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 UNITED TRIBES TECHNICAL COLLEGE
 BISMARCK, NORTH DAKOTA

UNITED TRIBES www.uttc.edu
NEWS



UTTC Thunderbirds page 34

Tribal College Grads are Leaders



DENNIS J. NEUMANN ♦ United Tribes News

TRANSFORMATION: United Tribes graduates during Fall Honoring December 14 at the college in Bismarck. From left, Laurie D. Stewart (Crow Agency), Billi J. Gravseth (Standing Rock), Glen T. Fox (Three Affiliated), and Byron L. Desersa (Oglala Tribe).

United Tribes honors mid-year graduates

BISMARCK (UTN) – “Your graduation today is a modern-day rite of passage,” said keynote speaker Dr. Cheryl Crazy Bull at United Tribes Technical College. “Among all tribes we have certain times in our lives when we move to a next stage, and your graduation today is one of those.”

United Tribes honored 47 mid-year graduates December 14 at the college in Bismarck. Two earned Bachelor of Science

Degrees, 17 earned Associate of Applied Science Degrees in eight different programs of study; and 28 earned Certificates of Completion.

Crazy Bull (Sicangu Lakota) spoke to an audience of 200 at UTTC’s 2012 Fall Honoring, including graduates, family members, friends and college faculty and staff. The new President and CEO of the American Indian College Fund said tribal

colleges bring traditional tribal knowledge and experience into the contemporary setting, adding that without education the future is bleak.

“Each of us experiences so much joy, and so much grief, because our families are so affected by the tragic environment that poverty brings into tribal communities and the issues we face, that are not of

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KODA THE WARRIOR

CREATED BY MARK L. MINDT
SPIRIT LAKE NATION

I want to live... I'm awake.

You walk the Red Road. Now it's time to find a love who will honor your healthy commitment. Let go of the past and seek your future. Release her.

I want to live... I'm an honest, loving being.

Take back your life. Seek the anger inside of you. Defeat it. Find the calm. Heal yourself. Help others to find their calm.

I want to live... I'm committed and willing to keep my promises.

Go fight for your life! Hoka Hey.

I want to live... I'll see each day as a gift. Thank you, Grandfathers. I am ready.

KODA lands onto campus in time to see the truth in his past love.

"Oh Sugar Daddy, you're so good to me. I love my new aye-fone! I know you're old, wrinkled, an smelly... but we like to party."

Save

What is this... Pathetic! Selfish!

I'm barely in the ground one day and she cheats?

Don't worry, I'll make sure you don't get a hangover tomorrow... or ever!

Dark Anger takes the darkness from the old man. It feeds on the unhealthy in others to get stronger.

His addiction is gone but so is his health.

Dark Anger grabs the old drunk. He's so scared, he drops his beer and his pain pills. He may be older than Mt. Rushmore, but he's not an elder. He's a millionaire no dignity.

All that's left is an even older version of a man with no morals.

I'm too beautiful. Please spare me. I can make you happy.

You don't remember me? That ring on your hand was a promise to be my love for life.

How's this for ATTENTION!!! Ha! Ha! Ha!

KODA? I'm sorry. You died. I was desperate. I needed to be loved. I needed attention. Please...

Ting! Ting!! Ting!!!

Their trip to Mexico will have to wait...

I'm here to take back my life. It's time for me to end my anger once and for all.

I will live a life of happiness. When the hard times happen, I'll remember to seek the joy in the smallest things.

I will overcome the past by learning how to forgive. I'll let go of the pain and sadness which I've held onto. I will no longer be a prisoner to my negative thoughts. I will SURVIVE. I want to live!

I'm taking back this gift of life and will honor the past generations who've sacrificed so I may live and help others to grow.

I'm in control of my emotions.

Creator, hear my words. I will keep my promise to live this life with honor.

KODA Two Hearts, I've heard your prayers. Awaken now. See this world with new eyes and Seek your Vision. You're REBORN.

KODA, you're going to be fine. I gave you an "anti-virus" shot.

You were in a coma and there was a funeral. We thought you were dead.

I'm thankful for my life.

Begin your life in a new way. Take a stand. Be Well. Do Well.

Next Month... Family & Friends

Plans announced for Rapid City location

United Tribes to Offer Tribal Higher Education Services

RAPID CITY (UTN) – United Tribes Technical College plans to begin offering higher education services to students in Rapid City, South Dakota in 2013. The Bismarck-based tribal college plans to open a new technical learning center in the city's downtown and begin providing programs and services that will broaden educational opportunities for Native students in the area.



Dr. Phil Baird

Dr. Phil Baird, UTTC's vice president of Academic, Career and Technical Education, made the announcement December 20 in Rapid City during the Lakota Nation Invitational (LNI)

sports and academic competition.

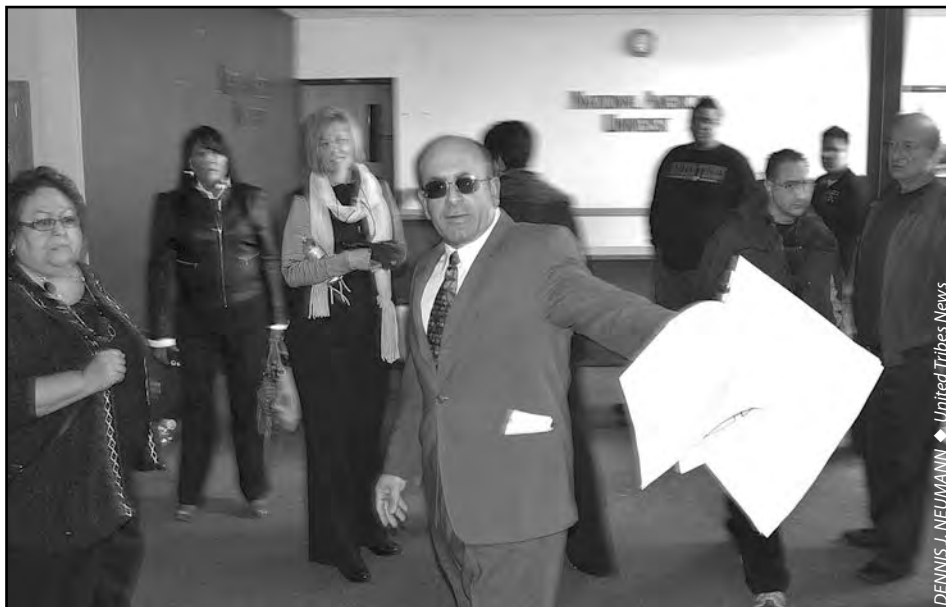
"Sometime in the new year, we will open a technology learning center," said Baird, delivering the welcome news to a group of friends and well-wishers at the LNI. "Initially it will be a hub for our online courses and online degree programs. Eventually the vision is to establish another tribal higher education presence here that will address needs that other institutions are not."

ACCREDITED PROGRAMS

From its campus in Bismarck, United Tribes serves upwards of 1,200 students annually. More than 70 tribes are represented in student body. The college is open to students of all racial and ethnic backgrounds. Currently 15 percent are non-Native.

UTTC offers three Bachelor of Science degree programs, 14 Associate of Applied Science programs and 13 certificates. Six of the associate programs are offered online. UTTC is the only tribal college with accredited online degree programs.

In 2011, the college's long-standing accreditation was renewed for 10 years by



Developer Hani Shafai conducts a tour of facilities at the former National American University.

the Higher Learning Commission of the North Central Association of Colleges and Schools. More recently the college has launched a series of workforce training programs that provide partnerships and pathways for employment throughout the northern plains region.

MORE OPPORTUNITY

Baird emphasized that United Tribes does not intend to compete with existing educational programs in Rapid City but to broaden opportunities. Oglala Lakota College, based in Kyle, SD on the Pine Ridge Reservation, offers classes at a center in Rapid City. Western Dakota Technical Institute (WDTI) is also located in the city.

"Native students are really big on technology," he said. "I call them digital natives who are Native. We do a lot of innovative things with technology resources in education."

One example is a very realistic, high-tech, weapons crime-scene simulator used in the college's Criminal Justice program and with professional law enforcement training offered through a memorandum of understanding (MOU) with the Department of Interior's Bureau of Indian Affairs.

Baird said UTTC places a great deal of emphasis on science, technology, engi-

neering and math programs. The college has MOUs with South Dakota School of Mines and Technology and WDTI.

SUFFICIENT POTENTIAL

"We did a study that said there is enough room for another tribal higher education institution to be here," said Baird.

The independent report, completed in 2012, concluded there is sufficient student potential in the Rapid City area to sustain additional higher education offerings in the market. Eventually the learning center could be a stepping stone toward fulfilling the long-time vision of tribal leaders to develop a major, Native educational institution in the Black Hills.

"We're working on a vision for the future of having the Seven Council Fires (the Lakota Oceti Sakowin) coming together here in the Black Hills, where our history and relatives are," said Baird. "We are welcoming all partners, anyone who wants to be involved on this new journey."

PROGRAM START

One partner is Rapid City developer Hani Shafai, president of Dream Design International. Shafai will make available space as needed for the new learning cen-

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“State of the Tribal/State Relationship”

Hon. Richard McCloud, Chairman, Turtle Mountain Band of Chippewa Indians

Thank you for the honor of addressing the state of North Dakota’s Tribes. I want to thank everyone here today: all the leaders of this great State, all the Tribal leaders, all the people who live in North Dakota. I want to give special thanks to all the young people who made the trip here. Thank you.

How is your imagination today? Good? Fantastic!

I am ecstatic. I am excited because we are going to put that imagination to work starting right now. I want you to see the future of North Dakota and the future of our Tribes. What does it look like? Does it look happy? Does it include the young people in this room today? Is it everything we want it to be?

No? Then let’s change that. We can do it. And we can do it starting today. When we leave here each one of you will have the opportunity to change North Dakota and our Tribes for the better. I do not claim to be a diplomatic miracle worker but I am a person who has big ideas, common sense and a work ethic that does not tolerate failure. I am a leader with values, with dignity and respect for my people, for the people of my fellow Tribes and for all the people of North Dakota. Most of all, I want to work with each of you to reach a common goal: “Prosperity for our Tribe and for North Dakota; prosperity for every human being living in the boundaries of this great State.”

Also imagine this: economic development existing within our reservations, ripe with potential and a competitiveness that mirrors state and national averages. According to the U.S. Bureau of Labor, North Dakota has the lowest unemployment in the nation. North Dakota also ranks as the state with the best economy. You’ve done a good job. North Dakota’s population is booming, while California and New York are losing people. As you know, this State’s prosperity has a lot to do with the economic devel-

opment programs assisting your economic growth and job opportunity for all the residents; and perhaps just a little bit to do with all this new oil.

While other states are floundering in debts and deficits, North Dakota has a balanced budget. While Washington DC is trying to deal with a 16 TRILLION dollar debt, North Dakota has stashed away surplus funds for rainy days. This stable and flourishing economy, especially the conditions and strategies that made it possible, is what we need on our reservations.

I don’t have to stand here and read the statistics. We all know where Indian Country stands in the area of economic development and employment. We need the State to share its prosperity and help the North Dakota reservations help themselves. We are asking for a helping-hand, not a hand-out. We ask the state with the best economy of all 50 states to fund comprehensive workforce and business specific training programs that enable, but don’t limit our potential. We are asking for your help and cooperation to fund new training on the reservations: Occupational training that will help our people gain employment and be an asset to their employers; Management training so local businesses will survive and prosper so the newly trained employees will have jobs to go to, jobs that are not government jobs, jobs that are long term.

Our Tribal leaders must play a role in this. We have to make policies that encourage investment on reservations. We need to do what it takes to make an environment friendly to business. We’ve been looking at entering into a Memorandum of Understanding with the North Dakota Secretary of State regarding the Uniform Commercial Code. By working with the State in ways like this we can develop a friendlier business environment that attracts investments from outside the reservation.

I have pledged to bring more transparency to our Tribe’s government. This is important, not just so people have more faith in their tribal government, but so outside businesses feel more comfortable investing in our reservation. I encourage the other Tribes to do what they can in this way, as well.



I’ve said we are asking for a hand-up, not a hand-out. We want a partnership with the State, not charity.

What would North Dakota get out of investing in Indian Country?

Imagine Indian Country with an unemployment rate that matches the state, a prospering economy that not only has enough jobs for Tribal members, but jobs for its non-Tribal neighbors. As a return on its investment, this state will see a decrease in dependency on welfare and other dependent social programs. Today one quarter of North Dakota’s welfare payments come to my Turtle Mountain reservation. Imagine a Turtle Mountain economy that does not require 25 percent of North Dakota’s welfare funds. Imagine this happening with all reservations in the state. New-found prosperity in Indian Country will benefit businesses all over the state. Imagine decreased crime rates, and most of all, decreasing the “F” word: “financial deficit.”

Now that I’ve stirred your imagination, and not-so-subtly anticipated your generosity, let’s continue with help to expand our medical facilities to fight diseases such as cancer, diabetes and hypertension; increase housing funding to renovate existing homes to make them warm and livable during these cold North Dakota winters as well



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as building new homes for the 16 percent of our families who are homeless. Imagine rebuilding our roads so when a person drives on them they don't have to get a bee-line every 300 miles; and funding to increase law enforcement to make our reservations a safe and happy place to live. Our elders are especially hard hit by these adversities; we value our elders by taking care of them. I ask you to help us to do that. Keep imagining, if you will, funds to buy-back land. Yes I said buy-back land that was given away, so we can expand our reservation and provide more opportunity for our people to become land owners, to increase farming and agriculture, and funds to restore, beautify and develop our natural resources to attract tourism.

Let's continue to use our imagination, and your generosity, where it has never taken us before: "INDIAN GAMING." We Tribal leaders need to adhere to the principles of good government, including transparency

and agency accountability. We need to work together with the State to promote fiscal responsibility, to operate with consistency and clarity to ensure fairness in our gaming compacts. We need to respect the capabilities and responsibilities of each sovereign Tribal nation in order to fully promote Tribal economic development. Self-sufficiency and strong Tribal governments, and a fair gaming compact helps with that. I recently signed a new Gaming Compact with Governor Dalrymple and I believe we both can see that Tribal gaming not only helps the Tribes but also the economy of the State. We may get jobs from the casinos, but the dollars generated there are spent all over North Dakota; yet another partnership between the Tribes and State where everyone wins.

Now open your imagination, and your wallets, just a bit more and look at these young people. They are our future. Only 26 percent of our Native American students

who graduate are college ready. Only 23 percent have job readiness skills when leaving high school. Over half will not graduate from high school. These are scary statistics. It is our fundamental obligation as leaders to ensure that children in our communities have the best possible education, promoting life-long skills that are competitive in society. High quality learning environments are comprised of several elements, such as a strong curriculum, employing certified and skilled teachers, and keeping our standards of education high in order to have the proper tools and fundamentals to teach our children properly. We need our colleges and universities to implement an array of academic and vocational programs to fulfill our children's dreams to become doctors, lawyers, teachers, business owners, entrepreneurs, researchers, and yes, senators, governors tribal chairs and even President of the United States. The Tribal colleges have done

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Tribal College Grads... Continued from page 1

our own making. But we have the ability to change those things and an education is one of the ways we do that.”



Dr. Cheryl Crazy Bull

Having served over 30 years in Native American education, Crazy Bull is among the second generation of tribal college leaders. Prior to joining the College Fund, she was president of Northwest Indian College, on the Lummi Nation in Washington. She said she was privileged to work in a tribal college when the founders of the tribal college movement were still living. “I got to hear with my own ears the hopes and visions they had. It was all about us and how our work was going to save our people. And now, their vision is coming true every day in you.”

“I want to say that a tribal college graduate is a leader. And as a leader, you shape our future. You bring hope to our children. You bring the vision of our ancestors into reality. You have something very few people in the world have, and that’s an education rooted in who you are as a tribal person.”

Recalling what her grandmother, Edna Little Elk, told her about leaders, she said “leadership is not the people who get elected; it’s not even the college president. Leadership is what a person does in their family. How they take care of themselves, their children and their parents, and what kind of relatives they are. Tribal college graduates, that’s the kind of leader you should be first: a good relative, a good parent, a good person to bring forward what our ancestors have given us to guide us in the world today.”

Crazy Bull encouraged graduates to tap into the power of Indian social media, like Facebook, to protest prejudice and the appropriation of Native culture. “We have a tremendous, powerful voice. Tribal people who are educated are able to influence the way the world goes today.” Including, she said, in the halls of Congress, where lawmakers can be influenced by the use of media by tribal college leaders and graduates.

To the graduates she said from now on you will be influenced by your tribal college experience. “Every decision you make influences your future and the futures of tribal people. You have a great responsibility. You’re not going to lose who you are as a tribal person; you’re going to make a big difference for us. We depend on you and we love you.”



Miss Indian Nations XX Shannon Hooper

Other speakers during the honoring were United Tribes President Dr. David M. Gipp, Miss Indian Nations XX Shannon Hooper and

UTTC Vice President of Academic, Career and Technical Education Dr. Phil Baird.

The Wise Spirit Singers provided Flag and Honor songs. The UTTC Color Guard presented and retired the Staff and Flags. A traditional meal was hosted for grads, family members and friends in the college’s cafeteria.



The Fall Honoring completed the semester and marked the beginning of a two week holiday break. Spring Semester 2013 at UTTC begins with student orientation January 2-5, followed by the start of classes on January 7.





Congratulations

2012 UTTC FALL SEMESTER GRADUATES

FRIDAY, DECEMBER 14, 2012

BACHELOR OF SCIENCE

Business Administration: Glen T. Fox (Three Affiliated) Bismarck, ND
Elementary Education: Billi J. Gravseth (Standing Rock) Bismarck, ND

ASSOCIATE OF APPLIED SCIENCE

Art/Art Marketing: Quinn A. Austin (Cheyenne River) Bismarck, ND; **Automotive Technology:** Lacey M. Fox (Spirit Lake) Ft. Totten, ND; **Business/Office Technology:** Sherry B. House (Crow Agency) Bismarck, ND; Shyla S. Spotted Elk (Northern Cheyenne) Lame Deer, MT; Laurie D. Stewart (Crow Agency) Bismarck, ND; **Computer Information Technology:** Adam S. Nadeau (Turtle Mountain) Rolla, ND; **Criminal Justice:** Randolph J. Two Crow (Oglala Tribe) Bismarck, ND; Uriah K. Wise Spirit (Standing Rock) Bismarck, ND; Timothy C. Hattaway, Bismarck, ND; **Early Childhood Education:** April Y. Lindley (Three Affiliated) Bismarck, ND; Michele L. LaRoche (Lower Brule) Bismarck, ND; **Elementary Education:** Eliza N. Neigum, Bismarck, ND; Arin F. Casavant, Mandan, ND; **Health Information Technology:** Debra R. Moore, Ft. Worth, TX; **Small Business Management:** Tashina M. Dupris (Cheyenne River) Bismarck, ND; **Tribal Environmental Science:** Pizi Lee (Rosebud) Bismarck, ND; Fawn M. Packineau (Three Affiliated) Bismarck, ND

CERTIFICATE OF COMPLETION

Business/Office Technology: Shannon M. Little Shield (Cheyenne River) Bismarck, ND; **Construction Technology:** Byron L. Desersa (Oglala Tribe) Bismarck, ND; Winston B. Pretty On Top (Crow Agency) Bismarck, ND; David M. Janis (Oglala Tribe) Pine Ridge, SD; Merval B. Phelan (Crow Agency) Crow Agency, MT; **Electrician Apprentice:** Joshua L. Baker (Three Affiliated) New Town, ND; Joseph L. Everett (Three Affiliated) Garrison, ND; Lucian R. Harvey (San Carlos Apache) Bismarck, ND; Jiame No Neck (Oglala Tribe) Mandan, ND; Norlyn R. Swenson, Bismarck, ND; **Health Information Technology:** Celena J. Red Owl (Oglala Tribe) Bismarck, ND; Nancy M. Pierce, Farmington, UT; **Nutrition ServSafe:** Sir E. Manning, Houston, TX; Krisannda B. Wells (Three Affiliated) Bismarck, ND; Mariah A. Rohde, Bismarck, ND; Amber R. Cleveland (Ho Chunk Nation) Bismarck, ND; Tracy R. Slides Off (Cheyenne River) Dupree, SD; Tony M. Walking (Oglala Tribe) Bismarck, ND; Dolly A. Chasing World Wind-Drapeau (Crow Creek) Bismarck, ND; Melinda M. Tikanye (Spirit Lake) St. Michael, ND; Lyn'D L. Lawrence (Cheyenne River) Bismarck, ND; **Medical Transcription:** Sherry L. Kramlich, Tappen, ND; Tascha M. McConnell, Hazen, ND; Jennifer J. Fish, Denver, CO; Megan McAndrew, Linton, ND; Wendy E. Johnson, Georgetown, TX; Kay A. Zidon, West Fargo, ND; Nicole A. Kuykendall, Lemoore, CA.

UTTC food service under new management

By Russell Swagger, UTTC VP Student & Campus Services

Please join me in welcoming A'viands Food & Services Management to the United Tribes campus. A'viands began managing the cafeteria dining operation January 7. They are a Minnesota-based organization that specializes in food service and management services at campuses throughout the United States.

A'viands is providing management and oversight in the dining commons area in the new cafeteria. Their motto, "Beginning Every Day from Scratch," signals their commitment to providing top-quality services for students and staff.

With the new change comes a new menu that includes more options for a well-balanced diet. A'viands also offers a nutritional awareness program, Fit Choices 4 Life. They can answer dietary questions and help you make educated choices.



FOOD & SERVICES MANAGEMENT

Another welcome change in campus food service is the reopening of the campus coffee shop. The lower level of the Jack Barden Center, with the UTTC Student Union and the college bookstore, is the center of campus social life. It hasn't been the same without a coffee shop and we are excited to have this service resume in the near future.

These steps are the result of many conversations and much planning, along with surveys and discussions, to bring the best services to campus. We value your input and opinions about how to serve you better. If you have questions or concerns, please contact my office at x 1260. Thank you and bon appetite!

A'VIANDS MENUS

MARKETPLACE: Comfort foods, home-style cooking

BRAVO: Italian

MINI SALAD BAR

DELI BAR: Cold sandwich option

Dessert included

"All You Can Eat" same great price:

Breakfast \$3, Lunch \$4, Dinner \$4, Brunch \$4

Coffee 75 cents

Purchase Meal Tickets at the Finance Dept., Administration Building

Look for daily and weekly menus, and other specials, on the website: www.uttc.edu

UTTC Catering will remain the same:

Contact Veronica, cafeteria@uttc.edu.

Orders for pick-up only. All campus catering must be ordered through the cafeteria. One-week notice requested.

Coming Soon: Opening of the United Tribes coffee shop in the Jack Barden Center lower level, featuring Starbucks drip coffee and many specialty drinks, along with daily sandwich specials!

MESSAGE FROM A'VIANDS

Thank you for welcoming A'viands to United Tribes. We understand that in today's world, many students come to campus with specialized dietary requests. Our staff is willing and able to help you maintain a well-balanced diet, regardless of restrictions. Please contact us with any questions.

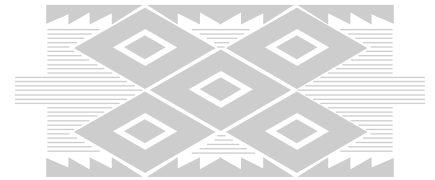
Jobs are available year-round with dining and at Cozy Creek. We would be glad to work around your school schedule, if you're interested in working on campus.

Please feel free to contact us at any time. We would be happy to help in any way. We look forward to serving you and the UTTC Campus.

Sincerely,

Dining Service Staff, Charlie Staggs, Food Service Director; Veronica Weigel, Dining Service Supervisor & Gilbert Villas, District Manager

United Tribes



Technical College

MISSION

United Tribes Technical College is dedicated to providing American Indians with postsecondary and technical education in a culturally diverse environment that will provide self-determination and economic development for all tribal nations.

VISION

- United Tribes Technical College is a premiere college, a leader in Tribal education, arts, and cultural preservation; technology; research; and the humanities.
- UTTC foresees a campus community with state-of-the-art facilities.
- UTTC aspires to be self-sustaining in line with its mission for tribal self-sufficiency and self-determination.
- Most importantly, UTTC envisions skilled, knowledgeable, culturally-grounded, healthy graduates who will achieve their educational goals; empower their communities; and preserve the environment, tribal land, water, and natural resources.

VALUES

- United Tribes Technical College Board of Directors, Administration, Staff, Faculty, and Students are guided in their actions by the following values:

U – Unity

N – Native Americans

I – Integrity

T – Trust

E – Education

D – Diversity

T – Traditions

R – Respect

I – Independence

B – Bravery

E – Environment

S – Spirituality

- United Tribes affirms these values as being representative of the tribal medicine wheel concept. This takes into consideration an individual's physical, intellectual, cultural, and emotional wellness. When these ideals are practiced, the UTTC community will flourish.

United Tribes Governing Board

UNITED TRIBES TECHNICAL COLLEGE

UNITED TRIBES OF NORTH DAKOTA

STANDING ROCK TRIBE

Charles W. Murphy, Chairman

THREE AFFILIATED TRIBES

Tex Hall, Chairman

SISSETON-WAHPETON OYATÉ

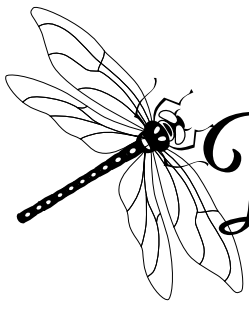
Robert Shepherd, Chairman

TURTLE MOUNTAIN BAND OF CHIPPEWA

Richard McCloud, Chairman

SPIRIT LAKE TRIBE

Roger Yankton, Chairman



Dragonfly Tales Go "Play in the Dirt"

By Colette Wolf, UTTC Land Grant Agroecology Extension Educator

What is dirt? You wash dirt off your car, wipe it from your shoes, rub it out of your eyes and wash it from your hands. Dirt seems to compel us to clean. But, is dirt something more than a mess to wash away or remove?

You might be surprised that dirt is your relative. You and I and dirt share the five basic life-building atoms: carbon, hydrogen, nitrogen, oxygen and sulphur. Consider them the "dream team," combining their qualities to make life possible on Mother Earth. Together, all living organisms break-down, rebuild and recycle materials made from these five tiny atoms.

One handful of dirt contains enough diversity to begin reorganizing itself into life. Take a handful of dirt; place it in a jar; add water from a natural source; seal it up and set it near light. Immediately, you begin to see organization, as heavier particles sink and lighter ones rise. In six weeks, you're amazed at the life that emerges from dirt.

Fascinating in its properties, all across Mother Earth humans revere dirt. In El Potrero, New Mexico dirt is considered holy at the church El Santuario de Chimayo. People world-wide are inspired to partake in the annual pilgrimage there, to receive tiny bags of Holy Dirt, believed to have restorative powers.

You should know, however, there's a dust-up over dirt.

In western science dirt is referred to as soil, from the Latin word *solium*, meaning seat or throne. In many Turtle Island cultures, dirt is the skin of Mother Earth, metaphorically communicating that we are related and nurtured by the life giving properties of that thin, covering layer. Whatever your approach is to understanding it, and no matter the magnitude of awe its transforma-



tions inspire in you, it deserves our respect and understanding.

The next time your child is covered in dirt, take a moment to reflect: clinging to hands and knees is a community of relatives with potential for life. Even consider how mud on your car floor, if combined with sun and water, can germinate a seed, become a tree and feed the people.

And if you're inclined to spend more time 'playing in the dirt,' gardening can bless you with soil's fondness for life.

Whatever you call it, dirt or soil, it's all family; providing food, medicine, exercise, solace, laughter and a place in the universe to call home.

Grow food, eat well, empower your community. Aho!

<http://www.kidsgardening.org/article/biosphere-bottle>

The Pink Party!

Free Will Supper
Games
Silent & Live Auction
Dance
Pie Sale

Friday, February 1
starting at 5:30 p.m.
Mandan Eagles Club,
1400 Collins Avenue

A benefit for Heidi Heck Hertel,
battling cancer.

Those who have it in their hearts
to make a monetary donation
to Heidi and her family, husband
Ryan and daughters Skye (12)
and Rayne (4), can do so at any
Dakota Community Bank in
Bismarck/Mandan under the
"Heidi Hertel Benefit Account."

Thank you!

CONGRATULATIONS!

AMERICAN INDIAN SOCIETY 2013 AWARD RECIPIENTS:

Byron Dorgan
and **Erin Bailey**,
of the Center for Native
American Youth,
www.cnay.org



Byron Dorgan



Erin Bailey

Daniel K. Inouye
Indigenous Spirit Award:
For work that exhibits the
spirit of Senator Inouye's
dedication to improving the
lives of indigenous people.

A. Gay Kingman,
(Cheyenne River) Executive Director, Great Plains Tribal
Chairman's Association



A. Gay Kingman

AIS Lifetime Legacy Award
For her lifetime of work leading to the improvement
and empowerment of Native Americans through social,
political, legal, environmental or educational initiatives.
*(One of four recipients including Billy Mills,
Eloise Cobell [posthumous] and Billy Frank, Jr.)*

Awards presented January 20 during the AIS American Indian Inaugural Ball, Washington, DC.

The American Indian Society of Washington DC is a not-for-profit organization dedicated to providing scholarships and war veteran outreach to Native Americans. Since the very first American Indian Ball held in 1969 to honor the Inauguration of President Richard Nixon, the AIS has worked to preserve Native culture, perpetuate Indian tradition, enlighten the public and encourage a better understanding of the ways and culture of today's contemporary Native people. www.aisball2013.com

JUST MOVE IT

Informal and Educational
nutrition topics

Goal setting
and assessment

Try out new recipes
and samples

Optional participation in
an exercise class

CEU's available

Tasty, nutritional lunch
will be provided

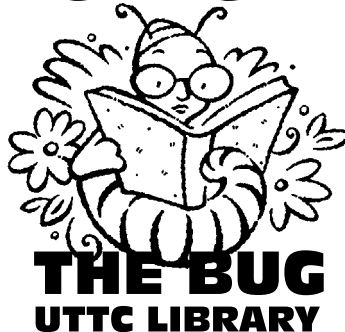
MONDAYS | 12PM - 1PM
WELLNESS CENTER CONFERENCE ROOM
ALL ARE WELCOME!

Sponsored by Land Grant and Strengthening Lifestyles



For more information please contact:
Jan Keller x1504
Marcus Austin x1357

CATCH



West Main Floor
Education Building

Hours: Monday - Friday
8 am - 5 pm

Books, Journals, Magazines,
Newspapers, Online Database,
Reference, Fax, Internet Access,
Photocopies, Interlibrary Loan

www.infolynx.org

Plans announced...

Continued from page 3

ter at the former campus of National American University, 321 Kansas City Street. Shafai says he supports the mission of providing “quality higher education options for Native American students.”

Laying the educational groundwork at the center is Laurette Pourier (Oglala Sioux Tribe), Rapid City, formerly with Oglala Lakota College, Rural America Initiatives, Cangleska, and the Society for the Advancement of Native Interests Today.



Laurette Pourier

“I’m excited for new the opportunities this brings to Native families in Rapid City,” said Pourier. “We’re beginning now to set up online opportunities for the summer session that’s just around the corner.”

UTTC’s summer session begins May 8. The Rapid City center will be operational to allow students to begin taking online courses then. A broader range of offerings are expected to be ready for fall semester 2013.

“Online learning has great advantages for those who want to increase their employability and can plan their own hours and work independently,” said Pourier.

UTTC’s online offerings include Medical Transcription, Nutrition and Food Service, Early Childhood Education and Elementary Education, Business Management and Criminal Justice.

The college also intends to offer a variety of dual-enrollment classes to help prepare high school graduates for higher education, no matter where they plan to attend college.

Pourier says she is available any time to help those interested. She may be contacted at 605-390-6927 or lpourier@uttc.edu.

More info visit the college website: www.uttc.edu.

UNITED TRIBES Wellness Circle Update

Notes, Info and Planning focused on Campus Wellness



FORMAL DINNER:

Chemical health, Student Senate and Strengthening Lifestyles will sponsor a formal dance and dinner on February 14.

NUTRITION SCREENINGS:

A dietitian is available in the Wellness Center every Wednesday through February from 1-5 p.m. to counsel students and staff about dietary questions (diabetes, special diets, chronic illness etc). Contact Olivia @ x 1409 for an appointment.

JUST MOVE IT:

Noontime nutrition and physical activity program each Monday through spring term. Jan Keller and Marcus Austin coordinating. Lunch Provided.

ON THE MOVE:

Nutrition and physical activity class for TJES grades 4 and 5; starts in February, runs 5 weeks. Jan Keller coordinating.

BREAST FEEDING:

The UTTC Administrative Council and President David M. Gipp have approved a breast feeding policy. A room for the purpose has been set up in the Wellness Center. After some remodeling there will be one in the Skill Center and, eventually, in the Science and Technology building.

FIRST AID/CPR:

Training is available through Student Health Center or the Safety officer. Departments or individuals seeking the training should contact either location.

BIKE SHARE PROGRAM:

Rebekah Olsen and Jan Keller are leading the formation of a campus bike share program. They welcome suggestions and ideas for the policy and are seeking bike, helmet and basket donations.

– Pat Aune, UTTC Land Grant Programs Director

DEADLINE REMINDER:

Tribal College Journal

*Writing and
Art Contest*

DEADLINES

CREATIVE WRITING:

February 10, 2013

COVER ART:

April 13, 2013

- For tribal college students from AIHEC member schools
- Winning entries are featured in the fall issue
- Submit your best work for consideration
- Preferred that instructors submit their students' work

More Info: www.tribalcollegejournal.org, 970-533-9170
or 505-217-5136, student@tribalcollegejournal.org

City of Bismarck

HUMAN RIGHTS ESSAY/ POETRY CONTEST

CALLING BISMARCK STUDENTS

- Grades 4-6: Write about a person or idea that fosters respect for Human Rights
- Grades 7-9: Write about your concept of leadership for Human Rights

WRITE AN ESSAY OR A POEM

Entry Deadline:

February 11, 2013

Two entries from each grade level selected; authors will receive awards from Bismarck Mayor John Warford at a ceremony in mid-March.

More Info: www.bismarck.org

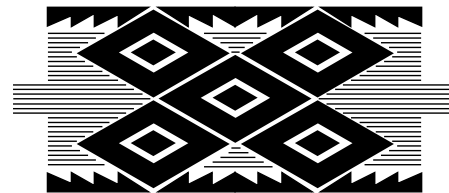
Submit entries:

City of Bismarck Human Relations Committee, 221 N. 5th St., Bismarck, ND, 58506-5503, gdauid@nd.gov

Sponsored by: Bismarck Human Relations Committee

JOB OPENINGS

United Tribes



Technical College

ACADEMIC, CAREER & TECHNICAL EDUCATION

- CDC Aide (3 Positions)
- Administrative Assistant – ½ Time
- Online Course Developer - Part Time
- Health Information Technology Program Instructor
- Adjunct Coding Instructor
- Practical Nursing Instructor (2)

STUDENT & CAMPUS SERVICES

- Student Health Center - Office Manager
- Maintenance Heating, Venting, Cooling Specialist (HVAC)
- Transportation Bus Driver
- Resident Services Specialist
- Housing Compliance Technician
- Female Dormitory Custodian
- Housing Custodian (FT w/ Benefits)
- Part-Time Temporary Mailroom Clerk
- Maintenance Worker/Groundskeeper
- Default Prevention Specialist
- Women's Dorm Resident Assistant
- Men's Dorm Resident Assistant
- Security Officer
- Custodian - 2 positions

THEODORE JAMERSON ELEMENTARY SCHOOL

- FT Elementary Custodian
- Substitute Teacher
- PT Elementary Custodian
- PT Elementary Bus Ride
- Temporary Business Manager/Secretary

ADMINISTRATION

- Direct Mail & Annual Drive Coordinator

FINANCE

- Contracts and Grants Specialist

MORE INFORMATION:

Human Resource Department
701-255-3285 x 1213 or hr@uttc.edu.

Visit the United Tribes website for a full job description and application: www.uttc.edu
EEO/AA. Drug-free/Smoke-free workplace



Mni Wakan Dakotah Oyate

Dakotah Language Workshop

February 20-21, 2013

Spirit Lake Casino & Resort Events Center

9:00 am FREE Registration
Pre-Registration Required

Panel Discussions
Revitalization of our Dakotah Language

Continental Breakfast & Lunch Provided

Contact:
Barbara J. Jackson
Spirit Lake Tribe Secretary/Treasurer
701-766-1223, Cell 701-230-8607
sltsectres@spiritlakenation.com

Hotel Reservations:
Spirit Lake Casino & Resort
1-800-946-8237 ext. 306



Spirit Lake Tribe
Fort Totten, ND 58335
www.spiritlakenation.com

Spring Semester Lunch and Learn

Save the Dates

Feb. 6, 13, 20, 27

March 20, 27

April 3, 10, 17

12 Noon in the Jack Barden Center
lower level

- Lunch Provided
- CEU'S can be Earned
- Programs Free and Open to Everyone!

More Info: Greg Sturm, Career Counselor,
701-255-3285 x 1333, gsturm@uttc.edu

DEVELOPMENT NEWS

American Bank Center Donation



Holiday season smiles as Gregory A. Vetter, American Bank Center President, Bismarck, presents a \$2,500 check in December to United Tribes Development Director Suzan O'Connell. Development staffers Janet Thomas, at left, and Charisse Fandrich, at right. American Bank Center has supported American Indian student scholarships at United Tribes for three years. Thank you for your continued support!

– Suzan O'Connell, Development Director

TES students recognized McDonalds Underwrites the Awards

By Mandy Guinn, TES Instructor

The Tribal Environmental Science department, along with help from the local McDonalds franchise, has recognized two students for academic excellence during the 2012-13 academic year.

TES students Eybon Watkins and Brett Atkins were singled-out for maintaining high GPAs and (almost) perfect attendance during fall semester.

Each received a "Kindle Fire," donated generously by McDonalds, along with a \$50 gift card from an anonymous on-campus donor.

Their program of study focuses on training in responsible and sustainable uses of natural resources. Students in the program

strive to obtain skills which will lead to employment with environmental agencies and consulting firms or entrepreneurial opportunities.

Like most college students, those in TES are called on to juggle a typical workload, including their academic requirements, athletics, family and community commitments, jobs, and a host of other responsibilities that spread them thin.

The TES department recognizes these students as ones who have maintained high standards in their academic performance and distinguished themselves as leaders and role models. Congratulations to Eybon and Brett on your outstanding performance!

An advertisement for McDonald's. At the top, there is a photo of a cherry berry drink and other beverages on a wooden surface. Below the photo, the text reads: "Stop by for a refreshing treat." followed by a list of six addresses: "2631 State Street", "150 W. Expressway", "605 E. Main Street", "1535 Burnt Boat Drive", "4000 E. Divide Avenue", and "2601 Memorial Highway SE". At the bottom, the website "www.mcnorthdakota.com" is listed, along with the McDonald's logo and the slogan "i'm lovin' it".

Two earn Citizen's Police status

BISMARCK (UTN) – Two members of the United Tribes Security staff have earned acceptance into the Citizen's Police Academy of the Bismarck Police Department.

Chief of Security James Red Tomahawk and Security Secretary/Dispatcher Autumn Gwin completed 11 weeks of training and graduated from the academy November 15.

“Officer Renz was our contact person and did a great job heading the training and organizing speakers,” said Red Tomahawk. “A majority of the presenters are people we work with almost on a daily basis.”

Red Tomahawk said the training was a good refresher for him and an excellent learning experience for Autumn.

“We got a lot of information about different types of situations and calls. The topics included administration, vehicle stops, gang awareness, investigations and responding to domestic calls.”

The training will be used in the department and shared with other officers.

Currently the UTTC staff is trained in the Monadnock Defensive Tactical System along with PPCT, said Red Tomahawk. Training in these will be offered, along with OC and Expandable Baton, which they are currently certified in. The Citizen's Police



CITIZEN'S POLICE ACADEMY: From left, Deputy Bismarck Police Chief Ziegler, UTTC Chief of Security James Red Tomahawk, UTTC Security Secretary/Dispatcher Autumn Gwin, and Bismarck Police Chief of Police, Dan Donlin. Submitted photo

training offered more knowledge and will improve the department, he said.

Red Tomahawk said the local training also helped build a better working relationship with the Bismarck Police Department and, in particular, with the department's

newly appointed Chief of Police, Dan Donlin and his Deputy Chief Ziegler.

For more information about United Tribes Security, please contact James Red Tomahawk, Chief of Security, 701-255-3285 x 1300, jredtomahawk@uttc.edu.



United Tribes Technical College *Academic Calendar*

February 18 President's Day (No Classes)
 February 25 Mid-Term Exams
 March 1 Semester Grades Due
 March 4-8 Spring Break
 March 13 College Career Fair
 March 18 Last day to withdraw without Penalty
 March 18-20 AIHEC Conf., Green Bay, WI

March 29 Good Friday (No Classes)
 April 1 April Fool's Day
 April 8-12 Pre-registration Summer/Fall
 April 29 Final Exams
 May 2 Semester Grades Due
 May 3 Graduation
 May 6 All Campus Assessment Day

Detailed Calendar: www.uttc.edu

Coaches sought for UTTC's AIHEC team

By Greg Sturm, UTTC Career Coach

The Annual American Indian Higher Education Consortium (AIHEC) student conference is scheduled for March 18 – 20 in Green Bay, Wisconsin. I and Mark Mindt are serving as co-chairpersons this year for the UTTC group.

The organizing is underway and we are reaching out to faculty and staff who might be interested in serving as coaches for the various student competitions. Serving as a coach does not automatically qualify or require a person to travel to Wisconsin in

March (there may be those who wish to assist in the training, but choose to not travel on the conference trip).

If you are inclined to get involved, please e-mail or call. This is a great opportunity to help bring out the best in our students as they gather with their peers from Tribal Colleges around the country. Thank you.

Mark Mindt, AVP Career Development, mmindt@uttc.edu, x 1446

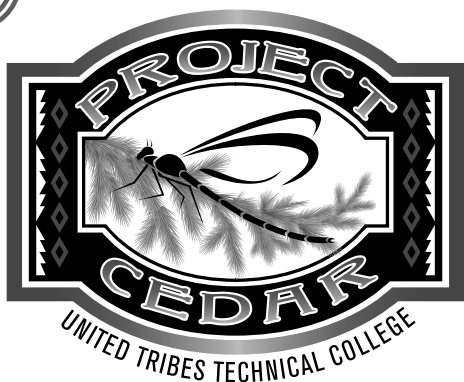
Greg Sturm, Career Coach, gsturm@uttc.edu, x 1333.

MENS UTTC BASKETBALL LEAGUE

SUNDAYS • 4pm-8pm
James Henry Gymnasium

Limited 8 man roster.

For Info & Registration, Contact:
Matt Red Bear. @ 701-471-1666
Tamera Marshall @ 701-595-6016



ATTENTION: FUTURE TEACHERS

Project CEDAR

COLLABORATION FOR EDUCATION DEVELOPMENT AND RETENTION

An Indian Professional Development Grant

TEACHER TRAINING

United Tribes Technical College seeks applicants for a new project to prepare American Indian personnel for teacher certification. Project CEDAR is a four year teacher education professional development program at United Tribes from 2013 to 2016. This project is funded by the U.S. Department of Education.

TRAINING and PREPARATION:

- Engage in teacher education coursework while maintaining a 2.75 - 3.0 GPA
- Graduate with a bachelor degree in Elementary Education and Special Education
- Complete the requirements for teacher certification

OBJECTIVES

Project CEDAR objectives include pre-service teacher summer enrichment activities in science, technology, engineering, mathematics and the humanities. A Project CEDAR highlight will include a

summer seminar provided by staff from the Smithsonian's National Museum of the American Indian. Project CEDAR has developed a network of support for pre-service teachers to promote degree completion and induction services to ensure certification and placement.

COMPETITIVE SELECTION PROCESS

Limited to 25 students

Participants who are selected will begin coursework on the UTTC campus in Bismarck, ND. Preference for the sponsorship will be given to students who already have a two-year degree and successfully complete the Praxis I exam, a test of basic skills in reading, writing and mathematics. Praxis exam costs are paid.

All Project CEDAR courses are offered on the campus of UTTC. Participants in past programs at UTTC have been exceptionally successful with both Praxis I and II and are already certified teachers with teaching jobs in schools throughout the region!

COMMITMENT REQUIRED

This teacher preparation program requires a high level of commitment from participants. The academic preparation is intense and may feel overwhelming at times. But you will be supported by advisors and mentors who will guide you toward success. When you reach your goal of being a certified teacher, your sense of accomplishment will make everything you go through worthwhile!

APPLICATION DEADLINE:

April 23, 2013

MORE INFORMATION or APPLY:

Lisa J. Azure, Director of Project CEDAR
UTTC Teacher Education Department
lazure@uttc.edu, 701-255-3285 x 1407

Thank you for your interest!



UNITED TRIBES TECHNICAL COLLEGE
TEACHER EDUCATION

www.uttc.edu



United Tribes Technical College

3315 University Drive • Bismarck, ND 58504
701-255-3285 Ext. 1407

Chief Justice says bias is perceived in judicial system

Study Concluded on Racial and Ethnic Bias in ND Courts

BISMARCK (UTN) – North Dakota Chief Justice Gerald Vandewalle says there is a perception of racial and ethnic bias in the North Dakota court system that the state cannot ignore. Vandewalle made the observation in his “State of the Judiciary” speech to lawmakers January 9 during the first week of the 2013 North Dakota Legislative Assembly.

“Four years ago, I came to the Legislature to request funding for a task force to study racial and ethnic bias in the court system. The results may not be what we might have envisioned,” Vandewalle said at the outset of his speech, a biennial report to lawmakers on the state’s judicial system. “Despite our efforts to ensure that we have a fair and im-

partial justice system, there is a perception of bias in the courts. Some of this may be a result of national controversies; some is obviously local.”

The Supreme Court coordinated a three-year investigation by a 26 member, all-volunteer panel charged with looking into the perception of bias in the state courts. The group convened 11 public meetings in 2010 and 2011, including six held at or in conjunction with the state’s tribal colleges. The examination also included interviews, focus groups and data collection and analysis.

A 300 page final report was published in June 2012 and presented to North Dakota’s executive branch leaders in November. It includes information about jury selection,



Chief Justice Gerald Vandewalle

criminal and civil courts, and issues surrounding the need for language interpreters in courts. Minority representation was also examined in the juvenile system, among North Dakota attorneys, and among state court employees. The report includes recommendations for continued work.

“We intend to keep working on this issue,” said Vandewalle. “The judicial branch has neither the power of the sword nor the purse but instead must rely on the respect of the people in order to carry out its duties. The trust of the people in our ability to run a fair and impartial court system is not just an ideal but a necessity for us to function as our Constitution envisions.”

In his speech, Vandewalle concluded that, for the most part, the state of the North Dakota Judicial System is healthy. He appealed to lawmakers to help “maintain the strength and vigor we must have to meet the challenges we face.”



The ND Commission to Study Racial and Ethnic Bias in the Courts was co-chaired by District Judge Donovan Foughty, foreground, and Supreme Court Justice Carol Ronning Kapsner, left, seen at this March 26, 2010 meeting at United Tribes. Representing United Tribes was Tom Disselhorst, legal counsel.

North Dakota Commission to Study Racial and Ethnic Bias in the Courts

FINAL REPORT – EXECUTIVE SUMMARY

The North Dakota Commission to Study Racial and Ethnic Bias in the Courts (the Commission) examined multiple levels of the justice system to determine whether racial or ethnic bias exists and its extent, if found. The examination relied on testimony from the general public, court employees, attorneys, and other individuals associated with the courts. It also included statistics on actual minority involvement at various points in the system. The Commission relied on this data to identify concerns and develop appropriate recommendations to address them.

Results indicate a perception, especially among minorities, that bias exists in the North Dakota court system. Shared perceptions often mirrored findings from other state and national studies. The Commis-

sion emphasizes that, because of limited study duration and data, its work must be considered as a starting point to address racial and ethnic issues rather than a complete analysis. The Commission concludes that:

Evidence from the Commission surveys suggests a need for further study of jury composition and minority representation in jury pools. The Commission Jury Study provides a workable model.

An expanding need exists for interpreter services across North Dakota with the greatest need in the eastern part of the state, which has already developed a number of resources for interpreting.

In the criminal system, minorities are over-represented in the areas of arrests and incarceration.

Minorities are disproportionately represented at some points in the juvenile system, with under-representation in diversion programs and over-representation in secured detention.

Minorities are not proportionally represented in North Dakota's legal profession or as state court employees.

Minorities are disproportionately represented at or near the poverty level and constitute a large proportion of those depending on Legal Services of North Dakota to meet their legal needs. Minorities are represented among Legal Services clients in greater proportions than their representation in the general population.

FINAL REPORT – GENERAL RECOMMENDATIONS

The Commission study and other relevant materials from the study should be placed online and made accessible to the public.

The Supreme Court should establish an implementation committee or another appropriate group to ensure implementation of Commission recommendations.

The courts should publicize existing methods of reporting perceived bias, such as the Informal Complaint Panel, internal complaints, and methods for providing feedback on judges.

The Commission on Judicial Branch Education should provide diversity and cultural training, including training on the history of minority groups in North Dakota, for all judges and court employees, both at the time of their hiring and at regular

periods. Comparable training should also be made available for law enforcement and correctional officers.

The implementation committee should partner with State Bar Association of North Dakota, the University of North Dakota School of Law, law enforcement, tribal, state, and county governments, and community groups to develop community outreach initiatives to broaden access to and improve public understanding of legal issues and the legal system, especially for Native Americans and other minorities in the state.

The implementation committee should develop court- and bar-sponsored programs to make courts more accessible to citizens from all cultures and should concentrate on using technology to improve

public understanding and participation in the court system.

The Implementation Committee should study ways to advance the protection and recognition of human rights, including the establishment of an independent human rights commission in North Dakota.

During the implementation of recommendations in this report, demographic changes in North Dakota should be monitored to ensure effective efforts to eliminate racial and ethnic bias in all areas of the state.

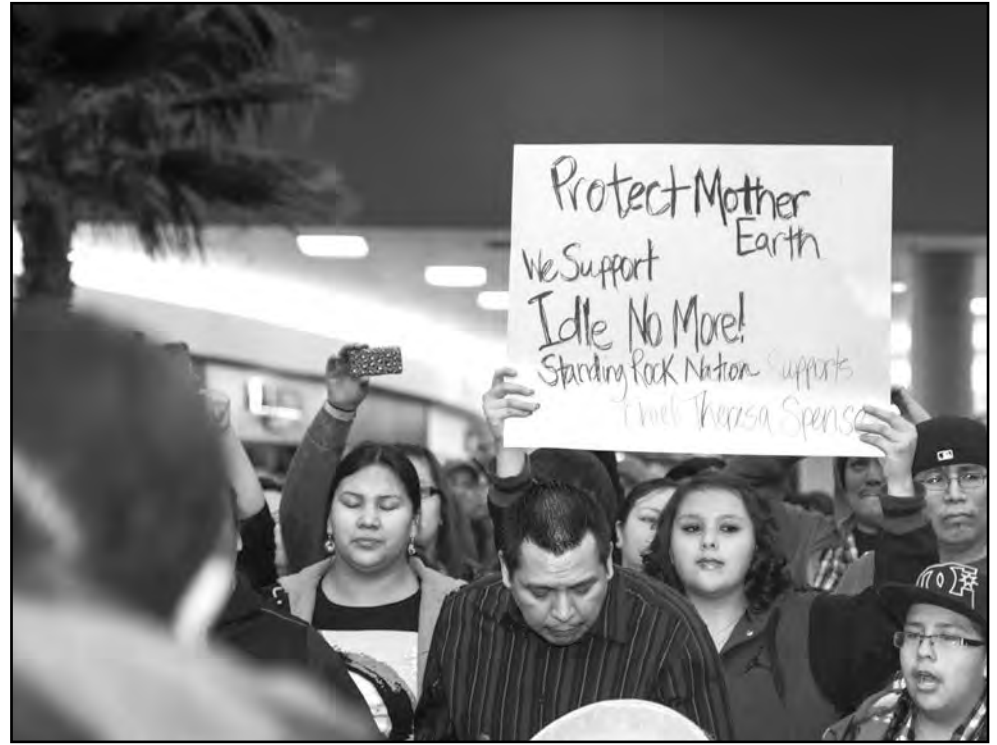
Access the full and complete report at the North Dakota Supreme Court's website: [Http://www.ndcourts.gov/court/committees/bias_commission/FinalReport2012.pdf](http://www.ndcourts.gov/court/committees/bias_commission/FinalReport2012.pdf).

***Access the full and complete report at the North Dakota Supreme Court's website:
[Http://www.ndcourts.gov/court/committees/bias_commission/FinalReport2012.pdf](http://www.ndcourts.gov/court/committees/bias_commission/FinalReport2012.pdf)***

“Idle No More” flash mob in Bismarck

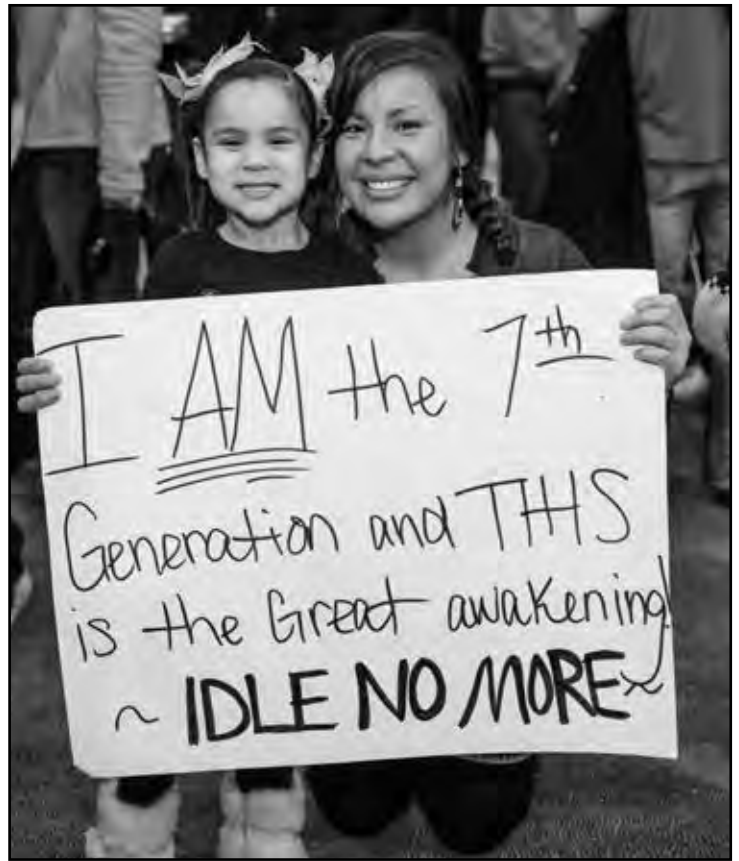
There are several interesting things worth noting about the event shown in these telling photos by United Tribes instructor Thomas Hatzenbuhler. The impromptu gathering of tribal people at a Bismarck shopping mall supported the “Idle No More” campaign. INM emerged last year among Canada’s First Nation’s People to rally peaceful support for indigenous sovereignty and protection from environmental exploitation. The power of social media has been displayed through events like this across Canada, and in the US, where challenging colonization and strengthening indigenous rights has universal appeal. Members of area tribes expressed solidarity by displaying signs, playing hand drums and singing songs of encouragement. About 100 people attended the December 28 event. Participants in INM flash mobs in other cities have been removed from or arrested at shopping malls, but officials at Kirkwood Plaza allowed this event to proceed.

– Editor



Photos by Thomas Hatzenbuhler,
Final Proof Photography, www.finalproof.me





College presidents sign charter for institute

BISMARCK (UTN) – After more than two years of planning, Bismarck’s three colleges and universities now have a formal agreement to collaborate on education and leadership activities that focus on the region’s future.

The presidents of Bismarck State College, United Tribes Technical College and University of Mary have signed a charter creating the Institute for Culture and Public Service. BSC’s Larry Skogen, UTTC’s David M. Gipp and U-Mary’s Rev. James Shea signed the document December 12 at a meeting at United Tribes.

“This relationship is going to be nothing but positive. I don’t know how big it’s going to get but it will be positive,” said Skogen. “We’re here in the capitol city and we have all these young people going to our fine institutions. We need ways of getting them interested in culture and public service.”

Bismarck’s three colleges represent a population of nearly 10,000 students.

“This is about the future and where we want to go,” said Gipp. “Bismarck-Mandan is blessed to have these different types of institutions that include so much potential talent and skill. And we look forward to a strong working relationship with our business community too. They’re the primary leaders of where the future is going.”

The Bismarck-Mandan Development Association (BMDA) assisted the college leaders in creating the institute. The association helped shape the purpose to serve community development by tapping the leadership and ideas that come from higher education. The BMDA helped define the structure and implementation strategy, prepared a business plan (including long-term funding sources and commitments) and wrote the charter.

“From this, great things are going to come,” said Russ Staiger, BMDA’s Executive Director.

The text of the charter emphasizes the considerable economic, leadership and cul-



COLLEGE COLLECTIVE: After signing a charter creating the Institute for Culture and Public Service, BSC’s Larry Skogen, UTTC’s David M. Gipp and U-Mary’s Rev. James Shea reach out to thank BMDA’s Russ Staiger for the association’s work in bringing about the three-college collaboration.



Russ Staiger

tural challenges presented to the region by the unprecedented expansion of energy development in western North Dakota. It establishes a framework for the three higher education institutions to collectively address issues and opportunities, along with the BMDA and its members.

“We each serve different missions, which are unique and wonderful,” said Shea. “The charter has some pretty impressive and energetic proposals. It’s time to show how that will make an impact in the community and how education matters. This is also an invitation to broader participation throughout the community.”

The institute’s approach is strictly non-partisan. The action plan will focus on four areas: academic programming, leadership development, idea transfer and community outreach. The charter suggests that the

colleges and BMDA will develop academic and internship programs for future leaders who will serve both in industry and the public arena. The institute will work to provide forums for developing and launching new ventures. And it will work to bring the region’s larger cultural issues to light through speakers, workshops and other forms of public discussion.

The charter describes the institute’s structure as flexible, allowing the partners and BMDA sponsors to allocate resources as needed.

The BMDA plans to spotlight the institute at the association’s annual meeting on February 11. Skogen, Gipp and Shea will provide the keynote presentation, introducing the institute to the community with their vision of its role as they launch the partnership.

More information about the charter, please contact Dr. Samuel B. Condic, 701-335-8192, sbcondic@umary.edu.



UNITED TRIBES
NEWS
www.uttcc.edu

DISCLAIMER: “The views expressed in any article or advertising appearing in United Tribes News do not necessarily reflect the position or policy of United Tribes Technical College.”

Apply Early For Tribal Funding!

If you are planning on attending school in the fall or spring; it's BEST to contact your home funding agency now.

WHY APPLY EARLY:

- Deadline dates vary for every tribal funding agency
- Awards are based on availability of funds
- Priority for selection maybe awarded on a first come first serve bases

GENERAL REASONS FUNDING MAY BE DENIED:

- Missed deadline date
- Incomplete files
- Did not apply

THE FOLLOWING DOCUMENTS ARE GENERALLY REQUIRED FOR AN APPLICATION TO BE COMPLETE:

- Acceptance letter from educational institute
- Financial needs analysis (budget) – from financial aid officer
- Semester / mid-term grades (student MUST maintain a 2.0 GPA)
- Class schedule

Criteria submitted for tribal funding MAY VARY for new and returning students

To ensure application completeness, contact and follow up with funding agency frequently.

TO BE ELIGIBLE FOR WORKFORCE INVESTMENT ACT (WIA) CLASSROOM TRAINING ASSISTANCE:

- ALL students MUST apply with home funding agency first.

The WIA office is located in building # 61 on campus. For students who need assistance contacting agencies or completing tribal funding applications please call 701/255-3285 ext.1229

Debbie Painte, Workforce Investment Act
United Tribes Technical College
3315 University Dr, Bismarck, ND 58504
Phone: 701-255-3285 ext. 1232
Fax: 701-530-0635, www.uttcc.edu



New Senator meets with Tribal College presidents



TO SERVE ON INDIAN AFFAIRS: North Dakota's tribal college presidents welcomed in December the addition of Senator-elect Heidi Heitkamp to the North Dakota Congressional delegation. Meeting as the ND Association of Tribal Colleges, the group expressed its appreciation that the state's first, elected female Senator will serve on the U. S. Senate Committee on Indian Affairs. From left: Russell Mason Jr., Fort Berthold Community College; Jim Davis, Turtle Mountain Community College; David M. Gipp, United Tribes Technical College; Senator Heitkamp; Cynthia Lindquist, Cankdeska Cikana Community College; and Laurel Vermillion, Sitting Bull College. Submitted photo

Students receive scholarships through tribal environmental program

By Jeremy E. Guinn, PhD, Field Technician Program Director, ND Tribal College REU Program, UTTC Tribal Environmental Science Department

The Upper Missouri Tribal Environmental Risk Mitigation (UM-TERM) program has provided scholarship support for seven students in the United Tribes Tribal Environmental Science Program.

The scholarship recipients are: Pizi Lee, Genevieve Bullhead, Elijah Stewart, Eybon Watkins, Andrew Montriell, Sichangu "Stimmy" Lee and Jason Breiner.

The UM-TERM program helps reservations mitigate environmental risk while promoting economic development through accelerating business development and training local workforces.

The scholarship program enables tribal college students to complete degrees in the field by providing financial assistance.

Scholarship support was provided to students at several colleges in the region involved in the UM-TERM program: Ft. Berthold Community College, New Town, ND; Ft. Peck Community College, Poplar, MT; Turtle Mountain Community College, Belcourt, ND; Sinté Gleska Community College, Mission, SD; Cankdeska Cikana Community College, Fort Totten, ND; Sitting Bull College, Fort Yates, ND; and United Tribes in Bismarck.

The program is funded by the Department of Labor's Education and Training Administration through the Jobs and Innovation Accelerator Challenge. More info: www.UM-TERM.com.

Family Housing Inspections

*On Campus Inspections:
February 27 and March 20*

*ALS/WC/SOLO:
February 28 and March 21*

Campus houses at United Tribes, along with the August Little Soldier (ALS) apartments, Washington Court (WC) apartments and Solo Dorms, are inspected on a monthly basis. Inspectors begin at 9 a.m. and look for:

- Cleanliness
- Needed Repairs
- Health and Safety hazards
- Units rated on the POOR, FAIR or EXCELLENT scale.

POOR: Safety/health hazards in unit, such as items by water heater/furnace, blocked/cluttered hallways, blocked windows, smoke alarms without batteries, pets, parking in yard, sub-standard cleaning, yard not clean, etc.

FAIR: Free of safety/health hazards; in compliance with standards from the cleaning checklist but may need improvements in certain areas.

EXCELLENT: No safety/health hazards; all standards from the cleaning checklist met and are exceptional! Incentive rewards provided.

Tenants in compliance are rewarded with a quarterly inspection schedule: once every three months. Spot and weekly inspections are performed at units continuously in non-compliance.

More Info: Tonja Morris, UTTC Housing Administrative Assistant, 255-3285 x 1325, tmorris@uttc.edu

CENTER FOR ACADEMIC & PERSONAL COUNSELING

(Formerly The Center for Student Success)

**LEWIS GOODHOUSE
WELLNESS CENTER**
Monday - Friday
8:00 a.m. to 5:00 p.m.

**Offering Noon Hour Coverage
Appointments Encouraged...
Walk-Ins Welcomed!**

In case of an after-hour emergency:
*Contact UTTC Security Department
(701) 255-3285 ext. 1200, 1300
An on-call staff member will be con-
tacted*

MISSION STATEMENT:

The CA&PC is committed to the UTTC student by providing professional and cultural development services to enhance life-long learning, personal growth and educational success.

VISION STATEMENT:

A holistic, healthy student is the center of our vision. This includes social, mental, physical and spiritual growth in support the UTTC student in an increasingly changing environment of learning.

VALUES:

We will provide standards of ethical conduct to protect the well-being of our students. We value the quality of student life and are committed to honor and respect all Native Americans and their cultures. We express our values through listening, confidentiality, trust, honesty, competence, integrity, courtesy, and serving our students with care and professionalism at all times.

SERVICES:

The Center for Academic & Personal Counseling offers a variety of services. Such services are held in the strictest of confidentiality. The services include, but are not limited to:

- Supportive Academic & Personal counseling (Individual, family, group)
- Assisting in the transition to UTTC Community life
- Supportive Counseling Consultation services
- Referral services
- Mediation services
- Intervention services
- Campus Wellness & Educational activities



**DAKOTA
DIGITAL
FILM FESTIVAL**

April 5, 2013

Belle Mehus Auditorium, Downtown Bismarck

Screenings, filmmaking workshops and student film screenings

**Free for high school and college students and
teachers registered through their schools**

More Info: www.freetv.org or find us Facebook

Sharing and Showing their Values

Members of the United Tribes Auto Club shared the spirit of the holiday season with others in the campus community with a food and gift drive. Four families received all the food and trimmings needed for a holiday meal in December, along with presents for youngsters and gift cards. The approximate \$350 tab was paid for by proceeds auto club members earned from raffles and the athletic event concession stand. They also received help from other volunteers. Showing their generosity and goodwill, the group delivered the holiday meals, including a ham, potatoes, canned vegetables, pickles and cookies. Congratulations to all involved!



HOLIDAY SPIRIT: Sharing the enjoyment of sharing, from left, Tai Pretty On Top (Practical Nursing), Tim Pretty On Top and Williona Bear Robe (both Auto Tech); Uriah Wise Spirit (Criminal Justice) Auto Club past-president; and Lacy Fox (Auto Tech) Auto Club president.

Auto Service Raffle Winners

Alignment Delmar Clown, Glen Philbrick
Brake Job Erik Abbey
Coolant Flush Wayne Pruse, Terry Moericke
Oil Change Colleen Bredahl, Pat Aune

“Family Support” Weekend

WHO: Families that have lost a loved-one
WHEN: February 15-16
WHERE: Bismarck, ND
SPEAKER: Tom Ellis, St. Paul, MN, author “This Thing Called Grief: New Understandings of Loss”

Survivor families struggling with suicide, find hope and support on your unique journey.

Sponsored by:
 Division of Injury Prevention and Control, ND Dept. of Health

More Info: Micki Savelkoul,
 701.328.4580, mlsavelkoul@nd.gov.

How to Talk to Students about Mental Health Issues & Suicide

Monday, February 4, 7 p.m.

University of Mary, MAC (gymnasium)

Speaker: Jordan Burnham



Jordan had everything to live for. He was popular, had good grades, and was a star athlete. But pressures mounted and Jordan attempted to take his own life at age 16, during his senior year of high school in Pennsylvania. Jordan’s miraculous survival propelled him to begin to deal with his depression and learn healthier coping mechanisms.

- Hear his story of struggling with depression and hiding his pain
- Discussion of mental health disorders that affect many
- Jordan shares his message through appearances and in a video for suicide attempt survivors, *Stories of Hope and Recovery*, released by SAMHSA.

More Info: Dr. Patty Keller, Dir. of Compliance/SWA/Physical Education and Health Program Dir., University of Mary

Do You Know - STALKING

Stalking is a crime of power and control. It’s usually defined as a course of conduct directed at a specific person that would cause a reasonable person to feel fear. Stalking behaviors also may include repeated actions, such as leaving or sending the victim unwanted items or presents, following or laying in wait for the victim, defaming the victim’s character, damaging or threatening to damage the victim’s property, or harassing the victim via the Internet by posting personal information or spreading rumors about the victim. Stalkers often use various forms of technology, such as GPS or cell phones, to track and harass their victims.

If you know someone who is being stalked, or if you have any questions, feel free to come visit me in the Wellness Center or call or e-mail: 255-3285 x 1456, dbelgarde@uttc.edu. Learn more: www.victimsofcrime.org/library/crime-information-and-statistics/stalking.

– Donna R. Belgarde,
 United Tribes Domestic Violence Advocate



DECEMBER 2012

WHAT IS DeMAND?

The Tribal College Consortium for Developing Montana and North Dakota Workforce (TCC DeMaND Workforce) is a Trade Adjustment Assistance Community College and Career Training Grant Program (TAACCCT) project funded by the Employment and Training Administration of the Department of Labor (SGA-DFA-PY-10-03). United Tribes Technical College (UTTC) is the lead of the TCC DeMaND Workforce, a consortium of four Tribal Colleges. The other consortium members are Cankdeska Cikana Community College (CCCC) located in Fort Totten, ND on the Spirit Lake Nation, Fort Peck Community College (FPCC) located in Poplar, MT on the Fort Peck Reservation, and Aaniiih Nakoda College (ANC) located in Harlem, MT on the Fort Belknap Reservation.

DeMAND PROGRAMS

The first year of the DeMaND project has been busy and eventful! All of the colleges have worked hard to bring the training programs live and enroll students. UTTC offered an Electrician



certificate program last summer in partnership with the local union, the International Brotherhood of Electrical Workers. The welding training program is currently underway and utilizing state-of-the-art welding simulators. CCCC

completely remodeled an old gymnasium into a state-of-the-art training facility for HVAC, complete with simulators and equipment needed for high-level training. CCCC began its HVAC training program this fall. ANC has focused its training in the health and construction fields. They are working closely with the medical facilities in the region to offer CNA, Phlebotomy and EMT-Basic to fill a critical demand in the area. In addition, they are offering a construction training program that meets growing demands



for workers skilled in the construction related trades. FPCC offered five different training programs. The CDL and Heavy Equipment Operator programs were particularly successful. With the oil activity continually creeping closer to the Fort Peck reservation, these trainings help meet critical demands for qualified drivers and heavy equipment operators. The oil activity has also created increased demand for electrical line workers and construction workers.

NCRC

The project offers an opportunity for participants to earn a National Career Readiness Certification (NCRC). The NCRC level depends on the level of workplace skills at which participants test. The levels are Bronze, Silver, Gold, and Platinum. So far, 76% of the students tested have earned an NCRC with 70% of those scoring at silver or gold level.

DeMAND GOES SOCIAL

The DeMaND Project is working hard at getting the word out about the opportunities available. The DeMaND Facebook page provides updates from each of the

colleges and links you to various training opportunities available. Mr. Dallas Goldtooth of the 1491s is lending his own brand of humor and expertise to the project. His videos are available on YouTube but you can also get them on the Facebook page or the project website: demandworkforce.com.

FACES OF DeMAND

So far, in year one, 240 people have begun training and education through DeMaND. Over 50 people have successfully completed their training already. DeMaND is reaching its target audience with 91% of participants being Native American from over 20 different tribal nations. The training is helping project participants develop skills and knowledge that will help them develop a career so they can provide for their families and make a difference in their communities.

One such person is Gavin Lewis from Fort Peck. He was hired as a truck driver immediately upon graduating from the CDL program at FPCC. From UTTC, 7 graduates of the electrician program are now gainfully employed as electricians. Welding students are looking



carefully at their options for the future. They know that commitment, discipline, and hard work now will help them learn the skills they need in just 16 weeks that will allow them to take advantage of opportunities with employers like the welding unions, BNSF, and Bakken Staffing. **The time is now!** The opportunities have never been greater than now in this region.

Submitted photos

Tribal/State Relationship...

Continued from page 5

a fantastic job with this and we need that to continue and to expand. We ask you to keep this in mind in the coming days when the North Dakota Association of Tribal Colleges submits a bill to the State Legislature to fund a special two-year initiative in workforce development. We've been blessed in Turtle Mountain in that we've been able to build a new high school in Belcourt and a new Ojibwa Indian School. Other reservations haven't been as fortunate. All of our educational facilities must be kept updated, either through remodeling existing buildings, or building new schools as needed. Our classrooms need to be equipped with the latest technology. Our education system needs to equip our students to thrive in the global economy. And most importantly it needs to promote a safe and healthy environment for every student. How can we imagine our future being prosperous without investing in education?

When I hear the word imagine, I hear the song "Imagine" by John Lennon.

"You may say I'm a dreamer, but I'm not the only one. I hope someday you'll join us and the world will be as one."

With this global economy and with other states and countries continuing to develop and improve, we cannot afford merely to occupy a seat. It could take years to catch up with the rest of the world. If our prosperous State cannot find in its heart to invest in economic development, affordable quality housing, an effective health-care system, and assistance in developing high quality educational systems on our reservations, then our imagination is not developed and we rob our children of theirs.

Imagine what we can do if we work together.

Migwitch, Thank you.





UNITED TRIBES TECHNICAL COLLEGE

SEEKING STUDENT VOLUNTEERS!

Waunsila

STUDENT VOLUNTEER

Group




BENEFITS OF VOLUNTEERING WHILE IN COLLEGE:

- › Boost your resume
- › Expand your network
- › Grow as an individual
- › Give back and serve local Bismarck/Mandan charities

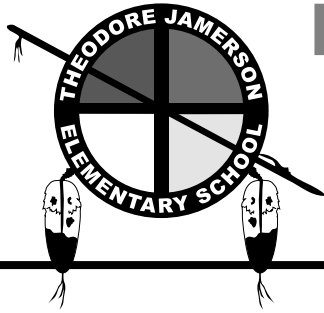
FOR MORE INFORMATION AND TO REGISTER PLEASE CONTACT:

Wiyaka Chasing Hawk
605-200-5125
palanikutepi@gmail.com

Janna Lynn Soberg
701-203-1350



THEODORE JAMERSON ELEMENTARY



TIDBITS

Science Fair



Kaylee Jackson waiting to be judged.

On December 6, TJES had their annual local science fair. There were 56 students grades four through eight and one third grader. The students made their own science fair projects and presented them to three or four of the 16 judges. For some people it was fun but for most it was disappointing because they didn't win. IN addition to one 3rd grader, James White Mountain's "Tsunami Project", Four students from each grade group won.

— Mark Anderson,
Computer Tech/Gifted & Talented Teacher

Grade 4: 1 Kaylee Jackson: Bean DNA; 2 Kari Waanatan: Blobs in a Bottle; 3 Shon Laducer: Slimy Science; 4 Kody Starr: What Works? Pop, Water, or Punch

Grade 5: 1 Kristen Cline: Dying Eggs; 2 Jerome Crazy Thunder: Floating Fruit; 3 Aliyah Hopkins: Fantastic Foam Fountain; 4 Merrill Howling Wolf: Bubbling Lava Lamp

Grade 6: 1 Daeshaun Strong Hear: Cloud in a Bottle; 2 Jerral Murray: Tornado in a Bottle; 3 Malia White: M&M Does Color Effect Melting; 4 Dominick Hinshaw: Popcorn-Old Main vs. Popped

Grades 7/8: 1 SaVannah Crow Ghost: Adventure of Pinhole Camera; 2 Amber Moon: Building an Electromagnet; 3 Kaeleigh Cain: Crystal Christmas Tree; 3 Taylor Johnson: Rainbow Prisms; 4 Anpo Thin Elk: Wave Tank

Disguise Your Turkey



1st place, Jacob (1st) and Monair (8th), Theresa Hughes (mom)

Theodore Jamerson Education Association sponsored the annual disguise your turkey contest. Twenty-four families entered the contest this year and students and staff voted for their top two favorites. First and 2nd place winners received a food basket and gift certificates, 3rd place received gift certificates. Thanks to everyone who participated.

— Brenda Jechort, Reading Coach



2nd place Kaitlen Botonie (3rd) and Marlo Balnch (mom)



3rd place Joshua (K) and Mary (3rd) and Shyla Spotted Elk (mom). Submitted photos

HONOR ROLL

Second Quarter 2012-13

GRADE 4: Sean Lawrence 3.0, Evelyn Big Eagle 3.0, Kylation White Twin 3.0, Kari Waanatan 3.75, Kaylee Jackson 4.0, JoVon Windy Boy 3.0, Sebastiana Ventura- Ortley 3.25, Tanya Richards 3.75, Tehya Little Owl 4.0, Ygnacio Quarry 3.0

GRADE 5: Merrill Howling Wolf, Jr. 3.2, Aliyah Hopkins 3.8, Jerome Crazy Thunder 3.2, Kristen Cline 3.3, Megan Bercier 3.2, Nevaeh Quarry 3.2, Siavy Yazzie 3.3, Trajen Wise Spirit 4.0

GRADE 6: Daeshaun Strong Heart 4.0, Jerral Murray 3.0, Trevin Yazzie 3.0

GRADE 7: Christian Clairmont 3.0, Kaeleigh Cain 3.6, Taylor Johnson 3.4, SaVannah Crow Ghost 3.0, Anpo Thin Elk 3.4

GRADE 8: Amber Moon 3.4, Elissya Feather Earring 3.0, JoLynn Windy Boy 3.0

PERFECT ATTENDANCE

First Semester 2012/13

JoEtta Windy Boy, Anthony Looks Twice, Paige Kills Plenty, Avery Lawrence, Sean Lawrence, Sebastiana Ventura-Ortley, JoVon Windy Boy, Kimberly Nickaboine, Nevada Janis, Alexander Nickaboine-LaFountain, JoLynn Windy Boy, Brady Ventura Ortley

**2013 Schedule
United Tribes Welding Program**



**SESSION 1
GRADUATION**
Monday, February 11 • 11 a.m.
Multi-Purpose Room
Lewis Goodhouse Wellness Center

SESSION 2
Feb. 25, 2013 to June 14

Application Deadline..... Jan. 25
Interviews Jan. 28-29
Acceptance Letters..... Feb. 2
Orientation & Start Feb. 22

SESSION 3
July 9 to Oct. 25, 2013

Application Deadline..... June 7
Interviews June 10-11
Acceptance Letters..... June 13
Orientation & Start July 8

Cashing-in on sustainability



DENNIS J. NEUMANN ♦ United Tribes News

AND THE WINNERS ARE: Just in time for the holiday, the UTTC Green Committee awarded cash prizes in the Tiwahe Tipi Okolakiciye Project. Two student tenants, who mastered the methods of household sustainability, walked away with the prizes: from left Natasha Cantrell (Turtle Mountain) a Criminal Justice student, and Sherry House (Crow Agency), Business/Office Technology. Along with their children, the two moms-in-chief demonstrated a command of effective energy saving techniques in their campus houses, including water saving, recycling and minimizing electric consumption. "My daughter was so glad it's over," said Cantrell. "We had to sit in the dark and keep the heat low. I had to laugh. But we learned a lot." Making the awards December 12 is the Green Committee's Colette Wolf, Land Grant Agroecology Extension Educator.

FREE SERVICE for Parents

Standing Rock Early Childhood Tracking RIGHT TRACK/TRACKING

Services:

- Right Tracks
- IEP Support Service for Children Age 3 & Up
- Infant Development for Children Under 3

More Information:

Crystal Karas/Kari Carlson
Education Bldg. E Basement
United Tribes Campus

These services are provided through:

Standing Rock Early Childhood Tracking
PO Box 697
Fort Yates, ND 58538
701-854-3678
701-255-3285 ext/ 1624
888-237-1405



Join the UTTC Green Committee

We Promote

Sustainability Lowering our Carbon Foot Print Seventh Generation Thinking Recycling

2013 Green Committee Goal – "Improve Campus Recycling Program"

Green Committee Meeting

9am, Every 2nd and 4th Tuesday of the month
Student & Campus Services
Conference Room
(Located in 1B on Campus Map)

All Student, Staff and Faculty Welcome!
We Need your Ideas! We Need your Spirit!

"Campus Recycling Pick-up!"

Every 2nd and 4th Wednesday of the month
Please bring your recycling boxes to a main collection area, inside your building near the front entrance

Recycling Pick-up starts at 1PM
Volunteers Welcome!

GREEN FACTS

- Glass never wears out -- it can be recycled forever.
- Americans throw away enough steel every year to build all the new cars made in America.
- One ton of paper requires the use of 98 tons of various resources

Nutrition stars at the grocery store

March is National Nutrition Month®



By Jan Keller, Extension Nutrition Educator, Land Grant/Extension

When it comes to paying attention to nutrition, the starting point is the grocery store. What you put in your cart is what you and your family will eat. Here are some tips and tricks to remember:

Do NOT shop on your way home from work or school:

You're probably tired, hungry and in a hurry. This will lead to not-so-healthy choices. Shop when your stomach is full and you have time to read labels.

Always have a List:

Never go to the grocery store without a list in hand. Check your pantry and fridge before you go, so you get everything you need and nothing you don't.

Plan Ahead:

When preparing your list, use the sales flyer and coupons, and plan your menu around sale items. This will save money and encourage you to try new items. ****DISCLAIMER**** Just because something is on sale or you have a coupon, does NOT mean you have to buy it! It may not be a deal and it may not belong in your cart.

Shop the Perimeter:

Fresh, whole food is located on the outside of the store: fruit, vegetables, milk, eggs, meat, fish and bread. These are staples and should take up the most room in your cart. Avoid the middle aisles, where most of the processed food is.

Read Labels:

Get familiar with the Nutrition Facts and Ingredients List. Read these frequently on all packaged/processed food. Become an educated consumer.

Incorporate Variety:

Choose brightly colored food: sweet potatoes instead of white potatoes, spinach instead of iceberg lettuce. More color typically means more vitamins and minerals. Try new recipes; be adventurous.

For more information about how to fine-tune your shopping, look for future postings about grocery store tours. A wealth of nutrition education is at Just Move It!, every Monday at the Wellness Center Conference Room from noon to 1 p.m. Everyone welcome! Your questions always appreciated: 701-255-3285 x 1504, jkeller@uttc.edu

United Tribes to host cooking competition

The United Tribes training kitchen in the college's Skill Center will be the site of a high school cooking competition on February 15.

The event is a STAR (Students Taking Action with Recognition) competition, involving a number of high schools that challenge five-member teams to demonstrate their cooking proficiency.

A representative of the ND Family and Consumer Science organization (<http://fccla.com/content/fccla/>) made the contact with UTTC, looking for a central location.

We look forward to hosting this new event. UTTC Nutrition and Foodservice classes will not meet in the kitchen on that day. For more information, please contact me: 701-255-3285 x1406, abroyles@uttc.edu.

– Annette Broyles, Nutrition & Foodservice Department Chair/Instructor

Food Workshop scheduled UTTC to Host One Day ServSafe®

BISMARCK (UTN) – Experienced foodservice managers, teachers and others interested in professional food safety certification are encouraged to participate in a one-day ServSafe® class on Tuesday, February 5 at United Tribes Technical College.

Hosted by the college's Land Grant Programs, the class is a review and study session for the National ServSafe® exam.

Participants are urged to register as soon as possible so they can read ServSafe® Manager 6th Edition prior to the class. Class size is limited to 25. A \$130 fee includes the book and exam fee.

UTTC food safety educator Pat Aune is the instructor. She has taught the course since 2004 to foodservice managers and workers, meat inspectors, environmental health specialists and teachers.

For information or to register, contact Pat: 701-255-3285 x1399, paune@uttc.edu.

A workshop for tribal cooks is scheduled for March 4-8, 2013.

Lunch is served

LEGISLATIVE TRADITION: Catering to members of the North Dakota Legislature takes many forms, including the long-standing tradition of serving lunch in the Great Hall of the State Capitol in Bismarck. As a student in the United Tribes Nutrition and Foodservice program, Amber Cleveland (Ho Chunk Nation) helped serve a traditional, buffalo stew meal to lawmakers and guests. One thankful recipient was Republican State Representative Diane Larson, who serves Bismarck's District 30. UTTC provided the meal January 10 during events of the Tribal/State Relationship speech.



N-FS students pass ServSafe Exam

By Annette Broyles, Nutrition & Foodservice Chair/Instructor

This fall one-hundred percent of the nine students enrolled in Nutrition and Foodservice class, Managing Food Protection, earned the National ServSafe

Certificate by scoring 75 percent or higher on the national exam. This is the first semester that everyone passed the exam the first time; previously the pass rate was 50-60%.

The certificate shows that people know the basic information needed to serve and prepare food safely. The certificate is good for five years and is beneficial for anyone working in the foodservice industry. All students enrolled in the Nutrition and Foodservice vocation are required to pass the exam prior to graduating.

ServSafe is one of two certificates that can be earned by students in the Nutrition and Foodservice. The other is a concentrated certificate as Dietary Managers.

The students received their ServSafe certificates at the Nutrition and Foodservice annual fine-dining event at Peacock Alley in December and were recognized during the fall honoring.

Land Grant Extension employees Jan Keller and Robert Fox also earned their ServSafe certificate by taking the one-day ServSafe training from Pat Aune, UTTC Land Grant Director and Food Safety Instructor.



CERTIFIED SAFE: From left: Jan Keller, Robert Fox, Tony Walking, Lyn'D Lawrence, Amber Cleveland, Tracy Slides Off, Kris Wells, Mariah Rohde, Melinda Tikanye and Dolly Drapeau. Not pictured is Sir Manning. Submitted photo

Listening puts the focus on diet

Special Health Service at United Tribes

BISMARCK (UTN) – A friendly smile and sympathetic ear are welcome in any setting but especially in health care. A new service at United Tribes, offered with care and without judgment, promises to go a long way toward helping people cope with unhealthy eating habits and poor diet.

The new pilot project offers medical nutrition therapy from a dietitian. Staff members of the tribal college in Bismarck are familiar with addressing nutrition and wellness as part of the academic curriculum. The addition of medical nutrition therapy amounts to a clinical approach in the campus setting.

“Food is more than just something to eat. It’s a very powerful, emotional and spiritual part of your being,” says Wanda Agnew, an instructor in UTTC’s Nutrition and Foodservice Program. “Often when people visit with a dietitian you encounter something that is a cross between confession and self-forgiveness. You really have to be prepared to recognize that there will be emotions shared.”

EATING PROBLEMS

Medical nutrition therapy confronts Indian Country’s most challenging dietary issues: diabetes and obesity; and serves to help with other problems, such as food allergies and intolerances, eating disorders, chronic infectious diseases (HIV/AIDS or hepatitis), elevated cholesterol, irritable bowel syndrome, complications from cancer therapy, and sports nutrition.

United Tribes is offering the service in partnership with the Dietetics Program of North Dakota State University, Fargo, ND. It involves a senior NDSU dietetics student providing free consultations to UTTC staff members and students in the college’s Lewis Goodhouse Wellness Center.

“A lot of people know a little bit of what they’re supposed to do,” says Jana Millner, the first dietetics student to serve in the new program. “It involves making assessments and helping figure out the kind of diet they need for good health.”



NDSU student Jana Millner listens carefully to a client during a dietetic consultation at the Lewis Goodhouse Wellness Center at United Tribes Technical College in Bismarck.

DIETITIAN AS GUIDE

Millner, who is formerly from Bismarck and also works in New Town, ND, had pursued a number of other degree paths but eventually settled on dietetics. She says she likes the nutrition part and helping people stay healthy. “It seems like something that’s always relevant. It’s very interesting and there’s a big need for it.”

Her spring semester internship is supervised by Agnew, a licensed and registered dietitian. Both see the role of the dietitian as that of a guide – sort of a food counselor, helping sort out the mysteries of eating.

“It’s interesting to see how diet and lifestyle go together,” says Millner. “I understand more of why things are the way they are.”

“I’m very excited for Jana. I think she’s going to get experience that she may not gain anywhere else,” says Agnew.

TALK LESS, LISTEN MORE

It may be good advice all around, but clearly the best approach for any dietitian to learn what a client needs is to talk less and listen more. In dietetics it’s known as “motivational interviewing.” All licensed, registered dietitians in North Dakota are trained in it.

“You want to learn as much about the patient as possible by asking open-ended questions and making it about them,” says Millner. “You don’t want it to be a lecture where you, as the health professional, are the only one talking. You want to hear what they have to say and teach what you can from there.”

Diabetes and weight loss are the most common concerns Millner has encountered thus far. She expects to see more of that during her eight week internship that ends in early March.

She will graduate from NDSU with a bachelor’s degree in dietetics in May. Some of her time at UTTC will be spent describing her program of study to students in the college’s two-year Nutrition and Foodservice program.

She’s excited to be the first dietetics intern in the clinical program and to help establish standards and practices for how the service will be offered in the future.

LONG OVERDUE

Those to benefit will have Agnew to thank for her enthusiasm and persistence. She explored the partnership with NDSU and gained cooperation on campus from the

Continued on page 32

Bryan Brewer honored at UTTC reception

LNI Home Court for New OST President

RAPID CITY (UTN) – United Tribes Technical College expressed its congratulations and best wishes to a fellow educator who won election to the top leadership position of his tribe.

In his first bid for tribal office, Bryan Brewer was elected president in November of the Oglala Sioux Tribe, Pine Ridge, South Dakota.



Brian Brewer

United Tribes honored Brewer December 20 in Rapid City at a reception during the Lakota Nation Invitational (LNI) sports and academic competition. Brewer is a co-founder and

long-time director of the annual event that brings tens of thousands of people to the city and millions of dollars of business.

“United Tribes takes this opportunity to acknowledge a change in leadership of the Oglala Sioux Tribe,” said Dr. Phil Baird (Sicangu Lakota), UTTC’s vice president of Academic, Career and Technical Education. “This man is a Vietnam Veteran and educator. He spent many years shaping the LNI into what it is today. Now he’s taken on the big task of leading the Oglala Nation.”

For most of his adult life, Brewer was devoted to education, as an instructor at Pine Ridge High School teaching Lakota Culture and serving as coach, athletic director, dean of students and principal.

We have a tremendous educator who we anticipate will do great things for the Oglala Sioux Tribe, bringing the same kind of leadership he brought to this event and back home in the schools, said Baird.

Brewer showed emotion, saying he was



Phil Baird presented a beaded gavel to the new OST chairman from United Tribes.

humbled and grateful for the recognition and having many friends on hand. He said when he and Dave Archambault Sr. started the LNI 36 years ago, they had no idea it would become so successful.

“This happened because I had people supporting me and I had a vision and we let things grow,” said Brewer. “And that’s what I have to do as a new chairman. I have to surround myself with good people. And I need the people’s support.”

Brewer was the first American Indian to serve on the South Dakota High School Activities Association, where he was a strong advocate for including Native People in the activities of South Dakota’s secondary schools.

Brewer singled out and thanked his friend, newspaper publisher Tim Giago, for his support and encouragement, and other friends in attendance. He said he was interested to begin working on the wide range of issues faced by tribal leaders.

“As individuals we can’t do that much. But as a group we can,” he said referring to the

Great Plains Tribal Chairman’s Association. “With our treaties and the support of the people, we can accomplish a lot.”

On behalf of the college and United Tribes President David M. Gipp, Brewer was presented with a red, white and blue beaded gavel, symbolic of calling the people together.

The honoring took place in “The Club” room of the Rushmore Plaza Civic Center arena, overlooking the LNI sports action. About 50 people attended, including a state lawmaker, tribal educators, prominent tribal and business leaders, and members of the LNI board. Ed Young Man Afraid of His Horses rendered a prayer and song. Eight-year-old Justina Eve Pourier, of Our Lady of Lourdes School in Porcupine, provided musical selections.

Other United Tribes activities at the LNI included a student recruiting booth, demonstrations featuring one of the college’s new welding simulators, and participation in workshops and meetings.



UNITED TRIBES
NEWS

Advertiser Order Form Available Online:
<http://uttc.edu/news/utn/eml/utnorder.asp>

Special Health Service...

Continued from page 30

wellness center staff, headed by Brad Hawk, Assoc. VP of Community Wellness Services, and the staff of the college's Land Grant and Nutrition and Foodservice programs. The new specialty will involve professional staff in student health, addiction counseling, fitness training, nutrition education and social work.

"We wanted an integrated team," says Agnew. "It was received extremely well. Everybody's so excited about this that it's a little overwhelming."

It seemed long-overdue to offer regular dietetic services. The move promises to enhance total wellness care, a goal that is driving plans for more services and health systems on the campus, including physician's services. Dietitian services are also part of most third-party reimbursement systems, including Indian Health Service.

The current focus of the college's Land Grant programs is general community wellness and nutrition education. Director Pat Aune says the new service is needed.

"The clinical aspect of nutrition education fits the Land Grant mission and may turn out to be an on-going essential for the team in the future," says Aune. "We're aware that many in the campus community cannot always access dietitian services when referred into health systems in the greater community."

MAKING A DIFFERENCE

Agnew says she is not aware of any comparable service being offered at other tribal colleges and universities around the country. It amounts to showing leadership in food sovereignty for a tribal college to help people make good decisions based on their own needs, she says. "The education we can bring clinically and individually can make a difference."

United Tribes staff and students may schedule appointments for the new dietitian service, free of charge, by calling the Lewis Goodhouse Wellness Center at extension 1264. More information: Wanda Agnew 701-255-3285 x 1234, wagnew@uttc.edu.

Earning Your Way



Nutrition and Foodservice

Associate of Applied Science Degree

The Nutrition and Foodservice program at United Tribes Technical College is an opportunity for hands-on experience.

- Healthful food preparation
- Food science
- Food safety
- Wellness
- Community nutrition

Graduates are professionally trained with food preparation and nutrition education skills that allow you to make a positive impact on the health of American Indian people.

Follow one of two-degree majors: Nutrition and Wellness or Foodservice/Culinary arts. You choose depending on your interest. Both are offered on campus and Online.

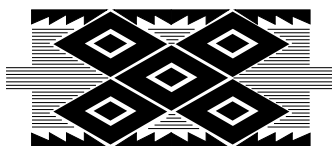
You have the opportunity to take a national exam to become ServSafe Certified and/or a national exam to be credentialed as a Certified Dietary Managers (CDM).

A degree prepares you for employment or to successfully transfer into programs of advanced training to become a dietitian or chef.

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RUBY CADOTTE



The United Tribes campus community sends its condolences to the family of Ruby Cadotte, 68, a former UTTC employee who loved working with children. She entered the Spirit World in December.

Ruby was from Wakpala, SD. In 1978, she and her husband Don came to United Tribes, where she worked until 1994 in the Pre-School Dept.

She helped dedicate the new Kidney Dialysis Center at Med Center One. She loved country music and was an avid Thunderbirds fan, attending as many home games in recent years as her health permitted.

Grateful for having shared her life are her children, Jackie (Travis) St. Claire, Janice (Glen) Belgarde, Christopher and Randi (Sean) Armstrong, all of Bismarck; many beloved grandchildren; and many loving members of her extended family.

Ruby was preceded in death by her husband, Donald Cadotte in 1998; her parents Amos and Agatha (Holy Bull) Howard; sisters Beverly Howard, Teddi Six Killer and Marie Howard; brother Cecil Howard; half-brother, Casey Holy Bull; step-brother, Lee Holy Bull; maternal grandparents Frowin and Mary Reel; and paternal grandparents Samuel and Agnes Standing Bear.

A Dec. 20 memorial service was held at UTTC. Ruby was laid to rest Dec. 22, at St. Bede's Cemetery, Wakpala.

UTTC STAFF NEWS

Selected for Leadership Program



Congratulations to **Russell Swagger** on his selection to the American Council on Education (ACE) leadership program. UTTC's VP of Student and Campus Services was selected as one of 35 participants nationwide in the first cohort of the "Spectrum Executive Leadership Program." The eight-month program beginning in March focuses on diversifying higher education leadership by preparing participants for demanding senior leadership posts in the field. It's a great honor for Russell to be selected in the first cohort. He'll bring great experiences back to our campus, which faculty, staff, students and fellow administrators will benefit from.

—David M. Gipp

Employee of the Year

Congratulations to United Tribes Criminal Justice adjunct instructor **Ray Dingenman** for being recognized as "Employee of the Year" by the Burleigh County Sheriff's Department. He was recognized for his outstanding service to the department and community.



—Kathlene Thurman

Going to Grad School

Congratulations to **Vivian Hurkes** (MHA Nation) on being accepted into graduate school at the University of South Dakota, Vermillion. She will be completing her Masters Degree in Educational Administration online. Vivian directs the Children's Dwelling toddler center on the UTTC campus. She's a graduate of the Elementary Ed bach-

elor degree program, one of the first cohort partnerships UTTC offered in cooperation with Sinté Gleska University.

—Lisa J. Azure

Appointed to Board

Tiffany Hodge has been appointed to the board of the Center for Technology & Business (CTB). The CTB is a statewide organization that focuses on leadership, technology and women's business development and operates the SBA Women's Business Center for North Dakota. Hodge is the UTTC Enterprise Director; she also owns a company of her own at Three Affiliated Tribes.

Dan at Den Haag

Dan Molnar is taking on the world again! The avid triathlete found his stride and stroke and earned a spot on Team USA for the 2013 ITU Cross Triathlon World Cham-



pionship. A native of Hungary, Dan will be returning to the old world to compete in the event scheduled for July 13 in Den Haag, The Netherlands. More info www.teamusa-triathlon.org. Dan says thanks to all his sup-

porters and that he will proudly represent the USA. "Without you I could not have earned this." Dan is UTTC's Strengthening Lifestyles Fitness and Health Promotion Specialist.

—Editor

New Employees

Please join me in congratulating the following employees who are new to the UTTC family or have a new job assignment: **Joely Heavy Runner**, Safety Director; **Michael Wetsch**, Criminal Justice Instructor; **Delana Wendland**, Financial Aid Manager (previously Business Management Instructor); **Summer Monteau**, Financial Aid Officer (previously Financial Aid Advisor); **Tashina Dupris**, Financial Aid Advisor; **Alicia Hegland**, Financial Aid Phone Receptionist; **Amber Encalada**, Student Accounts Billing Tech; **Misti Cavanaugh**, DeMaND Data Workkeys Administrator; **Jessica Johnson**, UM-Term Case Worker/ Training Planner; **Robert Fox**, Administrative and Youth Program Assistant; **Marcia Gutman**, FACE/Early Childhood Educator; **Albert Main**, Security Officer; **Theresa Good Eagle**, Student Health Center Driver/ Transportation; **Ryan Netteville**, Men's Residential Life Custodian; **Andrea Eagle Pipe**, Women's RA; **Laurette Pourier**, Rapid City Site Coordinator; and **Greg Pollert**, HVAC Maintenance.

—Debra S. Hempler, Human Resource Assistant





United Tribes

Support the THUNDERBIRDS! Attend the Games!



Photos DENNIS J. NEUMANN ♦ United Tribes News

THUNDERBIRDS FEBRUARY SCHEDULE Home Games in Bold

4.....	Concordia College JV	M	6 p.m.
7.....	Bismarck State	M&W	6-8 p.m.
9.....	Williston State College (non-conf)	W	7 p.m.
11.....	NDSCS-Wahpeton	M&W	6-8 p.m.
12.....	Trinity Bible College	M&W	6-8 p.m.
18.....	Dakota College, Bottineau	M&W	6-8 p.m.
21.....	Williston State College	M&W	6-8 p.m.

Tribal-State Relations

'Forgive us' gesture from tribe helps need to heal

BISMARCK (UTN) – Reconciliation has been a theme in observances over the past year marking the 150th anniversary of the Dakota Conflict. Six weeks of bloodshed in 1862, involving settlers, frontier militia and tribal people, resulted in many deaths, revenge hangings of 38 Dakota warriors, and the subsequent relocation and dispersal of Dakota tribespeople out of Minnesota.

happened on both sides,” the tribe took the step of honoring the memory of a Norwegian settler killed during the conflict. The great, great grandfather of a North Dakota lawmaker, Ray Holmberg, was attacked and killed in 1862 while out fishing.

Roger Yankton, Spirit Lake Tribal chairman, and Cynthia Lindquist, president of the tribe's Cankdeska

intertwined with her tribe's history.

“I was so touched. We sometimes forget that each and every one of us has a story, that we all come from some place and we've survived many things,” she said.

Holmberg said he learned from older relatives that the family's experience in the conflict, which included the abduction of a youngster, was one of horror.

“The interesting and difficult thing about



HEALING GESTURE: N.D. State Senator Ray Holmberg, (R) Grand Forks, with Cynthia Lindquist and Roger Yankton of the Spirit Lake Tribe (Dakotah) January 10 at the State Capital in Bismarck.

In December, tribal descendants seeking to heal from the generational trauma, endured a 16 day memorial horse ride through winter weather from Lower Brule, SD to Mankato, MN. There, a ceremony attended by 500 tribal and non-tribal people sanctified the site of the mass executions, said to be the largest in U. S. history.

A gesture of a different kind came from North Dakota's Spirit Lake Tribe, where descendants of Dakota People live today. Acknowledging that “bad things

Cikana Community College, blanket-ed Holmberg in a star quilt and offered a personal gesture of ‘forgive us’ for what happened there.

“This is our effort to start that healing journey together in a new way,” said Lindquist, herself part Scandinavian. “Let's go forward together for the future of all of our people in North Dakota.”

Although Lindquist said she had known and respected Holmberg, an educator, for many years, she did not know until recently how his family's past was

healing is the sound of silence that came from those generations,” said Holmberg. “It was one of those things never spoken of. Thank you so much for your kind words and this beautiful remembrance of this time. And let the healing continue.”

The Spirit Lake gesture was “unprecedented in recent times,” said Dr. Phil Baird, United Tribes Academic VP, who conducted the program. “We need to come together, understand what happened and forgive. That's the only way we're going to be able to heal ourselves.”



UNITED TRIBES NEWS

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