

# UNITED TRIBES

## On-Campus News

VOL. 9, NO. 5

September 20, 1999

### Miss Indian Nations VIII Crowned

*Vonnie Jo Alberts*

**EDITOR'S NOTE:** The information below was sent by Vonnie Jo Alberts to the Miss Indian Nations Pageant Committee. It contains her background information and her personal views.

Allow me to introduce myself. Vonnie Jo Alberts, Imakiyapi! My Indian name is Rabbit Woman or SwaRUx in the Arikara language. I am currently completing my sophomore year at Fort Berthold Community College.

I am an enrolled with the Three Affiliated Tribes of North Dakota. However, my father, Thomas Alberts, and I have alluded to it always in my introductions, as this is how I choose to identify myself. Personally, I feel that if one does not have a strong sense of identity, then others will define for you who you are.

First of all, as a 1999 Miss Indian Nations candidate, I am proud to announce that I am a committed advocate for Native American youth. I am strong in my traditional and spiritual beliefs, and I know my inner strength comes from my Native American people and adherence to this way of life.

I have represented Native American people in Washington, D.C., as I was one of three youth from the state of ND to attend the National HIV/AIDS Youth Summit. In addition, I was chosen to speak on youth issues at the ND State Native American Juvenile Justice Summit held in Mandan, ND. In February of 1997, I was privileged to present on youth issues with Mr. Mo Smith (International competition runner) in Belcourt, ND. I had the honor of presenting to tribal youth in March of 1998 at Twin Buttes Elementary School in Twin Buttes, ND during their Indian Days' activities. I have also considered it my honor to have served as the Standing Rock Vietnam Veterans Princess and Traveling Princess.

Because of my strong beliefs concerning education and survival of Native people. I subscribe to the same school of thought as one of my ancestors, Sitting Bull. During my freshman year of college, I did much research on this man for a term paper assignment. Now more than ever I admire this man greatly. Sitting Bull lived a very fulfilling life, although he faced numerous challenges. He was a man who endured pain that very few can endure, much like the pain our youth are faced with today, as they try to walk in both the Indian and non-Indian worlds--and more importantly, try to fit into this duality. As a young person, Sitting Bull dreamed of someday becoming a future leader for his people. It is with much honor and dignity that I



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# Weekly Menu

## DINNER

### September 20-24

- Mon.- Croissant Sandwich with Turkey or Ham, Potato Salad, Salad Bar, 2% or Skim Milk
- Tue.- Taco Salad, Baked Chips, Assorted Fresh Fruit, 2% or Skim Milk
- Wed.- Spaghetti with Meat Sauce, Vegetable, Salad Bar, Dessert, 2% or Skim Milk
- Thu.- French Dip with Au-Jus, Salad Bar, Assorted Fresh Fruit, 2% or Skim Milk
- Fri.- Knoephle Soup, Chicken Burgers, Salad Bar, 2% or Skim Milk

### September 27

- Mon.- Chuckwagon Stew, Baking Powder Biscuit, Salad Bar, Fresh Fruit, Relish Tray, 2% or Skim Milk

## SUPPER

### September 20-24

- Mon.- Braised Beef over Noodles, Vegetable, Salad, Fresh Fruit, 2% or Skim Milk
- Tue.- Bar-B-Que Chicken, Baked Potato, Vegetable, Dinner Roll, Salad Bar, Dessert, 2% or Skim Milk
- Wed.- Hamburger Hotdish, Salad Bar, Dessert, 2% or Skim Milk
- Thu.- Swiss Steak, Baked Potato, Vegetable, Salad Bar, Dessert, 2% or Skim Milk
- Fri.- Hamburger Gravy on Noodles, Vegetable, Salad, Dessert, 2% or Skim Milk

### September 27

- Mon.- Bar-B-Que Ribs, Baked Potato, Vegetable, Salad, Dessert, 2% or Skim Milk

# New United Tribes Technical College Employees . .

*Kris Bjelde*

**Hospitality Management Instructor**



**Birthday:** July 25

**Birthplace:** Hastings, Nebraska

**Education:** South High School, Fargo, North Dakota; B.S., in Home Economics Education, North Dakota State University, Fargo, ND; M.S., in CDFS (1989), North Dakota State University.

**Career:** Home Economics Instructor, including Occupational Food Service and Occupational Child Care for 11 years in North Dakota (high school and college level). Home Economist for General Nutrition Corporation in Fargo for 3 1/2 years. Education/Employment Director at the YWCA for Fargo-Moorhead for seven years.

**Volunteer/Membership/Awards:** Actively involved in the FM Cultural Diversity Project the past 5 years, including Food Chair of "Cultivate Our Cultures" cultural diversity celebration; member and former board member of Quilters' Guild of North Dakota; Prairie Public TV; Higher Education Scholarship at NDSU; Phi Upsilon Omicron (National Honor Society in Home Economics); Kappa Delta Pi.

**Personal:** Married, no children. I have a niece who I am very close to who is finishing up her Pharmacy Doctorate at NDSU this school year.

**Hobbies:** Quilting, gourmet cooking, traveling (especially Europe), reading best sellers and mystery novels

**Favorite TV Show:** Mystery! and Charlie Rose Show

**Favorite Movie:** Out of Africa and Sound of Music

**Favorite Music:** Van Morrison, Sting, Emmy Lou Harris, Andrea Bocelli

**Favorite Foods:** Italian!, Diet Pepsi, Haagen Daze Ice Cream, chocolate

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would like to pattern myself and follow in his footsteps.

As Native American people, we are taught to walk in harmony with Mother Earth and to be grateful for what she has offer us. Sitting Bull did just that. His life was balanced in a realm of spiritual, mental, social, and physical aspects, which refers to mind, body, and spirit. I don't believe there was a challenge that Sitting Bull did not have. Interestingly enough the problems and issues that Sitting Bull faced approximately 100 years ago are still ongoing problems and issues in today's society---stereotyped and archaic ideas and misconceptions about Native American people, racial issues resulting from ignorance, etc. Nevertheless, our people survive despite the fact that each day, our children go into a square building, sit in a square desk in neat lined up rows, and study from a square textbook. We must make education a priority to us and make it fit into our circle of life. We must use the duality to our advantage, so that we can lead our people to the best of our abilities.

My great-grandfather, Ralph Wells, Sr., was the tribal chairman of the Three Affiliated Tribes when he died in office. He was also a traditional man, who loved Native American singing. What he lacked in formal education, he made up for in caring, compassion, and common sense. My grandmother, Marie Wells, also served our people on the Tribal Business Council for 8 years. It is my goal to follow in the footsteps of my grandparents as well.

Every summer since seventh grade. I have supplemented my education with summer educational enhancement programs (i.e. Indians into Medicine, American Indian Science and Engineering Society, American Indian into Mathematics...). This past summer of 1999 I was fortunate enough to intern for the I-KI-PI Youth Services and the Three Affiliated Tribes' Sacred Child Project in New Town, ND. I have benefited immensely from these programs and I feel it was only appropriate that I returned the encouragement and assistance that was given to me from these programs to the youth of Fort Berthold. I know first-hand what the students experienced and only did my best to facilitate, counsel, and set a positive example. Counseling, facilitating, advocating, and interacting with Native American youth has been my experience for the past 6 years.

I would like to further my educational development by enrolling in a Health, Law or Engineering major and utilizing my education to reach my career goal. It is my belief that as Native American people we are seriously under-represented in Health, Law, or Engineering professions. It is my philosophy that as Indigenous Peoples we are survivors, and the fact that our ancestors struggled and fought for us so that we could be where we are today should be of great significance to young people today. That is why, if I was chosen for the 1999 Miss Indian Nations Title, I would stress how important it is for Native American people to strive to succeed so that they my insure a better future for generations still to come as we enter into the next millenium. Mitakuye Oyasin.



## New United Tribes Technical College Employees . .

*Kim  
Kinnenkamp*



### Dietetic Technician Instructor

**Birthday:** May 1

**Birthplace:** Breckenridge, MN

**Education:** St. Mary's Central High School, Bismarck, ND; North Dakota State University, Fargo, ND, BS in Food and Nutrition, 1998; Licensed Registered Dietitian for the State of North Dakota.

**Career:** College internship sites include Veterans Administration Medical Center, Fargo, ND; Eventide Lutheran Home, Moorhead, MN; NDSU Extension Service, Fargo, ND; Medcenter One Health Systems, Bismarck, ND. Food Service Director at North Country Nursing and Rehabilitation Center in Bemidji, MN from June 1998-March 1999. USDA Equity Project Director and Instructor (Dietetic Technician Program) at United Tribes Technical College August 1999-present.

**Awards/Memberships:** College awards include being the recipient of many scholarships such as the Grace E. Bayliss Gold Scholarship and the Minn-Dak Farmers Cooperative Scholarships. Was chosen to be a part of many honor societies such as Phi Upsilon Omicron, Phi Eta Sigma, and Libra Honor Society. Graduated with Honors and was on the Dean's list all eight semesters. Was a member of Who's Who Among Students in American Colleges and Universities. Active member of The American Dietetic Association and the North Dakota Dietetic Association.

**Personal:** Married three months, husband Keith works at the North Dakota State Health Department.

**Hobbies:** Enjoy walking, playing tennis, biking, shopping, and watching my 12 years old sister's basketball games!

**Favorite TV Shows:** Friends, Dawson's Creek, and Days of Our Lives

**Favorite Movies:** most Disney cartoon movies, Titanic

**Favorite Kinds of Music:** Alternative, Top 40, Classical

**Favorite Foods:** Shrimp, pizza, and desserts ( I have a sweet tooth which is not good for a dietitian!)

### Attention

Parents of students at Theodore Jamerson Elementary, there will be a meeting on Thursday, September 23, 1999 at 6:30 pm at the Small Gym. This meeting will be about discussing a singing and dance club for the TJES Students.

For the Parents and TJES Students that are interested please attend this meeting.

## Nursing students getting organized

The Nursing Student Association is getting a good start. Members are taking a new look at membership and reviewing by-laws. It looks as if the dues requirement will be eliminated.

Officers have been elected: Cheron Davis as president, Marva Frisbee as president-elect and Lynn Azure as secretary-treasurer. Getting school jackets will be one of the first goals for the Association.

The Nursing Advisory Board held its first meeting, a dinner meeting at East Forty on Monday, September 20. Donna Luger and Cheron Davis served as student representatives.

Deb Willson, program director of the Rain program at the University of North Dakota, will explain the opportunities in the Rain program at a 12:00 noon luncheon meeting on Monday, September 27. All nursing students are invited -- Room 201, Education Building. Others interested call Sister Kathryn, Ext. 265 to arrange.

Submitted by Sister Kathryn Zimmer,  
Director, AASPN

**Catholic Services  
Every Sunday at the  
Chapel - 10:00 AM**



## DID YOU KNOW?

I'll be there in a jiffy!

Jiffy is 1/100th of a second.

There are 119 grooves on the edge of a quarter, and 118 on the edge of a dime.

What state was called Franklin in 1796?  
(Tennessee)

## Sweat Lodge

There will be Sweat Lodge Ceremonies held on Wednesday Nites for anyone wanting to attend. We will try to go in at or around 8:00 pm. The Sweat Lodge is located on the east end of Campus behind Arrow Graphics. Building #51. For further information contact: Wendell at Ext. 233 or Joe at Ext. 274.

### **Mini Home for SALE**

**20 ft. 1976 Chev. 350**

**New Rebuilt motor. Tires Good.**

**First \$3000.00 takes it.**

**Call Ext. 302, Ask for Bud.**

**Information for the  
Next Newsletter**

**must be  
submitted to  
Arrow Graphics  
no later  
then September 24  
Attn: Wanda Swagger**

## **Smoke Signals from the Recreation Department**

Students interested in playing in a co-ed volleyball league, please contact John or Tom at the Recreation Office ext. 261. Girls that plan on playing for the girls college basketball team should not sign up, due to scheduling conflicts that may arise.

Students interested in playing on a men's 4-on-4 basketball league, please sign up at the recreation office. There will be a limit of (8) eight players per roster for this league.

The Recreation Dept. has YMCA Membership cards for student use. These cards may be checked out with a current UTTC Student ID. There is a 24 hour check out limit on these cards. Failure to check the cards in on time will result in a suspension of card privileges. Any person losing a card will be responsible for paying the full purchase price of the card. The price of these cards can and will be taken out of stipends.

A women's 3 on 3 basketball will begin on October 11, 1999. Sign you team up as soon as possible, all games will be played on campus.

The Annual UTTC mens Fall basketball league will begin on September 28, 1999. Rosters should be dropped off at the Recreation Office as soon as possible. There will be a \$10.00 player fee for all players. Participants will not be allowed to play until their entry fee is paid

***The Powwow  
Committee  
would like to thank  
all Staff, Faculty,  
Students and  
Volunteers in making  
this years event  
successfull.***

# STUDENT SENATE NOMINATIONS

## President:

1. Geri Stewart (Whitman)
2. Cheron Davis
3. David Strange Owl
4. Katie Beheler
5. Eli Feather Earring
6. Holly Hosie

## Vice President:

1. David Derby
2. Mary Otter Robe
3. LaDeanna Roberts

## Secretary:

1. Rhonda Yankton
2. Bridgett Derby

## Treasurer:

1. Kristi Begay
2. Lyn'D Lawrence
3. Erin Slides Off

## Parliamentarian:

1. Audra Wilkinson (Old Horn)
2. Virgil Chase Jr.

**Speeches and Voting at Skill Center, Exhibit Area,  
Wednesday, 22<sup>nd</sup> 3:00PM to 5:00PM. See you there.**

***WOMAN'S  
BASKETBALL MEETING***

***TODAY, MONDAY  
SEPTEMBER 20, 1999 AT  
3:30 PM UPSTAIRS IN  
THE GYM.***

**IF YOU PLAN TO TRY  
OUT FOR THE  
WOMAN'S  
BASKETBALL TEAM  
PLEASE ATTEND THIS  
MEETING.**