annual HIV/AIDS Story Writing/
Video Competition

An opportunity for American
Indian youth to share a story

Deadline: December 1, 2007

For youth ages 14 to 22
Submit original stories, either real
or made up, about vulnerability to
HIV and AIDS

Entry forms and more information
at the HEAR ME Project Website:
<http://www.hearmeproject.org/>

More information: CDR Scott
Giberson
National IHS HIV/AIDS
Consultant
Office of Clinical and Preventive
Services
Indian Health Service
Headquarters
801 Thompson Ave
Reyes Building, Suite 304B
Rockville, MD 20852

Security to Military

HAPPY HOLIDAY AHEAD:
Jared Yankton (Spirit Lake) will have completed military basic training by November 30 at Fort Leonard Wood, Missouri. Yankton is a former UTTC Security Department officer, who, at age 28, joined the U. S. Army earlier this year. His wife, Ryanne Red Bird Yankton, says Jared will get a two week break and be home in Bismarck for the holiday season in December before returning to an assignment in transportation.



'Go Red' event a huge success

By Karen Paetz, USDA-UTTC Extension-Land Grant Programs Director

The USDA/UTTC Extension Land Grant staff was honored to be able to partner with Joan Enderle, Director of Go Red North Dakota for the American Heart Association, and her staff.

The one-and-one-half-day event October 17-18 at the UTTC Wellness Center was titled: "Women – The Heartbeat of Our Nations."

The event attracted 188 individuals who registered and attended various sessions. Included were students and individuals from 14 different communities, in addition to UTTC students and staff. Participants ranged in age from 18 to 69. Communities represented were: Bismarck, Mandan, Cannonball, St. Michael, New Town, Garrison, Belcourt, Devils Lake, Wahpeton, Mandaree, Fort Totten, While Shield, Jamestown, and Rosebud, SD.

Because heart disease is the number one killer of North Dakota women, plenty of information and training was available about heart health. Emphasis was placed on "knowing your numbers," to help identify areas of risk and mark progress toward a healthier heart. Free heart health screening were made available each morning; 48 people took advantage of the service. Screenings included: blood work (total cholesterol, HDL, LDL, triglycerides, and blood sugar). UTTC nursing students measured waist circumference, BMI, and blood pressures. Information was provided about the risk present for heart disease or stroke. Special prize drawings were held for those who completed the full heart health screening. Prizes included original framed art work from George Thunder Hawk, Sr. and Prairie Knights Casino week-end package.

The opening ceremony included the UTTC color guard, drum group and speakers. Dr. David M Gipp, UTTC president shared his personal story of heart disease and emphasized the importance of taking action to prevent heart disease thru healthy lifestyle changes.

Keynote speaker, Dr. Monica Mayer, provided a fascinating talk about the "Medical Aspects of the Lewis & Clark Journey."

Door prizes were awarded through out the event. Grand door prizes: \$100 Scheels gift card; Home Blood pressure monitor courtesy of MeritCare HealthCare Accessories; and a George Forman Grill. Additional door prizes from exhibitors were presented

during large group sessions.

Physical activity is a great way to improve health and prevent heart disease. Physical activity lowers blood pressure, cholesterol and blood sugar levels plus assists with weight control. Participants had numerous opportunities to be physically active including strength training fun with resistance bands provided by Healthy ND and led by Melanie Carvell of MedCenter One. Also chair Robics led by Lila Wells was not only a good workout but was lots of fun for individuals of all fitness levels. More aerobic workout was provided during the Purposeful Movement session. Pilates was another breakout session that offered a new experience for many who gave it a try. Walking was well attended with Jill Nustad from the University of Mary Exercise Science Program. Healthy ND provided free pedometers for all 40 participants in the breakout session.

Breakout sessions were held on a variety of heart health topics including: Diabetes Talking Circle, Body and Mind Exercise, Cooking with Carol, your personal health record, smoking cessation, and hosting a local community event.

Mark Mindt was the morning speaker on the second day. His humor and message in his presentation "Farm Boy Logic: Common Sense Wellness," was enjoyed by all.

A physical healing ceremony was held to close the event. Everyone left with a commitment to make a "love their heart" pledge and make a positive behavior change. While some planned to stop smoking, others were planning to increase exercise or change eating habits.

As one participant said: "I was surprised how easy it really is to just get moving and making better eating choices. All the sessions were very informative."

Another said: "The presentations didn't just talk about it and give hand outs, we actually did the exercises – Cool!"

Looking through the evaluations, Joan Enderle reported that they are very positive. She said she was surprised that some of the students wanted "more exercise." There are some good suggestions to consider for future events. Everyone who completed an evaluation checked "YES" to the question "Would you recommend this event to a friend?" which is a wonderful complement, she said.



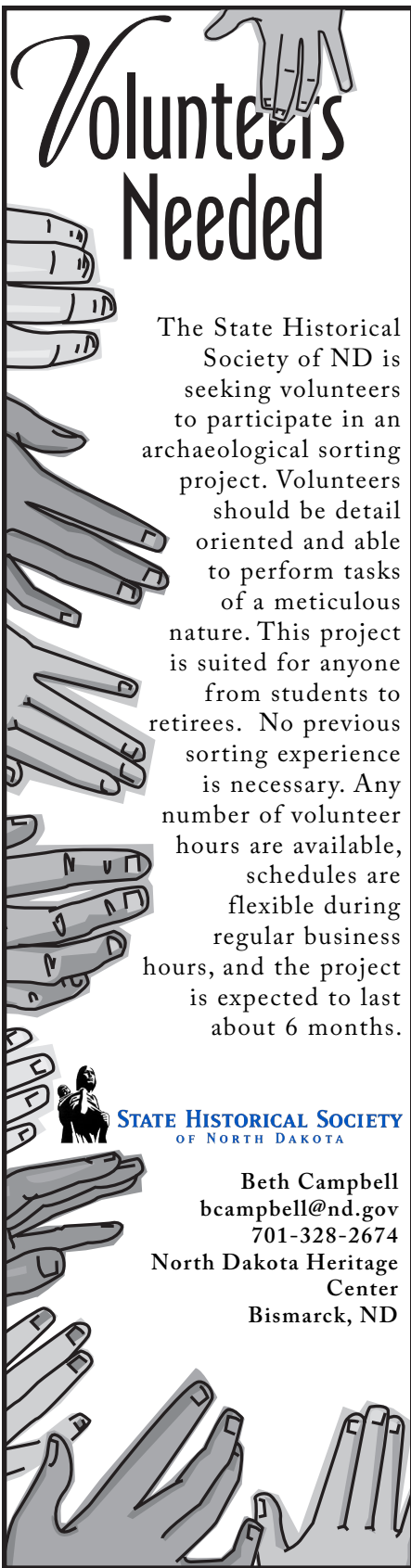
Land Grant Director Karen Paetz (left) and 'Go Red' keynote speaker, Dr. Monica Mayer.

One of the guest speakers, Loralie DeCorra from Wisconsin, commented about how impressed she was with the United Tribes campus and she is planning to bring students from Wisconsin for a tour.

CONGRATULATIONS on a job well done to the thorough, hard working Land Grant staff; they did an excellent job of planning and conducting this event. And thanks to the Wellness Center staff for contributing their talent and energy. Special thanks to Frank W. Lohnes, who did an outstanding job of setting up and servicing all the rooms used in the Wellness Center and JBC. And thank you to the many UTTC students and staff who participated. This event was a collaboration of many UTTC departments and our partners from off campus. I appreciate each of you for the part you played in making the event successful whether it was providing ideas, arranging for speakers, making arrangements for food, room set-up, publicity, heart health screenings, and the many other activities it took to make this a success. Please know you are appreciated for your good work.


Go Red For Women is all about loving your heart and sharing the message with your family, neighbors and friends. Thanks to funding from the American Heart Association's grant from Dakota Medical Foundation, tribal communities in North Dakota can apply for a grant to host an event in the spring of 2008. Your tribal community can apply for up to \$2,000 to hold a Go Red event for women in your community.

For more information contact the Go Red ND staff at 701-252-5122, Joan Enderle or Amy Walters: 1005 12th Ave SE, Jamestown, ND 58402-1287, Toll Free 800-437-9710, FAX 701-251-2092, Cell 701-320-5950, E-mail: joan.enderle@heart.org; www.GoRedND.com.



Volunteers Needed

The State Historical Society of ND is seeking volunteers to participate in an archaeological sorting project. Volunteers should be detail oriented and able to perform tasks of a meticulous nature. This project is suited for anyone from students to retirees. No previous sorting experience is necessary. Any number of volunteer hours are available, schedules are flexible during regular business hours, and the project is expected to last about 6 months.



**STATE HISTORICAL SOCIETY
OF NORTH DAKOTA**

Beth Campbell
bcampbell@nd.gov
701-328-2674
North Dakota Heritage
Center
Bismarck, ND

Jack Barden Student Life and Technology Center

An educational facility for students, parents, children and families that attend UTTC

Jack Barden devoted his life and career to improving the quality of education for Native Americans. He preferred a holistic approach to student success. He inspired others to understand that student's succeed in a learning environment that is rich in values, respect, enthusiasm, family, support, and technology.

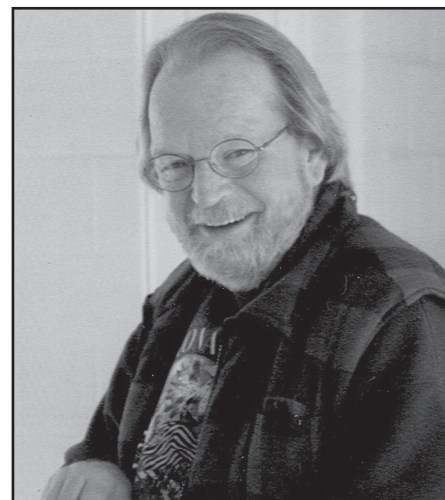
The staff and faculty of United Tribes Technical College are committed to Jack's educational insights. We show our respect for this great man by ensuring that the atmosphere of the JBC Computer Lab and Upper Commons supports learning.

Students, parents, children, and families are called upon to respect Jack's values. We ask everyone to behave in a manner that maintains Jack's style for a learning environment where people laugh in unity and safety, learn new skills, and lay a new foundation for their future.

UTTC staff and faculty reserve the right to ask anyone to leave the Center when someone is exhibiting disrespectful, harmful, or otherwise disruptive behavior.

Everyone is accountable to follow UTTC's policies of zero tolerance as outlined in the student bylaws and learner enrollment agreements, all of which are carefully designed to promote a learning center of excellence.

Everyone is responsible to care for the hardware, software, furniture, and tech-



Wapaha Waste [Good War Bonnet]

Dr. Jack Barden ~ February 8, 1940 - May 25, 2001

nological equipment. Only consume food and drinks in the Commons area away from equipment.

Persons under age 18 are encouraged to develop their computer skills. Minors must be accompanied by a parent and may use the printer only if it pertains to a school project.

Parents are responsible for the health and safety of their children while using the Jack Barden Student Life and Technology Center.

Parents are responsible for ensuring their children's behavior contributes to a positive learning environment for everyone.

COMPUTER LAB • DOS & DON'TS

- DO sign-in
- DO log-off machine
- DO clean up after yourself
- DO reposition chair at station

- DON'T listen to music without headset
- DON'T view pornography
- DON'T consume food or drink



United Tribes December Calendar

3-5	ACT/ Compass Testing	14	Fall Honoring Program
10-13	Final Exams	17- Jan 2	Winter Break

Key to a fun open house



SUCCESS AT LAST: After unsuccessful tries by her 4 year-old students, instructor Erin Slides Off demonstrates how to pull a particular item, a key, out of a sealed box, a new game in the UTTC Pre-School. Christina Plenty Wounds, left, and Eayana Montclair, children of UTTC students, were impressed. About 30 campus employees toured the UTTC Child Development Centers during an open house November 8-9, meeting teachers and interacting with many of the 150 children served. Door prize winners were Nathan Stratton, a horse dance stick and Jill Keith, an original art print, both by Butch Thunderhawk

Fall Honoring 2007

Friday, December 14
Multi Purpose Room
Lewis Goodhouse
Wellness Center

9 am.....	Photographs
10 am	Program
Master of Ceremonies.....	Dennis Renville <i>Former UTTC Wellness Director</i>
Keynote speaker	Russell Swagger <i>UTTC Vice President of Student & Campus Services</i>
Drum group.....	Eyabay
Prayer	Russell Gillette
12 pm	Reception <i>UTTC Cafeteria</i>

New Security Department Logo



TRIBAL THEME: Two students in the Art/Art Marketing Program have created a new logo for the United Tribes Security Department. Bethany Drapeau and Sandra Red Feather collaborated on this design after their draft works were selected by the Security Department from five designs. The artists incorporated American Indian themes using the Eagle and tomahawk. The eagle symbolizes the watchful eye and strength of the security staff. The tomahawk stands for protection provided by warriors of the security staff. The black and white colors represent rules and regulations that guide the safety and protection of the campus population. The image will be used on jackets, hats, shirts, car decals and the like. The work was done with the guidance of instructor Colleen Bredahl.

Jack Kent Cooke Foundation Scholarships

The Jack Kent Cooke Foundation has opened the nomination process for the largest scholarship available to students and recent alumni from community colleges. The Undergraduate Transfer Scholarship Program will provide approximately 50 scholarships of up to \$30,000 per year to outstanding students transferring to four-year colleges and universities in fall 2008. All candidates must be nominated by the faculty representative of the college, who is Dr. Harriett Skye at United Tribes. Students and faculty members may contact Dr. Skye for information and nominations.

Deadline to apply: February 1, 2008
More information about the program:
www.jackkentcookefoundation.org

The WIC Program Provides Nutrition Education for Children & Families

By Jill Keith, LRD, UTTC Nutrition and Food Service Instructor

As the holiday season approaches, it's important to remember good nutrition and time with family! During the holidays, we get busy with activities and events and it is easy to forget to take those moments to spend eating good food with your family. Mealtimes are important time to spend with your family and are proven to help a child's eating habits.

Some hints on making mealtimes at your house easier and more fun:

- Eat at about the same time every day (it doesn't have to be exact but routine is helpful for young children). Also, plan regular, healthy snacks each day for your growing child.
- Try to sit down together as a family to eat.
- Children eat better when it is calm and quiet (that means turn off the TV and other sources of distraction for your child).
- Expect that it might be messy (children spill!) so just keep a cloth handy to clean up spills.
- Don't argue with your child who doesn't want to eat. Children will eat when they are hungry; just wait until the next regular meal or snack time to give food. Some days your child will not eat much, this is normal. As long as you are giving a variety of healthy foods from each food group, it all works out.
- Children like food that is easy to eat and looks good! Bright colors, fun shapes, and mild flavors are things to consider when planning meals for your family.



NEW WIC OFFICE HOURS:

Monday 1 pm – 5 pm &
 Fridays 8 am – 12 pm
 Skills Center • Rm. 119A
 (Next to Construction Technology)
 Call 701-255-3285 x1316 to
 make an appointment

TJES TIDBITS

By Bernadette Dauenhauer, TJES Administrative Staff

The kindergarten classes took a trip to Papa's Pumpkin Patch on an absolutely beautiful fall day. We were greeted at the pumpkin patch by the train engineer who took us for a hay ride around the grounds. After the ride, we visited the Hobbit House, wobbled across the wiggly-wobbly bridge, and then climbed to the sky on the bail maze. We probably could have spent the whole afternoon on the bails, but there was so much more to see! We made our way to the cornstalk horse, visited Peter's Pumpkin Eater's House, and "drove" the tractors and trailers. After visiting a colony of scarecrows, each kindergartener was given a pumpkin to take home.



Following a field trip to the Pumpkin Patch, Teachers Barb Strikes the Enemy and Maverick Valandra assist children at the Child Development Center with carving their pumpkins.

It was an exhausting, but exciting field trip which kicked off our fall/pumpkin unit of study.

Upcoming Events

December 4th Science Fair
 December 7th Christmas Concert
 December 17th Christmas Break Begins

Every Day Is A Great Day To Thank Your Child Care Provider!

Your child's caregiver or teacher makes a positive impact on your child each and every day, and any time is always the right time to say thank you.

UTTC Child Development Center Personnel:

- | | | |
|----------------------|------------------------|-------------------|
| Lori Brown | Barb Strikes the Enemy | Autumn Gwin |
| Alvonne Iron Thunder | Maverick Valandra | Beverly Clairmont |
| Carol Nichols | Erin Slides Off | Jennifer Desersa |
| Tammy Klein | Roxanne Jetty | Lila Nesper |
| Connie Stockert | Donna Belgarde | Kim Smith |
| Jennifer Jenó | Helen Siegfried | Heather White |
| Brandi Laundreaux | | Deanna Urbanec |
| Trish Painte | | Maria Sandstrom |
| Brenda Baumann | | Darla Hanley |
| Juanita Reiner | | Lyndale Agard |
| Pam Keator | | Jackie Red Bird |
| Jada Bull Bear | | Carol Agard |
| Mary Painte | | Carol Reed |
| Donna St. Claire | | Amy Sicble |
| | | Jackie Many Bears |



Nutrition and Foodservice Instructors, Students Visit UND and NDSU

By Annette Broyles, Nutrition and Food Service Instructor

UTTC Nutrition and Foodservice Instructors, Annette Broyles and Jill Keith, along with freshman Nutrition and Foodservice students, Whitney Hosie and Sarabeth Eagle, traveled to UND and NDSU on October 11 and 12. The trip was planned in order to tour the campus and visit the dietetic departments.

At UND the instructors updated the articulation agreement between UND and UTTC for the dietetics and community nutrition programs. Students toured the campus and then met with a former UTTC Nutrition and Foodservice on-line student, Kim Roades, who is currently enrolled in UND's dietetics program. Students and instructors also toured UND's American Indian Student Services facility.

At NDSU while the students received a campus tour, instructors visited with the dean, department chair and faculty from the College of Human Development and



Nutrition and Foodservice students Whitney Hosie (left) and Sarabeth Eagle on their visit to the NDSU campus in Fargo, ND.

Education to develop an articulation agreement for the dietetics program. There had not been a formal agreement between NDSU and UTTC prior to this meeting for transfer of Nutrition and Foodservice credits. A proposal for an articulation agreement with NDSU is currently in the process of being approved by both colleges.

Nutrition and Foodservice Holiday Open House

Friday, November 30 at 1 - 3 pm
Land Grant Room, Skill Center
United Tribes Technical College

Please join us to celebrate the completion of the Nutrition and Foodservice kitchen teaching lab. Holiday goodies and hors d'oeuvres will be provided by the Quantity Foods Class.

Land Grant Extension Program Presents Shopping Smart for Persons with Diabetes



"SMART SHOPPERS" LESSONS INCLUDE:

You will learn how to be a "Smart Shopper" for better management of diabetes.

Classes offered on **Thursdays** at 12:00 noon in the Wellness Center on:

- **November 8, 15, 29**
- **December 6, 13**
- **January 10, 17, 24**

Noon Lunch will be provided

- Understanding the nutritional benefits of **whole grain products**.
- Understanding key nutrients provided from consuming **fruits and vegetables** with emphasis on blood sugar control.
- Learn to choose healthier **canned foods** as they relate to better blood glucose control.
- Gain an understanding of the health benefits of **lean meat, fish and seafood** as it relates to person with diabetes.
- Learn how to select healthier **dairy products**.
- Learn how to incorporate **ready-prepared products** into a healthful diet.
- Learn how to incorporate **healthy snacking** into your day.
- **Beverage** tips for persons with diabetes.



CONTACT PERSON: SUANN SCHMITZ, LRD
 PHONE: 255-3285 EXT. 1397
 UNITED TRIBES TECHNICAL COLLEGE
 LAND GRANT PROGRAMS

Family, Friends and Food

By Pat Aune, UTTC Food Safety Educator

Family meals and gatherings are common during the holiday season. With young children and elders at most gatherings it is important that the food be kept safe. Diarrhea, stomach cramps, or vomiting can lead to serious health problems for young children, elders and people with chronic illnesses. Follow these tips for safe food.

- ✦ Take-out or deli foods need to be eaten within two hours or chilled and refrigerated. Reheat these foods until steamy hot (165°F).
- ✦ Traveling with foods adds to the food safety concerns. Bacteria that cause foodborne illness multiply rapidly when the food is at room temperature (41°F - 135°F). Keep the food either hot or cold when traveling.
- ✦ Refrigerate pie? Any food containing eggs and milk like pumpkin pie, banana cream pie and custards must be kept refrigerated.
- ✦ No raw eggs. Uncooked eggs in cookie dough, cake batter, eggnog, power drinks, frostings, meringues and soft boiled eggs may contain Salmonella.
- ✦ Store leftovers promptly. Cool foods in shallow containers, (2 inches deep). Eat leftovers in 1-2 days. Reheat sauces, soups and gravies to a boil. Other leftovers need to be heated to 165°F.
- ✦ Wash often. Wash your hands often. Teach your children to wash their hands often.
- ✦ Keep kitchen and cooking tools clean. After handling meat, poultry or fish use soap and water to clean the counter and all cooking tools. If someone in the family is at high risk for foodborne illness sanitize by spraying surfaces with water and chlorine bleach mix (1 quart water plus one capful bleach).
- ✦ Holiday Buffets will be safer if you use smaller serving dishes and replace the food more often so it is kept either hot or cold. Warmers and electric pans are needed to keep the hot foods hot. Keep food cold with pans of ice under and around the food containers. Long handled serving equipment will keep the food safe when guests serve themselves.
- ✦ Food thermometers will help you cook and serve safe food. Get a free food thermometer in the Land Grant office, room 115 in the Skills Center.

Enjoy your holiday gatherings. Stay healthy!

Presenters sought for AIHEC... Continued from page 1

Also posted online is a tentative conference schedule, along with information about lodging, student competition and activities, vendors, sponsors, and registration.

Conference pre-registration at reduced fees is open until February 29.

The AIHEC conference will be headquartered at the Bismarck Civic Center;

some events will be held at United Tribes Technical College, Radisson Hotel, and Ramkota Hotel.

For more information contact Donna M. Seaboy, Sitting Bull College – AIHEC, 1341 92 Street, Fort Yates, ND, 58538; 701-854-8013, 701-400-3769, FAX (701) 854-3403.



Serving on AIHEC Conference planning committees are tribal college faculty and staff members, seen here at a November 2 meeting at United Tribes Technical College in Bismarck. UTN photo

New course explores 'Traditional Knowledge'

By Harriett Skye, Ph. D., UTTC Vice President of Intertribal Programs

Beginning with the Spring 2008 Term, United Tribes Technical College will offer the course "Defining Traditional Knowledge."

This course asks the question, is it true that being and belonging to a tribe in the United States is nothing more than perception? Or, as Socrates and Protagoras suggest: "The measure of all things?"

I will instruct this course and we will begin to define the many terms used to describe who we are as a group and as a people. We will define tribalism, the Certification of Degree of Indian Blood, and how we as Native people are affected both collectively and individually. The course will also involve other areas of discussion.

The course is labeled HUM 206; it will meet each Thursday from 2 - 4:40 p.m. in lower level of Building 10, the Log Cabin.

"Indigenous Quotient" is key element of UTTC accreditation

By Dr. Phil Baird, Vice President, Academic, Career and Technical Education

A common element in the mission statements of most tribal colleges and universities is what I call the "Indigenous Quotient."

This Tribal IQ can be broadly defined as the unique historical and contemporary characteristics of the indigenous cultures of Indian Nations, communities, and families served by Tribally-controlled colleges and universities (TCUs).

Simply put, IQ encompasses everything culturally that defines Native People and their place - past, present and future.

The mandate for TCUs is to preserve, protect and advance Tribal cultures and that is the primary distinction between them and mainstream institutions of higher education. TCUs have an awesome responsibility in the role as a "change agent."

In pursuing continued postsecondary accreditation, United Tribes Technical

College and other TCUs have the unique opportunity to articulate how the Tribal IQ is addressed by their educational programs and services.

This is important because TCUs can define the Tribal IQ on their own terms and in the context of their own cultural interpretations by their own Native constituents.

Defining the Tribal IQ and how this is addressed in the educational setting will be different from TCU to TCU because of the variations in Tribal cultures represented among the Tribal colleges.

With an intertribal constituent base, UTTC's current mission statement implies several dimensions of the Tribal IQ with words such as multi-cultural, education, economic opportunity, Tribal human and land resources, self-sufficiency and self-determination.

As UTTC proceeds with its self-study activities over the next several years, stakeholders in the college will be asked to describe and to assess how the college functions to meet the needs of a broad indigenous population in these terms.

Because not every need can be met due to resource limitations, the college must take advantage of the self-study process to re-evaluate its purpose, assess its resources, and map out what the college can effectively accomplish in the future.

Among the challenges will be to assess the next generation of Tribal college students who we call "Digital Natives who are Native." One important question will be this: What sort of Tribal IQ will they bring into our Tribal College?

The answers to this self-study question will shape the very future of United Tribes Technical College.

**UTTC
SELF-STUDY**

United Tribes Technical College is currently conducting a self study evaluation. A written report of its findings will be produced for its NCA reaccreditation visit. The NCA comprehensive visit will take place in 2010-2011. If you have questions or comments regarding UTTC's self-study experience, please send them to: ncaaccreditation@uttcc.edu. To learn more about the NCA accreditation process, visit the website: <http://www.ncahlc.org>

Self-study seen as a chance... Continued from page 1

Twenty-six members of the UTTC Self-Study Committee began work on the process during a retreat November 5-6. The two day event followed an October organizational session that launched UTTC into a process that will lead to reaccreditation by the Higher Learning Commission of the North Central Association of Colleges and Schools (NCA). With the college's current 10 year accreditation period expiring in 2011, UTTC is ahead of the two-year planning curve recommended by NCA.

If there is one thing United Tribes has been keen on since its earliest days, it is accreditation, the "holy grail" of educational effectiveness and credibility. UTTC President David M. Gipp successfully pursued the process beginning in 1977 when he became the college's leader. UTTC has maintained its accreditation status ever since, regularly expanding the scope of its approved educational offerings. A crowning achievement was earned in 2004 when UTTC became the first tribal college to receive accreditation for its online associate degree programs in Early Childhood Education and Injury Prevention.

The current self-study effort is led by committee chairman Russell Swagger, the college's vice president of Student and Campus Services, who intends to make the process less formidable than some perceive it to be, and more creative.

"This process is about engaging people and helping them become visionary in their thinking," said Swagger during the meeting.

Borrowing a phrase from his mentor, UTTC Finance Director Shirley Bordeaux, Swagger said his goal for committee members is to have them look upon this as something they 'get to do,' not something they 'have to do.'

Representatives of all major divisions of the college attended the retreat, including two faculty members who served on the last self-study committee in 2001. The well-prepared agenda included presentations to the whole group and smaller group activities.

Leaders at United Tribes are encouraged by what they perceive as less rigidity in the NCA reaccreditation process. They believe that institutions now have more flexibility than what may have existed previously to evaluate their own circumstances and gain accreditation for well-designed educational programs that may differ from what is common elsewhere.

To demonstrate, a UTTC staff member who is a talented artist introduced a series of tribal characters in a thought provoking PowerPoint presentation. Each image represented universal tribal characteristics that would help interpret elements of the self-study from a tribal point of view and potentially lead to a graphic or animated supplement to a printed report.

Since the beginning of the tribal college movement in the early 1970s, tribal college leaders have had mixed feelings about accreditation. The main benefit is for students who seek to transfer their credits to study at other institutions. What is seen as less desirable is to undergo evaluation by mainstream education professionals who may have little or no experience with tribally-controlled education or tribal people. In the absence of something more culturally suitable, tribal colleges have subscribed to accreditation. Leaders at United Tribes see the current self-study as an opportunity to create an indigenized model of accreditation.

"The challenge for this group is to use this process to articulate what it means to be in a tribal setting," said Dr. Phil Baird, Vice President of Academic, Career and Technical Education, during the retreat. "This is what's at the very essence of our



Discussing a subject during the self-study retreat are Wanda Swagger, Finance Specialist (at left) and Barbara Little Owl, Human Resource Director.

mission. We are a tribally controlled institution. Everything we do is about protecting, preserving and promoting a tribal higher education model."

There is a great deal of importance for the self-study committee to focus on things that make United Tribes different from other institutions of higher education, Baird said.

"Mainstream colleges and universities can't touch what we and other tribal colleges do when it comes to tribal culture and language and developing our human resources and institutions," said Baird. "And how do we go about that? How do we do business? What's an appropriate model for our constituents?"

The answers to those questions will evolve as the committee resumes meeting in the near future; a date has not been set for the next session. Chairman Swagger will be ready to describe his vision of the tribal college model for accreditation, a presentation that was dropped from the retreat meeting because of time limitations. Another activity will involve the listing of accomplishments and challenges over the time of the current accreditation period since 2001, according to Kathy Johnson, Enrollment Services Director, a member of the committee. The information will be assembled into a timeline, known as the "River of Time," Johnson said.

SELF-STUDY



TRIVIA

Test your familiarity with the self-study process now underway at United Tribes.

Q: What does the acronym HCL stand for?

Answer Below

A: Higher Learning Commission. This body accredits and thereby grants membership in the North Central Association, degree granting educational institutions in the North Central region.

PATHWAYS TO WELLNESS

Cultural group visits Washington D.C.

By Scott Davis, UTTC Strengthening Lifestyles Program

WASHINGTON – A delegation from United Tribes Technical College visited Washington, D.C. November 6 – 7 as part of the observance of “National American Indian and Alaska Native Heritage Month.”

On the trip were students Mia Spoonhunter (Northern Arapahoe) Ethete, WY, a student in Community Health, and Glen Fox (Three Affiliated) Bismarck, ND, Small Business Management. Eric Sheppard (Sisseton-Wahpeton) also accompanied the group, along with UTTC Culture Committee members Scott and Lorraine Davis.

The visit was arranged and sponsored by the National Indian Gaming Association, National Congress of American Indians, National Indian Health Board and American Indian Housing Council.

North Dakota/Great Plains Indian Gaming Association Director Kurt Luger extended the invitation to have UTTC participate in this first time event.

Participating as UTTC Thunderbird Dance Group, the two students, Sheppard and Lorraine Davis performed November 6 on the circular wood floor in the atrium of the Smithsonian Institution’s Nation-

al Museum of the American Indian and November 7 at the Rayburn House Office Building.

Master of ceremonies for both events was Ernie Stevens Jr., NIGA Executive Director. Inspirational talks were provided by North Dakota native Dale Brown, former head basketball coach and Louisiana State University.

Along with the UTTC dance group, the Samala Singers of the Santa Ynez Band of Chumash Indians, the Yaaw Tei Ti Tlingit dancers from Juneau Alaska and the Chowctaw Nations Dancers from Oklahoma also performed.

The UTTC students met with North Dakota Congressman Earl Pomeroy, whose hospitality and personable qualities were appreciated by the group.

NIGA also led the group on a tour of DC, visiting some of its many venues. The highlight was the veteran memorials that are dedicated to past and present warriors.

Overall it was a great experience for both the students and chaperones, not only to perform for congressional representatives but to showcase tribal culture. As Ernie



Pausing to pose, from left, Kurt Luger, Dale Brown, Glen Fox, Congressman Earl Pomeroy, and Mia Spoonhunter, during a visit to Washington, D. C.

UTN photo Scott Davis

Stevens said when introducing the group: “These people are Indian Country.”

The UTTC Culture Committee would like to thank all of those people involved in helping to showcase the student’s talents and skills. There were many positive and flattering comments from the audience during both performances. UTTC and the tribes can be proud of the way they were represented in the nation’s capitol.

Masquerade powwow packs gym

By Scott Davis, UTTC Strengthening Lifestyles Program

The annual UTTC Masquerade Powwow was held October 27 in the James Henry gymnasium. By far it was the largest turnout of any. About 200 participants showed up in outrageous and innovative customs.

Five drums from the surrounding area and the UTTC All Nation Singers gave the packed crowd some awesome trick songs for their enjoyment. The other four drums were Wise Spirit, Red Boy, Iron Bull and Tatanka Ska’.

The event was sponsored by the Strengthening Lifestyles Program, Student Senate

and Theodore Jamerson Elementary.

Thanks to Student Senate for providing over 300 candy bags for the children and



The drum group Wise Spirit renders a song during the UTTC Masquerade Powwow.

families and to Strengthening Lifestyles for providing gift baskets that were donated for door prizes.

Prize money was awarded for best adult and best student and day money for all tiny tots.

During the powwow, the UTTC Art-Art Marketing Program was very busy with their annual on-campus haunted house. This year it was “THE CELLAR!” There were many reports that this was the scariest ever. Both events recorded very good turnouts and lots of fun for all who attended.

UTN photo Scott Davis

HR NEWS

By Wes Long Feather, Human Resource Assistant

New Health Insurance Provider

As of November 1, 2007, United Tribes began with a new health insurance provider, PreferredOne. The HR Department is working to make a smooth transition.

Employees who have signed up for health insurance coverage are asked to do the following:

1. Please visit the Human Resource office and fill out the new PreferredOne enrollment form. It will only take a few minutes.
2. Bring your outstanding medical claims to the Human Resource department. We will forward these to Preferred One for immediate follow up and processing. PreferredOne has promised to clear up any outstanding claims; they will go back as far as two years and work forward (November 2005 – Current).

Thank you for your cooperation; if you have questions, please contact us.

New Faces

You may have noticed some new people in the Human Resource Department. The two new smiling faces are those of Barbara Little Owl and Bernie Standing Bear.

**Barbara Little Owl, MBA
Human Resource Director**

Barbara is an enrolled citizen of the Standing Rock Nation. She is of Hunkpapa and Oglala decendency. She is married

to Pete "PJ" Little Owl and has three children.

Barbara is a strong advocate for Human Resources and understands the laws that govern the profession. She would like all staff members to know that the Human Resource office is here to work with and for you. Please feel free to stop in and visit or ask her if you have any questions or need assistance.

She wants to offer HR as a resource and in line with the college would like to educate when and wherever possible.

William R. Tracey, in The Human Resource Glossary defines Human Resources as: "The people that staff and operate an organization";...Human Resources is also the organizational function that deals with the people and issues related to people such as compensation, hiring, performance management, and training.

**Bernadine "Bernie" Standing Bear
Human Resource Technician**

Bernie is an enrolled member of the Standing Rock Sioux Tribe. She is of Assiniboine & Hunkpapa decendency.

Bernie was raised and educated on the Standing Rock Reservation. She worked in education for over 20 years. She has a son and a daughter and eight grandchildren.

She was formerly employed with the

Standing Rock Sioux Tribe's Personnel Department before moving to United Tribes Technical College.

Bernie prides herself on her customer service skills and would like everyone to know that she will do all she can to assist in making your employment here at UTTC a great experience.

Positions Open

Accepting applications for the following:

7th Grade Teacher
Teacher (21st Century)
Domestic Violence Advocate
Extension Nutrition Assistant (PT)
Microbiology Instructor
Practical Nursing Instructor
Criminal Justice Instructor
Practical Nursing Clinical Instructor
Online Sales Technician (Bookstore)
Accounts Receivable/Student Accounts Tech.
Strengthening Lifestyles Assistant Director
Road Safety Advisor
Security Officer
Women's Residential Assistant (RA)
Men's Residential Assistant (RA)
Preschool Teacher Aide
Infant/Toddler Daycare Aide
Sick Child Daycare Provider

Contact: Bernadine Standing Bear, Human Resource Dept., 701-255-3285 x1213 or email: bstandingbear@uttc.edu or visit our website at www.uttc.edu for a full job description & application.



Circle of Parents



United Tribes Technical College

Luncheon Meetings

12 pm - 1 pm • Jack Barden Center • Room 130

NOVEMBER 27 ~ 'O' IS ALSO FOR OPPORTUNITY FOR THINKING
Participants will learn about setting limits, thinking words vs. fighting words and turning your words from 'Garbage into Gold.'

DECEMBER 11 ~ 'L' STANDS FOR LET EMPATHY & CONSEQUENCES DO THE TEACHING
Consequences vs. punishments, empathy & consequences vs. anger, constructing logical consequences and how to destroy the teaching value of a logical consequence.

Meals provided free of charge. Transportation is available to UTTC students. Registration is required.
For more information or to register contact Eveleen Cook at 701-255-3285 ext. 1391

AL-ANON MEETING
3 PM

ALATEEN MEETING
4 PM

AA MEETING
7 PM

Every Thursday
Room 130 • Wellness Center

AL-ANON • ALATEEN
for families & friends of alcoholics



Sports Schedule

07-08



United Tribes
Technical College

Basketball - Mens

Basketball - Womens

DATE	PLACE	TIME	DATE	PLACE	TIME
Nov. 2-3	@ NDSCS-Wahpeton Classic	TBA	Nov. 2-3	@ NDSCS-Wahpeton ClassicW	TBA
Nov. 8-10	MonDak Conf. Tournament @BSC	TBA	Nov. 8-10	MonDak Conf. Tournament@UTTC	TBA
Nov. 16	@ Little Big Horn College	6-8 MT	Nov. 16	@ Little Big Horn College	6-8 MT
Nov. 21	University of Mary	6-8	Nov. 21	University of Mary	6-8
Nov. 29-Dec. 1	John Thunderhawk Classic	TBA	Nov. 29-Dec. 1	John Thunderhawk Classic	TBA
Dec. 7-8	@Holiday Inn Tourney, Sheridan, WY	TBA	Dec. 8-9	@Gogebic Community College Tourney	TBA
Dec. 14	@Miles Community College	6-8 MT	Dec. 14	@Miles Community College	6-8 MT
Dec. 15	@Dawson Community College	1-3 MT	Dec. 15	@Dawson Community College	1-3 MT
Jan. 12	Dawson Community College	4-6	Jan. 12	Dawson Community College	4-6
Jan. 13	Miles Community College	2-4	Jan. 13	Miles Community College	2-4
Jan. 18	Williston State College	6-8	Jan. 18	Williston State College	6-8
Jan. 20	NDSCS-Wahpeton	2-4	Jan. 20	NDSCS-Wahpeton	2-4
Jan. 24	@Bismarck State College	6-8	Jan. 24	@Bismarck State College	6-8
Jan. 27	@Lake Region College	2-4	Jan. 27	@Lake Region College	2-4
Jan. 30	@University of Mary	6-8	Jan. 30	@University of Mary	6-8
Feb. 3	Lake Region State College	6-8	Feb. 3	Lake Region State College	6-8
Feb. 7	Bismarck State College	6-8	Feb. 7	Bismarck State College	6-8
Feb. 10	@MSU-Bottineau	2-4	Feb. 10	@MSU-Bottineau	2-4
Feb. 11	@Williston State College	6-8	Feb. 11	@Williston State College	6-8
Feb. 16	@Trinity Bible College	5-7	Feb. 16	@Trinity Bible College	5-7
Feb. 17	@NDSCS-Wahpeton	2-4	Feb. 17	@NDSCS-Wahpeton	2-4
Feb. 19	MSU-Bottineau	6-8	Feb. 19	MSU-Bottineau	6-8

2nd Annual JOHN THUNDERHAWK Classic



November 29th - December 1st
United Tribes Technical College
Bismarck, North Dakota

Thursday, November 29

6:00 pm Turtle Mountain Community College vs United Tribes (Women)
8:00 pm TMCC vs UTTC (Men)

Friday, November 30

2 pm Bismarck State vs Jamestown College JV (Women)
4 pm BSC vs Jamestown College JV (Men)
6 pm United Tribes vs Little Big Horn College (Women)
8 pm UTTC vs LBHC (Men)

Saturday, Dec. 1

12 pm BSC vs LBHC (Women)
2 pm BSC vs LBHC (Men)
4 pm UTTC vs Jamestown College JV (Women)
6 pm UTTC vs Jamestown College JV (Men)

Please join us for brunch! You're invited to celebrate with John Thunderhawk's family, UTTC staff, players and families.

Saturday December 1st • Lower Level, JBC from 12-2 pm

How to get the Nike N7 Shoes



The UTTC Wellness Services/
Strengthening Lifestyles
Program is now taking pledges
for the new N7 Nike shoe.
Taking the PLEDGE makes
you eligible to place your
order with the Wellness Staff
for a pair of the new shoes.

Price \$47.80

Payable to UTTC

OR

Better yet – Receive a pair FREE

By signing up for the

STRENGTHENING
LIFESTYLES INCENTIVE
PROGRAM

Get your card punched today

Look for more details

along the way

Sign your pledge as soon

as you can and get moving

in the right direction

towards Native Wellness!

More information: call extensions

1357, 1454, 1361, or 1328.

Don't Miss the Bus

Public Meeting for Review and Request of Urban Program Transportation

Projects for 2009-12
The Bismarck-Mandan Metropolitan Planning Organization (MPO) will hold a review and public meeting of the submitted requests for the Urban Program Transportation Projects for 2009-12. This is an opportunity for the public to become aware of and/or comment on upcoming transportation projects in the Bismarck-Mandan Metropolitan Area. The public meeting for the Urban Program Transportation Projects 2009-12 will be part of the regular Bismarck-Mandan MPO Technical Advisory Committee meeting on December 17. The public is invited to attend.

**Monday, December 17
10 am • Training Room
Bis-Man Transit Building
3750 East Rosser
Bismarck, ND**

Information on tentative projects can be obtained by contacting the Bismarck-Mandan MPO staff via the following contact information. Comments and inquiries regarding the Urban Program Transportation Projects may be submitted for consideration until 12 p.m. December 21 to:

Ben Ehreth, MPO Planner
Bismarck-Mandan Metropolitan Planning Organization
221 North 5th Street
Bismarck, ND 58506
Phone: 701-355-1840
Fax: 701-222-6450
E-mail: bjehreth@nd.gov



Holiday OPEN HOUSE

DECEMBER 7 * 9 AM - 4 PM
LOCATED BUILDING 7

Please join us as we celebrate the holiday season. Check out your campus print shop and meet the staff! Refreshments will be served.

Now more than ever, we are striving to exceed our clients' quality and service expectations. We hope you will keep us in mind for your next print project, whether it's business cards, brochures, or an elaborate full-color bound booklet. Let us help you bring your idea to life!



LOCATED ON THE CAMPUS OF UNITED TRIBES TECHNICAL COLLEGE
3315 UNIVERSITY DRIVE • BISMARCK, ND 58504 • 701.255.3285 x1296

WE'RE NOT JUST A BOOKSTORE...



**... COME IN FROM THE COLD AND CHECK
OUT OUR NEW WINTER FASHIONS!**

WINTER FASHION SHOW: November 30 • Free Refreshments!
CHRISTMAS CLOTHING SALE: December 3-14
BOOK BUY BACK: December 7-3 • 9 am-4 pm

FOR GIFT IDEAS CHECK OUT THE ONLINE STORE AT WWW.UTTC.EDU!

UTTC BOOKSTORE

Lower Level, Jack Barden Center • Mon.-Fri. 8 am-5 pm

THE PEOPLE AND THE LAND ARE ONE

The People and the Land are One
"We have always been here. Since the land was made. The land has been taken from us piece by piece. We have fought for this land we have. We have died for it. We are still here. We are still home, but we are losing the land."

POWERFULLY TOLD
EDUCATIONAL STORY FROM
THE POINT OF VIEW OF TRIBAL
ELDERS & TRIBAL MEMBERS
CD ROM AND DVD PACKAGE

Tells about the loss of Indian land, fractionated interests, trust land, barriers to land use, and land recovery.

"One does not sell the land people walk on."
— Crazy Horse

For American Indian young people in middle school, high school and college ~ tomorrow's Indian leaders ~ to take action to keep our land, keep our culture & keep our future

Suitable for General Audiences

Includes Guidebook, Teaching Resources and Strategies for beginning the process of restoring American Indian homelands

Choose from two reservation settings: Standing Rock Sioux or Rosebud Sioux Tribes

AVAILABLE NOW

\$20.95 plus Shipping & Handling

Funded by the Indian Land Tenure Foundation
Produced by Makoche Recording Company
©United Tribes Technical College

UNITED TRIBES BOOKSTORE

Jack Barden Center • Lower Level

3315 University Drive
Bismarck, ND 58504

Office: 701-255-3285 x1460

Online Store: 701-530-0667

Toll Free: 866-643-8882

Fax: 701-530-0627



David M. Gipp

Scholarship Fund



To honor his 30 years as college president, United Tribes has established the David M. Gipp Scholarship Fund as part of the "Opportunities in the Making" Student Scholarship Campaign. With the support of generous individuals and businesses in Bismarck-Mandan, this successful campaign has provided support for the education of 280 students in the past two years. Your contribution to the David M. Gipp Fund will help it grow, providing additional scholarship support. Please take this opportunity to recognize and honor David and help in his life's work.

Send your check to:
David M. Gipp Scholarship
United Tribes Technical College
3315 University Drive
Bismarck, ND 58504

Contact: Brad Hawk
701-255-3285 x 1387, bhawk@uttc.edu



FEAST OF *Thanksgiving*



UTTC CAFETERIA
NOVEMBER 21 ~ 11 AM

— MENU —

- Roast Turkey
- Baked Ham
- Mashed Potatoes & Gravy
- Dressing
- & Assorted Pies

Apply Early For Tribal Funding!

In order for students to receive the best possible chance of obtaining tribal funding, we encourage you to Apply Early!

WHY APPLY EARLY:

- Deadline dates vary for every tribal funding agency
- Awards are based on availability of funds
- Priority for selection maybe awarded on a first come first serve basis

GENERAL REASONS FUNDING MAY BE DENIED:

- Missed deadline date
- Incomplete files
- Did not apply

DOCUMENTS THAT ARE GENERALLY REQUIRED FOR AN APPLICATION TO BE COMPLETE:

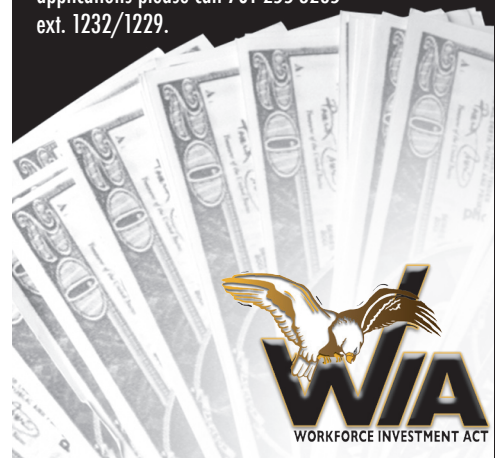
- Acceptance letter from educational institute
- Financial needs analysis (budget) from financial aid officer
- Semester grades/mid-term grades
- Class schedule

Criteria submitted for tribal funding may vary for new and returning students

To ensure application completeness, contact and follow up with funding agency frequently

To be eligible for WIA classroom training assistance, ALL students MUST apply with home funding agency first

The WIA office is located in building 61 at United Tribes Technical College. For students who need assistance contacting agencies or completing tribal funding applications please call 701-255-3285 ext. 1232/1229.



GO TO SCHOOL Without Leaving Home



UNITED TRIBES TECHNICAL COLLEGE ONLINE EDUCATION

- Study from Home
- Increase Your Income Potential
- Access courses after the kids have gone to bed

PROGRAMS OFFERED COMPLETELY ONLINE:

- AAS Injury Prevention – prepare to work with suicide prevention and other critical health issues
- Medical Transcription Certificate – train to work from home transcribing medical dictation
- AAS Nutrition and Food Service – prepare to work with Nutrition and Diabetes programs
- AAS Health Information Technology – prepare for a career in health/medical records
- AAS Early Childhood Education – prepare for a career in Head Start or Child Care
- AAS Elementary Education – become an elementary school paraprofessional

701-255-3285 • www.uttc.edu

UNITED TRIBES TECHNICAL COLLEGE
3315 University Drive • Bismarck, ND 58504

Accredited by the Higher Learning Commission of the North Central Association of Colleges and Schools

Arrow Graphics

- QUICK PRINTING •
- 4-COLOR LASER PRINTING •
- BROCHURES • BOOKS • LETTERHEADS • ENVELOPES • NEWSLETTERS •
- FORMAL / INFORMAL INVITATIONS • BUSINESS CARDS
- WEDDING INVITATIONS • CATALOGS • FLYERS • POSTERS
- COMPLETE SET-UP • FORMS ... AND MORE •
- CUSTOM DESIGNING •



LOCATED ON THE CAMPUS OF UNITED TRIBES TECHNICAL COLLEGE
3315 UNIVERSITY DRIVE • BISMARCK, ND 58504

701.255.3285 x1296



HONORED VETERAN WARRIORS

US ARMY

- ★ Mark Anderson 1979-1985
- ★ M.J. Bud Anderson 1957-1965
- ★ Sam Azure 1971-1976
- ★ ★Robert Bear 1978-1984
- ★ Lori Bear Cub 2000-2008
- ★ Jasten Bears Tail 2005-2007
- ★ Donald Cain 1972-1974
- ★ Martha Garreau 1991-1999
- ★ David Gipp 1972-1978
- ★ Andi Gladson 1994-1996
- ★ Carl Hohenstein 1946-1948
- ★ Daniel Larson 1968-2003
- ★ Wes Long Feather 1990-2000
- ★ Michael Matheny 1966-1969
- ★ Wayne Pruse 1970-1972
- ★ David L. Raymo 1972-2000
- ★ Margaret Red Shirt-Trottier 1982-1992
- ★ Rodney Little Whiteman 2002-2007
- ★ Albinus Stockert 1956-1958, 1958-1993
(Retired National Guard)
- ★ Maynard Two Bears 1979-1985
- ★ Ray Little Whiteman 2002-2007

US MARINES

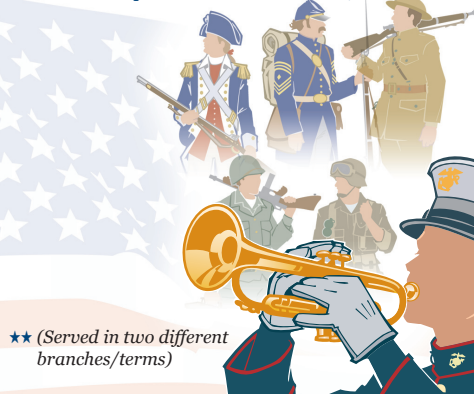
- ★ Michael Collins 1963-1977
- ★ Jeff Four Bear 1988-1992
- ★ LeRoi Laundreaux 1972-1973
- ★ Louis Laundreaux 1964-1969
- ★ Myron LeRoy 1997-2005
- ★ Joshua Logg 1976-1979, 1982-1985, 1992-1996
- ★ Laben Red Owl

US AIR FORCE

- ★ ★Robert Bear 1984-1998
- ★ Robert Fox 1988-1992
- ★ Russell Gillette 1951-1954
- ★ Terry Moericke 1971-1979
- ★ Ron Newman 1961-1965
- ★ Herbert I. Red Horse 1985-2001
- ★ Jay Wheeler 1995-2000

US NAVY

- ★ David Bruning 1970-1974
- ★ Marcel Gierszewski 1965-1970
- ★ ★Alvonne Iron Thunder 2001-2003
- ★ Curtis Maynard 1964-1967
- ★ Lawrence Stockert 1967-1969
- ★ Michael Upham 1980-1984



★★ (Served in two different branches/terms)

UTTC LIBRARY

SUCCESS IS EVERYONE'S RESPONSIBILITY!

SUCCESSFUL STUDENTS USE THE LIBRARY!

GET YOUR LIBRARY CARD TODAY!

- Location: West Main Floor
Education Building
- Hours: Monday - Friday
8:00 am - 5:00 pm
- Collection: Books, Journals, Magazines,
Newspapers, & Online Database
- Services: Instruction, Reference, Fax,
Internet Access, Photocopies,
Interlibrary Loan
- Website: www.infolynx.org



NRCS Natural Resources Conservation Service

THE EARTH NEEDS YOU • JOIN THE TEAM!

The Natural Resources Conservation Service (NRCS) needs people and/or groups, on a statewide basis, who are willing to commit their time and talent to conserving and protecting soil, water, and wildlife for their community and everyone in it. The NRCS Plant Materials Center in Bismarck is currently seeking individual volunteers or volunteer groups that would like to assist in the day-to-day activities of the Plant Materials Center. These activities may include office work such as filing, data entry, and assisting in the preparation of large mailings and training projects; assembling seed packets; or outdoor plant center operations which include grounds maintenance, greenhouse activities, and/or field work, such as mowing, weeding, planting and seed harvesting.

More information on the NRCS Earth Team Program and application forms can be found on the North Dakota NRCS Web Site at: <http://www.nrcs.usda.gov/feature/volunteers/>. Applications can also be picked up at Bismarck Plant Materials Center, 3308 University Drive. For more information contact Leslie Glass, Secretary, at 701-250-4330 Ext. 6.

Opportunities in the Making



Student Scholarship Campaign

UTTC employees are allowed to make a gift to the Opportunities in the Making Student Scholarship Campaign through payroll deduction.

No one knows the value of education better than you! Any amount you commit will become a vital part of the financial support needed for students to succeed in building better lives for themselves and their families.

Please make your pledge today! Your gift is tax deductible.



Contact Brad Hawk
701-255-3285 x1387
bhawk@uttc.edu

United Tribes Veterans Program

HONORED PRESENTER: Joshua Logg (Cheyenne River) reaches to acknowledge Robert Fox and the UTTC Culture Committee for the gift of a beautifully designed star quilt. Logg was guest speaker during a program November 9 to honor student and staff members who served in the military. (See list of honored veterans on p. ??) Logg was a Marine Lance Corporal who followed in his father's footsteps when he joined the military for two stints: 1976-79 and 1982-85. He told about his assignments and travels, of meeting three U. S. Presidents, and of practicing the values of respect, discipline, duty and honor. Logg paid tribute to several American Indian service men and women who died while serving: Pfc. Lori Piestewa, Pfc. Sheldon Hawk Eagle, Cpl. Nathon Good Iron, and Cpl. Kenny Jamerson. "A hero is someone who gives their life for their country," he said. Logg is a second year student in the UTTC Tribal Environmental Science program and is on track to attain one of his life goals – to graduate from college. UTN photo



NONPROFIT ORG.
U.S. POSTAGE
PAID PERMIT
NO. 46
BISMARCK, ND

United Tribes Technical College
3315 University Drive
Bismarck, North Dakota 58504
www.uttcc.edu



UNITED TRIBES NEWS is published monthly by the Office of Public Information and Arrow Graphics, divisions of United Tribes Technical College, 3315 University Drive, Bismarck, ND, Dr. David M. Gipp, President

MISSION STATEMENT

United Tribes Technical College is committed to providing individuals and families with vocational-technical and educational services that perpetuate the success of all people. UTTC will continue to provide a multi-cultural environment that promotes educational and economic opportunities with human and land resources aimed at self-sufficiency and self-determination.

Editorial Content

Editor: Dennis J. Neumann, Public Information Director
701-255-3285 x1386, opi@uttcc.edu

Design & Layout: Andi Gladson, Graphic Artist
701-255-3285 x1437, agladson@uttcc.edu

Email articles and/or photos as separate attachments to opi@uttcc.edu. Include photo credits. Do not place images directly into text documents. **NO HARD COPIES WILL BE ACCEPTED.**

Circulation & Distribution

Circulation Manager: Andi Gladson, Arrow Graphics
701-255-3285 x1437, agladson@uttcc.edu

Distribution: Carla Fleury, UTTC Mailroom
701-255-3285 x1311, cfleury@uttcc.edu

To be added to UTN's mailing list or to change your mailing address please contact us via email at agladson@uttcc.edu.

Arrow Graphics is a full-service print shop that provides a full range of design and printing services that is available to the general public. For more information give us a call at 701-255-3285 or toll-free at 888-643-8882 Ext. 1296.



DEADLINE FOR NEXT ISSUE: 5 PM - JANUARY 14, 2008