

VOLUME 25 – WINTER 2016 BISMARCK, NORTH DAKOTA

UNITED TRIBES www.uttc.edu LEVEN STATEMENT OF THE PROPERTY OF



Garden Art on page 30

Fall Graduates Honored at United Tribes



READY TO GO: UTTC graduates gather prior to their Fall Commencement ceremony December 18 at the college in Bismarck. Front row, from left: Talana Hale, Toni Slockish, Leslie Mountain, Kayla Wiest, Laura Buchmann, Alicia Cuny and Monique Gladue. Back row: Josh Standing Elk, Kelsey

Hunte, Hanna Moves Camp, Shanaye Packineau, Justice Johnson, Isaac Two Lance and Wallace Dougherty. Ten different tribal affiliations were represented among the 25 mid-year grads. DENNIS J. NEUMANN ◆ United Tribes News

College degree is step toward reaching full potential

BISMARCK (UTN) – Graduating from college is a "stepping-stone" for a student. But it's not the end of what each will accomplish in a lifetime, according to one tribal leader who spoke December 18 at the United Tribes Fall Commencement Ceremony.

"This is a stepping-stone to other things," said Mark Fox, Chairman of the Mandan/Hidatsa/Arikara Nation, one of the college's governing tribes. "From this day forward until you leave this world, you should aspire to learn more. Your education doesn't stop because they give you a piece of paper. Every day you can learn.

Every day you need to learn. Education is a lifetime process."

Fox directed his encouragement to 25 students from ten different tribal nations and more than 200 friends, relatives and faculty members assembled at the tribal college in Bismarck. He urged the grads to acquire the tools and experience to enable them to be of service to others.

"What you've done here by graduating you've done for yourself," he continued. "I believe you're going to do something more for someone else. Not just your family but for people around you. You have the tools and you're going to help the People. And

that's what this world is about – bettering yourself to help others, not just yourself."

DESERVING OF PRAISE

UTTC's mid-year grads earned degrees in 11 different programs of study. Four Bachelor of Science Degrees were conferred, 14 Associate of Applied Science Degrees, and four Certificates of Completion.

"Graduating from college is a very big deal," said keynote speaker Mike Mabin, owner of the Bismarck-based marketing and communications company MABU.

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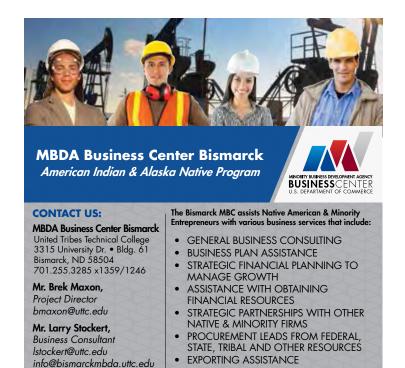
North Dakota First Nations Day headliners



SPEAKERS BUREAU: Representatives of tribal higher education and tribal government in North Dakota highlighted the observance of First Nations Day in North Dakota. Featured at the October 9 event were, from left: UTTC President Leander R. McDonald (and former

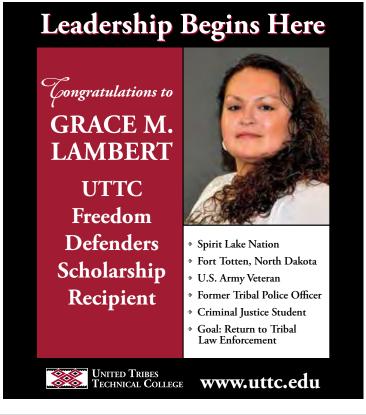
Spirit Lake Chairman), M/H/A Councilman Fred Fox, Sisseton/Wahpeton Chairman Bruce Renville, Spirit Lake Chairwoman Myra Pearson, and Turtle Mountain Chairman Richard McCloud. The gathering at the ND Heritage Center in Bismarck allowed each to

share stories and anecdotes, and offer observations from their current experience as tribal leaders. The event was coordinated by the North Dakota Indian Affairs Commission and concluded with a traditional meal sponsored by United Tribes Technical College.



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www.mbda.gov/businesscenters/bismarck



INITED TRIBES

TECHNICAL COLLEGE

United Tribes adopts single-stream recycling

BISMARCK (UTN) – New yellow-topped recycling bins are strategically in place around campus, signaling that United Tribes Technical College (UTTC) has adopted the single-stream method of recycling for the tribal college in Bismarck.

"We've had a system in place for quite some time for paper, plastic and cardboard," says UTTC President Russ McDonald. "But now we're in step with single-stream recycling."

No More Sorting

Single-stream allows a range of recyclable products to be comingled in the same containers. Paper, plastic, cardboard, glass, aluminum and other materials are later separated at a sorting facility and repurposed into other products.

UTTC joins another large educational institution in the area using single-stream: the Bismarck Public School system. Bismarck residents have effectively used single-stream recycling for two years.

"Single-stream recycling here is in the beginning phase," says Jana Millner, RD, LRD, Extension Nutrition Educator with UTTC's Land Grant programs and a member of the college's Healthy Community Coalition. "We expect an upswing in the amount of material the college recycles. So we will monitor and adjust pick-up times accordingly."

The Color Yellow

In October, six, large single-stream receptacles were positioned on the campus by the service-provider Waste Management, Inc. Increasing the number of bins will make recycling more accessible to the campus community and expand the college's program, says Millner.

Currently UTTC has 20 indoor receptacles. Each displays a sign showing what is appropriate to recycle. The larger outdoor recycling bins have a green base and a bright yellow lid that distinguishes them from outdoor trash bins that are also green but have a black lid.

More info: Jana Millner 221-1397, jmillner@uttc.edu.



UTTC Land Grant program employees prep cardboard for single-stream recycling in one of the college's six, yellow-topped bins on campus: from left, Mara Yborra, Linda Hugelen and Joe Andino.

Items for Single-Stream

As the name implies, single-stream does not require recyclable materials to be separated by type; all go into the same container. Items include aluminum and steel cans; newspapers and magazines; office paper, envelopes and junk mail; glass bottles and jars; plastic bottles, cups and jugs; and cardboard. Containers must be rinsed clean of liquids and all paper and cardboard products must be free of liquid or food debris.

Not appropriate for single-stream are products made of Styrofoam; plastic bags; candy wrappers; medical sharps; batteries, lightbulbs and other electronics.

Important Step

Millner and the UTTC Healthy Community Coalition are working with college staff and students to set-up systems and routines in offices, classrooms and buildings that provide for emptying containers into the larger receptacles.

"Members of the Healthy Community Coalition deserve our cooperation and appreciation for spearheading this work," says UTTC President McDonald. "This will lead to very productive recycling routines that will become automatic as time goes on."

"It's such an important step forward," says Millner. "We at United Tribes are aware of our responsibility to the environment and our role as stewards of the land for future generations. Every plastic bottle put in a recycle bin instead of a landfill – every effort we make, big or small – ads up."

Even Small Recycling Adds-Up By Jana Millner

I generally use reusable bags or decline bags at stores if I only have a few items. Recently at a local Bismarck store, a clerk at the checkout counter was bagging my single item and he put it into a plastic bag. I told him with a smile, "I don't need a bag; save some plastic." He promptly removed my item from the bag. He turned around, crumpled up the bag and tossed it in the garbage behind him, saying, "It's just one bag."

This action hurt. I consciously try to avoid waste like this. This inspired me to sit down and do the math. If I merely declined one bag a week for one year, that would be 52 bags. In 20 years that would amount to 1,040 bags. Over one thousand bags saved, not too shabby.

Then I thought about the whole city of Bismarck, with a population of 61,272. If everyone declined only one bag per week, over the course of one year that would be 3,186,144 saved. Over three million bags saved by doing something so simple!

Over three million fewer bags would be in our landfills, accumulating in our cupboards, or blowing around our neighborhoods.

If done throughout the country, this would amount to nearly 17 billion bags saved in a single year! And this is just bags.

Imagine the possibilities if we reduce the amount of bottled water we drink by using reusable water bottles instead of a new one every time.

The power of one is incredible. Absolutely every single effort matters, because it all adds up. And it demonstrates, step-by-step, our personal responsibility to future generations.

"I have no tatt

By Alicia Hegland-Thorpe
United Tribes News

'm attending a luncheon talk at United Tribes Technical College (UTTC) and a student is sharing a story that reveals an insight into the culture of her people.

"As a young girl my dad would take his catch of fish to my gawa's (grandmother's) house in the valley. I would ask her about the winter watermelon tattoo on her chin. I was six. She had tattoos from her lip all the way down her chin. It scared me! Because at that age, I'd never seen anyone with tattoos before."

As Doreen Welsh-Pretends Eagle from the Mohave Tribe tells of her grandmother's tattoos, I realize this is a unique moment of cross-cultural sharing and learning that can only take place in the supportive environment of a tribal college.

Doreen explains that in the past, Mohave People adorned themselves with blue, cactus-ink tattoos and still do today. Each has a significant meaning and are acquired during pre-teen years or young adulthood, or when a person's name change is happening.

But here's the thing, Doreen says she has no tattoos. And this seems significant because tattoos are very important.

Tattoo Recognition

When a person passes to the other side, Mohaves believe that deceased relatives recognize and welcome them into the next world, by their tattoos. To pass-on without tattoos means a family that follows the customs would have to use clay face paint to adorn them for the journey.

During her talk, Doreen shows a picture of Miss Indian Arizona 2012, a young Mohave/Hopi woman, whose face is painted in a style signifying she is unmarried and has no children.

But Doreen says, for herself, she doesn't want face paint.



Doreen Pretends Eagle

Colorado River Tribes

Doreen is a student at UTTC majoring in Business and Administration. She's honored to have been called-on to tell the story of her people, the Mohave from the Colorado River Indian Tribes (CRIT). She's half Mohave and half Apache.

The CRIT has four affiliations: The Mohave and Chemehuevi who had inhabited Southern Arizona and California for centuries; and in later years, the Hopi and Navajo tribes were relocated there. The Colorado River separates the two states where the reservation is located. Doreen says in Mohave that "Aha" means water and "macav" means alongside. Therefore, her ancestors are known as "Pipa Aha Macav," people by the water.

In the past, Doreen explains, Mohave people were warriors, farmers and fishermen, numbering in the tens of thousands. The Macav's were tall and lean people; both male and female stood over six feet. They were "dreamers," which meant they could dream three to four months ahead. Their dreams cleared a path for their spirit to follow. But awareness of this part of the culture is apparently fading.

"A lot of young people have not been told or do not realize they're 'dreamers," says Doreen. "A lot of them try to repress it and turn to drugs and alcohol instead. Unless you grew up with it, unless you lived with it, you don't understand this ability."

Touchstones in the Culture

Doreen goes on to explain that Mohave elders speak of mesquite as their "tree of life." Fresh mesquite beans yielded juice to drink. The bark is used to make shoes, clothing and hair dye. The roots are carved into cradle boards, instruments and tools. Mesquite sap makes glue. And pottery is fired with mesquite wood. Mohave people use mesquite in every phase of their lives from birth until death, when the tree fuels the fires for cremation ceremonies.

She describes the music as sacred and meaningful, particularly the Bird songs that tell the story of the beginning of the world. Bird unites the tribes throughout Southern California and Arizona and has different meanings and lessons in each tribal community. The Bird songs tell the meaning of life and the universe.

Doreen cautions that stories about religion, creation and animals are considered sacred, and can only be told from within the four mountains of their sacred lands.

The Blue Tattoo

In 1851, a young Mormon woman, Olive Oatman, was captured by the Yavapai Indians as her family was making their way to California. In this picture, she has a Mohave tattoo. One year after her capture, she was sold to the Mohave who took very good care of her. As a Mohave tradition for young girls going into adulthood, she was tattooed on her chin and arms. In 1856, at age 18, she was released. She reunited with her brother but found herself torn between two cultures. Read more about her life in the book called "The Blue Tattoo: The Life of Olive Oatman" by Margo Mifflin.

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"This is just an introduction to the Mohave People," she says. "There are still more to our stories, our creation stories, and our Bird songs."

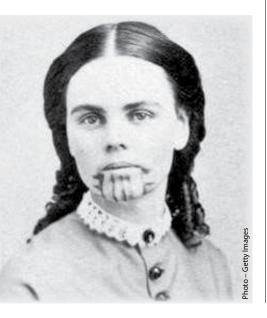
Tattoo Time?

And what about those tattoos? For someone like Doreen, who knows and practices her culture, is this an oversight? A missed opportunity?

Not at all. Doreen explains that although she doesn't have any tattoos on her body now, she will soon.

"There will come a time for me to receive my tattoos so my relatives will know me as I cross over into the next world," she says. "I don't want to cross over with face paint. I'd like my gawa, Bessie, to know me once I'm there in that next world."

Doreen is married to Donald Pretends Eagle from Standing Rock. After graduating from UTTC she hopes to return to Arizona, to be a health care advocate, working with the IHS or in hospital administration. She's currently serving as Vice-President of UTTC's American Indian Business Leaders chapter. She holds an Associate Degree in Tribal Management. She will graduate with a Bachelor of Science degree in Business and Administration in May 2016.



New Sitting Bull book comes from a grateful heart

BISMARCK (UTN) – Sitting Bull's courageous spirit lives on in S.D. Nelson's new book, "Sitting Bull, Lakota Warrior and Defender of His People," 2015, Abrams, New York.

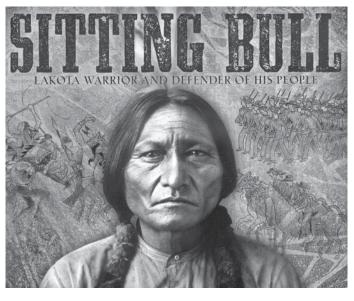
The award-winning author and illustrator of Native American children's books demonstrates his gratitude to his Standing Rock Tribe with a handsome volume about the famous Lakota patriot.

Plenty has been written about Sitting Bull but this 10 x 10, hard-cover volume is an Abrams Young Readers edition with special appeal. Schools and school libraries in particular are well-advised to have it.

The wonder-filled illustrations Nelson is famous for are rendered this time in pictograph style on ledger pages. Shown are events of Sitting Bull's lifetime, from his upbringing as a hunter and warrior, through the conflicts with settler-colonizers and the military, to the Greasy Grass, exile in Canada, the Wild West shows, and his closing years on Standing Rock

The personalized narrative voice of the text is that of Sitting Bull himself, supplemented with quotations from him and other noted tribal figures and characters from periods during his life.

What makes this work by Nelson more than a picture story is the research foundation and the inclusion of an appropriate amount of reference information. A



map and historic photos, a chronology, end notes, an index, and selected bibliography all combine to corroborate the authenticity of this telling of the great man's life and point the way for young readers as they mature.

The Author's Note on the life of this "Hero of the People" provides a context and interpretation that only can be rendered by someone from within the culture.

"I am forever grateful to the Standing Rock Tribe for paying for my college tuition during my four years of undergraduate studies in Art/Education at Minnesota State University at Moorhead," wrote Nelson about his educational path. "I have always felt a link between my tribe and the gift of my higher education that was given to me."

"My mom, Christine, reminded me that I should try to demonstrate my gratitude in some way. I hope my Native American children's books are the offering of a grateful heart."

Use this link to learn more about Nelson and his books: <u>www.sdnelson.net</u>.

TEACHER EDUCATI

Prestigious Appointment for UTTC Student

argaret Landin is a student in the Teacher Education program and also serves as the president of Student Professional Education Council.

When I catch up with her, she's explaining to fellow students at a pre-service student-teacher's meeting how exciting it is to have an opportunity for the mini Relay-for-Life again in 2016. Last year, UTTC conducted its first on-campus organizing for the run-up to the annual event that raises funds to fight cancer. Thirteen UTTC teams raised over \$7,500. The campus effort supported Bismarck's Relay-For-Life in June and earned a mention in the national Relayfor-Life magazine. As fundraising starts again for 2016, seven teams have signed up.

After taking a few pics of Margaret, she tells me how much she enjoys her time at United Tribes and how she hopes all student teachers just "go for it".

Margaret is talking about her nomination and selection to a national advisory committee of the influential industry organization, the National Education Association (NEA). She's the first student in the state of North Dakota to be selected to serve on their national advisory committee. Nationwide only nine students are selected out of 50,000 student members.

"I wanted to be involved not only in the classroom, but on a state level and if I could, I wanted to get involved nationally. I loved the idea that I might have a voice and that I could be heard," Landin says about applying for the advisory council. "Even if it was a small detail I brought to the table, I knew it was mine."

Landin and the other student advisers will look at all aspects of the student program and recommend changes to better prepare future educators.

"The biggest challenge is promoting the student program on 1,100 campuses nationwide," she says.



Margaret Landin was appointed to a prestigious NEA advisory committee.

State and local education leaders will also look to her for guidance and support.

Over the next year, she will be taking many trips to NEA headquarters in Washington D.C., learning to write grants and how education is impacted by government.

About her time at United Tribes, Landin says she treasures the smaller family-like atmosphere and the opportunity for hands-on experience.

"The teacher education program here is wonderful; it's like we're family."

Margaret is Mandan/Hidatsa and enrolled at Three Affiliated. She's a former pre-school teacher at UTTC's Child Development Center and at a preschool in Mandan. She also serves as a board member of Student North Dakota United.

Asked about her graduation date she says, "Not until Spring of 2017. So I have another whole year to make waves!"

Watch out Washington!

Teacher Education Service Teachers created the float "Strengthening Communities" for the college's Spirit Week Parade, held September 25 on campus. 'Thank You' to all the sponsors: American Cancer Society, Serve Yes!, Bartlett & West, Residence Inn of Bismarck, Bismarck Public Library, Great Plains Food Bank, HIT Inc., Fireside, Subway, Boys and Girls Club (Mandan) YMCA, National Guard, Air National Guard, Department of

Cards for Cancer Center Caregivers

n November 23, Teacher Ed students hand delivered greeting cards to generous caregivers who support patients at the Bismarck Cancer Center. The cards were designed by students at Theodore Jamerson Elementary School.

'Thank You' to all who participated, including TJES teachers and students and TJES Counselor Kim Freidt. Supplies were donated by The Printers. Dutch Mill Florist donated a beautiful bouquet as well!

Wednesdays **We Wear Pink**

During October, Teacher Ed students held a "Wednesdays We Wear Pink" campaign to raise awareness about Breast Cancer. They asked people to wear pink every Wednesday of the month and post a selfie on social media using #UTTCRELAYFORLIFE. At the end of the month, they created a list of selfie submissions and drew one winner, who was Angel Young of Bismarck, winning a gift bag of breast cancer awareness items.

Alumni Spotlight

Congratulations to Kara Four Bear, UTTC Class of 2012 Bachelor of Science Elementary Education. Four Bear (Cheyenne River) earned a Master's in Administration from Montana State University, Bozeman, in 2014 and is currently serving as Assistant Principal at Edwin Loe Elementary School, New Town, ND.

Parade Float

Public Instruction and KFYR-TV.



ON REWS By Alicia Hegland-Thorpe, United Tribes News

Graduate Spotlight

ongratulations to Alicia Cuny, Josh Standing Elk and Shanaye Packineau, UTTC Teacher Education Program grads, December 2015.

Alicia completed a student teaching internship at Victor Solheim Elementary School in Bismarck, ND, in Grade 5 with Vanessa Kemmer. Alicia plans to be a substitute teacher in the Bismarck Public School System for spring. She's applying for teaching positions for fall 2016.

Josh finished his student teaching internship at Dorothy Moses Elementary School in Bismarck Grade 3 with Vicki Rudolph. He now starts as a paraprofessional at Dorothy Moses School and will coach baseball at Legacy High School in March. He's applying for teaching positions with Bismarck Public Schools for fall 2016.

Shanaye completed a student teaching internship at White Shield School, White Shield, ND, with Jennifer Fox. She has been hired to teach Grade 4 in her hometown, Parshall, ND, and begins in January.

UTTC Student Professional Education Council

- Margaret Landin, President (Three Affiliated) Bismarck
- Stacy Kabatay, VP (Seine River First Nation) Ft. Frances, Ontario
- Demi Beautiful Bald Eagle, Sec/Tres. (Chevenne River) Dupree, SD
- Justyn Lawrence, PR Specialist (Cheyenne River) Eagle Butte, SD
- Dakota Eagle, Publicist, (Three Affiliated) Cannonball, ND
- Angela Tochek, Rep. (Standing Rock) Cannonball, ND
- Anthony Brown, Rep. (Ft. Peck) Poplar, MT
- Valerie Yazzie, Rep. (Navajo) Ganago, AZ

SPEC Members



Student Professional Education Council members, from top, first row: Stacy Kabatay, Dalsie Handboy, Tonia Rides Horse, Valerie Yazzie. Second row: Kilreen Reynolds, Dakota Eagle, Angela Tochek, Margaret Landin, Tabitha White Eagle and daughter Lexi. Third row: Anthony Brown, Valene Pretends Eagle, Leah Hamann, Demi Beautiful Bald Eagle.

Cannonball Carnival

Teacher Education pre-serteachers Dakota Eagle (Three Affiliated), Angela Tochek (Standing Rock), and Marlene Cook (Cheyenne River) tended the Cannonball (ND) Elementary School Carnival November 5. They assisted with various booths and provided children's books as prizes.



Cannonball Elementary School 6th grade teacher Sarah Halls and Angela Tochek painted faces during the school carnival in Cannonball. Kacey Isabell photo

Make a Difference, Become a Teacher

If you, or anyone you know, is interested in becoming an Elementary or Physical Education Teacher, more information is available at www.uttc.edu or on campus at the Education building. You may also contact Dr. Lisa Azure, Vice President of Academics/Teacher Education Department Chair, 701-255-3285 x 1407, lazure@uttc. edu, or Leah Hamann, Teacher Education Faculty/Director of Extended Learning, 701-255-3285 x 1380, lhamann@uttc.edu.

United Tribes Enrollment Services now in new location



ON THE MOVE: Jerome Addison of UTTC's Maintenance Dept. does the heavy lifting October 23 as Registrar Charles Gitter recognizes a box of his office equipment during a pre-planned series of office relocations on campus. Following major renovations, The Jack Barden Center (JBC) became a one-stop location for student services.

The Enrollment Services Dept. now occupies the JBC upper-level along with other offices in the division of Student Services, including that of VP Kathy Johnson. A student computer lab, formerly located in the upper JBC, opened November 2 in the building's lower level, serving from 8 a.m. to 8 p.m. weekdays. The main access for student services is now through the

south facing JBC entrance only. Opening of the student union, in the JBC lower level, is planned for early in 2016 during spring semester.

At rear, from left, registrar employees Angel Young and Aja Baker, and maintenance crew leader Bernard Strikes Enemy.

STUDENT BLOGGERS WANTED!

As part of our growing online presence, Tribal College Journal will feature a bi-monthly student blogs beginning in January 2016.

All students currently enrolled at a tribal college or university are invited to apply to author a blog.

TCJ student bloggers will receive a monthly stipend of \$100 (\$50 per blog entry).

Interested students can apply at: http://www.tcjstudent.org/blog-application/.

Your application and a 500-word, blog-entry writing sample must be submitted by January 15, 2016.

TCJ will review applications and select a blogger by January 31.

More Info: Bradley Shreve, editor@tribalcollegejournal.org.

CENTER FOR ACADEMIC & PERSONAL COUNSELING

LEWIS GOODHOUSE WELLNESS CENTER Monday - Friday 8:00 a.m. to 5:00 p.m.

Offering Noon Hour Coverage Appointments Encouraged...

Walk-Ins Welcomed!

In case of an after-hour emergency: Contact UTTC Security Department (701) 255-3285 ext. 1700/1300 An on-call staff member will be contacted

MISSION STATEMENT:

The CA&PC is committed to the UTTC student by providing professional and cultural development services to enhance life-long learning, personal growth and educational success.

VISION STATEMENT:

A holistic, healthy student is the center of our vision. This includes social, mental, physical and spiritual growth in support the UTTC student in an increasingly changing environment of learning.

VALUES:

We will provide standards of ethical conduct to protect the well-being of our students. We value the quality of student life and are committed to honor and respect all Native Americans and their cultures. We express our values through listening, confidentiality, trust, honesty, competence, integrity, courtesy, and serving our students with care and professionalism at all times.

SERVICES:

The Center for Academic & Personal Counseling offers a variety of services. Such services are held in the strictest of confidentiality. The services include, but are not limited to:

- Supportive Academic & Personal counseling (Individual, family, group)
- Assisting in the transition to UTTC Community life
- Supportive Counseling Consultation services
- Referral services
- Mediation services
- · Intervention services
- Campus Wellness & Educational activities

STAFF

Christina Colon, BS, LSW......Ext 1456 Small Business Management • Tribal Management • Business Administration Business & Office Technology • Art/Art Marketing Distance Learning (Rapid City) • Medical Coding

Outfits make for entertaining event



POWWOW FUN: Do you recognize the dance step? It's the powwow round-dance, an intertribal standard that everyone can take-part in at the powwow. But, what on earth, or in the universe, are those outfits? And the critters they represent? It can only happen as part of the fun around Halloween. The Horse and The Alien were two of the many creative and fun get-ups displayed October 30 during the United Tribes Masquerade Powwow. Youngsters and adults from the campus and the local community took part, dancing in masked-anonymity to the beat of powwow songs and competing for prizes. It was the 10th annual event of its kind at UTTC, held in the college gymnasium. DENNIS J. NEUMANN ◆ *United Tribes News*

Scholarship awarded during Veteran's program at UTTC

BISMARCK (UTN) – The veteran's organization at United Tribes Technical College has honored an Army veteran, studying in the college's Criminal Justice program, with a student scholarship.

The award was made November 10 by UTTC's Freedom Defenders to Grace Lambert (Spirit Lake) during the college's observance of Veteran's Day.

Lambert served seven years in the Army, including tours in both Iraq and Afghanistan. She also served as a police officer on the Spirit Lake Nation and is now pursuing a Criminal Justice degree.

Lambert says she learned the seven Army values while serving in the military: Loyalty, Duty, Respect, Selfless Service, Honor, Integrity and Personal Courage.

"Honor is defined as honesty, fairness or integrity in one's beliefs and action" she wrote in an essay required for the scholarship application. "It was my honor to serve as a soldier in the United States Army. It gives you a sense of pride and accomplishment."

Lambert says that she believes most students eligible for higher education don't pursue it because of the lack of funding and they don't understand how to get around it.



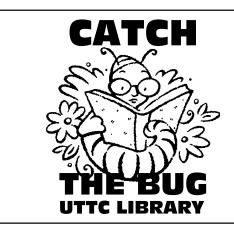
Grace Lambert received the Freedom Defenders scholarship from UTTC President Russ McDonald, also an Army Veteran, during a Veteran's Day program at the college.

"But for me, it helped to join the military, not only for my finances but because of the discipline," she said. "Many don't leave the reservation or don't want to and think they're stuck there, but they're not."

Lambert is to receive an AAS in Criminal Justice in December. She is already accepted into the CJ bachelors program. Upon graduation she hopes to serve as a police officer again.

Featured speaker for the Veteran's Day program was Manaja Hill, Standing Rock's veteran's services officer. Other speakers were Donovan Lambert, UTTC's director of admission and recruitment, Cultural Advisor Russell Gillette, and UTTC President Leander 'Russ' McDonald.

Freedom Defenders is a campus-based organization that honors and supports students and staff who "bravely serve or have served to defend the freedom of every citizen." More info: Donovan Lambert, 701-221-1741, dlambert@uttc.edu.



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Christmas raffle a campus family benefit

Story and Photo by Alicia Hegland-Thorpe, United Tribes News

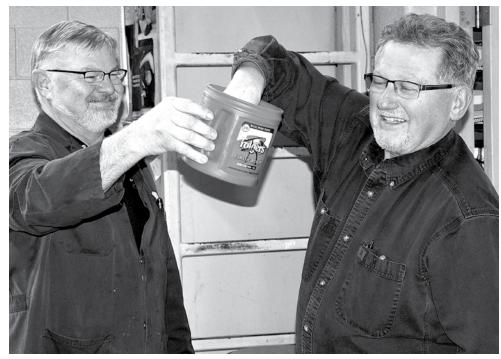
Pringing Christmas cheer to a very special family on campus and to seven, lucky raffle winners, the Automotive Technology program held its annual Christmas raffle.

Seven winners were drawn December 11 to receive free oil changes, brake inspections, coolant flushes and tire rotations. The money raised goes to a family in need on campus.

Congratulations to Erik Cutler winning three prizes, oil change, coolant flush and tire rotation and balance; Lisa Cantlon, an oil change; Melissa Buffalo, a coolant flush; Kyle Mandan, rotate and balance; and to Tony Lohnes, a brake job valued at \$100.

Thank you the students and staff of Automotive Technology for bringing Christmas cheer and making seven winners happy, and for giving the raffle proceeds to a very special family on campus.

Merry Christmas!



Welding Instructor Bob Leingang lends an impartial hand to Auto Tech Director/Instructor Dale Pletan to choose raffle winners.

Campus visit explores common interests



ESSENTIAL QUESTION: Mark Hagerott makes a point during a discussion with members of the United Tribes staff at the tribal college in Bismarck. The new chancellor of the North Dakota University System visited the campus October 30 to explore common interests in higher education. Hagerott shared ideas and received briefings about the campus and its history and the college's student-focused services. He said he was very interested in the example of tribal communities, where Native identity has not been erased through assimilation. He referred to identity as an essential question of our time. "Selfidentity is an important factor, a key factor," he said. "Where are we at? Who are we, without our culture?" Hagerott's culture is rooted in western North Dakota's settlement period at a homestead in the vicinity of Crown Butte Lake in Morton County.

SKYE'S HORIZONS: Revisited

The First National Native American Sobriety Workshop

By Harriett Skye (Standing Rock), UTTC Vice President Emeritus

In my writing about "Tiny Bud" Jamerson many memories came flooding back of a man who did so much for so many in his life on this earth. He was always thinking about others and how he could make things better for all of us, and I believe that's why he and my father were friends.

My father worked daily with tribal members and knew what life was like on the reservation in the 1950s and '60s. As a BIA land officer, he saw the growing threat of land fractionation and what it meant to a family when there was a death without a will. As a little girl, I would go with him when he met and talked with people; I sat in the car as he made the wills. I walked with him as he looked for boundary and marker-stakes out on the land, and sat with him as he negotiated leases with lessee and lesser.

FIRST WORKSHOP

Both he and Tiny Bud had a quality of unselfishness that led them to pursue vital concerns that would benefit the People. Education was certainly among them but above all else, in my father's case, was sobriety.

In 1969 the two of them wrote a proposal to the National Institute of Alcohol and Alcohol Abuse to convene a conference about sobriety for American Indians. Their \$25,000 grant was funded and administered through the Association on American Indian Affairs, headquartered in New York City. That's how the first "National Indian Workshop on Alcohol and Drug Abuse" came into being.

ONLY NATIVE VOICES

12

A list of good People from all over joinedin to serve on a steering committee to organize and conduct the event. Members included Dr. Beatrice Medicine, Standing Rock; Bert Eder, Fort Peck; Mark Small, Northern Cheyenne; Dennis Banks, Ojibway; Patricia Locke, Red Lake/Standing Rock; Esther Naghanub, White Earth Ojibway; Harry Bilagody, Navajo; and me Harriett Skye. As the planning evolved, committee members often returned to the idea of emphasizing the Native perspective. On any subject, both good and bad, many things had been written about Native People but very little of it was from us, from our point-of-view. It was clear also that Native voices had long been missing from the sobriety movement. With that in mind, the committee took a bold and decisive policy step. The only people to be heard at this conference would be Native People.

After two meetings with Tiny Bud and other tribal leaders, it was decided to hold the workshop in Denver, Colorado on January 29-31, 1970. The steering committee appointed me as the coordinator and, on November 1, 1969, I moved to Denver with my daughter. Letters went out to reservation and urban organizations listing the agenda and inviting them to attend. We blocked 300 rooms at the New Albany Hotel and arranged for the Lakota Holy Man, Fools Crow, to be our spiritual advisor.

As January 29 approached, it was obvious to me that registration would exceed the 200-to-300 we initially expected. Preregistration soared to over 700. The director of Indian Health sent all of his service unit directors. A doctor from Los Angeles planned to attend with several Native People who he said were alcoholics and had been taught to become social drinkers. He wanted to tell about his great success but I informed him of our policy to hear from Native voices only. Others registered, including the American Indian Movement, under the auspices of Dennis Banks, and several administrators from the Inglewood, Colorado Federal facility.

Ultimately, well over 1,200 people attended the conference. They came from tribes, urban organizations and the BIA. And they listened. During talks and discussions, patterns of Native sobriety began to emerge and issues were identified.

Bill IM from Sisseton/Wahpeton graciously accepted the role of keynote speaker and told an incredible story. His vision brilliantly set a tone for the coming years in how tribes and Indian organizations would relate to the challenges of alcohol and drugs.

The insight, hon-



Harriett Skye

esty, and most of all, the concern of participants was awe-inspiring. Particularly dramatic were the stories after the sessions, at our dinner tables, and at coffee breaks. And all the while, Fools Crow sat among us readily available with his blessings.

SPREADING THE WORD

When the conference ended, the entire steering committee flew to Washington, D.C. to lobby Congress. We pushed for more money because we learned at the conference about the desperate need for more facilities and people in the field of alcohol and drug counseling. Detox centers were needed in urban areas and on reservations, managed and staffed by sober Native people with the proper funding.

From there we went about spreading the word and gaining tribal support and the Northwest tribes were first. Earl Old Person, Chairman of the Blackfeet Tribe, gave his unquestioned endorsement at meeting in Spokane, Washington.

The concerns addressed, the battles fought, and the problem-solving of 50 years ago might sound "old-school" as we enter 2016, particularly since we are confronted with new challenges like meth, heroin and other mind-altering drugs. But it's instructive to acknowledge that the common thread in our Native society is the spoken word. With that, in its old and new forms, all kinds of planning, progress and success is possible for committed and unselfish People.

Retired educator Harriett Skye founded and directed the United Tribes Office of Public Information; edited "United Tribes News" and wrote the column: "Skye's Horizons." Sha also served as the college's Vice President of Intertribal Programs. Her father, Douglas Skye, was Standing Rock Chairman, 1969-70. Theodore "Tiny Bud" Jamerson was Standing Rock Chairman 1958-59. He organized the United Tribes of North Dakota Development Corporation and was the leading founder of United Tribes Employment Training Center, now United Tribes Technical College.

Red Ribbon guest with 'blue ribbon' appeal



FRONT AND CENTER: The United Tribes observance of Red Ribbon Week featured an appearance by a popular Native hip-hop musician and performer. Christian Parish-Takes the Gun, aka "Supaman," (center) was the guest presenter October 27 on campus where he spoke to youngsters at Theodore Jamerson Elementary School and participated in a sobriety walk. The influential Supaman, known throughout Indian Country, blends traditional Native music and dance with Christian themes and hip-hop-style beats and lyrics. Takes the Gun is from the Crow Nation,

in southeastern Montana, where he's been honing his craft for 15 years. He believes young Natives identify with hip-hop culture because of the struggle it depicts and the "crazy stuff" that happens both in the ghetto and on the rez. With Supaman, from left: Chemical Health Center Intake/ Activities Coordinator Donna Belgarde, Community Wellness Services Administrative Assistant Lora Grey Bear, Supaman, Strengthening Lifestyles Director John Keller, and Residential Life Administrative Assistant Tonja Morris.

Check out Supaman's extremely popular music video, "Why," featuring his friend, eight-time world jingle dress champion Acosia Red Elk, at this link: http://www.powwows.com/2015/09/08/stunning-new-supaman-video-why-feat-acosia-red-elk/



Friday, April 8, 2016 • Belle Mehus Auditorium; Bismarck, ND

Registration is open for high school and college students and teachers to attend the fifth annual Dakota Digital Film Festival (DDFF) Day Session.

Free for students and their teachers if pre-registered through their school by February 19.

DDFF DAY SESSION: 9 a.m. - 2:45 p.m.

Media Production Workshops • Student Film Screenings • Discussions/Critiques

DDFF EVENING SESSION: 7 p.m.

Screenings of award-winning shorts • Open to public; nominal ticket price

More Info: http://www.dakotamediaaccess.org/, 701-258-8767, ddff@freetv.org



STAFF NEWS



Feeling the Love

Tim Thomas received a room full of holiday warmth and encouragement December 17 during the United Tribes Holiday Staff party. Seen here seated at center with other "Years of Service" awardees, Tim received a standing ovation as a measure of the affection in which he is held by the campus community. A stroke in early September left him partially paralyzed, ending five years of service to UTTC as a well-liked member of the maintenance professional staff and friend to all.

With the help of his wife **Bernice** and his family, along with a measure of financial support from friends and colleagues, Tim is making a determined recovery. His faith, positive attitude and sense of humor has strengthened him through a long series of treatments and physical therapy. Follow his progress at Caringbridge.org.

Others pictured who received recognition for "Years of Service," standing from left: Bud Anderson and Ron Newman, 40 years; Charlene Weis, 30 years; Sarah Massey and Vicki Stevens, 10 years; Scott Graeber, Jenny Iverson and Lisa Cantlon; 5 years; Karlita Knight, 15 years; Derek Schulte, 10 years. Front, from left, Brenda Rhone, 20 years; Tim; and Evelyn Orth, 15 years. Others not pictured: Vivian Hurkes, Dennis Lowman and Monte Schaff, 5 years; Anita Charging, 10 years; Juanita Reiner and Darcie Blue Earth, 15 years; and Debbie Painte, 20 years.

Look of a Leader

UTTC **President Leander "Russ" McDonald** was honored as part of a photo exhibit by his alma mater in Grand Forks. The University of North Dakota included a photo of McDonald in the exhibit "American Indian Leaders in Higher Education," premiered November 18 in the UND Memorial Union.



The exhibit features portraits of five current tribal college presidents who are UND grads: Twyla Baker-Demaray, Nueta Hidatsa Sahnish College; S. Verna Fowler, College of Menominee Nation; Cynthia

Lindquist, Cankdeska Cikana Community College; **McDonald** of UTTC; and **Laurel Vermillion**, Sitting Bull College.

UND says the photos are a permanent exhibition, "recognizing the exceptional achievements and contributions of individual American Indian alumni who have served as tribal college presidents. They are recognized as community leaders based on their commitment to higher education and life-long learning, their visionary contributions to tribal college development and growth, and their dedication to preserving and promoting American Indian cultures."

New HR Director

Rae Gunn is the new Human Resources Director at United Tribes Technical College. She began November 30, guiding the college's Human Resource Department. She's been with UTTC since 2012 in various capacities, including directing the TCC DeMaND



Workforce Program, a \$18.9 million Trade Assistance Act project involving four TCUs in North Dakota and Montana. Rae earned a Bachelor of Science degree from Dickinson State University and an MBA through the Gary Tharaldson School of Business at University of Mary. She is married to Fred and they have three children: Amira 19, Gage 14 and Garrett 13.

New Wellness Center Director



Congratulations and welcome to **Stephanie Isaak**, the new United Tribes Director of Community Wellness Services in the college's Lewis Goodhouse Wellness Center. Stephanie has over

11 years of experience working with Native youth and families primarily at Standing Rock. Most recently she directed the tribe's Child Protection Services. She coordinated the SRST Circle of Care planning grant and managed the tribe's Health/Mental Health/Nutrition services for Head Start. Prior to working with the tribe she worked at the Prairie Learning Center and also was an academic counselor for Sitting Bull College for three years.

Stephanie has a M.S. in Counseling, a B.S. in Psychology, a minor in Indian Studies, and is DD certified through Minot State. She was also a speaker in a webinar titled "Strategies for Successful Interagency Collaboration." Please stop by the Wellness Center and introduce yourself or contact her x1777.

New Chemical Health Center Director

Congratulations and welcome to **Anita Monek**, the new Chemical Health Center Director at United Tribes. Anita is a profession-

al with 20 years of experience in the addiction field. She earned a B.A. and B.S. in Psychology from the University of North Dakota and a M.A. in Community Agency

January/February/March

Counseling with an emphasis in addiction. She worked at the North Dakota State Hospital for 19 years and during that time completed an M.B.A. at the University of Mary.

Anita is involved in Toastmasters International and has been a district officer since 2014. With that position she has had the opportunity to travel to Malaysia, Las Vegas and other cities as a part of her duties. She also continues to be involved in teaching DUI seminars and working with domestic violence. She spends her spare time with her grandson and quilts.



Anita's office is located in the Lewis Goodhouse Wellness Center.

Circling-Back

Please welcome back to the campus community a former staffer, **Alicia Hegland**-

Thorpe. She's the new media specialist in the Office of Public Information (OPI). She circled-back to UTTC having working here in 2013 in the college's Enrollment Services Dept.

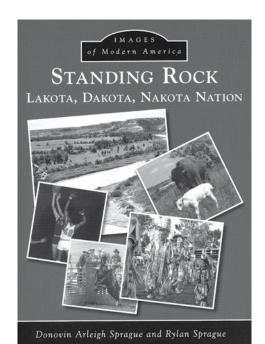
Alicia earned a bachelor's degree in broadcasting from Minot State University. She anchored and produced TV newscasts in Minot, was a radio personality on the air at stations in Williston and Grand Forks and worked in the media in Bismarck. She's also an entrepreneur in the travel business and has lived in the Bismarck area for 10 years.

Alicia is enrolled with the Spirit Lake Oyate in Fort Totten. She and her husband **Dean** have a four-year-old boy named **Connor**.

Alicia's media talent and skills are producing results in marketing and promoting the college. Her office is in the new OPI location in building 6, the former registrar's office. Contact her at x1387, ahegland@uttc.edu.

Photos from the 'Rock'

Photos of several current and past United Tribes employees grace the pages of a new book by historian/scholar **Donovin A. Sprague** (Cheyenne River) and his son **Rylan Sprague**. "Standing Rock–Lakota, Dakota, Nakota Nation" was released Nov. 2 by Arcadia Publishing. Unlike his previous photo book about Standing Rock, and several others about tribes in the Dakotas and Oklahoma, this one contains modern, color images of places and people on 'The Rock.' Those from the United Tribes campus community who are pictured include **David M. Gipp**, UTTC President Emeritus; **Scott Davis**, ND



Indian Affairs Commission director and former UTTC Development Director; Dakota Goodhouse, UTTC Native Studies Instructor; Dave Archambault II, Standing Rock Chairman and former UTTC DeMaND Program Director; Harriett Skye, UTTC Vice President Emeritus; Sharon Two Bears, former UTTC Board member; the late Theodore "Tiny Bud" Jamerson, former United Tribes Executive Director; Charles W. Murphy, former Standing Rock Chairman and former UTTC Board member; Joanie M. Ramey-Neumann, UTTC graduate and former UTTC Nurse; Cheryl Kary, Sacred Pipe Resource Center Director and former UTTC Research Director; the late Melvin White Eagle, former Standing Rock Chairman and former UTTC Board member; Wallace "Butch" Thunderhawk Jr., UTTC Instructor Emeritus in the Arts; and Phil Baird of the ND Cowboy Hall of Fame and former UTTC Interim President and Vice President of Academic, Career & Technical Education. Donovin Sprague lives in Rapid City and teaches American Indian Studies at Black Hills State University. The book is available at local book stores and online.

Music Awards

The clock is ticking! You have until January 15 to cast an electronic ballot for winners of the 2016 North Dakota Music Awards. Here's the link: https://www.sur-veymonkey.com/r/BC5NYTR.

While you're there, you'll notice that a young, Native singer/song writer is among the contestants. **Mercedes Gourneau** is

nominated in four categories. (She's the daughter of **Bill** and **Linda Gourneau** and a former TJES student.) Yes indeed you may help by voting for Mercedes in the following categories: #9 (native band/group), #12 (female vocalist), #19 (best video, "darkness"), and #20 (best song, "darkness"). Winners announced February 13 during the second North Dakota Music Awards event at the Belle Mehus in Bismarck. Thank you from the proud parents!

Transition to Teaching

Congratulations to **Dr. Angelique Gillis** who enters the new spring semester as a member of the college faculty. You may now call her "Professor Gillis" having become a Psychology Instructor. Dr. Gillis is Arikara and Turtle Mountain Chippewa. She earned a Ph.D. in clinical psychology from UND and formerly served as a Psychology Resident in the college's wellness center. Best wishes!

Go-To Guy

Please join me in welcoming **Todd Goodsell** to the Property and Supply Dept. Todd is the new Property Clerk and we're very glad to have him onboard. Todd is your go-to guy for all your office supply needs on campus. He handles them through the Property and Supply Store located in our offices in Building 51 on Sisseton Street in the east part of campus. Todd says he's excited to be here and that he looks forward to working with all departments and helping employees. Contact him for assistance: 701-221-1751 or x1751, tgoodsell@uttc.edu.

Conference Goers

Several members of the UTTC Student Services staff attended professional training at the largest conference of its kind in the country. Scott Skaro, Jazalyn Corley, Karissa Smith, and Lydale Yazzie attended the Federal Student Aid Training Conference Dec. 1-4, sponsored by the US Dept. of Education. Six-thousand other professionals attended, making it the largest training program in the US serving the financial aid community. The training was specifically for those at schools and educational institutions that receive Title IV funds. The free training, held in Las Vegas, NV, updated our team on federal regulations, new legislation, and other topics and best practices related to student financial aid.

Continued on page 24

Creativity on a cultural touchstone



DRUM LINES: Carel Two Eagle paints a design of her own creation on the hide surface of a hand-drum at United Tribes Technical College while attending a series of workshops devoted to Native American Hand-Drums. Participants learned the history and uses while making one of their own. Travis Hardin (right) taught the sessions in Sept. and Oct. by demonstrating, guiding and lecturing, along with playing the hand-drum and singing songs in Lakota. The series was presented free-of-charge to students, staff and the community and CEU's were offered. It was made possible with a grant from the American Indian College Fund and the National Endowment for the Humanities. For more information about future cultural events contact Andrew Rendon, 221-1430 or arendon@uttc.edu.



SAFETY-SECURITY NEWS

By Joely Heavy Runner, Safety & Security Director

UTTC Annual Security Report

The United Tribes Technical College (UTTC) annual Security Report is available for review.

The report is published by UTTC in compliance with the Jeanne Clery Disclosure of Campus Security Policy and Campus Crime Statistics Act. It is available electronically as a download on the UTTC website: www.uttc.edu. A hard copy is also available at the Safety-Security Offices in building 63.

Please call or e-mail with any questions: 701-221-1300, Jheavyrunner@uttc.edu.

Traffic Safety on Campus

Every day, motorists, including buses, construction vehicles and vendor trucks operate on the UTTC campus. At the same

time, bicycles, pedestrians and youngsters converge on campus daily for class, work and visits.

Recently, we've seen increased traffic concerns, including speeding, running stop signs, and parking in 'no parking' areas.

Being aware of your rights and responsibilities as a student, staff or faculty person is particularly important. Please be considerate of other motorists and other people on campus.

During certain morning and afternoon hours we have young people walking to the elementary school and it's not uncommon for a youngster to dart-out between parked cars.

Arriving on time is important but speeding on campus to get to work or class is not the solution; it's a hazard.

UTTC Campus Vehicle Regulations

- Drive at safe speeds (Speed Limit 15 mph)
- Wear your seatbelt! (It's the law)

- Yield the right-of-way to pedestrians in the crosswalk
- Stop at posted 'Stop' signs and Yield at posted 'Yield' signs
- Be alert for people acting unpredictably and crossing at non-crosswalk locations
- Pay particular attention when approaching buses unloading passengers
- When traveling in hours of darkness, a head and tail light are required by law
- Do not wear headphones, even if the device is inactive or used in compliance with the law; headphones block sound and increase the risk of missing an important sensory indicator of danger.
- Do not park in areas where it is clearly posted 'No Parking'
- Slow down, obey the speed limit (15mph)

Please slow down on campus and obey traffic laws. Security does and will issue citations but would rather have your traffic safety cooperation. Thank you!

Joely Heavy Runner, Safety & Security Director | Office/Direct Line: (701) 221-1300 | Cell: (701) 595-2963 | Email: Jheavyrunner@uttc.edu

Raising awareness about domestic violence



RALLY TOGETHER: United Tribes students and their family members, along with staff and faculty turned out October 22 to observe Domestic Violence Awareness month. Participants gathered at the college's wellness center and marched in solidarity around the college campus clad in purple Ts with the ribbon logo and carrying a

banner with a powerful visual message. The event helped raise awareness about campus programs targeted at preventing domestic violence. For more information and help, please contact Kasey Starr, UTTC Domestic Violence Advocate, kstarr@uttc.edu, 701-255-3285 x 1372. DENNIS J. NEUMANN ◆ United Tribes News

Sign Up for ENS Today!

Emergency Notification System

The general safety and welfare of students, staff, faculty and visitors is the top priority of United Tribes Technical College (UTTC). During an actual emergency UTTC will be able to contact students, employees, and parents.

The ENS is designed to send emergency messages to enrolled campus members (students, staff, faculty & parents with children enrolled in TJES) via cellular (text) messages, telephone and/or e-mail, along with phone calls, when circumstances dictate. In the event of an actual emergency you will receive a message that briefly explains what has happened; at that time go to http://www.uttc.edu for updates & more information of what to do.

With our ENS system, to ensure it is operating properly & that the message is getting out, we test it on a monthly basis; the last Friday of every month. For whatever mode(s) of communication that you register for you will receive these test messages, all other messages will be emergency notifications.

To register go to: http://www.uttc.edu/ens/

On the right side of the pagego to "quick links" and click on "Sign Up Now".

Scoping-out the options at career fair



JOB POSSIBILITIES: At left, Cynthia Henriquez (Standing Rock) and Portia Bird Chief (Crow Agency) shared a light moment October 21 during the United Tribes Career Fair. The two were visiting with a representative of the Transportation Security Administration (TSA), an agency of federal government created in September 2001 to prevent airline attacks like those on 9-11. Good pay and benefits and the possibility for transferring sounded attractive to Bird Chief, a student in UTTC's Criminal Justice program. The event was held in the UTTC gym, organized by the college's Career Development staff. DENNIS J. NEUMANN ◆ United Tribes News

Bullying—Just a Schoolyard Problem? Think Again!

BISMARCK (UTN) – When United Tribes Technical College (UTTC) focused attention on bullying-prevention in early October, it caught the attention of North Dakota Compass (http://www.ndcom-pass.org/). The online project that uses the slogan "Measuring Progress-Inspiring Action," focuses on social indicators in the state that measure progress and track trends on a range of quality-of-life topics, including children and youth. Bullying is monitored as a health-risk behavior among middle and high school students.

The UTTC events were attended by college staff and students and youngsters from the campus-based elementary school as a way to raise awareness about bullying and what can be done to cope with it. Featured was a former "American Idol" contestant, who was bullied as a youngster in her early teens.

"We say that bullying is the cause of bullying; it's contagious, don't catch it," said Devyn Rush, Hollywood-based singer/songwriter and recording artist. "It's an epidemic that could be stopped if you break the chain and don't pass it on."

As an ambassador for the non-profit group Hey U.G.L.Y. (Unique, Gifted, Lovable, You), her message and songs focused on empowering young people to be part of the solution to bullying, substance abuse and suicide.

According to ND Compass, a 2013 Youth Risk Behavior Survey found that 52 percent of middle school students have been bullied on school property in North Dakota. Those who had ever been electronically bullied was 28 percent.

In the News and Notes section of its November 2015 online edition, ND Compass defined the behavior and its characteristics, what it means for North Dakota, and the efforts underway to combat it, including the sessions held at UTTC.

The October 1-2 event at UTTC, titled "Stop Bullying and Youth Suicide," was part of the Diversity University Series sponsored by the Bismarck Human Relations Committee, Bismarck State College, United Tribes Technical College, and University of Mary.

Compass talked with conference coordinator Lynette Schaff, BSN, former UTTC Student Health Center director, who provid-

ed insight into anti-bullying measures taken at one North Dakota educational facility.

Lynette Schaff directed the Student Health Center in UTTC's Lewis Goodhouse Wellness Center on the campus in Bismarck. She joined UTTC four years ago. She has been a nurse for 24 years and along with her husband, Monte, raise three children, Kylie-15, Amy-14, and Everett-10. Lynette loves being a mother and a nurse; she has witnessed bullying both directly and indirectly and has seen how bullying impacts people throughout the community. She understands how the stress of bullying can negatively affect our health. She believes that the more people get involved to prevent bullying, the better and healthier the community will be.

ND COMPASS:

How did the bullying prevention conference event go?

LS: Overall we had a good turnout. It was open to the community and many people came. Our speaker was Devyn Rush, a singer-songwriter who was on the TV program "American Idol." She represents the national bullying prevention organization "Hey



UTTC's Theodore Jamerson Elementary School students greeting Devyn Rush with signs and a music program.



Devyn Rush, speaker at UTTC's bullying prevention events October 1-2.

U.G.L.Y." She was fabulous and an amazing speaker. She reinforced some of what we know about bullying. For example, that many surveys have been conducted and a great deal of data has been collected on the topic of why people bully. The top two reasons that came back on every survey are always the same: Either 1) the person has been bullied before, at school, at home, or somewhere else, and then has turned around and repeated that behavior, or 2) the person is jealous and thinks that someone has more or is better than he or she is.

Is bullying an issue at UTTC?

LS: I think bullying is an issue everywhere. Here at United Tribes we have a diverse community. We have a wide range of age groups. We have pre-school, daycare, kindergarten through eighth grade school, in addition to our college students. We have a large Native population that comes from various geographic areas, in addition to non-Natives, people from other countries, and people from the LGBT (Lesbian, Gay, Bisexual and Transgendered) community. The culture

is so diverse that the potential for bullying is something we pay attention to. Our outlook is that people who bully have experienced bullying at some point in their life and they tend to carry it with them. This is why we are working to raise awareness that the behavior is unacceptable, that we will address it when it occurs, and that we can do certain things to help those are associated with it.

What are some of the things you specifically do to combat bullying?

LS: United Tribes places a strong emphasis on leadership. We have speakers come in regularly, usually when classes start, to talk about healthy versus unhealthy leadership and relationships. We focus on improving leadership as a whole and avoiding negative behaviors and tactics in our relationships with others. Leadership is something discussed a lot. We are surrounded by good people and our goal is to bring out the best in our staff and students, so they can be the good leaders we know they are.

Bullying prevention is regularly covered by teachers in the younger grades and speakers visit there too. In addition, we send out follow-ups and reminders. One of the benefits of having speakers is that they reinforce using resources like helplines, where you can leave anonymous tips if you have been bullied or witness bullying. Sharing resources and information is an effort to try to make people mindful of how to safely combat bullying without becoming attacked again.

We also have a retention coordinator on campus. In addition to making sure we retain students, she is instrumental at working with bullying and providing support. We try to educate, give alternatives, and get people to think about things in a completely different way -- "put yourself in their shoes" type of mentality. When thinking about bullies, we see them as these horrible, mean people, but many of them are not. Many have stories, which make you have compassion for them instead. This changes the dynamic of the situation. Hurt people hurt people.

From your perspective, what would be of most help in bullying prevention?

LS: Get involved! Many people don't realize that bullying is happening all around us. Bullying isn't just in schools. It's thriving throughout the community. Bullying is a topic people don't like to talk about. I think some people think if it doesn't affect them directly and it isn't important. But it's so very important! If it doesn't affect you directly, it affects somebody close to you. It impacts so many people. Bullying isn't exclusive to schools and school-aged youth. What people have a hard time realizing is that bullying carries on throughout life. As adults, the workplace can still host a variety of bullying or harassment issues.

As more people become aware, get involved and participate in the conversation, the increased awareness can lead to the development of policies, programs and training that combat this devastating issue-bullying. Remember this is a community issue. We need more than the city and the schools involved, we need everybody in the community to get on board. Bullying and its consequences impact countless people in one way, shape, or form. Bullying is really a community issue and needs to be put to a stop! Join the movement!

Fall Graduates... Continued from page 1

Quoting the US Census bureau, Mabin said only 40 percent of the population attains an associate or bachelor's degree. And that's even smaller for American Indians, around 10-to-15 percent. "This means that all of you are among a very select group of people, deserving of much praise and admiration."



Mike Mabin

Mabin, an enrolled member of the Turtle Mountain Band of Chippewa, told several inspiring stories of perseverance from his own life, including one about nearly drowning as a youngster and being saved by a cousin.

"As a result, I learned very early on that every day is precious," he explained. "Chances are good that many of you have been saved in dif-



Mark Fox

20

ferent ways, or rescued. We need to realize we're not alone in this world and there are others out there who are on our side. We need to surround ourselves with those peo-



ple who will encourage us and support us in this journey. Because we all need love and support from others to flourish and reach our full potential."

PRESIDENT'S MESSAGE



Russ McDonald

Fall Graduation provided an opportunity for the college president to pass along welcome news about the college's federal appropriation for FY 2016.

"We understand we will receive a small funding increase for this fiscal year," said UTTC President Russ McDonald in a welcome talk.

According to McDonald, the Omnibus Spending Bill in Congress contains funding for both UTTC and Navajo Technical College. A small increase will be seen in the Carl Perkins Vocational Technical funding for UTTC.

Even better news, he told the commencement audience, was the inclusion of resources to provide "forward-funding" of the college's appropriation from the Bureau of Indian Education. UTTC and several other TCU's have lacked the security of forward-funding, complicating each college's finance model.





"The bill contains an additional \$5.1 million to forward-fund United Tribes Technical College," he said. "This is exceptionally good news for us. We've always had to cover that money in the event a budget wasn't passed by Congress."

This will help UTTC be a stronger institution, with the ability to move forward on infrastructure and budgeting, he said.

McDonald, who became UTTC President in October 2014, also reported on recent campus changes. Student services have been centralized on the upper level of the Jack Barden Student Life and Technology Center and the student union is undergoing a renovation. As a result he said campus social life will benefit and have a positive effect on student retention. And the college's purchase of a new mobile application will improve communication about campus events among students, faculty and the administration.

NEW TERM IN JANUARY

The Wise Spirit Singers provided Flag and Honor songs for the event. The UTTC Color Guard presented and retired the Staff and Flags. Dr. Brian Palecek provided the invocation and benediction. A meal was hosted for grads, family members and friends in the college's cafeteria.

Fall Graduation completed the semester and marked the beginning of a holiday break. Spring Semester 2016 begins with student orientation January 6, followed by the start of classes on January 11.



United Tribes Technical College Fall 2015 Friday, December 18, 2015

Class of Graduates

AUTOMOTIVE TECHNOLOGY - ASSOCIATE OF APPLIED SCIENCE

♦ Isaac A. Two Lance Oglala Sioux Tribe Oglala, SD

BUSINESS ADMINISTRATION - ASSOCIATE OF APPLIED SCIENCE

♦ Erik K. Betone Chevenne River Sioux Tribe Eagle Butte, SD

BUSINESS MANAGEMENT - ASSOCIATE OF APPLIED SCIENCE

♦ Leslie M. Mountain Bismarck, ND Standing Rock Sioux Tribe

BUSINESS OFFICE TECHNOLOGY - ASSOCIATE OF APPLIED SCIENCE

♦ Stella M. Wilson Sisseston-Wahpeton Oyaté Bismarck, ND

Information Processing Specialist

Standing Rock Sioux Tribe Cannonball, ND ♦ Kelsey L. Hunte"

Administrative Office

Mandan/Hidatsa/Arikara Nation ♦ Talana Hale New Town, ND

CRIMINAL JUSTICE - BACHELORS OF SCIENCE

◆ Raine M. Betone" Cheyenne River Sioux Tribe Eagle Butte, SD

CRIMINAL JUSTICE - ASSOCIATE OF APPLIED SCIENCE

Spirit Lake Sioux Tribe ♦ Grace M. Lambert" Bismarck, ND ♦ Hannah A. Moves Camp Oglala Sioux Tribe Oglala, SD Fort Yates, ND ♦ Jera L. Silk Standing Rock Sioux Tribe

♦ Brittany N. Whitebird" Standing Rock Sioux Tribe New Underwood, SD

ELEMENTARY EDUCATION - BACHELORS OF SCIENCE

Bismarck, ND ♦ Alicia Cuny Oglala Sioux Tribe Mandan/Hidatsa/Arikara Nation Parshall, ND ♦ Shanaye Packineau ♦ Joshua L. Standing Elk Mandan/Hidatsa/Arikara Nation Bismarck, ND

ELEMENTARY EDUCATION - ASSOCIATE OF APPLIED SCIENCE

◆ Laura N. Buchmann" Tsalagiyi Nvdagi (Texas Cherokee) Beulah, ND ♦ Monique L. Gladue" Turtle Mountain Band of Chippewa Bismarck, ND

HEAVY EQUIPMENT OPERATOR - CERTIFICATE

♦ Wallace C. Daugherty Pine Ridge, SD Oglala Sioux Tribe ♦ Justice E. Johnson" Bismarck, ND Mandan/Hidatsa/Arikara Nation

◆ Patrick T. Johnson" Mandan, ND

♦ Kayla L. Wiest Standing Rock Sioux Tribe Mobridge, SD

TRIBAL MANAGEMENT - ASSOCIATE OF APPLIED SCIENCE

♦ Toni R. Slockish Rosebud Sioux Tribe Rapid City, SD

"Honor Student



UTTC Fall Social Event

By Alicia Hegland-Thorpe, United Tribes News

he UTTC Student Government Association hosted a sobriety dance and fall social on November 21 at the James Henry gym. The event started with opening words and a song from United Tribes Technical College President Leander McDonald. Featured speaker was former UTTC Athletic Director Kevin Finley, who also coached the Mandaree Warriors boys' basketball team. Finley now serves as Three Affiliated Tribes Fitness and Recreation director in New Town.



Kyle Mandan

Student Government Vice President Kyle Mandan says 30-50 students attended. Most were from other campuses, such as Fort Berthold Community College, University of Mary, Bismarck State College and Sitting Bull College. "It was a great turnout, but I'd like to see more United Tribes students involved. These events are about them,

their well-being and student empowerment." To show his appreciation for their time and effort, Kyle gathered and presented gifts of tobacco and star quilts for

President McDonald, Coach Finley and the DJs. "I was

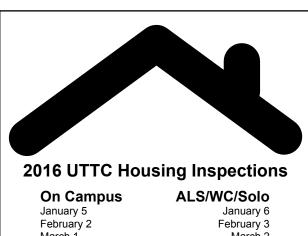


From left, UTTC Fall Social DJ Les Yellow Wolf and Kevin Finley. Submitted photo

taught by my grandparents that if you do things, you call on your people, whether they are Native or non-Native. And whoever you get, you've got to show your appreciation." He feels it's his duty as a leader to give back.

The Fall Social and Sobriety dance

was held as part of "Proud to be Indigenous" week, sponsored by these college departments: Chemical Health Center, Retention, Wellness Center, and Residential Life. Student government hopes to bring more 'celebrating sobriety' events like this to campus.



March 1 March 2 April 5 April 6 May 3 May 4 June 7 June 8 July 5 July 6 August 2 August 3 September 6 September 7 October 4 October 5 November 1 November 2 December 6 December 7

Starting Time: 9 a.m.

UTTC housing inspections are typically scheduled for the first week of each month on a Tuesday or Wednesday.

More information: Tonja Morris, Residential Life Administrative Assistant, 701-221-1325, tmorris@uttc.edu.



10:00 AM - 2:00 PM

SAVE THE DATES!

NOVEMBER 14

DECEMBER 19

JANUARY 23

FEBRUARY 20

MARCH 19

APRIL 23

BUY LOCAL YEAR-ROUND

Our Mission:

To provide a venue where local farmers, producers, crafters, and artisans come together to provide a variety of fresh produce and related products directly to the consumer, to enhance the quality of life in the Bismarck/Mandan area by providing a community activity which fosters social authering and interaction in a healthy way and to serve culturally and economically diverse populations and to increase access to fresh, locally produced, nourishing safe foods and other locally made items.





Locally Made Arts & Crafts

Farm-fresh Fruits & Veggies

Canned Goods

Handcrafted Hygiene Products

> **Homemade Baked Goods**

SNAP Benefits Accepted

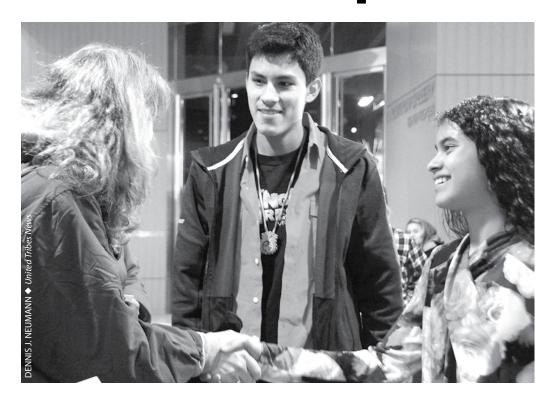
LOCATION:

Multi-Purpose Room UTTC 3315 University Drive Bismarck

For Details: wintermarketnd@gmail.com 701-330-3737

Film actors attend movie premier

AFTER THE SHOW: Mauricimo Sanchez-Hohenstein (16) and his sister S'Nya (12) were greeted by movie-goers December 12 following the Bismarck premier of the film "The Jingle Dress" at the North Dakota Heritage Center. The two played central roles in the film about an Anishinaabe family that moves from a Minnesota reservation to the big city. It was the first film-acting opportunity for the two, who had lived in Minneapolis and are Hunkpapa Lakota. They are the great-grandchildren of UTTC's Carl Hohenstein, a genial elder who has served the college for over 38 years. United Tribes helped sponsor the premier that was coordinated by Cheryl Kary of the Sacred Pipe Resource Center, http:// sacredpipe.net/, and also attended by the film's Producer/Director William Eigen.



United Tribes Winter Market



The UTTC Winter Market kicked off its third season November 14 with new and returning vendors and exciting new local goods. At left, Kristine Kostuck and Miranda Seim operate Garden Girls Canning, offering pickles, jams and jellies, sauces, salsa, canned fruit and syrup.

United Tribes Staff News... Continued from page 15

Public Health Intern

Say hello to **Melissa Parsons** who selected an internship at United Tribes Technical College because the of college's Land Grant and Extension programs.



Melissa is a grad-student from Des Moines University in an on-line Public Health Master's program.

During the fall, she served as an assistant for training and evaluation for the Regional Intertribal WIC Programs, explored food sustainability and community health worker certification options, and investigated how UTTC might offer AAS or BS degrees in public health. She has 13 years of experience with ND Dept. of Health as an epidemiologist and at the ND Dept. of Human Services as a research analyst. Her future interest is to maintain a connection with tribal health systems in the Northern Plains.

She says the internship improved her understanding about health disparities for Native People, in particular, that disparities cannot be addressed by measuring disease rates alone. Professionals are challenged to address broader public health issues, such as food insecurity, poverty, access to disease treatment services, roles and responsibilities of tribal health and the Indian Health Service, and the educational role of USDA public health programs (WIC, SNAP, school lunch, FDPIR, and Nutrition for Elderly). Melissa has two children and lives in Bismarck.

Artful Farwell

Wayne Pruse, the director of UTTC's Art/Art Marketing Program, bid farewell in December to United Tribes after 18 years of outstanding service to the college. Wayne says it was not an easy decision for him and his wife Lynn to make. But he felt it was the right time. Mid-year is a time of least dis-



ruption to students' graduation plans, when they've completed art foundation courses in the fall and turn their attention during spring to General Education requirements.

Wayne's teaching legacy at UTTC includes caring for students, humor, passion for art and many innovations, like Sidewalk Art, public sculptures, Native murals, public partnerships and commissions, and a fanatical dedication to instill marketing val-

ues that help students avoid the "starving artist" syndrome.

As much as we're going to miss Wayne on campus, we wish him the best as he returns to focus full-time on his own art and gallery business. He offered to help us in the future with special projects and we'll certainly take-him-up on his offer. Stop at the Impact Gallery on the corner of 4th and Broadway to say hello to Wayne and Lynn!

Staff News Contributors

Kathy Johnson, Student Services VP; Bill Gourneau, VP Campus Services; Melvin Miner, Property and Supply Director; Wanda Agnew, UTTC Culinary Arts/Foodservice Instructor and Lisa Azure, Academic VP

Students take an amazing outing

${\it Residential \ Life}$ By Heather Demaray, Resident Service Coordinator

A group of dorm students took-in an exciting opportunity October 24 to visit a corn maze south of Mandan, North Dakota, organized by Residential Life.

This particular maze was part of a larger MAIZE family that had more than 260 locations around the globe, bringing "agri-tainment" to millions around the world.

This year their theme was Monopoly and the maze was mapped out like the board game, with twists, turns and lettering that spelled Monopoly in the corn field.

There were eight checkpoints and our students had to find each and answer a trivia question. The catch was, finding them in the dark with just a flashlight!

It was definitely a "Spooktacular" time!

A big thank you to Jolene DeCoteau, Residential Life director, RA Yvonne Howling Wolf, and Transportation for accommodating our students. Each month the Residential Life Dept. has dorm meetings, allowing students to share their ideas and suggestions for activities. Going to the corn maze was top on their list for October.

Going forward, if you reside in the dorms or family housing, and have a great idea for an activity, please let us know. We look forward to making your UTTC experience memorable.



Submitted photos



LEADERSHIP BEGINS HERE





2016 SPRING ACADEMIC CALENDAR

January 4-6	UTTC All Campus Professional Development
	Spring Registration / Orientation
January 11	Spring 2016 UTTC Classes Begin
January 15	Last day to enroll/register for Spring 2016 Classes
January 18	
January 21	Spring Graduation Orientation
January 22	Last day to add / drop classes without record (Census Date)
January 23	Winter Market @ UTTC
January 27	
	Serv-Safe® One-day Training
February 15	Presidents' Day (No Classes)
February 20	
March 8-10	
March 11	Mid-term Grades Due
March 14-16	
March 14-18	
March 19	
March 25	

March 28	
	Pre-registration for Summer and/or Fall Semester
1	Last day to withdraw from class with a 'W' grade
1	,
1	Winter Market @ UTTC
1	Career & College Fair
April 25	
April 28	Easter Monday (No Classes)
May 4-6	Final Exams
May 9	Final Grades Due
May 10-12	UTTC All Campus Professional Development
May 13	UTTC Spring 2016 Commencement
May 20	TJES Last Day of School for Students



United Tribes Technical College

CAT on Campus

You can "Catch the Cat" on campus!

The Bismarck/Mandan bus system enters the college campus and stops at the Lewis Goodhouse Wellness Center.

SW Bismarck - Route B-2

Stops at 43 minutes past the hour: 6:43 a.m., 7:43, 8:43, 10:43, 12:43 p.m., 2:43, 3:43, 4:43, and 5:43



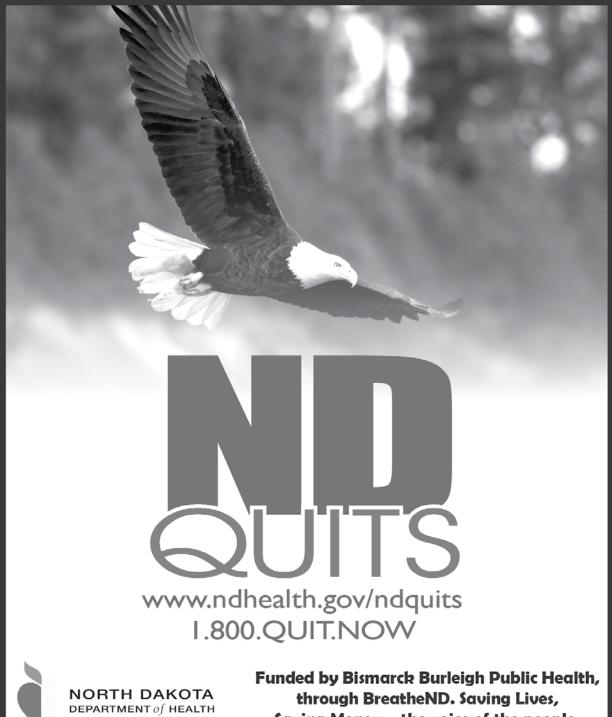
Cost to Ride:

Schedules and More Info:

www.bismantransit.com



Get free help quitting cigarettes and spit tobacco.





Saving Money — the voice of the people.

FACE PROGRAM

Family and Child Education



What our program offers

Home- Base services (Prenatal to age 5)

Center-Based Services (Children age 3-5)

Adult Education (Tutoring, Parenting, PACT – Parent and Child Time)

ALL SERVICES ARE FREE!!!!!!!!!!!!!

FACE PROGRAM

United Tribes Technical College Campus THEODORE JAMERSON ELEMENTARY SCHOOL BUILDING #36

3315 University Dr. Bismarck, ND 58504

Office Hours Monday - Friday 8:00 am - 4:00 pm

Prenatal To Age Five.

Contact

Information

Extension 1830

Education

Extension 1831

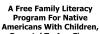
Barb Strikes The Enemy

Extension 1832

Home-Based Early Childhood

Education

Tyson Maxon



1-701-530-0677

Adult Education

Judy Gries

Center Based Early Childhood

Marcia Gutman

Extension 1833

Sacheen Whitetail Cross



United Tribes TECHNICAL COLLEGE

MISSION

"United Tribes Technical College provides quality post-secondary education and training to enhance knowledge, diversity, and leadership for all indigenous

MOTTO

"Leadership Begins Here"

VISION

- United Tribes Technical College is a premiere college, a leader in Tribal education, arts, and cultural preservation; technology; research; and the humanities.
- UTTC foresees a campus community with state-ofthe- art facilities.
- UTTC aspires to be self-sustaining in line with its mission for tribal self-sufficiency and self-determination.
- Most importantly, UTTC envisions skilled, knowledgeable, culturally-grounded, healthy graduates who will achieve their educational goals; empower their communities; and preserve the environment, tribal land, water, and natural resources.

VALUES

• United Tribes Technical College Board of Directors, Administration, Staff, Faculty, and Students are guided in their actions by the following values:

 $\boldsymbol{U} - Unity$ \mathbf{T} – Traditions N - Native Americans \mathbf{R} – Respect I – Integrity I – Independence T - Trust **B** – Bravery $\mathbf{E}-\text{Education}$ \mathbf{E} – Environment **D** –Diversity S – Spirituality

• United Tribes affirms these values as being representative of the tribal medicine wheel concept. This takes into consideration an individual's physical, intellectual, cultural, and emotional wellness. When these ideals are practiced, the UTTC community will flourish.

United Tribes Governing Board UNITED TRIBES TECHNICAL COLLEGE UNITED TRIBES OF NORTH DAKOTA

SISSETON-WAHPETON OYATÉ

Bruce Renville, Chairman Robin Quinn, Council Representative

SPIRIT LAKE TRIBE

Myra Pearson, Chairwoman Nancy Greene-Robertson, Council Representative

STANDING ROCK TRIBE

Dave Archambault II, Chairman Frank White Bull, Council Representative

THREE AFFILIATED TRIBES OF THE MANDAN/HIDATSA/ARIKARA NATION

Mark Fox, Chairman Mervin Packineau, Council Representative

TURTLE MOUNTAIN BAND OF CHIPPEWA

Richard McCloud, Chairman Jim Baker, Council Representative





Join us as we celebrate better health.



KEEP TOBACCO SACRED

Ceremonial use and more information are available online at www.uttc.edu

Sponsored by Bismarck Burleigh Public Health Unit and funded by BreatheND

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Salted Lands Workshop at United Tribes



FRAUD FINDING EXPERT: An audience at United Tribes listens as Mary Ellen Denomy describes what land and mineral owners need to know to deal effectively with energy companies over land and mineral rights. Denomy was the featured presenter during the Nov. 20 workshop "Unpaid Royalties and Damaged Lands." About 50 people attended, including tribal land and mineral owners and tribal agency representatives. Denomy is a CPA and nationally-recognized fraud prevention expert specializing in unpaid royalties, reversing excessive charges, and how to spot and prevent fraud. The event was sponsored by the Salted Lands Council and the Fintan Dooley Law Office findooley@gmail.com. DENNIS J. NEUMANN ◆ United Tribes News

CAll Nations (Assembly of God

Pastor Gordon Williams

Transportation is available Contact: 701-250-8797

Address: 121 48th Ave SE, Bismarck, ND

Website: www.allnationsaog.webs.com

E-Mail: allnationsag@hotmail.com

Facebook: www.facebook.com/allnations.bismarck

Phone: 701-250-8797



If you or anyone you know is experiencing domestic violence, dating violence, sexual assault or stalking, help is always available.

Please contact:
Donna R. Belgarde,
UTTC Domestic Violence
Advocate
701-255-3285 x 1456
dbelgarde@uttc.edu,
Wellness Center - Room 110A

Winter Count Tradition

By Alicia Hegland-Thorpe
United Tribes News

akota Goodhouse learned about the traditions of winter counts from his father and grandmother. As UTTC's Native Studies instructor, he shares his knowledge in class, in writings and online posts, and during talks.

The winter count (waniyetu wowápi) is a pictographic record of the past. Each image represents a year in the life of a group or tribe.

When painted, winter count chronologies typically start in the center and swirl outward, counter clockwise, in the direction of the wind.

During a talk on campus in December, Dakota points to a painted buffalo hide that is called the Luke Winter Count, based on the Gospel of Luke about the life of Jesus.



The swirl pattern of Luke Winter Count

This winter count is one of his own making. He took the wishes of his pastor and interpreted the Gospel of Luke. You'll find it hanging at St. Luke Episcopal church in Ft. Yates.

Historically winter counts were kept on buffalo hide. When buffalo disappeared from the Northern plains, cloth or canvas was used.

But the tradition faded when tribes were assimilated and moved onto res-



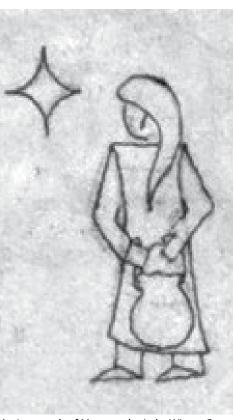
Dakota Goodhouse gestures toward two winter counts, one on canvas and the other on buffalo hide, during a talk at United Tribes. Photos Alicia Hegland-Thorpe, *United Tribes News*

ervations. That's why Dakota's method of historical record keeping is rare. He says only a few people continue the tradition in the Dakotas and at Sioux Valley, Manitoba, Canada. There are some who replicate and sell winter counts for profit. But for those who keep historical records for the sake of history, less than 1% of the 1% maintain this tradition.

The tradition of keeping winter counts, and knowing about past winter counts, is important to Native culture. They're a record used in historical research that can describe and depict the Native view of past events, which is often missing from mainstream historical accounts. They're important documents for passing along history as they tell a story.

Dakota shares this history by speaking at schools, colleges and events, and on his blog. http://thefirstscout.blog-spot.com/2012 or or archive.html

You can see his winter counts at the North Dakota Heritage Center in Bismarck.



A pictograph of Mary on the Luke Winter Count

Fine Dining Experience has Learning Appeal

By Wanda Agnew, Culinary Arts/Foodservice Instructor

eighteen staff and students with the UTTC Nutrition and Foodservice Department spent time at Bismarck's Peacock Alley Restaurant, December 4 learning about food and fellowship.

But it wasn't a social outing. It was a lesson about fine dining.

The for-credit assignment is one of the objectives in the USDA Equity Grant and is part of the coursework. Since 2000, the experience has been part of fall semester classes and the Foodservice and Nutrition Students (FANS) Pre-Professional Club activities.

The event focuses on food not found in fast food restaurants. The appeal is for those interested in restaurant ambiance, food plating, food safety and food cost analysis.

The event includes a visit with the chef, tour of a kitchen that does things differently with real food and fewer cardboard



Kitchen tour at Peacock Alley. Submitted photo

boxes, and an opportunity to see unique kitchen equipment. At Peacock Alley that included their institutional gelato freezer and a 100-year-old bread mixer originally from Germany and used daily to create the restaurant's specialty bread: tasty beer buns.

During the event, deserving students were awarded ServSafe Certificates, schol-

arships, and jackets for completion of the Quantity Food class, as an honor for upcoming graduation.

Faculty see students grow after the annual event and this year's event created a partnership for a potential new internship opportunity.

Cover Crop or Garden Art?

By Linda Hugelen, Land Grant Agroecology Educator

After a garden is harvested, there remains bare ground. This is an invitation for weeds, not a good thing.

After harvesting the UTTC Kitchen Garden in late summer, a cover crop was seeded to prevent weeds and add nutrients to the soil when the cover died due to cold weather.

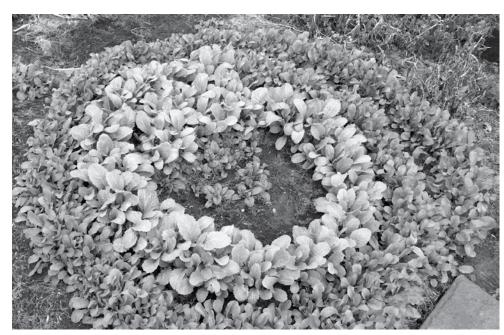
Outdated garden seeds were used to make the most of them. They were spread thickly on the bare ground in September, covered with a thin layer of soil, and watered.

In less than two weeks, a nice cover was growing. Due to nice weather, there was an abundance of plants in the cover crop that yielded wonderful produce.

In October and November, the Land Grant staff, faculty and students as well as neighboring departments and visitors, were able to harvest radishes, lettuces, spinach, mustards and other salad greens.

For the fun of it, Joe Andino, VISTA volunteer in the Land Grant Dept. who was helping to seed the cover crop, planted a portion of the cover crop in a pattern. The result, shown in the photo. It can be called edible garden art.

What can you think of to plant in your garden that will serve multiple purposes, and be pleasing to the eye?



A spiral spinach and lettuce cover crop planting submitted photo

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Lifeskills project to result in new curriculum

By Wanda Agnew, Culinary Arts/Foodservice Instructor

Several years ago two professional development speakers provided the spark of an idea that has emerged as a "Lifeskills" training curriculum at United Tribes Technical College.

In 2012, guest speaker Faith Spotted Eagle shared insights into generational trauma and how basic educational efforts can change lives.

Dr. Gregory Cajete, author of Native Science, explained the importance of making hope the center of educational models and elevating Native family values – especially food gathering and storytelling.

I and UTTC Agroecology Educator Colette Wolf were prompted by these inspiring presentations to pursue whether the teaching of life-lessons can have a positive impact on student retention and graduation rates. Our inquiry evolved into a research grant funded by USDA's TCU Research Initiative.

AT HOME IN THE KITCHEN

We partnered with NDSU and Jill Keith, a former UTTC faculty member, who gathered data over the course of the two year project. North Dakota Family Consumer Science Standards were used to create a unique eight-hour/week curriculum. Pat Aune, UTTC Land Grant Director, and Marge Palaniuk, former UTTC faculty member, served as the Grandmothers in the kitchen.

The encounters were centered on a home-like kitchen and dining area. Participants used food supplies to prepare meals, while stories were told by the Grandmothers. The informal style of instruction addressed topics related to food gathering and preparation, relationships, parenting, finance, goal setting and home maintenance – the kinds of things talked about in kitchens all over.

FEEDBACK

Here are a couple examples of participant feedback: "Just hearing the life skills,



At left, Jill Keith and Pat Aune with the "Lifeskills" poster presentation. Submitted photo

how bad the fat is, and what they can do to you in the long term – If you drink too much of pop or eat too much candy – that's what helps me decide if I should eat candy or pop (now)."

Another said: "Now I look at cooking as therapy. I try to put my needs, my wants aside. I want to be a little family, so me as the grandparent, I need to show my grandkids that you've got to make time. It's just family time."

POSITIVE RESULTS

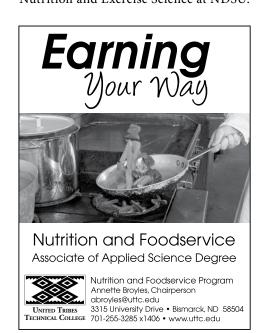
The data showed that from semester to semester student retention was not better for Lifeskills participants, but as returning graduating students, Lifeskills participants were significantly better.

A final report was shared with UTTC's Institutional Review Board and is available through Land Grant, upon request.

UTTC Extension plans to formalize the curriculum, which will focus on money matters, parenting and relationships, and home maintenance. No decision has been

made about whether it will be "for-credit" or adult learning for CEUs.

The project has traveled to seven conferences, four poster sessions and served as the basis for Jill Keith's dissertation defense when she earned a doctorate in Nutrition and Exercise Science at NDSU.



Internship allows student to practice AAS degree coursework

By Wanda Agnew, Culinary Arts/Foodservice Instructor



onitoring food and beverage consumption for the elderly directly improves health and quality of life. UTTC Nutrition stu-

Toni Shot, submitted photo

dent Toni Shot completed a 100 hour practicum at the Elim Health Care Center during 2015 fall semester, where she did just that.

Competencies for the practicum included experiential learning in resident care planning, family rapport, completion of federally mandated Medicare assessment tools, calculation of fluid and calorie requirements, as well as observing actual food intake.

Elderly people function best, mentally and physically, when adequately hydrated (30 ccs/kg) and consume healthful foods they enjoy on a regular basis. Healthful foods are tasty, high in fiber, and low in sodium.

Toni found the experience rewarding. She believes that employment in that area of nutrition and dietary services might be a consideration in the future.

Although there are few long-term care facilities in tribal communities, providing high quality care and safety for the increasing numbers of elders is considered a priority by tribal government and public health leaders.

Toni's practicum focused on medical nutrition therapy and nutrition throughout the lifecycle and was supported by 15 hours of classroom learning relating to employment. Classroom sessions required job search, completion of employment application and interview process, resume development, and employee benefits and orientation requirements.

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Public Health Nutrition programs receive training at United Tribes



By Wanda Agnew, Culinary Arts/Foodservice Instructor

United Tribes Land Grant Extension conducted two days of training Sept. 22-23 for staff members of 30 intertribal WIC Programs.

The session focused federal regulations, nutrition education, and food issuance for the ultimate goal of improving family health.

UTTC Extension hosted WIC trainings previously in 2004 and 2005. This session came from an agreement through USDA's Mountain Plains Food and Nutrition Services office in Denver.

Land Grant staff members Wanda Agnew, Mara Yborra and Jamie McLeod organized the sessions around the educational objectives to improve understanding and competency in the field.

Seventeen registrants took part, representing six different tribes. They learned anthropometric measures and hemoglobin screening for infants, children and pregnant women.

Two additional training sessions are planned for 2016.

This kind of adult learning, CEU training opportunity fits the UTTC Land Grant mission to connect Mother Earth with health through the kitchen table and allows public health WIC providers to see the positive nutrition training facilities UTTC Extension offers.

Forums in Bismarck to address school space

Bismarck Public Schools has scheduled two public forums in January 2016 about the challenge of growing school populations. A Bismarck School Board committee will describe enrollment trends and discuss strategies and proposals to deal with continued growth and the school house capacity.

These forum are set for 6:30–8 p.m. Wednesday, January 27 at Simle Middle School, and Thursday, January 28 at Horizon Middle School.

The presentations will be similar each night and the public is invited to attend and provide the committee with input. Following in February, a 75-member Facility Planning Committee will refine the proposed solutions before presenting them to the School Board. There may also be another public input session in March.

Planning documents are posted at www.bismarckschools.org under the green tab at left; public forums are listed under Upcoming Events.

— Tamara Uselman, Bismarck School Superintendent

Students earn ServSafe® certification – YOU CAN TOO!

By Annette Broyles, Nutrition & Foodservice Chair/Instructor

The Nutrition and Foodservice program is pleased to announce the certification of fall semester students with the National ServSafe* exam.

All UTTC students in the class "Managing Food Protection" scored 75 percent or better on this national exam for those in the foodservice industry.

The certification demonstrates that people know the basic information needed to serve and prepare food safely. It is effective for five years and is beneficial for anyone in the industry. All students enrolled in UTTC's Nutrition and Foodservice vocation are required to pass the exam prior to graduating.

The class was taught by Annette Broyles and the test was proctored by Jan Keller, UTTC Land Grant Extension Nutrition Educator.

One-day training sessions are also provided by UTTC for anyone or any group currently working in the industry.



Nutrition and Foodservice students ace the ServSafe Test, from left: Verdell Black Spotted Horse, Katie Little, Kolt Tiger and Miles Lewis. Not pictured Glendon Bruce. NFS photo Annette Broyles

TRAINING OFFERED @ UTTC

Anyone working in the foodservice industry who wants to earn ServSafe® certification is invited to take a one-day food safety workshop through the UTTC Land Grant Extension Department.

Plan ahead for these dates in 2016: **February 9, April 5, August 9 or November 1**

To register, contact Jan Keller: 701-221-1504, jkeller@uttc.edu.

Interested in Cooking Healthy?

UTTC Extension in the Recipe Business

By Wanda Agnew, Culinary Arts/Foodservice Instructor

TTC Extension is working on a project to help families access a handy tool that can help with an idea or recipe for a healthy meal.

It's a joint project with the Mountain Plains Food Distribution Program Nutrition Advisory Committee http://mprnac.com. The Committee represents 30 Tribal Food Distribution Programs on

Indian Reservations (FDPIR), formerly called commodities. Their role is to plan nutrition education projects.

Dietitians Jana Millner and Mara Yborra, both UTTC Extension nutrition educators, developed nutritionally analyzed recipes for monthly recipe cards and a produce cookbook, which includes cultural food history and facts. These cooking aids will be distributed to over 11,000 families living in Tribal nations in the Mountain Plains Region: North and South Dakota, Montana, Nebraska, Kansas, Wyoming, Colorado, Iowa and Utah.

If you know a family who participates with the highly-nutritious public health food resource program, FDPIR, tell them to ask the director for copies of the recipes. The recipes are tried and true, tasty, nutritious and easy.

For more info, contact us: 701-221-1734.

UTTC AGRO-ECOLOGY UPDATE

Campus Tree Assessment

By Linda Hugelen, UTTC Land Grant Agroecology Extension Educator

ow about taking a guess at the number of trees on the campus of United Tribes Technical College.

When Joel Nichols, Community Forestry Specialist with the North Dakota Forest Service, began making a tree inventory assessment, he thought UTTC might have, maybe, 500 to 600. As a tree professional, you'd think his guess would be close. But even he missed the mark.

Nichols' survey during the summer of 2015 was a high-tech but laborious affair. With a GPS unit in hand, he spent many days on campus, fixing the location of every tree and assessing its condition.

It turns out that the 106 acre main campus of United Tribes is home to more than 1,278 trees!

A good many were planted when the site was a former military post known as Fort Lincoln. As you might expect, the older ones are in declining condition and need maintenance. More recently under United Tribes, there have been many trees plant-

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Joel Nichols presenting a condition assessment of United Tribes campus trees.

ed with support from the Plant Materials Center at Lincoln-Oaks Nursery, the North Dakota Assn. of Soil Conservation Districts, the North Dakota Forest Service, the NDSU Extension Service, and the college. The purposes have been experimental, food production, ceremonial, commemorative and beautification.

Nichols calculates the appraised value of UTTC's community forest resource at \$4.5-million.

He reported and described his findings in an illustrated PowerPoint presentation November 9 to an ad hoc campus trees committee, composed of the college's most ardent "tree-huggers." The written report, titled "United Tribes Technical College Community Threat Assessment Protocol Final Report," contains numerous maps and graphs that describe everything from tree health and condition, to the species diversity, annual benefits, and replacement values. It also includes recommendations and plans for managing this important campus resource.

Nichols expert work is very much appreciated. He is to make a presentation early in the new year to the college's Facilities Committee.

Tree Pruning Workshop

The Agroecology Dept. hosted a tree pruning workshop November 17. Joel Nichols, from the NDSU-North Dakota Forest Service, taught the principles and techniques of tree pruning, followed by a demonstration and hands on training. Several trees on campus were pruned during the training.

House Plant Care Workshop

A workshop devoted to House-Plant Care was held December 2 during a lunch meeting in the Skill Center. The featured presenter was Tom Kalb, NDSU Extension Horticulturist, who gave an interesting and informative talk. Each workshop participant planted a "paper white" that they were able to take with them.



UTTC tree pruning workshop participants, from left: Mara Yborra, Joe Andino, Joel Nichols, Robert Fox and Linda Hugelen. DENNIS J. NEUMANN ◆ *United Tribes News* photos

THEODORE JAMERSON ELEMENTARY

BITS

Speed Stack

JES students took part Nov. 12 in a speed-stacking event sponsored by the World Sport Stacking Association. The tenth annual WSSA STACK UP set a new Guinness World Record for "Most People Sport Stacking at Multiple Locations in One Day."

A total of 618,394 stackers at 2,691 schools and organizations, in 30 countries took part.

To prepare, students participated in classroom stacking competitions, with these winners: Girls Division: Grade 2, Sage Yankton; Grade 3 Natasha Little Wounded; Grade 4 Laila Hernandez; Grade 5 Conceta Zephier; and Grade 6 Talese Bruguier. Boys Division: Grade 2 Kerwin Hollow; Grade 3 Lou O'Rourke; Grade 4 C.J. Hollow; Grade 5 Kaeleo Shoyo; and Grade 6 Silas Grotberg.



Results of TJES stacking, from left, Evelyn Jones, Isis Greywater and Fabien Jumping Eagle. TJES photo Twilla Smith

School Board Election

Theodore Jamerson school board elections were held October 8. Mandie Wood and Bernard Strikes Enemy are representatives from the UTTC employee category. Marlene Cook and Franki Jo Baker represent UTTC college students who have youngsters attending TJES. These three will join our current board members of Joey McLeod and Arden Boxer.

Hats-n-Mittens



KEEPING KIDS WARM: Jana Millner and Joe Andino of UTTC's Land Grant programs help create an early Christmas for Adin Siegfried, left, and Cayden Bad Warrior. The two youngsters were among TJES students in grades K-7 who received warm mittens and hats just in time for winter. A donation drive coordinated by Land Grant brought-in over 140 pairs from UTTC employees, staff, students and one community group. The big 'THANK YOU' goes to volunteers from the Burleigh County Senior Living Center in Bismarck who hand-crocheted more than 50 sets of hats and mittens. Thank you to everyone who donated! Merry Christmas! *United Tribes News* photo Alicia Hegland-Thorpe

Holiday Music Program



TJES Holiday music program, December 10, 2015. *United Tribes News* photo Greg Pollert

Hoop Shoot Champions

JES held its annual Elks Hoop Shoot on October 14 at the James Henry Gymnasium. Winners were as follows. 8-9 year-old girls: Makyla McKay. 8-9 year-old boys: Tucker Keplin. 10-11 year-old boys: John James Knight. 12-13 year-old girls: Talese Bruguier. 12-13 year-old boys: Matthew Jackson. These winners qualified to compete in the local competition held at Wachter Middle School on December 5.

- Twilla Smith, TJES PE/Health

THUNDERBIRDS



Trevor Shavehead



3 Bruce Gunderson



11 Shawn Craig



13 Josh Smith



20 Zion Red Star



22 Keif Williams



23 James Iron Eyes



25 Kamden Clown



30 Creighton LeBeau



32 Augustine Mathias



41 Jacob Haug



50 Michael Young



2 Valerie Yazzie



3 Shelby Greeley



5 Shelby Standing Elk



11 Shelby Means



13 Gia Davis



21 Kaylea Skunkcap



23 Terae Briggs



24 Ryane Wolf Necklace



32 Mckayla Peltier



35 Jessica Starr



44 Chelsey Quick Bear

2015-16 THUNDERBIRDS ROSTER

#	NAME	HT	YR	POSITION	STUDY	TRIBE	HOMETOWN	HIGH SCHOOL
1	Trevor Shavehead	6'0"	So	Guard	Liberal Arts	Yakama/Colville	Wapato, WA	White Swan
3	Bruce Gunderson	6'2"	Fr	Forward	Welding	Sisseton-Wahpeton Oyate	Sisseton, SD	Tiospa Zina
11	Shawn Craig	6'1"	So	Guard	Liberal Arts	Yakama	Wapato, WA	Wapato
13	Josh Smith	6'1"	Fr	Guard	Liberal Arts	Northern Cheyenne	Lame Deer, MT	Northern Cheyenne
20	Zion Red Star	6'2"	Fr	Guard	Engineering	Crow Nation	Hardin, MT	Hardin
22	Keif Williams	5'10"	So	Guard	Media		Silver Spring, MD	John F. Kennedy
23	James Iron Eyes	5'10"	Fr	Guard	Health & PE	Standing Rock Sioux	Bismarck, ND	Bismarck High
25	Kamden Clown	5'10"	Fr	Guard	Welding	Cheyenne River Sioux	Eagle Butte, SD	Cheyenne-Eagle Butte
30	Creighton LeBeau	6'3"	Fr	Guard	Health & PE	Cheyenne River Sioux	Eagle Butte, SD	Cheyenne-Eagle Butte
32	Augustine Mathias	6'5"	So	Forward	Business		Lagos, Nigeria	Erie First Christian
41	Jacob Haug	6'3"	Fr	Forward	Automotive	Sisseton-Wahpeton Oyate	Sisseton, SD	Sisseton HS
50	Michael Young	5'11"	Fr	Guard	Business	Three Affiliated Tribes	Rapid City, SD	Fort Collins High

Head Coach: Pete Conway Assistant Coach: Delmar Clown Athletic Trainer: Nadine Brew, Sanford Sports Medicine Website: www.uttc.edu

BASKET SCHEDULE

٠	JANUARY			
	8	Oglala Lakota College	W/M	5/7 pm
	11	at Dakota College at Bottineau	W/M	6/8 pm
	14	at Dawson CC	W/M	7/9 pm
	18	Bismarck State College	W/M	6/8 pm
	20	at Lake Region State College	W/M	6:30/8:30 pr
	21	at Gogebic CC (Ironwood, MI)	W/M	5/7 pm
	25	Williston State College	W/M	6/8 pm
	28	NDSCS-Wahpeton	W/M	6/8 pm
F	FEBRUAR	Υ		
F		Y at Ft. Berthold CC	W/M	6/8 pm
F	1	•	W/M W/M	6/8 pm 6/8 pm
F	1	at Ft. Berthold CC		
F	1 4 7	at Ft. Berthold CC Dakota College at Bottineau	W/M	6/8 pm
F	1 4 7 9	at Ft. Berthold CC Dakota College at Bottineau Dawson CC	W/M W/M	6/8 pm 1/3 pm
F	1 4 7 9 13	at Ft. Berthold CC Dakota College at Bottineau Dawson CC at Bismarck State College	W/M W/M	6/8 pm 1/3 pm 6/8 pm

W/M

6/8 pm

18 at Williston State College

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LADY THUNDERBIRDS

	LADI IIIONDERDIROS							
#	NAME	HT	YR	POSITION	STUDY	TRIBE	HOMETOWN	HIGH SCHOOL
2	Valerie Yazzie	5′1″	S0	Guard	Health, Physical Ed.	Rec Navajo Nation	Steamboat, AZ	Ganado HS
3	Shelby Greeley	5′7″	FR	Forward	Business	Sisseton Wahpeton Oyate	Sisseton, SD	Sisseton HS
5	Shelby Standing Elk	5'6"	FR	Guard	Criminal Justice	Three Affiliated Tribes	Bismarck, ND	Bismarck HS
11	Shelby Means	5′9″	FR	Forward	Nursing	Northern Cheyenne	Busby, MT	Colstrip HS
13	Gia Davis	5′7″	SO	Guard	Environ. Science	Turtle Mountain	Belcourt, ND	Turtle Mt. HS
21	Kaylea Skunkcap	5′5″	FR	Guard	Physical Education	Blackfeet	Browning, MT	Browning HS
23	Terae Briggs	6'2"	FR	Center	Nursing	Crow	Pryor, MT	Plenty Coups HS
24	Ryane Wolf Necklace	5'8"	FR	Guard	Physical Education	Standing Rock Sioux	Fort Yates, ND	Standing Rock HS
32	McKayla Peltier	5′9″	FR	Forward	Criminal Justice	Turtle Mountain	Dunseith, ND	Belcourt HS
35	Jessica Starr	5'10"	FR	Guard	Criminal Justice	Three Affiliated Tribes	Twin Buttes, ND	Killdeer HS
44	Chelsey Quick Bear	5′7″	FR	Guard	Nursing	Three Affiliated Tribes	New Town, ND	New Town HS
Head Coach: Kia Herbel Assistant Coach: Erik Abbey Athletic Director: Hunter Berg College President: Dr. Leander R. McDonald Athletic Trainer: Nadine Brew, Sanford Sports Medicine Student Managers: Shelley Wilcox and Maria Two Shields								

Thunderbird schedule enters new year

By Hunter Berg, UTTC Athletic Director

The United Tribes Thunderbirds teams wrapped up the pre-conference schedule in 2015 during the first half of the basketball season.

The women compiled a fine record, earning 9 games and dropping only 5.

Freshman Terae Briggs leads the team in scoring at 18.6 points per game, while fellow freshman McKayla Peltier is second at 13.0 per game. Briggs has turned-ing two 40+ point games, notching 40 in a win over Northwest College and 44 in a win over Gogebic CC.

This season's Lady Thunderbird squad, under first-year coach Kia Herbel, is poised to challenge for its first-ever Regional Championship when the season continues after the Christmas break.

The Thunderbird Men currently stand at 7-8 overall. A Thanksgiving trip to Arizona as part of the Native American Classic, hosted by Tohono o'Odham College, highlighted the early season.



Shawn Craig



Terae Briggs

Sophomore Shawn Craig leads the team in scoring at 15.6 points per game, followed closely by freshman James Iron Eyes at 15 per game.

Both teams play an up-tempo style, making for very entertaining and high-scoring basketball.

In the new year, familiar and challenging opponents will visit. The high level of competition and the race for conference and region honors will make for plenty of exciting action in the "Thunderdome."

Be sure to join us and support your Thunderbirds teams!



United Tribes
Technical College

Remembering...



LELAND W. LOGG

JOHN TRUDELL

The United Tribes campus community sends condolences to the family and friends of Lee Logg, who entered the spirit world October 6 at the age of 39. Services were held November 10 at



the Old Agency Building in Eagle Butte, SD, with burial at the congregation cemetery in LaPlante.

"Wambli Hoksila" was the son of Leland and Robyn Logg. He was a 1994 graduate of Cheyenne-Eagle Butte High School, where he participated in all sports, earning all-state honors in basketball. He displayed his basketball skills while attending United Tribes Technical College, playing with his brother Jason Logg, together a talented inside/outside combination.

Lee served in the U.S. Army as a paratrooper with the 82nd Airborne.

He was a certified personal trainer, working in the field of physical fitness and health.

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"No matter what
they ever do to us,
we must always act
for the love of our
people and the
earth. We must not
react out of hatred
against those who
have no sense."

~ John Trudell

John Trudell journeyed home December 8 after a lengthy bout with cancer. He was 69. Trudell was Santee Dakota and a noted activist in the American Indian Movement. He became an artist, musician, actor and poet, and dedicated his life to fighting for indigenous rights. His ardent spoken-word style was a continuation of a characteristically powerful Native American oral tradition.

- Alicia Hegland-Thorpe, United Tribes News

Summer 2016 Internship with NDSU Extension Service Providing local county support for NDSU Extension Service

Work includes:

- Agriculture and natural resources
 - Family and consumer science
- Youth development and community development
- · Participate in 4H events and camping activities
- · Work is on or near a North Dakota tribal nation

More info and details: www.ag.ndsu.edu/careers/internships

Application deadline: January 15, 2016

NDSU is an EEO/AA-M/F/Vet/Disability employer.

Women and traditionally underrepresented groups are encouraged to apply.

DEVELOPMENT NEWS

2015 United Tribes Contributors

nited Tribes is grateful for all the volunteers who gave of their time and talents and the friends, businesses, tribal organizations and employees listed below for contributions in the past year. Your efforts and donations have made a positive impact on the lives and futures of UTTC students. We salute your kindness and generosity and wish you well, from the heart.

- UTTC Institutional Resources Dept.

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Warriors old and young



ESTEEMED ENCOUNTER: Eightyear-old Arden Bemis gets a handshake from an icon of Indian activism, Thunder Before the Storm, aka Clyde H. Bellecourt, one of the founding members of the American Indian Movement, Bellecourt visited with students and staff at United Tribes on November 5, during a trip to Bismarck. The 79 year-old Bellecourt remains active, directing the AIM Interpretive Center (www. aim-ic.com) in Minneapolis, MN, where the movement began. The controversial organization that inspired Native solidarity in the 1960s and '70s - gaining national attention during the armed occupation of Wounded Knee, South Dakota in 1973 - celebrated 47 years in 2015. Young Arden is a 3rd grade student at Theodore Jamerson Elementary School on the UTTC campus. His mother Allison Renville (standing) is president of UTTC student government. Student government adviser Heather Demaray is a UTTC grad and coordinator of the college's resident services.

