



JANUARY 2011 • VOL. 20 - NO. 1
 UNITED TRIBES TECHNICAL COLLEGE
 BISMARCK, NORTH DAKOTA

UNITED TRIBES www.uttc.edu
NEWS



Joyful Sound page 20

United Tribes Fall Honoring



United Tribes News Photo by Dennis J. Neumann

THREE GENERATIONS: Five-month-old Rueben Grey Bear was the momentary center of attention December 17 during United Tribes Fall Honoring. Rueben's mother, at left, Lora Lee Grey Bear (Spirit Lake), earned

an Associate of Applied Science degree in Business and Office Technology. Rueben was proudly carried through the graduate's receiving line by his grandmother Melissa Grey Bear. More on Fall Honoring on pages 14-15.

ELEMENTS FOR
Success
 United Tribes Technical College
 Spring Semester Orientation

Monday-Tuesday, January 3-4, 2011
 Wellness Center Multipurpose Room

Details at www.uttc.edu

Classes Begin Wednesday, January 5, 2011

THE DREAM IS ALIVE
 Dr. Martin Luther King, Jr.

January 17, 2011
 Jack Barden Center
 Student Union
 9 am - 12 pm

North Dakota tribal priorities discussed



United Tribes News Photo by Dennis J. Neumann

NEW SENATOR: Tribal leaders and representatives congratulated North Dakota's new, U. S. Senator on November 29 at the Capitol in Bismarck. From left, United Tribes Technical College President David M. Gipp, Spirit Lake Chairperson Myra Pearson, and Spirit Lake Vice Chair Darwin Brown visited with John Hoeven, then North Dakota Governor and Senator-elect. The three were among a group of tribal leaders who met with Hoeven to talk about tribal issues and priorities as he prepared to assume his role in the U. S. Senate representing North Dakota. Subjects were outlined for each of the tribes represented and the college, which is governed in common by the tribes of North Dakota.



Cunch Menu

CAFETERIA HOURS:
 Breakfast: 7-8:30am
 Lunch: 11am-1pm
 Dinner: 5-6:30pm

January 3-7		January 10-14		January 17-21		January 24-28	
M	Taco Salad w/ Assorted Toppings	M	Spaghetti & Garlic Toast	M	Hotdish (Cook's Choice)	M	Beef Stew & Biscuits
T	Chicken Sandwich & French Fries	T	Poor Boy Sandwich & Potato Salad	T	Bean Soup w/ Ham & Frybread	T	Baked Ham, Mashed Potatoes & Gravy
W	Grilled Ham & Cheese & Tomato Soup	W	Turkey ala King, Biscuits & Rice	W	French Dip w/ Au Jus & Chips	W	Sloppy Joe & French Fries
T	BBQ Rib Sandwich & Oven Potatoes	T	Sloppy Joe & French Fries	T	Cheeseburger & French Fries	T	Pork Chow Mein, Rice & Egg Roll
F	Fish Sticks & Mac & Cheese	F	Chicken Nuggets & Mac & Cheese	F	Fish Sandwich & Soup (Cook's Choice)	F	Hot Dog & Macaroni Salad

KODA THE WARRIOR "What Are You Waiting For?"

CREATED BY MARK L. MINDT
 SPIRIT LAKE NATION

ARE YOU A PRISONER?
 Do you ever feel like you are a prisoner to your own negative thoughts and/or actions? Like you are chained down to some low spot in your life?

WHEN DOES LIFE BEGIN?
 Maybe it keeps you so low you can't move ahead... You don't want to do anything but wait for something better in life to happen.

MAKE A CHANGE!
 It's your life, make the most of what you were given.

YOU HAVE EVERY RIGHT TO BE A HAPPY, HEALTHY PERSON WITH GOALS. FIND OUT WHAT'S BEEN BOTHERING YOU AND LEAP INTO ACTION!

QUIT WAITING FOR SOMEONE ELSE TO LIVE YOUR LIFE FOR YOU. IT'S ALL YOURS!

HOKA HEY!

Tell yourself... **I'M WORTH THE EFFORT!**

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Classic Koda reprised from UTN Vol. 17 - No. 2

kodathewarrior@yahoo.com

Indian ranchers advised to prepare for claims

BISMARCK (UTN) – Native American ranchers and farmers, who were involved in the successful class action lawsuit against the government, should be sure to register at the class action website as soon as they can for information about the case and so they will eventually receive a claims packet.

That was the leading piece of advice provided by the lead plaintiffs and their legal team in the *Keepseagle v. Vilsack* Native American discrimination lawsuit. It came during a meeting November 22 at United Tribes Technical College attended by 200 ranchers and farmers from North Dakota and surrounding states.

Attorneys explained what comes next as the U.S. Department of Agriculture is required to provide \$680 million in damages to thousands of Native American farmers and ranchers nationwide. They cautioned the process will not occur overnight.

The first step is to sign up to receive the court-approved notice to the class and information from the legal team about the case, including where and when information meetings will be held throughout the country, and to eventually receive a claims packet. The notices sent to potential claimants will also contain information about the case, timelines and deadlines, and information about how to begin preparing for a claim.

The United Tribes meeting was the first large group gathering of the plaintiffs since an October 19, 2010 settlement agreement ended 11 years of litigation over alleged



Lead plaintiffs Marilyn and George Keepseagle, Fort Yates, ND, thanked members of the drum group Oakdale, Mandaree, ND, during an honoring November 22 for participants and lawyers in the successful Indian ranchers class action lawsuit against the USDA.

discrimination against Native American ranchers and farmers in the USDA's farm loan programs.

Registering on the website will help the legal team identify the locations of plaintiffs and where to hold future meetings. Attorneys said assistance will be provided in filling out claims forms at meetings.

Information about the terms of the settlement will be circulated nationwide over the next two months along with a request for comments from class members, said lead counsel Joseph M. Sellers, partner, Cohen Milstein Sellers and Toll, PLLC, Washington,

DC. Final approval of the settlement by the Federal judge in the case is expected following an April 28, 2011, Fairness Hearing. The actual process of filing claims would begin no sooner than 60 days later, commencing in the Summer of 2011 and extending until the end of the year.

Additional information about the claims timeline, class requirements, settlement categories and amounts, and the claims packet can be obtained at the website set up by the legal team, www.indianfarmclass.com, or by calling the toll free phone number 1-888-223-5506.



United Tribes Technical College *Academic Calendar*

January 1..... *New Year's Eve*
 January 3-4*Spring Orientation/Registration*
 January 5..... *Classes Begin*
 January 6 *Last Day to Register for Distance Learners*
 January 17 *Diversity Awareness/MLK Jr. Day (1/2 Day)*

January 20..... *Last Day to Register for Spring Semester*
 January 20..... *Spring Graduates Orientation*
 January 21*Professional Development Day (No Classes)*
 January 26.....*Last Day to Add a UTTC Class*

**UTTC
SELF-STUDY**

United Tribes Technical College is currently conducting a self study evaluation. A written report of its findings will be produced for its NCA reaccreditation visit. The NCA comprehensive visit will take place in 2010-2011. If you have questions or comments regarding UTTC's self-study experience, please send them to: ncaaccreditation@uttc.edu. To learn more about the NCA accreditation process, visit the website: <http://www.ncaahlc.org>

STUDENT FOCUS:

By Nathan Stratton, Financial Aid

Elizabeth Sam Shoshone Paiute Tribe of Nevada PRACTICAL NURSING



Elizabeth Sam is mother of three and the wife of a Bureau of Indian Affairs police officer. She had long aspired to study nursing, but was unable to attend nursing school in Nevada due to long waiting lists and difficult admission criteria and policies favoring traditional-aged students. Elizabeth and her family saved money for a year to relocate to North Dakota so she could become a nurse.

Elizabeth credits her faith and her family for helping her succeed at UTTC. Her husband found a job in law enforcement on a nearby reservation, and her eldest son got an after-school job to help make ends meet at home. UTTC provided a safe, supportive environment.

Elizabeth performed extremely well at UTTC and is about to earn her degree in Practical Nursing. She has already been accepted to a local hospital's registered nurse program where she will earn a Bachelor of Science in Nursing degree.

"I came into nursing and didn't understand how much work it was going to be. But I wanted to do good, and I'm doing really well!"

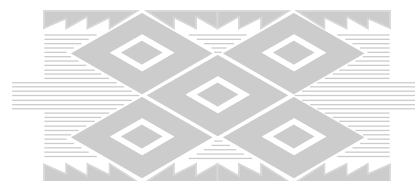
– Elizabeth Sam

Wellness Fair fare is Arabic



THE HUMBLE PEA: Nutrition and Foodservice students Charlie Marshall, left, and John Williams, whipped up a tasty batch of hummus during the United Tribes Wellness Fair in November, under the watchful eye of instructor Annette Broyles. The Middle Eastern dish is a dip or spread made from cooked, mashed chickpeas, blended with flavorful ingredients. If you make yours with garbanzo beans not to worry. Garbanzo is the Spanish translation for chickpea, while Hummus is the Arabic word.

United Tribes



Technical College

MISSION

United Tribes Technical College is dedicated to providing American Indians with postsecondary and technical education in a culturally diverse environment that will provide self-determination and economic development for all tribal nations.

VISION

- United Tribes Technical College is a premiere college, a leader in Tribal education, arts, and cultural preservation; technology; research; and the humanities.
- UTTC foresees a campus community with state-of-the-art facilities.
- UTTC aspires to be self-sustaining in line with its mission for tribal self-sufficiency and self-determination.
- Most importantly, UTTC envisions skilled, knowledgeable, culturally-grounded, healthy graduates who will achieve their educational goals; empower their communities; and preserve the environment, tribal land, water, and natural resources.

VALUES

- United Tribes Technical College Board of Directors, Administration, Staff, Faculty, and Students are guided in their actions by the following values:

U – Unity	T – Traditions
N – Native Americans	R – Respect
I – Integrity	I – Independence
T – Trust	B – Bravery
E – Education	E – Environment
D – Diversity	S – Spirituality

- United Tribes affirms these values as being representative of the tribal medicine wheel concept. This takes into consideration an individual's physical, intellectual, cultural, and emotional wellness. When these ideals are practiced, the UTTC community will flourish.

DISABILITY SUPPORT SERVICES

United Tribes Technical College recognizes its responsibility for making reasonable accommodations to ensure there is no discrimination on the basis of a disability as established under section 504 of the Rehabilitation Act and the Americans with Disabilities Act. Reasonable support services, accommodations, and appropriate referrals are coordinated through the office of Disability Support Services.

The UTTC office of Disability Support Services is a resource for all UTTC Students with a documented disability from a licensed professional and is committed towards supporting the student in accessing all UTTC Academic Programs. The DSS office collaborates in assessing students' needs and provides appropriate reasonable accommodations in a timely manner.

UTTC Students are encouraged to schedule an appointment and visit with the Disability Support Services Coordinator in promoting self advocacy towards Academic Success within the United Tribes Technical College community.



DSS COORDINATOR:

Tammy Kelsch

Jack Barden Center • Room 215

701-255-3285 x 1465

Fax: 701-224-7230

USEFUL STUDY SUGGESTIONS:

STUDY AT THE SAME TIME EVERY DAY.

In so far as possible, you should schedule certain hours which are used for studying almost every day in a habitual, systematic way. Having regular hours at least five days a week will make it easier to habitually follow the schedule and to maintain an active approach to study. **MAKE USE OF THE FREE HOURS DURING THE SCHOOL DAY.**

The hours between classes may be your most valuable study time yet, ironically, the most frequently misused. You can use this time effectively by reviewing the material and editing the notes of the preceding class and/or studying the material to be discussed in the following class. **SPACE STUDY PERIODS.**

Fifty to ninety minutes of study at a time for each course works best. Relaxation periods of ten or fifteen minutes should be scheduled between study periods. It is more efficient to study hard for a definite period of time and then stop for a few minutes, than to attempt to study on indefinitely. **PLAN FOR WEEKLY REVIEWS.**

At least one hour each week for each class (distinct from study time) should be scheduled. The weekend is a good time for review. **LEAVE SOME UNSCHEDULED TIME FOR FLEXIBILITY.**

This is important. Lack of flexibility is the major reason why schedules fail. Students tend to over-schedule themselves. **ALLOT TIME FOR RECREATION, CAMPUS AND CHURCH ACTIVITIES, ETC.**

When forced to deviate from your planned schedule (and that will invariably occur), you should trade time rather than steal it from your schedule. Thus, if you have an unexpected visitor at a time reserved for study, you can substitute an equal amount of study time for the period you set aside for recreation (or use some of the time you left unscheduled).

Information in this article was obtained from the website www.ulifeline.org, an anonymous, confidential, online resource center for college students offered by the Jed Foundation. To learn more, please contact the Center for Academic and Personal Counseling at the Lewis Goodhouse Wellness Center at United Tribes, or visit the Wellness Services homepage on the United Tribes website, www.uttcc.edu, where you can find the link to ULifeline.

NASA One-Stop Shop

NASA has launched a new website specifically for STEM students and faculty and those interested in learning opportunities provided by the agency. The website features on-line applications for Interns, Fellows and Scholars.

At the site, students have the ability to search for hundreds of internship and fellowship opportunities, and can apply for up to 15 opportunities with one application. Mentors will continue to submit opportunities in the upcoming months.

The first deadline to submit an application is February 2, 2011 to be considered for summer internships.

The website address is <http://intern.nasa.gov>.

For more information contact Nikki Santos nsantos@aihec.org

HOLD THE DATE Emerging Researchers National Conference in STEM

A conference to help students enhance their science communication skills and to better understand how to prepare for science careers in a global workforce

Washington, D.C.
February 24-26, 2011

More information:

Donna Behar

dbehar@aaas.org

Registration deadline January 28, 2011

Congress passes diabetes legislation

Program reauthorized to address nationwide crisis

WASHINGTON – One of those pieces of unfinished business for North Dakota U. S. Senator Byron Dorgan fell into place December 9 when the U. S. House passed a reauthorization of the nation's Special Diabetes Program.

"If there is any doubt about whether [reauthorizing the Special Diabetes Program] is a "must do" during the "lame duck" session, I would urge you to go to a diabetes clinic and listen to the small children talk about "sticking" themselves, as many as a dozen or more times a day. See how their lives are so very different from the care-free childhood we would hope all kids could enjoy. Go to a dialysis center on an Indian reservation and talk with the people hooked up to those machines."

– Byron Dorgan

Dorgan had introduced the legislation in March. It was one of his top priorities before leaving the Senate at the end of the year.

The program was created in 1997 as a response to the nation's diabetes epidemic. It has two parts: the Special Diabetes Program for Type 1 Diabetes and the Special Diabetes Program for Indians.

A long time supporter, Dorgan said the program is "a smart federal investment," that has yielded important discoveries and clinical advances, and provided "life-saving programs to Native Americans."



Byron Dorgan with a group of youngsters affected by diabetes, seen at a recognition program in his honor last summer at United Tribes. United Tribes News photo Dennis J. Neumann

"Without the assurance that the program will be funded next year, life-saving research and crucial programs for Native Americans will begin to wind down and then completely close their doors," wrote Dorgan in an op-ed piece for newspapers around the country. He labeled it a top priority for Congress in the "lame duck" session.

With the reauthorization, the program will

continue in Indian Country at least through 2013, said Dorgan.

Diabetes affects more than 24 million American adults and children, an increase of more than four-fold over the last 30 years, he said. Native Americans suffer from it at more than twice the rate of the general population. In some tribal communities the rate of diabetes has reached over 60 percent.

Las Vegas Half-Marathon Results

December 5, 2011

Sage Koch (Standing Rock), 22, Marine Lance Corporal and former United Tribes Cross Country athlete, Twenty Nine Palms, CA

1:13:24

16th out of 19,169 total entrants

Second out of 264 runners in his age bracket

16th out of 7,252 male entrants

Congratulations!

– Sheila Netteville

WE'RE NOT JUST A BOOKSTORE...

...Come in & check out our new fashions!

Graduate Reminder:
Stop in the Bookstore to order a cap & gown if attending May ceremony.

Gift Ideas:

- UTTC Holiday Towel Sets
- Sister Sky Bath Products
- Pendleton Mugs
- Native American Tea Products
- Pendleton blankets, baby blankets and tote bags various colors and designs & much more!!!

www.uttc.edu

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ARTIST FELLOWSHIPS

Applications Now Available Online

ND Council on the Arts 2011 Fellowships

Traditional Arts, Dance & Theatre Artists

- Two fellowships of \$2,500 awarded annually with different disciplines in each fiscal year
- Draft review deadline: January 15, 2011
- Final grant submission deadline: February 15, 2011
- Early submission strongly encouraged.
- Online grant system <http://northdakota.cgweb.org>.

More information:

NDCA 701-328-7590

www.nd.gov/arts/grants/grant.html

Grants are supported by the North Dakota Council on the Arts, a state agency, and the National Endowment for the Arts

Native Languages declared in a "State of Emergency"

ALBUQUERQUE – The National Congress of American Indians has joined with culture and language preservation groups in declaring Native languages in the U.S. in a state of emergency.

eral coordination to realize the unfulfilled potential of the 1990 Native American Languages Act. It also urged the examination of impediments to contemporary Native language immersion programs and schools like

See the UNESCO Interactive Atlas of the World's Languages in Danger
<http://www.unesco.org/culture/languages-atlas/>

The oldest and largest national organization of American Indians and Alaska Natives passed a resolution November 19 calling for a presidential executive order on Native language revitalization.

The resolution noted the latest UNESCO data on Native languages in the U.S. Among 139 remaining Native languages, all are endangered, with 70 on the verge of extinction within the next five years.

The resolution called for an executive order mandating concerted inter-agency fed-

those imposed by the No Child Left Behind Act.

A proposed executive order was developed by the National Alliance to Save Native Languages and presented to the Obama administration for consideration in late February 2010.

For more information about the NCAI resolution and the support and work of other organizations for language preservation, visit the NCAI online.



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Please Stop Domestic Violence Lets help each other stay safe...

If you have any questions or concerns about domestic violence, my office is in the Wellness Center. I am available M - F, 8-5. You may call UTTC Security to get in touch with me after hours.

The United Tribes Domestic Violence program partners with the Abused Adult Resource Center. Their hours are 8-4, M - F. 701-222-8370. After hours 1-866-341-7009.

STAY SAFE, STAY ALIVE.
UTTC respects your privacy and confidentiality.

WE WANT YOU TO BE SAFE.

Julie Beston Sage,
Domestic Violence Advocate
United Tribes Technical College

701-255-3285 x 1456
jbestonsage@uttc.edu

Earning Your Way



Nutrition and Foodservice Associate of Applied Science Degree

The Nutrition and Foodservice program at United Tribes Technical College is an opportunity for hands-on experience.

- Healthful food preparation
- Food science
- Food safety
- Wellness
- Community nutrition

Graduates are professionally trained with food preparation and nutrition education skills that allow you to make a positive impact on the health of American Indian people.

Follow one of two-degree majors: Nutrition and Wellness or Foodservice/Culinary arts. You choose depending on your interest. Both are offered on campus and Online.

You have the opportunity to take a national exam to become ServSafe Certified and/or a national exam to be credentialed as a Certified Dietary Managers (CDM).

A degree prepares you for employment or to successfully transfer into programs of advanced training to become a dietitian or chef.

After graduating, you are prepared for employment with school lunch, WIC, diabetes/wellness programs, hospital or elderly care food service, and casino kitchens or private restaurants.

Earn Your Way with a two year Associate of Applied Science degree in Nutrition and Foodservice.

United Tribes



Technical College

Nutrition and Foodservice Program

Annette Broyles, Chairperson

abroyles@uttc.edu

3315 University Drive • Bismarck, ND 58504

701-255-3285 x1406 • www.uttc.edu

THEY NEED YOUR HELP

Dear Nokota Friend,

We are writing to ask you to help us preserve the only **foundation herd** of rare and irreplaceable Nokota horses. With the long and bitterly cold North Dakota winter fast approaching, we need about 550,000 pounds of hay to keep the horses alive until spring grass. That's over 350 large round bales, at a cost of at least \$85 per bale. Can you help?

WE NEED TO RAISE NEARLY \$30,000.00

TO KEEP THESE HORSES ALIVE THIS WINTER,

AND YOUR TAX DEDUCTIBLE GIFT CAN HELP MAKE THIS HAPPEN.



As you know, these horses are special. They are descendants of nineteenth century ranch horses and the Sioux Indian buffalo runners. **They are part of America's living history.** A blue roan Nokota horse named Moonshine recently represented all Native American horses in the Opening Ceremonies of the World Equestrian Games in Kentucky. Their ancestors survived wild in the rugged Little Missouri River badlands for almost a century, making them strong, tough, and smart. They're athletic and personable and can do just about anything. Just last year, a Nokota pony cross named Miko was named the national Sport Pony of the Year by the American Warmblood Society!



BUT THEY CAN'T SURVIVE ALONE.

Since 1999, the North Dakota-based non-profit **Nokota Horse Conservancy** has cared for the few hundred surviving stallions and mares.

The conservancy works all summer producing feed for the winter, but it is not always enough. North Dakota winters are brutal, with temperatures well below zero and nearly constant bitterly cold winds. Winters often last until May.

WITH YOUR AID THESE HORSES WILL SURVIVE.

You can help the horses survive this winter with a tax deductible gift of any size. A donation of \$85 will feed one of the conservancy's horses for almost three months - only about a dollar a day. And \$350 will keep one Nokota horse healthy for the entire year. Each dollar you can give will feed a stallion, mare or foal for one day.

These horses are the last of their kind. They represent the living history of the Native Americans in our country. Your help, in any amount, will mean the difference between survival and extinction of this breed. And the sooner we receive your gift, the higher quality of hay we can buy to feed them this winter.

YOUR HELP MEANS SO MUCH.....

**Nokota Horse
CONSERVANCY**



CONTRIBUTE ONLINE AT:

WWW.NOKOTAHORSE.ORG





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We're located on the campus of United Tribes Technical College
3315 University Drive - Building 7 - Bismarck, ND 58504

Road Safety in Winter

**SUBMITTED BY SHANI BORDEAUX,
UTTC Land Grant Programs
Administrative Assistant**

When winter storms strike, do not drive unless necessary:

- If you must travel, make sure your car is stocked with survival gear like blankets, a shovel, flashlight and extra batteries, extra warm clothing, set of tire chains, battery booster cables, quick energy foods and brightly-colored cloth to use as a distress flag.
- Keep your gas tank full to prevent gasoline freeze-up.
- If you have a cell phone or two-way radio available, keep the battery charged and keep it with you when traveling. If you become stranded, you will be able to call for help.
- Make sure someone knows your travel plans.
- What to do if a winter storm strands you on the road:
- Stay in the car and wait for help to find you.
- Run the engine for short periods of time to stay warm. Keep your downwind window open and make sure your exhaust pipe is clear of snow.
- Turn on the dome light at night when running the engine to signal rescuers.
- Hang a brightly colored piece of cloth or piece of clothing from the car.
- Exercise from time to time by vigorously moving arms, legs, fingers and toes to keep blood circulating and to keep warm.

This information is from the NYC office of Emergency Management: www.semo.state.ny.us/info/publicsafety/winter_safety_tips.cfm



Tribal College Journal STUDENT WRITING/ ART CONTESTS

DEADLINES

Creative Writing: February 12, 2011

Cover Art: April 18, 2011

WRITING CONTEST: Each year the fall edition of *Tribal College Journal* contains the annual Student Edition and is sent to all 18,000 subscribers. It provides an important opportunity and student writers are encouraged to submit their best work. TCJ prefers that instructors submit their students' work.

The contest is open to all tribal college students from AIHEC member schools, Indian or non-Indian. Categories include: Fiction, Memoir/Narrative, Poetry, and Awards & Prizes. The top three entrants in each writing category receive \$75 and their work will be published in the TCJ Student Edition and posted on the website.

ART CONTEST: TCJ seeks artwork to use on the cover of the TCJ Student Edition. The April 18 deadline will allow time for students in the AIHEC Art Contest to be considered.

Winning entries will be posted at the website and the top winners per category will be published. The cover artist will also receive \$75. Winners' certificates/awards will be presented during the AIHEC Conference in April 2011.

For more information please e-mail student@tribalcollegejournal.org, visit the website www.tribalcollegejournal.org, or contact: *Tribal College Journal*, 970-533-9170, PO BOX 720, 130 E. Montezuma, Mancos, CO, 81328.

AIHEC 2011 conf

Annual Spring Gathering April 16-19

BISMARCK (UTN) – The American Indian Higher Education Consortium 2011 Student Conference is scheduled for April 16-19 in Bismarck, ND. The theme is: "Strengthening Our Culture through Agri-Culture."

The annual event is attended by about 1,200 students, faculty and administrators involved in American Indian higher education. The main attraction for students is a series of friendly competitions that test mastery in the range of learning at the nation's 37 tribal colleges and universities. The gathering offers workshops featuring American Indian educational professionals, meetings of tribal college leaders, and a basketball tournament with exciting encounters between tribal college teams.

Sponsors are the American Indian Higher Education Consortium, US Department of Agriculture, American Indian College Fund, and the North Dakota Association of Tribal Colleges through its six member organizations: Candeska Cikana Community College, Fort Berthold Community College, Sisseton Wahpeton Community College, Sitting Bull College, Turtle Mountain Community College and United Tribes Technical College.

The conference is headquartered at the Bismarck Civic Center where the majority of the student competitions will take place. Some events and activities will be held at United Tribes.

Conference details, including tentative schedule, lodging and vendor information,



The 2011 AIHEC conference logo was designed by Harriet Black Hoop, a student from Sitting Bull College majoring in Environmental Science. Harriet says the theme, "Strengthening Our Culture Through Agri-Culture," came to mind when she was told USDA was sponsoring the conference. "Native Americans are agricultural, growing their own food, helping share the process throughout the ages, and continuing today. The sunflower and corn represent major crops grown in the Dakotas. The buffalo is a sacred animal; it provided most of the basic needs and without it Native Americans would not have been able to survive. The eagle is sacred to most of our cultures and a sign of good luck."

are posted at <http://aihec.sittingbull.edu/>.

For more information, please contact Koreen Ressler, Sitting Bull College, 701-854-8001, koreenr@sbc.edu, or visit the website: www.sittingbull.edu.

AIHEC DEMOGRAPHIC INFORMATION (estimated)

- Every tribal college in the United States is an AIHEC member
- Expect 1,200 tribal representatives, faculty and students to attend the conference in Bismarck
- 37 tribal colleges will be represented at the event
- TCs are in 13 states around the nation
- TCs have an enrollment of approximately 17,000 students

EXHIBITOR/VENDOR OPPORTUNITIES

- Build Relationships with TC students and staff
- Potential to recruit graduates
- Possible customers
- Distribute information
- Sell goods

ference set for Bismarck

TWO AIHEC CONFERENCE DEADLINES

Ads for Conference Program & Exhibit Booths



The AIHEC conference closes with a student award program.

March 15 is the deadline for two steps involved with the 2011 AIHEC Conference in Bismarck: to submit advertisements for the conference printed program and/or to register for an exhibitor/vendor booth.

The conference takes place April 16-19 at the Bismarck Civic Center Exhibit Hall and is expected to attract 1,200 students, faculty and administrators from around the nation who are involved in American Indian higher education.

Details about submitting ads for the printed program can be found at the conference website at <http://www.aihec.sittingbull.edu>, or by contacting Jaci Two Bears,

jacitb@sbc.edu, 701-854-8072, or Pamela Ternes, pamelat@sbc.edu, 701-854-8090, both at Sitting Bull College, Fort Yates, ND, one of the host colleges.

Booth exhibitors/vendors may also visit the conference website for information or contact: Tim Kraher, timk@sbc.edu, 701-854-8059; Jennifer Jewett, Jenniferj@sbc.edu, 701-854-8125; or Laurie Running Hawk, Laurierh@sbc.edu, 701-854-8110.

Space in a central location of the conference is available for 83 booth exhibitors/vendors; The first 83 paid will be allowed in. If booth space is available after March 15, a notice will be posted on the website.

AIHEC STUDENT ELIGIBILITY

- Currently enrolled at least half-time with a minimum of six credit hours per quarter or per semester
- Minimum cumulative 2.0 GPA for students previously enrolled; Those not previously enrolled (e.g., new, transfers), must be in good academic standing and making satisfactory progress
- Cannot be a full-time college employee
- Must have written certification of current college credits and academic standing

AIHEC COMPETITIONS

Art Show, Business Competitions, Critical Inquiry, Film Festival, Hand Games, Knowledge Bowl, Mr. & Ms. AIHEC, Science Poster & Oral Competition, Science Bowl, Speech, Traditional Plants, Web Page Competition, Writing

AIHEC ACTIVITIES

1st Annual Art Fair: Opportunity for students to highlight more of their work and talent than during the Art Exhibition and Competition. Students are encouraged to show, network and market their work to a larger public audience. All AIHEC students are invited to participate.

AIHEC Powwow: Saturday, April 16. Bismarck Civic Center Exhibit Hall B. Registration 6 p.m. Grand Entry 7 p.m.

Volleyball Tournament: Co-ed (3 men/3 women/1 alternate), United Tribes Technical College Gymnasium

Pool Tournament: Student and staff divisions; Rules, regulations and registration available on-site at United Tribes Technical College

Wii Sports Tournament: Civic Center; On-site registration

Student Dance: Tuesday, April 19, 8 p.m., Civic Center

Cyber Café: Civic Center

CALL FOR PRESENTERS

The conference workshop committee is accepting proposals for presentations for Board of Directors, administration, faculty and staff, and student focused workshops on the theme: "Strengthening Our Culture through Agriculture." Subjects should be associated with higher education and, in particular, tribal colleges as they relate to the theme. Workshops with elders as presenters will be given priority. Workshops take place Sunday and Monday, April 17 and 18 in the following time frames: 11 a.m. – 12:30 p.m.; 1 – 2:30 p.m.; and 3 – 4:30 p.m.

The Doctor is In

BISMARCK (UTN) – Dr. Sara Jumping Eagle made a house call to United Tribes November 17 for a health fair in the college's Lewis Goodhouse Wellness Center.

Dr. Jumping Eagle is an Oglala Lakota from Kyle, SD, who became a pediatrician and adolescent medicine specialist. She answered health and wellness questions from youngsters and adults in the center's healing room.



Dr. Jumping Eagle earned her medical degree from Stanford University School of Medicine. She did her Pediatrics Residency and Adolescent Medicine Fellowship at Denver Children's Hospital and the University of Colorado Health Sciences Center. Her special medical interests include adolescent medicine, reproductive health, pubertal development, behavioral health, and the prevention of high risk behaviors among youth.

Dr. Jumping Eagle is an Instructor at the Center for American Indian and Alaska Native Health at the University of Colorado's School of Public Health. She serves on the executive board of the Association of American Indian Physicians. And she is an Assistant Professor in the Department of Pediatrics at the UND School of Medicine.

She lives in Bismarck with her husband Chase Iron Eyes and their three children. And she has family ties at the Lower Sioux Indian Community in Minnesota.

Dr. Jumping Eagle practices at Mid Dakota Clinic PrimeCare and can be reached at 530-5550 or toll free 1-877-530-5550.



Tribal Cooks Workshop **Monday, March 7 beginning at 1 pm until** **noon Friday March 11, 2011**

If you plan the menus, maintain the inventory, prepare and serve food to young children in childcare settings, the elderly at senior centers, residents of treatment centers or justice centers this is a skill building workshop for you. The workshop will be held in the Nutrition and Foodservice Department on the UTTC campus. Register early only 20 people will be able to participate.

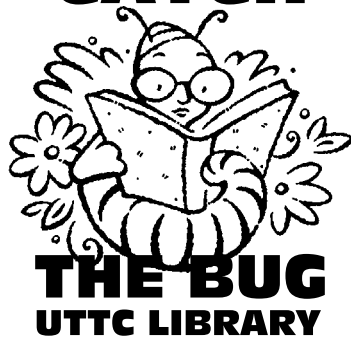
The cooks attending this hands-on workshop will study food safety and be able to take the National ServSafe® exam. Culinary skills such as knife use, plating, spices and herbs will be taught by a local chef. Nutrition recommendations will be reviewed and menus planned to meet the special needs of the audiences served.

Tentative Schedule

Monday 1 pm	Welcome and Introductions Nutrition Update
Tuesday	Food Safety update Food preparation skills (meat, poultry, fish)
Wednesday	Menu planning and food purchases Culinary Skills (vegetables and fruits)
Thursday	Portion sizes and food service Food preparation skills (beans, rice, pasta)
Friday	National ServSafe® exam

The \$150 registration fee will cover food costs and expenses for the National ServSafe® book and exam fee. Interested cooks can contact Pat Aune, UTTC Land Grant Director and Food Safety Educator at (701) 255-3285 x 1399 or email paune@uttc.edu.

CATCH



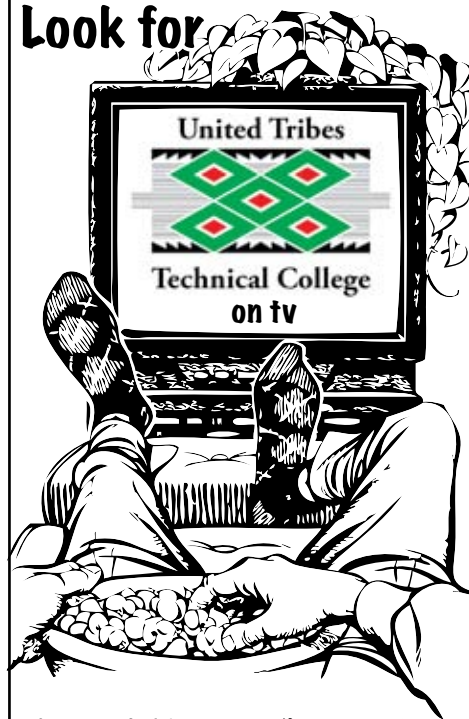
West Main Floor
Education Building

Hours: Monday - Friday
8 am - 5 pm

Books, Journals, Magazines,
Newspapers, Online Database,
Reference, Fax, Internet Access,
Photocopies, Interlibrary Loan

www.infolynx.org

Look for



Mon @ 6:30 p.m. & Thurs @ 5 p.m.
Dakota Media Access 12
Bis/Man Cable TV Channel 12

SHARING OUR STORIES

United Tribes Technical College Self-Study

Criterion Two: Preparing for the Future

The organization's allocation of resources and its processes for evaluation and planning demonstrate its capacity to fulfill its mission, improve the quality of its education, and respond to future challenges and opportunities.



United Tribes
Technical College
3315 University Drive
Bismarck, ND 58504



January 11, 2011
8 am to 3 pm

WAFFLE DAY!!
Strawberries, Blueberries,
Bananas, or Butter & Syrup.

Cool drinks, breakfasts,
lunches (with daily specials)
Soups, sandwiches, salads & wraps
Dine-in menu, take out or delivery
Call Ahead 222-0508
www.cozycreekcoffeebismarck.webs.com

7:30 a.m. to 8 p.m. Weekdays
8 a.m. to 4 p.m. Saturday
Closed Sunday

Jack Barden Center, Lower Level
United Tribes Technical College

Mid-year graduates honore

BISMARCK (UTN) – United Tribes Technical College honored 16 mid-year graduates during a ceremony December 17 at the college in Bismarck.

The college's "Fall Honoring Program" completed the fall semester and marked the beginning of a two week holiday break for students and faculty.

Twelve graduates earned Associate of Applied Science Degrees in seven programs of study; four earned Certificates of Completion in Medical Transcription.

The program's keynote speaker, Chase Iron Eyes, told graduates that his story is not unlike theirs. He described how he grew up at Standing Rock in a single parent household – a HUD home – where, even as a youngster, he knew how little money the family would have each month to survive on.

He's now an attorney, practicing in tribal and federal courts.

"I know that we all come from those same challenging backgrounds," he told the audience in the United Tribes Wellness Center. "It's nothing special anymore. It's just part of the mix, part of what we have to face, part of what we overcome."

What he overcame was the use of alcohol in his early teens. Being committed to attending class every day led him to graduate from Standing Rock High School, attend Sitting Bull College, and later earn an undergraduate degree at the University of North Dakota.



"As you graduate today, one thing I would advise you to do, that I didn't do, is have a backup plan, a plan B," he said. "When I graduated I sort of expected to go back where I grew up...and the tribal government would be waiting for me with open arms and hire me for, whatever. It didn't work out that way. I couldn't get a job and I didn't have a plan B."

After a decline to, what he called, "rock bottom," his fortunes changed. Today he credits it to the subtle, almost imperceptible help of the Creator that he was guided into a positive relationship with the person who became his wife (Dr. Sara Jumping Eagle) and a law degree from the University of Denver.

"I was given another chance," he said. "And I wasn't unwilling to take other jobs. They keep you afloat and buy you time until opportunity comes along, and it will come along."

Evereta Thinn, Miss Indian Nations XVIII, added to the message. She told the graduates not to "hang back" or be timid when they recognize an opportunity. She urged them to seize upon challenges and always do their best as Native people.

The drum group Tatanka Nagi provided opening and closing songs. A reception was held for friends and family in the college's newly renovated cafeteria.

Spring Semester 2011 at UTTC begins with student orientation January 3-4, followed by the start of classes on January 5.



United Tribes News Photos by Dennis J. Neumann



Fall Honoring speakers, from left, United Tribes counselor Russell Gillette, keynote speaker Chase Iron Eyes, and Miss Indian Nations XVIII Evereta Thinn.

ed at United Tribes



Mid-year UTTC graduates from left: Ron His Horse Is Thunder Jr., Jamie Cameron, Josiah C. Jacobs, Kathleen High Cat Brown, Bobbie Jo Wise Spirit, Sheyenne Bruguier, and Lora Lee Grey Bear.

Class of 2011 FALL HONORING

ASSOCIATE OF APPLIED SCIENCE

Business & Office Technology

Lora Lee Grey Bear

Spirit Lake Sioux Tribe

Sophia Little

Oglala Sioux Tribe

Criminal Justice

Sheyenne H. Bruguier

Cheyenne River Sioux Tribe

Early Childhood Education

Bobbi Jo Wise Spirit

Standing Rock Sioux Tribe

Nutrition & Foodservice

Kathleen L. (High Cat) Brown

Standing Rock Sioux Tribe

Josiah C. Jacobs

Fort Peck Tribe

Nutrition & Wellness

Jamie A. Cameron

Standing Rock Sioux Tribe

Ronald I. His Horse Is Thunder

Standing Rock Sioux Tribe

Small Business Management

Desiree P. Black Lance

Rosebud Sioux Tribe

Sarah V. Ghost Dog

Burns Paiute Tribe

Tribal Management

Tracey T. Brown

Omaha Tribe of Nebraska

Nilah M. Griffin

Standing Rock Sioux Tribe

CERTIFICATE

Medical Transcription

Jill A. Connolly

Leslie, MI

Melissa A. Mosbrocker

Mandan, ND

Dina Roberts

Dickinson, ND

Cassandra Rowe

Hayden, ID

Students... Start the New Year with: "Efficient Time Scheduling"

Being successful at the college level will probably require a more careful and effective utilization of time than you have ever achieved before. Using time efficiently involves setting little goals to achieve your big ones. This information will give you steps to look at the "Big Picture" and then narrow down your requirements into smaller and more manageable tasks. Follow these five steps and learn how to manage your schedule utilizing your student handbook: 1) *Assignment List*; 2) *Semester Calendar*; 3) *Master Weekly Schedule*; 4) *Weekly Schedule*; 5) *Daily "To Do" List*.
Step 1.

Prepare an Assignment List for all of your courses for the entire semester.

- List all of your course work for the semester including readings, projects, papers, tests, test preparation time, etc.
- Look at each assignment. You will want to break each one into small units which will fit as closely as possible into a 50 minute block of time by breaking big assignments and long-term assignments, like papers, into sub-parts which are listed separately. (e.g., 1) develop topic; 2) library search; 3) outline; 4) first draft; 5) second draft; 6) type). List all readings.
- Estimate how long you expect each activity to take then double it. As you improve your time management, you will probably improve your estimate of how long tasks will take.
- List the dates when assignments (or sub-parts of assignments) should be completed. Helpful tip - Consider working backward from the due date to help you estimate how much time you will need for each part.

WHY: Completing the Assignment List provides you with the specific things which you need to do during the semester and a timetable for completing them.

Step 2.

Make a Semester Calendar.

- On a calendar for the entire semester, place all of the items from Step 1 onto the calendar. Add other events you know will be occur-

ring (for your particular situation) – e.g. trips, visits by friends or family, concerts, movies, children's sports events, birthdays, etc.

WHY: This is a valuable method of visualizing upcoming events and responsibilities (i.e., exam dates, project dates and meeting dates, etc.). Keep it in a visible place. Don't be tempted to overfill it.

Step 3.

Create a Master Weekly Schedule that contains all of the fixed or regular activities which you expect to remain the same from week to week for the entire semester.

- Enter your course schedule.
- Enter other routine meetings and responsibilities (e.g., work, church, sports practice, etc.)
- Enter routine mealtime, travel time, sleep, exercise, laundry, shopping, cleaning, etc.
- Enter regular times for recreation (social hobbies, athletics, private time.)

WHY: By programming your time you will gain more time. This can be done in two ways; first, by doing a job in a focused and concentrated way you use less time than in the past, and second, by using leftover blocks of time that are normally wasted. By recording your fixed activities, you can visualize available blocks of time.

Step 4.

Construct a Weekly Schedule. You are now ready to use your Master Schedule as a base for your weekly schedule. (Be sure you make enough copies for the whole semester.)

- Plan your activities in time blocks of 50 minutes, followed by a 10 minute break.
- Plug your study times into your schedule using your most alert times of the day for studying.
- For a lecture-type class, use study time blocks immediately after the class to keep material fresh in your mind.
- For a recitation-type class (i.e., a foreign language) use study time blocks immediately before the class to keep material fresh in your mind.

- Prioritize your most important activities into your schedule first to enable you to get them done on time. Start early.
- Use your schedule to allow for 8 hours of sleep a night, and adequate time for eating a well-balanced diet. Both are vital for maximum efficiency during the day.
- Start by allowing at least 2 hours of study for every hour of class time. Then adjust accordingly to master your material, not just cover it.
- After trying your schedule, make the necessary adjustments to create the best and most workable schedule for you. Some students do best with a detailed weekly schedule, or a more simplified list of things to do, or one in between. Your revision is your key to an effective schedule of living. Fit this idea to your personal style.

Step 5.

Make a daily "To Do" List.

This list can be the real secret to your success if you do it every day. Some people end the day by listing tasks to do the next day, while others prefer to make a "to do" list in the morning. A 3"x5" card that fits into a pocket for easy and frequent reference works very well. Mark the activities that have a high priority today and will require some special attention. Cross each item off as it is completed during the day. Pay more attention to those marked as a higher priority. Don't go for the higher percentage of tasks (that usually require less time) because you may end with a lower effectiveness level by accomplishing only your lower priorities. Remember, completing your list is not as important as making the best use of your time during the day.

Information here was obtained from the website www.ulifeline.org, an anonymous, confidential, online resource center for college students offered by the Jed Foundation. To learn more, please contact the Center for Academic and Personal Counseling at the Lewis Goodhouse Wellness Center at United Tribes, or visit the Wellness Services homepage on the United Tribes website, www.utt.edu, where you can find the link to ULifeline. Submitted by Betty Anhorn, Center for Academic & Personal Counseling

THE LEWIS GOODHOUSE

WELLNESS CENTER



The Lewis Goodhouse Wellness Center houses UTTC's Community Wellness Services. UTTC has made a major commitment to the health and wellness of our students, staff and visitors within the campus community. United Tribes Technical College promotes a safe environment to experience diverse cultures, sample the mainstream, and focus on building the student's future in a good way on their path of "Life Long Learning".

The Wellness Center provides a multi-disciplinary approach enhanced by professionally trained staff. The departments included are: Center for Academic & Personal Counseling, Chemical Health, Disability Support Services, Domestic Violence Advocate, Resident Life - Single Student Housing, Strengthening Lifestyles, and Student Health.



Mission Statement: Our Wellness Center believes in a holistic approach, blending cultural practices with the best in physical, emotional, mental and spiritual care. The Wellness Center provides students and staff with state of the art exercise equipment along with counseling services and healthy living guidance to include support of spiritual growth utilizing traditional methods.



CENTER FOR ACADEMIC & PERSONAL COUNSELING

(Formerly The Center for Student Success)

**LEWIS GOODHOUSE
WELLNESS CENTER**
Monday - Friday
8:00 a.m. to 5:00 p.m.

**Offering Noon Hour Coverage
Appointments Encouraged...
Walk-Ins Welcomed!**

In case of an after-hour emergency:
*Contact UTTC Security Department
(701) 255-3285 ext. 1200, 1300
An on-call staff member will be con-
tacted*

MISSION STATEMENT:

The CA&PC is committed to the UTTC student by providing professional and cultural development services to enhance life-long learning, personal growth and educational success.

VISION STATEMENT:

A holistic, healthy student is the center of our vision. This includes social, mental, physical and spiritual growth in support the UTTC student in an increasingly changing environment of learning.

VALUES:

We will provide standards of ethical conduct to protect the well-being of our students. We value the quality of student life and are committed to honor and respect all Native Americans and their cultures. We express our values through listening, confidentiality, trust, honesty, competence, integrity, courtesy, and serving our students with care and professionalism at all times.

SERVICES:

The Center for Academic & Personal Counseling offers a variety of services. Such services are held in the strictest of confidentiality. The services include, but are not limited to:

- Supportive Academic & Personal counseling (Individual, family, group)
- Assisting in the transition to UTTC Community life
- Supportive Counseling Consultation services
- Referral services
- Mediation services
- Intervention services
- Campus Wellness & Educational activities



UTTC wellness leader named as 'Native Nations Rebuilder'

SAINT PAUL – Ruth Buffalo Zarazua, head of the United Tribes Strengthening Life-styles Program, has been named to the Bush Foundation's Native Nations Rebuilders Program.

Buffalo Zarazua is among a group of 19 women and men from 13 different tribal nations in the region chosen for the foundation's second cohort of rebuilders in 2010.

According to the Foundation, the Rebuilders bring new expertise and commitment to finding "sustainable solutions to the tough problems that face Native people and nations."

Buffalo Zarazua directs programs in the United Tribes Wellness Center that teach holistic wellness approaches to students from elementary school through college. She has also assisted in coaching the men's and women's basketball teams and coordinates or teaches other wellness-related activities, such as the Thunderbird Half Marathon, tai chi, and first aid/CPR. In 2010, North Dakota Business Watch named her as a "40 under 40 leader."

Buffalo Zarazua holds a BS in criminal justice from Huron University (SD), and a master's in management from the University of Mary (Bismarck). In addition to her enrollment at Three Affiliated Tribes, Buffalo Zarazua is Chirichua Apache.

Also named to the second Rebuilders cohort was Dr. Cheryl Ann Kary, former United Tribes research director, now executive director of the Standing Rock Tribe.

The newest Rebuilders met in early December for a three-day event at the Shakopee Mdewakanton Sioux Community. They were joined by more than 20 Rebuilders chosen earlier in 2010. Together they are committed to moving their nations, in cooperation with elected leadership, toward realizing their tribes' unique nation-rebuilding goals.

"We see them as an emerging source of energy to support tribal self-determination," said Jaime A. Pinkham (Nez Perce), who leads foundation efforts to partner with tribal nations. "In 19 of the 23 Native nations the Foundation serves, elected leaders now have colleagues who share their commitment to nation-rebuilding and who have embarked on a process to deepen their leadership skills and knowledge about tribal governance."

Applications for the third cohort of Rebuilders will open in late 2011. For more information visit www.bushfoundation.org.

The Bush Foundation was established in 1953 by 3M executive Archibald Bush and his wife, Edyth. It strives to be a catalyst to shape vibrant communities in Minnesota, North Dakota, South Dakota and the 23 Native nations that share the same geography



Ruth Buffalo-Zarazua

The Bush Foundation Native Nations Rebuilders Cohort 2 December 2010

- Sharon (Armstrong) Bellcourt (White Earth Band of Ojibwe); Self-governance coordinator and special projects coordinator for White Earth Tribal Council.
- Twyla B. Baker-Demaray (Three Affiliated Tribes-MHA Nation); Project director of the National Resource Center on Native American Aging for the Center for Rural Health at the UND School of Medicine and Health Sciences, Grand Forks, ND.
- Justin Beaulieu (Red Lake Band of Chippewa Indians); Director of operations for the Boys and Girls Club of the Mille Lacs Band of Ojibwe.
- Frances Big Crow (Oglala Sioux); Program director of the Oglala Sioux Tribe Child Care and Development Program/Volunteer with the SueAnn Center/Boys and Girls Club, Pine Ridge, SD.
- Lori Brown (Spirit Lake Nation); Director of operations and board treasurer at tribally owned Sioux Manufacturing Corporation.
- Ruth Buffalo Zarazua (Three Affiliated Tribes - MHA Nation); Director of the Strengthening Lifestyles Program at United Tribes Technical College, Bismarck, ND.
- Susan Connor (Fond du Lac Band of Lake Superior Chippewa); Employee assistance and employee relations coordinator of the Fond du Lac Reservation.
- Rebecca Crooks (Shakopee Mdewakanton Sioux Community); Tribal administration with the Tribal Business Council and serves on the Tribe's education commission.
- Cheryl Ann Davies (White Earth Band of Ojibwe/Family ties at Leech Lake); Works with Infinite Campus and manages a BIE technology program for schools where the student population is primarily Native American.
- Joseph Dudley III (Yankton Sioux Tribe); Physical therapy director at Avera St. Luke's Hospital in Aberdeen, SD.
- Anita Fineday (White Earth Band of Ojibwe), Chief judge of the White Earth Tribal Nation.
- Benny Janis (Lower Brule Sioux Tribe); Directs the Tribe's Department of Wildlife, Fish and Recreation.
- Cheryl Ann Kary (Standing Rock Tribe); Executive director of the Standing Rock Tribe, Fort Yates, ND.
- Terri Martin-Parisien (Turtle Mountain Band of Chippewa); Office of the president of Turtle Mountain Community College, Belcourt, ND.
- Anna (Sarcia) Ross (Turtle Mountain Band of Chippewa); Internal operations director at Turtle Mountain Community College, Belcourt, ND.
- Phillip Sam (Mille Lacs Band of Ojibwe); Branch director of the Boys and Girls Club of the Mille Lacs Band of Ojibwe.
- Lisa Schrader-Dillon (Oglala Sioux Tribe); Health administrator for the Oglala Sioux Tribe, Pine Ridge, SD
- Nick Tilsen (Oglala Sioux Tribe); Founder and executive director of Thunder Valley Community Development Corporation
- Veronica Veaux (Leech Lake Band of Ojibwe); Registrar at Leech Lake Tribal College, Cass Lake, MN



United Tribes Technical College Criminal Justice Program presents...

TRIBAL LAW ENFORCEMENT TRAINING PROGRAM

- January 27, 2011: Crime Photography, FLETC RPI
- March 7-11, 2011: Leaders of Character, BIA
- March 15-17, 2011: Drug Identification of Uniform Police Officers, FLETC RPI
- March 22-24, 2011: Reid Interviewing and Interrogation, FLETC RPI
- March 28-April 1, 2011: First Line Leadership, BIA
- April 7, 2011: Gangs in Indian Country, FLETC RPI
- May 5, 2011: Basic Criminal Investigations, FLETC RPI
- June 16, 2011: Intelligence Led Policing for Rural Executives, FLETC RPI

Dates & details subject to change

More information:
Brent LaRocque
701-255-3285 x 1490
blarocque@uttc.edu

New beginnings for UTTC food service operations

By Russell Swagger, Ph.D., Vice President Student & Campus Services

United Tribes starts the new year with the benefit of new leadership and new facilities at the college's cafeteria.

The college has added an experienced leader to the Student and Campus Services team in Curt Wellington, head of food service operations.



Curt Wellington

Curt is a member of the Hualapai Tribe of Peach Springs, Arizona. He brings with him a wealth of food service industry experience. He graduated from the Bismarck State College Hospitality Management program, where he studied under the late Mandan Mayor Ken Lamont.

He has 24 years of food and beverage industry experience. He's been involved with and managed successful food service and hospitality venues, including the State Capitol cafeteria in Bismarck, Grizzlies restaurants, and Breezy Point Resort in Minnesota.

For a short time prior to this new assignment, he worked as a UTTC security officer. Some of you old-timers may recall that Curt's mother, Cynthia Mascarenas, worked for UTTC in the ITAC office. His uncle, Rick Mascarenas, maintained the education building for many years. Curt is married to Tonya,



The renovated United Tribes cafeteria is bright and spacious at over ten-thousand square feet in size.

his wife of five years, and they have two wonderful children (a son and daughter).

Curt's positive attitude and technical skill and knowledge are important assets in his new role. He has concrete ideas for how to achieve UTTC's vision of providing quality service and healthy, nutritious meals to our campus community. Under his leadership you will see positive changes in our food service operations as we begin to make full use of our expanded and renovated cafeteria. We're very glad to have Curt aboard.

For those who've suffered through the cafeteria work, there's a new and more comfortable time ahead. Just a little over \$1 million in construction and renovation funding brings us a bright, spacious, new food service facility. The completed project expands

the cafeteria to over ten-thousand square feet of space to serve the needs of our growing campus population. No more elbow-to-elbow eating during our campus-wide special events. At least not for the foreseeable future.

The cafeteria staff shares in the successful transition to the new facility, working long

"I feel like I found my place, among my people. I plan to be here a long time."

- Curt Wellington

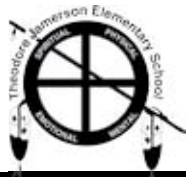


Before dawn, early risers head for the inviting light of the college's newly renovated cafeteria for a warm breakfast before school. United Tribes News photos Dennis J. Neumann

hours with difficult challenges. They were joined by Kathy Johnson, Veronica Weigel, LuAnn Perkins and Curt Maynard, who assisted through the construction period. Members of the college's Cafeteria Committee provided support and feedback that was invaluable in helping to improve our services.

Because of this successful work together, we are all better prepared to recognize the opportunities and take on the challenges that await us during Spring semester. Thank you to everyone for maintaining the positive attitude it takes for meaningful progress.

THEODORE JAMERSON ELEMENTARY



TIDBITS

Around the World at Christmas Time



JOYFUL SOUND: With their voices, TJES students showed they were enthusiastic about their annual holiday program December 14, including these Kindergarten students: from left, Wamnonmni Cikala Afraid of Hawk, Shaylee Uses Arrow, Norah Benson, Malik Weasel, Razalia McCoskey, Ryder Traversie and Serenity Eagle Bull. Their program, "Around the World at Christmas Time," featured music and traditions from England, Germany, Sweden, Mexico, France, India, Ireland, Israel and the USA. Also included was the hymn *Silent Night* in Lakota. They were directed by Lindsay Gietzen, TJES music instructor. The event was well attended by parents and United Tribes staff. United Tribes News/Dennis J. Neumann

Silent Night
(Lakota)

Silent night! Holy night!
Han-he-pi! Wan kan kin!
All is calm. All is bright
En o-was wi-yu-skin-yan.
Round yon virgin mother and child.
Hun-ku Cin-ca glu* ha-yan-ka.
Holy infant so tender and mild.
Christ wa-kan-yan ton-pi-kin-on.
Sleep in heavenly peace.
Wan-kand wo-o wi ye.
Sleep in heavenly peace.
Wan-kand wo-o ki ye.

UNITED TRIBES Parenting Classes

**Mondays
at 6 pm**



Parent Support Group

**Noon Luncheon
Meetings Every Tuesday**

**Call to pre-register
for lunch**

255-3285 x 1323

**Lewis Goodhouse
Wellness Center
Wellness Classroom**



**More information:
Lisa Stump, 255-3285 x 1323**

Volunteers needed for ND Native American Science & Engineering Fair



Two students demonstrated their project for Duane Robey, a retired science teacher from Bismarck, who helped judge the TJES Science Fair on December 10 at United Tribes.

By Carol Davis, Turtle Mountain Band of Chippewa, Science Fair volunteer

The 27th annual North Dakota Native American Science and Engineering Fair is scheduled for January 16-17 at the Ramkota Inn, Bismarck. And there's plenty of time to get involved and help out.

The event provides Native students with an opportunity to develop their math and science abilities through the application of scientific method.

Nineteen schools are involved, mainly from the state's reservations. Other schools that serve Native students also participate, like Theodore Jamerson Elementary School at United Tribes, along with off-reservation Native students who apply. Last year there were 285 entrants.

The event is conducted with the volun-

teer help of teachers from the participating schools, who organize, judge and recognize the award winners.

For the past three years it was organized and coordinated by Norma Poitra and LaVon Jerome, both from Turtle Mountain Elementary School. Ann Finley from Standing Rock provided the drum group during the same period.

Science fair judges and other volunteers are always welcome. If you are interested, please e-mail your name and contact information to me, Carol Davis, at this e-mail address cadavistmt@yahoo.com. The agenda and judging procedures will be provided to you. Thank You!

2010-11 NATURE PROGRAM SUNDAY ACADEMY SCHEDULE

TURTLE MOUNTAIN COMMUNITY COLLEGE

- Jan. 23 "Shapes of NATURE: Fractals"
- Feb. 13 "Muscle Contraction & Grip Strength"
- Mar. 6 "Laws of Electricity"

SITTING BULL COLLEGE

- Jan. 23 "Shapes of NATURE: Fractals"
- Feb. 13 "Muscle Contraction & Grip Strength"
- Mar. 6 "Hydrogen Bonding & Surface Tension of Water"

CANKDESKA CIKANA COMMUNITY COLLEGE

- Jan. 23 "Shapes of NATURE: Fractals"
- Feb. 13 "Muscle Contraction & Grip Strength"
- Mar. 6 "How Acidic They Are"

FORT BERTHOLD COMMUNITY COLLEGE

- Jan. 23 "Shapes of NATURE: Fractals"
- Feb. 13 "Muscle Contraction & Grip Strength"
- Mar. 6 "Fun with Physics & Computers"

UNITED TRIBES TECHNICAL COLLEGE

- Jan. 23 "Shapes of NATURE: Fractals"
- Feb. 13 "Muscle Contraction & Grip Strength"
- Mar. 6 "Food Safety: The Importance & Analysis of Aflatoxin in Corn"



2010 Thunder

John Thunderhawk Classic



THUNDERBIRDS: Guard Nick Houston, Eagle Butte, SD, guides the runner toward the glass in the game against Minot Air Force Base. United Tribes News photos Dennis J. Neumann



December 3-4, 2010

James Henry Community Gymnasium

MEN

BSC 81, JMS JV 74
UTTC 100, MAFB 89
BSC 125, MAFB 101
UTTC 68, JMS JV 58

WOMEN

BSC 73, JMS JV 43
UTTC 93, MAFB 50
BSC 109, MAFB 49
UTTC 62, JMS JV 60

January Schedule

8	Dawson Community College
	M&W 4-6 pm
9	Miles Community College
	M&W 2-4 pm
14	Williston State College
	M&W 6-8 pm
16	NDSCS-Wahpeton
	M&W 2-4 pm
20	Bismarck State College
	M&W 6-8 pm
23	Lake Region State College
	M&W 2-4 pm
28	Trinity Bible College
	M 6 pm
30	Lake Region State College
	M&W 1-3 pm



HOME GAMES IN BOLD



LADY THUNDERBIRDS: Olivia Spotted Bear, Mandaree, ND, works free inside to get to the hoop.



Two inducted into Thunderbird Hall of Fame

BISMARCK (UTN) – In a program on the floor where they torched opposing teams, two standout basketball players were honored December 3 by United Tribes Technical College. Former Thunderbird athletes Tanner Albers and the late Jason Logg were inducted into the “Thunderbird Hall of Fame.”

Albers and Logg were team scoring leaders during the two successful seasons between 1996 and 1998. The two were co-captains when the Thunderbirds won conference, region and district honors, and a berth in the “Elite Eight” of the 1998 NJCAA Division 2 National Tournament.

“Both of these gentlemen were outstanding student-athletes who earned honors for their basketball talents and their academics,” said Daryl Bearstail, United Tribes Athletic Director, who coordinated the induction ceremony during the John Thunderhawk Classic Tournament.

Albers (Turtle Mountain) was raised at Eagle Butte, SD, and attended UTTC from 1996 to 1998 in the Health Information Technology Program. As a Thunderbird, the 6’2” guard averaged 26 points, 6 rebounds, 3 assists and 3 steals per game. He later attended



Standout student-athletes Jason Logg, left, and Tanner Albers were inducted December 3 into the United Tribes “Thunderbird Hall of Fame.”

Delaware State University and University of Mary.

Logg (Cheyenne River) earned an AAS Degree in Early Childhood Education. As a player, the 6’5” forward averaged 22 points, 8 rebounds, 4 assists and 2 steals per game. He continued his education at Huron University, where he earned NAIA honors, and became a special education teacher in his hometown, Eagle Butte, SD. He passed away in July 2010.

Family members of both athletes applauded two Thunderbird Hall of Fame banners as they were unveiled hanging from the rafters

in the James Henry Community Gymnasium.

“These two guys we are honoring here accounted for over 50 points together in each game,” said Kevin Finley, who coached Albers and Logg. “Not only that, they were solid citizens of United Tribes. Every one of the guys [on the team] had over a 3.0 GPA. That was better than any victory. Now their academics are carrying them. We always said that basketball will end but your academics are going to carry you through in life.”

Finley explained that Albers was too sick to travel from his battle with cancer and, in an emotional moment, urged everyone to keep Tanner in their prayers.

Tanner’s older brother Travis, another member of the 1998 team, shared the memory of having two top quality players on the same team. “It’s amazing how comfortable it was,” he said. “They complimented each other very well. If one had an off-shooting night, which was rare, the other one would step it up and carry the load. When both were shooting well, forget it. It was all over. They were unstoppable.”

Tanner sent his thanks for the honoring

Continued on page 24



The late Jason Logg’s two children, Brooklyn (10) and Jaxson (5), received star quilts during the ceremony; his mother Robyn, Eagle Butte, SD, accepted a plaque. Also pictured, from left: Kevin Finley, former Thunderbird head coach; Russell Swagger and Harriett Skye, United Tribes vice presidents; and David M. Gipp, United Tribes president.



Teammate Travis Albers recalled the joy of playing basketball on the same team with two great players: his younger brother Tanner and Jason Logg.

United Tribes News photos Dennis J. Neumann

Thunderbird Hall of Fame...

Continued from page 23

and condolences to the Logg family in a statement read by his sister. "He [Jason] was a wonderful teammate and it was an honor to play beside him. There are more Hall of Famers on that 1998 Thunderbird squad."

The addition of Albers and Logg brings to three the number of athletes in the Thunderbird Hall of Fame. The first inductee was Alan Spoonhunter (Blackfeet/Northern Arapaho), Browning, MT, who earned First-Team All American honors in 2000.

JASON LOGG

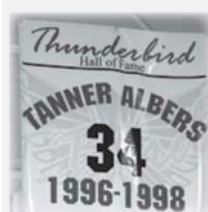
(Cheyenne River Tribe)

- Attended United Tribes Technical College 1996-1998
- Graduated 1998: Associate of Applied Science Degree, Early Childhood Education
- As a Thunderbird, the 6'5" forward averaged 22 points, 8 rebounds, 4 assists and 2 steals per game.



ACHIEVEMENTS/RECOGNITIONS

- Two time Mon-Dak All-Conference Player
- Mon-Dak Conference All-Academic Team Member
- 1997 AIHEC Tournament "Most Valuable Player"
- 1998 Providence, Canada All-Tournament Team and "Most Valuable Player"
- 1st Team All-Region 13 Player



TANNER ALBERS

(Turtle Mountain Band of Chippewa)

- Raised in Eagle Butte, SD
- Attended United Tribes Technical College 1996-1998
- Studied Health Information Technology
- As a Thunderbird, the 6'2" guard averaged 26 points, 6 rebounds, 3 assists and 3 steals per game.

ACHIEVEMENTS/RECOGNITIONS

- Two time Mon-Dak All-Conference Player
- Mon-Dak Conference All-Academic Team Member
- 1st Team All-Region 13 Player
- AIHEC All-Tournament Team
- NJCAA National Finals All-Tournament Team
- 1st Team All-American
- Quarterback Club Male Athlete of the year Nominee



United Tribes Athletic Department
Daryl Bearstail, Director

STAFF NEWS

Congratulations to Lori Brown, Infant Toddler Center director, and her husband Brian, on the birth of their new baby boy Kayston, who arrived December 1 weighing 9 lbs, 5 oz.

– Lisa Azure

Congratulations to math instructor Derek Schulte and his wife on the new arrival in the Schulte household, Tyler John, born

at 3:16 p.m. on Thanksgiving Day, at 7 lbs 6 oz and 20.5 inches long.

– Phil Baird

Our sincere condolences from the United Tribes family to general education instructor Marge Palaniuk on the passing of her mother, Anna Dennis.

– Phil Baird

New job is in her field – accounting



Jennifer DeCoteau

Jennifer DeCoteau, an administrative assistant for Teacher Education and the Child Development Center for the past one and one-half years, is moving on to a new and exciting opportunity in the private sector. She has accepted a position with Senger & Associates, a Bismarck accounting firm.

Jennifer is an enrolled member of the Turtle Mountain Band of Chippewa and the daughter of Cindy Hurkes, a long-time

United Tribes employee.

The bookends of her formal education are: kindergarten at Theodore Jamerson Elementary School, an AAS in Accounting from BSC, and a Bachelors Degree in Accounting (with minors in Finance and Business Administration) from Dickinson State University. She is currently working on her CPA credentials.

Jenn starts her new position in early January and takes with her the best wishes of the entire United Tribes family. Her friends in Teacher Education are really going to miss her but we are so proud of her for her accomplishment of getting a job in her field. Congratulations, Jenn!

– Lisa J. Azure

United Tribes International Powwow

JOIN US
September 8-11, 2011
for one of NORTH DAKOTA'S
Premier Cultural Events

HOME OF THE CHAMPIONS FOR OVER 40 YEARS



UTTC Wellness Center is starting a new group for on campus UTTC veterans "Freedom Defenders" both students and staff are welcome to attend. The meetings will be monthly on the second Wednesday of every month (except May 2011) from 5:30-6:30 in the Wellness Center conference room. During these gatherings veterans will learn about benefits, community and national resources available. Become educated on topics directly effecting veterans. Coffee, snacks and door prizes will be given out.

For additional information please contact Michael Iken at 255-3285 ext 1277 or miken@uttc.edu.

TIME:
5:30 – 6:30 p.m.

MEETING DATES:

January 12, 2011
February 9, 2011
March 9, 2011
April 13, 2011
May 4, 2011



Farewell to a friend



VETERAN WHEEL MAN: *United Tribes lost a friend who brought a glimpse of old time transportation to the "Parade of Champions." Eldor Miller, Bismarck, seen here with UTTC President David M. Gipp, passed away November 21. He and his wife Ida, at left, drove their immaculately restored 1929 Model A Ford Phaeton in a handful of the UTTC parades, carrying Miss Indian Nations candidates and tribal leaders. Eldor was an Army Veteran of World War II in the Philippines and Japan. Only after going on one of the recent "Honor Flights" to Washington, DC to see the World War II memorial, did he feel that he was finally honored for his service. Eldor was 87. United Tribes News photo Dennis J. Neumann*

WHAT IT'S ALL ABOUT

It's about leadership, discipline, honor, and duty. It's about service to my community, state and country. It's about the North Dakota Army National Guard.



NATIONAL GUARD
SFC Jesse Klein: 701.426.2034
NDGUARD.com

- And, it's about the benefits!
- Up to 100% Paid College Tuition
 - \$11.16-15.75/hr Starting Pay
 - Paid Job Training

www.facebook.com/NDArmyGuardRecruiting



Support welcomed

Shakopee honored for philanthropy



NEW CONTRIBUTOR: American Bank Center is now a supporter of United Tribes Technical College. Bank President Gregory A. Vetter, Bismarck, started the relationship by presenting a \$2,500 contribution to United Tribes President David M. Gipp. The welcome support is part of the bank's involvement in communities it serves, in particular, educational institutions in the region. American Bank Center has branches in western North Dakota serving Bismarck, Minot, Dickinson, Killdeer and New England, and is largely owned by its employee stockholders. Vetter presented the check December 13 following a visit with Gipp and other college leaders. For more information about American Bank Center, visit www.weareamerican.com.

PRIOR LAKE – The Shakopee Mdewakanton Sioux Community was honored December 1 with a Jefferson Award for philanthropy.

Vice-Chairman Glynn A. Crooks accepted the award. The Community was selected from 12 regional winners as the overall national winner for 2010 from the Twin Cities region.

Over the past 13 years, the Shakopee Mdewakanton Sioux Community has donated more than \$192.7 million to charitable organizations, Indian Tribes, and Native American organizations. The SMSC has also made more than \$389 million in loans to other tribes for economic development projects.

The Jefferson Awards for Public Service was established in 1972 as a 'Nobel Prize' for public community service.

As the 2010 National winner, Shakopee will be honored at a national awards ceremony in Washington D.C. in June.

★ HAPPY NEW YEAR ★

As United Tribes Technical College enters the year, we want to thank you for your support in making dreams come true. The generous support and contributions from the Bismarck/Mandan community have made it possible for 1,762 students to continue their higher education during 2009-2010. The Opportunities in the Making Scholarship Fund has helped 509 students to graduate. Today these graduates are employed as nurses, law-enforcement officers, teachers, auto mechanics, environmental specialists, and in other professions.

Over the past 42 years United Tribes and Bismarck/Mandan have been partners. Thousands of students from around the country receive higher education on our campus. Many come from the poorest areas in the nation. Most need scholarships to complete their post secondary education.

We honor your contribution and hope you will continue to join with us in providing student scholarships throughout the coming year.

Happy New Year,

David M. Gipp

United Tribes Technical College will undergo a comprehensive evaluation visit April 18-20, 2011, by a team representing the Higher Learning Commission of the North Central Association of Colleges and Schools. United Tribes Technical College has been accredited by the Commission since 1982.

It is accredited at the Associate of Applied Science degree levels, and offers degree programs on campus as well as online. The HLC evaluation team will be reviewing the College's ongoing ability to meet the Commission's Criteria for Accreditation.

Through the upcoming evaluation process, UTTC will also be requesting Commission approval to offer Baccalaureate degrees and to expand its online programs.

SHARING OUR STORIES

United Tribes Technical College Self-Study

In preparation for the comprehensive visit, the College has been engaged in a self-study, addressing the Commission's requirements and criteria for accreditation. UTTC is using the self-study as an opportunity to gather and share its stories about the impact and success of the college. We would like to provide an opportunity for the public to share their stories of their experiences and interactions with United Tribes Technical College.

Among the areas considered in the self-study have been the College's ability to address the following:

- Mission and Integrity • Preparing for the Future • Student Learning & Effective Teaching
 - Acquisition, Discovery & Application of Knowledge • Engagement & Service
-

The public is invited to submit comments regarding United Tribes Technical College to:

Public Comments on United Tribes Technical College
The Higher Learning Commission
230 South LaSalle Street, Suite 7-500
Chicago, IL 60604

Comments must address substantive matters related to the quality of the institution or its academic programs. Written, signed comments must be received no later than March 18, 2011. Comments must be in writing and signed, and will not be treated as confidential.

Note: Individuals with a specific dispute or grievance with an institution should request the separate Policy on Complaints document from the Commission office. The Higher Learning Commission cannot settle disputes between institutions and individuals, whether faculty, students, or others. Complaints will not be considered as comments.

Comments may be submitted electronically at the following address:
<http://www.ncahlc.org/information-for-the-public/third-party-comment.html>



**United Tribes
Technical College**

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Bismarck, ND 58504

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NEWS

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United Tribes Technical College
3315 University Drive
Bismarck, North Dakota 58504



Handmade winter hats donated to UTTC



United Tribes News Photos by Dennis J. Neumann



LABOR OF LOVE: United Tribes came to mind when Avis Dissell of Bismarck was thinking about where to donate the product of her knitting. Avis has done handwork all her life and she said she loves to make things and work with her hands. This colorful batch contains some of the over 500 winter hats she's made in the past couple years. Her skill, thoughtfulness and generosity created a fun dilemma for some Theodore Jamerson Elementary students who had to choose from the array of styles and colors. Left photo, from left: Change' Eagleshield (2nd grade) and Elissya Feather Earring (6th grade). Above, from left: Ellyse Moccasin (kindergarten), Tanya Richards (2nd grade), Wakinyan Afraid of Hawk (2nd grade), Ceanna Janis (1st grade), and Angel Turns Plenty (2nd grade).